

Local da Prova: **Mafra**

Data: **16/02/2020**

Hora da Partida: **08:30:05**

Distancias: Corrida - 10.000m

Ciclismo - 56.500m

Corrida - 10.000m

Classificação Absoluta - Masculinos

#	Lic.	Dors.	Nome	Esc.	Equipa	Corrida	T1	Ciclismo	T2	Corrida	T.Total	Diff.
1	100813	57	João Francisco Ferreira	25-29	CNATRIL Triatlo	00:31:42	00:00:45	01:36:43	00:00:42	00:34:50	02:44:42	00:00:00
2	101392	7	José Estrangeiro	30-34	CNATRIL Triatlo	00:32:28	00:00:43	01:35:53	00:00:41	00:35:58	02:45:43	00:01:01
3	102465	9	António Barata	20-24	Sport Lisboa e Benfica	00:33:29	00:00:47	01:41:31	00:00:41	00:33:36	02:50:04	00:05:22
4	103961	194	João Bragadeste	35-39	CPArmada	00:32:18	00:00:55	01:41:17	00:00:47	00:35:20	02:50:37	00:05:55
5	103658	244	Nelson Gomes	35-39	GDG	00:34:03	00:00:47	01:40:40	00:00:52	00:35:09	02:51:31	00:06:49
6	100775	8	Miguel Arraiolos	30-34	Sport Lisboa e Benfica	00:30:47	00:00:44	01:44:22	00:00:53	00:35:11	02:51:57	00:07:15
7	101865	292	Rui Narigueta	40-44	Outsystems Olímpico de Oeiras	00:34:02	00:00:45	01:39:34	00:00:52	00:37:02	02:52:15	00:07:33
8	100613	302	Sérgio Dias	40-44	CNATRIL Triatlo	00:32:54	00:00:47	01:43:37	00:00:50	00:35:06	02:53:14	00:08:32
9	104735	143	Bruno Santos	30-34	CNCVG	00:32:47	00:00:40	01:43:54	00:00:44	00:36:55	02:55:00	00:10:18
10	104879	79	Mikael Eriksson	30-34	Sporting Clube de Portugal	00:36:07	00:01:01	01:43:50	00:00:58	00:36:12	02:58:08	00:13:26
11	101507	25	António Mesquita	35-39	Mc Donald's/Tribraga	00:34:27	00:00:46	01:43:49	00:00:59	00:39:49	02:59:50	00:15:08
12	104974	166	Eduardo Mourato	30-34	Estoril Praia Credibom	00:34:05	00:00:48	01:46:27	00:00:51	00:38:02	03:00:13	00:15:31
13	101551	283	Roger Vicente	35-39	Penta Clube da Covilhã	00:34:02	00:00:53	01:46:16	00:00:49	00:38:21	03:00:21	00:15:39
14	100588	251	Nuno Preciado	35-39	SFRAA TRIATLO	00:34:28	00:00:50	01:47:48	00:00:49	00:36:52	03:00:47	00:16:05
15	100825	231	Marco Costa	35-39	Outsystems Olímpico de Oeiras	00:34:46	00:00:49	01:47:20	00:00:54	00:38:12	03:02:01	00:17:19
16	101726	90	Paulo Vides	40-44	Mc Donald's/Tribraga	00:35:44	00:00:53	01:47:37	00:00:45	00:37:06	03:02:05	00:17:23
17	100702	240	Miguel Fortunato	20-24	Alhandra Sporting Club	00:35:47	00:01:20	01:46:02	00:00:45	00:38:36	03:02:30	00:17:48
18	100598	131	André Duarte	25-29	Outsystems Olímpico de Oeiras	00:34:58	00:00:57	01:48:29	00:00:44	00:37:28	03:02:36	00:17:54
19	102611	162	Diogo Filipe Silva	30-34	AMICICLO GRÁNDOLA	00:34:41	00:00:47	01:47:29	00:00:44	00:39:06	03:02:47	00:18:05
20	100334	105	Sergio Marques	40-44	CNATRIL Triatlo	00:35:22	00:01:02	01:42:42	00:01:01	00:42:49	03:02:56	00:18:14
21	103128	160	David Coelho	35-39	SFRAA TRIATLO	00:34:34	00:00:52	01:47:44	00:00:48	00:41:24	03:05:22	00:20:40
22	103972	192	Igor Castro	35-39	A. R. Casaense	00:34:58	00:00:59	01:50:18	00:00:49	00:38:41	03:05:45	00:21:03
23	104041	257	Paulo Ajuda	40-44	Vela de Tavira	00:36:33	00:01:16	01:47:45	00:01:07	00:39:22	03:06:03	00:21:21
24	100611	266	Pedro Carreira	40-44	Peniche A. C.	00:36:44	00:00:53	01:46:49	00:00:54	00:40:44	03:06:04	00:21:22
25	105311	27	Bernardo Cadeiras	35-39	Louletano	00:36:37	00:00:57	01:50:32	00:00:57	00:37:06	03:06:09	00:21:27
26	100629	123	Afonso Nunes	JUN	Alhandra Sporting Club	00:35:48	00:01:04	01:49:02	00:00:57	00:39:18	03:06:09	00:21:27
27	101866	101	Rui Costa	45-49	Exército de Portugal	00:36:06	00:00:55	01:48:24	00:01:07	00:40:07	03:06:39	00:21:57
28	105560	169	Fábio Filipe	30-34	Peniche A. C.	00:37:20	00:01:39	01:47:12	00:01:20	00:39:40	03:07:11	00:22:29

Classificação Absoluta - Masculinos

#	Lic.	Dors.	Nome	Esc.	Equipa	Corrida	T1	Ciclismo	T2	Corrida	T.Total	Diff.
29	102445	155	Claudio Paulinho	35-39	SFRAA TRIATLO	00:34:58	00:00:58	01:47:41	00:00:51	00:43:01	03:07:29	00:22:47
30	100437	288	Rui Gonçalves	45-49	REPSOL TRIATLO	00:35:24	00:01:28	01:51:41	00:01:07	00:38:21	03:08:01	00:23:19
31	105716	77	Miguel Gonçalves	35-39	CNF	00:35:11	00:00:54	01:52:30	00:01:00	00:39:21	03:08:56	00:24:14
32	101010	253	Nuno Rodrigues	30-34	CNCVG	00:34:56	00:00:52	01:51:14	00:00:53	00:41:07	03:09:02	00:24:20
33	103378	174	Filipe Carneiro	30-34	Individual	00:37:15	00:00:56	01:49:09	00:01:19	00:40:24	03:09:03	00:24:21
34	106375	179	Frederico Cerdeira	35-39	Individual	00:35:01	00:01:14	01:53:36	00:01:43	00:37:32	03:09:06	00:24:24
35	102366	314	Fábio Cunha	25-29	Vela de Tavira	00:36:34	00:00:52	01:50:09	00:01:08	00:40:55	03:09:38	00:24:56
36	105263	185	Hélder Monteiro	30-34	MOZINHO RT MARTOS PELLETS VALVOL	00:34:47	00:00:55	01:49:18	00:00:59	00:43:56	03:09:55	00:25:13
37	102824	289	Rui Lucas	30-34	Peniche A. C.	00:36:15	00:01:09	01:53:44	00:00:52	00:38:25	03:10:25	00:25:43
38	102550	46	Gary Blesson	55-59	A. R. Casaense	00:37:57	00:01:07	01:48:37	00:01:06	00:42:25	03:11:12	00:26:30
39	100824	221	Luis Almeida	45-49	Outsystems Olímpico de Oeiras	00:35:57	00:00:47	01:52:12	00:00:56	00:41:47	03:11:39	00:26:57
40	100266	301	Sérgio Batalha	50-54	3B - triatlo	00:36:58	00:01:01	01:50:23	00:00:49	00:42:44	03:11:55	00:27:13
41	104052	120	Adelino Soutinho	35-39	GDG	00:37:22	00:01:15	01:50:17	00:00:56	00:42:07	03:11:57	00:27:15
42	102017	139	Bruno Caetano	30-34	Outsystems Olímpico de Oeiras	00:35:43	00:00:46	01:55:49	00:00:57	00:39:01	03:12:16	00:27:34
43	101811	133	António Calafate	50-54	Núcleo do Sporting da Golegã	00:37:46	00:00:57	01:49:28	00:00:54	00:43:37	03:12:42	00:28:00
44	100125	150	Carlos Silva	55-59	Outsystems Olímpico de Oeiras	00:38:55	00:01:06	01:50:55	00:01:03	00:41:16	03:13:15	00:28:33
45	104541	161	David Preciado	25-29	SFRAA TRIATLO	00:36:22	00:00:49	01:53:55	00:00:43	00:41:35	03:13:24	00:28:42
46	102955	233	Marco Miguel	30-34	CParmada	00:38:09	00:02:56	01:51:07	00:01:22	00:40:08	03:13:42	00:29:00
47	105613	308	Tiago Encarnação	30-34	Individual	00:35:50	00:00:59	01:48:29	00:01:05	00:47:45	03:14:08	00:29:26
48	101008	237	Mario Pires	45-49	Clube de Futebol Os Belenenses	00:37:38	00:00:56	01:49:52	00:00:58	00:44:49	03:14:13	00:29:31
49	100666	178	François Vie	JUN	Alhandra Sporting Club	00:34:30	00:00:45	01:48:19	00:00:51	00:49:52	03:14:17	00:29:35
50	101329	256	Nuno Veríssimo	35-39	Sporting Clube de Portugal	00:38:35	00:01:08	01:50:27	00:01:05	00:43:12	03:14:27	00:29:45
51	106578	313	Vítor Teixeira	45-49	Individual	00:37:42	00:01:27	01:49:14	00:01:50	00:45:47	03:16:00	00:31:18
52	100222	254	Nuno Teixeira	35-39	Clube de Futebol Os Belenenses	00:34:43	00:01:20	01:55:14	00:01:29	00:43:16	03:16:02	00:31:20
53	101533	285	Rui Belo	40-44	Individual	00:36:14	00:01:20	01:56:44	00:01:16	00:40:52	03:16:26	00:31:44
54	104475	294	Rui Pinheiro	40-44	Clube Desportivo Escola Santana	00:36:57	00:01:11	01:55:34	00:01:10	00:41:38	03:16:30	00:31:48
55	100570	148	Carlos Fernandes	40-44	SFRAA TRIATLO	00:36:06	00:00:51	01:56:22	00:01:06	00:43:17	03:17:42	00:33:00
56	106098	309	Tiago Isidoro	30-34	Pimpões Triatlo	00:38:58	00:01:21	01:55:43	00:01:00	00:41:00	03:18:02	00:33:20
57	104483	234	Marco Vidigal	20-24	GDR Manique de Cima	00:36:54	00:00:58	01:54:09	00:01:03	00:45:21	03:18:25	00:33:43
58	104622	168	Fábio Faustino	30-34	AMICICLO GRÂNDOLA	00:38:47	00:01:06	01:53:45	00:00:59	00:43:58	03:18:35	00:33:53
59	106516	260	Paulo Pinheiro	40-44	Tri Amazing	00:36:41	00:01:12	01:58:54	00:01:29	00:40:49	03:19:05	00:34:23
60	0	41	Diego Gonzalez	35-39	Club Triatlon Ourense	00:37:16	00:01:16	01:56:39	00:01:07	00:42:50	03:19:08	00:34:26
61	100603	204	João Pedro Fulgêncio	40-44	Clube de Futebol Os Belenenses	00:37:41	00:01:06	01:55:16	00:01:12	00:43:56	03:19:11	00:34:29

Classificação Absoluta - Masculinos

#	Lic.	Dors.	Nome	Esc.	Equipa	Corrida	T1	Ciclismo	T2	Corrida	T.Total	Diff.
62	102323	191	Hugo Pina	35-39	CNCVGV	00:37:37	00:00:59	01:57:34	00:01:15	00:42:13	03:19:38	00:34:56
63	103878	135	António Martins	45-49	REPSOL TRIATLO	00:40:22	00:01:23	01:53:46	00:01:12	00:43:02	03:19:45	00:35:03
64	103093	275	Rafael Travassos	20-24	Clube de Natação da Amadora	00:37:44	00:00:56	01:54:18	00:01:02	00:45:59	03:19:59	00:35:17
65	103695	246	Nuno Campos	45-49	GDG	00:39:17	00:01:32	01:54:27	00:01:02	00:44:01	03:20:19	00:35:37
66	103780	56	João Cordeiro	30-34	C. D. R. R. Baixa da Banheira	00:38:25	00:00:56	01:58:20	00:00:57	00:41:50	03:20:28	00:35:46
67	105823	149	Carlos Gomes Ferreira	45-49	Louletano	00:39:26	00:01:26	01:56:12	00:01:16	00:42:31	03:20:51	00:36:09
68	100193	241	Miguel Miranda	45-49	Individual	00:37:08	00:00:54	01:57:17	00:01:37	00:44:29	03:21:25	00:36:43
69	101845	297	Rui Sousa	45-49	Núcleo do Sporting da Golegã	00:38:47	00:01:02	01:59:27	00:00:56	00:41:30	03:21:42	00:37:00
70	103363	189	Hugo Gomes	35-39	3B - triatlo	00:40:43	00:01:16	01:55:40	00:00:58	00:43:21	03:21:58	00:37:16
71	106478	199	João Guerra	40-44	Peniche A. C.	00:40:19	00:01:57	01:54:24	00:01:22	00:44:15	03:22:17	00:37:35
72	100747	92	Pedro Monteiro	35-39	Individual	00:39:10	00:01:20	01:59:26	00:01:19	00:41:04	03:22:19	00:37:37
73	102236	299	Sandro Rodrigues	35-39	Vela de Tavira	00:42:11	00:01:13	01:51:50	00:01:10	00:45:58	03:22:22	00:37:40
74	103659	219	José Peixoto	50-54	GDG	00:36:27	00:01:23	01:58:08	00:01:24	00:45:18	03:22:40	00:37:58
75	105675	158	Daniel Seborro	35-39	Clube de Triatlo de Almada	00:38:26	00:01:13	01:58:30	00:00:59	00:44:24	03:23:32	00:38:50
76	105139	163	Diogo Pina Pereira	40-44	Triatlo Fundação Salesianos	00:39:43	00:00:56	01:55:37	00:00:50	00:46:53	03:23:59	00:39:17
77	106372	242	Miguel Neto	30-34	MOZINHO RT MARTOS PELLETS VALVOLINE	00:37:42	00:01:04	01:58:33	00:01:19	00:45:23	03:24:01	00:39:19
78	105315	188	Hugo Gaudêncio	45-49	REPSOL TRIATLO	00:39:45	00:01:26	01:59:36	00:01:21	00:41:59	03:24:07	00:39:25
79	104655	84	Nuno Sousa	45-49	Individual	00:41:08	00:01:12	01:57:01	00:01:02	00:44:03	03:24:26	00:39:44
80	101850	146	Carlos Carvalho	25-29	Outsystems Olímpico de Oeiras	00:37:14	00:01:19	01:54:41	00:01:06	00:51:30	03:25:50	00:41:08
81	103134	295	Rui Rebocho	40-44	Kainágua	00:40:53	00:01:31	02:01:09	00:01:22	00:41:57	03:26:52	00:42:10
82	106456	140	Bruno Cláudio	40-44	Individual	00:43:11	00:01:02	01:52:56	00:00:54	00:48:56	03:26:59	00:42:17
83	101509	197	João Ferreira	45-49	Mc Donald's/Tribraga	00:43:19	00:01:01	02:00:34	00:01:04	00:41:02	03:27:00	00:42:18
84	0	52	Ignacio Perez	50-54	Club Triatlon Ourense	00:40:38	00:01:04	01:59:09	00:01:18	00:44:55	03:27:04	00:42:22
85	103784	287	Rui Gonçalves Vieira	35-39	Núcleo do Sporting da Golegã	00:38:16	00:01:30	02:02:32	00:01:11	00:43:46	03:27:15	00:42:33
86	100704	255	Nuno Tintim	40-44	Estoril Praia Credibom	00:38:36	00:01:04	02:03:40	00:00:57	00:43:10	03:27:27	00:42:45
87	104729	310	Tiago Rodrigues	35-39	Vela de Tavira	00:43:39	00:01:13	01:55:05	00:01:19	00:46:59	03:28:15	00:43:33
88	101572	312	Vitor Santos	40-44	TRICAP-Penafirme	00:37:57	00:00:55	01:59:33	00:01:08	00:48:46	03:28:19	00:43:37
89	103738	278	Ricardo Faria	40-44	Individual	00:43:09	00:01:29	01:56:16	00:01:12	00:46:15	03:28:21	00:43:39
90	103101	180	Goncalo Batista	JUN	Clube de Natação da Amadora	00:39:14	00:01:04	01:57:52	00:00:59	00:49:21	03:28:30	00:43:48
91	102234	238	Mario Torrinha	50-54	Vela de Tavira	00:41:38	00:01:16	02:00:06	00:01:11	00:44:52	03:29:03	00:44:21
92	104451	243	Miguel Tolda	45-49	Núcleo do Sporting da Golegã	00:42:59	00:01:05	01:55:08	00:01:07	00:49:03	03:29:22	00:44:40
93	103377	226	Luís Marques	45-49	Peniche A. C.	00:41:10	00:01:04	02:01:05	00:01:03	00:45:24	03:29:46	00:45:04
94	105637	315	Nuno Ferreira	35-39	MOZINHO RT MARTOS PELLETS VALVOLINE	00:43:59	00:01:04	01:54:24	00:01:08	00:49:33	03:30:08	00:45:26

Classificação Absoluta - Masculinos

#	Lic.	Dors.	Nome	Esc.	Equipa	Corrida	T1	Ciclismo	T2	Corrida	T.Total	Diff.
95	100674	193	Jean-Michel Vie	45-49	Alhandra Sporting Club	00:41:02	00:01:05	01:58:57	00:00:53	00:48:14	03:30:11	00:45:29
96	103183	159	David Amaral	30-34	Clube de Natação da Amadora	00:37:54	00:01:11	02:08:23	00:01:01	00:41:49	03:30:18	00:45:36
97	104545	76	Mauro Azevedo	45-49	A. R. Casaense	00:38:01	00:02:14	02:03:05	00:01:24	00:45:47	03:30:31	00:45:49
98	103179	209	Jorge Carvalho	50-54	Clube Oriental de Lisboa	00:40:47	00:01:01	02:02:09	00:01:33	00:46:24	03:31:54	00:47:12
99	0	71	Manuel Rivero	45-49	Club Triatlon Ourense	00:44:08	00:01:50	01:58:16	00:01:31	00:46:15	03:32:00	00:47:18
100	101518	284	Rui Barbosa	35-39	GDG	00:43:21	00:01:06	01:58:05	00:01:05	00:49:09	03:32:46	00:48:04
101	103714	138	Bruno Brazão	35-39	Individual	00:41:35	00:01:20	02:02:59	00:01:07	00:46:18	03:33:19	00:48:37
102	104305	311	Tiago Sousa	30-34	Individual	00:42:29	00:01:08	01:58:33	00:01:00	00:50:12	03:33:22	00:48:40
103	106315	66	José Carlos Abrantes	45-49	Exército de Portugal	00:41:02	00:01:44	02:06:00	00:01:26	00:43:11	03:33:23	00:48:41
104	100529	195	João Campos Cunha	25-29	Mc Donald's/Tribraga	00:41:16	00:01:10	02:03:36	00:01:01	00:46:32	03:33:35	00:48:53
105	103319	303	Sergio Prazeres	45-49	Individual	00:41:35	00:01:43	02:04:08	00:01:22	00:45:09	03:33:57	00:49:15
106	106230	258	Paulo Freitas	45-49	Louletano	00:40:22	00:02:19	02:03:36	00:02:08	00:45:35	03:34:00	00:49:18
107	104418	97	Ricardo Furtado	40-44	Outsystems Olímpico de Oeiras	00:45:04	00:01:27	01:58:20	00:01:16	00:48:08	03:34:15	00:49:33
108	100462	196	João Canas	25-29	Sporting Clube de Portugal	00:45:17	00:00:54	02:03:59	00:00:54	00:43:56	03:35:00	00:50:18
109	103529	280	Ricardo Pereira	45-49	Estoril Praia Credibom	00:41:43	00:02:53	02:04:58	00:01:59	00:44:03	03:35:36	00:50:54
110	106381	293	Rui Pereira	45-49	Peniche A. C.	00:37:43	00:01:53	02:07:41	00:02:23	00:46:01	03:35:41	00:50:59
111	103372	182	Gonçalo Pagou	JUN	Clube de Natação da Amadora	00:39:55	00:01:00	02:05:48	00:00:57	00:48:22	03:36:02	00:51:20
112	105066	232	Marco Filipe	45-49	Peniche A. C.	00:40:19	00:01:35	02:12:39	00:01:03	00:43:38	03:39:14	00:54:32
113	103409	58	João Paulo Cardoso	35-39	Exército de Portugal	00:38:24	00:01:49	02:12:07	00:01:48	00:45:46	03:39:54	00:55:12
114	103283	250	Nuno Prazeres	50-54	Clube Millenniumbcp	00:47:15	00:01:57	02:04:19	00:01:35	00:45:40	03:40:46	00:56:04
115	105672	274	Rafael Abrunhosa	50-54	Linda-a-Pastora Sporting Clube	00:41:54	00:02:23	02:08:40	00:02:25	00:45:28	03:40:50	00:56:08
116	106585	203	João Pedro Farinha	40-44	Clube de Futebol Os Belenenses	00:42:58	00:01:11	02:07:15	00:02:00	00:47:29	03:40:53	00:56:11
117	103647	222	Luis Carvalho	45-49	Lusitano - Setúbal	00:44:32	00:01:12	02:00:12	00:01:18	00:54:38	03:41:52	00:57:10
118	101089	261	Paulo Renato Santos	55-59	Peniche A. C.	00:46:03	00:01:00	02:05:29	00:01:08	00:48:17	03:41:57	00:57:15
119	103989	216	José Farinha	45-49	Clube Millenniumbcp	00:47:15	00:01:18	02:04:43	00:01:24	00:47:49	03:42:29	00:57:47
120	101857	69	José Rodrigues	35-39	Exército de Portugal	00:40:43	00:01:21	02:11:18	00:01:17	00:48:47	03:43:26	00:58:44
121	103916	291	Rui Melo	35-39	A. R. Casaense	00:44:25	00:00:55	02:12:04	00:00:49	00:45:52	03:44:05	00:59:23
122	106504	230	Manuel Major	45-49	3B - triatlo	00:45:30	00:01:50	01:57:31	00:01:43	00:58:19	03:44:53	01:00:11
123	106634	435	Micael Ferreira	25-29	MOZINHO RT MARTOS PELLETS VALVOLA	00:45:59	00:01:49	01:59:30	00:01:22	00:56:23	03:45:03	01:00:21
124	105658	200	Joao Machado	35-39	Outsystems Olímpico de Oeiras	00:46:50	00:01:38	02:07:04	00:01:42	00:48:35	03:45:49	01:01:07
125	104781	271	Pedro Nunes	45-49	Outsystems Olímpico de Oeiras	00:46:49	00:01:38	02:05:06	00:01:29	00:51:09	03:46:11	01:01:29
126	105594	281	Ricardo R. Pereira	45-49	Individual	00:44:37	00:01:47	02:04:45	00:03:01	00:52:16	03:46:26	01:01:44
127	105662	306	Tiago Batista	35-39	Triatlo Fundação Salesianos	00:42:47	00:01:01	02:10:33	00:00:57	00:52:05	03:47:23	01:02:41

Classificação Absoluta - Masculinos

#	Lic.	Dors.	Nome	Esc.	Equipa	Corrida	T1	Ciclismo	T2	Corrida	T.Total	Diff.
128	106206	70	Manuel Alves	30-34	Individual	00:46:41	00:01:36	02:07:54	00:01:26	00:50:00	03:47:37	01:02:55
129	104230	269	Pedro Leiria	45-49	CNCVG	00:45:03	00:01:46	02:08:50	00:01:33	00:50:29	03:47:41	01:02:59
130	105633	247	Nuno Dantas	40-44	GRCD Leião Triatlo	00:40:42	00:02:14	02:19:33	00:01:41	00:43:45	03:47:55	01:03:13
131	105456	263	Pedro Alvarez	45-49	Individual	00:46:45	00:01:39	02:10:19	00:01:27	00:47:59	03:48:09	01:03:27
132	104374	249	Nuno Mota	40-44	Individual	00:43:41	00:01:13	02:14:45	00:01:01	00:48:31	03:49:11	01:04:29
133	102929	145	Carlos Abrunhosa	50-54	Clube Millenniumbcp	00:45:03	00:01:56	02:12:13	00:01:49	00:48:18	03:49:19	01:04:37
134	104024	181	Gonçalo Gameiro	40-44	Individual	00:45:12	00:02:09	02:12:01	00:02:11	00:48:18	03:49:51	01:05:09
135	104894	130	André Cabral	40-44	Outsystems Olímpico de Oeiras	00:45:02	00:01:52	02:12:35	00:01:38	00:48:57	03:50:04	01:05:22
136	106509	157	Daniel Falcão	35-39	3B - triatlo	00:45:21	00:01:29	02:05:36	00:01:23	00:57:37	03:51:26	01:06:44
137	100569	144	Bruno Silva	45-49	3B - triatlo	00:42:32	00:01:03	02:16:36	00:01:12	00:50:37	03:52:00	01:07:18
138	101567	223	Luís Cipriano	45-49	AMCR Fonte Grada	00:45:20	00:01:17	02:16:54	00:00:59	00:47:37	03:52:07	01:07:25
139	105659	270	Pedro Lourenço	45-49	3B - triatlo	00:44:07	00:01:58	02:14:25	00:01:21	00:51:20	03:53:11	01:08:29
140	104986	88	Paulo Silva	30-34	Individual	00:46:00	00:01:24	02:14:18	00:01:44	00:49:48	03:53:14	01:08:32
141	104719	147	Carlos Escorcio	35-39	Clube de Futebol Os Belenenses	00:46:01	00:01:22	02:16:45	00:01:11	00:48:23	03:53:42	01:09:00
142	102325	187	Hugo Ferraz	40-44	Centro de Ciclismo de Portimão	00:47:56	00:01:33	02:12:27	00:01:12	00:50:42	03:53:50	01:09:08
143	104715	102	Rui Nunes	40-44	Individual	00:45:19	00:01:45	02:11:10	00:01:46	00:54:09	03:54:09	01:09:27
144	101877	259	Paulo Marques	45-49	CNATRIL Triatlo	00:45:04	00:01:44	02:13:02	00:01:40	00:53:07	03:54:37	01:09:55
145	101319	198	João Góis Gomes	50-54	Sporting Clube de Portugal	00:47:56	00:01:36	02:13:22	00:01:15	00:50:34	03:54:43	01:10:01
146	106318	276	Ricardo Correia	45-49	Individual	00:45:28	00:03:42	02:08:37	00:03:03	00:53:57	03:54:47	01:10:05
147	105293	190	Hugo Henriques	40-44	Clube de Futebol Os Belenenses	00:43:12	00:02:14	02:17:34	00:01:50	00:50:26	03:55:16	01:10:34
148	106570	267	Pedro Coutinho	35-39	Individual	00:44:48	00:03:41	02:17:49	00:02:41	00:46:46	03:55:45	01:11:03
149	106455	272	Pedro Reis	45-49	Individual	00:46:22	00:02:19	02:12:50	00:01:44	00:53:58	03:57:13	01:12:31
150	100544	165	Eduardo Ferreira	45-49	Clube Millenniumbcp	00:47:40	00:02:09	02:13:59	00:01:29	00:52:07	03:57:24	01:12:42
151	106260	45	Flávio Figueiredo	35-39	Exército de Portugal	00:41:59	00:01:30	02:18:38	00:01:46	00:54:24	03:58:17	01:13:35
152	105780	132	André Estevam	25-29	Alhandra Sporting Club	00:49:00	00:01:07	02:10:54	00:01:53	00:56:36	03:59:30	01:14:48
153	102880	141	Bruno Faria	45-49	Paredes Aventura	00:45:48	00:01:49	02:21:37	00:01:23	00:49:51	04:00:28	01:15:46
154	105266	245	Nuno Alexandre	45-49	Individual	00:51:18	00:01:25	02:07:18	00:02:33	00:58:03	04:00:37	01:15:55
155	105667	215	José Domingues	60-64	Triatlo Fundação Salesianos	00:46:54	00:02:10	02:13:47	00:01:24	00:56:57	04:01:12	01:16:30
156	105598	201	João Marques	50-54	Triatlo Fundação Salesianos	00:39:29	00:01:08	02:01:50	00:01:25	01:17:44	04:01:36	01:16:54
157	100817	202	João Medeiro	55-59	Outsystems Olímpico de Oeiras	00:44:15	00:01:17	02:25:33	00:01:09	00:50:50	04:03:04	01:18:22
158	106463	100	Rui Borges	30-34	Individual	00:46:22	00:01:55	02:16:02	00:01:55	00:57:37	04:03:51	01:19:09
159	103132	282	Rodrigo Pais de Almeida	40-44	Outsystems Olímpico de Oeiras	00:46:06	00:02:35	02:17:34	00:02:53	00:55:54	04:05:02	01:20:20
160	104138	121	Adolfo Vagos	50-54	Peniche A. C.	00:45:44	00:01:28	02:18:46	00:01:46	00:57:52	04:05:36	01:20:54

Classificação Absoluta - Masculinos

#	Lic.	Dors.	Nome	Esc.	Equipa	Corrida	T1	Ciclismo	T2	Corrida	T.Total	Diff.
161	102935	290	Rui Magalhães	50-54	Clube Millenniumbcp	00:47:38	00:01:30	02:24:29	00:01:35	00:50:31	04:05:43	01:21:01
162	104859	213	José Botelho	50-54	Clube Oriental de Lisboa	00:49:13	00:03:10	02:16:28	00:02:20	00:54:32	04:05:43	01:21:01
163	101569	265	Pedro Cardador	45-49	AMCR Fonte Grada	00:50:26	00:02:25	02:11:40	00:02:11	01:01:21	04:08:03	01:23:21
164	103840	207	Jorge Barroso	40-44	Individual	00:45:55	00:01:22	02:19:49	00:01:27	00:59:30	04:08:03	01:23:21
165	105050	170	Fábio Torrado	30-34	Centro de Ciclismo de Portimão	00:47:57	00:01:16	02:21:05	00:01:05	00:57:45	04:09:08	01:24:26
166	103988	279	Ricardo Mendes	45-49	CNCVG	00:46:44	00:01:40	02:18:37	00:01:56	01:00:15	04:09:12	01:24:30
167	105571	298	Rui Velez	55-59	Clube Oriental de Lisboa	00:53:25	00:02:35	02:15:46	00:01:54	00:57:10	04:10:50	01:26:08
168	106508	151	Carlos Xavier	40-44	3B - triatlo	00:49:46	00:01:55	02:21:08	00:02:05	00:56:47	04:11:41	01:26:59
169	105223	248	Nuno Luís Sousa	40-44	Individual	00:48:50	00:01:37	02:22:38	00:01:20	00:58:22	04:12:47	01:28:05
170	105641	104	Sandro Reis	35-39	Individual	00:46:21	00:02:04	02:27:38	00:02:15	00:54:44	04:13:02	01:28:20
171	105664	142	Bruno Ricardo	55-59	Triatlo Fundação Salesianos	00:48:02	00:01:56	02:26:15	00:01:44	00:57:07	04:15:04	01:30:22
172	104470	210	Jorge Ferreira	40-44	Triatlo Fundação Salesianos	00:48:05	00:01:22	02:27:18	00:01:43	00:57:20	04:15:48	01:31:06
173	105475	224	Luis Clara	45-49	Tri Amazing	00:48:36	00:02:37	02:25:06	00:02:30	00:57:42	04:16:31	01:31:49
174	102346	228	Luís Prego	60-64	Linda-a-Pastora Sporting Clube	00:46:04	00:01:37	02:33:26	00:01:50	00:53:42	04:16:39	01:31:57
175	105051	220	Leandro Fonseca	35-39	Centro de Ciclismo de Portimão	00:46:12	00:01:21	02:25:40	00:01:20	01:04:58	04:19:31	01:34:49
176	104047	107	Victor Campos	65-69	Individual	00:54:13	00:02:12	02:19:45	00:02:17	01:01:33	04:20:00	01:35:18
177	100685	206	Jorge Andrade	55-59	Alhandra Sporting Club	00:49:35	00:02:35	02:28:45	00:02:35	00:58:10	04:21:40	01:36:58
178	106094	273	Pedro Rosa	40-44	Triatlo Fundação Salesianos	00:49:14	00:02:01	02:32:17	00:01:32	00:57:22	04:22:26	01:37:44
179	105067	268	Pedro Godinho Matos	40-44	Individual	00:56:18	00:02:20	02:17:00	00:02:40	01:04:55	04:23:13	01:38:31
180	101782	262	Paulo Santos	55-59	Clube Oriental de Lisboa	00:49:13	00:03:12	02:31:41	00:02:05	00:57:19	04:23:30	01:38:48
181	106686	83	Nuno Romao	40-44	Paredes Aventura	00:49:36	00:02:17	02:31:33	00:01:58	00:59:21	04:24:45	01:40:03
182	102913	136	António Sousa	40-44	Lusitano - Setúbal	00:42:51	00:01:17	02:36:00	00:02:43	01:02:13	04:25:04	01:40:22
183	105682	264	Pedro Alves	35-39	3B - triatlo	00:52:18	00:02:10	02:29:14	00:01:36	01:08:15	04:33:33	01:48:51
184	0	61	Joaquim Nunes	60-64	Portugal	00:51:19	00:01:23	02:41:36	00:01:46	01:00:35	04:36:39	01:51:57
185	104848	172	Fernando Silva	55-59	MOZINHO RT MARTOS PELLETS VALVOLINE	00:54:26	00:01:50	02:29:26	00:01:36	01:09:47	04:37:05	01:52:23
DSQ	103897	208	Jorge Boim	45-49	Individual	00:48:20	00:02:19	02:32:32	00:02:27	-	DSQ	
DNF	103843	227	Luis Novo	45-49	Clube Oriental de Lisboa	00:43:36	00:01:23	01:50:22	00:01:19	-	DNF	
DNF	102923	164	Diogo Silva	25-29	Alhandra Sporting Club	00:32:53	00:00:47	-	-	-	DNF	
DNF	104242	225	Luís Cordeiro	40-44	SFRAA TRIATLO	00:38:39	00:01:13	-	-	-	DNF	
DNF	0	93	Pedro Reis	40-44	Portugal	-	-	-	-	-	DNF	
DNF	100889	177	Francisco Bexiga	60-64	Individual	-	-	-	-	-	DNF	
DNS	103344	252	Nuno Rocha	40-44	Centro de Ciclismo de Portimão	-	-	-	-	-	DNS	
DNS	106626	277	Ricardo Esteves	35-39	CPArmada	-	-	-	-	-	DNS	

Classificação Absoluta - Masculinos

#	Lic.	Dors.	Nome	Esc.	Equipa	Corrida	T1	Ciclismo	T2	Corrida	T.Total	Diff.
DNS	106648	286	Rui Figueiredo	30-34	DAR-Recardães EXPansion	-	-	-	-	-	DNS	
DNS	106541	296	Rui Silva	35-39	Linda-a-Pastora Sporting Clube	-	-	-	-	-	DNS	
DNS	102086	307	Tiago Cochicho	35-39	GDR Manique de Cima	-	-	-	-	-	DNS	
DNS	102971	65	José Bonito	50-54	Clube de Triatlo de Almada	-	-	-	-	-	DNS	
DNS	100201	73	Marco Cruz	45-49	Individual	-	-	-	-	-	DNS	
DNS	106393	94	Pedro da Silva	35-39	ASSOCIAÇÃO LINCE TRIATHLON	-	-	-	-	-	DNS	
DNS	104586	134	António Duarte	50-54	Triatlo Fundação Salesianos	-	-	-	-	-	DNS	
DNS	102573	154	Cláudio Canavilhas	35-39	3B - triatlo	-	-	-	-	-	DNS	
DNS	106348	175	Filipe Henriques	30-34	Individual	-	-	-	-	-	DNS	
DNS	101824	183	Gonçalo Resina	40-44	Núcleo do Sporting da Golegã	-	-	-	-	-	DNS	
DNS	101410	212	José Varela	60-64	Louletano	-	-	-	-	-	DNS	
DNS	101512	214	José Carvalho	30-34	Mc Donald's/Tribraga	-	-	-	-	-	DNS	
DNS	103187	217	José Hernández	50-54	CNATRIL Triatlo	-	-	-	-	-	DNS	