

Local da Prova: **Caminha**

Data: **03/10/2020**

Hora da Partida: -

Distancias: Natação - 1900m

Ciclismo - 9000m

Corrida - 21100m

Classificação Absoluta - Masculinos

#	Lic.	Dors.	Nome	Esc.	Equipa	Natação	T1	Ciclismo	T2	Corrida	T.Total	Diff.
1	100378	3816	Filipe Azevedo	25-29	Estoril Praia Credibom	00:21:59	00:01:10	02:04:20	00:01:17	01:15:08	03:43:54	00:00:00
2	100813	3873	João Francisco Ferreira	25-29	CNATRIL Triatlo	00:23:17	00:01:00	02:06:03	00:01:01	01:16:30	03:47:51	00:03:57
3	100235	3803	Pedro Afonso Pinto Gaspar	25-29	Alhandra Sporting Club	00:21:52	00:01:39	02:14:12	00:02:03	01:18:35	03:58:21	00:14:27
4	100780	2508	Rafael Domingos	25-29	Estoril Praia Credibom	00:23:17	00:01:05	02:13:22	00:01:10	01:19:37	03:58:31	00:14:37
5	101392	3258	José Estrangeiro	30-34	CNATRIL Triatlo	00:23:14	00:00:52	02:13:31	00:01:15	01:20:54	03:59:46	00:15:52
6	101753	2565	José Cabeça	20-24	Estoril Praia Credibom	00:23:13	00:01:08	02:13:20	00:01:39	01:21:40	04:01:00	00:17:06
7	107028	2774	Alberto Casillas	30-34	Estoril Praia Credibom	00:23:48	00:00:58	02:12:44	00:01:44	01:22:26	04:01:40	00:17:46
8	100613	4282	Sérgio Dias	40-44	CNATRIL Triatlo	00:27:01	00:01:18	02:15:58	00:00:59	01:19:09	04:04:25	00:20:31
9	100598	2584	André Duarte	25-29	Outsystems Olímpico de Oeiras	00:26:38	00:01:32	02:16:18	00:00:58	01:19:07	04:04:33	00:20:39
10	104735	3379	Bruno Santos	30-34	CNCVG	00:27:46	00:01:46	02:15:01	00:00:50	01:20:10	04:05:33	00:21:39
11	104879	6186	Mikael Eriksson	30-34	Sporting Clube de Portugal	00:25:40	00:01:19	02:15:10	00:01:09	01:23:20	04:06:38	00:22:44
12	106348	3485	Filipe Henriques	30-34	Individual	00:25:33	00:01:38	02:19:01	00:02:27	01:19:05	04:07:44	00:23:50
13	102259	3260	Rafael Gomes	35-39	Estoril Praia Credibom	00:26:15	00:01:25	02:16:36	00:00:48	01:22:47	04:07:51	00:23:57
14	103961	3841	João Bragadeste	35-39	CPArmada	00:29:05	00:01:20	02:17:38	00:01:13	01:18:45	04:08:01	00:24:07
15	100208	2572	Miguel Tomé	20-24	SFRAA TRIATLO	00:23:41	00:01:11	02:18:57	00:01:50	01:23:23	04:09:02	00:25:08
16	103841	3494	Filipe Marques	35-39	Estoril Praia Credibom	00:24:36	00:01:27	02:18:05	00:00:52	01:24:55	04:09:55	00:26:01
17	101511	3970	Renato Teixeira	25-29	GDG	00:26:29	00:01:25	02:15:59	00:00:52	01:25:29	04:10:14	00:26:20
18	102367	4179	Marco Vieira	40-44	CNATRIL Triatlo	00:26:31	00:01:30	02:16:20	00:01:59	01:25:02	04:11:22	00:27:28
19	103079	3824	João Rebelo	25-29	Lusitano - Setúbal	00:26:33	00:01:35	02:23:19	00:01:19	01:20:10	04:12:56	00:29:02
20	104329	3953	Pedro Lomba	35-39	Outsystems Olímpico de Oeiras	00:27:39	00:01:48	02:19:47	00:01:01	01:24:24	04:14:39	00:30:45
21	104783	3499	João Pedro Gomes	35-39	Núcleo do Sporting da Golegã	00:28:21	00:02:15	02:14:31	00:01:09	01:28:24	04:14:40	00:30:46
22	100436	3412	Rui Dolores	35-39	AMICICLO GRÂNDOLA	00:25:47	00:01:54	02:19:26	00:01:28	01:26:19	04:14:54	00:31:00
23	100328	3735	Ricardo Costa	35-39	Triatlo Clube Tap	00:25:40	00:01:32	02:17:12	00:00:54	01:29:50	04:15:08	00:31:14
24	100425	2523	Hugo Baluga	20-24	AMICICLO GRÂNDOLA	00:27:31	00:01:22	02:18:11	00:01:08	01:27:08	04:15:20	00:31:26
25	102653	5242	Nuno Neves	40-44	Louletano	00:25:42	00:01:14	02:17:57	00:01:10	01:29:52	04:15:55	00:32:01
26	101329	3101	Nuno Veríssimo	35-39	Sporting Clube de Portugal	00:27:32	00:01:34	02:19:54	00:02:22	01:25:04	04:16:26	00:32:32
27	101865	4324	Rui Narigueta	40-44	Outsystems Olímpico de Oeiras	00:32:17	00:01:36	02:12:28	00:00:56	01:29:09	04:16:26	00:32:32
28	104663	4609	Luis Mira Nunes	45-49	Individual	00:30:00	00:01:36	02:16:44	00:01:27	01:26:57	04:16:44	00:32:50

Classificação Absoluta - Masculinos

#	Lic.	Dors.	Nome	Esc.	Equipa	Natação	T1	Ciclismo	T2	Corrida	T.Total	Diff.
29	100819	3296	Jorge Duarte	35-39	Outsystems Olímpico de Oeiras	00:27:48	00:02:06	02:19:38	00:01:04	01:26:46	04:17:22	00:33:28
30	101291	4704	Ricardo Lanceiro	40-44	CNATRIL Triatlo	00:28:15	00:03:23	02:23:17	00:02:02	01:20:46	04:17:43	00:33:49
31	102120	4337	Paulo Martins	45-49	Sporting Clube de Espinho - FERSILVA	00:30:14	00:02:06	02:19:00	00:02:01	01:25:30	04:18:51	00:34:57
32	100318	3470	Mário Santos	35-39	CNATRIL Triatlo	00:26:31	00:01:10	02:16:42	00:01:28	01:33:09	04:19:00	00:35:06
33	102323	3228	Hugo Pina	35-39	CNCVG	00:27:31	00:01:19	02:21:00	00:00:55	01:29:18	04:20:03	00:36:09
34	101866	4894	Rui Costa	45-49	Exército de Portugal	00:29:01	00:01:35	02:20:46	00:01:50	01:26:53	04:20:05	00:36:11
35	107042	2772	Diogo Allen Coelho	20-24	Individual	00:29:18	00:01:34	02:15:51	00:01:56	01:32:14	04:20:53	00:36:59
36	101722	3224	Luís Sousa	35-39	Clube dos Galitos	00:30:02	00:01:23	02:20:04	00:01:08	01:29:01	04:21:38	00:37:44
37	101010	3704	Nuno Rodrigues	30-34	CNCVG	00:26:20	00:01:28	02:18:32	00:00:55	01:34:30	04:21:45	00:37:51
38	104791	4840	José Lima	40-44	EDV-TRIATLO	00:27:05	00:02:29	02:24:40	00:01:18	01:27:58	04:23:30	00:39:36
39	102017	3442	Bruno Caetano	30-34	Outsystems Olímpico de Oeiras	00:26:56	00:01:24	02:26:27	00:01:15	01:28:10	04:24:12	00:40:18
40	103020	3430	Pedro Oliveira	35-39	GDG	00:27:48	00:01:40	02:22:58	00:01:40	01:30:19	04:24:25	00:40:31
41	105839	3838	André Barbosa	25-29	ASSOCIAÇÃO LINCE TRIATHLON	00:26:36	00:01:42	02:20:01	00:00:58	01:35:13	04:24:30	00:40:36
42	104475	4091	Rui Pinheiro	40-44	Clube Desportivo Escola Santana	00:31:10	00:01:27	02:26:16	00:01:30	01:24:07	04:24:30	00:40:36
43	103115	4186	José Rui Galvão	50-54	Individual	00:29:17	00:02:35	02:20:10	00:01:40	01:30:55	04:24:37	00:40:43
44	102552	2181	João Menino	JUN	Sport Lisboa e Benfica	00:23:20	00:01:21	02:23:44	00:00:52	01:35:46	04:25:03	00:41:09
45	106615	4135	Bruno Teles Grilo	45-49	Estoril Praia Credibom	00:26:08	00:01:50	02:26:11	00:02:07	01:29:22	04:25:38	00:41:44
46	102524	4798	Jorge Vieira	50-54	Triatlo SUColarese	00:28:54	00:02:14	02:25:21	00:01:27	01:28:01	04:25:57	00:42:03
47	104454	3008	João Pacheco	30-34	Individual	00:27:49	00:01:32	02:25:06	00:01:35	01:30:02	04:26:04	00:42:10
48	101811	4151	António Calafate	50-54	Núcleo do Sporting da Golegã	00:25:55	00:01:21	02:22:01	00:01:31	01:36:00	04:26:48	00:42:54
49	101071	4001	David Caldeirão	45-49	Louletano	00:26:14	00:01:25	02:17:13	00:01:31	01:40:31	04:26:54	00:43:00
50	103353	3230	João Jesus	30-34	AMICICLO GRÂNDOLA	00:29:49	00:01:38	02:27:37	00:01:02	01:26:50	04:26:56	00:43:02
51	103696	3523	Luis Ferreira	35-39	Núcleo do Sporting da Golegã	00:29:48	00:02:00	02:25:31	00:01:01	01:28:45	04:27:05	00:43:11
52	103378	3284	Filipe Carneiro	30-34	Individual	00:27:16	00:01:49	02:29:52	00:01:29	01:27:50	04:28:16	00:44:22
53	106964	2753	Diogo Gomes	25-29	Triatlo Clube Tap	00:27:18	00:02:34	02:26:42	00:01:44	01:30:22	04:28:40	00:44:46
54	106990	2764	Joao Sacadura	35-39	Individual	00:28:36	00:04:54	02:24:07	00:02:43	01:29:11	04:29:31	00:45:37
55	101452	3840	Tiago Pinho	30-34	C F Vilacondense	00:33:22	00:01:44	02:25:58	00:01:09	01:27:24	04:29:37	00:45:43
56	100125	4397	Carlos Silva	55-59	Outsystems Olímpico de Oeiras	00:32:02	00:01:19	02:26:20	00:01:37	01:28:54	04:30:12	00:46:18
57	104052	3898	Adelino Soutinho	35-39	GDG	00:30:03	00:02:08	02:22:34	00:01:13	01:34:51	04:30:49	00:46:55
58	104762	5295	João Mártires da Silva	40-44	Estoril Praia Credibom	00:29:33	00:01:21	02:26:02	00:01:20	01:32:49	04:31:05	00:47:11
59	102222	3815	Ricardo Rosado	35-39	Núcleo do Sporting da Golegã	00:27:06	00:01:33	02:19:58	00:00:48	01:42:20	04:31:45	00:47:51
60	103784	3642	Rui Gonçalo Vieira	35-39	Núcleo do Sporting da Golegã	00:29:02	00:02:05	02:28:30	00:01:24	01:31:09	04:32:10	00:48:16
61	103993	3866	Fernando Batista	30-34	CPArmada	00:28:12	00:01:37	02:30:25	00:01:10	01:31:06	04:32:30	00:48:36

Classificação Absoluta - Masculinos

#	Lic.	Dors.	Nome	Esc.	Equipa	Natação	T1	Ciclismo	T2	Corrida	T.Total	Diff.
62	104830	5081	Rui Fonseca	40-44	Individual	00:27:39	00:01:47	02:25:22	00:01:37	01:37:22	04:33:47	00:49:53
63	100830	4013	Miguel Fragoso	55-59	Outsystems Olímpico de Oeiras	00:26:26	00:02:17	02:26:02	00:02:06	01:37:06	04:33:57	00:50:03
64	100603	4017	João Pedro Fulgêncio	40-44	Clube de Futebol Os Belenenses	00:27:58	00:01:33	02:24:50	00:01:40	01:38:18	04:34:19	00:50:25
65	103536	6183	Alex Ribeiro	40-44	EDV-TRIATLO	00:32:49	00:01:50	02:25:25	00:01:30	01:32:48	04:34:22	00:50:28
66	103172	5033	Hugo Sousa	45-49	Outsystems Olímpico de Oeiras	00:29:35	00:01:53	02:25:54	00:01:03	01:35:59	04:34:24	00:50:30
67	104234	3927	Manuel Anselmo	35-39	Sporting Clube de Espinho - FERSILVA	00:29:27	00:02:38	02:31:46	00:02:09	01:28:27	04:34:27	00:50:33
68	101779	3246	Ivan Costa	30-34	Clube Oriental de Lisboa	00:27:35	00:01:57	02:28:43	00:01:19	01:35:24	04:34:58	00:51:04
69	105210	3410	Pedro Ferreira da Silva	35-39	Individual	00:27:19	00:02:40	02:28:01	00:01:26	01:35:50	04:35:16	00:51:22
70	101720	4591	Jorge Figueiredo	45-49	Clube dos Galitos	00:27:07	00:01:41	02:20:03	00:01:24	01:45:04	04:35:19	00:51:25
71	103187	4802	José Hernández	50-54	CNATRIL Triatlo	00:30:51	00:01:45	02:27:19	00:01:32	01:33:57	04:35:24	00:51:30
72	104758	4626	Rui Gomes	40-44	Sporting Clube de Espinho - FERSILVA	00:28:54	00:03:11	02:35:10	00:01:19	01:27:20	04:35:54	00:52:00
73	100437	4773	Rui Gonçalves	45-49	REPSOL TRIATLO	00:32:43	00:03:18	02:33:37	00:01:51	01:24:33	04:36:02	00:52:08
74	103659	4367	José Peixoto	50-54	GDG	00:31:19	00:02:58	02:29:20	00:01:28	01:31:08	04:36:13	00:52:19
75	100263	4700	Rui Pereira da Silva	40-44	Clube Oriental de Lisboa	00:28:53	00:02:16	02:25:53	00:01:14	01:38:01	04:36:17	00:52:23
76	104855	3720	Tiago Lopes	25-29	Outsystems Olímpico de Oeiras	00:28:57	00:01:49	02:34:00	00:01:10	01:30:33	04:36:29	00:52:35
77	106375	3557	Frederico Cerdeira	35-39	Individual	00:31:14	00:02:29	02:37:57	00:02:21	01:22:37	04:36:38	00:52:44
78	100209	4586	Miguel T Duarte	55-59	Individual	00:27:31	00:01:46	02:27:06	00:02:02	01:38:14	04:36:39	00:52:45
79	106181	3187	Ricardo dos Santos	35-39	Individual	00:28:34	00:01:32	02:28:49	00:02:42	01:35:06	04:36:43	00:52:49
80	105380	5190	Bruno Pereira	45-49	Outsystems Olímpico de Oeiras	00:31:44	00:02:18	02:33:45	00:02:30	01:27:37	04:37:54	00:54:00
81	101169	4245	Jorge Fonseca	40-44	Estoril Praia Credibom	00:29:16	00:01:54	02:26:56	00:01:19	01:38:36	04:38:01	00:54:07
82	105527	5209	Lourenço Mota	40-44	Clube dos Galitos	00:29:47	00:02:21	02:29:21	00:01:36	01:35:10	04:38:15	00:54:21
83	101824	4814	Gonçalo Resina	40-44	Núcleo do Sporting da Golegã	00:31:06	00:02:28	02:36:04	00:01:30	01:27:12	04:38:20	00:54:26
84	104477	3049	Ricardo Pereira	35-39	Mc Donald's/Tribraga	00:30:36	00:01:39	02:29:58	00:01:26	01:34:55	04:38:34	00:54:40
85	102656	4278	João Martinho	40-44	CNATRIL Triatlo	00:27:12	00:01:17	02:28:36	00:01:40	01:40:45	04:39:30	00:55:36
86	101521	3159	André Jesus	30-34	Clube Oriental de Lisboa	00:30:57	00:02:10	02:29:54	00:00:55	01:36:13	04:40:09	00:56:15
87	101531	4530	Luís Filipe Valente	45-49	Clube Oriental de Lisboa	00:28:10	00:02:37	02:22:59	00:01:12	01:45:21	04:40:19	00:56:25
88	100743	4035	Paulo Lamego	45-49	Tri Amazing	00:29:00	00:02:11	02:30:59	00:01:16	01:37:01	04:40:27	00:56:33
89	103179	4525	Jorge Carvalho	50-54	Clube Oriental de Lisboa	00:31:13	00:01:49	02:29:55	00:01:00	01:36:45	04:40:42	00:56:48
90	104545	4205	Mauro Azevedo	45-49	A. R. Casaense	00:27:47	00:02:41	02:31:54	00:01:32	01:37:24	04:41:18	00:57:24
91	103865	3771	Nuno Afonso	35-39	Veteranos do Porto	00:29:45	00:01:56	02:26:59	00:01:13	01:41:42	04:41:35	00:57:41
92	103066	3495	Diogo Madeira	30-34	Triatlo Clube Tap	00:28:01	00:01:35	02:39:43	00:01:33	01:30:48	04:41:40	00:57:46
93	106315	4355	José Carlos Abrantes	45-49	Exército de Portugal	00:28:24	00:01:40	02:36:59	00:01:25	01:33:28	04:41:56	00:58:02
94	104778	3460	João Ribeiro	35-39	Sporting Clube de Espinho - FERSILVA	00:30:50	00:03:20	02:30:12	00:01:32	01:36:31	04:42:25	00:58:31

Classificação Absoluta - Masculinos

#	Lic.	Dors.	Nome	Esc.	Equipa	Natação	T1	Ciclismo	T2	Corrida	T.Total	Diff.
95	100607	4321	Luís Duarte	45-49	Vitória de Janes	00:27:35	00:02:12	02:31:31	00:02:44	01:39:24	04:43:26	00:59:32
96	102073	4451	Mário Machado	50-54	Triatlo SUColarese	00:25:59	00:01:37	02:43:10	00:01:33	01:31:39	04:43:58	01:00:04
97	100517	4022	Paulo Teles	45-49	3B - triatlo	00:28:41	00:02:10	02:28:48	00:01:34	01:42:50	04:44:03	01:00:09
98	104418	5479	Ricardo Furtado	40-44	Outsystems Olímpico de Oeiras	00:30:04	00:02:05	02:29:47	00:01:55	01:40:15	04:44:06	01:00:12
99	103576	8402	João Andrade	25-29	Clube dos Galitos	00:31:02	00:01:26	02:24:51	00:01:19	01:45:34	04:44:12	01:00:18
100	100529	3880	João Campos Cunha	25-29	Mc Donald's/Tribraga	00:26:12	00:01:23	02:35:27	00:01:23	01:40:58	04:45:23	01:01:29
101	102885	5364	Marcos Ratola	40-44	Tri Amazing	00:25:23	00:02:44	02:26:52	00:01:21	01:49:16	04:45:36	01:01:42
102	103821	3726	Bruno Lopes	30-34	Individual	00:26:00	00:02:09	02:40:22	00:01:26	01:36:08	04:46:05	01:02:11
103	105328	3549	Paulo Carvalho	30-34	C F Vilacondense	00:34:28	00:02:40	02:32:16	00:01:32	01:35:11	04:46:07	01:02:13
104	101783	5228	Pedro Fernandes	40-44	Clube Oriental de Lisboa	00:29:17	00:02:12	02:34:28	00:01:11	01:39:00	04:46:08	01:02:14
105	106098	3134	Tiago Isidoro	30-34	Pimpões Triatlo	00:27:48	00:02:43	02:39:16	00:01:41	01:34:59	04:46:27	01:02:33
106	104871	4296	Rui Borges	40-44	A. R. Casaense	00:25:59	00:01:37	02:32:23	00:01:45	01:45:02	04:46:46	01:02:52
107	103828	4654	Luis Diogo Santos	45-49	CNATRIL Triatlo	00:25:08	00:02:44	02:42:59	00:01:37	01:35:00	04:47:28	01:03:34
108	105658	3698	Joao Machado	35-39	Outsystems Olímpico de Oeiras	00:29:13	00:02:19	02:26:18	00:01:39	01:48:08	04:47:37	01:03:43
109	105322	3544	Bruno Martins	35-39	Triatlo Fundação Salesianos	00:27:09	00:02:16	02:34:24	00:01:44	01:42:21	04:47:54	01:04:00
110	104639	4410	Carlos Vitorino	50-54	Clube Triatlo de Abrantes	00:33:46	00:01:57	02:28:57	00:01:28	01:42:04	04:48:12	01:04:18
111	105592	4543	Nuno Bela	40-44	Individual	00:32:37	00:04:13	02:35:39	00:03:15	01:32:47	04:48:31	01:04:37
112	106155	3170	Luís Fraga	30-34	Outsystems Olímpico de Oeiras	00:28:34	00:01:31	02:44:42	00:01:16	01:33:49	04:49:52	01:05:58
113	105344	5185	Manuel Moutinho	40-44	Mc Donald's/Tribraga	00:31:11	00:01:45	02:44:10	00:01:33	01:31:21	04:50:00	01:06:06
114	101518	3020	Rui Barbosa	35-39	GDG	00:26:35	00:02:05	02:29:12	00:01:23	01:50:58	04:50:13	01:06:19
115	105599	4280	Ivo Magalhães	45-49	Individual	00:30:33	00:02:33	02:32:58	00:01:51	01:42:57	04:50:52	01:06:58
116	103916	3793	Rui Melo	35-39	A. R. Casaense	00:28:34	00:01:13	02:40:00	00:00:58	01:40:21	04:51:06	01:07:12
117	104781	4788	Pedro Nunes	45-49	Outsystems Olímpico de Oeiras	00:27:13	00:02:15	02:38:09	00:01:11	01:42:22	04:51:10	01:07:16
118	104516	3079	Hugo Costa	35-39	Clube de Triatlo de Viseu	00:28:50	00:03:39	02:38:37	00:01:18	01:39:32	04:51:56	01:08:02
119	100144	4059	Fernando Feijão	65-69	Individual	00:30:53	00:01:43	02:38:03	00:01:07	01:40:44	04:52:30	01:08:36
120	103647	4341	Luis Carvalho	45-49	Lusitano - Setúbal	00:31:17	00:02:12	02:28:54	00:01:33	01:48:44	04:52:40	01:08:46
121	101332	4394	Pedro Mega Jorge	50-54	Tri Amazing	00:27:52	00:02:38	02:35:40	00:01:18	01:45:50	04:53:18	01:09:24
122	106485	3627	Pedro Mota	35-39	Clube Desportivo Escola Santana	00:31:02	00:03:13	02:42:09	00:02:41	01:34:21	04:53:26	01:09:32
123	102874	3381	Nuno Gonçalo	30-34	Outsystems Olímpico de Oeiras	00:31:06	00:02:10	02:35:20	00:01:34	01:43:49	04:53:59	01:10:05
124	100521	5179	António Moita	45-49	Individual	00:30:28	00:03:43	02:39:50	00:02:00	01:38:16	04:54:17	01:10:23
125	106978	2761	Pedro Caçote	30-34	Individual	00:35:04	00:03:38	02:34:09	00:01:46	01:40:45	04:55:22	01:11:28
126	103956	4961	Ricardo Santos	45-49	CNCVG	00:31:26	00:03:24	02:36:21	00:01:16	01:43:48	04:56:15	01:12:21
127	101872	4209	António Louro	45-49	CNATRIL Triatlo	00:29:42	00:02:55	02:45:11	00:01:29	01:37:08	04:56:25	01:12:31

Classificação Absoluta - Masculinos

#	Lic.	Dors.	Nome	Esc.	Equipa	Natação	T1	Ciclismo	T2	Corrida	T.Total	Diff.
128	105620	4918	Pedro Vieira	40-44	C F Vilacondense	00:31:49	00:03:05	02:43:31	00:01:10	01:37:30	04:57:05	01:13:11
129	101993	3458	Paulo Bouça	35-39	Pedalarte	00:33:26	00:03:04	02:35:02	00:01:07	01:44:29	04:57:08	01:13:14
130	104021	4154	Alexandre Barbosa	45-49	Paredes Aventura	00:34:43	00:04:53	02:30:03	00:03:22	01:44:21	04:57:22	01:13:28
131	104685	4625	Pedro Sousa	45-49	ASSOCIAÇÃO LINCE TRIATHLON	00:31:30	00:02:48	02:35:34	00:02:07	01:46:19	04:58:18	01:14:24
132	106232	3310	Leonel Marques	35-39	Individual	00:30:45	00:02:10	02:44:43	00:01:26	01:39:29	04:58:33	01:14:39
133	102925	4738	Bruno Fonseca	40-44	3B - triatlo	00:33:50	00:04:09	02:38:29	00:01:20	01:40:56	04:58:44	01:14:50
134	100230	5352	Paulo Soares	40-44	Individual	00:34:16	00:03:01	02:41:59	00:01:36	01:38:25	04:59:17	01:15:23
135	104600	3157	Pedro Ponciano	30-34	Individual	00:30:26	00:02:20	02:34:50	00:01:40	01:50:07	04:59:23	01:15:29
136	106985	5118	Patrick Tigue	40-44	Individual	00:27:23	00:03:21	02:46:38	00:01:59	01:40:07	04:59:28	01:15:34
137	104771	3431	Jorge Carvalho	35-39	Clube de Futebol Os Belenenses	00:32:10	00:03:35	02:43:03	00:02:30	01:38:16	04:59:34	01:15:40
138	104134	3910	Dino Ablum	35-39	REPSOL TRIATLO	00:30:31	00:01:57	02:30:55	00:01:41	01:54:52	04:59:56	01:16:02
139	105282	3514	Sérgio Mota	35-39	Sporting Clube de Espinho - FERSILVA	00:30:08	00:03:00	02:30:33	00:02:17	01:54:16	05:00:14	01:16:20
140	103129	4895	Paulo Goulart	50-54	Clube de Futebol Os Belenenses	00:28:11	00:01:58	02:38:03	00:01:02	01:51:08	05:00:22	01:16:28
141	106630	4226	Miguel Leão	50-54	Individual	00:28:48	00:03:44	02:39:11	00:04:58	01:43:46	05:00:27	01:16:33
142	104894	4104	André Cabral	40-44	Outsystems Olímpico de Oeiras	00:29:55	00:02:40	02:48:08	00:01:58	01:38:22	05:01:03	01:17:09
143	106247	5475	Luís Almeida	45-49	Veteranos do Porto	00:31:46	00:04:13	02:40:33	00:01:47	01:45:11	05:03:30	01:19:36
144	107005	5207	Jorge Nunes	55-59	Individual	00:32:44	00:04:14	02:49:52	00:02:06	01:34:49	05:03:45	01:19:51
145	104230	4412	Pedro Leiria	45-49	CNCVG	00:33:22	00:03:44	02:37:36	00:02:31	01:46:48	05:04:01	01:20:07
146	105456	5416	Pedro Alvarez	45-49	Individual	00:30:08	00:02:46	02:48:01	00:01:23	01:41:49	05:04:07	01:20:13
147	106672	8403	Pedro Benjamim	25-29	Paredes Aventura	00:33:35	00:04:53	02:26:42	00:02:24	01:57:17	05:04:51	01:20:57
148	103852	4863	Nuno Pinho	40-44	Paredes Aventura	00:32:13	00:03:36	02:37:20	00:03:02	01:48:41	05:04:52	01:20:58
149	105489	5425	João Fernando	40-44	Sporting Clube de Espinho - FERSILVA	00:28:32	00:03:05	02:40:29	00:02:20	01:51:04	05:05:30	01:21:36
150	106750	6187	Marcos Alvarez	35-39	Pedalarte	00:31:57	00:01:55	02:37:34	00:01:34	01:52:51	05:05:51	01:21:57
151	101569	4214	Pedro Cardador	45-49	AMCR Fonte Grada	00:30:11	00:02:45	02:33:12	00:02:41	01:57:09	05:05:58	01:22:04
152	106286	4056	Carlos Valente	40-44	A. C. R. Ribeira	00:30:34	00:04:21	02:44:56	00:02:19	01:45:41	05:07:51	01:23:57
153	106481	3606	Pedro Magalhães	30-34	Individual	00:27:37	00:01:50	02:45:36	00:01:52	01:50:57	05:07:52	01:23:58
154	103720	4445	João Cunha Rêgo	45-49	Triatlo Clube Tap	00:28:52	00:02:23	02:32:46	00:02:33	02:01:43	05:08:17	01:24:23
155	103840	4546	Jorge Barroso	40-44	Individual	00:27:57	00:04:48	02:43:49	00:02:22	01:49:26	05:08:22	01:24:28
156	102590	3279	Ivo Pona	30-34	Outsystems Olímpico de Oeiras	00:29:29	00:01:22	02:24:47	00:14:29	01:58:20	05:08:27	01:24:33
157	102826	4398	Nuno Simões	40-44	A. R. Casaense	00:25:58	00:01:57	02:34:36	00:02:04	02:03:54	05:08:29	01:24:35
158	101522	4629	António Jorge Martinho	55-59	Clube Oriental de Lisboa	00:27:41	00:03:30	02:44:22	00:02:24	01:50:44	05:08:41	01:24:47
159	105628	5225	José Meira Rodrigues	45-49	Paredes Aventura	00:33:09	00:05:34	02:40:42	00:03:32	01:45:52	05:08:49	01:24:55
160	105662	3701	Tiago Batista	35-39	Triatlo Fundação Salesianos	00:28:19	00:01:25	02:38:29	00:01:20	01:59:29	05:09:02	01:25:08

Classificação Absoluta - Masculinos

#	Lic.	Dors.	Nome	Esc.	Equipa	Natação	T1	Ciclismo	T2	Corrida	T.Total	Diff.
161	100304	4692	João Diogo Cruz	45-49	Estoril Praia Credibom	00:26:42	00:01:38	02:45:14	00:01:12	01:54:34	05:09:20	01:25:26
162	100903	4336	José Calheiros	55-59	Veteranos do Porto	00:29:30	00:02:45	02:49:44	00:01:08	01:47:12	05:10:19	01:26:25
163	104852	4261	Paulo Faria	40-44	Outsystems Olímpico de Oeiras	00:28:54	00:03:40	02:48:57	00:02:17	01:46:55	05:10:43	01:26:49
164	104544	4172	Luís Miguel Tomé	45-49	Peniche A. C.	00:33:39	00:03:03	02:41:35	00:01:32	01:51:50	05:11:39	01:27:45
165	106205	3226	Micael Lopes	35-39	Individual	00:32:18	00:03:44	02:51:21	00:02:00	01:42:21	05:11:44	01:27:50
166	106206	3231	Manuel Alves	30-34	Individual	00:29:15	00:04:12	02:43:34	00:02:35	01:52:08	05:11:44	01:27:50
167	103173	4427	Miguel David	50-54	GRCD Leião Triatlo	00:29:05	00:02:37	02:50:31	00:02:13	01:48:19	05:12:45	01:28:51
168	101508	5065	Bruno Pontes	40-44	Mc Donald's/Tribraga	00:32:45	00:03:46	02:58:33	00:01:33	01:37:00	05:13:37	01:29:43
169	102251	4508	Vasco Borges	50-54	A. R. Casaense	00:29:01	00:01:56	02:37:55	00:01:39	02:03:06	05:13:37	01:29:43
170	105633	5227	Nuno Dantas	40-44	GRCD Leião Triatlo	00:33:09	00:03:46	02:47:52	00:02:27	01:46:42	05:13:56	01:30:02
171	104327	2614	André Santos	20-24	CNATRIL Triatlo	00:23:05	00:01:20	02:55:57	00:01:19	01:53:19	05:15:00	01:31:06
172	105749	3750	José André Ferreira	35-39	Individual	00:30:37	00:03:21	02:48:16	00:02:01	01:52:17	05:16:32	01:32:38
173	106260	3386	Flávio Figueiredo	35-39	Exército de Portugal	00:29:14	00:02:14	02:52:08	00:00:58	01:52:23	05:16:57	01:33:03
174	105659	5246	Pedro Lourenço	45-49	3B - triatlo	00:32:38	00:04:02	02:49:31	00:02:13	01:49:04	05:17:28	01:33:34
175	105667	5255	José Domingues	60-64	Triatlo Fundação Salesianos	00:34:32	00:02:57	02:48:39	00:01:24	01:51:32	05:19:04	01:35:10
176	103306	4852	Francisco Sanches-Osório	55-59	Estoril Praia Credibom	00:31:05	00:03:06	02:45:31	00:02:08	01:57:35	05:19:25	01:35:31
177	104646	4528	Gabriel Alves	50-54	3B - triatlo	00:32:41	00:04:01	03:05:28	00:03:33	01:36:29	05:22:12	01:38:18
178	106313	4103	André Aroso Dias	40-44	Individual	00:28:28	00:03:52	02:53:26	00:02:20	01:54:32	05:22:38	01:38:44
179	106197	5454	Celso Teixeira	50-54	Sporting Clube de Espinho - FERSILVA	00:32:39	00:02:56	02:45:19	00:01:54	02:00:00	05:22:48	01:38:54
180	101782	4403	Paulo Santos	55-59	Clube Oriental de Lisboa	00:30:32	00:02:54	02:52:34	00:04:20	01:53:27	05:23:47	01:39:53
181	106383	4440	Rui Melo	40-44	Mc Donald's/Tribraga	00:30:50	00:02:20	02:59:41	00:01:27	01:51:15	05:25:33	01:41:39
182	103976	4972	João Albuquerque	55-59	Clube 4 Estilos	00:31:50	00:02:20	02:50:22	00:01:55	02:00:07	05:26:34	01:42:40
183	103857	4681	André Medas	45-49	Sporting Clube de Espinho - FERSILVA	00:33:10	00:04:33	02:57:05	00:02:53	01:49:29	05:27:10	01:43:16
184	103371	4879	Rui Vasques Fonseca	55-59	Clube de Futebol Os Belenenses	00:29:41	00:03:55	02:51:17	00:02:13	02:00:39	05:27:45	01:43:51
185	104606	4314	Goncalo Guedes Rodrigues	40-44	Veteranos do Porto	00:32:11	00:04:47	02:50:39	00:04:57	01:55:52	05:28:26	01:44:32
186	103521	4064	Francisco Salgado	65-69	Estoril Praia Credibom	00:32:47	00:02:29	02:48:52	00:02:53	02:01:44	05:28:45	01:44:51
187	107016	5502	Ricardo Chung	45-49	Individual	00:33:45	00:05:14	02:46:04	00:02:51	02:01:30	05:29:24	01:45:30
188	105916	5351	Carlos Quaresma	40-44	GRCD Leião Triatlo	00:28:43	00:02:30	02:53:05	00:01:33	02:03:54	05:29:45	01:45:51
189	106970	6184	Luís Figueira	40-44	Individual	00:31:00	00:05:28	02:58:57	00:03:45	01:51:01	05:30:11	01:46:17
190	104061	4241	Andre Lima Cabrita	40-44	Triatlo de Faro	00:29:09	00:02:14	02:54:52	00:01:17	02:04:21	05:31:53	01:47:59
191	101039	4330	José Silva	55-59	Associação Académica de São Mamede	00:32:49	00:03:45	02:47:10	00:02:49	02:08:22	05:34:55	01:51:01
192	105743	5287	Abílio João Malheiro	45-49	C F Vilacondense	00:34:55	00:02:37	02:57:27	00:01:13	01:59:44	05:35:56	01:52:02
193	105212	5136	Nuno Ribeiro	45-49	Clube de Triatlo de Viseu	00:32:35	00:03:18	02:44:21	00:01:36	02:15:17	05:37:07	01:53:13

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#	Lic.	Dors.	Nome	Esc.	Equipa	Natação	T1	Ciclismo	T2	Corrida	T.Total	Diff.
194	105663	5251	Pedro Casal Ribeiro	45-49	Triatlo Fundação Salesianos	00:30:31	00:02:29	03:06:58	00:02:53	01:55:01	05:37:52	01:53:58
195	106107	3142	Hugo Rocha	35-39	CCDSintense	00:32:18	00:02:32	03:05:48	00:02:34	01:58:31	05:41:43	01:57:49
196	102433	4086	Miguel Rocha	45-49	Clube de Futebol Os Belenenses	00:31:27	00:03:46	03:06:07	00:01:55	02:01:05	05:44:20	02:00:26
197	106327	4164	Raul Azevedo	50-54	Individual	00:30:17	00:03:59	03:04:46	00:03:03	02:14:11	05:56:16	02:12:22
198	103711	4396	Rui Pedras	60-64	Individual	00:38:09	00:05:27	03:09:36	00:04:17	02:05:23	06:02:52	02:18:58
199	106691	8404	Daniel Pereira	30-34	Sporting Clube de Espinho - FERSILVA	00:32:23	00:03:59	03:10:40	00:02:15	02:21:43	06:11:00	02:27:06
DSQ	105638	3681	Gonçalo Champalimaud	35-39	Vitória de Janes	00:26:26	00:02:16	02:35:00	00:02:19	-	DSQ	
DSQ	105882	5347	Andre Marques	45-49	Holmes Place Triatlo Portugal	00:34:36	00:03:37	03:09:29	00:03:17	-	DSQ	
DSQ	106513	3785	Sandro Silva	30-34	GDG	00:29:15	00:03:10	02:25:44	00:01:16	-	DSQ	
DSQ	100763	3778	Gil Maia	25-29	Estoril Praia Credibom	00:23:47	00:00:54	02:21:37	00:01:25	-	DSQ	
DSQ	103255	3149	Filipe Baptista	35-39	Individual	00:25:13	00:01:25	02:34:35	00:01:21	-	DSQ	
DSQ	104460	4080	Ivo Carvalho	45-49	Sporting Clube de Espinho - FERSILVA	00:26:54	00:02:11	02:29:01	00:01:49	-	DSQ	
DNF	105319	3541	Pedro Castro	30-34	Mc Donald's/Tribraga	00:30:22	00:02:02	02:40:37	00:04:36	-	DNF	
DNF	100334	4272	Sergio Marques	40-44	CNATRIL Triatlo	00:25:46	00:01:07	02:16:13	00:02:15	-	DNF	
DNF	103539	4118	Rui Silva	45-49	Sporting Clube de Espinho - FERSILVA	00:32:07	00:02:18	02:28:57	00:01:24	-	DNF	
DNF	103671	4372	João Faria	45-49	Associação Académica de São Mamede	00:26:28	00:01:31	02:24:31	00:01:44	-	DNF	
DNF	104622	3197	Fábio Faustino	30-34	AMICICLO GRÂNDOLA	00:28:40	00:01:31	02:25:43	00:01:13	-	DNF	
DNF	104809	4889	Pedro Teixeira	45-49	Individual	00:31:58	00:02:52	-	-	-	DNF	
DNF	105594	4219	Ricardo R. Pereira	45-49	Individual	00:29:12	00:02:56	-	-	-	DNF	
DNF	100611	4897	Pedro Carreira	40-44	Peniche A. C.	00:28:43	00:01:41	-	-	-	DNF	
DNF	100775	3269	Miguel Arraiolos	30-34	Sport Lisboa e Benfica	00:22:54	00:01:10	-	-	-	DNF	
DNF	101340	6179	João Fragoso	35-39	Estoril Praia Credibom	00:28:49	00:01:39	-	-	-	DNF	
DNF	101833	4033	José Lino	45-49	Núcleo do Sporting da Golegã	00:28:10	00:01:29	-	-	-	DNF	
DNS	104790	4835	André Saleiro	45-49	EDV-TRIATLO	-	-	-	-	-	DNS	
DNS	104974	3166	Eduardo Mourato	30-34	Estoril Praia Credibom	-	-	-	-	-	DNS	
DNS	105823	5322	Carlos Gomes Ferreira	45-49	Louletano	-	-	-	-	-	DNS	
DNS	105833	5330	Diogo Gamito	50-54	GRCD Leião Triatlo	-	-	-	-	-	DNS	
DNS	105885	5350	Rui Levy	45-49	Individual	-	-	-	-	-	DNS	
DNS	106115	5389	José Canela	45-49	Louletano	-	-	-	-	-	DNS	
DNS	106230	5467	Paulo Freitas	45-49	Louletano	-	-	-	-	-	DNS	
DNS	106470	4921	Renato Carvalho	45-49	Individual	-	-	-	-	-	DNS	
DNS	106935	2742	Christophe De Keyser	25-29	Outsystems Olímpico de Oeiras	-	-	-	-	-	DNS	
DNS	106965	2754	Pedro Homem	35-39	Individual	-	-	-	-	-	DNS	

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#	Lic.	Dors.	Nome	Esc.	Equipa	Natação	T1	Ciclismo	T2	Corrida	T.Total	Diff.
DNS	100578	4703	Henrique Matias	40-44	CNATRIL Triatlo	-	-	-	-	-	DNS	
DNS	100624	4857	Miguel Reis	40-44	GRCD Leião Triatlo	-	-	-	-	-	DNS	
DNS	101450	3817	Pedro Ventura	35-39	Paredes Aventura	-	-	-	-	-	DNS	
DNS	101781	4293	miguel velez	55-59	GRCD Leião Triatlo	-	-	-	-	-	DNS	
DNS	102062	4157	Eduardo Coelho	45-49	Triatlo SUColarese	-	-	-	-	-	DNS	
DNS	102316	3393	Tiago Amado	35-39	Individual	-	-	-	-	-	DNS	
DNS	102418	4759	João Canhão	50-54	Sporting Clube de Portugal	-	-	-	-	-	DNS	
DNS	102586	4095	Fernando Salvador	45-49	Paredes Aventura	-	-	-	-	-	DNS	
DNS	102971	4552	José Bonito	50-54	Clube de Triatlo de Almada	00:33:55	-	-	-	-	DNS	
DNS	103321	4860	Renato Araújo	50-54	Associação Naval Amorense	-	-	-	-	-	DNS	
DNS	103536	5237	Alex Ribeiro	40-44	EDV-TRIATLO	-	-	-	-	-	DNS	
DNS	103615	5353	Ricardo Senos	40-44	Individual	-	-	-	-	-	DNS	
DNS	103700	4915	João Pedro Viegas	55-59	Associação Naval Amorense	-	-	-	-	-	DNS	
DNS	103719	4442	Faber Bastos	50-54	Individual	-	-	-	-	-	DNS	
DNS	104782	4789	Luciano Pereira	60-64	EDV-TRIATLO	-	-	-	-	-	DNS	