

Data:	10-07-2016	Hora:	10h05	Local:	Esposende				
Natação	850 mt	Transição 1:	0 mt	Ciclismo:	19.800 mt	Transição 2:	0 mt	Corrida:	5.000 mt
Ranking:	Taça Portugal		Hora de Partida:	10h05					

Lu	Dors	Lic	Nome	PEN	Escal	Nome de clube	P	Nataçã	P	Transiç	P	Ciclism	P	Transiç	P	Corrida	Total	Diff
1	1516	1004	Madalena Almeida	-	JUN	Individual	6	00:08:53	2	00:00:29	3	00:33:36	4	00:00:44	1	00:17:33	01:01:16	
2	1179	1006	Gabriela Ribeiro	-	CAD	Alhandra Sporting Club	3	00:08:44	6	00:00:33	4	00:33:41	3	00:00:44	3	00:18:10	01:01:55	00:00:38
3	2160	1003	Helena Paula Carvalho	-	S23	Sporting Clube de Portugal	2	00:08:42	22	00:00:46	2	00:33:34	7	00:00:48	5	00:18:44	01:02:35	00:01:18
4	3195	1003	Ana Filipa Santos	-	SEN	Rio Maior Triatlo	12	00:09:18	10	00:00:37	7	00:34:21	17	00:00:52	2	00:17:49	01:02:59	00:01:43
5	3475	1006	Ana Filipa Ferreira	-	SEN	Alhandra Sporting Club	8	00:09:07	9	00:00:37	11	00:34:38	6	00:00:46	4	00:18:44	01:03:54	00:02:37
6	2163	1003	Andreia Ferrum	-	S23	Rio Maior Triatlo	4	00:08:52	16	00:00:41	13	00:34:46	15	00:00:51	6	00:18:52	01:04:05	00:02:49
7	1122	1015	Carolina Serra	-	CAD	Clube de Nataçã de Torres Novas	14	00:09:33	7	00:00:36	5	00:34:09	10	00:00:49	7	00:19:16	01:04:24	00:03:07
8	1025	1017	Rita Fardilha	-	CAD	Rio Maior Triatlo	15	00:09:34	4	00:00:32	6	00:34:11	2	00:00:44	8	00:19:32	01:04:35	00:03:19
9	1530	1004	Mafalda Costa	-	JUN	Clube Olímpico de Oeiras	10	00:09:14	11	00:00:38	9	00:34:25	5	00:00:45	9	00:19:34	01:04:38	00:03:22
10	1210	1016	Joana Miranda	-	CAD	Clube de Nataçã de Torres Novas	5	00:08:52	25	00:00:55	10	00:34:29	12	00:00:50	12	00:20:34	01:05:42	00:04:25
11	3721	1006	Ana Filipa Sampaio	-	SEN	Alhandra Sporting Club	9	00:09:07	5	00:00:33	12	00:34:42	21	00:00:54	14	00:20:56	01:06:15	00:04:58
12	1512	1006	Inês Pereira	-	JUN	Alhandra Sporting Club	11	00:09:16	15	00:00:41	8	00:34:22	9	00:00:48	22	00:21:45	01:06:54	00:05:38
13	1556	1004	Mónica Vera Cruz	-	JUN	Sporting Clube de Portugal	1		1		1		1		24	00:22:03	01:07:25	00:06:08
14	1180	1006	Daniela Sampaio	-	CAD	Alhandra Sporting Club	7	00:08:55	3	00:00:29	14	00:34:57	8	00:00:48	30	00:22:36	01:07:47	00:06:30
15	2126	1004	Rita Maria Lopes	-	S23	Mc Donald´s/Tribraga	23	00:10:03	19	00:00:43	21	00:36:40	19	00:00:54	10	00:19:36	01:07:58	00:06:41
16	2084	1003	Eduarda Vidigueira	-	S23	Águias de Alpiarça	20	00:09:44	8	00:00:37	25	00:37:04	18	00:00:52	17	00:21:17	01:09:36	00:08:19
17	1058	1004	Lúcia Vera Cruz	-	CAD	Sporting Clube de Portugal	16	00:09:37	18	00:00:42	26	00:37:07	14	00:00:51	18	00:21:19	01:09:39	00:08:22
18	1034	1026	Pauline VIE	-	CAD	Alhandra Sporting Club	27	00:10:38	20	00:00:43	22	00:36:52	16	00:00:52	11	00:20:32	01:09:39	00:08:23
19	1525	1032	Mariana Talhinhos	-	JUN	Sporting Clube de Portugal	30	00:10:45	28	00:00:57	19	00:36:31	33	00:01:02	13	00:20:36	01:09:54	00:08:37
20	1132	1017	Vanessa Fonseca	-	CAD	CAPGE	22	00:10:00	33	00:01:09	24	00:37:04	11	00:00:49	20	00:21:20	01:10:24	00:09:08
21	3413	1010	Joana Cunha	-	SEN	Associação Académica de São Mamede	29	00:10:40	37	00:01:23	17	00:36:13	26	00:00:58	15	00:21:15	01:10:31	00:09:15
22	3787	1036	Fernanda Cardones	-	SEN	ASSOCIAÇÃO LINCE TRIATHLON	31	00:10:53	34	00:01:11	18	00:36:14	32	00:01:01	19	00:21:20	01:10:41	00:09:24
23	1211	1016	Mariana Correia	-	CAD	Clube de Nataçã de Torres Novas	17	00:09:39	14	00:00:41	30	00:38:00	25	00:00:58	25	00:22:06	01:11:25	00:10:08
24	1529	1016	Ana Torres	-	JUN	Escola Triatlo Santo António Évora	35	00:11:40	13	00:00:41	15	00:35:52	31	00:00:59	28	00:22:19	01:11:33	00:10:16
25	1535	1023	Érica Melim	-	JUN	Ludens Machico/Máxima Dinâmica	21	00:09:56	31	00:01:00	27	00:37:25	30	00:00:59	27	00:22:16	01:11:38	00:10:21
26	1114	1019	Sofia Silva	-	CAD	Lusitano	19	00:09:40	17	00:00:42	29	00:37:58	23	00:00:57	29	00:22:26	01:11:46	00:10:29
27	1654	1013	Joana Afonso Pinto	-	JUN	Associação Naval Amorense	18	00:09:39	21	00:00:45	28	00:37:56	20	00:00:54	31	00:22:40	01:11:57	00:10:40
28	4112	1010	Maria João Lima	-	V3	Associação Académica de São Mamede	33	00:11:17	27	00:00:56	16	00:36:00	24	00:00:58	33	00:23:26	01:12:38	00:11:21
29	3443	1020	Kidi Gomez de Segura	-	SEN	Triatlo SUColarese	25	00:10:25	26	00:00:56	23	00:37:02	27	00:00:58	34	00:23:50	01:13:12	00:11:55

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Natação	850 mt	Transição 1:	0 mt	Ciclismo:	19.800 mt	Transição 2:	0 mt	Corrida:	5.000 mt

Ranking:	Taça Portugal	Hora de Partida:	10h05
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Lu	Dors	Lic	Nome	PEN	Escal	Nome de clube	P	Nataçã	P	Transiç	P	Ciclism	P	Transiç	P	Corrida	Total	Diff
30	3263	1010	Joana Creissac	-	SEN	Associação Académica de São Mamede	32	00:11:02	36	00:01:22	31	00:38:07	28	00:00:58	26	00:22:09	01:13:41	00:12:24
31	1052	1026	Maria Pedroso	-	CAD	Associação Académica de São Mamede	24	00:10:09	35	00:01:16	34	00:40:50	13	00:00:51	16	00:21:15	01:14:24	00:13:07
32	1177	1024	Mariana Rodrigues	-	CAD	Sporting Clube de Portugal	28	00:10:39	32	00:01:05	20	00:36:33	29	00:00:59	38	00:25:15	01:14:33	00:13:16
33	1024	1005	Joana Amado	-	CAD	Águias de Alpiarça	13	00:09:31	12	00:00:38	33	00:40:08	22	00:00:56	37	00:25:14	01:16:29	00:15:12
34	2035	1029	Inês Melo	-	S23	Clube Olímpico de Oeiras	26	00:10:33	30	00:01:00	43	00:44:28	37	00:01:10	21	00:21:31	01:18:44	00:17:27
35	3703	1026	Carla Neves	-	SEN	Ludens Machico/Máxima Dinâmica	43	00:13:05	23	00:00:47	32	00:38:53	34	00:01:03	40	00:25:52	01:19:42	00:18:25
36	4549	1010	Silvia Pedroso	-	V1	Associação Académica de São Mamede	37	00:12:00	43	00:02:07	35	00:41:40	41	00:01:27	36	00:24:10	01:21:26	00:20:09
37	4905	1034	Margarida Cunha Reis	-	V2	Associação Académica de São Mamede	34	00:11:19	45	00:02:15	36	00:42:06	44	00:01:44	35	00:24:00	01:21:26	00:20:09
38	4031	1023	Susana Neta	-	V1	Clube Zupper	39	00:12:37	39	00:01:34	45	00:45:53	38	00:01:11	23	00:22:00	01:23:17	00:22:00
39	1009	1013	Inês Gonçalves	-	CAD	CAPGE	36	00:11:40	29	00:00:59	40	00:43:13	36	00:01:08	42	00:26:50	01:23:52	00:22:35
40	4811	1032	Eunice Reis	-	V2	Varzim Sport Club	42	00:13:04	42	00:02:05	41	00:43:51	43	00:01:40	32	00:23:12	01:23:53	00:22:36
41	2039	1037	Alexandra Domingues	-	S23	Escola do Movimento	38	00:12:36	24	00:00:48	42	00:43:54	35	00:01:04	39	00:25:50	01:24:14	00:22:57
42	5923		Mafalda Martins	-	SEN	X Não Federado	40	00:12:45	41	00:01:48	37	00:42:19	45	00:01:47	43	00:28:30	01:27:11	00:25:54
43	5426		Monica Alarcon Hernandez	-	SEN	Individual	41	00:13:01	38	00:01:27	39	00:42:53	40	00:01:26	44	00:28:36	01:27:26	00:26:09
44	4229	1019	Elisabete Gonçalves	-	V2	Clube Zupper	44	00:14:26	44	00:02:11	44	00:44:45	39	00:01:25	41	00:25:55	01:28:44	00:27:27
45	4169	1028	Rosa Guardão	-	V2	Ginásio	45	00:15:21	40	00:01:46	38	00:42:37	42	00:01:27	45	00:29:58	01:31:11	00:29:54
	3671	1012	Ana Lopes	DNF	SEN	Sporting Clube de Portugal		00:10:36		00:00:39								-
	2009	1007	Sofia Hipólito	DNS	S23	Alhandra Sporting Club												-
	2024	1023	Margarida Beato	DNS	S23	Associação Humanitária de Bombeiros												-
	4238	1036	Maria Barroca	DNS	V3	Escola Triatlo Santo António Évora												-
	4522	1037	Suzana Andrade	DNS	V1	Sporting Clube de Espinho												-
	4720	1023	Claudia Pernencar	DNS	V1	Associação Humanitária de Bombeiros												-
	4732	1023	Marta Andrade	DNS	V1	Portugal Talentus												-