

Local da Prova: **Coruche**

Data: **30/07/2017**

Hora da Partida: **16:01:10**

Distancias: Natação - 750 m (1 volta)

Ciclismo - 20.000 m (2 voltas)

Corrida - 5.000 m (1 volta)

Classificações Absolutos Femininos

#	Lic.	Dors.	Nome	Esc.	Equipa	Natação	Ciclismo	Corrida	T.Total	Diff.
1	101282	3768	Liliana Alexandre	SEN	Sporting Clube de Portugal	00:10:49	00:35:39	00:20:15	01:06:43	00:00:00
2	101585	1544	Carolina Serra	JUN	Clube de Natação de Torres Novas	-	-	-	01:07:06	00:00:23
3	101279	3392	Katarina Larsson	SEN	Sporting Clube de Portugal	00:11:45	00:34:43	00:20:51	01:07:19	00:00:36
4	101739	1550	Rita Fardilha	JUN	Outsystems Olímpico de Oeiras	00:11:09	00:35:14	00:21:01	01:07:24	00:00:41
5	100957	1069	Mariana Vargem	CAD	Ludens Machico/Máxima Dinâmica	00:12:11	00:35:23	00:20:41	01:08:15	00:01:32
6	100466	1058	Lúcia Vera Cruz	CAD	Sporting Clube de Portugal	00:11:37	00:34:50	00:22:22	01:08:49	00:02:06
7	100670	1512	Inês Pereira	JUN	Alhandra Sporting Club	00:10:54	00:35:28	00:22:53	01:09:15	00:02:32
8	100476	1556	Mónica Vera Cruz	JUN	Sporting Clube de Portugal	00:11:13	00:35:17	00:23:24	01:09:54	00:03:11
9	101252	2077	Ana Casteleiro	S23	Sporting Clube de Portugal	00:11:36	00:34:52	00:24:04	01:10:32	00:03:49
10	100316	1097	Maria Tomé	CAD	LXTRIATHLON	00:11:38	00:36:45	00:22:42	01:11:05	00:04:22
11	103210	1525	Mariana Talhinhos	JUN	Sporting Clube de Portugal	00:14:06	00:37:24	00:22:32	01:14:02	00:07:19
12	101249	4362	Ana Lopes	V1	Sporting Clube de Portugal	00:14:21	00:37:12	00:22:35	01:14:08	00:07:25
13	101176	1101	Margarida Lopes	CAD	CNCVG	00:11:43	00:36:48	00:26:48	01:15:19	00:08:36
14	100715	1077	Sara Bonito	CAD	Alhandra Sporting Club	00:11:41	00:37:58	00:25:59	01:15:38	00:08:55
15	101185	1183	Raquel Dias	CAD	CNCVG	00:11:57	00:37:40	00:26:15	01:15:52	00:09:09
16	101275	1034	Joana Oliveira	CAD	Alhandra Sporting Club	00:12:08	00:38:25	00:26:31	01:17:04	00:10:21
17	103364	3277	Madalena Fontinhas	SEN	3B - Clube Triatlo de Benavente	00:15:41	00:39:31	00:24:03	01:19:15	00:12:32
18	100653	1180	Daniela Sampaio	CAD	Alhandra Sporting Club	00:10:50	00:40:48	00:29:45	01:21:23	00:14:40
19	104271	4494	Ana Vieira Lopes	V2	Escola Triatlo Santo António Évora	00:17:30	00:40:02	00:24:36	01:22:08	00:15:25
20	103893	3783	Ana Martinho	SEN	Alhandra Sporting Club	00:14:32	00:40:31	00:27:30	01:22:33	00:15:50
21	102994	1154	Ana Machado	CAD	Clube de Natação da Amadora	00:14:25	00:40:49	00:27:29	01:22:43	00:16:00
22	100186	3014	Brigitte Cardoso	SEN	SFRAA TRIATLO	00:17:58	00:44:15	00:22:17	01:24:30	00:17:47
23	100649	1131	Catarina Calçada	CAD	Alhandra Sporting Club	00:12:16	00:39:17	00:34:09	01:25:42	00:18:59
24	101545	4558	Maria João Rico	V2	Clube de Triatlo do Fundão	00:20:10	00:41:45	00:24:47	01:26:42	00:19:59
25	104427	4754	Alexandra Amaral	V3	Escola Triatlo Santo António Évora	00:19:22	00:41:19	00:26:27	01:27:08	00:20:25
26	100696	4506	Maria Sousa	V1	Clube Oriental de Lisboa	00:19:39	00:40:23	00:27:33	01:27:35	00:20:52
27	104605	3167	Ana Barreto	SEN	Individual	00:20:00	00:43:34	00:24:09	01:27:43	00:21:00
28	104641	4479	Nádia Assis	V1	Escola Triatlo Santo António Évora	00:17:28	00:43:40	00:27:51	01:28:59	00:22:16

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#	Lic.	Dors.	Nome	Esc.	Equipa	Natação	Ciclismo	Corrida	T.Total	Diff.
29	103848	3734	Raquel Victor	SEN	Clube do Pessoal EDP	00:15:31	00:42:03	00:31:57	01:29:31	00:22:48
30	103050	4638	Sara Colaço	V1	Clube Oriental de Lisboa	00:16:13	00:44:08	00:29:15	01:29:36	00:22:53
31	0	5221	Ana Tavela	SEN	Não Federado	00:19:34	00:45:41	00:24:54	01:30:09	00:23:26
32	103431	1111	Inês Batista Santos	CAD	Clube 4 Estilos	00:15:41	00:44:11	00:30:34	01:30:26	00:23:43
33	104228	4411	Teresa Margarida Santos	V1	SFRAA TRIATLO	00:21:58	00:40:16	00:28:21	01:30:35	00:23:52
34	0	5718	Sonia Araújo	V1	Não Federado	00:19:16	00:42:31	00:29:22	01:31:09	00:24:26
35	100335	3834	Sofia Gregorio Lopes	SEN	Associação Humanitária de Bombeiros dos Estoris	00:19:33	00:43:50	00:30:54	01:34:17	00:27:34
36	103875	3775	Soraia Gil	SEN	REPSOL TRIATLO	00:23:16	00:42:13	00:29:09	01:34:38	00:27:55
37	103934	3811	Joana Sofia Oliveira Moura	SEN	Clube Oriental de Lisboa	00:18:38	00:42:16	00:34:08	01:35:02	00:28:19
38	0	5296	Daniela Salvador	SEN	Não Federado	00:14:35	00:45:19	00:37:16	01:37:10	00:30:27
39	102842	4680	Claudia Lourenço	V2	SS CGD	00:21:01	00:44:41	00:34:39	01:40:21	00:33:38