

Local da Prova: **Esposende**

Data: **02/07/2017**

Hora da Partida: **11:43:52**

Distancias: Natação - 850 m (1 volta)

Ciclismo - 19.800 m (3 voltas)

Corrida - 5.000 m (2 voltas)

Classificações Absolutos Femininos

#	Lic.	Dors.	Nome	Esc.	Equipa	Natação	Ciclismo	Corrida	T.Total	Diff.
1	101358	2173	Ana Ramos	S23	Outsystems Olímpico de Oeiras	-	-	00:18:40	01:06:02	00:00:00
2	100667	1179	Gabriela Ribeiro	CAD	Alhandra Sporting Club	00:11:05	00:35:51	00:19:07	01:06:03	00:00:01
3	100634	3475	Ana Filipa Ferreira	SEN	Alhandra Sporting Club	00:11:54	00:35:41	00:18:48	01:06:23	00:00:21
4	100957	1069	Mariana Vargem	CAD	Ludens Machico/Máxima Dinâmica	00:12:22	00:35:55	00:18:29	01:06:46	00:00:44
5	101739	1550	Rita Fardilha	JUN	Outsystems Olímpico de Oeiras	00:11:52	00:35:34	00:19:22	01:06:48	00:00:46
6	101274	2076	Inês Oliveira	S23	Sporting Clube de Portugal	00:12:19	00:36:13	00:19:03	01:07:35	00:01:33
7	101585	1544	Carolina Serra	JUN	Clube de Natação de Torres Novas	00:12:19	00:36:08	00:19:09	01:07:36	00:01:34
8	100718	2009	Sofia Hipólito	S23	Alhandra Sporting Club	00:12:18	00:36:27	00:19:18	01:08:03	00:02:01
9	100466	1058	Lúcia Vera Cruz	CAD	Sporting Clube de Portugal	00:12:20	00:36:09	00:19:58	01:08:27	00:02:25
10	100476	1556	Mónica Vera Cruz	JUN	Sporting Clube de Portugal	00:11:51	00:35:38	00:21:12	01:08:41	00:02:39
11	100316	1097	Maria Tomé	CAD	LXTRIATHLON	00:12:23	00:36:42	00:19:55	01:09:00	00:02:58
12	100670	1512	Inês Pereira	JUN	Alhandra Sporting Club	00:11:53	00:35:37	00:22:00	01:09:30	00:03:28
13	100653	1180	Daniela Sampaio	CAD	Alhandra Sporting Club	00:11:26	00:36:04	00:22:07	01:09:37	00:03:35
14	100633	3721	Ana Filipa Sampaio	SEN	Alhandra Sporting Club	00:11:50	00:36:51	00:21:47	01:10:28	00:04:26
15	101176	1101	Margarida Lopes	CAD	CNCVG	00:12:37	00:36:28	00:23:23	01:12:28	00:06:26
16	100715	1077	Sara Bonito	CAD	Alhandra Sporting Club	00:12:27	00:36:57	00:24:12	01:13:36	00:07:34
17	102905	1064	Joana Sousa	CAD	Clube Desportivo Aquático - Venda do Sócio	-	-	-	01:13:38	00:07:36
18	101275	1034	Joana Oliveira	CAD	Alhandra Sporting Club	00:12:56	00:39:54	00:21:15	01:14:05	00:08:03
19	102647	1539	Pauline VIE	JUN	Alhandra Sporting Club	00:14:35	00:38:33	00:21:30	01:14:38	00:08:36
20	101185	1183	Raquel Dias	CAD	CNCVG	00:13:05	00:39:37	00:22:13	01:14:55	00:08:53
21	103189	2037	Catarina Rodrigues	S23	Rio Maior Triatlo	00:14:43	00:39:10	00:21:17	01:15:10	00:09:08
22	101742	1574	Vanessa Fonseca	JUN	CAPGE	00:13:51	00:39:22	00:22:02	01:15:15	00:09:13
23	102600	1052	Maria Pedroso	CAD	Associação Académica de São Mamede	00:14:11	00:39:42	00:21:46	01:15:39	00:09:37
24	102632	4874	Marisa João	V1	Outsystems Olímpico de Oeiras	00:15:27	00:38:33	00:21:47	01:15:47	00:09:45
25	101045	4112	Maria João Lima	V3	Associação Académica de São Mamede	00:15:43	00:38:06	00:22:42	01:16:31	00:10:29
26	104053	4227	Alberta Pereira	V1	G. D. GOMA	00:14:54	00:39:11	00:23:25	01:17:30	00:11:28
27	101620	1211	Mariana Correia	CAD	Clube de Natação de Torres Novas	00:12:29	00:41:33	00:23:38	01:17:40	00:11:38
28	102066	3443	Kidi Gomez de Segura	SEN	GDR Manique de Cima	00:14:41	00:39:16	00:25:08	01:19:05	00:13:03

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#	Lic.	Dors.	Nome	Esc.	Equipa	Natação	Ciclismo	Corrida	T.Total	Diff.
29	100649	1131	Catarina Calçada	CAD	Alhandra Sporting Club	00:13:04	00:41:06	00:27:09	01:21:19	00:15:17
30	103037	1620	Rute Leonardo	JUN	Clube Triatlo de Abrantes	00:12:55	00:42:39	00:25:52	01:21:26	00:15:24
31	102312	3982	Margarida Beato	SEN	CNCVCG	00:15:19	00:43:34	00:23:56	01:22:49	00:16:47
32	103893	3783	Ana Martinho	SEN	Alhandra Sporting Club	00:15:24	00:43:29	00:23:57	01:22:50	00:16:48
33	101384	1009	Inês Gonçalves	CAD	CAPGE	00:15:47	00:43:09	00:24:46	01:23:42	00:17:40
34	104117	2120	Joana Martins	S23	CAPGE	00:14:39	00:44:08	00:25:00	01:23:47	00:17:45
35	101062	4549	Silvia Pedroso	V2	Associação Académica de São Mamede	00:18:17	00:43:36	00:23:15	01:25:08	00:19:06
36	100936	4292	Iolanda Henriques	V3	Andorinha	00:18:41	00:43:29	00:23:20	01:25:30	00:19:28
37	103484	4905	Margarida Cunha Reis	V2	Associação Académica de São Mamede	00:15:52	00:45:09	00:25:49	01:26:50	00:20:48
38	103590	3603	Susana Rodrigues	SEN	Associação Académica de São Mamede	00:16:38	00:46:43	00:26:09	01:29:30	00:23:28
39	101036	3413	Joana Cunha	SEN	Associação Académica de São Mamede	00:16:36	00:46:46	00:26:09	01:29:31	00:23:29
40	104310	5627	Niki	SEN	Varzim Sport Club	00:18:53	00:44:45	00:26:05	01:29:43	00:23:41
41	104116	4291	Conceição Tavares	V2	CAPGE	00:19:11	00:43:45	00:27:44	01:30:40	00:24:38
42	102335	4031	Susana Neta	V1	Clube Zupper	00:18:57	00:52:48	00:23:25	01:35:10	00:29:08
43	0	5551	JUDITE MAGALHAES	V1	Não Federado	00:22:49	00:46:05	00:27:43	01:36:37	00:30:35
44	104306	4606	Séverine BOITEAU	V2	G. D. GOMA	00:21:10	00:48:00	00:28:23	01:37:33	00:31:31
45	0	5494	Edite Gonçalves	SEN	Não Federado	00:22:51	00:48:10	00:29:52	01:40:53	00:34:51
46	0	5653	Rita Monteiro	V1	Não Federado	00:27:34	00:52:36	00:28:22	01:48:32	00:42:30
47	104080	2117	Bebiana Alves	S23	Clube Zupper	00:24:55	00:55:11	00:31:30	01:51:36	00:45:34
48	0	5744	Susana Lourenço	V1	Não Federado	00:22:22	00:59:57	00:33:30	01:55:49	00:49:47
49	0	5584	Olivia Carmo	V4	Não Federado	00:25:33	00:56:47	00:33:30	01:55:50	00:49:48