

Data:	11-04-2015	Hora:	10h00	Local:	Abrantes							
Corrida	10.000 mt	Transição:	0 mt	Ciclismo:	40.000 mt	Transição:	0 mt	Corrida:	5.000 mt			
Ranking:	Camp. Nac. Individual		Hora de Partida:		10h04							

Lu	Dors	Lic	Nome	PEN	Escal	Nome de clube	P	Corrida	P	Transiç	P	Ciclism	P	Transiç	P	Corrida	Total	Diff
1	2060	1003	Filipe Azevedo	-	S23	C. D. "Os Águias" de Alpiarça	1	00:32:21	9	00:00:49	6	01:06:30	2	00:00:40	2	00:16:58	01:57:18	
2	2047	1015	Hugo Alves	-	S23	Clube Triatlo Fundão	5	00:32:45	4	00:00:45	3	01:06:09	4	00:00:42	3	00:17:13	01:57:37	00:00:18
3	2157	1007	Rafael Domingos	-	S23	Sport Lisboa e Benfica	4	00:32:45	5	00:00:46	2	01:06:06	3	00:00:42	4	00:17:17	01:57:38	00:00:19
4	2059	1008	João Francisco Ferreira	-	S23	Garmin Olimpico de Oeiras	3	00:32:44	3	00:00:45	4	01:06:09	6	00:00:42	5	00:17:31	01:57:55	00:00:36
5	3258	1013	José Estrangeiro	-	SEN	Garmin Olimpico de Oeiras	7	00:32:55	1	00:00:44	1	01:05:56	7	00:00:43	11	00:18:25	01:58:45	00:01:26
6	3266	1008	Ricardo Gouveia	-	SEN	Garmin Olimpico de Oeiras	11	00:33:25	73	00:01:08	5	01:06:28	10	00:00:46	9	00:18:10	01:59:58	00:02:39
7	3400	1008	Marco Costa	-	SEN	Garmin Olimpico de Oeiras	6	00:32:54	7	00:00:47	13	01:08:44	11	00:00:47	8	00:18:05	02:01:19	00:04:00
8	3039	1007	Custódio António	-	SEN	Garmin Olimpico de Oeiras	13	00:34:11	33	00:00:54	11	01:07:47	24	00:00:51	6	00:17:46	02:01:31	00:04:12
9	3296	1008	Jorge Duarte	-	SEN	Garmin Olimpico de Oeiras	14	00:34:11	36	00:00:55	8	01:07:38	64	00:01:00	10	00:18:23	02:02:08	00:04:49
10	3317	1017	Paulo Vides	-	SEN	McDonalds/TriBraga	15	00:34:12	34	00:00:54	9	01:07:42	47	00:00:56	13	00:18:36	02:02:22	00:05:03
11	3344	1018	Nuno Carvalho	-	SEN	Ateneu Artístico Cartaxense	16	00:34:12	11	00:00:50	10	01:07:46	32	00:00:55	14	00:18:50	02:02:34	00:05:15
12	3488	1024	Cláudio Paulinho	-	SEN	SFRAA TRIATLO	19	00:34:18	38	00:00:57	7	01:07:15	21	00:00:51	27	00:19:46	02:03:09	00:05:50
13	4677	1018	Luis Cancela	-	V1	Núcleo Sportinguista da Golegã	17	00:34:12	2	00:00:45	12	01:07:54	18	00:00:50	22	00:19:37	02:03:20	00:06:01
14	3608	1013	Nuno Miguel Tinoco	-	SEN	Clube de Condeixa	2	00:32:21	22	00:00:52	14	01:09:33	33	00:00:55	23	00:19:42	02:03:24	00:06:05
15	3592	1005	Tiago Lousa	-	SEN	SFRAA TRIATLO	8	00:32:55	24	00:00:53	33	01:12:03	20	00:00:50	7	00:17:52	02:04:35	00:07:16
16	4402	1004	Joaquim Carlos Lopes	-	V2	McDonalds/TriBraga	9	00:32:58	15	00:00:50	32	01:12:00	9	00:00:45	12	00:18:35	02:05:11	00:07:52
17	4773	1004	Rui Gonçalves	-	V1	AMICICLO GRÂNDOLA	22	00:34:51	26	00:00:53	22	01:10:12	29	00:00:53	18	00:19:14	02:06:05	00:08:46
18	3305	1015	Roger Vicente	-	SEN	Clube Triatlo Fundão	12	00:33:59	14	00:00:50	25	01:10:57	19	00:00:50	35	00:20:12	02:06:50	00:09:31
19	3708	1008	Octávio Vicente	-	SEN	CASA DO BENFICA EM ABRANTES	21	00:34:39	6	00:00:46	23	01:10:18	5	00:00:42	50	00:20:46	02:07:14	00:09:55
20	3124	1022	André Silva	-	SEN	Vasconha BTT Vouzela	25	00:35:51	55	00:01:00	21	01:10:04	63	00:01:00	20	00:19:22	02:07:18	00:09:59
21	4786	1025	Rui Galinha	-	V1	Núcleo Sportinguista da Golegã	36	00:36:21	16	00:00:51	15	01:09:43	17	00:00:49	29	00:19:54	02:07:40	00:10:21
22	3840	1014	Tiago Pinho	-	SEN	CFV	10	00:33:13	8	00:00:47	46	01:13:10	28	00:00:53	25	00:19:46	02:07:51	00:10:32
23	4151	1018	António Calafate	-	V2	Núcleo Sportinguista da Golegã	33	00:36:10	27	00:00:53	17	01:09:56	41	00:00:55	37	00:20:16	02:08:12	00:10:53
24	3815	1022	Ricardo Rosado	-	SEN	Clube Triatlo de Abrantes	30	00:36:08	44	00:00:57	18	01:09:57	38	00:00:55	40	00:20:22	02:08:21	00:11:02
25	4037	1025	Gary Blesson	-	V3	Clube de Condeixa	24	00:35:31	29	00:00:53	24	01:10:34	108	00:01:35	30	00:19:54	02:08:29	00:11:10
26	4443	1005	Pedro Pinheiro	-	V1	SFRAA TRIATLO	32	00:36:10	12	00:00:50	19	01:09:57	25	00:00:52	49	00:20:42	02:08:33	00:11:14
27	3152	1014	Giovanni Diaz	-	SEN	DAR-FERMAQ	20	00:34:31	10	00:00:50	43	01:12:56	43	00:00:56	28	00:19:52	02:09:06	00:11:47
28	3159	1015	André Jesus	-	SEN	Clube Oriental de Lisboa	27	00:35:52	46	00:00:57	26	01:11:28	55	00:00:59	43	00:20:28	02:09:46	00:12:27
29	2130	1004	Nuno Lima	-	S23	C. D. "Os Águias" de Alpiarça	37	00:36:22	20	00:00:52	45	01:13:00	12	00:00:47	17	00:19:10	02:10:13	00:12:54

Data:	11-04-2015	Hora:	10h00	Local:	Abrantes					
Corrida	10.000 mt	Transição:	0 mt	Ciclismo:	40.000 mt	Transição:	0 mt	Corrida:	5.000 mt	
Ranking:	Camp. Nac. Individual		Hora de Partida:		10h04					

Lu	Dors	Lic	Nome	PEN	Escal	Nome de clube	P	Corrida	P	Transiç	P	Ciclism	P	Transiç	P	Corrida	Total	Diff
30	4711	1016	Marco Sousa	-	V1	Clube de Natação de Torres Novas	18	00:34:12	35	00:00:55	61	01:15:17	53	00:00:58	15	00:19:01	02:10:26	00:13:07
31	4792	1025	Antonio Sequeira	-	V2	Clube Triatlo Fundão	41	00:37:02	93	00:01:18	34	01:12:06	37	00:00:55	16	00:19:07	02:10:30	00:13:11
32	4032	1007	Carlos Gomes	-	V3	Garmin Olimpico de Oeiras	31	00:36:09	31	00:00:54	48	01:13:23	44	00:00:56	19	00:19:15	02:10:37	00:13:19
33	1663	1017	Rodrigo Ladeira	-	JUN	Clube 4 Estilos	48	00:37:17	17	00:00:51	37	01:12:13	16	00:00:49	24	00:19:45	02:10:56	00:13:37
34	3127	1015	Tiago Lobo	-	SEN	McDonalds/TriBraga	43	00:37:04	82	00:01:14	35	01:12:10	42	00:00:56	21	00:19:31	02:10:57	00:13:38
35	3306	1018	Gonçalo Resina	-	SEN	Núcleo Sportinguista da Golegã	29	00:36:07	32	00:00:54	40	01:12:35	101	00:01:19	34	00:20:08	02:11:06	00:13:47
36	3530	1018	José Rodrigues	-	SEN	Ateneu Artístico Cartaxense	40	00:36:43	25	00:00:53	41	01:12:45	13	00:00:47	32	00:19:56	02:11:07	00:13:48
37	3142	1017	Pedro Figueira	-	SEN	Clube 4 Estilos	47	00:37:17	19	00:00:52	38	01:12:14	14	00:00:48	33	00:19:56	02:11:09	00:13:50
38	3057	1005	Henrique Matias	-	SEN	Atlético CP Triatlo	45	00:37:11	78	00:01:12	39	01:12:20	30	00:00:53	31	00:19:55	02:11:34	00:14:15
39	3000	1015	Vitor Santos	-	SEN	TRI-OESTE	39	00:36:33	21	00:00:52	42	01:12:56	34	00:00:55	41	00:20:24	02:11:41	00:14:22
40	4464	1022	Fernando Gouveia	-	V2	Vasconha BTT Vouzela	26	00:35:52	72	00:01:07	20	01:10:01	94	00:01:16	80	00:23:24	02:11:42	00:14:23
41	4033	1018	José Lino	-	V1	Núcleo Sportinguista da Golegã	46	00:37:16	18	00:00:51	36	01:12:11	49	00:00:57	45	00:20:34	02:11:51	00:14:32
42	3356	1006	João Pedro Fulgêncio	-	SEN	TRI-OESTE	50	00:37:44	68	00:01:05	31	01:11:57	31	00:00:54	36	00:20:13	02:11:56	00:14:37
43	3215	1002	Rui Silva	-	SEN	Clube Oriental de Lisboa	51	00:37:53	75	00:01:09	29	01:11:47	45	00:00:56	39	00:20:21	02:12:07	00:14:48
44	3754	1014	Luis Filipe Santos	-	V2	DAR-FERMAQ	28	00:36:05	13	00:00:50	49	01:13:24	27	00:00:53	58	00:21:15	02:12:29	00:15:10
45	3166	1003	João Azevedo	-	SEN	C. D. "Os Águias" de Alpiarça	55	00:38:02	52	00:00:59	28	01:11:43	46	00:00:56	54	00:21:02	02:12:43	00:15:24
46	3519	1023	Ricardo Franco	-	SEN	Clube Triatlo Fundão	78	00:40:01	39	00:00:57	16	01:09:43	22	00:00:51	59	00:21:16	02:12:50	00:15:31
47	2085	1005	João Campos Cunha	-	S23	Clube Triatlo de Perosinho	58	00:38:18	42	00:00:57	27	01:11:33	50	00:00:57	56	00:21:07	02:12:53	00:15:35
48	3366	1022	Carlos Simões	-	SEN	FET- Fátima Escola de Triatlo	44	00:37:06	64	00:01:04	47	01:13:16	73	00:01:03	46	00:20:37	02:13:08	00:15:49
49	4357	1008	Jorge Teixeira	-	V2	Clube de Praças da Armada	34	00:36:17	63	00:01:04	52	01:14:08	56	00:00:59	51	00:20:54	02:13:24	00:16:05
50	4283	1017	Josué Oliveira	-	V1	MOTRINDE - Clube dos Galitos	38	00:36:24	51	00:00:59	44	01:12:58	65	00:01:00	84	00:23:43	02:15:05	00:17:46
51	3320	1002	Nuno Teixeira	-	SEN	Atlético CP Triatlo	35	00:36:20	86	00:01:15	63	01:16:01	74	00:01:03	44	00:20:29	02:15:10	00:17:51
52	3121	1015	José Carvalho	-	SEN	McDonalds/TriBraga	56	00:38:03	59	00:01:01	58	01:14:47	26	00:00:52	42	00:20:27	02:15:12	00:17:53
53	3763	1004	José Silvestre	-	SEN	AMICICLO GRÂNDOLA	53	00:37:57	61	00:01:02	30	01:11:48	69	00:01:01	86	00:23:49	02:15:39	00:18:20
54	3395	1021	Nuno Fernandes	-	SEN	Clube Triatlo de Perosinho	52	00:37:55	43	00:00:57	59	01:14:52	58	00:00:59	52	00:20:54	02:15:40	00:18:21
55	4754	1014	Ruben Estima	-	V1	DAR-FERMAQ	54	00:37:57	98	00:01:25	57	01:14:31	23	00:00:51	53	00:20:54	02:15:40	00:18:21
56	4022	1005	Paulo Teles	-	V1	G.A.A. Vila Franca de Xira	61	00:38:33	60	00:01:02	53	01:14:12	71	00:01:01	65	00:21:51	02:16:41	00:19:22
57	4216	1021	Luis Pinho	-	V2	FET- Fátima Escola de Triatlo	42	00:37:03	81	00:01:14	68	01:16:41	78	00:01:05	60	00:21:21	02:17:26	00:20:07
58	4105	1010	Mário Pires	-	V1	Clube de Triatlo de Almada	70	00:39:24	77	00:01:11	55	01:14:17	82	00:01:10	66	00:21:55	02:17:58	00:20:39

Data:	11-04-2015	Hora:	10h00	Local:	Abrantes							
Corrida	10.000 mt	Transição:	0 mt	Ciclismo:	40.000 mt	Transição:	0 mt	Corrida:	5.000 mt			
Ranking:	Camp. Nac. Individual		Hora de Partida:		10h04							

Lu	Dors	Lic	Nome	PEN	Escal	Nome de clube	P	Corrida	P	Transiç	P	Ciclism	P	Transiç	P	Corrida	Total	Diff
59	3404	1015	Miguel Ramos	-	SEN	A. M. C. R. Fonte Grada	62	00:38:34	66	00:01:05	54	01:14:13	39	00:00:55	81	00:23:37	02:18:25	00:21:06
60	4737	1024	Carlos Nuno Neves	-	V2	Clube de Nataçao de Torres Novas	49	00:37:31	54	00:01:00	75	01:17:44	87	00:01:12	62	00:21:30	02:18:58	00:21:39
61	3753	1015	Rui Santos	-	SEN	DAR-FERMAQ	63	00:38:40	88	00:01:15	60	01:15:04	57	00:00:59	73	00:22:58	02:18:59	00:21:41
62	4230	1018	Rui Baptista	-	V1	Clube de Condeixa	59	00:38:24	102	00:01:27	72	01:17:11	95	00:01:16	48	00:20:39	02:19:00	00:21:41
63	1605	1021	Marco Carreira	-	JUN	FET- Fátima Escola de Triatlo	57	00:38:18	62	00:01:02	56	01:14:30	70	00:01:01	90	00:24:06	02:19:00	00:21:41
64	2048	1024	André Matos	-	S23	ETri. Santo António Évora	80	00:40:16	37	00:00:56	51	01:13:44	15	00:00:48	82	00:23:38	02:19:24	00:22:05
65	4047	1005	José Morgado	-	V2	SFRAA TRIATLO	73	00:39:35	71	00:01:07	62	01:15:33	54	00:00:58	69	00:22:12	02:19:27	00:22:08
66	4135	1005	Joaquim Figueiras	-	V1	SFRAA TRIATLO	60	00:38:32	47	00:00:57	73	01:17:30	61	00:01:00	67	00:21:59	02:20:00	00:22:41
67	4249	1015	Luis Cipriano	-	V1	A. M. C. R. Fonte Grada	64	00:39:01	40	00:00:57	67	01:16:24	80	00:01:07	72	00:22:52	02:20:23	00:23:04
68	3052	1026	João Pedro	-	SEN	CAPGE	69	00:39:23	28	00:00:53	69	01:16:42	36	00:00:55	70	00:22:28	02:20:23	00:23:04
69	3835	1025	Cláudio Canavilhas	-	SEN	Individual	71	00:39:25	89	00:01:16	78	01:18:20	76	00:01:05	38	00:20:17	02:20:25	00:23:06
70	2120	1015	Tiago Madureira	-	S23	McDonalds/TriBraga	81	00:40:22	56	00:01:00	50	01:13:27	93	00:01:15	98	00:24:58	02:21:04	00:23:45
71	5865	1012	Ricardo Lanceiro	-	SEN	Sporting CP	23	00:35:20	30	00:00:54	91	01:24:14	81	00:01:09	26	00:19:46	02:21:25	00:24:06
72	4570	1025	Pedro Marques	-	V3	A. M. C. R. Fonte Grada	89	00:41:25	80	00:01:13	70	01:16:45	40	00:00:55	57	00:21:08	02:21:28	00:24:09
73	4312	1027	Manuel Lino Costa	-	V4	Vasconha BTT Vouzela	77	00:40:00	112	00:01:48	74	01:17:38	97	00:01:17	61	00:21:27	02:22:13	00:24:54
74	4386	1017	Mario Paulo Ferreira	-	V1	MOTRINDE - Clube dos Galitos	67	00:39:17	95	00:01:21	80	01:18:46	103	00:01:22	63	00:21:43	02:22:31	00:25:12
75	3272	1019	Ricardo Oliveira	-	SEN	DNMG	76	00:39:56	45	00:00:57	64	01:16:05	67	00:01:01	96	00:24:50	02:22:50	00:25:31
76	3814	1022	Miguel Alexandre Santos	-	SEN	Clube Triatlo de Abrantes	83	00:40:33	85	00:01:15	66	01:16:21	72	00:01:02	88	00:24:03	02:23:16	00:25:57
77	4456	1018	Helder Moringa	-	V2	Ateneu Artístico Cartaxense	85	00:40:56	70	00:01:05	79	01:18:31	60	00:01:00	68	00:21:59	02:23:32	00:26:13
78	3081	1019	Orlando Marques	-	SEN	DNMG	65	00:39:02	65	00:01:05	71	01:17:00	52	00:00:57	101	00:26:07	02:24:13	00:26:54
79	4530	1015	Luis Filipe Valente	-	V1	Clube Oriental de Lisboa	68	00:39:20	57	00:01:00	82	01:20:13	62	00:01:00	75	00:23:07	02:24:42	00:27:23
80	4276	1027	Fernando Micaelo	-	V2	Clube Triatlo Fundão	79	00:40:05	97	00:01:24	85	01:21:16	88	00:01:12	64	00:21:45	02:25:44	00:28:25
81	3749	1002	Pedro Rodrigues	-	SEN	Individual	96	00:43:35	69	00:01:05	77	01:17:59	48	00:00:57	71	00:22:45	02:26:23	00:29:04
82	3607	1001	Bruno Costa	-	SEN	Atlético CP Triatlo	93	00:42:56	91	00:01:17	81	01:19:18	35	00:00:55	74	00:23:06	02:27:34	00:30:15
83	3817	1014	Pedro Ventura	-	SEN	CFV	72	00:39:33	90	00:01:17	95	01:25:14	66	00:01:00	47	00:20:38	02:27:45	00:30:26
84	4329	1027	Luis Marques	-	V1	Clube Triatlo de Abrantes	97	00:43:42	67	00:01:05	76	01:17:49	107	00:01:30	89	00:24:06	02:28:14	00:30:55
85	4776	1024	Agnelo Quelhas	-	V2	Clube Triatlo Fundão	84	00:40:44	76	00:01:10	65	01:16:13	90	00:01:13	106	00:28:58	02:28:21	00:31:02
86	4516	1008	António Madeira	-	V4	Clube de Praças da Armada	66	00:39:16	107	00:01:36	98	01:27:05	98	00:01:18	55	00:21:07	02:30:23	00:33:04
87	3514	1008	Hugo Matos	-	SEN	Clube de Praças da Armada	87	00:41:06	109	00:01:38	89	01:23:33	86	00:01:11	77	00:23:08	02:30:39	00:33:20

Data:	11-04-2015	Hora:	10h00	Local:	Abrantes					
Corrida	10.000 mt	Transição:	0 mt	Ciclismo:	40.000 mt	Transição:	0 mt	Corrida:	5.000 mt	

Ranking:	Camp. Nac. Individual	Hora de Partida:	10h04
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Lu	Dors	Lic	Nome	PEN	Escal	Nome de clube	P	Corrida	P	Transiç	P	Ciclism	P	Transiç	P	Corrida	Total	Diff
88	4488	1019	Carlo Alves	-	V1	DNMG	92	00:42:55	49	00:00:58	86	01:22:09	77	00:01:05	92	00:24:08	02:31:17	00:33:58
89	4478	1004	Fernando Pombo	-	V5	Teleperformance - "Os Belenenses"	90	00:41:44	94	00:01:19	90	01:23:48	105	00:01:23	76	00:23:07	02:31:24	00:34:05
90	4485	1022	Luis Fernandes	-	V2	MOTRINDE - Clube dos Galitos	101	00:45:04	41	00:00:57	83	01:20:32	75	00:01:03	95	00:24:36	02:32:14	00:34:55
91	3381	1028	Nuno Gonçalo	-	SEN	Garmin Olimpico de Oeiras	91	00:42:26	53	00:00:59	93	01:24:50	59	00:00:59	79	00:23:19	02:32:36	00:35:17
92	4428	1022	Artur Miranda	-	V1	Clube de Nataçao da Amadora	75	00:39:54	58	00:01:00	99	01:27:21	89	00:01:12	78	00:23:15	02:32:44	00:35:25
93	4480	1002	Pedro Goucha Jorge	-	V3	Sporting CP	103	00:45:10	79	00:01:13	88	01:23:18	79	00:01:06	83	00:23:39	02:34:27	00:37:08
94	4351	1021	Joao Carlos	-	V4	ADECT - Tunes	102	00:45:04	83	00:01:15	87	01:23:17	99	00:01:19	85	00:23:48	02:34:44	00:37:25
95	4423	1028	Pedro Caravana	-	V1	Individual	88	00:41:22	96	00:01:23	97	01:26:24	83	00:01:10	97	00:24:51	02:35:12	00:37:53
96	4117	1026	João Carlos Narra	-	V2	Clube de Nataçao da Amadora	74	00:39:49	113	00:02:06	101	01:27:50	114	00:01:49	94	00:24:34	02:36:10	00:38:51
97	4225	1026	José Amora	-	V2	Núcleo Sportinguista da Golegã	98	00:43:53	106	00:01:33	84	01:21:03	113	00:01:45	107	00:29:05	02:37:20	00:40:01
98	4430	1005	Hélder Gonçalves Ribeiro	-	V1	OEIRAS SPORT CLUBE	94	00:43:17	84	00:01:15	100	01:27:35	85	00:01:10	91	00:24:06	02:37:25	00:40:06
99	4505	1001	Armando Lopes	-	V3	SFRAA TRIATLO	95	00:43:19	74	00:01:08	102	01:28:12	68	00:01:01	93	00:24:31	02:38:12	00:40:53
100	3009	1026	João Martinho	-	SEN	AHBE - Bombeiros Estoris	99	00:43:55	87	00:01:15	92	01:24:42	84	00:01:10	102	00:27:10	02:38:14	00:40:55
101	4501	1025	João Laranjo	-	V2	Clube 4 Estilos	82	00:40:29	101	00:01:27	94	01:25:12	109	00:01:41	111	00:32:26	02:41:17	00:43:58
102	4590	1008	Rui Lacerda	-	V1	Garmin Olimpico de Oeiras	86	00:40:56	104	00:01:31	107	01:35:13	110	00:01:43	87	00:23:53	02:43:18	00:45:59
103	1668	1026	João Marques	-	JUN	Clube de Nataçao da Amadora	104	00:45:22	23	00:00:53	103	01:28:52	8	00:00:44	104	00:27:35	02:43:27	00:46:08
104	4014	1003	João Santos	-	V3	AHBE - Bombeiros Estoris	107	00:49:09	92	00:01:17	96	01:25:39	100	00:01:19	105	00:28:21	02:45:47	00:48:28
105	4299	1027	João Pinto	-	V2	Individual	100	00:44:25	108	00:01:38	104	01:33:38	104	00:01:23	100	00:25:18	02:46:23	00:49:04
106	3398	1015	Rui Pinto	-	SEN	A. M. C. R. Fonte Grada	105	00:46:36	105	00:01:32	106	01:35:03	106	00:01:25	99	00:25:16	02:49:54	00:52:36
107	1669	1026	Ruben Almeida Santos	-	JUN	Clube de Nataçao da Amadora	108	00:49:20	50	00:00:59	111	01:38:28	51	00:00:57	103	00:27:14	02:57:00	00:59:41
108	1500	1027	Afonso Lamy	-	JUN	Clube de Nataçao da Amadora	109	00:49:23	48	00:00:58	112	01:38:30	91	00:01:14	108	00:29:19	02:59:26	01:02:07
109	4747	1023	Luis Garcia	-	V3	Clube Triatlo de Abrantes	106	00:47:57	110	00:01:46	110	01:38:27	102	00:01:21	109	00:29:59	02:59:32	01:02:13
110	3410	1023	José Freitas	-	SEN	Individual	111	00:51:12	111	00:01:46	109	01:37:14	111	00:01:43	110	00:30:28	03:02:26	01:05:07
111	4023	1008	Francisco Bexiga	-	V4	Clube de Praças da Armada	112	00:53:42	103	00:01:28	105	01:34:21	112	00:01:44	112	00:33:16	03:04:33	01:07:14
112	4342	1014	Luis Filipe Silva	-	V4	TRIATLO CLUBE TAP	113	00:53:43	100	00:01:26	108	01:35:58	92	00:01:15	113	00:37:26	03:09:50	01:12:31
113	3403	1022	Joao Castro Teixeira	-	V3	Clube de Nataçao da Amadora	114	00:54:10	99	00:01:25	113	01:52:31	96	00:01:17	114	00:38:06	03:27:32	01:30:13
114	4648	1015	José Valério	-	V5	Clube Oriental de Lisboa	110	00:50:47	114	00:02:06	114	02:00:59	1		1		03:27:46	01:30:27
	3139	1018	Rui Narigueta	DNF	SEN	Garmin Olimpico de Oeiras		00:34:15		00:00:53								-
	3377	1027	Paulo Damica	DNF	SEN	FET- Fátima Escola de Triatlo		00:38:21		00:01:16								-

Data:	11-04-2015	Hora:	10h00	Local:	Abrantes					
Corrida	10.000 mt	Transição:	0 mt	Ciclismo:	40.000 mt	Transição:	0 mt	Corrida:	5.000 mt	
Ranking:	Camp. Nac. Individual		Hora de Partida:	10h04						

Lu	Dors	Lic	Nome	PEN	Escal	Nome de clube	P	Corrida	P	Transiç	P	Ciclism	P	Transiç	P	Corrida	Total	Diff
	3586	1008	Miguel Carneiro	DNF	SEN	Clube de Praças da Armada		00:38:08		00:01:16								-
	3758	1014	Celso Moreira	DNF	SEN	DAR-FERMAQ		00:41:33		00:01:03								-
	4710	1015	Sérgio Santos	DNF	V1	Clube Triatlo Fundão		00:33:05		00:00:51								-
	1674	1019	Filipe Maia	DNS	JUN	McDonalds/TriBraga												-
	2005	1022	Gonçalo Oliveira	DNS	S23	Clube de Natação da Amadora												-
	2066	1004	Rui Tenrinho	DNS	S23	C. D. "Os Águias" de Alpiarça												-
	2088	1008	Fábio João Azinheirinha	DNS	S23	Garmin Olímpico de Oeiras												-
	3436	1022	Nuno Tiago Domingos	DNS	SEN	Clube de Natação da Amadora												-
	3472	1008	José Veiga	DNS	SEN	Garmin Olímpico de Oeiras												-
	3544	1014	Miguel Oliveira	DNS	SEN	DAR-FERMAQ												-
	4010	1001	Carlos Santos Silva	DNS	V1	Atlético CP Triatlo												-
	4196	1013	Jorge Manuel Cochicho	DNS	V1	AMICICLO GRÂNDOLA												-
	4375	1001	José Manta	DNS	V1	Clube Oriental de Lisboa												-
	4512	1003	Henrique Coelho	DNS	V1	AHBE - Bombeiros Estoris												-
	4584	1017	Antonio Ferreira	DNS	V2	Clube de Condeixa												-
	4589	1011	Jorge Matias	DNS	V1	G. D. R. de Manique de Cima												-
	4631	1018	João Carlos Correia	DNS	V1	SFRAA TRIATLO												-
	4757	1024	Paulo Ramirez	DNS	V1	MOTRINDE - Clube dos Galitos												-