

Local da Prova: **Rio Maior**

Data: **01/02/2020**

Hora da Partida: **15:40:02**

Distancias: Corrida - 5150m

Ciclismo - 18700m

Corrida - 2500m

Classificação Absoluta - Masculinos

#	Lic.	Dors.	Nome	Esc.	Equipa	Corrida	T1	Ciclismo	T2	Corrida	T.Total	Diff.
1	0	5717	Kristian Blumenfeld	25-29	Individual	00:15:07	00:00:33	00:27:24	00:00:41	00:06:33	00:50:18	00:00:00
2	0	5696	Kenji Nener	25-29	Individual	00:15:07	00:00:32	00:27:25	00:00:37	00:06:40	00:50:21	00:00:03
3	0	5718	Miguel Hidalgo	20-24	Individual	00:15:07	00:00:34	00:27:24	00:00:41	00:06:56	00:50:42	00:00:24
4	100763	49	Gil Maia	25-29	Estoril Praia Credibom	00:15:33	00:00:36	00:27:39	00:00:38	00:06:58	00:51:24	00:01:06
5	100780	2508	Rafael Domingos	25-29	Estoril Praia Credibom	00:15:32	00:00:34	00:27:40	00:00:33	00:07:06	00:51:25	00:01:07
6	100775	3269	Miguel Arraiolos	30-34	Sport Lisboa e Benfica	00:15:34	00:00:34	00:27:41	00:00:40	00:06:57	00:51:26	00:01:08
7	103071	2182	Alexandre Silva	JUN	Sport Lisboa e Benfica	00:15:31	00:00:36	00:27:42	00:00:40	00:06:59	00:51:28	00:01:10
8	100675	3062	João Bernardo Queirós	20-24	Individual	00:15:53	00:00:40	00:27:13	00:00:35	00:07:10	00:51:31	00:01:13
9	100813	3873	João Francisco Ferreira	25-29	CNATRIL Triatlo	00:15:53	00:00:37	00:27:18	00:00:34	00:07:12	00:51:34	00:01:16
10	0	5664	Erik Nygaard Madsen	JUN	Individual	00:15:54	00:00:33	00:27:17	00:00:37	00:07:17	00:51:38	00:01:20
11	105810	1669	Rodrigo Rodrigues	CAD	Outsystems Olímpico de Oeiras	00:15:55	00:00:41	00:27:15	00:00:40	00:07:10	00:51:41	00:01:23
12	102955	3473	Marco Miguel	30-34	CPArmada	00:15:07	00:00:35	00:28:03	00:00:36	00:07:28	00:51:49	00:01:31
13	0	5663	Cristophe de Keyser	25-29	Individual	00:15:08	00:00:33	00:27:24	00:00:39	00:08:09	00:51:53	00:01:35
14	101634	38	Ricardo Batista	20-24	Clube de Natação de Torres Novas	00:15:35	00:00:36	00:27:34	00:00:47	00:07:30	00:52:02	00:01:44
15	101614	2120	José Pedro Vieira	JUN	Clube de Natação de Torres Novas	00:15:55	00:00:37	00:27:18	00:00:39	00:07:45	00:52:14	00:01:56
16	101017	2624	Tiago Fonseca	20-24	Outsystems Olímpico de Oeiras	00:15:56	00:00:39	00:27:15	00:00:43	00:08:08	00:52:41	00:02:23
17	101392	3258	José Estrangeiro	30-34	CNATRIL Triatlo	00:16:18	00:00:38	00:28:11	00:00:30	00:07:18	00:52:55	00:02:37
18	101999	2189	Alexandre Montez	JUN	Outsystems Olímpico de Oeiras	00:15:54	00:00:37	00:27:19	00:00:38	00:08:28	00:52:56	00:02:38
19	100832	2561	Miguel Tiago Silva	20-24	Outsystems Olímpico de Oeiras	00:16:19	00:00:38	00:28:07	00:00:37	00:07:19	00:53:00	00:02:42
20	102465	2619	António Barata	20-24	Sport Lisboa e Benfica	00:16:00	00:00:37	00:28:31	00:00:37	00:07:18	00:53:03	00:02:45
21	102923	46	Diogo Silva	25-29	Alhandra Sporting Club	00:16:03	00:00:40	00:28:26	00:00:43	00:07:21	00:53:13	00:02:55
22	104735	3379	Bruno Santos	30-34	CNCVG	00:15:54	00:00:40	00:28:35	00:00:44	00:07:20	00:53:13	00:02:55
23	100354	44	Afonso do Canto	JUN	Clube de Natação de Torres Novas	00:16:23	00:00:39	00:28:04	00:00:36	00:07:33	00:53:15	00:02:57
24	100702	2521	Miguel Fortunato	20-24	Alhandra Sporting Club	00:16:20	00:00:45	00:28:02	00:00:41	00:07:36	00:53:24	00:03:06
25	100859	17	Francisco Luís	20-24	CNF	00:16:27	00:00:34	00:28:07	00:00:37	00:07:53	00:53:38	00:03:20
26	101538	31	Guilherme Pires	20-24	Clube de Natação de Torres Novas	00:16:23	00:00:36	00:28:13	00:00:40	00:08:20	00:54:12	00:03:54
27	103135	3286	João Fonte-Boa	30-34	Individual	00:17:01	00:00:39	00:28:19	00:00:39	00:07:58	00:54:36	00:04:18
28	103108	2122	Hugo Figueiredo	JUN	Sporting Clube de Portugal	00:16:23	00:00:48	00:29:37	00:00:38	00:07:18	00:54:44	00:04:26

Classificação Absoluta - Masculinos

#	Lic.	Dors.	Nome	Esc.	Equipa	Corrida	T1	Ciclismo	T2	Corrida	T.Total	Diff.
29	101174	2537	Luís Lopes	20-24	Estoril Praia Credibom	00:16:53	00:00:38	00:28:52	00:00:35	00:08:00	00:54:58	00:04:40
30	100853	3761	Bruno Freitas	25-29	Ludens Clube de Machico	00:16:55	00:00:41	00:29:09	00:00:39	00:07:36	00:55:00	00:04:42
31	100613	4282	Sérgio Dias	40-44	CNATRIL Triatlo	00:16:47	00:00:49	00:29:07	00:00:42	00:07:37	00:55:02	00:04:44
32	104633	2183	Daniel Carvalho	JUN	Sport Lisboa e Benfica	00:16:26	00:00:43	00:29:39	00:00:44	00:07:39	00:55:11	00:04:53
33	101865	4324	Rui Narigueta	40-44	Outsystems Olímpico de Oeiras	00:16:54	00:00:41	00:29:10	00:00:39	00:07:50	00:55:14	00:04:56
34	105400	3585	Ricardo Gomes	35-39	A. R. Casaense	00:16:55	00:00:48	00:29:32	00:00:41	00:07:34	00:55:30	00:05:12
35	100208	48	Miguel Tomé	20-24	SFRAA TRIATLO	00:16:54	00:00:51	00:29:40	00:00:44	00:07:28	00:55:37	00:05:19
36	103972	3856	Igor Castro	35-39	A. R. Casaense	00:17:18	00:00:44	00:29:12	00:00:40	00:07:44	00:55:38	00:05:20
37	106218	1970	Christian Dias	CAD	ADRAP Madeira	00:16:27	00:00:50	00:29:29	00:00:44	00:08:09	00:55:39	00:05:21
38	104541	3657	David Preciado	25-29	SFRAA TRIATLO	00:17:18	00:00:37	00:29:17	00:00:36	00:07:54	00:55:42	00:05:24
39	101378	2096	Miguel Silva	JUN	ADI-Ílhavo	00:16:55	00:00:44	00:29:29	00:00:38	00:08:00	00:55:46	00:05:28
40	101336	2150	Rui Sousa	JUN	Tri Amazing	00:16:53	00:00:39	00:29:56	00:00:37	00:07:45	00:55:50	00:05:32
41	100862	1984	João Nuno Marote	CAD	Ludens Clube de Machico	00:16:28	00:00:43	00:29:34	00:00:42	00:08:23	00:55:50	00:05:32
42	102222	3815	Ricardo Rosado	35-39	Núcleo do Sporting da Golegã	00:17:12	00:00:41	00:29:16	00:00:44	00:08:02	00:55:55	00:05:37
43	104135	2160	Daniel Alcântara	JUN	Sporting Clube de Portugal	00:17:33	00:00:38	00:29:00	00:00:40	00:08:07	00:55:58	00:05:40
44	102442	2114	Xavier Adrião	JUN	Sporting Clube de Portugal	00:17:32	00:00:43	00:28:56	00:00:42	00:08:17	00:56:10	00:05:52
45	100786	2555	Afonso Feijão	20-24	Alhandra Sporting Club	00:17:11	00:00:40	00:29:29	00:01:31	00:07:43	00:56:34	00:06:16
46	103745	2148	Abel Afonso	JUN	Clube de Natação de Torres Novas	00:17:54	00:00:42	00:29:31	00:00:42	00:08:01	00:56:50	00:06:32
47	100426	4402	Joaquim Carlos Lopes	50-54	Boavista FC	00:17:39	00:00:42	00:29:42	00:00:40	00:08:13	00:56:56	00:06:38
48	100787	2556	Afonso Garcia	25-29	Outsystems Olímpico de Oeiras	00:17:42	00:00:44	00:29:33	00:00:46	00:08:13	00:56:58	00:06:40
49	102086	3733	Tiago Cochicho	35-39	GDR Manique de Cima	00:17:19	00:00:42	00:30:16	00:00:41	00:08:01	00:56:59	00:06:41
50	103267	3160	Paulo nobrega	35-39	ADRAP Madeira	00:18:01	00:00:44	00:29:05	00:00:45	00:08:31	00:57:06	00:06:48
51	100437	4773	Rui Gonçalves	45-49	REPSOL TRIATLO	00:17:34	00:00:59	00:29:48	00:00:53	00:07:52	00:57:06	00:06:48
52	100939	2481	João Ramalho	JUN	ADRAP Madeira	00:18:32	00:00:42	00:28:52	00:00:42	00:08:20	00:57:08	00:06:50
53	101590	1653	Duarte Santos	CAD	Clube de Natação de Torres Novas	00:16:20	00:00:47	00:30:07	00:00:43	00:09:13	00:57:10	00:06:52
54	105550	3661	Fábio Durão	30-34	Outsystems Olímpico de Oeiras	00:17:17	00:01:03	00:29:48	00:01:00	00:08:06	00:57:14	00:06:56
55	100503	1741	Bernardo Boal	CAD	Clube Natação do Cartaxo	00:17:21	00:00:45	00:30:03	00:00:43	00:08:23	00:57:15	00:06:57
56	102366	3865	Fábio Cunha	25-29	Vela de Tavira	00:18:01	00:01:18	00:28:43	00:00:53	00:08:22	00:57:17	00:06:59
57	106626	3921	Ricardo Esteves	35-39	CPArmada	00:18:21	00:00:58	00:28:45	00:00:50	00:08:24	00:57:18	00:07:00
58	103001	2179	Ricardo Silva	JUN	Sport Lisboa e Benfica	00:18:11	00:00:47	00:29:54	00:00:37	00:07:58	00:57:27	00:07:09
59	104020	3884	Rui Fonte-Boa	30-34	Individual	00:18:25	00:00:41	00:28:54	00:00:41	00:08:46	00:57:27	00:07:09
60	101008	4105	Mario Pires	45-49	Clube de Futebol Os Belenenses	00:18:23	00:00:47	00:28:58	00:00:46	00:08:35	00:57:29	00:07:11
61	100424	2124	Gonçalo Oliveira	JUN	Outsystems Olímpico de Oeiras	00:17:04	00:00:45	00:28:58	00:00:41	00:10:06	00:57:34	00:07:16

Classificação Absoluta - Masculinos

#	Lic.	Dors.	Nome	Esc.	Equipa	Corrida	T1	Ciclismo	T2	Corrida	T.Total	Diff.
62	101824	4814	Gonçalo Resina	40-44	Núcleo do Sporting da Golegã	00:18:02	00:00:55	00:29:23	00:00:52	00:08:23	00:57:35	00:07:17
63	102550	4037	Gary Blesson	55-59	A. R. Casaense	00:18:31	00:00:56	00:28:38	00:00:50	00:08:46	00:57:41	00:07:23
64	101811	4151	António Calafate	50-54	Núcleo do Sporting da Golegã	00:18:49	00:00:45	00:28:35	00:00:47	00:08:50	00:57:46	00:07:28
65	103378	3284	Filipe Carneiro	30-34	Individual	00:18:22	00:00:46	00:29:43	00:00:51	00:08:06	00:57:48	00:07:30
66	104132	3308	Gonçalo Mendes	20-24	CNATRIL Triatlo	00:17:54	00:00:57	00:30:03	00:00:48	00:08:07	00:57:49	00:07:31
67	102552	2181	João Menino	JUN	Sport Lisboa e Benfica	00:18:30	00:00:43	00:28:52	00:00:42	00:09:09	00:57:56	00:07:38
68	101619	4711	Marco Sousa	45-49	Clube de Natação de Torres Novas	00:18:21	00:00:46	00:29:08	00:01:04	00:08:37	00:57:56	00:07:38
69	105153	1771	Gonçalo Raposo	CAD	Escola Triatlo Santo António Évora	00:17:17	00:00:37	00:30:59	00:00:43	00:08:40	00:58:16	00:07:58
70	103111	3902	Daniel Almeida	20-24	CCDSintrense	00:17:41	00:01:07	00:30:52	00:00:41	00:07:59	00:58:20	00:08:02
71	105716	3974	Miguel Gonçalves	35-39	Individual	00:17:20	00:00:53	00:31:25	00:00:53	00:07:53	00:58:24	00:08:06
72	102156	20	João Reis	20-24	FET-Fátima Escola de Triatlo	00:18:47	00:00:37	00:29:27	00:00:42	00:08:57	00:58:30	00:08:12
73	100660	3550	Diogo Gonçalves	20-24	Alhandra Sporting Club	00:18:00	00:00:43	00:30:39	00:00:41	00:08:28	00:58:31	00:08:13
74	104093	1754	Dinis Santos	CAD	FET-Fátima Escola de Triatlo	00:18:23	00:00:48	00:30:17	00:00:37	00:08:27	00:58:32	00:08:14
75	103815	1786	Afonso Lopes	CAD	Outsystems Olímpico de Oeiras	00:18:26	00:00:44	00:30:04	00:00:43	00:08:38	00:58:35	00:08:17
76	103638	2093	Guilherme Bonito	JUN	Outsystems Olímpico de Oeiras	00:18:20	00:00:45	00:30:10	00:00:44	00:08:36	00:58:35	00:08:17
77	105758	1694	Diogo Tomé	CAD	Peniche A. C.	00:18:11	00:00:47	00:30:34	00:00:48	00:08:16	00:58:36	00:08:18
78	104762	5295	João Mártires da Silva	40-44	Estoril Praia Credibom	-	-	-	-	-	00:58:37	00:08:19
79	102824	3182	Rui Lucas	30-34	Peniche A. C.	00:18:24	00:00:51	00:30:14	00:00:52	00:08:16	00:58:37	00:08:19
80	104855	3720	Tiago Lopes	25-29	Outsystems Olímpico de Oeiras	00:18:04	00:00:46	00:30:53	00:00:48	00:08:18	00:58:49	00:08:31
81	100578	4703	Henrique Matias	40-44	CNATRIL Triatlo	00:19:01	00:00:58	00:29:28	00:00:41	00:08:46	00:58:54	00:08:36
82	105927	12	Gabriel Garrido	20-24	Triatlo de Faro	00:18:20	00:00:52	00:30:16	00:00:54	00:08:36	00:58:58	00:08:40
83	102777	1685	Diogo Almeida	CAD	Clube 4 Estilos	00:18:00	00:00:45	00:30:52	00:00:59	00:08:23	00:58:59	00:08:41
84	105629	2141	José Nunes	JUN	Clube Natação do Cartaxo	00:18:22	00:00:56	00:30:07	00:00:52	00:08:46	00:59:03	00:08:45
85	104242	5270	Luís Cordeiro	40-44	SFRAA TRIATLO	00:19:39	00:00:55	00:28:46	00:00:44	00:08:59	00:59:03	00:08:45
86	100318	3470	Mário Santos	35-39	CNATRIL Triatlo	00:19:38	00:00:46	00:28:59	00:00:44	00:09:11	00:59:18	00:09:00
87	101702	4584	António Ferreira	50-54	Individual	00:18:31	00:00:59	00:29:57	00:01:07	00:08:45	00:59:19	00:09:01
88	100762	1779	Francisco Protásio	CAD	Sport Lisboa e Benfica	00:18:09	00:00:43	00:29:12	00:00:42	00:10:39	00:59:25	00:09:07
89	101292	2580	Sávio Silva	20-24	Sporting Clube de Portugal	00:18:50	00:00:42	00:30:00	00:00:49	00:09:18	00:59:39	00:09:21
90	103101	2186	Goncalo Batista	JUN	Clube de Natação da Amadora	00:18:02	00:00:44	00:30:53	00:00:47	00:09:16	00:59:42	00:09:24
91	103878	4923	António Martins	45-49	REPSOL TRIATLO	00:19:17	00:00:59	00:29:20	00:01:04	00:09:09	00:59:49	00:09:31
92	106308	1758	João Vaz	CAD	Sporting Clube de Portugal	00:18:45	00:00:41	00:31:19	00:00:36	00:08:37	00:59:58	00:09:40
93	104092	2158	Tiago Dias Santos	JUN	FET-Fátima Escola de Triatlo	00:18:21	00:00:55	00:31:44	00:00:40	00:08:30	01:00:10	00:09:52
94	100179	3476	Gonçalo Vieira	35-39	ADI-Ílhavo	00:19:16	00:00:49	00:30:50	00:00:41	00:08:35	01:00:11	00:09:53

Classificação Absoluta - Masculinos

#	Lic.	Dors.	Nome	Esc.	Equipa	Corrida	T1	Ciclismo	T2	Corrida	T.Total	Diff.
95	105508	1678	Ricardo Santos	CAD	ADI-Ílhavo	00:18:59	00:01:05	00:30:55	00:00:54	00:08:21	01:00:14	00:09:56
96	104070	2171	Tomás Henriques	JUN	CCDSintense	00:18:25	00:01:20	00:31:09	00:00:47	00:08:35	01:00:16	00:09:58
97	106649	4079	Antonio Horta	55-59	CPArmada	00:19:13	00:01:00	00:30:33	00:00:44	00:08:50	01:00:20	00:10:02
98	104335	2174	Guilherme Silva	JUN	GDR Manique de Cima	00:18:25	00:00:49	00:31:43	00:00:54	00:08:32	01:00:23	00:10:05
99	102323	3228	Hugo Pina	35-39	CNCVG	00:19:12	00:00:51	00:30:49	00:00:58	00:08:35	01:00:25	00:10:07
100	101291	4704	Ricardo Lanceiro	40-44	CNATRIL Triatlo	00:18:03	00:00:50	00:31:51	00:00:56	00:08:47	01:00:27	00:10:09
101	105354	1778	Pedro Carvalho	CAD	Sport Lisboa e Benfica	00:17:38	00:00:43	00:33:30	00:00:43	00:08:04	01:00:38	00:10:20
102	105427	5410	Vasco Levita	45-49	Estoril Praia Credibom	00:19:03	00:01:03	00:30:43	00:00:57	00:08:52	01:00:38	00:10:20
103	101572	4354	Vitor Santos	40-44	TRICAP-Penafirme	00:19:11	00:00:43	00:30:55	00:00:41	00:09:13	01:00:43	00:10:25
104	104629	2157	Guilherme Vairinhos	JUN	Lusitano / Frusoal	00:18:58	00:00:45	00:31:10	00:00:47	00:09:06	01:00:46	00:10:28
105	104545	4205	Mauro Azevedo	45-49	A. R. Casaense	00:18:54	00:01:03	00:31:42	00:00:47	00:08:24	01:00:50	00:10:32
106	105315	5170	Hugo Gaudêncio	45-49	REPSOL TRIATLO	00:19:18	00:00:59	00:30:36	00:00:55	00:09:02	01:00:50	00:10:32
107	106098	3134	Tiago Isidoro	30-34	Pimpões Triatlo	00:19:18	00:01:01	00:31:09	00:00:52	00:08:31	01:00:51	00:10:33
108	106516	4772	Paulo Pinheiro	40-44	Tri Amazing	00:18:19	00:00:58	00:32:23	00:00:56	00:08:18	01:00:54	00:10:36
109	102132	2106	António Frazão	JUN	FET-Fátima Escola de Triatlo	00:18:23	00:00:43	00:31:50	00:00:45	00:09:14	01:00:55	00:10:37
110	103187	4802	José Hernández	50-54	CNATRIL Triatlo	00:19:20	00:00:52	00:30:39	00:01:03	00:09:05	01:00:59	00:10:41
111	101805	1997	Nino Pereira	CAD	AD Galomar	00:19:39	00:00:47	00:30:21	00:00:40	00:09:34	01:01:01	00:10:43
112	104258	3932	Rui Pires	35-39	FET-Fátima Escola de Triatlo	00:18:43	00:01:07	00:31:47	00:01:09	00:08:16	01:01:02	00:10:44
113	103784	3642	Rui Gonçalo Vieira	35-39	Núcleo do Sporting da Golegã	00:18:48	00:00:54	00:31:21	00:00:54	00:09:13	01:01:10	00:10:52
114	105598	4244	João Marques	50-54	Triatlo Fundação Salesianos	00:19:16	00:00:51	00:31:27	00:00:54	00:08:58	01:01:26	00:11:08
115	101567	4249	Luís Cipriano	45-49	AMCR Fonte Grada	00:19:40	00:00:48	00:31:46	00:00:49	00:08:32	01:01:35	00:11:17
116	100596	4497	Alexandre Feliz	45-49	Peniche A. C.	00:20:05	00:00:45	00:30:43	00:00:47	00:09:23	01:01:43	00:11:25
117	103463	3369	Ildefonso Mendonça	30-34	Individual	00:20:20	00:00:43	00:30:27	00:00:44	00:09:35	01:01:49	00:11:31
118	105322	3544	Bruno Martins	35-39	Triatlo Fundação Salesianos	00:19:44	00:00:58	00:30:56	00:00:58	00:09:21	01:01:57	00:11:39
119	104146	1681	Bernardo Carvalho	CAD	CNCVG	00:18:57	00:00:45	00:32:21	00:00:39	00:09:20	01:02:02	00:11:44
120	105795	3814	Luís Viedma	30-34	Pimpões Triatlo	00:19:37	00:00:58	00:31:30	00:00:59	00:09:04	01:02:08	00:11:50
121	103433	1744	João Nobre	CAD	Clube Natação do Cartaxo	00:19:41	00:00:46	00:31:14	00:00:45	00:09:43	01:02:09	00:11:51
122	105829	2109	Diogo Pedro	JUN	CCDSintense	00:19:56	00:00:52	00:31:07	00:00:57	00:09:21	01:02:13	00:11:55
123	103093	2638	Rafael Travassos	20-24	Clube de Natação da Amadora	00:19:09	00:00:51	00:32:21	00:01:01	00:09:30	01:02:52	00:12:34
124	105389	3576	Leandro Brito	35-39	CPArmada	00:20:40	00:00:56	00:31:01	00:00:44	00:09:42	01:03:03	00:12:45
125	106577	3869	Cristiano Marques	25-29	TRICAP-Penafirme	00:19:56	00:01:02	00:31:41	00:00:57	00:09:58	01:03:34	00:13:16
126	103319	4856	Sergio Prazeres	45-49	Individual	00:20:02	00:01:11	00:32:28	00:01:14	00:08:52	01:03:47	00:13:29
127	102234	4639	Mario Torrinha	50-54	Vela de Tavira	00:20:00	00:00:55	00:32:52	00:01:01	00:09:01	01:03:49	00:13:31

Classificação Absoluta - Masculinos

#	Lic.	Dors.	Nome	Esc.	Equipa	Corrida	T1	Ciclismo	T2	Corrida	T.Total	Diff.
128	101872	4209	António Louro	45-49	CNATRIL Triatlo	00:20:01	00:00:53	00:32:57	00:00:44	00:09:16	01:03:51	00:13:33
129	105862	3029	Miguel Ferreira Pinto	30-34	CNATRIL Triatlo	00:19:48	00:01:11	00:32:43	00:01:05	00:09:10	01:03:57	00:13:39
130	103372	2121	Gonçalo Pagou	JUN	Clube de Nataçao da Amadora	00:19:40	00:00:49	00:33:19	00:00:44	00:09:35	01:04:07	00:13:49
131	103916	3793	Rui Melo	35-39	A. R. Casaense	00:20:50	00:00:47	00:32:03	00:00:51	00:09:43	01:04:14	00:13:56
132	106585	4036	João Pedro Farinha	40-44	Clube de Futebol Os Belenenses	00:19:40	00:01:05	00:31:18	00:01:19	00:10:55	01:04:17	00:13:59
133	101163	4360	Hélder Lopes	50-54	GDR Manique de Cima	00:21:17	00:00:55	00:31:24	00:01:00	00:09:47	01:04:23	00:14:05
134	104257	4458	Joaquim Almeida	45-49	Clube 4 Estilos	00:19:43	00:01:04	00:33:41	00:00:55	00:09:06	01:04:29	00:14:11
135	103376	1687	André Mota	CAD	Clube de Nataçao da Amadora	00:19:32	00:00:51	00:33:25	00:00:44	00:09:58	01:04:30	00:14:12
136	106001	1769	Miguel Martins	CAD	Triatlo de Faro	00:20:25	00:00:59	00:31:13	00:01:04	00:11:17	01:04:58	00:14:40
137	106659	1777	Gonçalo Santos	CAD	Sporting Clube de Portugal	00:20:16	00:00:51	00:33:11	00:00:55	00:09:49	01:05:02	00:14:44
138	101783	5228	Pedro Fernandes	40-44	Clube Oriental de Lisboa	00:20:26	00:00:59	00:32:52	00:01:08	00:09:52	01:05:17	00:14:59
139	100995	4044	Diogo Almeida	40-44	Clube de Triatlo de Almada	00:21:45	00:00:56	00:31:50	00:00:55	00:10:00	01:05:26	00:15:08
140	101348	3137	Henrique Delgado	35-39	TRICAP-Penafirme	00:21:36	00:00:56	00:31:43	00:00:56	00:10:16	01:05:27	00:15:09
141	102637	1740	Diogo Carvalhinho	CAD	Pimpões Triatlo	00:20:25	00:00:44	00:34:04	00:00:43	00:09:31	01:05:27	00:15:09
142	105790	5310	Nuno Navalho	40-44	FET-Fátima Escola de Triatlo	00:20:04	00:00:58	00:33:25	00:00:47	00:10:23	01:05:37	00:15:19
143	102683	4726	João Valhelhas	45-49	Clube Oriental de Lisboa	00:20:28	00:01:12	00:33:29	00:01:00	00:09:29	01:05:38	00:15:20
144	100144	4059	Fernando Feijão	65-69	Individual	00:21:11	00:00:47	00:33:16	00:00:51	00:09:42	01:05:47	00:15:29
145	102467	16	Ricardo Sousa	20-24	Penta Clube da Covilhã	00:18:23	00:01:00	00:35:59	00:01:14	00:09:11	01:05:47	00:15:29
146	101523	4143	Carlos Pedro	45-49	Linda-a-Pastora Sporting Clube	00:21:14	00:00:53	00:33:05	00:00:52	00:10:03	01:06:07	00:15:49
147	105293	5163	Hugo Henriques	40-44	Clube de Futebol Os Belenenses	00:20:17	00:01:34	00:33:28	00:01:12	00:09:48	01:06:19	00:16:01
148	106097	5384	Rui Pereira	45-49	Pimpões Triatlo	00:20:52	00:01:28	00:32:58	00:01:00	00:10:03	01:06:21	00:16:03
149	101772	4038	Pedro Nascimento	40-44	Clube 4 Estilos	00:21:13	00:00:58	00:33:04	00:00:53	00:10:15	01:06:23	00:16:05
150	106385	3593	Saul Leite	30-34	Peniche A. C.	00:21:44	00:01:07	00:33:45	00:00:57	00:09:21	01:06:54	00:16:36
151	106661	2178	Ivo São Pedro	JUN	CCDSintrense	00:20:33	00:01:09	00:35:00	00:00:57	00:09:17	01:06:56	00:16:38
152	105745	3745	Diogo Jacinto	25-29	TRICAP-Penafirme	00:20:01	00:00:45	00:36:33	00:00:44	00:09:09	01:07:12	00:16:54
153	106652	3958	Luís Faria	35-39	SNR Triatlo	00:22:32	00:00:58	00:33:04	00:01:06	00:09:59	01:07:39	00:17:21
154	106107	3142	Hugo Rocha	35-39	CCDSintrense	00:20:19	00:01:14	00:35:10	00:01:05	00:09:59	01:07:47	00:17:29
155	106607	3896	João Brazao Caldeira	25-29	Triatlo de Faro	00:20:59	00:01:22	00:34:43	00:01:00	00:09:50	01:07:54	00:17:36
156	106541	3825	Rui Silva	35-39	Linda-a-Pastora Sporting Clube	00:19:53	00:01:38	00:35:32	00:01:10	00:09:42	01:07:55	00:17:37
157	102999	19	Edgar Sousa	35-39	Clube Oriental de Lisboa	00:21:10	00:01:20	00:34:42	00:01:02	00:09:42	01:07:56	00:17:38
158	100422	1689	David Oliveira	CAD	AMICICLO GRÂNDOLA	00:23:07	00:00:56	00:32:42	00:00:53	00:11:09	01:08:47	00:18:29
159	106162	3181	João Clemente	30-34	LXTRIATHLON	00:20:27	00:01:19	00:36:26	00:01:18	00:09:20	01:08:50	00:18:32
160	100417	4774	Aníbal Oliveira	45-49	AMICICLO GRÂNDOLA	00:23:06	00:00:56	00:32:41	00:00:54	00:11:19	01:08:56	00:18:38

Classificação Absoluta - Masculinos

#	Lic.	Dors.	Nome	Esc.	Equipa	Corrida	T1	Ciclismo	T2	Corrida	T.Total	Diff.
161	102634	4904	Luís Carvalhinho	50-54	Pimpões Triatlo	00:21:52	00:01:05	00:35:13	00:00:58	00:09:50	01:08:58	00:18:40
162	104640	4457	Joaquim Barbosa	55-59	Individual	00:22:14	00:01:26	00:34:16	00:01:03	00:10:13	01:09:12	00:18:54
163	105382	3571	Jorge Pinto	30-34	Peniche A. C.	00:22:22	00:00:52	00:34:45	00:01:08	00:10:08	01:09:15	00:18:57
164	105791	5311	João Rosa	45-49	Peniche A. C.	00:22:56	00:01:17	00:33:38	00:01:04	00:10:24	01:09:19	00:19:01
165	104728	4531	Pedro Rico	45-49	Peniche A. C.	00:22:56	00:01:12	00:33:50	00:01:08	00:10:14	01:09:20	00:19:02
166	103306	4852	Francisco Sanches-Osório	55-59	Estoril Praia Credibom	00:22:32	00:01:23	00:33:59	00:01:13	00:10:28	01:09:35	00:19:17
167	106645	4230	Paulo Cavaleiro	55-59	Individual	00:21:17	00:00:57	00:37:12	00:00:45	00:09:43	01:09:54	00:19:36
168	102346	4439	Luís Prego	60-64	Linda-a-Pastora Sporting Clube	00:21:20	00:01:09	00:36:56	00:01:19	00:09:57	01:10:41	00:20:23
169	100817	4025	João Medeiro	55-59	Outsystems Olímpico de Oeiras	00:22:01	00:00:53	00:37:31	00:00:47	00:10:05	01:11:17	00:20:59
170	106658	2177	João Machado	JUN	Individual	00:22:47	00:01:15	00:36:44	00:01:09	00:09:30	01:11:25	00:21:07
171	0	5770	Rui Ramalho	50-54	Não Federado	00:22:09	00:00:40	00:38:06	00:00:52	00:09:38	01:11:25	00:21:07
172	104745	3399	Carlos Matias	30-34	Clube de Futebol Os Belenenses	00:24:34	00:01:02	00:35:20	00:00:59	00:09:56	01:11:51	00:21:33
173	102971	4552	José Bonito	50-54	Clube de Triatlo de Almada	00:23:04	00:00:56	00:36:26	00:01:03	00:10:52	01:12:21	00:22:03
174	105945	5356	Hugo Borges	45-49	Clube de Natação de Torres Novas	00:23:11	00:01:16	00:36:26	00:01:05	00:10:32	01:12:30	00:22:12
175	106654	4057	Alexandre Carvalho	45-49	CNCVG	00:23:04	00:01:37	00:36:45	00:01:26	00:10:00	01:12:52	00:22:34
176	106543	4873	Diamantino Gamito	50-54	Linda-a-Pastora Sporting Clube	00:22:02	00:01:14	00:38:09	00:01:26	00:10:03	01:12:54	00:22:36
177	106243	5474	Carlos Semide	45-49	GOfit Triatlo Portugal	00:23:45	00:01:19	00:35:51	00:01:24	00:10:44	01:13:03	00:22:45
178	101782	4403	Paulo Santos	55-59	Clube Oriental de Lisboa	00:23:52	00:01:30	00:36:33	00:01:14	00:10:05	01:13:14	00:22:56
179	100686	4189	Carlos Serra	50-54	Clube Oriental de Lisboa	00:23:54	00:01:25	00:35:44	00:00:59	00:11:13	01:13:15	00:22:57
180	105157	2105	Emanuel Simão	JUN	FET-Fátima Escola de Triatlo	00:23:39	00:01:23	00:36:31	00:00:57	00:11:14	01:13:44	00:23:26
181	106329	4198	Nuno Malcata	40-44	Clube de Futebol Os Belenenses	00:24:36	00:01:32	00:35:26	00:01:21	00:10:50	01:13:45	00:23:27
182	102424	18	Pedro Prioste	JUN	Ludens Clube de Machico	00:18:00	00:00:45	00:45:58	00:01:12	00:07:50	01:13:45	00:23:27
183	104978	5120	Nuno Duarte	45-49	Individual	00:24:05	00:01:24	00:36:47	00:01:54	00:10:32	01:14:42	00:24:24
184	101529	4346	Jorge Carreiras	50-54	Clube Oriental de Lisboa	00:25:38	00:01:12	00:37:21	00:01:15	00:11:52	01:17:18	00:27:00
185	106657	3966	Jorge Simões	20-24	LXTRIATHLON	00:24:47	00:01:22	00:38:35	00:01:05	00:12:19	01:18:08	00:27:50
186	106584	4052	Rui Afonso	50-54	Clube de Futebol Os Belenenses	00:22:23	00:02:40	00:42:14	00:01:32	00:10:39	01:19:28	00:29:10
187	105849	3842	João Carvalho	30-34	Individual	00:26:57	00:01:44	00:38:55	00:01:13	00:12:19	01:21:08	00:30:50
188	104979	13	João Génio	20-24	Clube dos Galitos	00:28:20	00:01:14	00:36:44	00:01:18	00:13:38	01:21:14	00:30:56
189	106571	3834	Diogo Cunha Reis	25-29	LXTRIATHLON	00:27:24	00:01:05	00:43:09	00:00:56	00:12:33	01:25:07	00:34:49
190	104746	3403	Miguel Vieira Pita	30-34	Triatlo Fundação Salesianos	00:29:30	00:01:08	00:42:31	00:01:07	00:14:14	01:28:30	00:38:12
191	101561	4409	Francisco Cipriano	75-79	AMCR Fonte Grada	00:36:58	00:01:25	00:49:18	00:01:22	00:18:59	01:48:02	00:57:44
DNF	106239	5471	Fernando Mendes	65-69	GOfit Triatlo Portugal	00:26:44	00:02:08	-	-	-	DNF	
DNF	103743	43	Paulo Rebelo	20-24	Lusitano - Setúbal	00:21:29	00:01:05	-	-	-	DNF	

Classificação Absoluta - Masculinos

#	Lic.	Dors.	Nome	Esc.	Equipa	Corrida	T1	Ciclismo	T2	Corrida	T.Total	Diff.
DNF	104861	5003	João Manuel Rosado	55-59	Núcleo do Sporting da Golegã	00:22:59	00:01:18	-	-	-	DNF	
DNF	105942	6133	Filipe Ribeiro	25-29	Estoril Praia Credibom	-	-	-	-	-	DNF	
DNS	102925	4738	Bruno Fonseca	40-44	3B - triatlo	-	-	-	-	-	DNS	
DNS	104900	2539	Cristiano Oliveira	25-29	A. R. Casaense	-	-	-	-	-	DNS	
DNS	105957	2642	Erwin Vanderplancke	25-29	Sporting Clube de Portugal	-	-	-	-	-	DNS	
DNS	100629	2103	Afonso Nunes	JUN	Alhandra Sporting Club	-	-	-	-	-	DNS	
DNS	104170	2149	Gonçalo Mendes	JUN	Clube de Nataçao de Torres Novas	-	-	-	-	-	DNS	
DNS	104192	3912	Carlos Rebola	35-39	Clube dos Galitos	-	-	-	-	-	DNS	
DNS	104811	1604	Rodrigo Azevedo	CAD	Clube Nataçao do Cartaxo	-	-	-	-	-	DNS	
DNS	103393	4890	Augusto Pires	55-59	Clube Oriental de Lisboa	-	-	-	-	-	DNS	
DNS	101162	1670	Gonçalo Coelho	CAD	CNCVG	-	-	-	-	-	DNS	
DNS	100321	5022	Nelson Moreira	40-44	Individual	-	-	-	-	-	DNS	
DNS	101014	4642	Rui Cabral	45-49	Linda-a-Pastora Sporting Clube	-	-	-	-	-	DNS	
DNS	106380	2139	Gonçalo Brito	JUN	Lusitano / Frusoal	-	-	-	-	-	DNS	
DNS	104138	4322	Adolfo Vagos	50-54	Peniche A. C.	-	-	-	-	-	DNS	
DNS	100464	1651	João Martins	CAD	SFRAA TRIATLO	-	-	-	-	-	DNS	