

Local da Prova: **Lisboa**

Data: **05/09/2020**

Hora da Partida: -

Distancias: Natação - 1500m

Ciclismo - 40000m (5 voltas)

Corrida - 10000m (4 voltas)

Classificação Absoluta - Masculinos

#	Lic.	Dors.	Nome	Esc.	Equipa	Natação	T1	Ciclismo	T2	Corrida	T.Total	Diff.
1	102465	2619	António Barata	20-24	Sport Lisboa e Benfica	00:21:35	00:02:04	-	-	00:33:14	01:59:02	00:00:00
2	104879	8412	Mikael Eriksson	30-34	Sporting Clube de Portugal	00:22:40	00:02:12	00:58:53	00:01:10	00:35:19	02:00:14	00:01:12
3	104735	3379	Bruno Santos	30-34	CNCVG	00:25:12	00:01:56	01:00:27	00:00:59	00:32:03	02:00:37	00:01:35
4	100836	5264	Pedro Eloy	40-44	Outsystems Olímpico de Oeiras	00:18:52	00:01:59	01:03:43	00:01:15	00:36:00	02:01:49	00:02:47
5	100598	2584	André Duarte	25-29	Outsystems Olímpico de Oeiras	-	-	-	00:01:04	00:34:03	02:02:17	00:03:15
6	103841	3494	Filipe Marques	35-39	Estoril Praia Credibom	00:20:57	00:02:15	01:01:49	00:01:02	00:36:36	02:02:39	00:03:37
7	100613	4282	Sérgio Dias	40-44	CNATRIL Triatlo	00:25:27	00:01:51	01:00:51	00:01:05	00:33:36	02:02:50	00:03:48
8	101010	3704	Nuno Rodrigues	30-34	CNCVG	00:22:27	00:01:54	01:01:30	00:01:03	00:35:59	02:02:53	00:03:51
9	100328	3735	Ricardo Costa	35-39	Triatlo Clube Tap	00:20:48	00:02:10	01:01:35	00:01:10	00:37:24	02:03:07	00:04:05
10	101309	2527	Filipe Marques	20-24	Sporting Clube de Portugal	00:20:16	00:02:16	01:02:03	00:01:02	00:37:37	02:03:14	00:04:12
11	102073	4451	Mário Machado	50-54	Triatlo SUColarese	00:20:58	00:02:26	01:00:52	00:01:06	00:37:56	02:03:18	00:04:16
12	103828	4654	Luis Diogo Santos	45-49	CNATRIL Triatlo	00:20:54	00:02:03	01:01:32	00:01:09	00:37:43	02:03:21	00:04:19
13	100208	2572	Miguel Tomé	20-24	SFRAA TRIATLO	00:19:42	00:02:15	01:01:58	00:01:20	00:38:12	02:03:27	00:04:25
14	103961	3841	João Bragadeste	35-39	CParmada	00:25:40	00:02:12	01:00:42	00:01:03	00:34:09	02:03:46	00:04:44
15	101071	4001	David Caldeirão	45-49	Louletano	00:21:31	00:02:16	01:02:03	00:01:14	00:38:34	02:05:38	00:06:36
16	103638	2093	Guilherme Bonito	JUN	Outsystems Olímpico de Oeiras	00:19:53	00:01:49	01:04:16	00:00:53	00:39:05	02:05:56	00:06:54
17	101964	4765	Nelson Mestre	40-44	Lusitano / Frusoad	00:22:30	00:02:00	01:03:23	00:01:06	00:37:00	02:05:59	00:06:57
18	100318	3470	Mário Santos	35-39	CNATRIL Triatlo	00:24:39	00:02:00	01:01:01	00:01:08	00:37:27	02:06:15	00:07:13
19	105942	3331	Filipe Ribeiro	25-29	Estoril Praia Credibom	00:22:15	00:02:14	01:03:05	00:01:04	00:38:06	02:06:44	00:07:42
20	103974	3858	João Rodrigues	25-29	A. R. Casaense	00:22:15	00:02:03	01:04:21	00:00:59	00:37:33	02:07:11	00:08:09
21	102017	3442	Bruno Caetano	30-34	Outsystems Olímpico de Oeiras	00:21:37	00:02:01	01:07:16	00:00:59	00:35:35	02:07:28	00:08:26
22	103255	3149	Filipe Baptista	35-39	Individual	00:21:05	00:02:30	01:04:21	00:01:09	00:38:26	02:07:31	00:08:29
23	100705	2501	Nuno Ribeiro	20-24	Alhandra Sporting Club	00:21:21	00:01:54	01:04:12	00:00:54	00:39:15	02:07:36	00:08:34
24	104855	3720	Tiago Lopes	25-29	Outsystems Olímpico de Oeiras	00:24:11	00:02:02	01:03:36	00:01:10	00:37:13	02:08:12	00:09:10
25	101865	4324	Rui Nariqueta	40-44	Outsystems Olímpico de Oeiras	00:28:42	00:02:30	01:00:36	00:01:14	00:35:50	02:08:52	00:09:50
26	100787	2556	Afonso Garcia	25-29	Outsystems Olímpico de Oeiras	00:20:51	00:02:03	01:05:05	00:01:04	00:39:51	02:08:54	00:09:52
27	103079	3824	João Rebelo	25-29	Lusitano - Setúbal	00:26:10	00:02:29	01:03:48	00:01:03	00:35:30	02:09:00	00:09:58
28	101329	3101	Nuno Veríssimo	35-39	Sporting Clube de Portugal	00:24:07	00:02:24	01:03:25	00:01:47	00:37:35	02:09:18	00:10:16

Classificação Absoluta - Masculinos

#	Lic.	Dors.	Nome	Esc.	Equipa	Natação	T1	Ciclismo	T2	Corrida	T.Total	Diff.
29	104329	3953	Pedro Lomba	35-39	Outsystems Olímpico de Oeiras	00:24:33	00:02:17	01:04:32	00:01:09	00:36:49	02:09:20	00:10:18
30	104783	3499	João Pedro Gomes	35-39	Núcleo do Sporting da Golegã	00:26:00	00:03:20	00:59:34	00:01:23	00:39:22	02:09:39	00:10:37
31	106181	3187	Ricardo dos Santos	35-39	Individual	00:24:14	00:02:18	01:00:58	00:01:10	00:41:12	02:09:52	00:10:50
32	101292	2580	Sávio Silva	20-24	Sporting Clube de Portugal	00:24:16	00:02:04	01:05:25	00:00:57	00:37:17	02:09:59	00:10:57
33	104870	3031	Miguel Neto Gonçalves	35-39	ADI-Ílhavo	00:17:28	00:02:08	01:07:45	00:01:09	00:41:39	02:10:09	00:11:07
34	101515	5066	Leandro Pinto	40-44	Mc Donald's/Tribraga	00:23:08	00:02:17	01:04:36	00:01:14	00:38:55	02:10:10	00:11:08
35	101811	4151	António Calafate	50-54	Núcleo do Sporting da Golegã	00:22:26	00:02:23	01:03:06	00:01:15	00:41:00	02:10:10	00:11:08
36	104552	3125	Marco Canelas	35-39	Triatlo de Faro	00:23:23	00:02:24	01:04:42	00:01:09	00:38:48	02:10:26	00:11:24
37	100611	4897	Pedro Carreira	40-44	Peniche A. C.	00:27:18	00:02:11	01:03:28	00:01:04	00:36:39	02:10:40	00:11:38
38	101596	4632	Gonçalo Neves	45-49	Clube de Natação de Torres Novas	00:21:35	00:02:02	01:06:04	00:01:27	00:39:44	02:10:52	00:11:50
39	100800	3026	David Maia	25-29	Outsystems Olímpico de Oeiras	00:23:03	00:02:22	01:05:48	00:01:09	00:38:44	02:11:06	00:12:04
40	101340	8414	João Fragoso	35-39	Estoril Praia Credibom	00:28:09	00:02:33	01:03:20	00:01:20	00:36:18	02:11:40	00:12:38
41	104132	3308	Gonçalo Mendes	20-24	CNATRIL Triatlo	00:25:17	00:02:05	01:05:39	00:01:20	00:37:30	02:11:51	00:12:49
42	101291	4704	Ricardo Lanceiro	40-44	CNATRIL Triatlo	00:26:37	00:02:22	01:04:34	00:01:35	00:36:43	02:11:51	00:12:49
43	106615	4135	Bruno Teles Grilo	45-49	Estoril Praia Credibom	00:23:57	00:02:24	01:04:37	00:01:09	00:39:46	02:11:53	00:12:51
44	105927	3893	Gabriel Garrido	20-24	Triatlo de Faro	00:24:10	00:02:32	01:06:04	00:01:40	00:37:48	02:12:14	00:13:12
45	100321	5022	Nelson Moreira	40-44	Estoril Praia Credibom	00:24:40	00:02:08	01:04:14	00:01:07	00:40:25	02:12:34	00:13:32
46	105058	5096	Carlos Brito	60-64	Vitória de Janes	00:23:10	00:02:17	01:06:26	00:01:22	00:39:32	02:12:47	00:13:45
47	100529	3880	João Campos Cunha	25-29	Mc Donald's/Tribraga	00:22:01	00:02:32	01:06:31	00:01:29	00:40:28	02:13:01	00:13:59
48	103204	4806	Jorge Augusto	45-49	Mc Donald's/Tribraga	00:26:32	00:02:31	01:04:21	00:01:09	00:38:28	02:13:01	00:13:59
49	103671	4372	João Faria	45-49	Associação Académica de São Mamede	00:25:14	00:02:22	01:05:12	00:01:19	00:39:11	02:13:18	00:14:16
50	104362	3964	Duarte Pais	35-39	Estoril Praia Credibom	00:25:55	00:02:30	01:05:59	00:01:21	00:37:35	02:13:20	00:14:18
51	101866	4894	Rui Costa	45-49	Exército de Portugal	00:29:57	00:02:30	01:02:23	00:01:31	00:37:24	02:13:45	00:14:43
52	101520	5067	Tiago Lobo	40-44	Mc Donald's/Tribraga	00:24:04	00:02:06	01:08:26	00:01:06	00:38:12	02:13:54	00:14:52
53	105638	3681	Gonçalo Champalimaud	35-39	Vitória de Janes	00:25:16	00:03:05	01:04:32	00:01:26	00:39:39	02:13:58	00:14:56
54	100590	4142	Paulo Figueiredo	45-49	Individual	00:24:25	00:02:47	01:00:29	00:01:28	00:45:08	02:14:17	00:15:15
55	101008	4105	Mario Pires	45-49	Clube de Futebol Os Belenenses	00:27:20	00:02:28	01:03:37	00:01:36	00:39:33	02:14:34	00:15:32
56	106370	4363	Luís Simões	40-44	Individual	00:25:24	00:03:28	01:05:23	00:01:47	00:39:08	02:15:10	00:16:08
57	106964	2753	Diogo Gomes	25-29	Triatlo Clube Tap	00:26:02	00:03:00	01:05:50	00:01:34	00:38:54	02:15:20	00:16:18
58	106708	2679	João Freitas	35-39	Vitória de Janes	00:25:57	00:02:55	01:04:18	00:01:07	00:41:14	02:15:31	00:16:29
59	100607	4321	Luís Duarte	45-49	Vitória de Janes	00:25:35	00:02:27	01:06:01	00:01:18	00:40:16	02:15:37	00:16:35
60	100743	4035	Paulo Lamego	45-49	Tri Amazing	00:25:49	00:03:07	01:06:21	00:01:21	00:39:04	02:15:42	00:16:40
61	103115	4186	José Rui Galvão	50-54	Individual	00:25:49	00:04:15	01:03:46	00:01:51	00:40:08	02:15:49	00:16:47

Classificação Absoluta - Masculinos

#	Lic.	Dors.	Nome	Esc.	Equipa	Natação	T1	Ciclismo	T2	Corrida	T.Total	Diff.
62	105351	5186	Simon Taylor	55-59	Vela de Tavira	00:28:25	00:03:00	01:01:52	00:01:22	00:41:28	02:16:07	00:17:05
63	106810	2709	Joe Shepherd	20-24	Individual	00:23:26	00:02:17	01:08:08	00:01:02	00:41:20	02:16:13	00:17:11
64	105394	3578	David Paiva	30-34	Clube de Natação de Torres Novas	00:22:46	00:02:42	01:07:30	00:01:14	00:42:01	02:16:13	00:17:11
65	103993	3866	Fernando Batista	30-34	CPArmada	00:26:05	00:02:57	01:06:41	00:01:20	00:39:17	02:16:20	00:17:18
66	104762	5295	João Mártires da Silva	40-44	Estoril Praia Credibom	00:29:35	00:02:33	01:04:47	00:01:08	00:38:29	02:16:32	00:17:30
67	101493	3119	Jose Paiva	35-39	Clube dos Galitos	00:22:28	00:02:11	01:08:34	00:01:06	00:42:42	02:17:01	00:17:59
68	100830	4013	Miguel Fragoso	55-59	Outsystems Olímpico de Oeiras	00:23:01	00:03:06	01:06:15	00:01:43	00:42:58	02:17:03	00:18:01
69	106271	3438	Adriano Correia	25-29	Individual	00:23:02	00:02:36	01:10:23	00:01:06	00:39:58	02:17:05	00:18:03
70	100570	4472	Carlos Fernandes	40-44	SFRAA TRIATLO	00:27:58	00:02:15	01:06:25	00:01:05	00:39:40	02:17:23	00:18:21
71	104477	3049	Ricardo Pereira	35-39	Mc Donald's/Tribraga	00:29:27	00:02:08	01:06:14	00:01:10	00:38:55	02:17:54	00:18:52
72	106709	2680	Bruno Rolim	35-39	Vitória de Janes	00:28:27	00:02:37	01:06:38	00:01:26	00:38:54	02:18:02	00:19:00
73	103282	4843	Pedro Fernandes	40-44	Clube Millenniumbcp	00:25:20	00:03:19	01:04:47	00:01:25	00:43:51	02:18:42	00:19:40
74	106846	2720	Miguel Silva	20-24	Individual	00:27:57	00:03:15	01:07:12	00:01:26	00:39:00	02:18:50	00:19:48
75	101959	5259	David Costa	40-44	AMICICLO GRÂNDOLA	00:25:11	00:02:56	01:05:21	00:01:29	00:43:53	02:18:50	00:19:48
76	104830	5081	Rui Fonseca	40-44	Individual	00:24:40	00:02:57	01:09:39	00:01:37	00:40:01	02:18:54	00:19:52
77	104857	5086	Miguel Anastácio	40-44	Vela de Tavira	00:27:45	00:02:39	01:03:00	00:01:24	00:44:08	02:18:56	00:19:54
78	101486	4088	Celso Moreira	40-44	DAR-Recardães EXPansion	00:28:05	00:02:45	01:05:55	00:01:16	00:40:58	02:18:59	00:19:57
79	104629	2157	Guilherme Vairinhos	JUN	Lusitano / Frusoal	00:23:47	00:02:14	01:08:39	00:01:09	00:43:13	02:19:02	00:20:00
80	102082	4071	Rui de Oliveira	40-44	Triatlo SUColarese	00:21:30	00:03:01	01:09:42	00:01:42	00:43:07	02:19:02	00:20:00
81	105322	3544	Bruno Martins	35-39	Triatlo Fundação Salesianos	00:24:42	00:02:31	01:06:59	00:01:31	00:43:20	02:19:03	00:20:01
82	100578	4703	Henrique Matias	40-44	CNATRIL Triatlo	00:27:57	00:02:34	01:06:45	00:01:27	00:40:22	02:19:05	00:20:03
83	101619	4711	Marco Sousa	45-49	Clube de Natação de Torres Novas	00:26:16	00:02:20	01:08:02	00:01:15	00:41:17	02:19:10	00:20:08
84	104617	8410	João Morais	40-44	Estoril Praia Credibom	00:25:31	00:03:00	01:04:16	00:01:16	00:45:14	02:19:17	00:20:15
85	100188	4414	Luís Coelho da Silva	40-44	Individual	00:27:58	00:02:50	01:05:21	00:01:25	00:41:53	02:19:27	00:20:25
86	101518	3020	Rui Barbosa	35-39	GDG	00:25:45	00:02:30	01:06:00	00:01:21	00:43:54	02:19:30	00:20:28
87	104475	4091	Rui Pinheiro	40-44	Clube Desportivo Escola Santana	00:32:57	00:02:33	01:04:49	00:01:18	00:38:13	02:19:50	00:20:48
88	106098	3134	Tiago Isidoro	30-34	Pimpões Triatlo	00:27:17	00:03:13	01:07:17	00:01:36	00:40:28	02:19:51	00:20:49
89	103785	3649	José Paulo Carvalho	35-39	Vela de Tavira	00:23:24	00:02:48	01:06:29	00:02:41	00:44:32	02:19:54	00:20:52
90	103539	4118	Rui Silva	45-49	Sporting Clube de Espinho - FERSILVA	00:30:39	00:03:14	01:05:49	00:01:39	00:38:44	02:20:05	00:21:03
91	103031	4514	Luís Silva	45-49	Clube de Triatlo de Almada	00:25:02	00:02:21	01:08:17	00:01:18	00:43:12	02:20:10	00:21:08
92	102062	4157	Eduardo Coelho	45-49	Triatlo SUColarese	00:27:43	00:02:47	01:07:45	00:01:52	00:40:18	02:20:25	00:21:23
93	102524	4798	Jorge Vieira	50-54	Triatlo SUColarese	00:28:45	00:02:58	01:07:57	00:01:22	00:39:28	02:20:30	00:21:28
94	101169	4245	Jorge Fonseca	40-44	Estoril Praia Credibom	00:29:53	00:02:51	01:05:43	00:01:24	00:40:48	02:20:39	00:21:37

Classificação Absoluta - Masculinos

#	Lic.	Dors.	Nome	Esc.	Equipa	Natação	T1	Ciclismo	T2	Corrida	T.Total	Diff.
95	104545	4205	Mauro Azevedo	45-49	A. R. Casaense	00:28:21	00:02:54	01:09:07	00:01:19	00:39:12	02:20:53	00:21:51
96	105823	5322	Carlos Gomes Ferreira	45-49	Louletano	00:28:12	00:03:27	01:05:54	00:01:31	00:41:51	02:20:55	00:21:53
97	106493	5199	Pedro Rocha	50-54	Individual	00:26:12	00:03:21	01:07:03	00:01:36	00:42:51	02:21:03	00:22:01
98	103066	3495	Diogo Madeira	30-34	Triatlo Clube Tap	00:26:39	00:03:29	01:08:30	00:01:36	00:40:50	02:21:04	00:22:02
99	100517	4022	Paulo Teles	45-49	3B - triatlo	00:26:51	00:02:42	01:06:04	00:01:39	00:44:01	02:21:17	00:22:15
100	103838	4441	Rodrigo Espírito Santo	40-44	Estoril Praia Credibom	00:26:31	00:02:39	01:05:41	00:01:16	00:45:14	02:21:21	00:22:19
101	106939	2745	Santiago del Puerto	30-34	Outsystems Olímpico de Oeiras	00:28:04	00:02:48	01:09:54	00:01:15	00:39:25	02:21:26	00:22:24
102	103784	3642	Rui Gonçalo Vieira	35-39	Núcleo do Sporting da Golegã	00:28:31	00:03:07	01:08:45	00:01:20	00:39:53	02:21:36	00:22:34
103	106115	5389	José Canela	45-49	Louletano	00:30:57	00:03:15	01:06:18	00:01:32	00:39:44	02:21:46	00:22:44
104	104877	3085	Nuno Dias	30-34	AMICICLO GRÂNDOLA	00:29:08	00:02:28	01:07:37	00:01:17	00:41:27	02:21:57	00:22:55
105	103659	4367	José Peixoto	50-54	GDG	00:33:10	00:03:08	01:05:22	00:01:09	00:39:11	02:22:00	00:22:58
106	101862	4793	Paulo Silvestre	45-49	SNR Triatlo	00:26:32	00:03:43	01:05:43	00:01:46	00:44:17	02:22:01	00:22:59
107	103172	5033	Hugo Sousa	45-49	Outsystems Olímpico de Oeiras	00:31:34	00:02:36	01:06:49	00:01:25	00:39:38	02:22:02	00:23:00
108	101433	4073	Nuno Carvalhinho	45-49	Triatlo Clube Tap	00:29:06	00:02:46	01:04:22	00:01:33	00:44:21	02:22:08	00:23:06
109	106162	3181	João Clemente	30-34	LXTRIATHLON	00:22:57	00:02:51	01:14:12	00:01:29	00:40:50	02:22:19	00:23:17
110	101845	4012	Rui Sousa	45-49	Núcleo do Sporting da Golegã	00:25:13	00:02:26	01:11:15	00:01:10	00:42:25	02:22:29	00:23:27
111	100209	4586	Miguel T Duarte	55-59	Individual	00:25:47	00:03:05	01:06:49	00:02:29	00:44:22	02:22:32	00:23:30
112	105319	3541	Pedro Castro	30-34	Mc Donald's/Tribraga	00:31:25	00:02:40	01:08:47	00:01:10	00:38:44	02:22:46	00:23:44
113	103187	4802	José Hernández	50-54	CNATRIL Triatlo	00:30:49	00:03:05	01:06:13	00:01:23	00:41:22	02:22:52	00:23:50
114	100125	4397	Carlos Silva	55-59	Outsystems Olímpico de Oeiras	00:35:34	00:02:31	01:05:17	00:01:19	00:38:19	02:23:00	00:23:58
115	106984	2763	Helder Cipriano	35-39	Lusitano / Frusoyal	00:28:05	00:02:38	01:06:36	00:01:28	00:44:42	02:23:29	00:24:27
116	105139	5113	Diogo Pina Pereira	40-44	Triatlo Fundação Salesianos	00:28:36	00:02:48	01:06:51	00:01:06	00:44:20	02:23:41	00:24:39
117	103720	4445	João Cunha Rêgo	45-49	Triatlo Clube Tap	00:25:16	00:03:17	01:07:15	00:02:00	00:45:53	02:23:41	00:24:39
118	102590	3279	Ivo Pona	30-34	Outsystems Olímpico de Oeiras	00:32:07	00:02:26	01:04:14	00:02:14	00:42:42	02:23:43	00:24:41
119	102545	8413	Roberto Parra Fernández	35-39	Núcleo do Sporting da Golegã	00:22:27	00:01:58	01:19:27	00:01:11	00:38:55	02:23:58	00:24:56
120	102874	3381	Nuno Gonçalo	30-34	Outsystems Olímpico de Oeiras	00:29:11	00:02:12	01:07:51	00:01:13	00:43:44	02:24:11	00:25:09
121	106381	4405	Rui Pereira	45-49	Peniche A. C.	00:28:11	00:04:25	01:09:50	00:01:59	00:39:47	02:24:12	00:25:10
122	100266	4448	Sérgio Batalha	50-54	3B - triatlo	00:38:17	00:03:07	01:04:23	00:01:20	00:37:08	02:24:15	00:25:13
123	106826	2715	Ricardo Durão	30-34	Individual	00:28:05	00:03:04	01:08:40	00:01:48	00:42:53	02:24:30	00:25:28
124	106315	4355	José Carlos Abrantes	45-49	Exército de Portugal	00:30:39	00:03:14	01:09:03	00:01:20	00:40:32	02:24:48	00:25:46
125	100704	4682	Nuno Tintim	40-44	Estoril Praia Credibom	00:31:15	00:02:16	01:09:42	00:01:41	00:40:04	02:24:58	00:25:56
126	103179	4525	Jorge Carvalho	50-54	Clube Oriental de Lisboa	00:31:01	00:02:41	01:07:04	00:01:34	00:43:10	02:25:30	00:26:28
127	100179	3476	Gonçalo Vieira	35-39	ADI-Ílhavo	00:27:18	00:02:13	01:10:53	00:01:03	00:44:04	02:25:31	00:26:29

Classificação Absoluta - Masculinos

#	Lic.	Dors.	Nome	Esc.	Equipa	Natação	T1	Ciclismo	T2	Corrida	T.Total	Diff.
128	106977	2760	HenkJan Ruitenbeek	35-39	Individual	00:30:29	00:04:42	01:08:31	00:02:08	00:40:13	02:26:03	00:27:01
129	101558	4167	Carlos Maia	50-54	Sport Algés e Dafundo	00:31:38	00:03:49	01:04:36	00:01:55	00:44:24	02:26:22	00:27:20
130	106489	3653	Rafael Lamego	20-24	Tri Amazing	00:24:50	00:03:15	01:10:17	00:01:25	00:46:56	02:26:43	00:27:41
131	105599	4280	Ivo Magalhães	45-49	Individual	00:30:49	00:02:52	01:06:53	00:01:45	00:44:30	02:26:49	00:27:47
132	106285	4030	Bruno Brito	40-44	Individual	00:27:10	00:03:43	01:12:05	00:02:31	00:41:24	02:26:53	00:27:51
133	101872	4209	António Louro	45-49	CNATRIL Triatlo	00:28:59	00:03:46	01:11:22	00:01:10	00:41:51	02:27:08	00:28:06
134	106982	2762	Fabiano Vaz	35-39	Individual	00:30:50	00:02:48	01:07:13	00:01:56	00:44:32	02:27:19	00:28:17
135	105791	5311	João Rosa	45-49	Peniche A. C.	00:25:43	00:04:09	01:10:00	00:01:49	00:45:47	02:27:28	00:28:26
136	101852	4136	Filipe Mendes	45-49	SNR Triatlo	00:29:30	00:03:13	01:09:21	00:01:35	00:43:59	02:27:38	00:28:36
137	101332	4394	Pedro Mega Jorge	50-54	Tri Amazing	00:26:40	00:03:28	01:11:14	00:01:36	00:44:52	02:27:50	00:28:48
138	100304	4692	João Diogo Cruz	45-49	Estoril Praia Credibom	00:25:45	00:02:42	01:11:37	00:01:32	00:46:38	02:28:14	00:29:12
139	100903	4336	José Calheiros	55-59	Veteranos do Porto	00:26:38	00:02:36	01:13:04	00:01:23	00:44:37	02:28:18	00:29:16
140	105344	5185	Manuel Moutinho	40-44	Mc Donald's/Tribraga	00:31:35	00:02:56	01:10:35	00:01:36	00:41:39	02:28:21	00:29:19
141	102096	4678	José Massaça	45-49	Clube Oriental de Lisboa	00:32:31	00:02:57	01:08:12	00:01:43	00:43:08	02:28:31	00:29:29
142	104716	4512	Jaime Bacharel	45-49	Individual	00:30:34	00:03:38	01:07:59	00:01:38	00:45:21	02:29:10	00:30:08
143	104823	5041	Nuno Nobre	45-49	Clube Millenniumbcp	00:37:43	00:02:56	01:05:35	00:01:22	00:41:34	02:29:10	00:30:08
144	105648	5236	Bruno Batista	40-44	Tri Amazing	00:29:20	00:04:09	01:10:09	00:02:11	00:43:22	02:29:11	00:30:09
145	105850	3844	João Feijão	35-39	Triatlo Clube Tap	00:28:55	00:03:24	01:10:27	00:02:16	00:44:24	02:29:26	00:30:24
146	103956	4961	Ricardo Santos	45-49	CNCVG	00:31:57	00:04:03	01:06:59	00:01:25	00:45:30	02:29:54	00:30:52
147	101783	5228	Pedro Fernandes	40-44	Clube Oriental de Lisboa	00:29:18	00:03:03	01:12:04	00:01:36	00:43:56	02:29:57	00:30:55
148	103409	3360	João Paulo Cardoso	35-39	Exército de Portugal	00:31:15	00:03:47	01:14:04	00:01:46	00:39:08	02:30:00	00:30:58
149	105427	5410	Vasco Levita	45-49	Estoril Praia Credibom	00:31:12	00:03:19	01:11:58	00:02:05	00:41:34	02:30:08	00:31:06
150	100144	4059	Fernando Feijão	65-69	Individual	00:29:55	00:02:41	01:12:11	00:01:17	00:44:25	02:30:29	00:31:27
151	104781	4788	Pedro Nunes	45-49	Outsystems Olímpico de Oeiras	00:24:29	00:03:21	01:12:21	00:01:24	00:48:59	02:30:34	00:31:32
152	100555	4202	Paulo Quintino	50-54	Clube Millenniumbcp	00:33:52	00:03:12	01:12:14	00:01:09	00:40:13	02:30:40	00:31:38
153	106936	2743	Rui Matias	25-29	SFRAA TRIATLO	00:38:53	00:02:54	01:04:58	00:01:16	00:42:45	02:30:46	00:31:44
154	102343	4727	Carlos Custódio	45-49	CNCVG	00:26:21	00:02:56	01:08:34	00:01:22	00:51:36	02:30:49	00:31:47
155	106338	4310	Ken Gielen	45-49	Associação Naval Amorense	00:24:17	00:04:23	01:08:36	00:02:10	00:51:29	02:30:55	00:31:53
156	104915	5028	Rui Gaspar	40-44	Associação Humanitária de Bombeiros dos Estoril	00:30:05	00:03:15	01:09:03	00:01:37	00:47:07	02:31:07	00:32:05
157	101522	4629	António Jorge Martinho	55-59	Clube Oriental de Lisboa	00:26:09	00:03:18	01:14:00	00:01:47	00:46:08	02:31:22	00:32:20
158	104418	5479	Ricardo Furtado	40-44	Outsystems Olímpico de Oeiras	00:30:55	00:03:11	01:08:35	00:01:32	00:47:31	02:31:44	00:32:42
159	101331	4204	Pedro Gil Morais	45-49	Individual	00:31:27	00:03:53	01:09:57	00:01:35	00:45:02	02:31:54	00:32:52
160	106479	5106	Jorge Dinis	50-54	Associação Naval Amorense	00:28:28	00:03:43	01:09:49	00:01:55	00:48:54	02:32:49	00:33:47

Classificação Absoluta - Masculinos

#	Lic.	Dors.	Nome	Esc.	Equipa	Natação	T1	Ciclismo	T2	Corrida	T.Total	Diff.
161	103195	3064	Fabio Munhoz	35-39	Vela de Tavira	00:26:04	00:03:10	01:10:14	00:02:20	00:51:06	02:32:54	00:33:52
162	104757	3417	Vitor Silva	35-39	Sporting Clube de Espinho - FERSILVA	00:28:25	00:03:05	01:08:42	00:02:00	00:50:42	02:32:54	00:33:52
163	105948	3066	João Saldanha Lopes	30-34	LXTRIATHLON	00:32:08	00:03:03	01:09:39	00:01:24	00:47:02	02:33:16	00:34:14
164	103129	4895	Paulo Goulart	50-54	Clube de Futebol Os Belenenses	00:28:03	00:03:08	01:10:41	00:01:43	00:50:00	02:33:35	00:34:33
165	101782	4403	Paulo Santos	55-59	Clube Oriental de Lisboa	00:27:20	00:03:24	01:13:17	00:01:39	00:48:07	02:33:47	00:34:45
166	104954	5078	Patrick Ebrero	40-44	Peniche A. C.	00:28:28	00:04:56	01:08:29	00:02:19	00:49:42	02:33:54	00:34:52
167	101569	4214	Pedro Cardador	45-49	AMCR Fonte Grada	00:29:27	00:03:36	01:07:39	00:02:19	00:51:00	02:34:01	00:34:59
168	106925	2736	Rui Martins	35-39	Associação Vale Grande	-	-	-	-	-	02:34:37	00:35:35
169	106485	3627	Pedro Mota	35-39	Clube Desportivo Escola Santana	00:34:03	00:04:25	01:10:19	00:02:17	00:44:16	02:35:20	00:36:18
170	106491	5161	Luis Vidinha	50-54	Individual	00:29:42	00:03:48	01:13:44	00:01:42	00:46:35	02:35:31	00:36:29
171	104470	5023	Jorge Ferreira	40-44	Triatlo Fundação Salesianos	00:28:28	00:03:02	01:10:14	00:01:55	00:51:57	02:35:36	00:36:34
172	105571	5219	Rui Velez	55-59	Clube Oriental de Lisboa	00:28:19	00:04:07	01:12:49	00:01:33	00:48:51	02:35:39	00:36:37
173	103296	4850	Pedro Mota	45-49	ADI-Ílhavo	00:29:54	00:02:58	01:13:13	00:01:35	00:48:02	02:35:42	00:36:40
174	101854	4456	Helder Moringa	50-54	SNR Triatlo	00:30:58	00:03:11	01:12:04	00:01:28	00:48:03	02:35:44	00:36:42
175	103700	4915	João Pedro Viegas	55-59	Associação Naval Amorense	00:31:17	00:03:11	01:14:41	00:01:30	00:45:05	02:35:44	00:36:42
176	101341	4618	João Duarte	45-49	AMICICLO GRÂNDOLA	00:33:14	00:03:13	01:11:34	00:01:32	00:46:25	02:35:58	00:36:56
177	104761	4657	Rui Mirra	45-49	Estoril Praia Credibom	00:32:07	00:03:38	01:11:49	00:02:00	00:46:34	02:36:08	00:37:06
178	100210	4535	Miguel Gaivão	55-59	Individual	00:30:09	00:03:03	01:10:22	00:01:24	00:51:28	02:36:26	00:37:24
179	104448	4796	Paulo Vasconcelos	50-54	Outsystems Olímpico de Oeiras	00:34:34	00:03:30	01:07:55	00:01:33	00:48:59	02:36:31	00:37:29
180	102933	4498	João Galhordas	45-49	Associação Humanitária de Bombeiros dos Estoril	00:32:18	00:03:49	01:14:03	00:02:00	00:44:26	02:36:36	00:37:34
181	106371	8411	Domingos Domingues	35-39	CNATRIL Triatlo	00:34:21	00:03:42	01:11:10	00:01:45	00:46:07	02:37:05	00:38:03
182	100236	3749	Pedro Rodrigues	35-39	Individual	00:32:52	00:03:13	01:12:53	00:01:21	00:46:50	02:37:09	00:38:07
183	104061	4241	Andre Lima Cabrita	40-44	Triatlo de Faro	00:26:08	00:03:26	01:14:41	00:01:38	00:51:39	02:37:32	00:38:30
184	106270	2726	David Martins	25-29	Lusitano - Setúbal	00:33:43	00:03:37	01:13:43	00:01:28	00:45:27	02:37:58	00:38:56
185	105456	5416	Pedro Alvarez	45-49	Individual	00:31:13	00:03:33	01:16:17	00:01:41	00:45:58	02:38:42	00:39:40
186	101567	4249	Luís Cipriano	45-49	AMCR Fonte Grada	00:35:16	00:02:48	01:13:41	00:01:59	00:45:05	02:38:49	00:39:47
187	104586	4270	António Duarte	50-54	Triatlo Fundação Salesianos	00:30:40	00:03:05	01:13:16	00:01:54	00:50:08	02:39:03	00:40:01
188	104230	4412	Pedro Leiria	45-49	CNCVG	00:35:56	00:04:08	01:08:16	00:02:10	00:48:38	02:39:08	00:40:06
189	105457	5417	Gonçalo Areia	45-49	Estoril Praia Credibom	00:27:44	00:03:48	01:18:09	00:01:35	00:47:56	02:39:12	00:40:10
190	106232	3310	Leonel Marques	35-39	Individual	00:38:01	00:03:29	01:12:32	00:01:37	00:43:41	02:39:20	00:40:18
191	103321	4860	Renato Araújo	50-54	Associação Naval Amorense	00:32:01	00:02:58	01:13:52	00:02:00	00:48:42	02:39:33	00:40:31
192	101065	4060	António Moura	60-64	Pimpões Triatlo	00:30:11	00:03:00	01:14:45	00:01:36	00:50:12	02:39:44	00:40:42
193	103840	4546	Jorge Barroso	40-44	Individual	00:28:34	00:04:02	01:14:33	00:02:02	00:51:02	02:40:13	00:41:11

Classificação Absoluta - Masculinos

#	Lic.	Dors.	Nome	Esc.	Equipa	Natação	T1	Ciclismo	T2	Corrida	T.Total	Diff.
194	104639	4410	Carlos Vitorino	50-54	Clube Triatlo de Abrantes	00:30:38	00:02:56	01:20:47	00:01:31	00:44:39	02:40:31	00:41:29
195	105664	5252	Bruno Ricardo	55-59	Triatlo Fundação Salesianos	00:30:28	00:03:24	01:14:41	00:01:57	00:50:14	02:40:44	00:41:42
196	103132	5265	Rodrigo Pais de Almeida	40-44	Outsystems Olímpico de Oeiras	00:35:17	00:03:40	01:10:08	00:02:09	00:49:44	02:40:58	00:41:56
197	105667	5255	José Domingues	60-64	Triatlo Fundação Salesianos	00:35:31	00:03:51	01:13:35	00:01:27	00:46:44	02:41:08	00:42:06
198	103899	4929	Esmeraldino Sá	40-44	Associação Naval Amorense	00:33:31	00:02:40	01:12:34	00:01:54	00:50:32	02:41:11	00:42:09
199	106260	3386	Flávio Figueiredo	35-39	Exército de Portugal	00:29:02	00:03:27	01:22:26	00:01:21	00:45:19	02:41:35	00:42:33
200	105393	5197	Hugo Jesus	40-44	Alhandra Sporting Club	00:32:40	00:04:19	01:14:09	00:02:03	00:48:25	02:41:36	00:42:34
201	106795	2704	Filipe Vieira	30-34	Clube de Futebol Os Belenenses	00:35:19	00:02:56	01:11:02	00:01:16	00:51:05	02:41:38	00:42:36
202	102251	4508	Vasco Borges	50-54	A. R. Casaense	00:32:48	00:03:27	01:12:53	00:01:23	00:51:20	02:41:51	00:42:49
203	105293	5163	Hugo Henriques	40-44	Clube de Futebol Os Belenenses	00:39:55	00:04:04	01:08:27	00:02:51	00:46:48	02:42:05	00:43:03
204	105200	3408	Hélder Carvalheira	35-39	Holmes Place Triatlo Portugal	00:37:00	00:03:50	01:14:35	00:01:51	00:46:16	02:43:32	00:44:30
205	105947	5358	Nuno Malaquias	40-44	Sport Algés e Dafundo	00:36:28	00:04:12	01:13:03	00:01:48	00:48:11	02:43:42	00:44:40
206	104911	5025	António Marques	55-59	Associação Humanitária de Bombeiros dos Estoril	00:29:25	00:03:50	01:15:38	00:02:02	00:52:53	02:43:48	00:44:46
207	106986	5122	Nuno Almeida	50-54	Individual	00:34:50	00:03:15	01:17:23	00:02:10	00:46:19	02:43:57	00:44:55
208	106974	5111	Mário Pimenta	45-49	Individual	00:43:05	00:05:28	01:10:19	00:02:44	00:43:50	02:45:26	00:46:24
209	106585	4036	João Pedro Farinha	40-44	Clube de Futebol Os Belenenses	00:36:30	00:03:17	01:09:35	00:01:21	00:54:49	02:45:32	00:46:30
210	103307	4854	Paulo Renato Marques	55-59	Individual	00:34:22	00:03:39	01:14:42	00:01:55	00:51:25	02:46:03	00:47:01
211	103933	4943	Vitor Paulo	45-49	Clube Oriental de Lisboa	00:37:28	00:03:30	01:12:21	00:02:10	00:51:16	02:46:45	00:47:43
212	106911	2732	Gonçalo Bouhon	25-29	Individual	00:30:11	00:05:04	01:18:37	00:04:26	00:48:36	02:46:54	00:47:52
213	100166	3420	João Dias Pinheiro	35-39	Individual	00:30:32	00:03:10	01:22:45	00:01:30	00:49:01	02:46:58	00:47:56
214	105174	5117	Helder Correia	40-44	Associação Académica de São Mamede	00:28:30	00:06:52	01:24:59	00:01:37	00:45:40	02:47:38	00:48:36
215	103503	4020	Ricardo Neves	40-44	Mc Donald's/Tribraga	00:31:00	00:04:03	01:18:09	00:01:48	00:52:55	02:47:55	00:48:53
216	102433	4086	Miguel Rocha	45-49	Clube de Futebol Os Belenenses	00:36:05	00:03:28	01:17:16	00:01:50	00:49:47	02:48:26	00:49:24
217	105641	3684	Sandro Reis	35-39	Individual	00:38:47	00:03:30	01:16:18	00:02:18	00:47:50	02:48:43	00:49:41
218	106963	5084	José Pina	40-44	Louletano	00:40:23	00:03:33	01:18:19	00:01:38	00:44:58	02:48:51	00:49:49
219	100817	4025	João Medeiro	55-59	Outsystems Olímpico de Oeiras	00:41:04	00:03:01	01:15:55	00:01:27	00:47:28	02:48:55	00:49:53
220	104256	4435	Rui Viegas Faria	45-49	Sport Algés e Dafundo	00:28:40	00:04:43	01:13:32	00:03:09	00:58:56	02:49:00	00:49:58
221	103988	4979	Ricardo Mendes	45-49	CNCVG	00:35:22	00:03:26	01:15:56	00:02:13	00:53:11	02:50:08	00:51:06
222	103306	4852	Francisco Sanches-Osório	55-59	Estoril Praia Credibom	00:42:45	00:03:56	01:13:54	00:02:08	00:47:43	02:50:26	00:51:24
223	100686	4189	Carlos Serra	50-54	Clube Oriental de Lisboa	00:33:12	00:04:36	01:19:07	00:01:41	00:52:58	02:51:34	00:52:32
224	106893	4945	José Jacinto	45-49	GRCD Leião Triatlo	00:32:56	00:03:44	01:19:55	00:02:48	00:52:26	02:51:49	00:52:47
225	106221	5462	Miguel San-Payo	55-59	Individual	00:36:20	00:04:33	01:21:59	00:02:16	00:46:46	02:51:54	00:52:52
226	106434	4133	Mário Fonseca	45-49	Individual	00:40:10	00:04:49	01:12:59	00:03:06	00:52:53	02:53:57	00:54:55

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#	Lic.	Dors.	Nome	Esc.	Equipa	Natação	T1	Ciclismo	T2	Corrida	T.Total	Diff.
227	102995	4608	Luís Duque	55-59	GDR Manique de Cima	00:37:15	00:03:59	01:17:29	00:02:29	00:53:22	02:54:34	00:55:32
228	104544	4172	Luís Miguel Tomé	45-49	Peniche A. C.	00:48:36	00:03:44	01:09:53	00:01:14	00:51:17	02:54:44	00:55:42
229	103521	4064	Francisco Salgado	65-69	Estoril Praia Credibom	00:33:52	00:04:21	01:19:35	00:02:20	00:55:10	02:55:18	00:56:16
230	103396	4891	Fernando André Silva	60-64	Individual	00:33:40	00:04:36	01:21:42	00:01:54	00:53:51	02:55:43	00:56:41
231	103662	4763	Pedro Mendonça	45-49	Individual	00:38:18	00:04:20	01:22:54	00:01:57	00:48:27	02:55:56	00:56:54
232	106230	5467	Paulo Freitas	45-49	Louletano	00:57:18	00:04:37	01:08:17	00:02:13	00:44:16	02:56:41	00:57:39
233	100993	4453	Carlos Barata Correia	65-69	Clube Oriental de Lisboa	00:29:04	00:03:11	01:25:35	00:02:04	00:58:23	02:58:17	00:59:15
234	106906	4962	Hugo Braz	40-44	Individual	00:32:16	00:04:24	01:19:36	00:03:10	01:01:05	03:00:31	01:01:29
235	104537	4159	Nuno Miguel Nobre	45-49	Triatlo SUColarese	00:33:19	00:04:33	01:21:02	00:02:03	01:02:08	03:03:05	01:04:03
236	106284	3447	Ricardo Baldaia	35-39	LXTRIATHLON	00:46:35	00:04:03	01:15:37	00:01:43	00:56:08	03:04:06	01:05:04
237	100308	4215	José Luís Correia	60-64	Associação Humanitária de Bombeiros dos Estoril	00:30:50	00:04:22	01:24:32	00:02:34	01:03:03	03:05:21	01:06:19
238	100577	4430	Hélder Gonçalves Ribeiro	45-49	Oeiras Sport Clube	00:46:49	00:03:44	01:20:54	00:01:48	00:52:31	03:05:46	01:06:44
239	105459	5418	António Ventura	50-54	CNCVG	00:32:16	00:04:49	01:24:53	00:02:13	01:05:58	03:10:09	01:11:07
240	100685	4369	Jorge Andrade	55-59	Alhandra Sporting Club	00:40:57	00:04:48	01:25:27	00:02:23	00:57:19	03:10:54	01:11:52
241	104714	5262	Luís Massapina	40-44	Fc Ferreiras	00:46:45	00:03:16	01:19:10	00:01:29	01:00:28	03:11:08	01:12:06
242	106492	5165	Pedro Capelinha	45-49	CNCVG	00:28:48	00:03:21	01:20:26	00:01:47	01:20:13	03:14:35	01:15:33
243	100175	4601	José Alberto Domingos	70-74	Lusitano / Frusoal	00:43:43	00:04:43	01:27:11	00:03:02	00:58:30	03:17:09	01:18:07
244	105885	5350	Rui Levy	45-49	Individual	00:52:04	00:04:47	01:18:29	00:01:54	01:06:16	03:23:30	01:24:28
245	106435	4145	Nuno Rainho Fernandes	55-59	Individual	00:59:55	00:04:33	01:27:51	00:02:30	01:02:12	03:37:01	01:37:59
246	106948	2749	Tiago Nascimento	30-34	Individual	01:09:12	00:04:36	01:28:10	00:02:10	00:56:26	03:40:34	01:41:32
DSQ	106928	2738	Arran Strong	20-24	AMCR Fonte Grada	00:21:10	00:06:54	01:10:57	00:02:07	-	DSQ	
DSQ	105742	5286	Victor Simões	40-44	SNR Triatlo	00:27:33	00:03:21	00:50:55	00:01:51	-	DSQ	
DNF	100338	4646	Vitor Silva	55-59	Estoril Praia Credibom	00:29:06	00:03:01	01:12:12	00:01:54	-	DNF	
DNF	103020	3430	Pedro Oliveira	35-39	GDG	00:27:23	00:02:17	-	-	-	DNF	
DNF	103916	3793	Rui Melo	35-39	A. R. Casaense	00:28:26	00:02:15	-	-	-	DNF	
DNF	102367	4179	Marcos Vieira	40-44	CNATRIL Triatlo	00:24:41	00:02:39	-	-	-	DNF	
DNF	104260	4486	Rui Silva	45-49	ADI-Ilhavo	00:31:02	00:03:02	-	-	-	DNF	
DNF	104646	4528	Gabriel Alves	50-54	3B - triatlo	-	-	-	-	-	DNF	
DNF	102971	4552	José Bonito	50-54	Clube de Triatlo de Almada	-	-	-	-	-	DNF	
DNS	101319	4350	João Góis Gomes	50-54	Sporting Clube de Portugal	-	-	-	-	-	DNS	
DNS	103731	4917	Jorge Freitas	50-54	Clube Oriental de Lisboa	-	-	-	-	-	DNS	
DNS	103173	4427	Miguel David	50-54	GRCD Leião Triatlo	-	-	-	-	-	DNS	
DNS	105415	5404	Miguel Pereira	50-54	Individual	-	-	-	-	-	DNS	

Classificação Absoluta - Masculinos

#	Lic.	Dors.	Nome	Esc.	Equipa	Natação	T1	Ciclismo	T2	Corrida	T.Total	Diff.
DNS	100793	4032	Carlos Gomes	55-59	Outsystems Olímpico de Oeiras	-	-	-	-	-	DNS	
DNS	101781	4293	miguel velez	55-59	GRCD Leião Triatlo	-	-	-	-	-	DNS	
DNS	103371	4879	Rui Vasques Fonseca	55-59	Clube de Futebol Os Belenenses	-	-	-	-	-	DNS	
DNS	106460	3427	Bruno Fernandes	35-39	Individual	-	-	-	-	-	DNS	
DNS	102925	4738	Bruno Fonseca	40-44	3B - triatlo	-	-	-	-	-	DNS	
DNS	106123	5391	Daniel Leão	40-44	Individual	-	-	-	-	-	DNS	
DNS	106478	5103	João Guerra	40-44	Peniche A. C.	-	-	-	-	-	DNS	
DNS	102656	4278	João Martinho	40-44	CNATRIL Triatlo	-	-	-	-	-	DNS	
DNS	106989	5134	Jorge Costa	40-44	Individual	-	-	-	-	-	DNS	
DNS	105633	5227	Nuno Dantas	40-44	GRCD Leião Triatlo	-	-	-	-	-	DNS	
DNS	105223	5137	Nuno Luís Sousa	40-44	Individual	-	-	-	-	-	DNS	
DNS	105380	5190	Bruno Pereira	45-49	Outsystems Olímpico de Oeiras	-	-	-	-	-	DNS	
DNS	100201	4617	Marco Cruz	45-49	Mc Donald's/Tribraga	-	-	-	-	-	DNS	
DNS	102526	4263	Pedro Ribeiro	45-49	Triatlo SUColarese	-	-	-	-	-	DNS	