

Data:	11-03-2017	Hora:	15h25	Local:	Vila Real de Santo António				
Natação	750 mt	PT1:	0 mt	Ciclismo:	21.950 mt	PT2:	0 mt	Corrida:	5.000 mt

Ranking:	CN Clubes	Hora de Partida:	15h25
----------	-----------	------------------	-------

Lu	Dors	Lic	Nome	PEN	Escal	Nome de clube	P	Nataçã	P	PT1	P	Ciclism	P	PT2	P	Corrida	Total	Diff
1	3949	1043	Jesus Gomar	-	SEN	BH Porto Triatlo	16	00:09:02	11		11		45	00:00:36	3	00:14:51	00:58:25	
2	3564	1037	Jérémy Quindos	-	SEN	Portugal Talentus	6	00:08:57	31		33		28	00:00:35	4	00:14:57	00:58:34	00:00:08
3	3778	1007	Gil Maia	-	SEN	BH Porto Triatlo	45	00:09:37	10		10		101	00:00:41	5	00:15:00	00:58:39	00:00:13
4	1555	1010	Tiago Fonseca	-	JUN	Outsystems Olímpico de Oeiras	37	00:09:30	27		28		56	00:00:37	6	00:15:01	00:58:41	00:00:16
5	2161	1003	David Luís	-	S23	Portugal Talentus	13	00:09:01	29		31		26	00:00:35	7	00:15:11	00:58:45	00:00:19
6	2133	1043	Luis Ramos	-	S23	BH Porto Triatlo	1	00:08:32	12		12		63	00:00:38	8	00:15:14	00:58:47	00:00:22
7	3873	1008	João Francisco Ferreira	-	SEN	Grupo Desportivo Estoril Praia	34	00:09:25	19		19		31	00:00:35	9	00:15:25	00:59:02	00:00:36
8	1215	1016	Ricardo Batista	-	CAD	Clube de Nataçã de Torres Novas	9	00:08:58	14		14		21	00:00:34	11	00:15:33	00:59:03	00:00:38
9	2149	1002	Pedro Afonso Gaspar	-	S23	Portugal Talentus	3	00:08:40	32		34		29	00:00:35	10	00:15:30	00:59:05	00:00:39
10	2146	1001	Alexandre Nobre	-	S23	Portugal Talentus	11	00:08:59	28		30		27	00:00:35	12	00:15:33	00:59:06	00:00:40
11	2078	1012	André Dias	-	S23	Sporting Clube de Portugal	8	00:08:58	34		36		9	00:00:32	13	00:15:36	00:59:08	00:00:42
12	1524	1008	Duarte Brás	-	JUN	Outsystems Olímpico de Oeiras	29	00:09:19	23		24		3		2		00:59:14	00:00:48
13	3952	1003	Alejandro Cañas	-	SEN	Alhandra Sporting Club	21	00:09:06	2		2		33	00:00:35	14	00:15:37	00:59:18	00:00:52
14	2015	1011	Luis Lopes	-	S23	CNCVG	4	00:08:50	18		18		16	00:00:34	15	00:15:46	00:59:22	00:00:56
15	3968	1003	Diego Paz	-	SEN	Alhandra Sporting Club	14	00:09:02	3		3		49	00:00:37	16	00:15:48	00:59:28	00:01:02
16	1549	1003	Bernardo Aguiar	-	JUN	Sport Lisboa e Benfica	25	00:09:11	33		35		13	00:00:33	18	00:15:59	00:59:30	00:01:04
17	2157	1007	Rafael Domingos	-	S23	Outsystems Olímpico de Oeiras	26	00:09:12	26		27		65	00:00:38	17	00:15:57	00:59:37	00:01:11
18	2026	1007	Bernardo Portela	-	S23	Outsystems Olímpico de Oeiras	20	00:09:05	22		23		19	00:00:34	20	00:16:08	00:59:42	00:01:17
19	1088	1016	José Pedro Vieira	-	CAD	Clube de Nataçã de Torres Novas	15	00:09:02	13		13		8	00:00:32	21	00:16:14	00:59:44	00:01:18
20	2050	1007	Miguel Fortunato	-	S23	Alhandra Sporting Club	32	00:09:24	5		5		24	00:00:34	24	00:16:16	00:59:51	00:01:25
21	2134	1043	Jaime González Buganza	-	S23	Alhandra Sporting Club	5	00:08:51	4		4		37	00:00:36	23	00:16:15	00:59:55	00:01:29
22	2105	1007	Afonso Feijão	-	S23	Outsystems Olímpico de Oeiras	27	00:09:13	20		21		32	00:00:35	25	00:16:18	00:59:57	00:01:32
23	1562	1015	Guilherme Pires	-	JUN	Clube de Triatlo do Fundão	22	00:09:06	15		15		51	00:00:37	27	00:16:19	00:59:58	00:01:33
24	1532	1007	Tiago Pinto	-	JUN	Alhandra Sporting Club	31	00:09:21	7		7		10	00:00:32	32	00:16:38	01:00:05	00:01:39
25	3140	1007	Tiago Maia	-	SEN	BH Porto Triatlo	38	00:09:32	41	00:01:27	40	00:31:59	72	00:00:39	30	00:16:33	01:00:12	00:01:46
26	2028	1008	Diogo Nóbrega	-	S23	ACD Jardim da Serra	24	00:09:08	1		1		46	00:00:36	33	00:16:40	01:00:17	00:01:51
27	2074	1007	Nuno Ribeiro	-	S23	Alhandra Sporting Club	12	00:09:01	6		6		20	00:00:34	38	00:16:55	01:00:27	00:02:02
28	2124	1013	João Mansos	-	S23	Associação Naval Amorense	28	00:09:15	8		8		48	00:00:36	51	00:17:13	01:00:54	00:02:29
29	2040	1007	Afonso Garcia	-	S23	Outsystems Olímpico de Oeiras	17	00:09:03	21		22		66	00:00:38	55	00:17:21	01:01:02	00:02:36

Data:	11-03-2017	Hora:	15h25	Local:	Vila Real de Santo António				
Natação	750 mt	PT1:	0 mt	Ciclismo:	21.950 mt	PT2:	0 mt	Corrida:	5.000 mt

Ranking:	CN Clubes	Hora de Partida:	15h25
----------	-----------	------------------	-------

Lu	Dors	Lic	Nome	PEN	Escal	Nome de clube	P	Nataçã	P	PT1	P	Ciclism	P	PT2	P	Corrida	Total	Diff
30	1523	1008	Miguel Tiago Silva	-	JUN	Outsystems Olímpico de Oeiras	2	00:08:32	25		26		62	00:00:38	58	00:17:34	01:01:08	00:02:42
31	2016	1006	Luís Ferreira	-	S23	Alhandra Sporting Club	36	00:09:28	46	00:01:30	41	00:32:00	25	00:00:34	92	00:18:28	01:02:03	00:03:37
32	2003	1029	Diogo Silva	-	S23	Portugal Talentus	23	00:09:07	30		32		59	00:00:38	62	00:17:40	01:02:23	00:03:58
33	1510	1017	Miguel Baltazar	-	JUN	Kainágua	42	00:09:35	44	00:01:30	63	00:34:37	36	00:00:35	22	00:16:15	01:02:34	00:04:08
34	1086	1003	Afonso do Canto	-	CAD	Clube de Natação de Torres Novas	59	00:09:56	36	00:01:25	49	00:34:13	34	00:00:35	29	00:16:24	01:02:35	00:04:09
35	1187	1010	Pedro Matos	-	CAD	Sporting Clube de Portugal	7	00:08:58	35		37		39	00:00:36	120	00:19:05	01:02:46	00:04:20
36	3744	1025	José Bica	-	SEN	CNCVG	19	00:09:05	17		17		53	00:00:37	80	00:18:14	01:02:55	00:04:29
37	2075	1017	José Cabeça	-	S23	Outsystems Olímpico de Oeiras	55	00:09:48	63	00:01:40	50	00:34:13	55	00:00:37	31	00:16:36	01:02:57	00:04:31
38	5171		Carlos Morales Toledo	-	JUN	Individual	51	00:09:44	70	00:01:42	48	00:34:11	35	00:00:35	34	00:16:46	01:03:00	00:04:35
39	5181		Javier Centeno Nieves	-	SEN	Individual	67	00:10:05	61	00:01:40	42	00:33:52	67	00:00:38	35	00:16:47	01:03:03	00:04:37
40	2128	1008	José Felício	-	S23	Sporting Clube de Portugal	44	00:09:36	38	00:01:25	60	00:34:33	7	00:00:32	43	00:17:05	01:03:14	00:04:48
41	2027	1023	Gonçalo Santos	-	S23	Outsystems Olímpico de Oeiras	10	00:08:59	24		25		102	00:00:41	102	00:18:37	01:03:20	00:04:55
42	1196	1006	João Gomes Queirós	-	CAD	Alhandra Sporting Club	66	00:10:04	52	00:01:35	44	00:34:00	76	00:00:39	41	00:17:03	01:03:23	00:04:57
43	3782	1038	Rafael Ribeiro	-	SEN	Alhandra Sporting Club	30	00:09:20	65	00:01:42	65	00:34:38	15	00:00:33	46	00:17:08	01:03:23	00:04:58
44	3038	1004	Vasco Pessoa	-	SEN	BH Porto Triatlo	53	00:09:45	48	00:01:33	55	00:34:25	131	00:00:44	42	00:17:03	01:03:32	00:05:06
45	1558	1003	Leonardo Aniceto	-	JUN	Sport Lisboa e Benfica	61	00:09:57	37	00:01:25	51	00:34:14	261	00:01:18	37	00:16:51	01:03:46	00:05:21
46	1007	1037	João Chagas	-	CAD	Lusitano FC / Frusol	47	00:09:41	78	00:01:44	54	00:34:23	38	00:00:36	60	00:17:36	01:04:02	00:05:36
47	1165	1020	Alexandre Ribeiro	-	CAD	Rio Maior Triatlo	49	00:09:42	39	00:01:25	57	00:34:28	12	00:00:32	69	00:17:55	01:04:05	00:05:39
48	3282	1010	Márcio das Neves	-	SEN	Peniche A. C.	76	00:10:20	102	00:01:51	98	00:35:10	113	00:00:42	19	00:16:07	01:04:12	00:05:46
49	2088	1002	Miguel Tomé	-	S23	SFRAA TRIATLO	39	00:09:32	82	00:01:45	59	00:34:31	110	00:00:42	63	00:17:41	01:04:13	00:05:47
50	1178	1006	Diogo Gonçalves	-	CAD	Alhandra Sporting Club	48	00:09:41	42	00:01:29	56	00:34:28	18	00:00:34	79	00:18:06	01:04:19	00:05:54
51	3394	1010	Valdo das Neves	-	SEN	Peniche A. C.	79	00:10:31	138	00:02:00	29		4		28	00:16:19	01:04:26	00:06:00
52	4997	1040	Marcus Ornellas	-	V2	Louletano	54	00:09:46	88	00:01:46	45	00:34:02	42	00:00:36	84	00:18:18	01:04:31	00:06:05
53	1551	1008	Frederico Marques	-	JUN	Outsystems Olímpico de Oeiras	50	00:09:43	51	00:01:35	52	00:34:19	75	00:00:39	86	00:18:21	01:04:39	00:06:14
54	1204	1013	Diogo Ramos	-	CAD	Associação Naval Amorense	43	00:09:36	45	00:01:30	58	00:34:31	22	00:00:34	93	00:18:29	01:04:41	00:06:15
55	1184	1006	João Guerra	-	CAD	Alhandra Sporting Club	64	00:10:02	58	00:01:38	43	00:34:00	11	00:00:32	95	00:18:29	01:04:43	00:06:17
56	1164	1024	Xavier Adrião	-	CAD	Rio Maior Triatlo	33	00:09:25	60	00:01:39	62	00:34:37	91	00:00:40	87	00:18:22	01:04:44	00:06:19
57	2080	1013	José Luís Virtuoso	-	S23	Associação Naval Amorense	80	00:10:35	54	00:01:36	107	00:35:14	77	00:00:39	36	00:16:47	01:04:54	00:06:28
58	1205	1021	João Reis	-	CAD	FET-Fátima Escola de Triatlo	95	00:11:09	49	00:01:34	110	00:35:16	44	00:00:36	26	00:16:18	01:04:55	00:06:29

Data:	11-03-2017	Hora:	15h25	Local:	Vila Real de Santo António				
Natação	750 mt	PT1:	0 mt	Ciclismo:	21.950 mt	PT2:	0 mt	Corrida:	5.000 mt

Ranking:	CN Clubes	Hora de Partida:	15h25
----------	-----------	------------------	-------

Lu	Dors	Lic	Nome	PEN	Escal	Nome de clube	P	Nataçã	P	PT1	P	Ciclism	P	PT2	P	Corrida	Total	Diff
59	1631	1020	Samuel Agostinho	-	JUN	Outsystems Olímpico de Oeiras	58	00:09:55	59	00:01:39	46	00:34:03	133	00:00:44	109	00:18:50	01:05:13	00:06:48
60	1076	1006	Afonso Nunes	-	CAD	Alhandra Sporting Club	72	00:10:15	43	00:01:30	133	00:35:37	14	00:00:33	54	00:17:18	01:05:15	00:06:49
61	3161	1010	Miguel Furtado	-	SEN	SFRAA TRIATLO	77	00:10:20	67	00:01:42	118	00:35:22	79	00:00:39	48	00:17:11	01:05:15	00:06:49
62	1102	1034	Gonçalo Batista	-	CAD	GDR Manique de Cima	62	00:09:59	96	00:01:49	134	00:35:39	86	00:00:40	49	00:17:11	01:05:19	00:06:53
63	3342	1014	Rodrigo Baltazar	-	SEN	Grupo Desportivo Estoril Praia	81	00:10:36	62	00:01:40	92	00:35:05	141	00:00:45	52	00:17:14	01:05:22	00:06:56
64	1084	1013	Tiago Henriques	-	CAD	Associação Naval Amorense	35	00:09:25	9		9		127	00:00:44	117	00:19:00	01:05:24	00:06:58
65	4471	1010	Rui Firmino	-	V1	SFRAA TRIATLO	86	00:10:44	98	00:01:49	73	00:34:50	40	00:00:36	56	00:17:24	01:05:25	00:06:59
66	3115	1027	Rafael Batista	-	SEN	Louletano	83	00:10:40	73	00:01:44	83	00:35:02	94	00:00:41	53	00:17:17	01:05:25	00:06:59
67	1588	1027	André Silva	-	JUN	Outsystems Olímpico de Oeiras	65	00:10:02	95	00:01:49	131	00:35:37	143	00:00:45	50	00:17:12	01:05:27	00:07:01
68	3858	1039	João Rodrigues	-	SEN	A. R. Casaense	91	00:11:04	120	00:01:55	81	00:35:01	17	00:00:34	39	00:16:55	01:05:30	00:07:05
69	1633	1003	João Teodoro Lopes	-	JUN	Clube Triatlo de Abrantes	56	00:09:53	57	00:01:38	47	00:34:06	87	00:00:40	129	00:19:13	01:05:32	00:07:06
70	1129	1013	Miguel Silva	-	CAD	CAPGE	70	00:10:12	55	00:01:37	39		6		59	00:17:35	01:05:36	00:07:10
71	3815	1022	Ricardo Rosado	-	SEN	Núcleo do Sporting da Golegã	113	00:11:34	92	00:01:48	61	00:34:35	85	00:00:40	44	00:17:07	01:05:46	00:07:20
72	4711	1016	Marco Sousa	-	V1	Clube de Nataçãõ de Torres Novas	96	00:11:13	47	00:01:32	106	00:35:14	106	00:00:42	45	00:17:08	01:05:50	00:07:24
73	4001	1010	David Caldeirao	-	V1	Louletano	87	00:10:55	53	00:01:36	71	00:34:49	120	00:00:43	70	00:17:56	01:06:01	00:07:35
74	3482	1030	Tiago Dias	-	SEN	CNCVG	88	00:10:57	119	00:01:55	145	00:35:53	60	00:00:38	40	00:16:59	01:06:23	00:07:57
75	1627	1004	Pedro Carlos	-	JUN	SFRAA TRIATLO	84	00:10:40	69	00:01:42	90	00:35:04	61	00:00:38	85	00:18:21	01:06:26	00:08:01
76	1517	1011	Alexandre França	-	JUN	CNCVG	82	00:10:38	85	00:01:45	86	00:35:03	68	00:00:39	90	00:18:25	01:06:33	00:08:07
77	3733	1020	Tiago Cochicho	-	SEN	Triatlo SUColarese	124	00:11:53	80	00:01:45	94	00:35:06	80	00:00:39	47	00:17:10	01:06:35	00:08:09
78	4931	1019	João Mestre	-	V1	Lusitano FC / Frusol	105	00:11:27	76	00:01:44	68	00:34:42	69	00:00:39	75	00:18:02	01:06:35	00:08:09
79	4013	1008	Miguel Fragoso	-	V3	Outsystems Olímpico de Oeiras	102	00:11:21	94	00:01:49	74	00:34:51	195	00:00:53	64	00:17:41	01:06:37	00:08:11
80	1519	1013	Filipe Marques	-	JUN	Associação Naval Amorense	60	00:09:57	150	00:02:03	124	00:35:29	154	00:00:47	88	00:18:25	01:06:42	00:08:16
81	2150	1004	João Canas	-	S23	Teleperformance - Os Belenenses	97	00:11:15	86	00:01:46	77	00:34:56	97	00:00:41	77	00:18:04	01:06:44	00:08:18
82	1611	1043	André Santos	-	JUN	CNATRIL Triatlo	18	00:09:05	16		16		156	00:00:47	67	00:17:53	01:06:44	00:08:18
83	1594	1021	Dinis Andrade	-	JUN	ASSOCIAÇÃO LINCE TRIATHLON	40	00:09:33	112	00:01:53	151	00:36:05	89	00:00:40	106	00:18:45	01:06:58	00:08:32
84	1585	1012	Francisco Henriques	-	JUN	Sporting Clube de Portugal	57	00:09:54	227	00:02:32	79	00:34:59	70	00:00:39	113	00:18:55	01:07:00	00:08:34
85	3566	1035	Juan Lagares	-	SEN	Lusitano FC / Frusol	78	00:10:25	124	00:01:56	20		2		83	00:18:17	01:07:01	00:08:35
86	4151	1018	António Calafate	-	V3	Núcleo do Sporting da Golegã	101	00:11:21	91	00:01:47	72	00:34:49	137	00:00:44	89	00:18:25	01:07:09	00:08:43
87	4786	1025	Rui Galinha	-	V2	Núcleo do Sporting da Golegã	127	00:11:55	99	00:01:49	70	00:34:48	78	00:00:39	72	00:17:57	01:07:10	00:08:44

Data:	11-03-2017	Hora:	15h25	Local:	Vila Real de Santo António					
Natação	750 mt	PT1:	0 mt	Ciclismo:	21.950 mt	PT2:	0 mt	Corrida:	5.000 mt	

Ranking:	CN Clubes	Hora de Partida:	15h25
----------	-----------	------------------	-------

Lu	Dors	Lic	Nome	PEN	Escal	Nome de clube	P	Nataçã	P	PT1	P	Ciclism	P	PT2	P	Corrida	Total	Diff
88	1098	1040	Diogo Pereira	-	CAD	Clube Triatlo de Abrantes	103	00:11:22	122	00:01:56	69	00:34:44	147	00:00:46	97	00:18:33	01:07:23	00:08:57
89	3735	1003	Ricardo Costa	-	SEN	Associação Humanitária de Bombeiros	99	00:11:20	115	00:01:54	67	00:34:41	185	00:00:51	100	00:18:36	01:07:25	00:08:59
90	4321	1006	Luís Duarte	-	V2	Tri-Oeste	121	00:11:45	100	00:01:49	99	00:35:11	132	00:00:44	74	00:18:01	01:07:32	00:09:06
91	1506	1013	Filipe Santos	-	JUN	Associação Naval Amorense	41	00:09:34	40	00:01:26	66	00:34:39	30	00:00:35	201	00:21:22	01:07:38	00:09:12
92	3105	1013	Joao Fragoso	-	SEN	Teleperformance - Os Belenenses	153	00:12:31	109	00:01:52	95	00:35:08	126	00:00:43	57	00:17:26	01:07:43	00:09:17
93	1169	1004	Gonçalo Oliveira	-	CAD	Rio Maior Triatlo	74	00:10:17	89	00:01:47	116	00:35:20	57	00:00:37	145	00:19:40	01:07:43	00:09:18
94	4598	1023	Nuno Mesquita Abreu	-	V1	Associação Académica de São Mamede	139	00:12:13	129	00:01:57	115	00:35:18	100	00:00:41	61	00:17:36	01:07:48	00:09:22
95	1212	1016	Miguel Moreira	-	CAD	Clube de Nataçã de Torres Novas	94	00:11:07	77	00:01:44	102	00:35:11	99	00:00:41	123	00:19:07	01:07:53	00:09:27
96	3799	1005	Fernando Pita	-	SEN	PORTINADO	126	00:11:55	50	00:01:34	105	00:35:13	41	00:00:36	98	00:18:35	01:07:55	00:09:29
97	3433	1014	Igor Guerreiro	-	SEN	Louletano	114	00:11:35	116	00:01:54	108	00:35:15	142	00:00:45	91	00:18:27	01:07:57	00:09:31
98	3162	1019	Carlos Duarte	-	SEN	CCD / INTERMARCHÉ LAGOS	154	00:12:31	72	00:01:43	100	00:35:11	82	00:00:40	68	00:17:54	01:08:01	00:09:35
99	3067	1026	Nuno Neves	-	SEN	Louletano	111	00:11:32	106	00:01:51	113	00:35:17	43	00:00:36	107	00:18:47	01:08:06	00:09:41
100	1079	1012	André Lopes	-	CAD	Associação Naval Amorense	46	00:09:38	66	00:01:42	53	00:34:21	117	00:00:42	211	00:21:41	01:08:07	00:09:41
101	4012	1018	Rui Sousa	-	V2	Núcleo do Sporting da Golegã	135	00:12:07	90	00:01:47	135	00:35:41	105	00:00:42	66	00:17:51	01:08:09	00:09:44
102	1624	1016	Pedro Pencas	-	JUN	Escola Triatlo Santo António Évora	112	00:11:33	79	00:01:45	64	00:34:37	23	00:00:34	144	00:19:40	01:08:10	00:09:44
103	4497	1005	Alexandre Feliz	-	V2	Tri-Oeste	122	00:11:47	83	00:01:45	96	00:35:09	81	00:00:40	118	00:19:01	01:08:23	00:09:58
104	3494	1038	Filipe Marques	-	SEN	Associação Humanitária de Bombeiros	104	00:11:26	173	00:02:09	101	00:35:11	96	00:00:41	116	00:18:59	01:08:29	00:10:03
105	1182	1022	Rafael Mendes	-	CAD	CNCVG	63	00:10:00	74	00:01:44	136	00:35:46	50	00:00:37	172	00:20:23	01:08:31	00:10:05
106	4163	1035	Steve Hyett	-	V4	CCD / INTERMARCHÉ LAGOS	93	00:11:06	128	00:01:57	82	00:35:01	83	00:00:40	150	00:19:47	01:08:33	00:10:07
107	5192		Jesús Rico Ballesteros	-	SEN	Individual	116	00:11:37	147	00:02:03	91	00:35:04	136	00:00:44	121	00:19:06	01:08:36	00:10:10
108	3168	1013	Cristiano Pisco	-	SEN	CPA	120	00:11:43	117	00:01:54	85	00:35:03	123	00:00:43	128	00:19:13	01:08:37	00:10:12
109	4148	1006	Pedro Cordeiro	-	V3	Tri-Oeste	89	00:10:59	81	00:01:45	112	00:35:17	121	00:00:43	154	00:19:57	01:08:42	00:10:17
110	1136	1004	Rodrigo Pereira	-	CAD	Teleperformance - Os Belenenses	68	00:10:06	75	00:01:44	195	00:36:52	107	00:00:42	135	00:19:22	01:08:48	00:10:22
111	4429	1005	Pedro Silva Santos	-	V1	SFRAA TRIATLO	144	00:12:18	180	00:02:12	84	00:35:03	146	00:00:46	96	00:18:31	01:08:51	00:10:25
112	2057	1012	Bernardo Guerra	-	S23	Sporting Clube de Portugal	52	00:09:44	56	00:01:37	202	00:37:26	125	00:00:43	132	00:19:19	01:08:51	00:10:25
113	3101	1013	Nuno Veríssimo	-	SEN	Associação Naval Amorense	133	00:12:06	108	00:01:52	128	00:35:32	179	00:00:51	99	00:18:35	01:08:57	00:10:31
114	3954	1043	Luís Sapatinha	-	SEN	CNATRIL Triatlo	125	00:11:54	204	00:02:22	119	00:35:22	178	00:00:51	94	00:18:29	01:09:00	00:10:34
115	4875	1024	Ricardo Magalhães	-	V1	Bike Clube S. Brás	167	00:12:42	71	00:01:43	87	00:35:03	139	00:00:44	114	00:18:56	01:09:11	00:10:45
116	1217	1021	Alexandre Coimbra	-	CAD	Núcleo do Sporting da Golegã	143	00:12:17	105	00:01:51	122	00:35:27	116	00:00:42	110	00:18:52	01:09:12	00:10:46

Data:	11-03-2017	Hora:	15h25	Local:	Vila Real de Santo António						
Natação	750 mt	PT1:	0 mt	Ciclismo:	21.950 mt	PT2:	0 mt	Corrida:	5.000 mt		

Ranking:	CN Clubes	Hora de Partida:	15h25
----------	-----------	------------------	-------

Lu	Dors	Lic	Nome	PEN	Escal	Nome de clube	P	Nataçã	P	PT1	P	Ciclism	P	PT2	P	Corrida	Total	Diff
117	5169		Antonio Candil	-	SEN	Individual	172	00:12:48	68	00:01:42	89	00:35:04	1		1		01:09:24	00:10:58
118	3821	1039	Nuno Barros	-	SEN	CCD / INTERMARCHÉ LAGOS	142	00:12:15	148	00:02:03	104	00:35:12	135	00:00:44	125	00:19:08	01:09:24	00:10:58
119	3557	1019	David Costa	-	SEN	Lusitano FC / Frusoal	131	00:12:01	175	00:02:10	111	00:35:16	92	00:00:40	130	00:19:15	01:09:24	00:10:58
120	3003	1006	Cesar Andrade	-	SEN	Alhandra Sporting Club	141	00:12:15	118	00:01:55	121	00:35:27	108	00:00:42	124	00:19:07	01:09:27	00:11:01
121	1002	1031	Miguel Santos	-	CAD	Sporting Clube de Portugal	129	00:11:58	101	00:01:51	138	00:35:47	95	00:00:41	127	00:19:12	01:09:31	00:11:05
122	1081	1013	Cristiano José	-	CAD	Associação Naval Amorense	110	00:11:31	136	00:01:59	114	00:35:18	112	00:00:42	158	00:20:03	01:09:35	00:11:10
123	4690	1014	João Valente	-	V1	Louletano	163	00:12:40	133	00:01:58	76	00:34:55	118	00:00:42	134	00:19:22	01:09:39	00:11:14
124	1166	1025	Diogo Serralheiro	-	CAD	Rio Maior Triatlo	71	00:10:15	93	00:01:48	120	00:35:23	71	00:00:39	213	00:21:43	01:09:49	00:11:23
125	4003	1006	João Miguel Nunes	-	V3	Alhandra Sporting Club	164	00:12:40	104	00:01:51	75	00:34:54	148	00:00:46	147	00:19:43	01:09:56	00:11:30
126	1156	1033	Gonçalo Pagou	-	CAD	Clube de Nataçã da Amadora	107	00:11:29	110	00:01:52	123	00:35:28	93	00:00:40	175	00:20:29	01:10:01	00:11:35
127	1189	1031	Joao Silva	-	CAD	Rio Maior Triatlo	155	00:12:32	145	00:02:02	88	00:35:04	104	00:00:41	148	00:19:43	01:10:05	00:11:39
128	4186	1031	José Rui Galvão	-	V2	Grupo Desportivo Estoril Praia	145	00:12:20	193	00:02:17	80	00:35:00	183	00:00:51	143	00:19:40	01:10:09	00:11:43
129	4530	1015	Luís Filipe Valente	-	V2	Clube Oriental de Lisboa	148	00:12:21	166	00:02:07	103	00:35:12	151	00:00:46	146	00:19:43	01:10:11	00:11:45
130	4838	1001	Rodrigo Costa	-	V1	REPSOL TRIATLO	75	00:10:18	225	00:02:32	109	00:35:16	247	00:01:11	191	00:21:03	01:10:22	00:11:56
131	4924	1019	Nuno Norberto	-	V1	Leões do Sul	137	00:12:08	111	00:01:52	127	00:35:31	205	00:00:55	155	00:19:58	01:10:26	00:12:00
132	4400	1013	Paulo Canário	-	V2	Teleperformance - Os Belenenses	117	00:11:40	142	00:02:00	141	00:35:48	157	00:00:47	162	00:20:09	01:10:26	00:12:00
133	4032	1007	Carlos Gomes	-	V4	Outsystems Olímpico de Oeiras	228	00:14:14	97	00:01:49	140	00:35:47	172	00:00:50	65	00:17:48	01:10:30	00:12:04
134	3159	1015	André Jesus	-	SEN	Clube Oriental de Lisboa	212	00:13:47	144	00:02:02	147	00:36:01	145	00:00:46	73	00:18:00	01:10:37	00:12:11
135	1152	1033	Luís Gomes	-	CAD	Clube de Nataçã da Amadora	182	00:13:12	134	00:01:59	191	00:36:42	90	00:00:40	78	00:18:04	01:10:39	00:12:13
136	1133	1041	Gonçalo Pedro	-	CAD	Clube Triatlo de Abrantes	160	00:12:36	123	00:01:56	193	00:36:44	124	00:00:43	104	00:18:40	01:10:40	00:12:14
137	4591	1017	Jorge Figueiredo	-	V2	C F Vilacondense	123	00:11:48	201	00:02:20	117	00:35:21	159	00:00:48	174	00:20:25	01:10:44	00:12:19
138	4562	1020	Luís Rosário	-	V3	GDR Manique de Cima	130	00:12:00	87	00:01:46	144	00:35:51	199	00:00:53	168	00:20:16	01:10:49	00:12:23
139	4495	1010	Paulo Sequeira	-	V2	Peniche A. C.	149	00:12:24	131	00:01:58	97	00:35:10	211	00:00:55	171	00:20:21	01:10:49	00:12:23
140	4708	1017	Luis Alegrias	-	V1	Kainágua	169	00:12:46	199	00:02:18	152	00:36:06	176	00:00:51	108	00:18:49	01:10:52	00:12:26
141	4040	1019	António Raposo	-	V4	O2 Triatlo	161	00:12:36	130	00:01:57	93	00:35:06	226	00:00:59	164	00:20:12	01:10:52	00:12:26
142	3621	1019	Tiago Cristo	-	SEN	Lusitano FC / Frusoal	166	00:12:41	157	00:02:05	179	00:36:30	47	00:00:36	119	00:19:02	01:10:56	00:12:30
143	4954	1030	Rui Silva	-	V1	CCD / INTERMARCHÉ LAGOS	241	00:14:39	161	00:02:05	137	00:35:46	138	00:00:44	71	00:17:57	01:11:13	00:12:47
144	3532	1035	Jorge Sousa	-	SEN	Vela de Tavira	118	00:11:40	188	00:02:15	129	00:35:32	238	00:01:04	181	00:20:42	01:11:16	00:12:50
145	2029	1016	Pedro Vale da Serra	-	S23	Clube de Nataçã de Torres Novas	108	00:11:30	84	00:01:45	126	00:35:31	58	00:00:38	221	00:22:01	01:11:26	00:13:00

Data:	11-03-2017	Hora:	15h25	Local:	Vila Real de Santo António					
Natação	750 mt	PT1:	0 mt	Ciclismo:	21.950 mt	PT2:	0 mt	Corrida:	5.000 mt	

Ranking:	CN Clubes	Hora de Partida:	15h25
----------	-----------	------------------	-------

Lu	Dors	Lic	Nome	PEN	Escal	Nome de clube	P	Nataçã	P	PT1	P	Ciclism	P	PT2	P	Corrida	Total	Diff
146	4936	1020	Joao Antunes	-	V1	Louletano	198	00:13:31	132	00:01:58	170	00:36:21	111	00:00:42	111	00:18:53	01:11:27	00:13:01
147	4723	1019	Vasco Adrião	-	V1	PORTINADO	132	00:12:03	137	00:01:59	125	00:35:31	169	00:00:49	194	00:21:05	01:11:29	00:13:03
148	3840	1014	Tiago Pinho	-	SEN	C F Vilacondense	238	00:14:34	103	00:01:51	157	00:36:07	150	00:00:46	82	00:18:15	01:11:36	00:13:10
149	3789	1027	João Pedro Figueiredo	-	SEN	Tri-Oeste	168	00:12:44	250	00:02:51	168	00:36:19	241	00:01:06	101	00:18:36	01:11:37	00:13:11
150	1085	1037	Filipe Marques	-	CAD	Alhandra Sporting Club	136	00:12:07	107	00:01:52	200	00:37:23	122	00:00:43	140	00:19:32	01:11:38	00:13:12
151	4380	1014	Peter Chester-Browne	-	V2	Bike Clube S. Brás	200	00:13:35	154	00:02:04	160	00:36:10	224	00:00:58	112	00:18:54	01:11:42	00:13:17
152	4055	1006	Jean-Michel VIE	-	V2	Alhandra Sporting Club	180	00:13:09	159	00:02:05	180	00:36:31	109	00:00:42	133	00:19:21	01:11:50	00:13:24
153	3212	1033	Tiago Piedade	-	SEN	FET-Fátima Escola de Triatlo	184	00:13:15	179	00:02:11	174	00:36:24	180	00:00:51	126	00:19:10	01:11:52	00:13:26
154	3148	1027	Filipe Correia	-	SEN	Fc Ferreiras	165	00:12:40	140	00:02:00	198	00:37:13	203	00:00:54	122	00:19:07	01:11:56	00:13:30
155	5174		Francisco Flores Diaz	-	SEN	Individual	147	00:12:21	198	00:02:18	187	00:36:39	163	00:00:48	151	00:19:49	01:11:57	00:13:32
156	3824	1030	João Rebelo	-	SEN	Lusitano	128	00:11:58	251	00:02:52	197	00:36:57	129	00:00:44	138	00:19:28	01:11:59	00:13:34
157	1063	1037	Salvador Lopes	-	CAD	Associação Humanitária de Bombeiros	201	00:13:35	207	00:02:23	189	00:36:41	128	00:00:44	103	00:18:37	01:12:02	00:13:36
158	3490	1033	Nelson Dias	-	SEN	O2 Triatlo	185	00:13:16	196	00:02:18	166	00:36:18	175	00:00:51	131	00:19:18	01:12:02	00:13:36
159	4450	1017	Paulo Carvalhinho	-	V2	Kainágua	158	00:12:35	210	00:02:26	167	00:36:19	220	00:00:58	149	00:19:44	01:12:03	00:13:37
160	5166		Alfonso Perez Prieto	-	SEN	Club Atletismo Ayamonte	175	00:12:58	197	00:02:18	183	00:36:35	165	00:00:49	136	00:19:24	01:12:06	00:13:40
161	1044	1021	Francisco Machado	-	CAD	FET-Fátima Escola de Triatlo	73	00:10:16	191	00:02:17	130	00:35:33	170	00:00:50	240	00:23:24	01:12:21	00:13:55
162	4180	1026	Jorge Gaspar	-	V2	Louletano	159	00:12:35	146	00:02:02	78	00:34:58	196	00:00:53	217	00:21:51	01:12:22	00:13:56
163	4613	1030	Marco Carmo	-	V1	CCD / INTERMARCHÉ LAGOS	170	00:12:47	165	00:02:07	171	00:36:21	202	00:00:54	167	00:20:14	01:12:25	00:13:59
164	4481	1015	Alberto Tadeia	-	V2	Clube de Nataçãõ de Torres Novas	179	00:13:07	170	00:02:08	186	00:36:39	234	00:01:02	137	00:19:27	01:12:25	00:14:00
165	4414	1001	Luís Coelho da Silva	-	V1	REPSOL TRIATLO	232	00:14:23	176	00:02:11	149	00:36:05	237	00:01:04	105	00:18:44	01:12:29	00:14:03
166	5601	1027	Luís Pedro Santos	-	SEN	PORTINADO	152	00:12:30	114	00:01:53	203	00:37:31	103	00:00:41	152	00:19:51	01:12:29	00:14:03
167	3838	1003	Nelson Moreira	-	SEN	Associação Humanitária de Bombeiros	176	00:12:59	153	00:02:03	162	00:36:12	144	00:00:46	177	00:20:34	01:12:35	00:14:10
168	1198	1009	Gonçalo Pereira	-	CAD	Outsystems Olímpico de Oeiras	92	00:11:04	139	00:02:00	204	00:37:34	161	00:00:48	199	00:21:14	01:12:43	00:14:17
169	4062	1014	Carlos Cabrita	-	V5	Louletano	216	00:13:52	171	00:02:08	139	00:35:47	149	00:00:46	163	00:20:10	01:12:45	00:14:20
170	4225	1026	José Amora	-	V2	Núcleo do Sporting da Golegã	173	00:12:53	216	00:02:29	176	00:36:25	222	00:00:58	156	00:19:59	01:12:46	00:14:21
171	3651	1028	Daniel Bettencourt	-	SEN	Associação Académica de São Mamede	189	00:13:23	156	00:02:05	169	00:36:20	130	00:00:44	166	00:20:13	01:12:47	00:14:21
172	1130	1041	Duarte Santos	-	CAD	Clube Triatlo de Abrantes	138	00:12:12	141	00:02:00	206	00:37:41	88	00:00:40	170	00:20:20	01:12:55	00:14:29
173	4725	1023	Ricardo Pina	-	V2	PORTINADO	181	00:13:10	178	00:02:11	185	00:36:39	206	00:00:55	161	00:20:09	01:13:06	00:14:40
174	3231	1028	João Pires	-	SEN	Clube Triatlo de Abrantes	195	00:13:29	162	00:02:06	161	00:36:11	218	00:00:57	173	00:20:24	01:13:09	00:14:43

Data:	11-03-2017	Hora:	15h25	Local:	Vila Real de Santo António						
Natação	750 mt	PT1:	0 mt	Ciclismo:	21.950 mt	PT2:	0 mt	Corrida:	5.000 mt		

Ranking:	CN Clubes	Hora de Partida:	15h25
----------	-----------	------------------	-------

Lu	Dors	Lic	Nome	PEN	Escal	Nome de clube	P	Nataçã	P	PT1	P	Ciclism	P	PT2	P	Corrida	Total	Diff
175	4071	1020	Rui de Oliveira	-	V1	Triatlo SUColarese	100	00:11:21	127	00:01:57	201	00:37:24	186	00:00:51	216	00:21:49	01:13:25	00:14:59
176	1193	1030	Marco Calado	-	CAD	Escola Triatlo Santo António Évora	98	00:11:16	164	00:02:06	207	00:37:58	115	00:00:42	202	00:21:22	01:13:27	00:15:01
177	4504	1005	Miguel Menezes	-	V2	Peniche A. C.	177	00:13:01	152	00:02:03	192	00:36:42	210	00:00:55	186	00:20:52	01:13:36	00:15:10
178	4394	1013	Pedro Mega Jorge	-	V2	Teleperformance - Os Belenenses	171	00:12:47	256	00:02:59	150	00:36:05	219	00:00:57	183	00:20:46	01:13:37	00:15:11
179	3843	1022	Sandro Rodrigues	-	SEN	Vela de Tavira	202	00:13:40	209	00:02:24	38		5		153	00:19:56	01:13:39	00:15:13
180	1051	1006	Daniel Borda d Água	-	CAD	Alhandra Sporting Club	69	00:10:10	64	00:01:41	132	00:35:37	54	00:00:37	257	00:25:38	01:13:45	00:15:19
181	4572	1019	Luís Viegas	-	V3	Lusitano FC / Frusoad	162	00:12:37	149	00:02:03	199	00:37:13	201	00:00:54	198	00:21:08	01:13:57	00:15:32
182	3294	1033	Gonçalo Silva	-	SEN	CCD / INTERMARCHÉ LAGOS	203	00:13:42	158	00:02:05	159	00:36:08	223	00:00:58	193	00:21:04	01:14:00	00:15:34
183	1537	1037	Paulo Rebelo	-	JUN	Lusitano	188	00:13:23	211	00:02:26	155	00:36:07	74	00:00:39	203	00:21:27	01:14:03	00:15:37
184	4612	1030	Jorge Cardoso	-	V1	CCD / INTERMARCHÉ LAGOS	204	00:13:43	160	00:02:05	158	00:36:07	227	00:00:59	196	00:21:07	01:14:03	00:15:38
185	3872	1040	Luís Mealha Martins	-	SEN	SFRAA TRIATLO	242	00:14:56	143	00:02:02	214	00:38:35	64	00:00:38	76	00:18:02	01:14:14	00:15:48
186	3368	1010	Pedro Magalhães	-	SEN	Associação Académica de São Mamede	150	00:12:28	187	00:02:15	188	00:36:39	188	00:00:52	222	00:22:01	01:14:17	00:15:51
187	3055	1032	Gabriel Carvalho	-	SEN	Núcleo do Sporting da Golegã	199	00:13:35	234	00:02:36	175	00:36:25	236	00:01:04	187	00:20:57	01:14:38	00:16:12
188	3360	1034	Frederico Raposo	-	SEN	Alhandra Sporting Club	222	00:13:57	194	00:02:18	163	00:36:16	98	00:00:41	205	00:21:31	01:14:45	00:16:20
189	4805	1031	Luís Guimarães	-	V2	Lusitano FC / Frusoad	236	00:14:34	174	00:02:10	142	00:35:49	166	00:00:49	215	00:21:45	01:15:08	00:16:42
190	3147	1027	Paulo Luz	-	SEN	Fc Ferreiras	230	00:14:16	192	00:02:17	153	00:36:06	182	00:00:51	207	00:21:36	01:15:09	00:16:43
191	1093	1010	Gonçalo Deus	-	CAD	Outsystems Olímpico de Oeiras	85	00:10:43	135	00:01:59	240	00:40:12	160	00:00:48	204	00:21:30	01:15:14	00:16:48
192	3936	1042	Ruben Matos	-	SEN	Clube Triatlo de Abrantes	90	00:11:02	186	00:02:15	229	00:39:24	200	00:00:53	209	00:21:40	01:15:16	00:16:50
193	4581	1005	Bruno Vaz	-	V2	Clube Millenniumbcp	186	00:13:19	270	00:03:18	148	00:36:05	189	00:00:52	212	00:21:42	01:15:17	00:16:51
194	3130	1032	Daniel Castro	-	SEN	C F Vilacondense	226	00:14:03	168	00:02:07	172	00:36:23	181	00:00:51	218	00:21:53	01:15:19	00:16:53
195	1116	1021	Antonio Frazão	-	CAD	FET-Fátima Escola de Triatlo	106	00:11:29	183	00:02:14	251	00:40:37	158	00:00:47	165	00:20:13	01:15:22	00:16:56
196	3467	1030	Joao Jesus	-	SEN	CCD / INTERMARCHÉ LAGOS	214	00:13:49	155	00:02:04	146	00:35:58	134	00:00:44	235	00:22:53	01:15:31	00:17:05
197	4059	1001	Fernando Feijão	-	V5	Clube Millenniumbcp	235	00:14:33	212	00:02:26	211	00:38:23	114	00:00:42	139	00:19:29	01:15:36	00:17:10
198	3312	1023	Mario Santana	-	SEN	Clube do Pessoal EDP	187	00:13:21	236	00:02:38	190	00:36:41	228	00:00:59	220	00:22:00	01:15:42	00:17:16
199	4607	1030	Jorge Bravo	-	V4	CCD / INTERMARCHÉ LAGOS	209	00:13:45	195	00:02:18	184	00:36:37	197	00:00:53	224	00:22:10	01:15:44	00:17:19
200	4596	1038	Pedro Fortunato	-	V1	Clube do Pessoal EDP	264	00:16:13	223	00:02:32	154	00:36:06	265	00:01:21	142	00:19:36	01:15:50	00:17:24
201	4042	1005	João Rita	-	V4	Bike Clube S. Brás	233	00:14:24	181	00:02:12	156	00:36:07	262	00:01:19	219	00:21:59	01:16:01	00:17:36
202	3448	1037	João Cordeiro	-	SEN	GCEAMADORA	243	00:14:58	218	00:02:30	221	00:38:52	119	00:00:43	115	00:18:59	01:16:03	00:17:37
203	4832	1023	Hugo Ferraz	-	V1	PORTINADO	217	00:13:52	228	00:02:32	164	00:36:16	213	00:00:56	229	00:22:26	01:16:04	00:17:38



Data:	11-03-2017	Hora:	15h25	Local:	Vila Real de Santo António					
Natação	750 mt	PT1:	0 mt	Ciclismo:	21.950 mt	PT2:	0 mt	Corrida:	5.000 mt	
Ranking:	CN Clubes			Hora de Partida:	15h25					

Lu	Dors	Lic	Nome	PEN	Escal	Nome de clube	P	Nataçã	P	PT1	P	Ciclism	P	PT2	P	Corrida	Total	Diff
204	4114	1006	Alexandre Rico	-	V1	Alhandra Sporting Club	224	00:14:00	169	00:02:08	177	00:36:26	184	00:00:51	230	00:22:41	01:16:08	00:17:43
205	4521	1015	Rogério Pires	-	V2	Clube de Triatlo do Fundão	265	00:16:19	125	00:01:56	182	00:36:34	167	00:00:49	185	00:20:50	01:16:30	00:18:04
206	4500	1020	Luis Trindade	-	V2	Louletano	218	00:13:53	245	00:02:44	222	00:38:54	208	00:00:55	159	00:20:06	01:16:33	00:18:07
207	4639	1022	Mario Torrinha	-	V2	Vela de Tavira	257	00:15:52	238	00:02:38	178	00:36:26	229	00:01:00	179	00:20:38	01:16:36	00:18:11
208	4508	1022	Vasco Borges	-	V2	A. R. Casaense	196	00:13:30	242	00:02:40	181	00:36:33	194	00:00:53	237	00:23:03	01:16:40	00:18:14
209	3803	1011	Jorge Fonseca	-	SEN	GDR Manique de Cima	239	00:14:36	182	00:02:12	216	00:38:38	140	00:00:45	178	00:20:35	01:16:47	00:18:22
210	1161	1034	Daniel Serodio	-	CAD	GCA Donas - TRIATLO	220	00:13:54	200	00:02:20	173	00:36:23	155	00:00:47	242	00:23:30	01:16:56	00:18:30
211	4546	1038	Jorge Barroso	-	V1	Individual	157	00:12:35	224	00:02:32	194	00:36:50	209	00:00:55	248	00:24:17	01:17:11	00:18:45
212	4141	1035	Hélder Quintino	-	V1	Fc Ferreiras	234	00:14:31	208	00:02:23	217	00:38:44	221	00:00:58	180	00:20:40	01:17:17	00:18:51
213	3512	1036	Joao Pais	-	SEN	ADECT	227	00:14:13	231	00:02:34	213	00:38:34	216	00:00:57	189	00:21:01	01:17:20	00:18:54
214	3428	1010	Diogo Moreira	-	SEN	Associação Académica de São Mamede	109	00:11:31	126	00:01:57	264	00:42:09	162	00:00:48	190	00:21:01	01:17:27	00:19:01
215	4535	1002	Miguel Gaivão	-	V4	Grupo Desportivo Estoril Praia	194	00:13:27	172	00:02:09	236	00:39:56	171	00:00:50	192	00:21:04	01:17:28	00:19:02
216	3194	1032	Rui Jesus	-	SEN	Vela de Tavira	251	00:15:21	121	00:01:56	226	00:39:06	270	00:01:31	141	00:19:34	01:17:29	00:19:03
217	3192	1032	Joao Coelho	-	SEN	ADECT	225	00:14:02	226	00:02:32	220	00:38:49	215	00:00:57	200	00:21:16	01:17:38	00:19:12
218	1225	1008	Joao Mateus	-	CAD	Outsystems Olímpico de Oeiras	115	00:11:37	167	00:02:07	209	00:38:12	168	00:00:49	254	00:24:57	01:17:45	00:19:19
219	4444	1001	Luís Boavida	-	V5	Clube do Pessoal EDP	208	00:13:45	240	00:02:39	196	00:36:53	275	00:01:36	234	00:22:53	01:17:48	00:19:22
220	3143	1032	Henrique Encarnação	-	SEN	PORTINADO	249	00:15:20	113	00:01:53	210	00:38:19	84	00:00:40	208	00:21:37	01:17:50	00:19:24
221	4822	1032	César Rodrigues	-	V1	Lusitano FC / Frusoal	267	00:16:29	163	00:02:06	239	00:40:10	191	00:00:52	81	00:18:14	01:17:52	00:19:27
222	1595	1004	Hugo Cecílio	-	JUN	SFRAA TRIATLO	174	00:12:56	203	00:02:22	244	00:40:18	164	00:00:49	206	00:21:33	01:18:00	00:19:34
223	4699	1006	João bonito	-	V1	Alhandra Sporting Club	244	00:15:00	220	00:02:31	223	00:38:55	204	00:00:54	184	00:20:47	01:18:08	00:19:42
224	4026	1011	Rui Medina	-	V2	Bike Clube S. Brás	263	00:16:13	248	00:02:47	218	00:38:44	207	00:00:55	157	00:20:00	01:18:41	00:20:15
225	4341	1036	Luis Carvalho	-	V2	Lusitano	223	00:13:58	202	00:02:21	165	00:36:18	225	00:00:59	255	00:25:08	01:18:45	00:20:19
226	4235	1026	João Barroso	-	V3	Lusitano FC / Frusoal	237	00:14:34	189	00:02:15	215	00:38:36	212	00:00:56	228	00:22:25	01:18:48	00:20:22
227	1171	1028	Diogo Mota	-	CAD	Escola Triatlo Santo António Évora	151	00:12:30	151	00:02:03	205	00:37:38	187	00:00:52	261	00:25:57	01:19:01	00:20:35
228	3193	1032	Eduardo Afonso	-	SEN	ADECT	191	00:13:25	215	00:02:29	232	00:39:37	153	00:00:47	231	00:22:46	01:19:06	00:20:41
229	1004	1004	Pedro Passos	-	CAD	SFRAA TRIATLO	146	00:12:20	177	00:02:11	266	00:42:21	52	00:00:37	210	00:21:40	01:19:11	00:20:45
230	4199	1014	Conceição	-	V3	Louletano	246	00:15:11	190	00:02:15	245	00:40:19	152	00:00:46	182	00:20:43	01:19:18	00:20:52
231	3155	1027	André Sousa	-	SEN	Clube de Nataçãõ de Torres Novas	140	00:12:14	229	00:02:33	252	00:40:50	240	00:01:05	233	00:22:50	01:19:34	00:21:09
232	4670	1029	António Sousa	-	V1	Lusitano	255	00:15:46	230	00:02:33	248	00:40:27	174	00:00:50	160	00:20:07	01:19:45	00:21:19



Data:	11-03-2017	Hora:	15h25	Local:	Vila Real de Santo António						
Natação	750 mt	PT1:	0 mt	Ciclismo:	21.950 mt	PT2:	0 mt	Corrida:	5.000 mt		

Ranking:	CN Clubes	Hora de Partida:	15h25
----------	-----------	------------------	-------

Lu	Dors	Lic	Nome	PEN	Escal	Nome de clube	P	Nataçã	P	PT1	P	Ciclism	P	PT2	P	Corrida	Total	Diff
233	4643	1038	José Arede	-	V2	Clube do Pessoal EDP	231	00:14:22	263	00:03:11	242	00:40:16	279	00:01:53	169	00:20:17	01:20:01	00:21:35
234	3737	1038	Jose Cruz	-	SEN	Clube do Pessoal EDP	213	00:13:49	254	00:02:57	143	00:35:50	267	00:01:25	267	00:26:30	01:20:32	00:22:06
235	4969	1038	Hugo Durão	-	V1	Vela de Tavira	260	00:16:00	258	00:03:02	219	00:38:48	243	00:01:07	214	00:21:44	01:20:44	00:22:18
236	4498	1029	João Galhordas	-	V2	Associação Humanitária de Bombeiros	215	00:13:51	274	00:03:32	243	00:40:17	245	00:01:10	223	00:22:05	01:20:56	00:22:30
237	1143	1021	André Matos	-	CAD	Clube Triatlo de Abrantes	193	00:13:26	213	00:02:27	233	00:39:40	173	00:00:50	251	00:24:31	01:20:57	00:22:31
238	4415	1028	Paulo Freire	-	V1	Núcleo do Sporting da Golegã	229	00:14:15	222	00:02:31	237	00:40:04	190	00:00:52	241	00:23:29	01:21:13	00:22:47
239	3367	1027	Carlos P Matos	-	SEN	Alhandra Sporting Club	134	00:12:06	184	00:02:14	224	00:38:58	259	00:01:17	270	00:26:41	01:21:18	00:22:52
240	5763	1029	Sérgio Viegas	-	V1	Bike Clube S. Brás	262	00:16:07	253	00:02:57	235	00:39:50	253	00:01:14	197	00:21:08	01:21:18	00:22:52
241	4622	1030	Américo Sequeira	-	V4	CCD / INTERMARCHÉ LAGOS	273	00:16:56	217	00:02:30	238	00:40:05	73	00:00:39	195	00:21:07	01:21:19	00:22:53
242	4831	1029	Paulo Duarte	-	V1	PORTINADO	269	00:16:40	185	00:02:14	249	00:40:36	193	00:00:52	188	00:20:59	01:21:25	00:22:59
243	4854	1033	Paulo Renato Marques	-	V3	Associação Humanitária de Bombeiros	252	00:15:26	271	00:03:20	225	00:39:05	256	00:01:15	225	00:22:18	01:21:26	00:23:00
244	3666	1024	Vítor Pimenta	-	SEN	Vela de Tavira	254	00:15:40	243	00:02:42	231	00:39:34	248	00:01:11	226	00:22:23	01:21:33	00:23:07
245	4830	1032	Carlos Gomes	-	V3	PORTINADO	245	00:15:03	206	00:02:23	247	00:40:24	239	00:01:04	239	00:23:16	01:22:12	00:23:46
246	4002	1035	José Faustino	-	V2	PORTINADO	156	00:12:32	246	00:02:45	208	00:38:09	246	00:01:11	276	00:27:37	01:22:16	00:23:50
247	4050	1031	Paulo Leite	-	V2	Grupo Desportivo Estoril Praia	219	00:13:53	214	00:02:28	255	00:41:34	242	00:01:07	243	00:23:32	01:22:36	00:24:10
248	3922	1042	João Virtuoso	-	SEN	Vela de Tavira	206	00:13:43	265	00:03:12	212	00:38:33	263	00:01:19	260	00:25:56	01:22:45	00:24:19
249	4712	1023	Alexandre Vargas	-	V3	Leões do Sul	197	00:13:31	280	00:04:04	230	00:39:33	278	00:01:48	245	00:23:50	01:22:48	00:24:22
250	4823	1032	Luís Cruz	-	V1	Lusitano FC / Frusoal	259	00:16:00	268	00:03:17	241	00:40:13	266	00:01:21	227	00:22:25	01:23:18	00:24:52
251	1573	1021	Rodrigo Neves	-	JUN	FET-Fátima Escola de Triatlo	183	00:13:13	241	00:02:39	234	00:39:42	198	00:00:53	273	00:26:51	01:23:19	00:24:53
252	4189	1006	Carlos Serra	-	V2	Clube Oriental de Lisboa	261	00:16:06	247	00:02:46	250	00:40:37	231	00:01:01	238	00:23:03	01:23:35	00:25:09
253	4346	1015	Jorge Carreiras	-	V3	Clube Oriental de Lisboa	258	00:15:54	267	00:03:14	246	00:40:23	249	00:01:12	232	00:22:50	01:23:35	00:25:09
254	4620	1043	Gregor Möller	-	V2	PORTINADO	253	00:15:35	239	00:02:39	256	00:41:35	230	00:01:00	236	00:22:55	01:23:46	00:25:21
255	4601	1001	Jose Alberto	-	V5	Lusitano FC / Frusoal	250	00:15:20	266	00:03:13	227	00:39:14	273	00:01:33	250	00:24:30	01:23:53	00:25:27
256	3785	1038	Rui Santos	-	SEN	Associação Naval Amorense	272	00:16:56	233	00:02:36	228	00:39:18	251	00:01:14	246	00:24:13	01:24:19	00:25:53
257	3875	1040	Telmo Barros	-	SEN	Associação Académica de São Mamede	211	00:13:47	260	00:03:05	262	00:42:01	258	00:01:16	247	00:24:16	01:24:28	00:26:02
258	3513	1038	Edson Oliveira	-	SEN	Clube do Pessoal EDP	275	00:17:02	275	00:03:34	263	00:42:03	264	00:01:20	176	00:20:32	01:24:32	00:26:07
259	1150	1041	Filipe Matos	-	CAD	Clube Triatlo de Abrantes	192	00:13:26	232	00:02:36	261	00:41:54	214	00:00:57	263	00:25:59	01:24:54	00:26:28
260	4211	1035	Jayme Junior	-	V3	Lusitano FC / Frusoal	221	00:13:56	272	00:03:24	254	00:41:30	255	00:01:15	256	00:25:09	01:25:15	00:26:49
261	4493	1002	Amilcar Almeida	-	V3	Associação Humanitária de Bombeiros	190	00:13:24	261	00:03:08	267	00:43:00	257	00:01:16	253	00:24:42	01:25:31	00:27:06

Data:	11-03-2017	Hora:	15h25	Local:	Vila Real de Santo António						
Natação	750 mt	PT1:	0 mt	Ciclismo:	21.950 mt	PT2:	0 mt	Corrida:	5.000 mt		

Ranking:	CN Clubes	Hora de Partida:	15h25
----------	-----------	------------------	-------

Lu	Dors	Lic	Nome	PEN	Escal	Nome de clube	P	Nataçã	P	PT1	P	Ciclism	P	PT2	P	Corrida	Total	Diff
262	4241	1040	André Lima Cabrita	-	V1	Lusitano FC / Frusoal	205	00:13:43	205	00:02:22	258	00:41:36	260	00:01:18	271	00:26:49	01:25:51	00:27:25
263	3298	1033	Luis Catarino	-	SEN	CCD / INTERMARCHÉ LAGOS	240	00:14:37	219	00:02:31	257	00:41:36	232	00:01:01	265	00:26:12	01:25:58	00:27:32
264	3526	1038	Filipe Santos	-	SEN	Clube do Pessoal EDP	207	00:13:44	244	00:02:44	268	00:43:04	177	00:00:51	258	00:25:42	01:26:07	00:27:41
265	3615	1035	Pedro Gandola	-	SEN	Lusitano FC / Frusoal	119	00:11:42	278	00:03:48	277	00:45:38	192	00:00:52	252	00:24:34	01:26:36	00:28:10
266	5167		Javier Gamez Masrtin	-	V2	Club Atletismo Ayamonte	210	00:13:47	221	00:02:31	253	00:41:22	233	00:01:01	277	00:28:17	01:26:59	00:28:33
267	3860	1039	Rui Carreiro	-	SEN	SFRAA TRIATLO	278	00:18:05	257	00:03:02	260	00:41:46	274	00:01:34	262	00:25:57	01:30:26	00:32:01
268	4795	1025	Mário Jesus	-	V1	Triatlo SUColarese	247	00:15:19	249	00:02:48	276	00:45:22	244	00:01:08	264	00:26:10	01:30:49	00:32:24
269	4666	1022	João Teixeira	-	V4	Clube de Nataçã da Amadora	178	00:13:05	276	00:03:34	272	00:44:34	254	00:01:15	278	00:28:35	01:31:04	00:32:38
270	5764	1039	Vitor Paulo	-	V1	Clube Oriental de Lisboa	266	00:16:28	262	00:03:10	270	00:43:24	276	00:01:41	266	00:26:20	01:31:04	00:32:38
271	4852	1033	Francisco Sanches-Osório	-	V3	Associação Humanitária de Bombeiros	279	00:18:26	279	00:03:52	269	00:43:23	272	00:01:33	249	00:24:21	01:31:37	00:33:11
272	4979	1039	Ricardo Mendes	-	V1	Clube Millenniumbcp	256	00:15:49	259	00:03:04	275	00:45:21	277	00:01:47	259	00:25:44	01:31:47	00:33:21
273	4760	1024	João Belchior	-	V4	Kainágua	268	00:16:29	264	00:03:11	273	00:44:36	235	00:01:03	268	00:26:30	01:31:51	00:33:25
274	4183	1035	Paulo Geadas	-	V2	O2 Triatlo	270	00:16:45	235	00:02:38	280	00:47:34	269	00:01:30	244	00:23:37	01:32:06	00:33:40
275	4467	1042	Carlos Morgado	-	V3	Clube do Pessoal EDP	274	00:17:00	277	00:03:45	265	00:42:13	280	00:02:17	272	00:26:49	01:32:07	00:33:41
276	3730	1038	Osvaldo Coutinho	-	SEN	Associação Académica de São Mamede	271	00:16:53	252	00:02:55	271	00:44:30	252	00:01:14	274	00:27:21	01:32:55	00:34:30
277	4123	1018	Rui Ferreira	-	V2	SFRAA TRIATLO	277	00:17:49	273	00:03:29	259	00:41:39	271	00:01:31	279	00:29:30	01:33:59	00:35:33
278	4370	1014	Ulisses Lopes	-	V1	C F Vilacondense	248	00:15:20	255	00:02:57	274	00:44:41	268	00:01:27	280	00:30:58	01:35:25	00:36:59
279	4175	1016	Joaquim Rosado	-	V2	Kainágua	276	00:17:47	269	00:03:17	278	00:46:25	250	00:01:12	275	00:27:25	01:36:08	00:37:42
280	3056	1026	Marco Santos	-	SEN	Louletano	280	00:19:02	237	00:02:38	279	00:47:05	217	00:00:57	269	00:26:31	01:36:16	00:37:50
	2114	1004	Hugo Silva Pereira	DQ	S23	Teleperformance - Os Belenenses	39	00:09:33	44	00:01:30	66	00:34:41	84	00:00:40	43	00:17:04	01:03:29	00:05:03
	1155	1006	André Bôto	DNF	CAD	Alhandra Sporting Club		00:09:46		00:01:32		00:34:19		00:00:35				-
	1082	1031	Gonçalo Rodrigues Sargo	DNF	CAD	Associação Naval Amorense		00:11:36		00:02:17		00:42:31		00:00:49				-
	2131	1042	Sam Dickinson	DNF	S23	BH Porto Triatlo		00:08:52						00:01:42				-
	1578	1030	Rafael Travassos	DNF	JUN	Clube de Nataçã da Amadora		00:11:59		00:02:06								-
	3037	1026	Joaquim Potes	DNF	SEN	Kainágua		00:12:56		00:02:41								-
	3064	1031	Fábio Munhoz	DNF	SEN	Lusitano FC / Frusoal		00:12:15		00:02:30								-
	3837	1019	Nelson Mestre	DNF	SEN	Lusitano FC / Frusoal		00:11:08		00:01:37		00:35:36		00:00:34				-
	4804	1031	Nuno Alves	DNF	V2	Lusitano FC / Frusoal		00:13:49		00:02:45		00:41:34						-
	3027	1008	Fábio Azinheirinha	DNF	SEN	Outsystems Olímpico de Oeiras		00:09:40		00:01:43		00:34:22		00:00:46				-

Data:	11-03-2017	Hora:	15h25	Local:	Vila Real de Santo António					
Natação	750 mt	PT1:	0 mt	Ciclismo:	21.950 mt	PT2:	0 mt	Corrida:	5.000 mt	
Ranking:	CN Clubes			Hora de Partida:	15h25					

Lu	Dors	Lic	Nome	PEN	Escal	Nome de clube	P	Nataçã	P	PT1	P	Ciclism	P	PT2	P	Corrida	Total	Diff
	2106	1008	Pedro Movilha Silva	DNF	S23	Outsystems Olímpico de Oeiras		00:09:43		00:01:40								-
	1190	1025	João Campos	DNF	CAD	Rio Maior Triatlo		00:10:42		00:01:41		00:34:58		00:00:43				-
	4133	1035	Inácio Faísca	DNS	V1	A. R. Casaense												-
	4072	1002	Renato Ventura	DNS	V4	ADCR Painho / Pão de Ló Ti Piedade,												-
	1621	1038	David Santos	DNS	JUN	Associação Académica de São Mamede												-
	1598	1026	João Viana	DNS	JUN	CCD / INTERMARCHÉ LAGOS												-
	4283	1017	Josué Oliveira	DNS	V1	Clube dos Galitos												-
	3224	1017	Luís Sousa	DNS	SEN	Clube dos Galitos												-
	3877	1040	Marco Ferreira	DNS	SEN	Clube dos Galitos												-
	4231	1029	Paulo barradas	DNS	V2	Clube dos Galitos												-
	3006	1017	Ricardo França	DNS	SEN	Clube dos Galitos												-
	4260	1031	Ricardo Santos	DNS	V1	Clube Oriental de Lisboa												-
	1138	1024	Guilherme Henriques	DNS	CAD	Clube Triatlo de Abrantes												-
	1194	1024	André Lagarto	DNS	CAD	Escola Triatlo Santo António Évora												-
	1095	1030	Pedro Lagarto	DNS	CAD	Escola Triatlo Santo António Évora												-
	1032	1030	Tiago Barbosa	DNS	CAD	Escola Triatlo Santo António Évora												-
	3547	1030	Rui Pimenta	DNS	SEN	Fc Ferreiras												-
	5176		Francisco Marañon Abreu	DNS	V1	Individual												-
	4571	1019	Amândio Norberto	DNS	V5	Leões do Sul												-
	1094	1030	Rodrigo Cunha	DNS	CAD	Lusitano												-
	4553	1037	Vitor Cunha	DNS	V2	Lusitano												-
	4252	1027	Mario Rolla	DNS	V2	Lusitano FC / Frusoal												-
	4658	1005	Pedro Rodrigues	DNS	V1	PORTINADO												-
	3332	1019	Tomas Metcalfe	DNS	SEN	PORTINADO												-