

Local da Prova: **Coruche**

Data: **30/07/2017**

Hora da Partida: **16:10:43**

Distancias: Natação - 750 m (1 volta)

Ciclismo - 20.000 m (2 voltas)

Corrida - 5.000 m (1 volta)

Classificações Absolutos Masculinos

#	Lic.	Dors.	Nome	Esc.	Equipa	Natação	Ciclismo	Corrida	T.Total	Diff.
1	100763	3778	Gil Maia	SEN	BH Porto Triatlo	00:10:07	00:31:21	00:16:50	00:58:18	00:00:00
2	100693	2016	Luís Ferreira	S23	Alhandra Sporting Club	00:09:54	00:31:35	00:16:56	00:58:25	00:00:07
3	101634	1215	Ricardo Batista	CAD	Clube de Natação de Torres Novas	00:09:26	00:32:00	00:17:11	00:58:37	00:00:19
4	101174	2015	Luis Lopes	S23	CNCVG	00:09:57	00:31:33	00:17:13	00:58:43	00:00:25
5	100702	2050	Miguel Fortunato	S23	Alhandra Sporting Club	00:09:56	00:31:30	00:17:19	00:58:45	00:00:27
6	100857	2028	Diogo Nóbrega	S23	ACD Jardim da Serra	00:10:02	00:31:28	00:17:18	00:58:48	00:00:30
7	101614	1088	José Pedro Vieira	CAD	Clube de Natação de Torres Novas	00:09:29	00:31:58	00:17:25	00:58:52	00:00:34
8	100459	2114	Hugo Silva Pereira	S23	Teleperformance - Os Belenenses	00:10:21	00:31:48	00:17:06	00:59:15	00:00:57
9	100722	1532	Tiago Pinto	JUN	Alhandra Sporting Club	00:10:07	00:31:16	00:17:56	00:59:19	00:01:01
10	100705	2074	Nuno Ribeiro	S23	Alhandra Sporting Club	00:09:41	00:31:39	00:18:02	00:59:22	00:01:04
11	101753	2075	José Cabeça	S23	Outsystems Olímpico de Oeiras	00:09:50	00:31:43	00:18:19	00:59:52	00:01:34
12	102320	2027	Gonçalo Santos	S23	Outsystems Olímpico de Oeiras	00:09:43	00:31:48	00:18:34	01:00:05	00:01:47
13	101538	1562	Guilherme Pires	JUN	Clube de Triatlo do Fundão	00:09:45	00:31:52	00:18:38	01:00:15	00:01:57
14	103782	1007	João Chagas	CAD	Lusitano FC / Frusoal	00:10:08	00:31:59	00:18:09	01:00:16	00:01:58
15	100660	1178	Diogo Gonçalves	CAD	Alhandra Sporting Club	00:10:10	00:31:51	00:18:19	01:00:20	00:02:02
16	101318	2124	João Mansos	S23	Associação Naval Amorense	00:10:01	00:31:33	00:19:02	01:00:36	00:02:18
17	102923	2003	Diogo Silva	S23	Portugal Talentus	00:09:37	00:31:53	00:19:15	01:00:45	00:02:27
18	100424	1169	Gonçalo Oliveira	CAD	Rio Maior Triatlo	00:10:16	00:31:50	00:18:43	01:00:49	00:02:31
19	100629	1076	Afonso Nunes	CAD	Alhandra Sporting Club	00:10:23	00:31:41	00:19:46	01:01:50	00:03:32
20	100637	1155	André Bôto	CAD	Alhandra Sporting Club	00:10:20	00:31:41	00:20:10	01:02:11	00:03:53
21	101306	1204	Diogo Ramos	CAD	Associação Naval Amorense	00:10:03	00:32:02	00:20:19	01:02:24	00:04:06
22	100789	2044	André Fernandes	S23	Outsystems Olímpico de Oeiras	00:09:53	00:31:46	00:20:57	01:02:36	00:04:18
23	102558	1166	Diogo Serralheiro	CAD	Rio Maior Triatlo	00:10:05	00:31:58	00:20:42	01:02:45	00:04:27
24	100675	1196	João Gomes Queirós	CAD	Alhandra Sporting Club	00:10:29	00:34:06	00:18:11	01:02:46	00:04:28
25	101439	3342	Rodrigo Baltazar	SEN	Estoril Praia Fisiogaspar	00:11:30	00:33:07	00:18:20	01:02:57	00:04:39
26	103108	1157	Hugo Figueiredo	CAD	Triatlo SUColarense	00:11:43	00:33:04	00:18:15	01:03:02	00:04:44
27	102442	1164	Xavier Adrião	CAD	Rio Maior Triatlo	00:10:04	00:32:06	00:21:02	01:03:12	00:04:54
28	100990	1121	André Firmino	CAD	Outsystems Olímpico de Oeiras	00:10:32	00:34:13	00:18:35	01:03:20	00:05:02

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Classificações Absolutos Masculinos

#	Lic.	Dors.	Nome	Esc.	Equipa	Natação	Ciclismo	Corrida	T.Total	Diff.
29	102259	3260	Rafael Gomes	SEN	Estoril Praia Fisiogaspar	00:12:47	00:31:59	00:18:40	01:03:26	00:05:08
30	101619	4711	Marco Sousa	V1	Clube de Natação de Torres Novas	00:12:46	00:32:08	00:18:38	01:03:32	00:05:14
31	101378	1129	Miguel Silva	CAD	CAPGE	-	-	00:20:12	01:03:38	00:05:20
32	102919	1586	Joaquim Cerqueira	JUN	Alhandra Sporting Club	00:11:26	00:33:10	00:19:08	01:03:44	00:05:26
33	102560	3744	José Bica	SEN	CNCVG	00:10:27	00:31:51	00:21:31	01:03:49	00:05:31
34	101845	4012	Rui Sousa	V2	Núcleo do Sporting da Golegã	00:12:12	00:32:41	00:19:01	01:03:54	00:05:36
35	101309	1519	Filipe Marques	JUN	Associação Naval Amorense	00:10:05	00:32:05	00:21:57	01:04:07	00:05:49
36	103671	4372	João Faria	V2	Clube de Triatlo de Perosinho	00:12:30	00:32:28	00:19:10	01:04:08	00:05:50
37	101596	6095	Gonçalo Neves	V2	Clube de Natação de Torres Novas	00:11:55	00:32:47	00:19:55	01:04:37	00:06:19
38	102156	1205	João Reis	CAD	FET-Fátima Escola de Triatlo	00:12:23	00:31:53	00:20:32	01:04:48	00:06:30
39	103441	1102	Gonçalo Batista	CAD	GDR Manique de Cima	00:10:25	00:34:20	00:20:30	01:05:15	00:06:57
40	103168	1080	Arlindo Calado	CAD	Associação Naval Amorense	00:12:18	00:32:11	00:20:50	01:05:19	00:07:01
41	102779	3520	André Silva	SEN	Clube Oriental de Lisboa	00:11:19	00:33:26	00:20:36	01:05:21	00:07:03
42	101811	4151	António Calafate	V3	Núcleo do Sporting da Golegã	00:11:23	00:33:21	00:20:40	01:05:24	00:07:06
43	101330	4400	Paulo Canário	V2	Teleperformance - Os Belenenses	00:12:43	00:32:20	00:20:27	01:05:30	00:07:12
44	100590	4142	Paulo Figueiredo	V2	SFRAA TRIATLO	00:12:48	00:32:19	00:20:26	01:05:33	00:07:15
45	102546	4786	Rui Galinha	V2	Núcleo do Sporting da Golegã	00:12:57	00:33:15	00:19:30	01:05:42	00:07:24
46	100480	1136	Rodrigo Pereira	CAD	Teleperformance - Os Belenenses	00:10:44	00:34:02	00:21:15	01:06:01	00:07:43
47	103955	2099	Pedro Urbano	S23	CNCVG	00:14:38	00:33:39	00:18:16	01:06:33	00:08:15
48	100692	3795	Luís Merca	SEN	CPA	00:11:56	00:32:59	00:21:45	01:06:40	00:08:22
49	103190	1189	Joao Silva	CAD	Rio Maior Triatlo	00:12:46	00:33:29	00:20:47	01:07:02	00:08:44
50	100612	4148	Pedro Cordeiro	V3	Tri-Oeste	00:10:54	00:34:05	00:22:06	01:07:05	00:08:47
51	102132	1116	Antonio Frazão	CAD	FET-Fátima Escola de Triatlo	00:12:01	00:32:47	00:22:24	01:07:12	00:08:54
52	103115	4186	José Rui Galvão	V2	Estoril Praia Fisiogaspar	00:14:20	00:33:47	00:19:17	01:07:24	00:09:06
53	100596	4497	Alexandre Feliz	V2	Tri-Oeste	00:12:38	00:32:20	00:22:29	01:07:27	00:09:09
54	101967	3621	Tiago Cristo	SEN	Lusitano FC / Frusoad	00:14:00	00:33:09	00:20:24	01:07:33	00:09:15
55	102017	3442	Bruno Caetano	SEN	Outsystems Olímpico de Oeiras	00:13:20	00:33:53	00:20:26	01:07:39	00:09:21
56	100165	3174	João Daniel Ferreira	SEN	Portugal Talentus	00:13:55	00:33:24	00:20:28	01:07:47	00:09:29

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Classificações Absolutos Masculinos

#	Lic.	Dors.	Nome	Esc.	Equipa	Natação	Ciclismo	Corrida	T.Total	Diff.
57	101268	1585	Francisco Henriques	JUN	Sporting Clube de Portugal	00:11:05	00:33:40	00:23:04	01:07:49	00:09:31
58	104541	2011	David Preciado	S23	Clube Desportivo Olivais e Moscavide - Parque das Nações	00:13:30	00:33:29	00:20:52	01:07:51	00:09:33
59	101329	3101	Nuno Veríssimo	SEN	Associação Naval Amorense	00:13:22	00:33:55	00:20:43	01:08:00	00:09:42
60	103093	1578	Rafael Travassos	JUN	Clube de Natação da Amadora	00:12:34	00:33:39	00:22:01	01:08:14	00:09:56
61	101562	3740	Francisco Gaspar	SEN	AMCR Fonte Grada	00:13:57	00:33:18	00:21:09	01:08:24	00:10:06
62	100793	4032	Carlos Gomes	V4	Outsystems Olímpico de Oeiras	00:14:36	00:33:38	00:20:11	01:08:25	00:10:07
63	101302	1081	Cristiano José	CAD	Associação Naval Amorense	00:12:41	00:34:37	00:21:08	01:08:26	00:10:08
64	101310	1506	Filipe Santos	JUN	Associação Naval Amorense	00:10:57	00:33:50	00:23:58	01:08:45	00:10:27
65	101567	4249	Luís Cipriano	V1	AMCR Fonte Grada	00:16:55	00:32:25	00:19:31	01:08:51	00:10:33
66	103874	3773	Adriano Luz Domingos	SEN	REPSOL TRIATLO	00:15:04	00:34:01	00:19:50	01:08:55	00:10:37
67	100188	4414	Luís Coelho da Silva	V1	REPSOL TRIATLO	00:14:50	00:34:21	00:19:44	01:08:55	00:10:37
68	103183	3043	David Amaral	SEN	Clube de Natação da Amadora	00:15:14	00:33:53	00:19:52	01:08:59	00:10:41
69	104405	3987	João Martins	SEN	Clube de Triatlo do Fundão	00:11:33	00:33:09	00:24:24	01:09:06	00:10:48
70	100283	1626	João Inácio	JUN	Tri-Oeste	00:16:29	00:32:47	00:19:59	01:09:15	00:10:57
71	101629	2029	Pedro Vale da Serra	S23	Clube de Natação de Torres Novas	00:12:16	00:33:10	00:23:57	01:09:23	00:11:05
72	103031	4514	Luís Silva	V1	Individual	00:13:41	00:33:35	00:22:08	01:09:24	00:11:06
73	100462	2150	João Canas	S23	Teleperformance - Os Belenenses	00:12:29	00:34:51	00:22:08	01:09:28	00:11:10
74	103779	1063	Salvador Lopes	CAD	Associação Humanitária de Bombeiros dos Estoris	00:14:13	00:34:21	00:21:00	01:09:34	00:11:16
75	100818	1225	Joao Mateus	CAD	Outsystems Olímpico de Oeiras	00:11:53	00:34:35	00:23:09	01:09:37	00:11:19
76	102911	3271	Bruno Raimundo	SEN	Clube de Natação da Amadora	00:12:26	00:33:59	00:23:14	01:09:39	00:11:21
77	104177	3918	Ricardo Laranjinha	SEN	Núcleo do Sporting da Golegã	00:14:51	00:34:45	00:20:03	01:09:39	00:11:21
78	102681	4225	José Amora	V2	Núcleo do Sporting da Golegã	00:14:05	00:34:15	00:21:27	01:09:47	00:11:29
79	104626	3203	Miguel Liquito	SEN	Teleperformance - Os Belenenses	00:16:04	00:33:18	00:20:26	01:09:48	00:11:30
80	103568	6098	Pedro Mestre	V2	Rio Maior Triatlo	00:16:23	00:34:44	00:18:42	01:09:49	00:11:31
81	102270	4557	Gabriel Macchi	V1	GCA Donas - TRIATLO	00:18:18	00:32:40	00:18:53	01:09:51	00:11:33
82	103111	1575	Daniel Almeida	JUN	GDR Manique de Cima	00:12:15	00:36:57	00:20:39	01:09:51	00:11:33
83	101319	4350	João Góis Gomes	V2	Sporting Clube de Portugal	00:13:45	00:33:33	00:22:39	01:09:57	00:11:39
84	100192	4217	Luis Oliveira	V1	Peniche A. C.	00:15:37	00:33:46	00:20:42	01:10:05	00:11:47

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#	Lic.	Dors.	Nome	Esc.	Equipa	Natação	Ciclismo	Corrida	T.Total	Diff.
85	102817	1171	Diogo Mota	CAD	Escola Triatlo Santo António Évora	00:13:46	00:33:34	00:22:57	01:10:17	00:11:59
86	0	5295	Daniel Trindade	V1	Não Federado	00:16:17	00:33:14	00:20:50	01:10:21	00:12:03
87	102069	4562	Luís Rosário	V3	GDR Manique de Cima	00:12:39	00:34:43	00:23:04	01:10:26	00:12:08
88	101824	4814	Gonçalo Resina	V1	Núcleo do Sporting da Golegã	00:18:37	00:32:14	00:19:55	01:10:46	00:12:28
89	102573	3835	Cláudio Canavilhas	SEN	3B - Clube Triatlo de Benavente	00:16:16	00:34:06	00:20:36	01:10:58	00:12:40
90	103173	4427	Miguel David	V2	Individual	00:13:44	00:35:38	00:21:39	01:11:01	00:12:43
91	101565	4120	Jose Magalhaes Dias	V2	AMCR Fonte Grada	00:14:57	00:34:15	00:21:55	01:11:07	00:12:49
92	104378	4705	Joao Jesus	V1	CNATRIL Triatlo	00:14:10	00:35:16	00:21:41	01:11:07	00:12:49
93	101012	1187	Pedro Matos	CAD	Sporting Clube de Portugal	00:09:59	00:32:22	00:28:48	01:11:09	00:12:51
94	100210	4535	Miguel Gaivão	V4	Estoril Praia Fisiogaspar	00:12:50	00:36:23	00:22:11	01:11:24	00:13:06
95	103970	3855	Fernando Matias	SEN	Lusitano FC / Frusoal	00:17:07	00:33:44	00:20:42	01:11:33	00:13:15
96	0	5688	Rui Aurélio	SEN	Não Federado	00:16:04	00:33:12	00:22:18	01:11:34	00:13:16
97	100144	4059	Fernando Feijão	V5	Clube Millenniumbcp	00:16:21	00:34:05	00:21:18	01:11:44	00:13:26
98	0	5480	Paulo Goulart	V2	Não Federado	00:14:07	00:34:09	00:23:37	01:11:53	00:13:35
99	101854	4456	Helder Moringa	V2	Ateneu Artístico Cartaxense	00:14:20	00:34:55	00:22:42	01:11:57	00:13:39
100	0	5243	Bruno Martins	SEN	Não Federado	00:14:23	00:35:23	00:22:14	01:12:00	00:13:42
101	101435	4121	Paulo Codinha	V3	Triatlo Clube Tap	00:13:10	00:35:17	00:23:40	01:12:07	00:13:49
102	101163	4360	Helder Lopes	V2	CNCVCG	00:18:08	00:32:58	00:21:11	01:12:17	00:13:59
103	104483	1031	Marco Vidigal	CAD	GDR Manique de Cima	00:12:58	00:35:09	00:24:25	01:12:32	00:14:14
104	103370	1152	Luís Gomes	CAD	Individual	00:13:00	00:34:16	00:25:21	01:12:37	00:14:19
105	0	5876	Gonçalo Prudêncio	CAD	Não Federado	00:13:10	00:37:17	00:22:13	01:12:40	00:14:22
106	103372	1156	Gonçalo Pagou	CAD	Clube de Natação da Amadora	00:11:54	00:34:27	00:26:46	01:13:07	00:14:49
107	0	5317	Gonçalo Esteves	SEN	Não Federado	00:15:00	00:34:52	00:23:22	01:13:14	00:14:56
108	101169	3803	Jorge Fonseca	SEN	GDR Manique de Cima	00:16:28	00:34:30	00:22:22	01:13:20	00:15:02
109	102082	4071	Rui de Oliveira	V1	Triatlo SUColarensense	00:12:34	00:35:45	00:25:17	01:13:36	00:15:18
110	100543	4581	Bruno Vaz	V2	Clube Millenniumbcp	00:16:31	00:34:01	00:23:27	01:13:59	00:15:41
111	104298	4597	Ricardo Gomes	V1	Individual	00:15:04	00:34:33	00:24:26	01:14:03	00:15:45
112	104594	3151	Pedro Digio	SEN	Individual	00:16:07	00:35:02	00:23:15	01:14:24	00:16:06

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113	104576	6093	Gonçalo Silva	CAD	Clube de Natação da Amadora	00:12:20	00:38:51	00:23:28	01:14:39	00:16:21
114	103010	1095	Pedro Lagarto	CAD	Escola Triatlo Santo António Évora	00:12:38	00:34:42	00:27:39	01:14:59	00:16:41
115	0	5537	Pedro Lourenço	V1	Não Federado	00:17:45	00:33:29	00:23:48	01:15:02	00:16:44
116	101781	4293	miguel velez	V3	Câmara Lisboa Clube	00:13:54	00:37:42	00:23:32	01:15:08	00:16:50
117	103493	3461	Filipe Mendonça	SEN	Estoril Praia Fisiogaspar	00:15:58	00:37:12	00:22:10	01:15:20	00:17:02
118	104539	3112	Carlos Proença	SEN	Clube Desportivo Olivais e Moscavide - Parque das Nações	00:14:40	00:34:50	00:26:02	01:15:32	00:17:14
119	100227	4463	Paulo Henriques	V2	Individual	00:14:37	00:34:43	00:26:12	01:15:32	00:17:14
120	104618	2030	João Castro	S23	Outsystems Olímpico de Oeiras	00:12:02	00:41:36	00:21:56	01:15:34	00:17:16
121	104163	4353	João Parisot	V1	Clube de Natação da Amadora	00:14:00	00:35:34	00:26:09	01:15:43	00:17:25
122	102612	4117	João Narra	V2	Clube de Natação da Amadora	00:15:18	00:39:20	00:21:09	01:15:47	00:17:29
123	102021	1197	Gonçalo Leite	CAD	Clube Desportivo Olivais e Moscavide - Parque das Nações	00:11:08	00:39:39	00:25:01	01:15:48	00:17:30
124	101528	4542	João Carlos Oliveira	V3	Clube Oriental de Lisboa	00:15:34	00:35:34	00:25:03	01:16:11	00:17:53
125	101434	4345	paulo batista	V3	Triatlo Clube Tap	00:18:21	00:46:36	00:11:21	01:16:18	00:18:00
126	102913	4670	António Sousa	V1	Lusitano	00:16:40	00:36:55	00:22:47	01:16:22	00:18:04
127	0	5293	carlos Lopes	V2	Não Federado	00:20:39	00:35:40	00:20:14	01:16:33	00:18:15
128	0	5517	Pedro Almeida	V1	Não Federado	00:15:06	00:36:29	00:25:00	01:16:35	00:18:17
129	100579	4034	João Madeiras Pereira	V4	OEIRAS SPORT CLUBE	00:14:26	00:38:23	00:23:55	01:16:44	00:18:26
130	103321	4860	Renato Araújo	V2	Individual	00:16:25	00:34:53	00:25:35	01:16:53	00:18:35
131	104270	3937	André António	SEN	Escola Triatlo Santo António Évora	00:14:41	00:38:30	00:23:44	01:16:55	00:18:37
132	103548	1508	João Jorge	JUN	Associação Humanitária de Bombeiros dos Estoris	00:15:25	00:38:19	00:24:15	01:17:59	00:19:41
133	102933	4498	João Galhordas	V2	Associação Humanitária de Bombeiros dos Estoris	00:15:56	00:38:42	00:23:22	01:18:00	00:19:42
134	104374	3971	Nuno Mota	SEN	Individual	00:16:51	00:38:23	00:22:55	01:18:09	00:19:51
135	104038	4191	Ricardo Chasqueira	V1	Teleperformance - Os Belenenses	00:15:20	00:38:36	00:24:17	01:18:13	00:19:55
136	103647	4341	Luis Carvalho	V2	Lusitano	00:17:48	00:33:48	00:26:38	01:18:14	00:19:56
137	100646	4616	Carlos Borda d'Água	V1	Alhandra Sporting Club	00:17:46	00:37:29	00:23:06	01:18:21	00:20:03
138	102870	1602	Paulo Marques	JUN	Clube Atlético de Oliveira do Hospital	00:13:25	00:39:34	00:25:32	01:18:31	00:20:13
139	104470	3040	Jorge Ferreira	SEN	Associação Humanitária de Bombeiros dos Estoris	00:15:09	00:36:18	00:27:17	01:18:44	00:20:26
140	101541	4432	João Matos	V2	Clube de Triatlo do Fundão	00:14:55	00:36:39	00:27:11	01:18:45	00:20:27

Local da Prova: **Coruche**

Data: **30/07/2017**

Hora da Partida: **16:10:43**

Distancias: Natação - 750 m (1 volta)

Ciclismo - 20.000 m (2 voltas)

Corrida - 5.000 m (1 volta)

Classificações Absolutos Masculinos

#	Lic.	Dors.	Nome	Esc.	Equipa	Natação	Ciclismo	Corrida	T.Total	Diff.
141	102925	3327	Bruno Fonseca	SEN	3B - Clube Triatlo de Benavente	00:22:17	00:36:46	00:19:49	01:18:52	00:20:34
142	103298	4851	José Albano	V3	Teleperformance - Os Belenenses	00:19:09	00:37:32	00:22:36	01:19:17	00:20:59
143	101324	4393	Julio Nunes	V3	Teleperformance - Os Belenenses	00:14:44	00:37:30	00:27:22	01:19:36	00:21:18
144	103849	3737	Jose Cruz	SEN	Clube do Pessoal EDP	00:16:18	00:34:27	00:29:08	01:19:53	00:21:35
145	0	5300	Gonçalo Antunes	SEN	Não Federado	00:18:09	00:37:27	00:24:18	01:19:54	00:21:36
146	104432	1025	Ricardo Reis	CAD	Clube de Nataçao de Torres Novas	00:12:57	00:40:54	00:26:05	01:19:56	00:21:38
147	100686	4189	Carlos Serra	V2	Clube Oriental de Lisboa	00:18:02	00:37:11	00:24:58	01:20:11	00:21:53
148	104133	3909	Carlos Aveiro	SEN	REPSOL TRIATLO	00:17:34	00:36:52	00:26:35	01:21:01	00:22:43
149	101066	4221	António Vitorino	V2	Peniche A. C.	00:21:23	00:37:53	00:21:47	01:21:03	00:22:45
150	0	5355	Joaquim Guerreiro	SEN	Não Federado	00:16:30	00:42:07	00:22:27	01:21:04	00:22:46
151	104586	4270	António Duarte	V3	Associação Humanitária de Bombeiros dos Estoris	00:16:37	00:37:38	00:26:54	01:21:09	00:22:51
152	101440	4195	Sérgio Oliveira	V2	Triatlo Clube Tap	00:18:22	00:37:09	00:25:38	01:21:09	00:22:51
153	104281	4560	Paulo Gomes	V2	Grupo Recreativo Janz e Associados	00:19:41	00:36:58	00:24:45	01:21:24	00:23:06
154	104031	3889	Vitor Tavares	SEN	Individual	00:17:52	00:41:46	00:21:57	01:21:35	00:23:17
155	103936	4948	Mário Ferreira	V1	Associação Humanitária de Bombeiros dos Estoris	00:17:02	00:37:35	00:27:06	01:21:43	00:23:25
156	0	5648	PEDRO TAROUCA	V2	Não Federado	00:18:12	00:41:12	00:22:35	01:21:59	00:23:41
157	101552	4521	Rogério Pires	V2	Clube de Triatlo do Fundão	00:20:20	00:35:56	00:26:03	01:22:19	00:24:01
158	100286	4493	Amilcar Almeida	V3	Associação Humanitária de Bombeiros dos Estoris	00:13:30	00:43:06	00:25:48	01:22:24	00:24:06
159	102820	1096	Gonçalo Martinho	CAD	Escola Triatlo Santo António Évora	00:13:29	00:43:38	00:26:00	01:23:07	00:24:49
160	101076	4075	José Peixoto	V4	Peniche A. C.	00:18:21	00:40:10	00:24:40	01:23:11	00:24:53
161	104625	5715	Rui Nunes	V1	Teleperformance - Os Belenenses	00:20:13	00:39:23	00:23:52	01:23:28	00:25:10
162	102880	4433	Bruno Faria	V1	Paredes Aventura	00:17:53	00:40:56	00:24:46	01:23:35	00:25:17
163	100285	4072	Renato Ventura	V4	ADCR Painho / Pão de Ló Ti Piedade, S.A.	00:20:34	00:39:14	00:24:06	01:23:54	00:25:36
164	103968	4967	Paulo Leote	V3	3B - Clube Triatlo de Benavente	00:16:25	00:41:22	00:26:19	01:24:06	00:25:48
165	103720	4445	João Cunha Rêgo	V1	Triatlo Clube Tap	00:19:22	00:40:06	00:24:45	01:24:13	00:25:55
166	104544	4172	Luis Tomé	V1	Individual	-	-	00:23:51	01:24:56	00:26:38
167	103935	4945	João Pedro Pereira	V1	Individual	00:18:03	00:40:26	00:27:04	01:25:33	00:27:15
168	100308	4215	jose luis correia	V4	Associação Humanitária de Bombeiros dos Estoris	00:14:20	00:42:41	00:30:37	01:27:38	00:29:20

Local da Prova: **Coruche**

Data: **30/07/2017**

Hora da Partida: **16:10:43**

Distancias: Natação - 750 m (1 volta)

Ciclismo - 20.000 m (2 voltas)

Corrida - 5.000 m (1 volta)

Classificações Absolutos Masculinos

#	Lic.	Dors.	Nome	Esc.	Equipa	Natação	Ciclismo	Corrida	T.Total	Diff.
169	102266	4666	João Teixeira	V4	Clube de Natação da Amadora	00:14:37	00:42:40	00:30:21	01:27:38	00:29:20
170	102995	4608	Luis Duque	V3	GDR Manique de Cima	00:17:44	00:40:05	00:29:55	01:27:44	00:29:26
171	104510	3069	Gonçalo Serrão	SEN	LXTRIATHLON	00:16:26	00:42:52	00:28:26	01:27:44	00:29:26
172	100241	4021	Pedro Xavier	V1	Individual	00:19:56	00:39:54	00:28:03	01:27:53	00:29:35
173	103359	4876	Carlos Bras	V2	Clube de Natação da Amadora	00:18:31	00:40:50	00:28:40	01:28:01	00:29:43
174	0	5724	Tiago Lopes	S23	Não Federado	00:17:29	00:48:10	00:22:35	01:28:14	00:29:56
175	101428	4343	Miguel Pacheco	V4	Triatlo Clube Tap	00:20:08	00:41:00	00:27:11	01:28:19	00:30:01
176	104138	4322	Adolfo Vagos	V2	Peniche A. C.	00:20:02	00:40:21	00:28:24	01:28:47	00:30:29
177	101571	3072	Sérgio Cipriano	SEN	AMCR Fonte Grada	00:19:27	00:41:09	00:28:31	01:29:07	00:30:49
178	102022	4057	Gonçalo Freitas	V1	LXTRIATHLON	00:17:37	00:42:15	00:29:18	01:29:10	00:30:52
179	103393	4890	Augusto Pires	V3	Clube Oriental de Lisboa	00:21:01	00:38:38	00:29:53	01:29:32	00:31:14
180	101935	4559	Antonio Cardote	V4	Lusitano	00:20:35	00:42:06	00:27:02	01:29:43	00:31:25
181	0	5350	João Mártires da Silva	SEN	Não Federado	00:19:57	00:43:08	00:26:40	01:29:45	00:31:27
182	104036	3892	Ricardo Peixe	SEN	Teleperformance - Os Belenenses	00:19:38	00:44:35	00:27:44	01:31:57	00:33:39
183	0	5464	Jose Abreu	V4	Não Federado	00:16:14	00:44:45	00:32:06	01:33:05	00:34:47
184	0	5473	Martim Dias	SEN	Não Federado	00:19:02	00:46:56	00:29:09	01:35:07	00:36:49
185	101856	4332	João J Gameiro	V5	3B - Clube Triatlo de Benavente	00:18:44	00:48:49	00:28:58	01:36:31	00:38:13
186	101342	4294	José Braga	V5	Individual	00:20:20	00:44:51	00:32:54	01:38:05	00:39:47
187	0	5476	Nuno Duarte	V1	Não Federado	00:29:41	00:43:49	00:32:11	01:45:41	00:47:23
188	100624	4857	Miguel Reis	V1	SS CGD	00:19:53	00:46:58	00:56:49	02:03:40	01:05:22
189	103059	4649	Jaime Severino	V2	AMCR Fonte Grada	00:24:17	00:55:36	00:45:41	02:05:34	01:07:16
DNF	103580	1020	Diogo Mendes	CAD	Clube de Natação de Torres Novas	00:10:21	00:34:20	-	DNF	
DNF	104361	6096	Vitor Fonseca	SEN	Individual	00:18:55	-	-	DNF	
DNF	100786	2105	Afonso Feijão	S23	Outsystems Olímpico de Oeiras	00:10:10	00:31:48	-	DNF	