

Data:	18-02-2017	Hora:	15h30	Local:	Rio Maior					
Corrida1	5.102 mt	PT1:	0 mt	Ciclismo:	18.697 mt	PT2:	0 mt	Corrida2:	2.392 mt	

Ranking:	CN Clubes	Hora de Partida:	15h29
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Lu	Dors	Lic	Nome	PEN	Escal	Nome de clube	P	Corrida	P	PT1	P	Ciclism	P	PT2	P	Corrida	Total	Diff
1	2012	1007	Melanie Santos	-	S23	Sport Lisboa e Benfica	1	00:17:41	6	00:00:30	1	00:32:05	7	00:00:35	1	00:08:26	00:59:19	
2	3195	1003	Ana Filipa Santos	-	SEN	Rio Maior Triatlo	2	00:18:00	5	00:00:28	3	00:32:52	6	00:00:35	2	00:08:28	01:00:25	00:01:06
3	1069	1009	Mariana Vargem	-	CAD	Ludens Machico/Máxima Dinâmica	3	00:18:09	3	00:00:28	2	00:32:44	13	00:00:38	5	00:08:58	01:00:58	00:01:39
4	2173	1013	Ana Ramos	-	S23	Outsystems Olímpico de Oeiras	4	00:18:52	10	00:00:31	8	00:34:06	1	00:00:32	4	00:08:43	01:02:46	00:03:27
5	5326	1034	Kim Mangrobang	-	SEN	Rio Maior Triatlo	5	00:18:53	17	00:00:35	7	00:34:05	9	00:00:36	3	00:08:40	01:02:51	00:03:32
6	2160	1003	Helena Paula Carvalho	-	S23	Sporting Clube de Portugal	6	00:18:53	1	00:00:27	9	00:34:08	5	00:00:35	7	00:09:09	01:03:14	00:03:55
7	5444		Casarena Ferreira	-	CAD	Individual	8	00:18:53	2	00:00:27	10	00:34:13	15	00:00:39	8	00:09:14	01:03:29	00:04:09
8	1539	1026	Pauline VIE	-	JUN	Alhandra Sporting Club	10	00:19:57	9	00:00:31	5	00:33:20	2	00:00:33	11	00:09:19	01:03:43	00:04:23
9	3392	1012	Katarina Larsson	-	SEN	Sporting Clube de Portugal	11	00:19:57	12	00:00:32	4	00:33:18	10	00:00:36	13	00:09:25	01:03:51	00:04:32
10	3475	1006	Ana Filipa Ferreira	-	SEN	Alhandra Sporting Club	13	00:19:58	11	00:00:32	6	00:33:21	8	00:00:36	16	00:09:29	01:03:58	00:04:39
11	3033	1026	Joana Fortuna	-	SEN	Teleperformance - Os Belenenses	16	00:20:17	29	00:00:47	12	00:35:12	20	00:00:41	9	00:09:16	01:06:15	00:06:55
12	5460		Jessica Humphreys	-	CAD	Individual	9	00:19:43	7	00:00:31	19	00:36:08	18	00:00:40	10	00:09:17	01:06:21	00:07:02
13	1058	1004	Lúcia Vera Cruz	-	CAD	Sporting Clube de Portugal	18	00:20:20	8	00:00:31	16	00:35:27	11	00:00:36	12	00:09:25	01:06:21	00:07:02
14	1525	1032	Mariana Talhinhas	-	JUN	Sporting Clube de Portugal	14	00:20:15	19	00:00:35	15	00:35:27	12	00:00:37	17	00:09:32	01:06:29	00:07:10
15	4373	1007	Céu Nunes	-	V1	Outsystems Olímpico de Oeiras	17	00:20:17	26	00:00:42	13	00:35:21	16	00:00:40	18	00:09:34	01:06:36	00:07:17
16	3347	1018	Melissa Maia	-	SEN	Outsystems Olímpico de Oeiras	19	00:20:29	32	00:00:51	11	00:35:02	28	00:00:45	15	00:09:29	01:06:37	00:07:18
17	4362	1012	Ana Lopes	-	V1	Sporting Clube de Portugal	23	00:21:02	20	00:00:35	14	00:35:22	21	00:00:41	20	00:09:44	01:07:26	00:08:06
18	3721	1006	Ana Filipa Sampaio	-	SEN	Alhandra Sporting Club	21	00:20:54	4	00:00:28	17	00:35:37	19	00:00:40	25	00:09:57	01:07:39	00:08:20
19	1097	1003	Maria Tomé	-	CAD	LXTRIATHLON	12	00:19:58	14	00:00:34	22	00:36:46	35	00:01:00	19	00:09:42	01:08:02	00:08:43
20	5365		Bethan Hinett	-	JUN	Individual	7	00:18:53	16	00:00:35	32	00:39:27	23	00:00:43	6	00:09:09	01:08:49	00:09:30
21	3584	1035	Rita Ribeiro	-	SEN	Clube Natação do Cartaxo	20	00:20:51	28	00:00:44	24	00:37:15	4	00:00:34	24	00:09:55	01:09:22	00:10:03
22	1554	1004	Teresa Raposo	-	JUN	Outsystems Olímpico de Oeiras	26	00:21:40	22	00:00:37	21	00:36:32	14	00:00:38	26	00:10:03	01:09:32	00:10:13
23	5617		Molly Shermer	-	CAD	Individual	25	00:21:40	18	00:00:35	20	00:36:30	17	00:00:40	27	00:10:13	01:09:40	00:10:21
24	2091	1023	Rita Caetano	-	S23	FET-Fátima Escola de Triatlo	27	00:22:28	24	00:00:38	18	00:35:41	3	00:00:34	28	00:10:23	01:09:46	00:10:27
25	3097	1032	Helia santos	-	SEN	SFRAA TRIATLO	24	00:21:33	30	00:00:49	23	00:37:08	30	00:00:51	21	00:09:48	01:10:12	00:10:53
26	3277	1033	Madalena Fontinhas	-	SEN	3B - Clube Triatlo de Benavente	22	00:21:00	35	00:01:01	25	00:37:33	32	00:00:52	22	00:09:53	01:10:20	00:11:01
27	1509	1004	Sara Ganchas	-	JUN	Teleperformance - Os Belenenses	28	00:22:45	25	00:00:39	31	00:39:20	26	00:00:45	23	00:09:55	01:13:25	00:14:06
28	2037	1031	Catarina Rodrigues	-	S23	Rio Maior Triatlo	29	00:23:11	15	00:00:34	28	00:38:03	24	00:00:44	29	00:11:16	01:13:50	00:14:31
29	4110	1009	Filipa Oliveira	-	V2	Teleperformance - Os Belenenses	30	00:23:16	21	00:00:36	27	00:37:59	29	00:00:45	31	00:11:25	01:14:03	00:14:44

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Corrida1	5.102 mt	PT1:	0 mt	Ciclismo:	18.697 mt	PT2:	0 mt	Corrida2:	2.392 mt

Ranking:	CN Clubes	Hora de Partida:	15h29
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Lu	Dors	Lic	Nome	PEN	Escal	Nome de clube	P	Corrida	P	PT1	P	Ciclism	P	PT2	P	Corrida	Total	Diff
30	3807	1039	Eva Alves	-	SEN	Clube Oriental de Lisboa	15	00:20:16	34	00:00:59	37	00:42:26	34	00:00:58	14	00:09:28	01:14:11	00:14:52
31	4502	1024	Leonor Calaim	-	V1	Grupo Desportivo Estoril Praia	35	00:24:44	27	00:00:44	26	00:37:58	27	00:00:45	32	00:11:30	01:15:43	00:16:24
32	4411	1042	Teresa Margarida Santos	-	V1	SFRAA TRIATLO	31	00:23:53	37	00:01:06	29	00:38:40	39	00:02:05	30	00:11:23	01:17:09	00:17:50
33	3861	1039	ALESSANDRA ALMADA	-	SEN	SFRAA TRIATLO	33	00:24:34	33	00:00:52	34	00:39:59	36	00:01:00	35	00:11:56	01:18:24	00:19:04
34	4564	1029	Ana Pipio	-	V1	Clube Oriental de Lisboa	32	00:24:12	36	00:01:01	36	00:41:02	33	00:00:55	34	00:11:35	01:18:46	00:19:27
35	4256	1017	Helena Gonçalves	-	V2	Câmara Lisboa Clube	36	00:25:20	39	00:01:15	33	00:39:33	37	00:01:01	36	00:12:12	01:19:23	00:20:04
36	2125	1004	Andreia Lopes	-	S23	AMICICLO GRÂNDOLA	38	00:26:14	23	00:00:38	30	00:39:19	25	00:00:45	39	00:13:37	01:20:35	00:21:16
37	1131	1006	Catarina Calçada	-	CAD	Alhandra Sporting Club	37	00:25:31	13	00:00:34	38	00:42:43	22	00:00:43	37	00:12:52	01:22:24	00:23:05
38	4506	1006	Maria Sousa	-	V1	Clube Oriental de Lisboa	39	00:27:12	38	00:01:10	35	00:40:23	38	00:01:02	38	00:12:54	01:22:43	00:23:24
39	4447	1037	Cristina Feliciano	-	V2	SFRAA TRIATLO	34	00:24:43	31	00:00:50	39	00:45:07	31	00:00:51	33	00:11:33	01:23:06	00:23:47
	1512	1006	Inês Pereira	DNS	JUN	Alhandra Sporting Club												-
	1201	1006	Mariana Silva	DNS	CAD	Alhandra Sporting Club												-
	1111	1034	Inês Batista Santos	DNS	CAD	Clube 4 Estilos												-
	3811	1039	Joana Sofia Oliveira Moura	DNS	SEN	Clube Oriental de Lisboa												-
	1620	1030	Rute Leonardo	DNS	JUN	Clube Triatlo de Abrantes												-
	2077	1012	Ana Casteleiro	DNS	S23	Sporting Clube de Portugal												-