

Data:	04-02-2017	Hora:	14h30	Local:	Torres Vedras					
Corrida	5.000 mt	PT1:	0 mt	Ciclismo:	19.000 mt	PT2:	0 mt	Corrida:	2.500 mt	

Ranking:	CN Clubes	Hora de Partida:	14h44
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Lu	Dors	Lic	Nome	PEN	Escal	Nome de clube	P	Corrida	P	PT1	P	Ciclism	P	PT2	P	Corrida	Total	Diff
1	2021	1011	João Ferreira Pereira	-	S23	Outsystems Olímpico de Oeiras	38	00:14:46	6	00:00:29	3	00:32:14	14	00:00:22	13	00:07:47	00:55:41	
2	2078	1012	André Dias	-	S23	Sporting Clube de Portugal	39	00:14:59	8	00:00:30	2	00:32:01	48	00:00:27	20	00:08:02	00:56:02	00:00:21
3	1523	1008	Miguel Tiago Silva	-	JUN	Outsystems Olímpico de Oeiras	41	00:15:11	12	00:00:32	33	00:32:51	7		7		00:56:38	00:00:56
4	1532	1007	Tiago Pinto	-	JUN	Alhandra Sporting Club	50	00:15:24	14	00:00:32	17	00:32:36	11	00:00:20	12	00:07:46	00:56:40	00:00:58
5	1524	1008	Duarte Brás	-	JUN	Outsystems Olímpico de Oeiras	40	00:15:04	61	00:00:40	29	00:32:49	6		6		00:56:44	00:01:02
6	1215	1016	Ricardo Batista	-	CAD	Clube de Natação de Torres Novas	49	00:15:24	28	00:00:36	19	00:32:37	32	00:00:25	10	00:07:43	00:56:47	00:01:05
7	3400	1008	Marco Costa	-	SEN	Outsystems Olímpico de Oeiras	46	00:15:21	16	00:00:33	23	00:32:44	10	00:00:18	16	00:07:53	00:56:51	00:01:09
8	1541	1008	Francisco Luís	-	JUN	Ludens Machico/Máxima Dinâmica	45	00:15:19	10	00:00:31	26	00:32:46	16	00:00:22	14	00:07:51	00:56:52	00:01:10
9	3882	1036	Nuno Pereira	-	SEN	GCA Donas - TRIATLO	44	00:15:19	80	00:00:42	16	00:32:36	62	00:00:29	11	00:07:45	00:56:52	00:01:10
10	2050	1007	Miguel Fortunato	-	S23	Alhandra Sporting Club	43	00:15:13	66	00:00:40	22	00:32:42	13	00:00:22	17	00:07:54	00:56:53	00:01:11
11	1086	1003	Afonso do Canto	-	CAD	Clube de Natação de Torres Novas	60	00:15:37	15	00:00:32	9	00:32:26	19	00:00:23	19	00:07:58	00:56:58	00:01:16
12	2105	1007	Afonso Feijão	-	S23	Outsystems Olímpico de Oeiras	54	00:15:28	22	00:00:34	20	00:32:39	35	00:00:26	15	00:07:52	00:57:01	00:01:20
13	1088	1016	José Pedro Vieira	-	CAD	Clube de Natação de Torres Novas	48	00:15:24	20	00:00:34	18	00:32:37	18	00:00:23	21	00:08:04	00:57:03	00:01:21
14	1165	1020	Alexandre Ribeiro	-	CAD	Rio Maior Triatlo	61	00:15:37	9	00:00:30	12	00:32:34	51	00:00:27	18	00:07:58	00:57:08	00:01:26
15	2026	1007	Bernardo Portela	-	S23	Outsystems Olímpico de Oeiras	55	00:15:32	21	00:00:34	13	00:32:34	29	00:00:25	22	00:08:08	00:57:14	00:01:33
16	2015	1011	Luis Lopes	-	S23	CNCVG	52	00:15:25	7	00:00:30	28	00:32:46	31	00:00:25	26	00:08:10	00:57:18	00:01:36
17	2114	1004	Hugo Silva Pereira	-	S23	Teleperformance - Os Belenenses	42	00:15:11	42	00:00:38	31	00:32:50	78	00:00:30	28	00:08:17	00:57:28	00:01:46
18	3261	1005	Nuno Preciado	-	SEN	SFRAA TRIATLO	57	00:15:35	101	00:00:45	6	00:32:19	74	00:00:30	29	00:08:19	00:57:29	00:01:47
19	4324	1018	Rui Narigueta	-	V1	Outsystems Olímpico de Oeiras	64	00:15:45	50	00:00:39	7	00:32:19	24	00:00:24	32	00:08:28	00:57:36	00:01:55
20	4149	1010	José Mário Ribeiro	-	V3	Peniche A. C.	73	00:16:02	5	00:00:23	5	00:32:16	91	00:00:31	31	00:08:27	00:57:40	00:01:58
21	1155	1006	André Bôto	-	CAD	Alhandra Sporting Club	51	00:15:25	19	00:00:34	21	00:32:40	22	00:00:24	41	00:08:39	00:57:43	00:02:01
22	3810	1004	Pedro Ribeiro	-	SEN	Outsystems Olímpico de Oeiras	53	00:15:27	30	00:00:36	15	00:32:35	100	00:00:32	36	00:08:32	00:57:44	00:02:02
23	3841	1039	João Bragadeste	-	SEN	CPA	58	00:15:36	143	00:00:57	4	00:32:14	140	00:00:39	30	00:08:25	00:57:53	00:02:11
24	2075	1017	José Cabeça	-	S23	Outsystems Olímpico de Oeiras	59	00:15:36	45	00:00:38	38	00:33:00	43	00:00:27	25	00:08:10	00:57:53	00:02:11
25	3305	1015	Roger Vicente	-	SEN	GCA Donas - TRIATLO	56	00:15:35	56	00:00:39	37	00:32:59	42	00:00:27	33	00:08:29	00:58:10	00:02:28
26	5320	1018	Luís Cancela	-	V1	Núcleo do Sporting da Golegã	68	00:15:57	13	00:00:32	24	00:32:45	45	00:00:27	43	00:08:39	00:58:21	00:02:39
27	3286	1031	João Fonte-Boa	-	SEN	Kainágua	69	00:15:57	113	00:00:47	11	00:32:31	127	00:00:37	34	00:08:30	00:58:24	00:02:42
28	1562	1015	Guilherme Pires	-	JUN	Clube de Triatlo do Fundão	67	00:15:46	26	00:00:35	32	00:32:51	39	00:00:27	50	00:08:50	00:58:29	00:02:48
29	4773	1004	Rui Gonçalves	-	V1	AMICICLO GRÁNDOLA	71	00:15:59	102	00:00:45	14	00:32:34	134	00:00:38	44	00:08:40	00:58:39	00:02:57

Data:	04-02-2017	Hora:	14h30	Local:	Torres Vedras					
Corrida	5.000 mt	PT1:	0 mt	Ciclismo:	19.000 mt	PT2:	0 mt	Corrida:	2.500 mt	

Ranking:	CN Clubes	Hora de Partida:	14h44
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Lu	Dors	Lic	Nome	PEN	Escal	Nome de clube	P	Corrida	P	PT1	P	Ciclism	P	PT2	P	Corrida	Total	Diff
30	3608	1013	Nuno Tinoco	-	SEN	A. R. Casaense	47	00:15:23	78	00:00:41	60	00:34:02	21	00:00:24	24	00:08:09	00:58:41	00:02:59
31	3690	1036	Daniel Martins	-	SEN	TRICAP-Penafirme	63	00:15:41	43	00:00:38	55	00:33:44	89	00:00:31	23	00:08:08	00:58:44	00:03:03
32	3412	1004	Rui Dolores	-	SEN	AMICICLO GRÂNDOLA	82	00:16:16	34	00:00:36	8	00:32:23	119	00:00:35	54	00:08:52	00:58:45	00:03:03
33	3141	1008	Luís Fernandes	-	SEN	CPA	78	00:16:12	125	00:00:50	39	00:33:03	75	00:00:30	27	00:08:11	00:58:47	00:03:05
34	3858	1039	João Rodrigues	-	SEN	A. R. Casaense	83	00:16:17	114	00:00:47	40	00:33:03	2		2		00:58:53	00:03:12
35	1204	1013	Diogo Ramos	-	CAD	Associação Naval Amorense	87	00:16:26	53	00:00:39	34	00:32:51	34	00:00:25	35	00:08:31	00:58:55	00:03:13
36	2040	1007	Afonso Garcia	-	S23	Outsystems Olímpico de Oeiras	91	00:16:33	32	00:00:36	25	00:32:46	26	00:00:25	42	00:08:39	00:59:00	00:03:18
37	1178	1006	Diogo Gonçalves	-	CAD	Alhandra Sporting Club	88	00:16:27	35	00:00:36	36	00:32:56	17	00:00:23	38	00:08:37	00:59:01	00:03:19
38	4472	1005	Carlos Fernandes	-	V1	SFRAA TRIATLO	77	00:16:11	99	00:00:44	42	00:33:07	38	00:00:26	37	00:08:34	00:59:04	00:03:23
39	3322	1013	António Fortuna	-	SEN	Teleperformance - Os Belenenses	75	00:16:07	117	00:00:48	41	00:33:03	15	00:00:22	48	00:08:46	00:59:08	00:03:26
40	3824	1030	João Rebelo	-	SEN	Lusitano	76	00:16:11	59	00:00:40	45	00:33:14	71	00:00:29	40	00:08:38	00:59:14	00:03:33
41	3815	1022	Ricardo Rosado	-	SEN	Núcleo do Sporting da Golegã	81	00:16:16	46	00:00:38	43	00:33:08	79	00:00:30	47	00:08:46	00:59:20	00:03:38
42	3105	1013	Joao Fragoso	-	SEN	Teleperformance - Os Belenenses	72	00:16:00	40	00:00:37	50	00:33:23	76	00:00:30	57	00:08:55	00:59:27	00:03:46
43	4471	1010	Rui Firmino	-	V1	SFRAA TRIATLO	85	00:16:25	84	00:00:42	35	00:32:56	98	00:00:32	53	00:08:52	00:59:29	00:03:47
44	2099	1039	Pedro Urbano	-	S23	CNCVG	79	00:16:12	106	00:00:46	44	00:33:12	147	00:00:41	39	00:08:37	00:59:30	00:03:48
45	3704	1010	Nuno Rodrigues	-	SEN	CNCVG	62	00:15:40	17	00:00:33	59	00:33:56	4		4		00:59:30	00:03:49
46	3905	1040	Pedro Trindade	-	SEN	AMICICLO GRÂNDOLA	94	00:16:38	144	00:00:57	10	00:32:27	106	00:00:33	59	00:08:59	00:59:36	00:03:54
47	4786	1025	Rui Galinha	-	V2	Núcleo do Sporting da Golegã	89	00:16:28	85	00:00:42	30	00:32:50	87	00:00:31	63	00:09:07	00:59:39	00:03:58
48	1581	1024	Antonio Barata	-	JUN	GCA Donas - TRIATLO	70	00:15:57	47	00:00:38	49	00:33:20	30	00:00:25	74	00:09:19	00:59:42	00:04:00
49	1084	1013	Tiago Henriques	-	CAD	Associação Naval Amorense	97	00:16:41	24	00:00:34	27	00:32:46	28	00:00:25	86	00:09:28	00:59:56	00:04:14
50	1510	1017	MÍguel Baltazar	-	JUN	Kainágua	66	00:15:46	44	00:00:38	56	00:33:47	81	00:00:30	84	00:09:27	01:00:09	00:04:28
51	2124	1013	João Mansos	-	S23	Associação Naval Amorense	74	00:16:04	36	00:00:37	62	00:34:36	53	00:00:28	45	00:08:44	01:00:29	00:04:47
52	3230	1033	João Jesus	-	SEN	AMICICLO GRÂNDOLA	104	00:16:56	103	00:00:46	51	00:33:32	49	00:00:27	68	00:09:12	01:00:54	00:05:12
53	1190	1025	João Campos	-	CAD	Rio Maior Triatlo	108	00:17:01	31	00:00:36	47	00:33:17	116	00:00:34	81	00:09:24	01:00:54	00:05:12
54	1164	1024	Xavier Adrião	-	CAD	Rio Maior Triatlo	111	00:17:09	51	00:00:39	57	00:33:50	23	00:00:24	56	00:08:55	01:00:59	00:05:17
55	4151	1018	António Calafate	-	V3	Núcleo do Sporting da Golegã	119	00:17:20	55	00:00:39	46	00:33:16	85	00:00:31	72	00:09:15	01:01:03	00:05:21
56	4584	1017	António Ferreira	-	V3	Clube de Condeixa	92	00:16:33	119	00:00:48	58	00:33:55	109	00:00:34	71	00:09:15	01:01:07	00:05:25
57	3904	1040	Ruben Fonseca	-	SEN	AMICICLO GRÂNDOLA	106	00:16:56	62	00:00:40	53	00:33:41	86	00:00:31	80	00:09:21	01:01:10	00:05:29
58	4032	1007	Carlos Gomes	-	V4	Outsystems Olímpico de Oeiras	120	00:17:22	68	00:00:40	52	00:33:38	12	00:00:22	67	00:09:11	01:01:15	00:05:33

Data:	04-02-2017	Hora:	14h30	Local:	Torres Vedras							
Corrida	5.000 mt	PT1:	0 mt	Ciclismo:	19.000 mt	PT2:	0 mt	Corrida:	2.500 mt			
Ranking:	CN Clubes			Hora de Partida:	14h44							

Lu	Dors	Lic	Nome	PEN	Escal	Nome de clube	P	Corrida	P	PT1	P	Ciclism	P	PT2	P	Corrida	Total	Diff
59	3928	1042	Fernando Santos	-	SEN	Clube de Condeixa	90	00:16:29	156	00:01:02	61	00:34:06	145	00:00:40	70	00:09:13	01:01:31	00:05:49
60	4987	1036	Nuno Silva	-	V1	GDR Manique de Cima	112	00:17:10	111	00:00:47	54	00:33:42	141	00:00:39	78	00:09:20	01:01:40	00:05:58
61	1579	1008	Rodrigo Amoreira	-	JUN	GCA Donas - TRIATLO	101	00:16:53	18	00:00:33	71	00:35:07	47	00:00:27	91	00:09:35	01:02:38	00:06:56
62	4448	1002	Sérgio Batalha	-	V2	3B - Clube Triatlo de Benavente	103	00:16:55	127	00:00:51	64	00:34:51	1		1		01:02:49	00:07:07
63	3279	1025	Ivo Pona	-	SEN	CNCVG	115	00:17:11	94	00:00:44	69	00:35:06	123	00:00:36	77	00:09:20	01:02:59	00:07:17
64	5321	1038	MARCO GRILEIRO	-	SEN	Associação Humanitária de Bombeiros	95	00:16:38	176	00:01:10	76	00:35:17	169	00:00:49	62	00:09:06	01:03:02	00:07:20
65	3122	1032	Pedro Fernandes	-	SEN	Lusitano	105	00:16:56	54	00:00:39	92	00:36:14	69	00:00:29	52	00:08:50	01:03:10	00:07:28
66	4397	1001	Carlos Manuel Silva	-	V3	Outsystems Olímpico de Oeiras	114	00:17:11	57	00:00:39	80	00:35:34	152	00:00:43	64	00:09:07	01:03:16	00:07:34
67	1585	1012	Francisco Henriques	-	JUN	Sporting Clube de Portugal	129	00:17:58	11	00:00:31	66	00:34:53	56	00:00:28	82	00:09:24	01:03:17	00:07:35
68	3773	1038	Adriano Luz Domingos	-	SEN	REPSOL TRIATLO	113	00:17:10	153	00:01:00	75	00:35:15	136	00:00:38	69	00:09:12	01:03:17	00:07:36
69	2057	1012	Bernardo Guerra	-	S23	Sporting Clube de Portugal	93	00:16:34	39	00:00:37	93	00:36:15	88	00:00:31	75	00:09:19	01:03:18	00:07:37
70	3856	1039	Igor Castro	-	SEN	A. R. Casaense	98	00:16:42	154	00:01:01	91	00:36:05	70	00:00:29	60	00:09:01	01:03:19	00:07:37
71	1196	1006	João Gomes Queirós	-	CAD	Alhandra Sporting Club	65	00:15:45	38	00:00:37	97	00:36:40	3		3		01:03:22	00:07:40
72	1169	1004	Gonçalo Oliveira	-	CAD	Rio Maior Triatlo	110	00:17:04	23	00:00:34	85	00:35:47	73	00:00:29	93	00:09:37	01:03:34	00:07:53
73	1152	1033	Luís Gomes	-	CAD	Clube de Natação da Amadora	96	00:16:40	91	00:00:43	90	00:36:02	93	00:00:31	97	00:09:40	01:03:39	00:07:57
74	1506	1013	Filipe Santos	-	JUN	Associação Naval Amorense	109	00:17:04	69	00:00:40	82	00:35:41	82	00:00:30	99	00:09:43	01:03:41	00:07:59
75	4354	1015	Vitor Santos	-	V1	TRICAP-Penafirme	117	00:17:18	81	00:00:42	84	00:35:44	72	00:00:29	96	00:09:39	01:03:54	00:08:12
76	4885	1011	Bruno Dias	-	V1	GDR Manique de Cima	125	00:17:49	123	00:00:49	73	00:35:08	124	00:00:36	89	00:09:33	01:03:58	00:08:16
77	3482	1030	Tiago Dias	-	SEN	CNCVG	80	00:16:14	121	00:00:49	100	00:36:56	185	00:00:57	61	00:09:04	01:04:03	00:08:21
78	3029	1022	Sérgio Fajardo	-	SEN	Lusitano	124	00:17:42	49	00:00:39	87	00:35:55	77	00:00:30	88	00:09:29	01:04:17	00:08:35
79	2080	1013	José Luís Virtuoso	-	S23	Associação Naval Amorense	107	00:16:57	37	00:00:37	104	00:37:26	133	00:00:38	46	00:08:45	01:04:25	00:08:43
80	1102	1034	Gonçalo Batista	-	CAD	GDR Manique de Cima	118	00:17:19	118	00:00:48	99	00:36:52	129	00:00:37	49	00:08:49	01:04:26	00:08:45
81	4497	1005	Alexandre Feliz	-	V2	Tri-Oeste	151	00:18:56	52	00:00:39	63	00:34:39	58	00:00:28	100	00:09:47	01:04:31	00:08:50
82	1631	1020	Samuel Agostinho	-	JUN	Outsystems Olímpico de Oeiras	122	00:17:38	27	00:00:35	48	00:33:18	52	00:00:27	185	00:12:35	01:04:36	00:08:54
83	3494	1038	Filipe Marques	-	SEN	Associação Humanitária de Bombeiros	137	00:18:14	142	00:00:57	70	00:35:06	144	00:00:39	98	00:09:41	01:04:39	00:08:58
84	3869	1039	Tiago Ferreira	-	SEN	AMCR Fonte Grada	121	00:17:31	186	00:01:19	78	00:35:26	188	00:01:05	76	00:09:20	01:04:42	00:09:01
85	1136	1004	Rodrigo Pereira	-	CAD	Teleperformance - Os Belenenses	84	00:16:24	100	00:00:45	115	00:38:02	92	00:00:31	65	00:09:07	01:04:50	00:09:09
86	4682	1007	Nuno Tintim	-	V1	AMCR Fonte Grada	126	00:17:50	88	00:00:43	95	00:36:24	61	00:00:29	85	00:09:27	01:04:54	00:09:13
87	4105	1010	Mario Pires	-	V1	Teleperformance - Os Belenenses	100	00:16:48	72	00:00:40	105	00:37:32	128	00:00:37	73	00:09:17	01:04:57	00:09:15

Data:	04-02-2017	Hora:	14h30	Local:	Torres Vedras					
Corrida	5.000 mt	PT1:	0 mt	Ciclismo:	19.000 mt	PT2:	0 mt	Corrida:	2.500 mt	

Ranking:	CN Clubes	Hora de Partida:	14h44
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Lu	Dors	Lic	Nome	PEN	Escal	Nome de clube	P	Corrida	P	PT1	P	Ciclism	P	PT2	P	Corrida	Total	Diff
88	1212	1016	Miguel Moreira	-	CAD	Clube de Natação de Torres Novas	130	00:17:58	87	00:00:42	94	00:36:20	112	00:00:34	92	00:09:37	01:05:13	00:09:31
89	4249	1015	Luís Cipriano	-	V1	AMCR Fonte Grada	153	00:19:02	131	00:00:51	68	00:35:06	102	00:00:32	101	00:09:48	01:05:21	00:09:39
90	4382	1010	Paulo Fonseca	-	V2	Clube Oriental de Lisboa	145	00:18:44	140	00:00:57	72	00:35:07	125	00:00:37	106	00:09:57	01:05:23	00:09:42
91	4148	1006	Pedro Cordeiro	-	V3	Tri-Oeste	146	00:18:45	41	00:00:38	79	00:35:28	103	00:00:32	109	00:10:01	01:05:26	00:09:44
92	4707	1023	Bruno Maia	-	V1	CPA	99	00:16:47	147	00:00:58	119	00:38:14	110	00:00:34	58	00:08:56	01:05:31	00:09:49
93	3674	1006	Pedro Carreira	-	SEN	Tri-Oeste	141	00:18:33	86	00:00:42	83	00:35:43	120	00:00:35	107	00:09:58	01:05:33	00:09:51
94	3789	1027	João Pedro Figueiredo	-	SEN	Tri-Oeste	144	00:18:43	151	00:00:59	77	00:35:23	156	00:00:44	119	00:10:20	01:06:10	00:10:29
95	4225	1026	José Amora	-	V2	Núcleo do Sporting da Golegã	149	00:18:49	146	00:00:58	74	00:35:12	171	00:00:49	120	00:10:21	01:06:11	00:10:29
96	1519	1013	Filipe Marques	-	JUN	Associação Naval Amorense	138	00:18:16	124	00:00:50	86	00:35:48	111	00:00:34	138	00:10:41	01:06:11	00:10:30
97	4230	1018	Rui Baptista	-	V1	Clube de Condeixa	127	00:17:53	159	00:01:03	98	00:36:49	138	00:00:39	102	00:09:51	01:06:17	00:10:35
98	1586	1029	Joaquim Cerqueira	-	JUN	Alhandra Sporting Club	86	00:16:26	48	00:00:39	114	00:38:01	97	00:00:32	146	00:10:54	01:06:33	00:10:51
99	1213	1015	André Rodrigues	-	CAD	Clube de Natação de Torres Novas	158	00:19:14	75	00:00:41	88	00:35:59	67	00:00:29	112	00:10:09	01:06:34	00:10:53
100	1625	1016	Rafael Marques	-	JUN	Clube de Natação de Torres Novas	123	00:17:39	109	00:00:46	118	00:38:11	84	00:00:30	95	00:09:39	01:06:47	00:11:05
101	4662	1031	José Pernas	-	V3	Kainágua	148	00:18:46	192	00:01:30	81	00:35:39	158	00:00:45	113	00:10:12	01:06:54	00:11:12
102	4961	1039	Ricardo Santos	-	V2	CNCVG	176	00:20:08	141	00:00:57	65	00:34:51	118	00:00:35	126	00:10:26	01:06:59	00:11:17
103	3321	1010	Nuno Pinto	-	SEN	SFRAA TRIATLO	132	00:18:01	64	00:00:40	128	00:38:38	9		9		01:07:03	00:11:21
104	2102	1024	Ricardo Sousa	-	S23	GCA Donas - TRIATLO	116	00:17:12	108	00:00:46	137	00:39:10	68	00:00:29	83	00:09:25	01:07:04	00:11:22
105	4781	1024	Eduardo Teles	-	V2	AMCR Fonte Grada	168	00:19:39	181	00:01:14	67	00:35:06	137	00:00:38	124	00:10:25	01:07:04	00:11:23
106	1166	1025	Diogo Serralheiro	-	CAD	Rio Maior Triatlo	140	00:18:19	82	00:00:42	96	00:36:39	57	00:00:28	155	00:11:14	01:07:24	00:11:42
107	4699	1006	João bonito	-	V1	Alhandra Sporting Club	156	00:19:14	172	00:01:09	89	00:36:01	131	00:00:37	122	00:10:23	01:07:25	00:11:44
108	3803	1011	Jorge Fonseca	-	SEN	GDR Manique de Cima	139	00:18:18	98	00:00:44	117	00:38:09	101	00:00:32	105	00:09:56	01:07:42	00:12:00
109	1189	1031	Joao Silva	-	CAD	Rio Maior Triatlo	154	00:19:04	93	00:00:43	107	00:37:42	33	00:00:25	103	00:09:53	01:07:49	00:12:08
110	3801	1001	Bruno Toscano	-	SEN	Clube Oriental de Lisboa	131	00:18:00	126	00:00:51	123	00:38:25	117	00:00:35	116	00:10:17	01:08:08	00:12:26
111	4143	1015	Carlos Pedro	-	V2	Clube Oriental de Lisboa	160	00:19:28	112	00:00:47	101	00:37:03	90	00:00:31	121	00:10:22	01:08:12	00:12:30
112	1170	1025	João Pedro Almeida	-	CAD	GCA Donas - TRIATLO	143	00:18:35	148	00:00:58	120	00:38:16	83	00:00:30	104	00:09:54	01:08:16	00:12:34
113	1578	1030	Rafael Travassos	-	JUN	Clube de Natação da Amadora	102	00:16:54	107	00:00:46	158	00:40:58	108	00:00:33	87	00:09:28	01:08:42	00:13:00
114	3264	1031	Manuel Eliseu	-	SEN	Kainágua	136	00:18:12	115	00:00:47	122	00:38:19	107	00:00:33	143	00:10:49	01:08:43	00:13:01
115	3586	1008	Miguel Carneiro	-	SEN	CPA	147	00:18:46	164	00:01:04	108	00:37:44	130	00:00:37	136	00:10:40	01:08:54	00:13:12
116	3866	1039	Fernando Batista	-	SEN	CPA	128	00:17:57	133	00:00:52	151	00:40:07	142	00:00:39	94	00:09:38	01:09:15	00:13:33

Data:	04-02-2017	Hora:	14h30	Local:	Torres Vedras							
Corrida	5.000 mt	PT1:	0 mt	Ciclismo:	19.000 mt	PT2:	0 mt	Corrida:	2.500 mt			
Ranking:	CN Clubes			Hora de Partida:	14h44							

Lu	Dors	Lic	Nome	PEN	Escal	Nome de clube	P	Corrida	P	PT1	P	Ciclism	P	PT2	P	Corrida	Total	Diff
117	3835	1025	Cláudio Canavilhas	-	SEN	3B - Clube Triatlo de Benavente	155	00:19:11	1		1		96	00:00:32	131	00:10:37	01:09:49	00:14:07
118	4719	1005	Eduardo Ferreira	-	V1	Clube Millenniumbcp	173	00:19:59	165	00:01:04	103	00:37:26	159	00:00:45	145	00:10:53	01:10:09	00:14:28
119	4981	1039	José Farinha	-	V1	Clube Millenniumbcp	172	00:19:59	173	00:01:09	102	00:37:25	165	00:00:47	142	00:10:48	01:10:10	00:14:28
120	4455	1013	António Gouveia	-	V2	TRICAP-Penafirme	163	00:19:31	83	00:00:42	125	00:38:29	157	00:00:44	147	00:10:56	01:10:24	00:14:42
121	1002	1031	Miguel Santos	-	CAD	Sporting Clube de Portugal	142	00:18:34	60	00:00:40	126	00:38:31	27	00:00:25	180	00:12:13	01:10:24	00:14:42
122	4072	1002	Renato Ventura	-	V4	ADCR Painho	171	00:19:55	183	00:01:15	113	00:37:54	183	00:00:56	137	00:10:40	01:10:43	00:15:01
123	4856	1033	Sergio Prazeres	-	V1	Individual	161	00:19:29	167	00:01:06	139	00:39:15	167	00:00:48	110	00:10:05	01:10:45	00:15:04
124	1583	1033	Ruben Venancio	-	JUN	GCA Donas - TRIATLO	169	00:19:45	63	00:00:40	144	00:39:32	105	00:00:33	134	00:10:37	01:11:09	00:15:27
125	1156	1033	Gonçalo Pagou	-	CAD	Clube de Natação da Amadora	134	00:18:10	76	00:00:41	164	00:41:38	60	00:00:28	125	00:10:25	01:11:25	00:15:43
126	4059	1001	Fernando Feijão	-	V5	Clube Millenniumbcp	162	00:19:31	97	00:00:44	124	00:38:26	46	00:00:27	183	00:12:21	01:11:32	00:15:50
127	4260	1031	Ricardo Santos	-	V1	Clube Oriental de Lisboa	159	00:19:20	162	00:01:04	143	00:39:31	170	00:00:49	140	00:10:48	01:11:33	00:15:51
128	4692	1003	João Diogo Cruz	-	V1	Associação Humanitária de Bombeiros	183	00:21:05	139	00:00:56	109	00:37:46	166	00:00:48	164	00:11:41	01:12:18	00:16:37
129	4881	1033	Luís Marques	-	V2	Peniche A. C.	135	00:18:12	174	00:01:09	168	00:42:06	132	00:00:37	115	00:10:16	01:12:21	00:16:40
130	1081	1013	Cristiano José	-	CAD	Associação Naval Amorense	165	00:19:34	110	00:00:47	142	00:39:29	146	00:00:40	167	00:11:51	01:12:22	00:16:40
131	3893	1002	Sidney Rodriguez	-	SEN	Teleperformance - Os Belenenses	177	00:20:09	29	00:00:36	132	00:38:56	160	00:00:46	171	00:11:57	01:12:26	00:16:44
132	4070	1035	ricardo pereira	-	V2	AMCR Fonte Grada	180	00:20:33	160	00:01:04	141	00:39:28	161	00:00:46	133	00:10:37	01:12:30	00:16:48
133	4929	1038	Esmeraldino Sa	-	V1	Associação Naval Amorense	164	00:19:32	169	00:01:07	140	00:39:17	191	00:01:21	154	00:11:13	01:12:31	00:16:49
134	4986	1032	Pedro A. Gomes Ferreira	-	V1	AMCR Fonte Grada	152	00:18:58	171	00:01:08	154	00:40:30	195	00:01:36	118	00:10:19	01:12:33	00:16:51
135	4188	1010	Luís Martins Pereira	-	V4	Peniche A. C.	170	00:19:51	145	00:00:58	150	00:40:05	149	00:00:42	149	00:11:01	01:12:38	00:16:57
136	4189	1006	Carlos Serra	-	V2	Clube Oriental de Lisboa	179	00:20:33	170	00:01:07	130	00:38:55	175	00:00:52	157	00:11:19	01:12:48	00:17:06
137	1564	1025	Dinis Pedrosa	-	JUN	Rio Maior Triatlo	184	00:21:12	65	00:00:40	112	00:37:53	181	00:00:55	177	00:12:11	01:12:52	00:17:10
138	2032	1026	João Marques	-	S23	Clube de Natação da Amadora	174	00:20:02	95	00:00:44	148	00:39:43	104	00:00:33	178	00:12:11	01:13:15	00:17:33
139	3094	1017	Pedro A. Fernandes	-	SEN	Clube Oriental de Lisboa	175	00:20:07	132	00:00:51	145	00:39:35	164	00:00:47	170	00:11:56	01:13:19	00:17:38
140	3677	1015	Rui Lopes Pereira	-	SEN	AMCR Fonte Grada	182	00:20:48	129	00:00:51	116	00:38:07	135	00:00:38	188	00:12:57	01:13:23	00:17:41
141	1082	1031	Gonçalo Rodrigues Sargo	-	CAD	Associação Naval Amorense	150	00:18:56	79	00:00:41	167	00:42:03	113	00:00:34	156	00:11:15	01:13:31	00:17:49
142	4670	1029	António Sousa	-	V1	Lusitano	166	00:19:36	177	00:01:12	166	00:41:59	163	00:00:47	111	00:10:07	01:13:43	00:18:01
143	4214	1015	Pedro Cardador	-	V1	AMCR Fonte Grada	181	00:20:46	185	00:01:17	106	00:37:42	172	00:00:50	191	00:13:06	01:13:44	00:18:02
144	4117	1026	João Narra	-	V2	Clube de Natação da Amadora	157	00:19:14	180	00:01:14	171	00:42:29	151	00:00:43	117	00:10:18	01:13:59	00:18:17
145	4005	1006	José Maçarria	-	V4	Ginásio	167	00:19:38	179	00:01:14	170	00:42:26	168	00:00:49	148	00:10:59	01:15:08	00:19:26

Data:	04-02-2017	Hora:	14h30	Local:	Torres Vedras						
Corrida	5.000 mt	PT1:	0 mt	Ciclismo:	19.000 mt	PT2:	0 mt	Corrida:	2.500 mt		
Ranking:	CN Clubes			Hora de Partida:	14h44						

Lu	Dors	Lic	Nome	PEN	Escal	Nome de clube	P	Corrida	P	PT1	P	Ciclism	P	PT2	P	Corrida	Total	Diff
146	3785	1038	Rui Santos	-	SEN	Associação Naval Amorense	185	00:21:13	163	00:01:04	152	00:40:07	177	00:00:54	168	00:11:52	01:15:12	00:19:30
147	1135	1041	Gonçalo Mendes	-	CAD	Clube Millenniumbcp	133	00:18:10	196	00:02:27	177	00:43:30	192	00:01:21	139	00:10:41	01:16:12	00:20:30
148	4854	1033	Paulo Renato Marques	-	V3	Associação Humanitária de Bombeiros	188	00:21:44	182	00:01:15	169	00:42:06	178	00:00:54	153	00:11:10	01:17:11	00:21:29
149	3271	1029	Bruno Raimundo	-	SEN	Clube de Natação da Amadora	190	00:22:28	168	00:01:06	163	00:41:25	139	00:00:39	169	00:11:53	01:17:33	00:21:52
150	4978	1039	Pedro Raposo	-	V1	Clube Millenniumbcp	178	00:20:24	166	00:01:06	179	00:44:04	155	00:00:43	174	00:12:04	01:18:23	00:22:41
151	1225	1008	Joao Mateus	-	CAD	Outsystems Olímpico de Oeiras	186	00:21:22	138	00:00:56	176	00:43:28	174	00:00:51	175	00:12:05	01:18:44	00:23:02
152	1161	1034	Daniel Serodio	-	CAD	GCA Donas - TRIATLO	192	00:22:57	134	00:00:52	182	00:45:15	148	00:00:42	172	00:11:58	01:21:44	00:26:03
153	3776	1038	Sergio Maquinista	-	SEN	REPSOL TRIATLO	189	00:21:53	150	00:00:59	188	00:46:13	184	00:00:57	165	00:11:48	01:21:52	00:26:10
154	3860	1039	Rui Carreiro	-	SEN	SFRAA TRIATLO	193	00:23:21	188	00:01:24	178	00:43:33	180	00:00:55	190	00:13:06	01:22:20	00:26:38
155	4890	1033	Augusto Pires	-	V3	Clube Oriental de Lisboa	194	00:23:32	149	00:00:59	183	00:45:15	186	00:00:59	193	00:13:25	01:24:11	00:28:29
156	4718	1029	Rui Magalhães	-	V2	Clube Millenniumbcp	187	00:21:42	161	00:01:04	191	00:47:44	179	00:00:55	187	00:12:55	01:24:22	00:28:40
157	4666	1022	João Teixeira	-	V4	Clube de Natação da Amadora	195	00:24:48	190	00:01:26	187	00:46:11	194	00:01:30	195	00:13:51	01:27:47	00:32:06
158	4926	1038	Jorge Boim	-	V1	LXTRIATHLON	191	00:22:43	195	00:02:08	194	00:48:57	196	00:01:42	196	00:13:57	01:29:28	00:33:46
159	4088	1035	Mário Santana	-	V5	AMICICLO GRÂNDOLA	196	00:25:21	194	00:01:31	193	00:48:23	193	00:01:29	194	00:13:44	01:30:29	00:34:47
	3360	1034	Frederico Raposo	DNF	SEN	Alhandra Sporting Club		00:20:01		00:00:52								-
	4409	1015	Francisco Cipriano	DNF	V5	AMCR Fonte Grada		00:30:18		00:01:06		00:54:22		00:00:59				-
	1555	1010	Tiago Fonseca	DNF	JUN	Outsystems Olímpico de Oeiras		00:14:47		00:00:36		00:33:14		00:00:24				-
	3188	1012	Diogo Tarelho Custódio	DNF	SEN	SFRAA TRIATLO		00:17:40		00:00:36								-
	4022	1005	Paulo Teles	DNS	V2	3B - Clube Triatlo de Benavente												-
	4120	1015	Jose Magalhaes Dias	DNS	V2	AMCR Fonte Grada												-
	4347	1001	Miguel Miranda	DNS	V2	AMCR Fonte Grada												-
	3404	1015	Miguel Ramos	DNS	SEN	AMCR Fonte Grada												-
	4093	1028	Sérgio Canário	DNS	V1	AMICICLO GRÂNDOLA												-
	3643	1010	Ricardo Cunha	DNS	SEN	Associação Académica de São Mamede												-
	4841	1032	Pedro Neves	DNS	V3	Clube Millenniumbcp												-
	4710	1015	Sérgio Santos	DNS	V1	GCA Donas - TRIATLO												-
	4546	1038	Jorge Barroso	DNS	V1	Individual												-
	3523	1036	Luis Ferreira	DNS	SEN	Núcleo do Sporting da Golegã												-
	4797	1025	Paulo Reis	DNS	V2	Triatlo SUColarese												-

Data:	04-02-2017	Hora:	14h30	Local:	Torres Vedras				
Corrida	5.000 mt	PT1:	0 mt	Ciclismo:	19.000 mt	PT2:	0 mt	Corrida:	2.500 mt

Ranking:	CN Clubes	Hora de Partida:	14h44
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Lu	Dors	Lic	Nome	PEN	Escal	Nome de clube	P	Corrida	P	PT1	P	Ciclism	P	PT2	P	Corrida	Total	Diff
	3137	1013	Henrique Delgado	DNS	SEN	TRICAP-Penafirme												-