

Local da Prova: **Sabugal**

 Data: **03/06/2017**

 Hora da Partida: **15:15:00**

 Distancias: Natação - 1.500m (2 voltas)
Ciclismo - 40.000m (2 voltas)
Corrida - 10.000m (4 voltas)

### Classificações Absolutos Masculinos

#	Lic.	Dors.	Nome	Esc.	Equipa	Natação	T1	Ciclismo	T2	Corrida	T.Total	Diff.
1	100235	2149	Pedro Afonso Gaspar	S23	Portugal Talentus	00:16:57	00:00:50	01:01:37	00:00:31	00:34:15	01:54:10	00:00:00
2	104311	2133	Luis Ramos	S23	BH Porto Triatlo	00:16:56	00:00:49	01:01:38	00:00:26	00:34:29	01:54:18	00:00:08
3	102658	6122	Antonio Benito	S23	Portugal Talentus	00:17:30	00:00:44	01:03:47	00:00:25	00:33:11	01:55:37	00:01:27
4	100104	2146	Alexandre Nobre	S23	Portugal Talentus	00:17:18	00:00:46	01:03:53	00:00:27	00:33:40	01:56:04	00:01:54
5	101733	3757	Pedro Laginha Palma	SEN	Alhandra Sporting Club	00:17:30	00:00:44	01:03:46	00:00:29	00:33:57	01:56:26	00:02:16
6	100780	2157	Rafael Domingos	S23	Outsystems Olímpico de Oeiras	00:17:34	00:00:46	01:03:38	00:00:25	00:34:44	01:57:07	00:02:57
7	100813	3873	João Francisco Ferreira	SEN	Estoril Praia Fisiogaspar	00:17:50	00:00:48	01:04:33	00:00:27	00:34:32	01:58:10	00:04:00
8	104532	1503	Javi Lluch	JUN	BH Porto Triatlo	00:17:19	00:00:52	01:03:47	00:00:25	00:35:57	01:58:20	00:04:10
9	100705	2074	Nuno Ribeiro	S23	Alhandra Sporting Club	00:17:27	00:00:47	01:03:48	00:00:28	00:36:21	01:58:51	00:04:41
10	100783	3140	Tiago Maia	SEN	BH Porto Triatlo	00:17:24	00:00:48	01:03:46	00:00:28	00:37:49	02:00:15	00:06:05
11	102923	2003	Diogo Silva	S23	Portugal Talentus	00:17:33	00:00:51	01:04:46	00:00:29	00:37:33	02:01:12	00:07:02
12	101753	2075	José Cabeça	S23	Outsystems Olímpico de Oeiras	00:18:15	00:00:47	01:04:11	00:00:29	00:37:58	02:01:40	00:07:30
13	100693	2016	Luís Ferreira	S23	Alhandra Sporting Club	00:17:34	00:00:46	01:04:52	00:00:25	00:39:26	02:03:03	00:08:53
14	100857	2028	Diogo Nóbrega	S23	ACD Jardim da Serra	00:18:24	00:00:51	01:09:46	00:00:32	00:37:18	02:06:51	00:12:41
15	100840	2106	Pedro Movilha Silva	S23	Outsystems Olímpico de Oeiras	00:19:00	00:00:51	01:09:30	00:00:28	00:39:49	02:09:38	00:15:28
16	101174	2015	Luis Lopes	S23	CNCVG	00:17:52	00:00:41	01:10:42	00:00:27	00:40:15	02:09:57	00:15:47
17	101325	2080	José Luís Virtuoso	S23	Associação Naval Amorense	00:21:06	00:00:54	01:11:08	00:00:29	00:37:15	02:10:52	00:16:42
18	101264	3188	Diogo Tarelho Custódio	SEN	SFRAA TRIATLO	00:20:04	00:00:53	01:12:08	00:00:30	00:37:18	02:10:53	00:16:43
19	101520	3127	Tiago Lobo	SEN	Mc Donald's/Tribraga	00:22:11	00:01:00	01:10:00	00:00:35	00:37:46	02:11:32	00:17:22
20	101309	1519	Filipe Marques	JUN	Associação Naval Amorense	00:18:40	00:01:00	01:09:37	00:00:31	00:42:39	02:12:27	00:18:17
21	101010	3704	Nuno Rodrigues	SEN	CNCVG	00:20:08	00:00:51	01:12:07	00:00:29	00:39:07	02:12:42	00:18:32
22	100591	4429	Pedro Silva Santos	V1	SFRAA TRIATLO	00:23:06	00:01:20	01:08:43	00:00:45	00:40:20	02:14:14	00:20:04
23	101619	4711	Marco Sousa	V1	Clube de Natação de Torres Novas	00:22:59	00:00:55	01:09:15	00:00:37	00:40:29	02:14:15	00:20:05
24	100607	4321	Luís Duarte	V2	Tri-Oeste	00:23:00	00:01:00	01:09:07	00:00:35	00:40:47	02:14:29	00:20:19
25	100570	4472	Carlos Fernandes	V1	SFRAA TRIATLO	00:23:48	00:00:55	01:09:07	00:00:38	00:40:16	02:14:44	00:20:34
26	101310	1506	Filipe Santos	JUN	Associação Naval Amorense	00:19:21	00:00:43	-	-	-	02:14:51	00:20:41
27	101515	3318	Leandro Pinto	SEN	Mc Donald's/Tribraga	00:23:53	00:00:56	01:09:01	00:01:12	00:41:02	02:16:04	00:21:54
28	101868	4631	João Correia	V1	SFRAA TRIATLO	00:26:04	-	-	00:01:05	00:37:38	02:16:18	00:22:08

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#	Lic.	Dors.	Nome	Esc.	Equipa	Natação	T1	Ciclismo	T2	Corrida	T.Total	Diff.
29	101008	4105	Mario Pires	V1	Teleperformance - Os Belenenses	00:24:02	00:01:18	01:08:31	00:00:59	00:41:33	02:16:23	00:22:13
30	102773	3789	João Pedro Figueiredo	SEN	Tri-Oeste	00:23:08	00:01:17	01:09:29	00:00:36	00:42:27	02:16:57	00:22:47
31	100793	4032	Carlos Gomes	V4	Outsystems Olímpico de Oeiras	00:26:59	00:01:20	01:09:17	00:00:40	00:39:00	02:17:16	00:23:06
32	101509	4627	João Ferreira	V1	Mc Donald's/Tribraga	00:21:48	00:01:16	01:12:07	00:00:40	00:42:01	02:17:52	00:23:42
33	101452	3840	Tiago Pinho	SEN	C F Vilacondense	00:28:23	00:01:08	01:11:02	00:00:34	00:37:20	02:18:27	00:24:17
34	103957	4962	Manuel Barroso	V3	CNCVG	00:21:37	00:01:41	01:14:25	00:00:58	00:40:41	02:19:22	00:25:12
35	103955	2099	Pedro Urbano	S23	CNCVG	00:23:41	00:01:12	01:16:34	00:00:56	00:38:06	02:20:29	00:26:19
36	100743	4035	Paulo Lamego	V2	Sport Algés e Dafundo	00:26:11	00:02:08	01:11:12	00:00:34	00:40:51	02:20:56	00:26:46
37	100603	4017	J.P. Fulgêncio	V1	Teleperformance - Os Belenenses	00:24:51	00:01:15	01:11:28	00:00:50	00:43:00	02:21:24	00:27:14
38	101513	4146	José Filipe Afonso	V1	Mc Donald's/Tribraga	00:24:52	00:01:12	01:11:36	00:00:32	00:43:15	02:21:27	00:27:17
39	100728	4147	Fernando Carmo	V3	Sport Algés e Dafundo	00:27:14	00:01:46	01:10:32	00:00:45	00:41:20	02:21:37	00:27:27
40	102119	3395	Nuno Fernandes	SEN	Sporting Clube de Espinho	00:27:27	00:01:20	01:10:42	00:00:35	00:42:17	02:22:21	00:28:11
41	104330	3954	Luís Sapatinha	SEN	CNATRIL Triatlo	00:23:56	00:01:21	01:12:18	00:00:42	00:44:28	02:22:45	00:28:35
42	103624	3657	Carlos Vieira	SEN	Sporting Clube de Espinho	00:30:17	00:01:40	01:09:27	00:00:45	00:40:39	02:22:48	00:28:38
43	101576	4481	Alberto Tadeia	V2	Clube de Natação de Torres Novas	00:24:41	00:01:02	01:13:52	00:00:39	00:43:12	02:23:26	00:29:16
44	101562	3740	Francisco Gaspar	SEN	AMCR Fonte Grada	00:24:44	00:01:11	01:13:26	00:00:43	00:44:12	02:24:16	00:30:06
45	102886	3231	João Pires	SEN	Clube Triatlo de Abrantes	00:27:25	00:01:23	01:12:26	00:00:34	00:43:00	02:24:48	00:30:38
46	102120	4337	Paulo Martins	V1	Sporting Clube de Espinho	00:27:53	00:01:34	01:13:25	00:00:47	00:42:00	02:25:39	00:31:29
47	101514	4825	Jose Ferreira	V1	Mc Donald's/Tribraga	00:25:40	00:01:06	01:12:47	00:00:39	00:45:37	02:25:49	00:31:39
48	100748	3218	Pedro M. Machado	SEN	Sport Algés e Dafundo	00:23:03	00:01:19	01:15:12	00:00:41	00:46:38	02:26:53	00:32:43
49	103719	4442	Faber bastos	V2	Associação Académica de São Mamede	00:27:12	00:02:23	01:16:47	00:00:57	00:40:25	02:27:44	00:33:34
50	103724	4469	Nuno Lemos	V1	Individual	00:27:15	00:02:19	01:11:59	23:01:10	01:45:07	02:27:50	00:33:40
51	103238	3130	Daniel Castro	SEN	C F Vilacondense	00:28:21	00:01:07	01:14:23	00:00:49	00:45:42	02:30:22	00:36:12
52	102769	4275	Pedro Antunes	V1	Clube de Natação de Torres Novas	00:22:55	00:01:14	01:20:50	00:00:49	00:47:39	02:33:27	00:39:17
53	100733	3082	João Seródio	SEN	Sport Algés e Dafundo	00:26:29	-	-	00:01:12	00:49:00	02:36:23	00:42:13
54	101396	3208	Rui Trovão	SEN	REPSOL TRIATLO	00:27:55	00:01:11	01:19:19	00:00:53	00:47:12	02:36:30	00:42:20
55	100749	4735	Ricardo Silva	V1	Sport Algés e Dafundo	00:27:01	00:03:12	01:19:25	00:01:16	00:46:48	02:37:42	00:43:32
56	104267	3936	Ruben Matos	SEN	Clube Triatlo de Abrantes	00:22:05	00:01:19	01:28:25	00:00:33	00:46:16	02:38:38	00:44:28

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**Ciclismo - 40.000m (2 voltas)**

**Corrida - 10.000m (4 voltas)**

### Classificações Absolutos Masculinos

#	Lic.	Dors.	Nome	Esc.	Equipa	Natação	T1	Ciclismo	T2	Corrida	T.Total	Diff.
57	102753	3155	André Sousa	SEN	Clube de Natação de Torres Novas	00:22:58	00:01:42	01:25:04	00:01:02	00:49:03	02:39:49	00:45:39
58	102306	3312	Mario Santana	SEN	Clube do Pessoal EDP	00:28:27	00:01:51	01:20:16	00:01:19	00:49:13	02:41:06	00:46:56
59	103607	4234	Vitor Fernandes	V1	Ginásio	00:31:58	00:01:20	01:19:45	00:00:49	00:48:14	02:42:06	00:47:56
60	104089	3906	Nuno Gama	SEN	Individual	00:22:35	00:02:14	01:24:44	00:00:58	00:51:47	02:42:18	00:48:08
61	103528	3463	Bernardo Braga	SEN	Associação Académica de São Mamede	00:23:51	00:01:47	01:28:54	00:01:00	00:47:23	02:42:55	00:48:45
62	103455	3360	Frederico Raposo	SEN	Alhandra Sporting Club	00:29:39	00:01:44	01:25:49	00:00:37	00:46:14	02:44:03	00:49:53
63	103504	3569	João Lopes	SEN	Teleperformance - Os Belenenses	00:24:41	00:02:33	01:23:04	00:01:44	00:53:23	02:45:25	00:51:15
64	103849	3737	Jose Cruz	SEN	Clube do Pessoal EDP	00:27:33	00:01:57	01:16:35	00:01:27	00:58:59	02:46:31	00:52:21
65	100189	4444	Luís Boavida	V5	Clube do Pessoal EDP	00:26:03	00:01:47	01:24:30	00:01:11	00:53:58	02:47:29	00:53:19
66	100523	4561	Fernando Socorro	V2	Sporting Clube de Espinho	00:26:47	00:01:35	01:23:27	00:01:32	00:54:43	02:48:04	00:53:54
67	101060	4236	Rui Pena	V1	Associação Académica de São Mamede	00:31:18	00:01:49	01:24:10	00:00:40	00:50:21	02:48:18	00:54:08
68	103844	3513	Edson Oliveira	SEN	Clube do Pessoal EDP	00:37:00	00:02:25	01:23:01	00:01:06	00:44:57	02:48:29	00:54:19
69	102108	4438	António Dias	V3	Sporting Clube de Espinho	00:32:53	00:02:18	01:27:39	00:01:18	00:45:06	02:49:14	00:55:04
70	102378	4744	Pedro Razões Silva	V1	Clube de Natação de Torres Novas	00:27:14	00:01:41	01:34:02	00:01:06	00:51:15	02:55:18	01:01:08
71	100619	4005	José Maçarria	V4	Ginásio	00:30:35	00:02:02	01:29:13	00:01:18	00:53:38	02:56:46	01:02:36
72	104007	3874	Hugo Guerra	SEN	C F Vilacondense	00:31:02	00:02:56	01:27:59	00:01:51	00:53:18	02:57:06	01:02:56
73	103857	4681	André Medas	V1	Sporting Clube de Espinho	00:35:37	00:04:03	01:27:56	00:02:04	00:49:49	02:59:29	01:05:19
74	103846	3526	Filipe Santos	SEN	Clube do Pessoal EDP	00:26:03	00:01:51	01:34:31	00:00:36	01:06:03	03:09:04	01:14:54
75	104542	3114	Pedro AR Cálem	SEN	Individual	00:34:24	00:04:07	01:38:23	00:01:57	00:52:59	03:11:50	01:17:40
76	103978	3860	Rui Carreiro	SEN	SFRAA TRIATLO	00:39:32	00:02:25	01:40:46	00:01:00	01:04:01	03:27:44	01:33:34