

Data:	01-03-2016	Hora:	11h15	Local:	Cadaval					
Corrida	4.800 mt	PT1:	0 mt	Ciclismo:	20.000 mt	PT2:	0 mt	Corrida:	2.400 mt	

Ranking:	CN Clubes Duatlo	Hora de Partida:	11h14
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Lu	Dors	Lic	Nome	PEN	Escal	Nome de clube	P	Corrida	P	PT1	P	Ciclism	P	PT2	P	Corrida	Total	Diff
1	3757	1017	Pedro Laginha Palma	-	SEN	Sport Lisboa e Benfica	7	00:15:14	16	00:00:19	14		39		37		00:52:43	
2	2059	1008	João Francisco Ferreira	-	S23	Sport Lisboa e Benfica	8	00:15:32	27	00:00:20	13		37		35		00:52:44	00:00:01
3	3778	1007	Gil Maia	-	SEN	Sport Lisboa e Benfica	9	00:15:32	19	00:00:19	15		40		38		00:52:57	00:00:14
4	5903	1008	Sérgio Manuel Silva	-	SEN	Clube Olímpico de Oeiras	6	00:15:14	18	00:00:19	61	00:29:36	42		40		00:52:58	00:00:14
5	2021	1011	João Ferreira Pereira	-	S23	Clube Olímpico de Oeiras	10	00:15:33	13	00:00:18	19		47		44		00:53:10	00:00:27
6	1655	1013	Tiago Leão	-	JUN	Associação Naval Amorense	11	00:15:33	23	00:00:19	29		67		60		00:53:33	00:00:50
7	1629	1027	Natan Santos	-	JUN	Rio Maior Triatlo	13	00:15:50	78	00:00:26	64	00:29:38	100		87		00:53:56	00:01:13
8	3038	1004	Vasco Pessoa	-	SEN	Rio Maior Triatlo	19	00:16:13	42	00:00:21	54	00:29:22	105		92		00:53:59	00:01:16
9	3704	1010	Nuno Rodrigues	-	SEN	CNCVG	15	00:15:53	40	00:00:21	66	00:29:47	35		33		00:54:00	00:01:17
10	2015	1011	Luis Lopes	-	S23	CNCVG	22	00:16:17	28	00:00:20	55	00:29:23	34		32		00:54:03	00:01:20
11	1658	1008	Diogo Nóbrega	-	JUN	ACD Jardim da Serra	16	00:15:55	36	00:00:20	65	00:29:43	99		86		00:54:04	00:01:20
12	1208	1021	Diogo Frazão	-	CAD	FET-Fátima Escola de Triatlo	34	00:16:28	21	00:00:19	45	00:29:12	88		76		00:54:09	00:01:26
13	1205	1021	João Reis	-	CAD	FET-Fátima Escola de Triatlo	4		6		36		87		75		00:54:13	00:01:30
14	1558	1003	Leonardo Aniceto	-	JUN	Sport Lisboa e Benfica	18	00:16:13	11	00:00:18	12		36		34		00:54:17	00:01:34
15	3810	1004	Pedro Ribeiro	-	SEN	Rio Maior Triatlo	17	00:16:12	44	00:00:21	57	00:29:24	104		91		00:54:22	00:01:39
16	5099		Nikko Huelgas	-	SEN	Individual	30	00:16:27	10	00:00:17	50	00:29:19	11		10		00:54:23	00:01:40
17	3105	1013	Joao Fragoso	-	SEN	Teleperformance - Os Belenenses	26	00:16:20	38	00:00:21	52	00:29:21	19		18		00:54:28	00:01:45
18	3140	1007	Tiago Maia	-	SEN	Sport Lisboa e Benfica	27	00:16:25	14	00:00:18	46	00:29:13	38		36		00:54:31	00:01:48
19	1541	1008	Francisco Luís	-	JUN	Ludens Machico/Máxima Dinâmica	2		3		20		49		46		00:54:31	00:01:48
20	3674	1006	Pedro Carreira	-	SEN	Tri-Oeste	31	00:16:27	25	00:00:20	9		26		24		00:54:31	00:01:48
21	3344	1018	Nuno Carvalho	-	SEN	Clube Olímpico de Oeiras	23	00:16:17	85	00:00:27	16		43		41		00:54:35	00:01:52
22	4324	1018	Rui Narigueta	-	V1	Clube Olímpico de Oeiras	32	00:16:27	63	00:00:23	49	00:29:15	48		45		00:54:39	00:01:56
23	1650	1004	Hugo Silva Pereira	-	JUN	Teleperformance - Os Belenenses	20	00:16:14	48	00:00:22	5		18		17		00:54:43	00:02:00
24	3488	1024	Claudio Paulinho	-	SEN	SFRAA TRIATLO	21	00:16:17	55	00:00:22	59	00:29:25	94		81		00:54:45	00:02:02
25	3322	1013	António Fortuna	-	SEN	Teleperformance - Os Belenenses	25	00:16:19	20	00:00:19	56	00:29:23	21		20		00:55:12	00:02:28
26	3608	1013	Nuno Tinoco	-	SEN	Clube de Condeixa	14	00:15:52	86	00:00:28	79	00:30:44	97		84		00:55:19	00:02:35
27	3188	1012	Diogo Tarelho Custódio	-	SEN	Clube Olímpico de Oeiras	45	00:17:04	46	00:00:21	62	00:29:36	41		39		00:55:19	00:02:36
28	5086		Yago Alves	-	JUN	Individual	44	00:17:04	118	00:00:35	53	00:29:22	10		9		00:55:19	00:02:36
29	1652	1016	Diogo Filipe Matias	-	JUN	Rio Maior Triatlo	29	00:16:27	74	00:00:25	69	00:30:02	101		88		00:55:21	00:02:38

Data:	01-03-2016	Hora:	11h15	Local:	Cadaval					
Corrida	4.800 mt	PT1:	0 mt	Ciclismo:	20.000 mt	PT2:	0 mt	Corrida:	2.400 mt	

Ranking:	CN Clubes Duato	Hora de Partida:	11h14
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Lu	Dors	Lic	Nome	PEN	Escal	Nome de clube	P	Corrida	P	PT1	P	Ciclism	P	PT2	P	Corrida	Total	Diff
30	3458	1030	João Vieira	-	SEN	Núcleo do Sporting da Golegã	12	00:15:41	35	00:00:20	68	00:29:57	79		69		00:55:22	00:02:39
31	2082	1004	Hugo Baluga	-	S23	AMICICLO GRÂNDOLA	39	00:16:58	30	00:00:20	63	00:29:38	15		14		00:55:24	00:02:41
32	3708	1008	Octávio Vicente	-	SEN	Byke Mania - Frankfurt - CPA	35	00:16:32	49	00:00:22	22		51		48		00:55:29	00:02:46
33	4472	1005	Carlos Fernandes	-	V1	SFRAA TRIATLO	24	00:16:18	98	00:00:30	71	00:30:06	96		83		00:55:32	00:02:49
34	1178	1006	Diogo Gonçalves	-	CAD	Alhandra Sporting Club	40	00:16:58	50	00:00:22	10		31		29		00:55:32	00:02:49
35	3161	1010	Miguel Furtado	-	SEN	SFRAA TRIATLO	37	00:16:46	71	00:00:24	67	00:29:54	93		80		00:55:40	00:02:57
36	1514	1011	Miguel Guedelha	-	JUN	CNCVG	36	00:16:40	90	00:00:29	11		33		31		00:55:42	00:02:59
37	3795	1006	Luís Merca	-	SEN	Byke Mania - Frankfurt - CPA	48	00:17:16	77	00:00:26	51	00:29:21	52		49		00:55:44	00:03:01
38	3286	1031	João Fonte-Boa	-	SEN	Kainágua	28	00:16:26	57	00:00:23	72	00:30:07	77		68		00:55:49	00:03:05
39	2056	1005	André Duarte	-	S23	Tri-Oeste	33	00:16:27	39	00:00:21	8		25		23		00:55:53	00:03:09
40	4786	1025	Rui Galinha	-	V1	Núcleo do Sporting da Golegã	46	00:17:09	52	00:00:22	58	00:29:24	80		70		00:55:59	00:03:16
41	3815	1022	Ricardo Rosado	-	SEN	Clube Triatlo de Abrantes	42	00:17:03	56	00:00:22	60	00:29:34	90		77		00:56:04	00:03:21
42	4773	1004	Rui Gonçalves	-	V1	AMICICLO GRÂNDOLA	49	00:17:19	75	00:00:25	48	00:29:15	17		16		00:56:09	00:03:26
43	5339		Edward Macalalad	-	S23	Individual	1		1		2		12		11		00:56:14	00:03:31
44	3141	1008	Luís Fernandes	-	SEN	Byke Mania - Frankfurt - CPA	41	00:17:01	141	00:00:42	21		50		47		00:56:17	00:03:34
45	4443	1005	Pedro Pinheiro	-	V1	SFRAA TRIATLO	52	00:17:26	34	00:00:20	47	00:29:15	95		82		00:56:20	00:03:36
46	3412	1004	Rui Dolores	-	SEN	AMICICLO GRÂNDOLA	51	00:17:24	62	00:00:23	4		16		15		00:56:33	00:03:50
47	1603	1008	José Felício	-	JUN	Sporting Clube de Portugal	50	00:17:22	17	00:00:19	44	00:29:10	64		58		00:57:36	00:04:53
48	1104	1029	Joaquim Cerqueira	-	CAD	Alhandra Sporting Club	38	00:16:47	32	00:00:20	109	00:32:31	122	00:00:25	95	00:08:15	00:58:19	00:05:36
49	1513	1011	BRUNO CARRAZEDO	-	JUN	CNCVG	54	00:17:33	29	00:00:20	97	00:31:53	32		30		00:58:21	00:05:38
50	1146	1024	Antonio Barata	-	CAD	GCA Donas - TRIATLO	62	00:17:59	31	00:00:20	86	00:31:18	110	00:00:20	97	00:08:31	00:58:30	00:05:47
51	1217	1021	Alexandre Coimbra	-	CAD	Clube Triatlo de Abrantes	68	00:18:10	22	00:00:19	85	00:31:17	120	00:00:23	96	00:08:24	00:58:35	00:05:52
52	4482	1021	Arlindo Brás	-	V1	Clube Triatlo de Abrantes	47	00:17:12	103	00:00:31	94	00:31:41	133	00:00:29	101	00:08:40	00:58:35	00:05:52
53	1144	1008	Rodrigo Amoreira	-	CAD	GCA Donas - TRIATLO	63	00:17:59	12	00:00:18	87	00:31:22	92		79		00:58:50	00:06:07
54	4584	1017	António Ferreira	-	V2	Clube de Condeixa	43	00:17:03	119	00:00:35	40		98		85		00:58:52	00:06:09
55	4249	1015	Luís Cipriano	-	V1	AMCR Fonte Grada	70	00:18:27	81	00:00:27	31		75		98	00:08:32	00:58:57	00:06:14
56	4682	1007	Nuno Tintim	-	V1	AMCR Fonte Grada	58	00:17:53	88	00:00:29	91	00:31:35	124	00:00:25	99	00:08:36	00:58:59	00:06:16
57	4397	1001	Carlos Manuel Silva	-	V3	Individual	61	00:17:58	83	00:00:27	88	00:31:26	3		3		00:59:01	00:06:18
58	4321	1006	Luís Duarte	-	V2	Tri-Oeste	90	00:19:12	68	00:00:24	74	00:30:14	28		26		00:59:02	00:06:19

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Corrida	4.800 mt	PT1:	0 mt	Ciclismo:	20.000 mt	PT2:	0 mt	Corrida:	2.400 mt

Ranking:	CN Clubes Duatlo	Hora de Partida:	11h14
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Lu	Dors	Lic	Nome	PEN	Escal	Nome de clube	P	Corrida	P	PT1	P	Ciclism	P	PT2	P	Corrida	Total	Diff
59	1134	1021	Duarte Santos	-	CAD	FET-Fátima Escola de Triatlo	75	00:18:40	37	00:00:21	81	00:30:51	108	00:00:16	104	00:08:54	00:59:03	00:06:20
60	1145	1025	Abilio Dias	-	CAD	GCA Donas - TRIATLO	78	00:18:43	51	00:00:22	78	00:30:43	130	00:00:27	103	00:08:52	00:59:10	00:06:26
61	1502	1012	Miguel Melo	-	JUN	Sporting Clube de Portugal	55	00:17:48	60	00:00:23	90	00:31:34	128	00:00:27	109	00:09:03	00:59:16	00:06:33
62	4792	1025	Antonio Sequeira	-	V2	Clube de Triatlo do Fundão	53	00:17:32	128	00:00:38	89	00:31:32	68		61		00:59:17	00:06:34
63	3447	1030	Hélio Branco	-	SEN	Ateneu Artístico Cartaxense	69	00:18:22	117	00:00:34	82	00:31:03	121	00:00:24	110	00:09:03	00:59:28	00:06:45
64	4707	1023	Bruno Maia	-	V1	Byke Mania - Frankfurt - CPA	66	00:18:06	129	00:00:39	83	00:31:14	127	00:00:27	108	00:09:02	00:59:29	00:06:46
65	4885	1011	Bruno Dias	-	V1	GDR Manique de Cima	76	00:18:41	159	00:00:51	27		63		111	00:09:03	00:59:33	00:06:50
66	4357	1008	Jorge Teixeira	-	V2	Byke Mania - Frankfurt - CPA	59	00:17:56	124	00:00:37	23		53		50		00:59:34	00:06:50
67	4230	1018	Rui Baptista	-	V1	Clube de Condeixa	60	00:17:57	145	00:00:42	84	00:31:14	160	00:00:43	107	00:09:02	00:59:41	00:06:57
68	4148	1006	Pedro Cordeiro	-	V2	Tri-Oeste	94	00:19:17	67	00:00:24	70	00:30:06	27		25		00:59:43	00:07:00
69	4497	1005	Alexandre Feliz	-	V1	Tri-Oeste	95	00:19:17	47	00:00:21	73	00:30:09	29		27		00:59:48	00:07:05
70	1605	1021	Marco Carreira	-	JUN	FET-Fátima Escola de Triatlo	57	00:17:51	73	00:00:25	37		89		124	00:09:38	00:59:55	00:07:12
71	4060	1010	António Moura	-	V4	Peniche A. C.	82	00:18:51	59	00:00:23	77	00:30:42	109	00:00:18	127	00:09:43	00:59:58	00:07:15
72	4776	1024	Agnelo Quelhas	-	V2	Clube de Triatlo do Fundão	80	00:18:46	122	00:00:37	76	00:30:29	69		62		01:00:09	00:07:26
73	2057	1012	Bernardo Guerra	-	S23	Sporting Clube de Portugal	65	00:18:03	61	00:00:23	105	00:32:17	65		59		01:00:20	00:07:37
74	1651	1024	Ricardo Sousa	-	JUN	GCA Donas - TRIATLO	64	00:18:00	33	00:00:20	121	00:33:10	125	00:00:25	100	00:08:39	01:00:36	00:07:53
75	4190	1015	António Catarino	-	V3	Clube de Triatlo do Fundão	83	00:18:55	15	00:00:18	80	00:30:50	70		63		01:00:58	00:08:15
76	2000	1027	João Pedro Figueiredo	-	S23	Tri-Oeste	84	00:19:03	94	00:00:30	100	00:32:03	24		22		01:01:08	00:08:25
77	3404	1015	Miguel Ramos	-	SEN	AMCR Fonte Grada	96	00:19:18	45	00:00:21	75	00:30:18	131	00:00:28	151	00:10:45	01:01:12	00:08:29
78	3435	1022	Bruno Godinho	-	SEN	Clube de Natação da Amadora	5		9		111	00:32:35	139	00:00:31	102	00:08:43	01:01:14	00:08:31
79	2079	1004	Gabriel Teixeira	-	S23	Teleperformance - Os Belenenses	77	00:18:42	41	00:00:21	114	00:32:46	117	00:00:23	112	00:09:03	01:01:16	00:08:33
80	3835	1025	Cláudio Canavilhas	-	SEN	O2 Triatlo	3		5		112	00:32:36	167	00:00:47	105	00:08:56	01:01:19	00:08:36
81	2081	1025	Francisco Gamelas	-	S23	MOTRINDE - Clube dos Galitos	72	00:18:35	101	00:00:31	108	00:32:27	166	00:00:47	113	00:09:10	01:01:32	00:08:48
82	3634	1010	João Marques	-	SEN	Peniche A. C.	71	00:18:35	135	00:00:40	25		57		53		01:01:33	00:08:50
83	1221	1033	Pedro Augusto	-	CAD	Clube de Triatlo do Fundão	86	00:19:07	126	00:00:37	96	00:31:47	72		64		01:01:36	00:08:53
84	4520	1015	Vitor Delgado Pereira	-	V2	Clube de Triatlo do Fundão	81	00:18:47	134	00:00:40	102	00:32:07	73		65		01:01:36	00:08:53
85	4136	1018	Filipe Mendes	-	V1	Ateneu Artístico Cartaxense	93	00:19:16	142	00:00:42	43		107		123	00:09:36	01:01:41	00:08:58
86	2005	1022	Gonçalo Oliveira	-	S23	Clube de Natação da Amadora	67	00:18:08	72	00:00:25	126	00:33:38	119	00:00:23	115	00:09:13	01:01:48	00:09:05
87	1187	1010	Pedro Matos	-	CAD	Clube de Triatlo de Almada	100	00:19:26	87	00:00:28	104	00:32:15	55		52		01:01:50	00:09:07

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Corrida	4.800 mt	PT1:	0 mt	Ciclismo:	20.000 mt	PT2:	0 mt	Corrida:	2.400 mt	

Ranking:	CN Clubes Duatlo	Hora de Partida:	11h14
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Lu	Dors	Lic	Nome	PEN	Escal	Nome de clube	P	Corrida	P	PT1	P	Ciclism	P	PT2	P	Corrida	Total	Diff
88	4570	1025	Pedro Marques	-	V3	AMCR Fonte Grada	97	00:19:19	172	00:01:08	93	00:31:40	165	00:00:46	106	00:08:56	01:01:50	00:09:07
89	3168	1013	Pisco	-	SEN	Teleperformance - Os Belenenses	98	00:19:23	143	00:00:42	6		20		19		01:01:53	00:09:10
90	4120	1015	Jose Magalhaes Dias	-	V2	AMCR Fonte Grada	89	00:19:12	114	00:00:33	107	00:32:19	153	00:00:36	116	00:09:14	01:01:56	00:09:13
91	3002	1031	Nuno Seabra	-	SEN	Individual	108	00:19:50	146	00:00:43	42		106		93		01:02:00	00:09:17
92	3360	1034	Frederico Raposo	-	SEN	Alhandra Sporting Club	88	00:19:11	120	00:00:36	106	00:32:18	150	00:00:35	117	00:09:20	01:02:01	00:09:18
93	1526	1011	Diogo Araújo	-	JUN	GDR Manique de Cima	56	00:17:49	43	00:00:21	120	00:33:09	143	00:00:34	138	00:10:13	01:02:07	00:09:24
94	4225	1026	José Amora	-	V2	Núcleo do Sporting da Golegã	87	00:19:09	140	00:00:41	92	00:31:35	170	00:00:56	131	00:09:50	01:02:14	00:09:31
95	4386	1017	Mário Ferreira	-	V1	MOTRINDE - Clube dos Galitos	91	00:19:12	150	00:00:47	99	00:32:03	151	00:00:35	126	00:09:39	01:02:17	00:09:34
96	4105	1010	Mario Pires	-	V1	Clube de Triatlo de Almada	99	00:19:26	104	00:00:31	103	00:32:11	146	00:00:34	145	00:10:29	01:03:13	00:10:30
97	4350	1013	João Góis Gomes	-	V2	Sporting Clube de Portugal	103	00:19:35	105	00:00:31	115	00:32:54	142	00:00:33	129	00:09:46	01:03:22	00:10:39
98	4516	1008	António Madeira	-	V4	Byke Mania - Frankfurt - CPA	85	00:19:05	165	00:00:57	119	00:33:04	54		51		01:03:33	00:10:49
99	3203	1032	Paulo Norton Rodrigues	-	SEN	Teleperformance - Os Belenenses	74	00:18:40	158	00:00:51	124	00:33:36	173	00:01:01	119	00:09:25	01:03:35	00:10:51
100	4898	1034	Abel Flores	-	V3	Individual	79	00:18:44	108	00:00:32	139	00:34:53	9		8		01:03:36	00:10:53
101	4394	1013	Pedro Mega Jorge	-	V2	Teleperformance - Os Belenenses	110	00:19:54	147	00:00:44	7		22		134	00:10:03	01:03:44	00:11:01
102	4048	1010	Miguel Baltazar	-	V1	Peniche A. C.	118	00:20:18	132	00:00:39	26		58		133	00:09:59	01:03:53	00:11:10
103	3474	1017	Pedro Nascimento	-	SEN	Clube 4 Estilos	115	00:20:09	148	00:00:45	33		78		137	00:10:11	01:03:55	00:11:11
104	4428	1022	Artur Miranda	-	V1	Triatlo SUColarese	102	00:19:34	102	00:00:31	118	00:33:00	84		73		01:04:03	00:11:20
105	3803	1011	Jorge Fonseca	-	SEN	GDR Manique de Cima	116	00:20:11	130	00:00:39	123	00:33:28	62		57		01:04:13	00:11:30
106	3696	1024	Pedro Henriques	-	SEN	ADCR Painho - Neovale	112	00:20:03	164	00:00:54	98	00:31:56	13		12		01:04:13	00:11:30
107	4456	1018	Helder Moringa	-	V2	Ateneu Artístico Cartaxense	101	00:19:34	144	00:00:42	34		82		120	00:09:27	01:04:16	00:11:33
108	3677	1015	Rui Lopes Pereira	-	SEN	AMCR Fonte Grada	120	00:20:22	115	00:00:33	101	00:32:03	159	00:00:41	153	00:10:45	01:04:28	00:11:45
109	3381	1028	Nuno Gonçalves	-	SEN	Clube Olímpico de Oeiras	111	00:20:01	76	00:00:26	128	00:33:55	135	00:00:29	122	00:09:36	01:04:28	00:11:45
110	1037	1021	Diogo Silva	-	CAD	FET-Fátima Escola de Triatlo	109	00:19:51	96	00:00:30	110	00:32:33	156	00:00:38	155	00:10:54	01:04:29	00:11:46
111	4070	1035	ricardo pereira	-	V2	Individual	104	00:19:42	149	00:00:46	130	00:34:01	2		2		01:04:33	00:11:50
112	4781	1024	Eduardo Teles	-	V2	AMCR Fonte Grada	125	00:20:46	152	00:00:47	113	00:32:44	154	00:00:38	128	00:09:45	01:04:41	00:11:58
113	4108	1010	Paulo Renato Santos	-	V3	Peniche A. C.	128	00:20:56	80	00:00:26	117	00:32:57	59		54		01:05:01	00:12:18
114	4221	1010	António Vitorino	-	V2	Peniche A. C.	73	00:18:38	95	00:00:30	148	00:35:12	60		55		01:05:01	00:12:18
115	4797	1025	Paulo Reis	-	V2	Triatlo SUColarese	105	00:19:48	123	00:00:37	129	00:33:59	85		74		01:05:26	00:12:43
116	3749	1002	Pedro Rodrigues	-	SEN	Individual	126	00:20:49	113	00:00:33	127	00:33:52	1		1		01:05:57	00:13:14

Data:	01-03-2016	Hora:	11h15	Local:	Cadaval				
Corrida	4.800 mt	PT1:	0 mt	Ciclismo:	20.000 mt	PT2:	0 mt	Corrida:	2.400 mt

Ranking:	CN Clubes Duatlo	Hora de Partida:	11h14
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Lu	Dors	Lic	Nome	PEN	Escal	Nome de clube	P	Corrida	P	PT1	P	Ciclism	P	PT2	P	Corrida	Total	Diff
117	1199	1021	Tomás Cabral	-	CAD	FET-Fátima Escola de Triatlo	132	00:21:06	79	00:00:26	125	00:33:38	129	00:00:27	142	00:10:23	01:06:03	00:13:19
118	3373	1017	Ivo Nogueira	-	SEN	Câmara Lisboa Clube	117	00:20:12	162	00:00:53	132	00:34:17	144	00:00:34	136	00:10:06	01:06:03	00:13:20
119	4738	1023	Rui Almeida	-	V2	Clube Oriental de Lisboa	122	00:20:41	121	00:00:37	131	00:34:02	157	00:00:39	144	00:10:29	01:06:30	00:13:47
120	4072	1002	Renato Inácio	-	V4	ADCR Painho - Neovale	123	00:20:42	175	00:01:17	122	00:33:22	14		13		01:06:32	00:13:49
121	1626	1002	João Inácio	-	JUN	Tri-Oeste	119	00:20:18	154	00:00:48	138	00:34:44	162	00:00:44	132	00:09:58	01:06:33	00:13:50
122	4117	1026	João Narra	-	V2	Clube de Natação da Amadora	92	00:19:15	176	00:01:17	142	00:34:57	91		78		01:06:37	00:13:54
123	4427	1031	Miguel David	-	V2	Individual	106	00:19:48	160	00:00:52	159	00:36:09	6		5		01:07:19	00:14:36
124	4159	1018	Alexandre Ventura	-	V1	Ateneu Artístico Cartaxense	138	00:21:33	54	00:00:22	136	00:34:39	81		71		01:08:01	00:15:18
125	4425	1005	Bruno Silva	-	V1	Individual	131	00:21:06	70	00:00:24	157	00:35:53	5		4		01:08:11	00:15:28
126	4478	1004	Fernando Pombo	-	V5	Teleperformance - Os Belenenses	121	00:20:25	99	00:00:31	152	00:35:41	23		21		01:08:32	00:15:49
127	1209	1033	Ruben Venancio	-	CAD	GCA Donas - TRIATLO	127	00:20:54	26	00:00:20	162	00:36:32	114	00:00:22	147	00:10:34	01:08:44	00:16:01
128	4503	1018	Paulo Calixto	-	V1	Ateneu Artístico Cartaxense	133	00:21:13	163	00:00:54	156	00:35:52	83		72		01:09:19	00:16:36
129	4856	1033	Sergio Prazeres	-	V1	Individual	113	00:20:05	174	00:01:14	164	00:37:14	8		7		01:09:39	00:16:56
130	1044	1021	Francisco Machado	-	CAD	FET-Fátima Escola de Triatlo	150	00:22:56	97	00:00:30	137	00:34:43	111	00:00:21	158	00:11:08	01:09:40	00:16:57
131	3137	1013	Henrique Delgado	-	SEN	TRICAP-Penafirme	140	00:21:39	112	00:00:32	153	00:35:45	147	00:00:34	159	00:11:10	01:09:43	00:16:59
132	1580	1028	Fábio Neto	-	JUN	Clube de Triatlo do Fundão	130	00:21:00	179	00:01:24	151	00:35:31	164	00:00:45	157	00:11:08	01:09:50	00:17:07
133	4189	1006	Carlos Serra	-	V2	AMCR Fonte Grada	145	00:22:38	161	00:00:52	145	00:35:07	74		66		01:10:07	00:17:24
134	4881	1033	Luís Marques	-	V1	Peniche A. C.	114	00:20:08	170	00:01:06	168	00:38:12	61		56		01:10:16	00:17:32
135	4528	1031	Paulo Goulart	-	V2	Individual	144	00:22:26	82	00:00:27	155	00:35:48	134	00:00:29	160	00:11:17	01:10:28	00:17:45
136	1669	1026	Ruben Santos	-	JUN	Clube de Natação da Amadora	161	00:23:50	53	00:00:22	150	00:35:28	148	00:00:34	152	00:10:45	01:11:02	00:18:18
137	3271	1029	Bruno Raimundo	-	SEN	Clube de Natação da Amadora	162	00:23:53	153	00:00:48	143	00:35:00	152	00:00:36	150	00:10:43	01:11:02	00:18:19
138	4485	1022	Luís Fernandes	-	V2	MOTRINDE - Clube dos Galitos	149	00:22:53	109	00:00:32	160	00:36:13	76		67		01:11:33	00:18:49
139	4800	1023	Jose Pedro Freitas	-	V1	Individual	155	00:23:25	155	00:00:48	149	00:35:20	7		6		01:12:17	00:19:34
140	3698	1024	Carlos Batalha	-	SEN	AMCR Fonte Grada	157	00:23:37	169	00:01:02	146	00:35:11	172	00:01:01	169	00:12:10	01:13:03	00:20:20
141	4424	1031	Manuel Gomes	-	V3	Individual	147	00:22:52	171	00:01:07	1		4		164	00:11:38	01:13:24	00:20:40
142	1023	1025	Dinis Pedrosa	-	CAD	Clube de Natação de Rio Maior	153	00:23:03	92	00:00:29	167	00:37:56	116	00:00:22	174	00:12:30	01:14:22	00:21:39
143	4433	1028	Bruno Faria	-	V1	Individual	134	00:21:15	157	00:00:50	173	00:40:44	179	00:19:10	94		01:15:09	00:22:26
144	4890	1033	Augusto Pires	-	V3	Clube Oriental de Lisboa	160	00:23:43	127	00:00:38	165	00:37:26	178	00:01:08	171	00:12:17	01:15:15	00:22:31
145	4432	1015	João Matos	-	V2	Clube de Triatlo do Fundão	175	00:25:22	151	00:00:47	30		71		165	00:11:49	01:15:33	00:22:49

Data:	01-03-2016	Hora:	11h15	Local:	Cadaval				
Corrida	4.800 mt	PT1:	0 mt	Ciclismo:	20.000 mt	PT2:	0 mt	Corrida:	2.400 mt

Ranking:	CN Clubes Duato	Hora de Partida:	11h14
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Lu	Dors	Lic	Nome	PEN	Escal	Nome de clube	P	Corrida	P	PT1	P	Ciclism	P	PT2	P	Corrida	Total	Diff
146	4513	1029	Carlos Pereira	-	V2	Individual	148	00:22:52	133	00:00:39	174	00:40:53	158	00:00:40	163	00:11:30	01:16:35	00:23:52
147	4344	1021	Luis Salvador	-	V1	ADECT	171	00:24:47	166	00:01:00	35		86		176	00:12:52	01:17:41	00:24:58
148	5904	1035	Mário Santana	-	V5	AMICICLO GRÂNDOLA	163	00:24:03	167	00:01:00	172	00:40:29	176	00:01:06	172	00:12:26	01:19:06	00:26:23
149	4666	1022	João Teixeira	-	V4	Clube de Natação da Amadora	172	00:25:06	178	00:01:23	170	00:39:39	174	00:01:02	173	00:12:28	01:19:40	00:26:57
150	4306	1026	Rui Marques dos Santos	-	V1	CNCVG	166	00:24:19	168	00:01:01	176	00:41:39	169	00:00:51	170	00:12:16	01:20:08	00:27:24
151	4023	1008	Francisco Bexiga	-	V4	Byke Mania - Frankfurt - CPA	164	00:24:03	177	00:01:20	178	00:45:12	175	00:01:03	175	00:12:43	01:24:23	00:31:40
152	4409	1015	Francisco Cipriano	-	V5	AMCR Fonte Grada	179	00:30:31	4		32		161	00:00:43	179	00:15:20	01:34:05	00:41:22
	3166	1003	Joao Azevedo	DQ	SEN	Teleperformance - Os Belenenses		00:18:26		00:00:25		00:31:05					00:59:54	00:07:10
	4369	1006	Jorge Andrade	DQ	V3	Alhandra Sporting Club		00:25:11									01:25:47	00:33:04
	3473	1029	Marco Miguel	DQ	SEN	Byke Mania - Frankfurt - CPA		00:16:12		00:00:30		00:29:19					00:54:36	00:01:52
	4188	1010	Luís Martins Pereira	DQ	V3	Peniche A. C.		00:20:04		00:00:44		00:36:01		00:00:43		00:10:33	01:08:06	00:15:23
	4677	1018	Luís Cancela	DQ	V1	Núcleo do Sporting da Golegã		00:16:23		00:00:19		00:29:23					00:55:10	00:02:27
	3174	1001	João Daniel Ferreira	DQ	SEN	Portugal Talentus		00:17:31		00:00:27		00:31:45					00:58:43	00:05:59
	3025	1022	Jorge Barroso	DNS	SEN	Individual												-
	4615	1002	Miguel Lourenço	DNS	V1	Individual												-
	4014	1003	João Santos	DNS	V4	Associação Humanitária de Bombeiros												-
	2150	1004	João Canas	DNS	S23	Teleperformance - Os Belenenses												-
	3356	1006	João Pedro Fulgêncio	DNS	SEN	Teleperformance - Os Belenenses												-
	4400	1013	Paulo Canário	DNS	V2	Teleperformance - Os Belenenses												-
	4115	1005	António Ervideira	DNS	V3	Tri-Oeste												-
	1196	1006	João Gomes Queirós	DNS	CAD	Alhandra Sporting Club												-
	2157	1007	Rafael Domingos	DNS	S23	Sport Lisboa e Benfica												-
	1601	1016	Rodrigo Carvalho	DNS	JUN	Clube de Natação de Torres Novas												-
	1032	1030	Tiago Barbosa	DNS	CAD	Escola Triatlo Santo António Évora												-
	1194	1024	André Lagarto	DNS	CAD	Escola Triatlo Santo António Évora												-
	1193	1030	Marco Calado	DNS	CAD	Escola Triatlo Santo António Évora												-
	3530	1018	José Rodrigues	DNS	SEN	Ateneu Artístico Cartaxense												-
	4793	1018	Paulo Silvestre	DNS	V1	Ateneu Artístico Cartaxense												-
	4859	1015	Rui Belo	DNS	V1	Triatlo SUColarese												-

Data:	01-03-2016	Hora:	11h15	Local:	Cadaval				
Corrida	4.800 mt	PT1:	0 mt	Ciclismo:	20.000 mt	PT2:	0 mt	Corrida:	2.400 mt

Ranking:	CN Clubes Duatlo	Hora de Partida:	11h14
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Lu	Dors	Lic	Nome	PEN	Escal	Nome de clube	P	Corrida	P	PT1	P	Ciclism	P	PT2	P	Corrida	Total	Diff
	1140	1023	Carlos Reis	DNS	CAD	FET-Fátima Escola de Triatlo												-
	1219	1030	Tiago Sousa	DNS	CAD	Clube Triatlo de Abrantes												-
	1632	1033	Alexandre Venancio	DNS	JUN	GCA Donas - TRIATLO												-
	4710	1015	Sérgio Santos	DNS	V1	GCA Donas - TRIATLO												-
	4037	1025	Gary Blesson	DNS	V3	Clube de Condeixa												-
	2003	1029	Diogo Silva	DNS	S23	Rio Maior Triatlo												-