

Data:	14-07-2013	Hora:	08h00	Local:	Caminha		
Natação	1.900 mt	Ciclismo:	90.000 mt	Corrida:	21.100 mt		

Ranking:	Camp. Nac. de Grupos de Idade	hora de Partida:	00h00
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Escal	Lug	Lg Ind	Dorsal	Lic	Nome	PEN	Nome de clube	Total	Diff
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20-24	1	1	5443	1411	Bruno Pereira	-	Sport Lisboa e Benfica	05:00:16	
20-24	2	12	2020	1654	Bruno Freitas	-	Ludens de Machico/Ourinvest Talento Gótico	05:18:22	00:18:06
20-24	3	55	5283		Filipe Sales Fernandes	-	Individual	05:58:07	00:57:51

25-29	1	10	5226		Adrian Bouzan Alonso	-	Club Nosportlimit-Trek Galicia	05:16:18	
25-29	2	18	3708	430	Octávio Vicente	-	Garmin Olimpico de Oeiras	05:21:57	00:05:39
25-29	3	23	5309		Jose Costal Camiña	-	Individual	05:27:18	00:10:59
25-29	4	33	5274		Dvid Senra Eiroa	-	Club Nosportlimit-Trek Galicia	05:39:24	00:23:06
25-29	5	37	3368	1176	Pedro Magalhães	-	Assoc. Académica S. Mamede	05:41:01	00:24:42
25-29	6	52	3692	3486	Ricardo Miranda	-	Individual	05:56:21	00:40:02
25-29	7	79	3404	824	Miguel Ramos	-	A. M. C. R. Fonte Grada	06:12:46	00:56:27
25-29	8	82	5294		Gonzalo fernandez rodriguez	-	Club Nosportlimit-Trek Galicia	06:16:29	01:00:10
25-29	9	84	5314		Jose Miguel Fernandez Cruz	-	Club Atletismo Porriño	06:17:36	01:01:18
25-29	10	93	3386	3174	José Rodrigo Araújo	-	Individual	06:24:59	01:08:41
25-29	11	107	5310		Jose Garrido Rodriguez	-	Individual	06:36:44	01:20:26
25-29	12	113	5231		Alejandro Nuñez Alonso	-	Club Nosportlimit-Trek Galicia	06:40:21	01:24:03
25-29	13	124	5351		Rubén Pardo Alvarez	-	Individual	06:48:38	01:32:19
25-29	14	125	3321	3110	Nuno Pinto	-	Assoc. Académica S. Mamede	06:50:28	01:34:09
25-29	15	128	5343		Pedro Ricardo Oliveira	-	Individual	06:53:01	01:36:42

30-34	1	2	3296	1102	Jorge Duarte	-	Garmin Olimpico de Oeiras	05:02:17	
30-34	2	5	3260	838	Rafael Gomes	-	Sporting CP	05:08:19	00:06:01
30-34	3	7	5279		Enrique Moran Gonzalez	-	Club Atletismo Porriño	05:09:33	00:07:16
30-34	4	16	3206	1389	André Guimarães	-	Lince Triathlon	05:21:18	00:19:01
30-34	5	22	3738	743	Nuno Ventura	-	TRIATLO CLUBE TAP	05:27:08	00:24:50
30-34	6	29	3705	469	Ricardo Silva	-	Clube de Triatlo de Almada	05:34:11	00:31:53
30-34	7	31	5271		Daniel Pérez	-	Individual	05:36:33	00:34:15
30-34	8	34	3796	1432	Hugo Gomes	-	Porto Runners	05:40:16	00:37:59
30-34	9	41	3105	2893	João Fragoso	-	Individual	05:45:52	00:43:34
30-34	10	49	3740	1074	Francisco Gaspar	-	A. M. C. R. Fonte Grada	05:54:32	00:52:14
30-34	11	51	5334		Pablo Gonzalez Fernandez	-	Club Nosportlimit-Trek Galicia	05:56:01	00:53:44
30-34	12	58	5438		Ricardo Barreiros	-	Individual	06:01:24	00:59:07
30-34	13	64	3143	1162	Daniel Reis	-	Assoc. Académica S. Mamede	06:02:43	01:00:26
30-34	14	67	3674	386	Pedro Carreira	-	A. M. C. R. Fonte Grada	06:03:32	01:01:15
30-34	15	69	3586	977	Miguel Carneiro	-	Individual	06:03:59	01:01:42
30-34	16	73	5358		Sérgio Moreira	-	Individual	06:07:24	01:05:06
30-34	17	76	3640	1660	Tiago Costa	-	Clube Triatlo de Perosinho	06:09:06	01:06:48
30-34	18	95	3520	429	Hugo Tomé Ferreira	-	Individual	06:25:50	01:23:33
30-34	19	97	5336		Pablo Ramil Freat	-	Club Nosportlimit-Trek Galicia	06:28:15	01:25:58
30-34	20	101	5320		Manuel Salgueiro Alvarez	-	Club Atletismo Porriño	06:33:04	01:30:47
30-34	21	106	3061	2880	Pedro Monteiro	-	Individual	06:36:40	01:34:23
30-34	22	118	3645	107	Miguel Torres	-	CFV	06:45:11	01:42:54
30-34	23	121	3208	1440	Rui Trovão	-	Assoc. Académica de Coimbra	06:46:04	01:43:47
30-34	24	122	3673	3457	Leonel Salgueiro	-	Individual	06:46:34	01:44:17
30-34	25	126	3213	2155	Bruno Feio	-	TRI CAP - Penafirme	06:50:28	01:48:11
30-34	26	137	3596	3402	Paulo Bouça	-	Pedalarte Triatlo	07:08:05	02:05:48
30-34	27	147	3378	3252	Nuno Carmo	-	Individual	07:40:28	02:38:11
30-34	28	151	5444		José António Oliveira	-	Individual	08:19:10	03:16:52

I Triatlo Longo d Caminha - C. N. Grupos de Idade  
Classificação Escalões Masculinos

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Escal	Lug	Lg Ind	Dorsal	Lic	Nome	PEN	Nome de clube	Total	Diff
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35-39	1	4	3583	1379	Paulo Adão Coelho	-	Clube Triatlo de Perosinho	05:05:00	
35-39	2	6	5312		Jose Luis Dorado Viéitez	-	Individual	05:08:55	00:03:54
35-39	3	8	5349		Ricardo Rey martinez	-	Club Nosportlimit-Trek Galicia	05:10:20	00:05:20
35-39	4	9	3239	210	Telmo Veloso	-	Porto Runners	05:13:50	00:08:50
35-39	5	15	3698	656	José Afonso	-	McDonalds/TriBraga	05:19:58	00:14:58
35-39	6	19	3594	3400	Rui Viana	-	Pedalarte Triatlo	05:22:50	00:17:50
35-39	7	20	3318	1518	Leandro Pinto	-	McDonalds/TriBraga	05:26:15	00:21:15
35-39	8	26	3494	424	Rui Pedro Costa	-	C. N. Tejo	05:30:33	00:25:32
35-39	9	27	5301		Javier Perez Bouza	-	Individual	05:30:44	00:25:43
35-39	10	28	5441		Jesus Figueiroa Fernandez	-	Individual	05:31:34	00:26:34
35-39	11	30	3841	1630	Pedro Carvalho	-	C. C. D. M. Matosinhos	05:34:43	00:29:43
35-39	12	35	3359	667	Duarte Câmara	-	Clube Desportivo Nacional	05:40:52	00:35:52
35-39	13	36	3020	1880	António Marques	-	Clube de Praças da Armada	05:40:57	00:35:56
35-39	14	38	5439		Victor Mourinho	-	Individual	05:41:23	00:36:22
35-39	15	39	3468	2722	António Moita	-	Clube Triatlo de Perosinho	05:42:15	00:37:15
35-39	16	42	3128	616	José Ferreira	-	McDonalds/TriBraga	05:46:37	00:41:37
35-39	17	45	3631	3414	Virgilio Barbosa	-	Pedalarte Triatlo	05:48:57	00:43:56
35-39	18	46	3571	1295	Carlos Rocha	-	Clube dos Galitos	05:49:27	00:44:27
35-39	19	60	3695	654	Emanuel Matos	-	CFV	06:02:06	00:57:06
35-39	20	63	5322		Marco A. Guindal Gonzalez	-	Individual	06:02:38	00:57:38
35-39	21	65	5308		Joao Teixeira	-	Individual	06:02:58	00:57:57
35-39	22	77	3545	280	José Franco	-	Individual	06:10:57	01:05:57
35-39	23	78	5299		Ivo Manuel Correia Carvalho	-	Individual	06:12:21	01:07:20
35-39	24	80	3771	1311	Inácio José Faisca	-	Atlético Clube Montemorense	06:12:48	01:07:48
35-39	25	85	3082	1348	João Seródio	-	C. N. Colégio Vasco da Gama	06:18:12	01:13:12
35-39	26	91	3323	3111	Francisco Trocado	-	Individual	06:24:36	01:19:36
35-39	27	94	3715	618	Pedro Reis	-	Assoc. Académica S. Mamede	06:25:44	01:20:44
35-39	28	100	5276		Eduardo Seoane Santiso	-	Individual	06:32:51	01:27:50
35-39	29	104	6314	3142	Paulo Pereira	-	Individual	06:34:31	01:29:30
35-39	30	105	5317		Julio Gonzalez Dieguez	-	Individual	06:36:25	01:31:25
35-39	31	109	3639	116	Pedro Teixeira Brandão	-	Lince Triathlon	06:38:19	01:33:19
35-39	32	117	5354		Rui Pancadares	-	Individual	06:44:01	01:39:01
35-39	33	119	5286		Francisco Ramallo Gonzalez	-	Individual	06:45:40	01:40:40
35-39	34	127	3000	665	Vitor Santos	-	A. M. C. R. Fonte Grada	06:50:58	01:45:58
35-39	35	133	5281		Fernando Paulo Salvador	-	Individual	06:58:34	01:53:34
35-39	36	134	3126	2037	Bruno Dinis	-	Individual	06:58:45	01:53:45
35-39	37	141	5296		Ignacio Delgado Rodriguez	-	Individual	07:10:33	02:05:33
35-39	38	142	3724	1824	Pedro Raposo	-	Ateneu Artístico Cartaxense	07:10:44	02:05:44
35-39	39	143	5257		Armando González Luis	-	Individual	07:13:13	02:08:13
35-39	40	148	3778	1288	Renato Cardoso	-	Porto Runners	07:40:29	02:35:29

40-44	1	3	4001	499	David Caldeirão	-	Peniche A. C.	05:04:23	
40-44	2	11	4103	3485	Paulo Ferreira	-	Individual	05:17:15	00:12:51
40-44	3	14	5264		Carlos Alcalde	-	Individual	05:19:07	00:14:43
40-44	4	17	4316	3404	Pablo Menendez	-	Pedalarte Triatlo	05:21:49	00:17:25
40-44	5	21	4534	2450	Rui Gameiro	-	Núcleo Sportinguista da Golegã	05:27:04	00:22:40
40-44	6	24	4631	2145	João Carlos Correia	-	Ferrovário	05:28:04	00:23:40
40-44	7	32	5327		Miguel Angel Diaz	-	Individual	05:38:46	00:34:22

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40-44	8	48	5373		David Vazquez Rodriguez	-	Individual	05:53:28	00:49:04
40-44	9	50	4308	1571	Ricardo Cordeiro	-	Individual	05:54:41	00:50:17
40-44	10	53	4083	1765	Antonio Ribeiro	-	Porto Runners	05:57:34	00:53:10
40-44	11	57	4518	341	José Manuel Nunes	-	C. C. D. M. Matosinhos	06:00:14	00:55:51
40-44	12	59	4377	381	Faber Martins	-	Porto Runners	06:02:04	00:57:40
40-44	13	62	4463	1636	Paulo Henriques	-	Individual	06:02:30	00:58:06
40-44	14	66	4618	1055	João Duarte	-	Quintajense Futebol Clube	06:03:27	00:59:03
40-44	15	70	5277		Eloy Madero Antón	-	Individual	06:04:30	01:00:06
40-44	16	71	4628	3033	Antonio Pereira	-	McDonalds/TriBraga	06:05:01	01:00:37
40-44	17	72	4249	871	Luis Cipriano	-	A. M. C. R. Fonte Grada	06:05:17	01:00:53
40-44	18	74	5282		Fernando Silvarrey Redondo	-	Club Nosportlimit-Trek Galicia	06:07:37	01:03:13
40-44	19	75	4530	1494	Luis Filipe Valente	-	Clube Oriental de Lisboa	06:08:15	01:03:51
40-44	20	86	4142	2904	Paulo Figueiredo	-	Individual	06:19:48	01:15:24
40-44	21	92	4277	672	João Saúde	-	Ferroviário	06:24:50	01:20:26
40-44	22	96	5265		Carlos Videira Martins	-	Individual	06:27:51	01:23:27
40-44	23	98	4236	1173	Rui Pena	-	Assoc. Académica S. Mamede	06:30:21	01:25:57
40-44	24	99	5348		Ricardo Martinez Abril	-	Individual	06:31:57	01:27:33
40-44	25	111	5350		Ricardo Soler Vidal	-	Individual	06:38:32	01:34:08
40-44	26	112	4569	2632	Paulo Costa	-	Assoc. Académica S. Mamede	06:39:55	01:35:31
40-44	27	115	4561	2609	Fernando Socorro	-	Lince Triathlon	06:40:36	01:36:12
40-44	28	116	4587	2713	Alberto Xavier	-	Individual	06:40:55	01:36:31
40-44	29	123	4580	2661	Marco Silva	-	Porto Runners	06:46:51	01:42:27
40-44	30	129	4485	2233	Luis Fernandes	-	Individual	06:54:14	01:49:50
40-44	31	130	4508	2270	Vasco Borges	-	Ferroviário	06:54:15	01:49:51
40-44	32	131	4295	1352	Luis Barbosa	-	C. N. Colégio Vasco da Gama	06:54:23	01:49:59
40-44	33	132	4487	1318	Rodrigo Cordeiro	-	Individual	06:56:13	01:51:49
40-44	34	144	5269		Daniel Lesende Valiño	-	Club Nosportlimit-Trek Galicia	07:14:14	02:09:51
40-44	35	145	4506	1614	Filipe Varandas	-	Clube Triatlo de Perosinho	07:15:24	02:11:01
40-44	36	149	4024	151	Carlos Albano Silva	-	SS CGD	07:57:31	02:53:07

45-49	1	13	4200	1482	Paulo Margarido	-	Clube Aventura da Madeira	05:18:29	
45-49	2	25	4147	62	Fernando Carmo	-	C. N. Colégio Vasco da Gama	05:30:18	00:11:49
45-49	3	40	5316		Jose Nespereira Gomez	-	Individual	05:42:48	00:24:18
45-49	4	43	4121	144	Paulo Codinha	-	TRIATLO CLUBE TAP	05:47:11	00:28:41
45-49	5	47	5333		Oscar Silguero Garcia	-	Club Nosportlimit-Trek Galicia	05:50:39	00:32:09
45-49	6	54	5258		Armando Piñeiro Perez	-	Individual	05:57:44	00:39:15
45-49	7	56	6315	1165	Emanuel Marques	-	Assoc. Académica S. Mamede	05:59:52	00:41:22
45-49	8	81	4449	581	Nuno Santos	-	TRIATLO CLUBE TAP	06:15:10	00:56:41
45-49	9	83	4684	3334	Antonio Jose G Oliveira	-	A. M. C. R. Fonte Grada	06:16:48	00:58:18
45-49	10	87	4245	2063	Carlos Pereira	-	Lince Triathlon	06:20:04	01:01:34
45-49	11	88	4259	806	Paulo Neves	-	Assoc. Académica S. Mamede	06:20:12	01:01:42
45-49	12	89	5446		Alejandro Hernandez	-	Individual	06:21:23	01:02:53
45-49	13	90	4115	385	António Ervideira	-	A. M. C. R. Fonte Grada	06:22:08	01:03:38
45-49	14	102	4403	981	Paulo Jorge Santos	-	A. M. C. R. Fonte Grada	06:34:11	01:15:42
45-49	15	114	4330	1163	José Fernando Silva	-	Assoc. Académica S. Mamede	06:40:29	01:21:59
45-49	16	120	4318	1064	Fernando Teixeira	-	Ludens de Machico/Ourinvest Talento Gótico	06:45:54	01:27:25
45-49	17	136	4336	235	José Calheiros Dias	-	Veteranos do Porto	07:06:52	01:48:23
45-49	18	139	5289		Frédéric FERRER	-	Individual	07:10:12	01:51:42

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Escal	Lug	Lg Ind	Dorsal	Lic	Nome	PEN	Nome de clube	Total	Diff
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45-49	19	146	5329		Miguel López Arias	-	Individual	07:35:37	02:17:07
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50-54	1	44	4397	794	Carlos Manuel Silva	-	Individual	05:48:04	
50-54	2	68	4160	800	António Dias	-	Lince Triathlon	06:03:43	00:15:38
50-54	3	103	4293	1099	Miguel Velez	-	Escola de Ciclismo Triatlo Camara Lisboa Clube	06:34:12	00:46:08
50-54	4	108	4516	1876	António Madeira	-	Clube de Praças da Armada	06:37:37	00:49:32
50-54	5	110	4014	742	João Santos	-	A. H. Bombeiros Estoris / 3 IRON SPORTS	06:38:25	00:50:21
50-54	6	135	4345	627	Paulo Batista	-	TRIATLO CLUBE TAP	07:06:42	01:18:38
50-54	7	140	4005	1696	José Maçarria	-	Ginásio Clube Figueirense	07:10:24	01:22:20

55-59	1	61	4039	1371	José Varela	-	Louletano	06:02:28	
55-59	2	138	4661	3218	Luis Pires	-	Porto Runners	07:08:10	01:05:42
55-59	3	150	4023	432	Francisco Bexiga	-	Clube de Praças da Armada	08:08:16	02:05:47