

Local da Prova: **Oeiras**

Data: **27/05/2018**

Hora da Partida:

Distancias: Natação - 750m

Ciclismo - 19400m

Corrida - 5000m

Classificações Absolutos Femininos

#	Lic.	Dors.	Nome	Esc.	Equipa	Natação	T1	Ciclismo	T2	Corrida	T.Total	Diff.
1	100360	2554	Andreia Ferrum	ELI	Outsystems Olímpico de Oeiras	00:11:12	00:01:52	00:32:33	00:00:48	00:18:13	01:04:38	00:00:00
2	100384	2515	Helena Paula Carvalho	ELI	Sporting Clube de Portugal	00:10:40	00:01:58	00:33:01	00:00:49	00:18:12	01:04:40	00:00:02
3	103499	3959	Kim Mangrobang	ELI	Rio Maior Triatlo	00:11:17	00:02:02	00:32:20	00:00:52	00:18:11	01:04:42	00:00:04
4	100957	1550	Mariana Vargem	CAD	Individual	00:11:39	00:01:59	00:32:59	00:00:44	00:17:52	01:05:13	00:00:35
5	101358	2564	Ana Ramos	ELI	Outsystems Olímpico de Oeiras	00:11:13	00:01:56	00:32:32	00:00:48	00:19:36	01:06:05	00:01:27
6	100484	2574	Vera Paiva Vilaça	ELI	Sport Lisboa e Benfica	00:10:40	00:01:51	00:31:52	00:00:50	00:21:24	01:06:37	00:01:59
7	101282	3768	Liliana Alexandre	ELI	Outsystems Olímpico de Oeiras	00:11:14	00:02:08	00:33:07	00:00:54	00:19:29	01:06:52	00:02:14
8	100316	1525	Maria Tomé	CAD	Outsystems Olímpico de Oeiras	00:11:20	00:02:01	00:33:07	00:00:54	00:19:55	01:07:17	00:02:39
9	101274	2514	Inês Oliveira	ELI	Sporting Clube de Portugal	00:12:11	00:01:58	00:32:30	00:00:51	00:19:56	01:07:26	00:02:48
10	101585	2009	Carolina Serra	JUN	Clube de Natação de Torres Novas	00:11:58	00:01:58	00:32:42	00:00:50	00:20:03	01:07:31	00:02:53
11	100634	3475	Ana Filipa Ferreira	ELI	Alhandra Sporting Club	00:11:44	00:02:07	00:32:50	00:00:56	00:20:08	01:07:45	00:03:07
12	100476	2507	Mónica Vera Cruz	ELI	Sporting Clube de Portugal	00:11:19	00:02:07	00:33:04	00:00:54	00:20:42	01:08:06	00:03:28
13	101605	2010	Joana Miranda	JUN	Clube de Natação de Torres Novas	00:11:19	00:01:58	00:32:24	00:00:56	00:21:37	01:08:14	00:03:36
14	100671	1511	Inês Rico	CAD	Alhandra Sporting Club	00:11:52	00:01:55	00:32:50	00:00:50	00:20:54	01:08:21	00:03:43
15	100466	2027	Lúcia Vera Cruz	JUN	Sporting Clube de Portugal	00:11:57	00:02:08	00:32:39	00:00:54	00:21:17	01:08:55	00:04:17
16	100921	1570	Beatriz Henriques	CAD	Clube Futebol Andorinha/AQUIMADEIRA-Sol	00:13:21	00:02:26	00:35:33	00:00:55	00:20:10	01:12:25	00:07:47
17	100161	1548	Joana Tomé	CAD	CCDSintrense	00:12:10	00:02:18	00:36:07	00:00:56	00:21:36	01:13:07	00:08:29
18	101176	1524	Margarida Lopes	CAD	CNCVG	00:12:27	00:02:11	00:35:46	00:00:54	00:22:18	01:13:36	00:08:58
19	101185	2016	Raquel Dias	JUN	CNCVG	00:12:30	00:02:24	00:36:22	00:00:52	00:21:40	01:13:48	00:09:10
20	103427	1530	Beatriz Ferreira	CAD	Núcleo do Sporting da Golegã	00:14:28	00:02:17	00:34:28	00:00:52	00:22:13	01:14:18	00:09:40
21	101620	2011	Mariana Correia	JUN	Clube de Natação de Torres Novas	00:12:15	00:02:09	00:35:58	00:00:54	00:23:15	01:14:31	00:09:53
22	104347	1613	Maria Romão	CAD	Lusitano FC / Frusoal	00:14:18	00:02:14	00:34:41	00:00:56	00:22:39	01:14:48	00:10:10
23	100642	1529	Bárbara Avelino	CAD	Alhandra Sporting Club	00:12:53	00:02:22	00:36:03	00:01:00	00:22:32	01:14:50	00:10:12
24	101333	1506	Raquel Aleixo	CAD	Associação Naval Amorense	00:12:15	00:02:21	00:35:47	00:00:54	00:23:49	01:15:06	00:10:28
25	101578	1585	Margarida Razões	CAD	Clube de Natação de Torres Novas	00:12:31	00:02:32	00:36:14	00:00:57	00:23:11	01:15:25	00:10:47
26	103014	1528	Sofia Pólvora	CAD	Associação Naval Amorense	00:13:15	00:02:28	00:35:36	00:00:56	00:23:13	01:15:28	00:10:50
27	101355	1554	Ana Magalhães	CAD	CAPGE	00:13:07	00:02:17	00:35:50	00:00:55	00:23:24	01:15:33	00:10:55
28	101376	2039	Maria João Eugénio	JUN	CAPGE	00:14:10	00:02:22	00:39:00	00:01:00	00:20:59	01:17:31	00:12:53

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Ciclismo - 19400m

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Classificações Absolutos Femininos

#	Lic.	Dors.	Nome	Esc.	Equipa	Natação	T1	Ciclismo	T2	Corrida	T.Total	Diff.
29	101179	1547	Patrícia Carrazedo	CAD	CNCVG	00:12:52	00:02:35	00:35:51	00:01:00	00:25:43	01:18:01	00:13:23
30	104676	1617	Clara Rodrigues	CAD	Lusitano FC / Frusoal	00:12:20	00:02:41	00:36:21	00:01:00	00:26:20	01:18:42	00:14:04
31	103893	3783	Ana Martinho	ELI	Alhandra Sporting Club	00:14:25	00:02:36	00:37:59	00:01:01	00:22:46	01:18:47	00:14:09
32	100653	2000	Daniela Sampaio	JUN	Alhandra Sporting Club	00:11:17	00:02:08	00:37:00	00:01:02	00:27:46	01:19:13	00:14:35
33	102058	1634	Camila Gomes	CAD	Triatlo SUColarese	00:13:21	00:02:31	00:38:47	00:00:59	00:24:11	01:19:49	00:15:11
34	104160	1555	Rita Bacelar	CAD	Clube de Natação da Amadora	00:15:32	00:02:20	00:40:04	00:00:01	00:22:23	01:20:20	00:15:42
35	101582	1586	Beatriz Neves	CAD	Clube de Natação de Torres Novas	00:14:27	00:02:36	00:38:17	00:01:08	00:24:39	01:21:07	00:16:29
36	101156	1646	Cátia Costa	CAD	GDR Manique de Cima	00:14:11	00:02:39	00:38:36	00:01:03	00:25:06	01:21:35	00:16:57
37	103189	2504	Catarina Rodrigues	ELI	Rio Maior Triatlo	00:15:58	00:02:38	00:38:24	00:00:54	00:24:25	01:22:19	00:17:41
38	103777	3638	Cinara Martins	ELI	PORTINADO	00:19:38	00:02:45	00:37:15	00:01:09	00:22:02	01:22:49	00:18:11
39	104204	6079	Beatriz Nunes Santos	CAD	Outsystems Olímpico de Oeiras	00:13:29	00:02:36	00:38:38	00:01:04	00:27:54	01:23:41	00:19:03
40	104251	2063	Marta Ferreira Santos	JUN	Lusitano FC / Frusoal	00:16:49	00:02:42	00:35:15	00:01:05	00:28:12	01:24:03	00:19:25
41	100649	1568	Catarina Calçada	CAD	Alhandra Sporting Club	00:13:20	00:02:36	00:38:55	00:01:09	00:31:16	01:27:16	00:22:38
42	102135	1956	Carolina Santos	CAD	FET-Fátima Escola de Triatlo	00:15:32	00:02:44	00:41:20	00:01:04	00:29:25	01:30:05	00:25:27
43	102071	1635	Maria Albergaria	CAD	Triatlo SUColarese	00:13:11	00:04:08	00:42:51	00:00:56	00:30:04	01:31:10	00:26:32
44	102523	1637	Maria Jesus	CAD	Triatlo SUColarese	00:18:29	00:02:41	00:42:58	00:01:00	00:26:03	01:31:11	00:26:33
DNF	104367	3967	Raquel Rocha	ELI	CNATRIL Triatlo	00:12:00	00:02:08	00:35:06	00:00:56	-	DNF	
DNS	100469	2502	Madalena Almeida	ELI	Alhandra Sporting Club	-	-	-	-	-	DNS	
DNS	100715	1543	Sara Bonito	CAD	Alhandra Sporting Club	-	-	-	-	-	DNS	
DNS	103431	1561	Inês Batista Santos	CAD	Clube 4 Estilos	-	-	-	-	-	DNS	
DNS	104295	2045	Mariana Bonito	JUN	Clube de Triatlo de Almada	-	-	-	-	-	DNS	