

Local da Prova: **Cadaval**

Data: **14/10/2018**

Hora da Partida: **10:02:21**

Distancias: Corrida - 4900m

Ciclismo - 23000m

Corrida - 2500m

### Classificações Absolutos Masculinos

#	Lic.	Dors.	Nome	Esc.	Equipa	Corrida	T1	Ciclismo	T2	Corrida	T.Total	Diff.
1	102955	3473	Marco Miguel	25-29	CPArmada	00:15:18	00:00:46	00:37:07	00:00:47	00:08:22	01:02:20	00:00:00
2	102465	2017	António Barata	JUN	GCA Donas - TRIATLO	00:15:19	00:00:45	00:36:58	00:00:48	00:08:41	01:02:31	00:00:11
3	103961	3841	João Bragadeste	30-34	CPArmada	00:15:18	00:00:48	00:37:05	00:00:50	00:08:41	01:02:42	00:00:22
4	100859	2500	Francisco Luís	20-24	Ludens Clube de Machico	00:15:24	00:00:46	00:37:01	00:00:50	00:08:52	01:02:53	00:00:33
5	100425	2523	Hugo Baluga	20-24	AMICICLO GRÂNDOLA	00:16:04	00:00:51	00:36:16	00:00:50	00:08:59	01:03:00	00:00:40
6	100436	3412	Rui Dolores	30-34	AMICICLO GRÂNDOLA	00:15:29	00:00:49	00:36:54	00:00:49	00:09:05	01:03:06	00:00:46
7	102140	2024	Diogo Frazão	JUN	Rio Maior Triatlo	00:15:26	00:00:46	00:37:18	00:00:47	00:08:55	01:03:12	00:00:52
8	101553	4710	Sérgio Santos	40-44	GCA Donas - TRIATLO	00:15:18	00:00:49	00:37:26	00:00:56	00:08:49	01:03:18	00:00:58
9	105048	2023	Bernardo Moreno	JUN	Rio Maior Triatlo	00:15:27	00:00:55	00:36:50	00:00:51	00:09:19	01:03:22	00:01:02
10	100637	2031	André Bôto	JUN	Alhandra Sporting Club	00:15:51	00:00:53	00:36:47	00:00:50	00:09:12	01:03:33	00:01:13
11	104735	3379	Bruno Santos	25-29	CNCVG	00:15:26	00:00:48	00:37:32	00:00:54	00:09:03	01:03:43	00:01:23
12	100799	4990	Custódio António	40-44	Outsystems Olímpico de Oeiras	00:16:21	00:00:53	00:37:12	00:00:45	00:09:11	01:04:22	00:02:02
13	101551	3305	Roger Vicente	35-39	GCA Donas - TRIATLO	00:16:01	00:00:50	00:37:29	00:00:53	00:09:19	01:04:32	00:02:12
14	101865	4324	Rui Narigueta	40-44	Outsystems Olímpico de Oeiras	00:16:52	00:00:51	00:36:40	00:00:54	00:09:18	01:04:35	00:02:15
15	103353	3230	João Jesus	25-29	AMICICLO GRÂNDOLA	00:16:21	00:00:58	00:37:06	00:00:52	00:09:27	01:04:44	00:02:24
16	101836	4677	Luís Cancela	45-49	Núcleo do Sporting da Golegã	00:16:20	00:00:47	00:37:15	00:00:53	00:09:35	01:04:50	00:02:30
17	104329	3953	Pedro Lomba	35-39	CPArmada	00:16:35	00:00:52	00:37:06	00:00:56	00:09:23	01:04:52	00:02:32
18	101619	4711	Marco Sousa	40-44	Clube de Natação de Torres Novas	00:16:21	00:00:51	00:37:12	00:00:52	00:09:47	01:05:03	00:02:43
19	103441	1534	Gonçalo Batista	CAD	CCDSintrense	00:15:41	00:00:47	00:38:50	00:00:57	00:09:18	01:05:33	00:03:13
20	100426	4402	Joaquim Carlos Lopes	50-54	Boavista FC	00:16:21	00:00:48	00:38:12	00:00:52	00:09:26	01:05:39	00:03:19
21	101824	4814	Gonçalo Resina	40-44	Núcleo do Sporting da Golegã	00:16:34	00:01:02	00:37:09	00:01:05	00:09:57	01:05:47	00:03:27
22	102323	3228	Hugo Pina	35-39	CNCVG	00:16:49	00:01:08	00:37:28	00:01:00	00:09:28	01:05:53	00:03:33
23	103101	1552	Goncalo Batista	CAD	Clube de Natação da Amadora	00:16:22	00:00:50	00:38:14	00:00:56	00:09:37	01:05:59	00:03:39
24	100824	4515	Luis Almeida	45-49	Outsystems Olímpico de Oeiras	00:16:51	00:00:49	00:37:49	00:00:46	00:09:57	01:06:12	00:03:52
25	100266	4448	Sérgio Batalha	45-49	3B - triatlo	00:16:51	00:01:03	00:37:29	00:01:01	00:09:51	01:06:15	00:03:55
26	105400	3585	Ricardo Gomes	30-34	DAR-Recardães	00:16:23	00:00:53	00:38:27	00:01:00	00:09:38	01:06:21	00:04:01
27	101297	1556	André Lopes	CAD	Associação Naval Amorense	00:17:29	00:00:56	00:37:02	00:00:54	00:10:02	01:06:23	00:04:03
28	101572	4354	Vitor Santos	40-44	TRICAP-Penafirme	00:17:26	00:00:55	00:37:06	00:01:23	00:09:52	01:06:42	00:04:22

**Classificações Absolutos Masculinos**

#	Lic.	Dors.	Nome	Esc.	Equipa	Corrida	T1	Ciclismo	T2	Corrida	T.Total	Diff.
29	100611	3674	Pedro Carreira	35-39	Tri-Oeste	00:16:47	00:00:52	00:37:58	00:00:59	00:10:06	01:06:42	00:04:22
30	100842	2018	Rodrigo Amoreira	JUN	GCA Donas - TRIATLO	00:17:26	00:00:53	00:37:12	00:01:08	00:10:35	01:07:14	00:04:54
31	101336	1576	Rui Sousa	CAD	Associação Naval Amorense	00:15:41	00:00:45	00:38:57	00:00:53	00:11:06	01:07:22	00:05:02
32	100793	4032	Carlos Gomes	55-59	Outsystems Olímpico de Oeiras	00:17:58	00:00:56	00:38:20	00:00:56	00:09:48	01:07:58	00:05:38
33	100607	4321	Luís Duarte	45-49	Tri-Oeste	00:18:25	00:00:59	00:37:47	00:01:01	00:09:56	01:08:08	00:05:48
34	102773	3789	João Pedro Figueiredo	25-29	Tri-Oeste	00:17:24	00:01:03	00:38:48	00:01:01	00:09:53	01:08:09	00:05:49
35	104040	1508	Diogo Pereira	CAD	Clube Triatlo de Abrantes	00:17:30	00:00:55	00:38:40	00:00:54	00:10:11	01:08:10	00:05:50
36	103115	4186	José Rui Galvão	50-54	Associação Naval Amorense	00:17:58	00:01:04	00:38:12	00:01:03	00:10:01	01:08:18	00:05:58
37	100835	3708	Octávio Vicente	30-34	AMICICLO GRÂNDOLA	00:16:19	00:00:51	00:39:59	00:00:56	00:10:45	01:08:50	00:06:30
38	104833	3047	Fernando Pereira	35-39	CPArmada	00:18:01	00:00:59	00:38:29	00:01:07	00:10:17	01:08:53	00:06:33
39	103748	4475	Luís Miguel	40-44	DAR-Recardães	00:16:46	00:01:02	00:39:40	00:01:30	00:09:57	01:08:55	00:06:35
40	104616	3186	Dionísio Silva	25-29	Boavista FC	00:18:26	00:01:00	00:37:44	00:01:05	00:10:44	01:08:59	00:06:39
41	103958	3839	Tiago Sousa	30-34	CNCVG	00:16:08	00:01:15	00:41:53	00:00:54	00:08:54	01:09:04	00:06:44
42	101187	1578	Tomás Pereira	CAD	CCDSintrense	00:16:37	00:01:00	00:39:42	00:01:01	00:10:54	01:09:14	00:06:54
43	103183	3043	David Amaral	25-29	Clube de Natação da Amadora	00:17:14	00:00:58	00:40:47	00:01:01	00:09:54	01:09:54	00:07:34
44	103372	1553	Gonçalo Pagou	CAD	Clube de Natação da Amadora	00:18:05	00:00:54	00:39:08	00:00:56	00:10:52	01:09:55	00:07:35
45	100206	4655	Miguel Lourenço	45-49	Associação Naval Amorense	00:18:01	00:01:03	00:39:56	00:01:01	00:10:18	01:10:19	00:07:59
46	100192	4217	Luis Oliveira	40-44	Peniche A. C.	00:17:39	00:01:04	00:40:21	00:01:08	00:10:32	01:10:44	00:08:24
47	105043	5119	Alexandre Mestre	40-44	DAR-Recardães	00:17:03	00:01:14	00:41:01	00:01:12	00:10:26	01:10:56	00:08:36
48	104855	2569	Tiago Lopes	20-24	Outsystems Olímpico de Oeiras	00:16:51	00:00:58	00:39:36	00:02:51	00:10:52	01:11:08	00:08:48
49	104002	3872	Luís Mealha Martins	30-34	SFRAA TRIATLO	00:17:31	00:00:57	00:41:53	00:00:54	00:09:57	01:11:12	00:08:52
50	101567	4249	Luís Cipriano	45-49	AMCR Fonte Grada	00:18:26	00:00:59	00:40:36	00:00:57	00:10:30	01:11:28	00:09:08
51	100596	4497	Alexandre Feliz	45-49	Tri-Oeste	00:18:47	00:00:56	00:40:04	00:00:56	00:10:47	01:11:30	00:09:10
52	103003	3402	Júlio Silva	30-34	MOZINHO RT VALVOLINE	00:17:47	00:01:21	00:40:59	00:01:09	00:10:25	01:11:41	00:09:21
53	102573	3835	Cláudio Canavilhas	35-39	3B - triatlo	00:18:26	00:00:56	00:40:44	00:01:01	00:10:48	01:11:55	00:09:35
54	100612	4148	Pedro Cordeiro	50-54	Vitória de Janes	00:19:10	00:00:54	00:39:59	00:01:02	00:10:54	01:11:59	00:09:39
55	104070	1579	Tomás Henriques	CAD	CCDSintrense	00:18:03	00:01:07	00:41:15	00:01:17	00:11:08	01:12:50	00:10:30
56	100517	4022	Paulo Teles	45-49	3B - triatlo	00:19:09	00:01:04	00:40:11	00:01:13	00:11:19	01:12:56	00:10:36
57	105506	5430	Pedro Esteves	40-44	GCA Donas - TRIATLO	00:17:21	00:01:35	00:42:47	00:01:28	00:09:55	01:13:06	00:10:46
58	103745	1520	Abel Afonso	CAD	Peniche A. C.	00:19:17	00:01:05	00:40:00	00:01:18	00:11:46	01:13:26	00:11:06
59	104981	4880	Francisco Santos	45-49	Individual	00:18:03	00:01:17	00:42:20	00:01:18	00:10:31	01:13:29	00:11:09
60	102011	4166	Martino Montez	45-49	Individual	00:18:43	00:00:58	00:42:04	00:01:05	00:10:55	01:13:45	00:11:25
61	100283	2583	João Maria Inácio	20-24	Tri-Oeste	00:19:12	00:01:13	00:39:24	00:03:23	00:11:46	01:14:58	00:12:38

**Classificações Absolutos Masculinos**

#	Lic.	Dors.	Nome	Esc.	Equipa	Corrida	T1	Ciclismo	T2	Corrida	T.Total	Diff.
62	101565	4120	José Magalhães Dias	45-49	AMCR Fonte Grada	00:18:51	00:01:04	00:42:56	00:01:07	00:11:20	01:15:18	00:12:58
63	102858	4782	João Prioste	45-49	Ludens Clube de Machico	00:18:54	00:01:01	00:43:52	00:01:12	00:10:32	01:15:31	00:13:11
64	101410	4039	José Varela	60-64	Louletano	00:19:39	00:01:06	00:43:01	00:00:56	00:10:59	01:15:41	00:13:21
65	101075	3634	João Marques	35-39	Peniche A. C.	00:18:39	00:01:10	00:44:01	00:01:15	00:10:57	01:16:02	00:13:42
66	103093	2008	Rafael Travassos	JUN	Clube de Natação da Amadora	00:17:28	00:00:56	00:45:10	00:01:09	00:11:21	01:16:04	00:13:44
67	103714	3534	Bruno Brazão	35-39	Individual	00:19:35	00:01:15	00:43:01	00:01:09	00:11:09	01:16:09	00:13:49
68	103377	4881	Luís Marques	45-49	Peniche A. C.	00:19:09	00:01:08	00:43:41	00:01:22	00:11:11	01:16:31	00:14:11
69		4059	Fernando Feijão	60-64	Individual	23:01:50	01:18:48	00:43:19	00:01:08	00:11:55	01:17:00	00:14:40
70	104716	4512	Jaime Bacharel	45-49	Individual	00:19:36	00:01:29	00:42:56	00:01:22	00:11:46	01:17:09	00:14:49
71	103314	2019	Rúben Venâncio	JUN	GCA Donas - TRIATLO	00:19:33	00:00:59	00:43:43	00:01:03	00:12:23	01:17:41	00:15:21
72	103319	4856	Sergio Prazeres	45-49	Individual	00:18:32	00:01:20	00:45:40	00:01:34	00:11:26	01:18:32	00:16:12
73	104368	4679	Amândio Caetano	55-59	Individual	00:20:24	00:01:18	00:45:04	00:01:32	00:11:46	01:20:04	00:17:44
74	101348	3137	Henrique Delgado	35-39	TRICAP-Penafirme	00:20:10	00:01:11	00:44:57	00:01:08	00:12:42	01:20:08	00:17:48
75	103899	4929	Esmeraldino Sá	40-44	Associação Naval Amorense	00:19:58	00:01:35	00:45:50	00:01:14	00:12:03	01:20:40	00:18:20
76	101569	4214	Pedro Cardador	40-44	AMCR Fonte Grada	00:21:51	00:01:28	00:41:56	00:01:44	00:13:44	01:20:43	00:18:23
77	104989	5004	Antonio Sande	60-64	Individual	00:19:53	00:01:17	00:46:15	00:01:45	00:12:12	01:21:22	00:19:02
78	100453	4478	Fernando Pombo	65-69	Teleperformance - Os Belenenses	00:20:23	00:01:07	00:46:47	00:01:28	00:11:41	01:21:26	00:19:06
79	103772	4534	Rogério Bastos	40-44	A. C. R. Ribeira	00:20:26	00:01:55	00:45:01	00:01:53	00:12:17	01:21:32	00:19:12
80	100277	4067	Carlos Leite	70-74	A. C. R. Ribeira	00:22:08	00:01:35	00:46:05	00:01:25	00:12:19	01:23:32	00:21:12
81	104861	5003	João Manuel Rosado	55-59	Núcleo do Sporting da Golegã	00:21:32	00:01:31	00:46:17	00:01:34	00:12:41	01:23:35	00:21:15
82	102127	4351	João Rodrigues	55-59	ATLETIS - CLUBE DE ATLETISMO DE TUN	00:22:09	00:01:18	00:47:18	00:01:27	00:12:27	01:24:39	00:22:19
83	104048	4210	Vasco Micaelo	70-74	DAR-Recardães	00:22:20	00:01:18	00:47:14	00:01:20	00:12:44	01:24:56	00:22:36
84	104978	5120	Nuno Duarte	45-49	SERUL	00:22:30	00:01:12	00:50:40	00:01:09	00:12:56	01:28:27	00:26:07
85	101076	4075	José Peixoto	60-64	Peniche A. C.	00:22:08	00:01:24	00:50:26	00:01:22	00:13:12	01:28:32	00:26:12
86	103897	4926	Jorge Boim	40-44	Individual	00:22:09	00:01:35	00:52:13	00:01:47	00:13:12	01:30:56	00:28:36
87	100119	4474	Carlos Matias	75-79	AMCR Fonte Grada	00:31:37	00:01:59	01:04:26	00:02:00	00:18:17	01:58:19	00:55:59
88	101561	4409	Francisco Cipriano	75-79	AMCR Fonte Grada	00:32:00	00:02:16	01:08:32	00:02:16	00:22:30	02:07:34	01:05:14
DSQ	105401	3592	Milton Santos	25-29	DAR-Recardães	00:17:04	-	-	-	-	DSQ	
DSQ	105550	3661	Fabio Durao	30-34	Individual	00:16:36	-	-	-	-	DSQ	
DSQ	102530	4516	Nuno Silva	40-44	Outsystems Olímpico de Oeiras	00:16:36	-	-	-	-	DSQ	