

Data:	13-02-2016	Hora:	15h30	Local:	Arronches							
Corrida	5.000 mt	PT1:	0 mt	Ciclismo:	20.500 mt	PT2:	0 mt	Corrida:	2.500 mt			

Ranking:	CN Clubes Duatlo	Hora de Partida:	15h31
----------	------------------	------------------	-------

Lu	Dors	Lic	Nome	PEN	Escal	Nome de clube	P	Corrida	P	PT1	P	Ciclism	P	PT2	P	Corrida	Total	Diff
1	2059	1008	João Francisco Ferreira	-	S23	Sport Lisboa e Benfica	13	00:16:37	28	00:00:30	5	00:33:48	8	00:00:38	8	00:08:27	01:00:02	
2	3778	1007	Gil Maia	-	SEN	Sport Lisboa e Benfica	9	00:16:23	31	00:00:30	8	00:34:04	10	00:00:38	9	00:08:27	01:00:05	00:00:03
3	3710	1003	Danilo Pimentel	-	SEN	Rio Maior Triatlo	5	00:16:22	83	00:00:35	7	00:34:04	33	00:00:42	7	00:08:26	01:00:10	00:00:08
4	1658	1008	Diogo Nóbrega	-	JUN	Associação Cultural e Desportiva do	17	00:16:38	67	00:00:33	6	00:33:51	11	00:00:38	18	00:08:50	01:00:32	00:00:30
5	6224	1008	Sérgio Manuel Silva	-	SEN	Clube Olímpico de Oeiras	3	00:16:02	22	00:00:29	42	00:35:51	7	00:00:35	5	00:08:18	01:01:18	00:01:16
6	3757	1017	Pedro Laginha Palma	-	SEN	Sport Lisboa e Benfica	4	00:16:03	17	00:00:28	43	00:35:54	17	00:00:39	3	00:08:13	01:01:19	00:01:17
7	2157	1007	Rafael Domingos	-	S23	Sport Lisboa e Benfica	10	00:16:23	14	00:00:28	35	00:35:36	21	00:00:40	4	00:08:15	01:01:23	00:01:21
8	2066	1004	Rui Tenrinho	-	S23	Rio Maior Triatlo	23	00:17:01	82	00:00:35	17	00:34:50	28	00:00:41	6	00:08:20	01:01:29	00:01:27
9	1655	1013	Tiago Leão	-	JUN	Associação Naval Amorense	11	00:16:26	57	00:00:32	31	00:35:26	16	00:00:39	11	00:08:29	01:01:34	00:01:32
10	2016	1006	Luís Ferreira	-	S23	Alhandra Sporting Club	12	00:16:35	4	00:00:25	29	00:35:23	20	00:00:40	12	00:08:29	01:01:34	00:01:32
11	3038	1004	Vasco Pessoa	-	SEN	Rio Maior Triatlo	6	00:16:22	46	00:00:32	33	00:35:34	31	00:00:41	10	00:08:27	01:01:39	00:01:37
12	2021	1011	João Ferreira Pereira	-	S23	Clube Olímpico de Oeiras	7	00:16:22	19	00:00:29	37	00:35:37	14	00:00:38	13	00:08:32	01:01:40	00:01:38
13	1629	1027	Natan Santos	-	JUN	Rio Maior Triatlo	8	00:16:22	66	00:00:33	32	00:35:33	85	00:00:50	14	00:08:35	01:01:55	00:01:53
14	5002		José Montero	-	SEN	Triatlón Eresma	25	00:17:07	3	00:00:24	22	00:34:56	6	00:00:33	24	00:09:03	01:02:05	00:02:03
15	1644	1007	Miguel Fortunato	-	JUN	Alhandra Sporting Club	16	00:16:38	9	00:00:27	30	00:35:26	77	00:00:49	16	00:08:46	01:02:08	00:02:06
16	3039	1007	Custodio Antonio	-	SEN	Clube Olímpico de Oeiras	40	00:17:24	35	00:00:31	18	00:34:53	5	00:00:33	17	00:08:48	01:02:11	00:02:09
17	1532	1007	Tiago Pinto	-	JUN	Alhandra Sporting Club	15	00:16:38	5	00:00:26	27	00:35:20	18	00:00:39	30	00:09:09	01:02:13	00:02:11
18	1118	1015	Guilherme Pires	-	CAD	Clube de Triatlo do Fundão	19	00:16:56	6	00:00:26	25	00:35:05	37	00:00:42	28	00:09:07	01:02:17	00:02:15
19	3810	1004	Pedro Ribeiro	-	SEN	Rio Maior Triatlo	27	00:17:13	30	00:00:30	15	00:34:46	39	00:00:42	32	00:09:09	01:02:22	00:02:20
20	3488	1024	Claudio Paulinho	-	SEN	SFRAA TRIATLO	41	00:17:26	61	00:00:33	10	00:34:32	61	00:00:47	27	00:09:05	01:02:24	00:02:22
21	3344	1018	Nuno Carvalho	-	SEN	Clube Olímpico de Oeiras	30	00:17:15	73	00:00:34	11	00:34:40	51	00:00:45	34	00:09:11	01:02:28	00:02:26
22	2015	1011	Luis Lopes	-	S23	CNCVG	45	00:17:34	8	00:00:27	13	00:34:44	35	00:00:42	23	00:09:02	01:02:31	00:02:29
23	1541	1008	Francisco Luís	-	JUN	Ludens Machico/Máxima Dinâmica	1		1		1		1		1		01:02:34	00:02:32
24	4324	1018	Rui Narigueta	-	V1	Clube Olímpico de Oeiras	31	00:17:16	58	00:00:33	12	00:34:43	44	00:00:44	40	00:09:20	01:02:37	00:02:35
25	1631	1020	Samuel Agostinho	-	JUN	Clube Olímpico de Oeiras	46	00:17:38	12	00:00:28	14	00:34:45	30	00:00:41	35	00:09:13	01:02:46	00:02:44
26	2078	1012	André Dias	-	S23	Sporting Clube de Portugal	14	00:16:37	7	00:00:27	28	00:35:21	86	00:00:50	53	00:09:36	01:02:53	00:02:51
27	3261	1005	Nuno Preciado	-	SEN	SFRAA TRIATLO	38	00:17:23	47	00:00:32	23	00:34:57	58	00:00:47	37	00:09:15	01:02:56	00:02:53
28	1205	1021	João Reis	-	CAD	FET-Fátima Escola de Triatlo	35	00:17:19	25	00:00:29	40	00:35:46	38	00:00:42	15	00:08:42	01:03:00	00:02:58
29	2022	1012	Leonardo Nunes	-	S23	Alhandra Sporting Club	49	00:17:50	21	00:00:29	9	00:34:30	54	00:00:46	46	00:09:29	01:03:05	00:03:03

Data:	13-02-2016	Hora:	15h30	Local:	Arronches					
Corrida	5.000 mt	PT1:	0 mt	Ciclismo:	20.500 mt	PT2:	0 mt	Corrida:	2.500 mt	

Ranking:	CN Clubes Duatlo	Hora de Partida:	15h31
----------	------------------	------------------	-------

Lu	Dors	Lic	Nome	PEN	Escal	Nome de clube	P	Corrida	P	PT1	P	Ciclism	P	PT2	P	Corrida	Total	Diff
30	1155	1006	André Bôto	-	CAD	Alhandra Sporting Club	20	00:16:56	26	00:00:30	46	00:36:06	13	00:00:38	19	00:08:55	01:03:07	00:03:04
31	3286	1031	João Fonte-Boa	-	SEN	Kaináguas	28	00:17:13	48	00:00:32	26	00:35:06	107	00:00:54	41	00:09:24	01:03:10	00:03:08
32	3412	1004	Rui Dolores	-	SEN	AMICICLO GRÂNDOLA	36	00:17:20	115	00:00:40	16	00:34:49	57	00:00:46	58	00:09:41	01:03:17	00:03:15
33	3704	1010	Nuno Rodrigues	-	SEN	CNCVG	24	00:17:05	36	00:00:31	45	00:36:01	43	00:00:43	21	00:08:57	01:03:19	00:03:16
34	1533	1018	José Barreto	-	JUN	Núcleo do Sporting da Golegã	22	00:16:57	16	00:00:28	24	00:35:04	144	00:01:01	65	00:09:46	01:03:19	00:03:17
35	1215	1016	Ricardo Batista	-	CAD	Clube de Natação de Torres Novas	43	00:17:26	39	00:00:31	36	00:35:36	24	00:00:40	26	00:09:04	01:03:19	00:03:17
36	1510	1017	MÍguel Baltazar	-	JUN	Kaináguas	18	00:16:39	80	00:00:35	48	00:36:24	53	00:00:46	22	00:08:58	01:03:23	00:03:21
37	5014		Edward Macalalad	-	S23	Individual	62	00:18:10	49	00:00:32	20	00:34:53	42	00:00:43	29	00:09:08	01:03:29	00:03:26
38	5003		Antonio Palomo	-	V1	Triatlón Pacense	2		2		4		4		2		01:03:47	00:03:44
39	3815	1022	Ricardo Rosado	-	SEN	Clube Triatlo de Abrantes	44	00:17:28	54	00:00:32	34	00:35:34	73	00:00:49	48	00:09:30	01:03:56	00:03:54
40	4773	1004	Rui Gonçalves	-	V1	AMICICLO GRÂNDOLA	54	00:17:58	146	00:00:46	19	00:34:53	164	00:01:06	39	00:09:17	01:04:03	00:04:01
41	4786	1025	Rui Galinha	-	V1	Núcleo do Sporting da Golegã	57	00:18:07	95	00:00:36	21	00:34:56	87	00:00:50	80	00:09:56	01:04:26	00:04:24
42	3608	1013	Nuno Tinoco	-	SEN	Clube de Condeixa	21	00:16:57	102	00:00:37	68	00:37:11	81	00:00:49	20	00:08:57	01:04:33	00:04:31
43	3322	1013	António Fortuna	-	SEN	Teleperformance - Os Belenenses	37	00:17:21	27	00:00:30	57	00:36:46	32	00:00:42	45	00:09:28	01:04:47	00:04:45
44	3674	1006	Pedro Carreira	-	SEN	Tri-Oeste	53	00:17:58	44	00:00:32	47	00:36:09	63	00:00:47	44	00:09:27	01:04:55	00:04:53
45	3105	1013	Joao Fragoso	-	SEN	Teleperformance - Os Belenenses	48	00:17:39	13	00:00:28	52	00:36:34	26	00:00:41	55	00:09:38	01:05:01	00:04:59
46	5011		Yago Alves	-	JUN	Individual	63	00:18:10	72	00:00:34	44	00:35:54	124	00:00:57	50	00:09:33	01:05:10	00:05:08
47	3602	1026	Diogo Filipe Silva	-	SEN	Rio Maior Triatlo	61	00:18:09	137	00:00:44	39	00:35:42	132	00:00:58	52	00:09:36	01:05:10	00:05:08
48	1208	1021	Diogo Frazão	-	CAD	FET-Fátima Escola de Triatlo	34	00:17:17	50	00:00:32	58	00:36:52	76	00:00:49	71	00:09:49	01:05:20	00:05:18
49	4151	1018	António Calafate	-	V2	Núcleo do Sporting da Golegã	72	00:18:33	41	00:00:31	38	00:35:39	134	00:00:58	69	00:09:49	01:05:32	00:05:30
50	1652	1016	Diogo Filipe Matias	-	JUN	Rio Maior Triatlo	32	00:17:17	71	00:00:34	85	00:37:44	41	00:00:43	36	00:09:15	01:05:35	00:05:33
51	3558	1025	Nuno Silva	-	SEN	Clube Olímpico de Oeiras	56	00:18:05	157	00:00:49	41	00:35:48	143	00:01:01	76	00:09:52	01:05:37	00:05:35
52	1104	1029	Joaquim Cerqueira	-	CAD	Alhandra Sporting Club	39	00:17:24	55	00:00:32	80	00:37:38	34	00:00:42	47	00:09:29	01:05:46	00:05:44
53	1184	1006	João Guerra	-	CAD	Alhandra Sporting Club	52	00:17:57	10	00:00:27	66	00:37:08	15	00:00:39	72	00:09:49	01:06:02	00:06:00
54	1514	1011	Miguel Guedelha	-	JUN	CNCVG	33	00:17:17	75	00:00:34	99	00:38:28	12	00:00:38	33	00:09:10	01:06:10	00:06:07
55	3473	1029	Marco Miguel	-	SEN	Byke Mania - Frankfurt - CPA	29	00:17:14	155	00:00:49	75	00:37:29	155	00:01:04	54	00:09:37	01:06:14	00:06:12
56	3795	1006	Luís Merca	-	SEN	Byke Mania - Frankfurt - CPA	67	00:18:23	129	00:00:43	51	00:36:29	149	00:01:02	56	00:09:39	01:06:17	00:06:15
57	3141	1008	Luís Fernandes	-	SEN	Byke Mania - Frankfurt - CPA	69	00:18:23	158	00:00:50	67	00:37:09	60	00:00:47	31	00:09:09	01:06:20	00:06:17
58	5013		Nikko Huelgas	-	SEN	Individual	64	00:18:12	32	00:00:30	60	00:36:54	105	00:00:53	75	00:09:52	01:06:24	00:06:22

Data:	13-02-2016	Hora:	15h30	Local:	Arronches						
Corrida	5.000 mt	PT1:	0 mt	Ciclismo:	20.500 mt	PT2:	0 mt	Corrida:	2.500 mt		

Ranking:	CN Clubes Duatlo	Hora de Partida:	15h31
----------	------------------	------------------	-------

Lu	Dors	Lic	Nome	PEN	Escal	Nome de clube	P	Corrida	P	PT1	P	Ciclism	P	PT2	P	Corrida	Total	Diff
59	1540	1021	Francisco Sousa	-	JUN	Escola do Movimento	47	00:17:38	101	00:00:37	95	00:38:09	29	00:00:41	43	00:09:27	01:06:35	00:06:33
60	4482	1021	Arlindo Brás	-	V1	Clube Triatlo de Abrantes	58	00:18:07	124	00:00:42	59	00:36:52	91	00:00:50	91	00:10:05	01:06:38	00:06:36
61	1570	1033	Pedro Manuel Silva	-	JUN	Escola do Movimento	51	00:17:52	93	00:00:36	93	00:37:57	49	00:00:45	51	00:09:33	01:06:46	00:06:44
62	3142	1017	Pedro Figueira	-	SEN	Clube 4 Estilos	76	00:18:50	11	00:00:28	65	00:37:06	23	00:00:40	83	00:09:59	01:07:04	00:07:02
63	1146	1024	Antonio Barata	-	CAD	GCA Donas - TRIATLO	95	00:19:21	77	00:00:35	49	00:36:25	9	00:00:38	98	00:10:10	01:07:10	00:07:08
64	4584	1017	António Ferreira	-	V2	Clube de Condeixa	71	00:18:33	173	00:00:56	62	00:36:58	90	00:00:50	77	00:09:54	01:07:13	00:07:11
65	4033	1018	José Lino	-	V2	Núcleo do Sporting da Golegã	75	00:18:43	109	00:00:38	64	00:37:02	129	00:00:57	81	00:09:58	01:07:21	00:07:19
66	3175	1028	Sérgio Canário	-	SEN	AMICICLO GRÁNDOLA	80	00:19:02	133	00:00:43	55	00:36:40	95	00:00:51	96	00:10:08	01:07:25	00:07:23
67	1178	1006	Diogo Gonçalves	-	CAD	Alhandra Sporting Club	55	00:18:00	65	00:00:33	89	00:37:53	78	00:00:49	99	00:10:11	01:07:28	00:07:26
68	4357	1008	Jorge Teixeira	-	V2	Byke Mania - Frankfurt - CPA	68	00:18:23	110	00:00:39	88	00:37:50	64	00:00:47	66	00:09:47	01:07:28	00:07:26
69	3530	1018	José Rodrigues	-	SEN	Ateneu Artístico Cartaxense	83	00:19:05	147	00:00:47	3		3		68	00:09:48	01:07:29	00:07:27
70	3230	1033	João Jesus	-	SEN	AMICICLO GRÁNDOLA	85	00:19:06	140	00:00:45	63	00:37:00	36	00:00:42	84	00:10:01	01:07:35	00:07:33
71	5009		Angel Montero	-	V1	Individual	78	00:19:00	63	00:00:33	71	00:37:16	98	00:00:52	86	00:10:03	01:07:47	00:07:45
72	3159	1015	André Jesus	-	SEN	Clube Oriental de Lisboa	65	00:18:13	179	00:01:02	82	00:37:40	171	00:01:09	63	00:09:45	01:07:51	00:07:49
73	4707	1023	Bruno Maia	-	V1	Byke Mania - Frankfurt - CPA	77	00:18:57	136	00:00:44	69	00:37:11	111	00:00:54	92	00:10:05	01:07:53	00:07:51
74	3492	1024	Mário Cruz	-	SEN	SFRAA TRIATLO	99	00:19:23	142	00:00:45	53	00:36:37	40	00:00:43	111	00:10:28	01:07:58	00:07:56
75	1134	1021	Duarte Santos	-	CAD	FET-Fátima Escola de Triatlo	91	00:19:15	24	00:00:29	87	00:37:47	45	00:00:44	61	00:09:43	01:08:00	00:07:58
76	6205	1004	Pedro Carlos	-	JUN	Individual	73	00:18:34	106	00:00:38	101	00:38:29	92	00:00:51	49	00:09:30	01:08:04	00:08:02
77	2083	1012	Sávio Silva	-	S23	Sporting Clube de Portugal	70	00:18:29	37	00:00:31	102	00:38:30	22	00:00:40	88	00:10:04	01:08:16	00:08:14
78	1204	1013	Diogo Ramos	-	CAD	Associação Naval Amorense	74	00:18:35	92	00:00:36	100	00:38:28	103	00:00:53	70	00:09:49	01:08:22	00:08:20
79	4249	1015	Luis Cipriano	-	V1	AMCR Fonte Grada	98	00:19:22	99	00:00:37	84	00:37:44	97	00:00:52	67	00:09:48	01:08:25	00:08:23
80	4615	1002	Miguel Lourenço	-	V1	Individual	81	00:19:05	127	00:00:42	91	00:37:55	112	00:00:54	74	00:09:52	01:08:30	00:08:28
81	4792	1025	Antonio Sequeira	-	V2	Clube de Triatlo do Fundão	79	00:19:00	177	00:01:01	79	00:37:37	167	00:01:07	59	00:09:42	01:08:30	00:08:28
82	1217	1021	Alexandre Coimbra	-	CAD	Clube Triatlo de Abrantes	110	00:19:50	56	00:00:32	72	00:37:17	71	00:00:48	85	00:10:01	01:08:31	00:08:29
83	4100	1013	Samuel Neves	-	V1	CAPGE	97	00:19:22	125	00:00:42	78	00:37:37	109	00:00:54	79	00:09:55	01:08:31	00:08:29
84	1624	1016	Pedro pencas	-	JUN	Escola Triatlo Santo António Évora	105	00:19:45	68	00:00:33	81	00:37:39	25	00:00:41	78	00:09:54	01:08:34	00:08:32
85	1613	1015	André Cruz	-	JUN	Clube de Natação de Torres Novas	42	00:17:26	69	00:00:33	119	00:39:34	80	00:00:49	100	00:10:13	01:08:38	00:08:36
86	3166	1003	Joao Azevedo	-	SEN	Teleperformance - Os Belenenses	103	00:19:45	38	00:00:31	73	00:37:22	115	00:00:56	87	00:10:04	01:08:40	00:08:38
87	1001	1012	Francisco Henriques	-	CAD	Sporting Clube de Portugal	113	00:20:04	96	00:00:37	61	00:36:56	66	00:00:48	104	00:10:18	01:08:44	00:08:42

Data:	13-02-2016	Hora:	15h30	Local:	Arronches					
Corrida	5.000 mt	PT1:	0 mt	Ciclismo:	20.500 mt	PT2:	0 mt	Corrida:	2.500 mt	

Ranking:	CN Clubes Duatlo	Hora de Partida:	15h31
----------	------------------	------------------	-------

Lu	Dors	Lic	Nome	PEN	Escal	Nome de clube	P	Corrida	P	PT1	P	Ciclism	P	PT2	P	Corrida	Total	Diff
88	4230	1018	Rui Baptista	-	V1	Clube de Condeixa	86	00:19:06	186	00:01:04	74	00:37:28	158	00:01:05	95	00:10:06	01:08:50	00:08:48
89	2011	1030	João Rebelo	-	S23	Lusitano	66	00:18:19	94	00:00:36	104	00:38:40	83	00:00:50	110	00:10:28	01:08:54	00:08:52
90	1213	1015	André Rodrigues	-	CAD	Clube de Natação de Torres Novas	88	00:19:11	104	00:00:38	96	00:38:17	56	00:00:46	90	00:10:05	01:08:58	00:08:56
91	3149	1032	Filipe Baptista	-	SEN	SFRAA TRIATLO	101	00:19:24	78	00:00:35	77	00:37:36	82	00:00:50	120	00:10:37	01:09:03	00:09:01
92	1526	1011	Diogo Araújo	-	JUN	GDR Manique de Cima	59	00:18:08	18	00:00:29	110	00:39:05	130	00:00:57	119	00:10:36	01:09:17	00:09:15
93	4873	1004	José Silvestre	-	V1	AMICICLO GRÂNDOLA	92	00:19:19	79	00:00:35	86	00:37:46	154	00:01:03	117	00:10:33	01:09:18	00:09:16
94	4055	1006	Jean-Michel VIE	-	V1	Alhandra Sporting Club	107	00:19:47	86	00:00:35	83	00:37:42	106	00:00:53	109	00:10:27	01:09:26	00:09:24
95	4520	1015	Vítor Delgado Pereira	-	V2	Clube de Triatlo do Fundão	108	00:19:48	168	00:00:54	76	00:37:31	122	00:00:57	108	00:10:27	01:09:39	00:09:37
96	1196	1006	João Gomes Queirós	-	CAD	Alhandra Sporting Club	87	00:19:10	103	00:00:37	112	00:39:17	118	00:00:56	62	00:09:44	01:09:46	00:09:44
97	4136	1018	Filipe Mendes	-	V1	Ateneu Artístico Cartaxense	125	00:20:29	149	00:00:47	56	00:36:44	123	00:00:57	133	00:10:54	01:09:53	00:09:51
98	1625	1016	Rafael Marques	-	JUN	Clube de Natação de Torres Novas	93	00:19:21	152	00:00:48	2		2		97	00:10:09	01:10:10	00:10:08
99	2081	1025	Francisco Gamelas	-	S23	MOTRINDE - Clube dos Galitos	96	00:19:21	128	00:00:42	109	00:39:02	163	00:01:06	89	00:10:04	01:10:18	00:10:16
100	3366	1022	Carlos Simões	-	SEN	FET-Fátima Escola de Triatlo	84	00:19:06	121	00:00:41	111	00:39:15	65	00:00:47	113	00:10:29	01:10:20	00:10:17
101	1140	1023	Carlos Reis	-	CAD	FET-Fátima Escola de Triatlo	82	00:19:05	111	00:00:39	113	00:39:17	69	00:00:48	115	00:10:31	01:10:23	00:10:21
102	4776	1024	Agnelo Quelhas	-	V2	Clube de Triatlo do Fundão	129	00:20:41	166	00:00:54	50	00:36:27	139	00:00:59	156	00:11:28	01:10:31	00:10:29
103	3742	1004	Miguel Garcia	-	SEN	AMICICLO GRÂNDOLA	111	00:19:53	164	00:00:53	70	00:37:15	156	00:01:04	157	00:11:29	01:10:35	00:10:33
104	5007		Deogracias Sanchez	-	SEN	Triatlón Pacense	112	00:20:00	165	00:00:53	98	00:38:22	177	00:01:12	105	00:10:19	01:10:48	00:10:46
105	1651	1024	Ricardo Sousa	-	JUN	GCA Donas - TRIATLO	89	00:19:13	85	00:00:35	129	00:40:14	50	00:00:45	94	00:10:06	01:10:56	00:10:54
106	4504	1005	Miguel Menezes	-	V1	SFRAA TRIATLO	118	00:20:18	154	00:00:49	94	00:38:06	135	00:00:58	131	00:10:51	01:11:04	00:11:02
107	1021	1020	Nuno Paulo	-	CAD	Triatlo SUColareense	60	00:18:09	43	00:00:32	151	00:41:55	84	00:00:50	60	00:09:43	01:11:10	00:11:07
108	1639	1021	Diogo Vilaça	-	JUN	Escola do Movimento	50	00:17:52	53	00:00:32	138	00:41:15	101	00:00:52	129	00:10:48	01:11:22	00:11:20
109	4135	1005	Joaquim Figueiras	-	V2	SFRAA TRIATLO	109	00:19:49	112	00:00:39	123	00:39:50	159	00:01:05	106	00:10:21	01:11:45	00:11:43
110	2000	1027	João Pedro Figueiredo	-	S23	Tri-Oeste	102	00:19:36	161	00:00:51	124	00:39:54	175	00:01:11	103	00:10:18	01:11:52	00:11:50
111	1145	1025	Abílio Dias	-	CAD	GCA Donas - TRIATLO	122	00:20:25	52	00:00:32	118	00:39:32	190	00:01:23	82	00:09:59	01:11:52	00:11:50
112	4225	1026	José Amora	-	V2	Núcleo do Sporting da Golegã	137	00:20:59	199	00:01:20	54	00:36:39	189	00:01:22	158	00:11:31	01:11:53	00:11:51
113	4360	1011	Helder Lopes	-	V2	CNCVG	136	00:20:58	123	00:00:42	106	00:38:48	146	00:01:02	107	00:10:23	01:11:54	00:11:52
114	1601	1016	Rodrigo Carvalho	-	JUN	Clube de Natação de Torres Novas	106	00:19:46	132	00:00:43	125	00:39:56	121	00:00:57	121	00:10:37	01:12:01	00:11:59
115	1528	1024	Rodrigo Esteves	-	JUN	Sporting Clube de Portugal	114	00:20:04	87	00:00:35	114	00:39:20	117	00:00:56	141	00:11:05	01:12:02	00:12:00
116	1012	1004	Luis Martins	-	CAD	Individual	94	00:19:21	139	00:00:45	130	00:40:31	114	00:00:55	116	00:10:32	01:12:06	00:12:04

Data:	13-02-2016	Hora:	15h30	Local:	Arronches					
Corrida	5.000 mt	PT1:	0 mt	Ciclismo:	20.500 mt	PT2:	0 mt	Corrida:	2.500 mt	

Ranking:	CN Clubes Duatlo	Hora de Partida:	15h31
----------	------------------	------------------	-------

Lu	Dors	Lic	Nome	PEN	Escal	Nome de clube	P	Corrida	P	PT1	P	Ciclism	P	PT2	P	Corrida	Total	Diff
117	2079	1004	Gabriel Teixeira	-	S23	Teleperformance - Os Belenenses	124	00:20:27	60	00:00:33	120	00:39:35	152	00:01:03	114	00:10:30	01:12:10	00:12:08
118	3204	1033	Cristiano Marques	-	SEN	Clube de Natação de Torres Novas	132	00:20:55	174	00:00:58	103	00:38:39	169	00:01:08	126	00:10:43	01:12:25	00:12:23
119	1519	1013	Filipe Marques	-	JUN	Associação Naval Amorense	149	00:21:53	145	00:00:45	92	00:37:55	140	00:00:59	136	00:10:57	01:12:32	00:12:30
120	4394	1013	Pedro Mega Jorge	-	V2	Teleperformance - Os Belenenses	126	00:20:37	183	00:01:03	107	00:38:50	180	00:01:14	130	00:10:50	01:12:36	00:12:34
121	1028	1016	José Mendes	-	CAD	Escola Triatlo Santo António Évora	117	00:20:18	62	00:00:33	121	00:39:42	70	00:00:48	145	00:11:13	01:12:36	00:12:34
122	3517	1008	Fábio Pratas	-	SEN	Byke Mania - Frankfurt - CPA	115	00:20:12	170	00:00:54	117	00:39:30	160	00:01:06	140	00:11:04	01:12:48	00:12:46
123	1663	1017	Rodrigo Ladeira	-	JUN	Clube 4 Estilos	26	00:17:09	33	00:00:31	177	00:45:12	119	00:00:56	25	00:09:04	01:12:54	00:12:52
124	1048	1021	Dinis Andrade	-	CAD	ASSOCIAÇÃO LINCE TRIATHLON	100	00:19:24	148	00:00:47	144	00:41:32	108	00:00:54	122	00:10:38	01:13:17	00:13:15
125	3360	1034	Frederico Raposo	-	SEN	Alhandra Sporting Club	116	00:20:17	98	00:00:37	132	00:40:47	104	00:00:53	134	00:10:56	01:13:32	00:13:30
126	4521	1015	Rogério Pires	-	V1	Clube de Triatlo do Fundão	133	00:20:56	34	00:00:31	108	00:39:01	157	00:01:04	172	00:12:01	01:13:34	00:13:32
127	1016	1013	Diogo Peixinho	-	CAD	CAPGE	123	00:20:26	134	00:00:43	143	00:41:30	131	00:00:58	138	00:11:01	01:14:39	00:14:37
128	1199	1021	Tomás Cabral	-	CAD	FET-Fátima Escola de Triatlo	143	00:21:25	105	00:00:38	137	00:41:07	136	00:00:58	132	00:10:53	01:15:03	00:15:01
129	1522	1031	Afonso Ramos	-	JUN	Associação Naval Amorense	119	00:20:19	159	00:00:50	153	00:41:58	137	00:00:58	135	00:10:57	01:15:04	00:15:02
130	2054	1016	André Garrido	-	S23	Escola Triatlo Santo António Évora	131	00:20:51	144	00:00:45	141	00:41:22	72	00:00:48	155	00:11:23	01:15:12	00:15:10
131	3677	1015	Rui Pereira	-	SEN	AMCR Fonte Grada	144	00:21:34	151	00:00:48	122	00:39:45	166	00:01:07	169	00:11:57	01:15:13	00:15:11
132	6220	1021	Diogo Silva	-	CAD	FET-Fátima Escola de Triatlo	142	00:21:23	141	00:00:45	134	00:40:54	110	00:00:54	151	00:11:20	01:15:19	00:15:17
133	4059	1001	Fernando Feijão	-	V5	Individual	140	00:21:14	64	00:00:33	139	00:41:17	141	00:00:59	147	00:11:18	01:15:23	00:15:21
134	4781	1024	Eduado Teles	-	V2	AMCR Fonte Grada	154	00:22:39	163	00:00:53	115	00:39:25	173	00:01:11	148	00:11:19	01:15:28	00:15:26
135	4898	1034	Abel Flores	-	V3	Individual	127	00:20:38	204	00:01:33	140	00:41:21	186	00:01:20	124	00:10:40	01:15:34	00:15:32
136	3251	1023	Mário Pires	-	SEN	MOTRINDE - Clube dos Galitos	135	00:20:57	150	00:00:48	105	00:38:47	208	00:02:31	184	00:12:32	01:15:37	00:15:35
137	4204	1013	Pedro Gil Morais	-	V1	Teleperformance - Os Belenenses	138	00:21:01	180	00:01:03	136	00:41:04	176	00:01:12	150	00:11:20	01:15:42	00:15:40
138	1632	1033	Alexandre Venancio	-	JUN	GCA Donas - TRIATLO	90	00:19:14	135	00:00:44	170	00:44:23	147	00:01:02	112	00:10:28	01:15:53	00:15:51
139	4901	1017	José Mercês	-	V1	Clube 4 Estilos	141	00:21:14	187	00:01:04	131	00:40:44	172	00:01:10	164	00:11:45	01:15:59	00:15:57
140	1194	1024	André Lagarto	-	CAD	Escola Triatlo Santo António Évora	134	00:20:56	90	00:00:36	142	00:41:27	96	00:00:52	181	00:12:19	01:16:11	00:16:09
141	4375	1001	Jose Manta	-	V2	Clube Oriental de Lisboa	153	00:22:34	181	00:01:03	116	00:39:30	174	00:01:11	173	00:12:03	01:16:22	00:16:20
142	4516	1008	António Madeira	-	V4	Byke Mania - Frankfurt - CPA	128	00:20:40	188	00:01:05	154	00:42:09	179	00:01:13	149	00:11:19	01:16:27	00:16:25
143	4850	1032	Pedro Mota	-	V1	CAPGE	130	00:20:50	191	00:01:07	157	00:42:22	170	00:01:08	146	00:11:15	01:16:44	00:16:42
144	1212	1016	Miguel Moreira	-	CAD	Clube de Natação de Torres Novas	121	00:20:21	162	00:00:52	162	00:43:00	162	00:01:06	175	00:12:05	01:17:26	00:17:24
145	4143	1015	Carlos Pedro	-	V2	Clube Oriental de Lisboa	150	00:21:55	192	00:01:08	155	00:42:17	142	00:00:59	152	00:11:21	01:17:42	00:17:40

Data:	13-02-2016	Hora:	15h30	Local:	Arronches					
Corrida	5.000 mt	PT1:	0 mt	Ciclismo:	20.500 mt	PT2:	0 mt	Corrida:	2.500 mt	

Ranking:	CN Clubes Duatlo	Hora de Partida:	15h31
----------	------------------	------------------	-------

Lu	Dors	Lic	Nome	PEN	Escal	Nome de clube	P	Corrida	P	PT1	P	Ciclism	P	PT2	P	Corrida	Total	Diff
146	4670	1029	António Sousa	-	V1	Lusitano	139	00:21:03	116	00:00:40	172	00:44:31	184	00:01:15	143	00:11:09	01:18:39	00:18:37
147	4624	1013	Jorge Bernardo	-	V1	Teleperformance - Os Belenenses	145	00:21:37	172	00:00:56	163	00:43:05	150	00:01:02	171	00:12:00	01:18:42	00:18:40
148	4797	1025	Paulo Reis	-	V2	Triatlo SUColarense	146	00:21:39	194	00:01:11	160	00:42:49	191	00:01:23	165	00:11:47	01:18:50	00:18:48
149	4439	1023	Luís Prego	-	V4	GDR Manique de Cima	147	00:21:42	206	00:01:46	156	00:42:21	193	00:01:24	160	00:11:40	01:18:55	00:18:53
150	5008		Amed Ponte	-	SEN	Triatlón Pacense	120	00:20:21	171	00:00:55	181	00:46:01	188	00:01:22	125	00:10:40	01:19:21	00:19:19
151	4501	1025	João Laranjo	-	V2	Clube 4 Estilos	104	00:19:45	203	00:01:27	183	00:46:26	195	00:01:28	137	00:10:59	01:20:07	00:20:05
152	4480	1002	Pedro Goucha	-	V3	Sporting Clube de Portugal	164	00:23:25	169	00:00:54	166	00:43:46	128	00:00:57	162	00:11:43	01:20:48	00:20:46
153	1209	1033	Ruben Venancio	-	CAD	GCA Donas - TRIATLO	159	00:23:02	40	00:00:31	168	00:44:11	47	00:00:45	180	00:12:18	01:20:49	00:20:47
154	4159	1018	Alexandre Ventura	-	V1	Ateneu Artístico Cartaxense	157	00:22:58	156	00:00:49	150	00:41:54	182	00:01:15	203	00:14:16	01:21:14	00:21:12
155	4403	1017	Paulo Santos	-	V3	Câmara Lisboa Clube	156	00:22:50	201	00:01:27	171	00:44:26	200	00:01:34	142	00:11:07	01:21:26	00:21:24
156	4478	1004	Fernando Pombo	-	V5	Teleperformance - Os Belenenses	148	00:21:50	120	00:00:41	179	00:45:39	181	00:01:14	176	00:12:09	01:21:35	00:21:33
157	4632	1031	Sérgio Nunes	-	V1	Clube de Natação da Amadora	151	00:22:04	198	00:01:19	173	00:44:32	207	00:01:48	187	00:12:35	01:22:21	00:22:19
158	3271	1029	Bruno Raimundo	-	SEN	Clube de Natação da Amadora	171	00:24:43	193	00:01:08	161	00:42:50	151	00:01:02	191	00:12:46	01:22:32	00:22:30
159	1219	1030	Tiago Sousa	-	CAD	Clube Triatlo de Abrantes	152	00:22:28	97	00:00:37	174	00:44:39	165	00:01:07	201	00:13:45	01:22:37	00:22:35
160	4738	1023	Rui Almeida	-	V2	Clube Oriental de Lisboa	158	00:23:00	200	00:01:25	176	00:45:11	187	00:01:21	183	00:12:31	01:23:29	00:23:27
161	1193	1030	Marco Calado	-	CAD	Escola Triatlo Santo António Évora	155	00:22:49	143	00:00:45	188	00:47:15	116	00:00:56	192	00:12:55	01:24:42	00:24:40
162	3136	1031	Ricardo Santos	-	SEN	Clube Oriental de Lisboa	165	00:23:27	205	00:01:37	178	00:45:36	198	00:01:33	189	00:12:42	01:24:57	00:24:55
163	3112	1022	João Martins	-	SEN	MOTRINDE - Clube dos Galitos	162	00:23:21	182	00:01:03	184	00:46:38	185	00:01:20	186	00:12:34	01:24:58	00:24:56
164	4744	1023	Pedro Silva	-	V1	Clube de Natação de Torres Novas	163	00:23:23	190	00:01:06	190	00:48:02	203	00:01:36	193	00:12:55	01:27:05	00:27:03
165	4346	1015	Jorge Carreiras	-	V3	Clube Oriental de Lisboa	170	00:24:21	195	00:01:12	192	00:48:18	194	00:01:27	170	00:11:58	01:27:17	00:27:15
166	1013	1013	Diogo Araujo	-	CAD	CAPGE	160	00:23:02	113	00:00:39	197	00:49:39	168	00:01:08	199	00:13:26	01:27:56	00:27:54
167	4559	1019	Antonio Cardote	-	V3	Lusitano	172	00:24:44	197	00:01:16	189	00:47:52	206	00:01:44	185	00:12:34	01:28:12	00:28:10
168	3072	1015	Sérgio Cipriano	-	SEN	AMCR Fonte Grada	161	00:23:03	178	00:01:01	202	00:51:37	148	00:01:02	188	00:12:36	01:29:22	00:29:20
169	1669	1026	Ruben Santos	-	JUN	Clube de Natação da Amadora	182	00:25:38	91	00:00:36	196	00:49:24	138	00:00:58	196	00:13:14	01:29:52	00:29:50
170	4023	1008	Francisco Bexiga	-	V4	Byke Mania - Frankfurt - CPA	180	00:25:31	207	00:01:50	198	00:49:46	199	00:01:33	204	00:14:18	01:33:00	00:32:58
171	4306	1026	Rui Marques dos Santos	-	V1	CNCVG	183	00:25:39	175	00:01:00	204	00:52:29	205	00:01:41	205	00:14:28	01:35:20	00:35:18
172	6222	1033	Augusto Pires	-	V3	Clube Oriental de Lisboa	190	00:26:59	196	00:01:15	206	00:55:56	201	00:01:36	206	00:15:04	01:40:52	00:40:50
173	4409	1015	Francisco Cipriano	-	V5	AMCR Fonte Grada	206	00:31:39	176	00:01:01	208	01:04:30	204	00:01:39	208	00:18:35	01:57:26	00:57:24
	1167	1013	Filipe Santos	DNF	CAD	Associação Naval Amorense		00:19:05										-

Data:	13-02-2016	Hora:	15h30	Local:	Arronches					
Corrida	5.000 mt	PT1:	0 mt	Ciclismo:	20.500 mt	PT2:	0 mt	Corrida:	2.500 mt	
Ranking:	CN Clubes Duato			Hora de Partida:	15h31					

Lu	Dors	Lic	Nome	PEN	Escal	Nome de clube	P	Corrida	P	PT1	P	Ciclism	P	PT2	P	Corrida	Total	Diff
	1650	1004	Hugo Silva Pereira	DNF	JUN	Teleperformance - Os Belenenses		00:17:14		00:00:29								-
	3255	1019	Júlio Amândio	DNF	SEN	Lusitano	96	00:20:53	96	00:00:35	96	00:37:32	96	00:01:11	96			-
	3458	1030	João Vieira	DNF	SEN	Núcleo do Sporting da Golegã		00:16:37		00:00:34								-
	3803	1011	Jorge Fonseca	DNF	SEN	GDR Manique de Cima	126	00:21:21	126	00:00:49	126	00:40:57	126	00:00:58	126			-
	4497	1005	Alexandre Feliz	DNF	V1	Tri-Oeste	153	00:20:51	153	00:00:36	153	00:38:50	153	00:00:46	153			-
	4530	1015	Luís Filipe Valente	DNF	V1	Clube Oriental de Lisboa	159	00:20:27	159	00:00:39	159	00:39:34	159	00:00:56	159			-
	4677	1018	Luís Cancela	DNF	V1	Núcleo do Sporting da Golegã		00:17:15		00:00:28								-
	4711	1016	Marco Sousa	DNF	V1	Clube de Natação de Torres Novas		00:18:15		00:00:31		00:38:56						-
	1002	1008	Gonçalo Luís	DNS	CAD	Ludens Machico/Máxima Dinâmica												-
	1010	1004	Hugo Cecílio	DNS	CAD	Individual												-
	1200	1016	Gonçalo Matos	DNS	CAD	Escola Triatlo Santo António Évora												-
	1558	1003	Leonardo Aniceto	DNS	JUN	Sport Lisboa e Benfica												-
	1580	1028	Fábio Neto	DNS	JUN	Clube de Triatlo do Fundão												-
	1626	1002	João Inácio	DNS	JUN	Tri-Oeste												-
	2017	1008	Nuno André	DNS	S23	Clube Olímpico de Oeiras												-
	2051	1032	Diogo Fernandes	DNS	S23	Escola Triatlo Santo António Évora												-
	2057	1012	Bernardo Guerra	DNS	S23	Sporting Clube de Portugal												-
	2074	1007	Nuno Ribeiro	DNS	S23	Alhandra Sporting Club												-
	2110	1004	Francisco Carvalho	DNS	S23	Teleperformance - Os Belenenses												-
	3021	1031	Nelson Graça	DNS	SEN	Clube Olímpico de Oeiras												-
	3028	1018	Carlos Carvalho	DNS	SEN	Clube Olímpico de Oeiras												-
	3131	1015	Elísio Roque	DNS	SEN	GCA Donas - TRIATLO												-
	3231	1028	João Pires	DNS	SEN	Clube Triatlo de Abrantes												-
	3267	1017	Carlos Proença	DNS	SEN	Kainágua												-
	3270	1007	João Pedro Silva	DNS	SEN	Sport Lisboa e Benfica												-
	3305	1015	Roger Vicente	DNS	SEN	GCA Donas - TRIATLO												-
	3356	1006	João Pedro Fulgêncio	DNS	SEN	Teleperformance - Os Belenenses												-
	3363	1030	Tiago Silva	DNS	SEN	Individual												-
	3474	1017	Pedro Nascimento	DNS	SEN	Clube 4 Estilos												-

Data:	13-02-2016	Hora:	15h30	Local:	Arronches				
Corrida	5.000 mt	PT1:	0 mt	Ciclismo:	20.500 mt	PT2:	0 mt	Corrida:	2.500 mt

Ranking:	CN Clubes Duatlo	Hora de Partida:	15h31
----------	------------------	------------------	-------

Lu	Dors	Lic	Nome	PEN	Escal	Nome de clube	P	Corrida	P	PT1	P	Ciclism	P	PT2	P	Corrida	Total	Diff
	4037	1025	Gary Blesson	DNS	V3	Clube de Condeixa												-
	4175	1016	Joaquim Rosado	DNS	V2	Escola Triatlo Santo António Évora												-
	4386	1017	Mário Ferreira	DNS	V1	MOTRINDE - Clube dos Galitos												-
	4436	1005	Nuno Pires Nobre	DNS	V1	Rio Maior Triatlo												-
	4708	1017	Luis Alegrias	DNS	V1	Kainágua												-
	4710	1015	Sérgio Santos	DNS	V1	GCA Donas - TRIATLO												-
	4859	1015	Rui Belo	DNS	V1	Triatlo SUColarese												-
	5001		Alvaro Garcia	DNS	SEN	NFOQUE RACE TEAM												-
	5004		Francisco Garcia	DNS	V1	Triatlón Pacense												-
	5005		Juan Carrasco	DNS	SEN	Triatlón Pacense												-
	5027		Sergio Gonzalez	DNS	SEN	Club Triatlón Merida Enjoy-Wellness												-