

XXXIV TRIATLO DE OEIRAS
Campeonato Nacional Individual De Paratriatlo

Local da Prova: **Oeiras**

Data: **16/06/2021**

Hora da Partida: **12:08:19**

Distancias: Natação - 750m

Ciclismo - 19400m

Corrida - 5000m

Classificação Absoluta - Masculinos

#	Lic.	Dors.	Nome	Esc.	Equipa	Natação	T1	Ciclismo	T2	Corrida	T.Total	Diff.
1	107618	5449	João Santos	PTHI	GRCD Leão Triatlo	00:14:29	00:03:26	00:32:16	00:01:26	00:24:28	01:16:05	00:00:00
2	101041	4193	Luis Ferreira	PTHI	Associação Académica de São Mamede	00:14:49	00:03:07	00:34:54	00:01:14	00:23:04	01:17:08	00:01:03
3	107665	2965	André Dias	PTVI1	Alhandra Sporting Club	00:25:34	00:04:03	00:37:20	00:01:27	00:25:30	01:33:54	00:17:49
4	103630	4279	José Manuel Mendonça	PTS3	Ludens Clube de Machico	00:32:08	00:06:16	00:42:26	00:01:59	00:39:29	02:02:18	00:46:13

XXXIV TRIATLO DE OEIRAS

Campeonato Nacional Individual De Triatlo Sprint

Local da Prova: **OeirasF**

Data: **16/05/2021**

Hora da Partida: **10:31:25**

Distancias: **Natação - 750m**

Ciclismo - 19400m

Corrida - 5000m

Classificação Absoluta - Femininos

#	Lic.	Dors.	Nome	Esc.	Equipa	Natação	T1	Ciclismo	T2	Corrida	T.Total	Diff.
1	100316	1	Maria Tomé	ELITE	Outsystems Olímpico de Oeiras	00:11:35	00:01:32	00:32:41	00:00:24	00:17:58	01:04:10	00:00:00
2	100484	2	Vera Paiva Vilaça	ELITE	Sport Lisboa e Benfica	00:11:28	00:01:38	00:32:41	00:00:24	00:20:16	01:06:27	00:02:17
3	101274	4	Inês Oliveira	ELITE	Sporting Clube de Portugal	00:12:45	00:01:36	00:34:25	00:00:25	00:18:23	01:07:34	00:03:24
4	102922	7	Matilde Santos	CAD	Outsystems Olímpico de Oeiras	00:12:46	00:01:40	00:34:19	00:00:24	00:18:33	01:07:42	00:03:32
5	101275	5	Joana Oliveira	ELITE	Individual	00:13:02	00:01:47	00:33:55	00:00:25	00:18:48	01:07:57	00:03:47
6	100469	3	Madalena Almeida	ELITE	Clube de Natação de Torres Novas	00:12:46	00:01:33	00:34:24	00:00:20	00:19:37	01:08:40	00:04:30
7	100957	21	Mariana Vargem	ELITE	CNF	00:13:11	00:01:44	00:33:48	00:00:21	00:19:38	01:08:42	00:04:32
8	101605	6	Joana Miranda	ELITE	Clube de Natação de Torres Novas	00:12:45	00:01:37	00:34:22	00:00:22	00:19:43	01:08:49	00:04:39
9	101358	11	Ana Ramos	ELITE	Alhandra Sporting Club	00:12:45	00:01:37	00:34:22	00:00:24	00:20:00	01:09:08	00:04:58
10	104085	9	Maria Gonçalves	CAD	Clube de Triatlo do Fundão	00:13:04	00:01:41	00:34:02	00:00:24	00:20:45	01:09:56	00:05:46
11	100643	10	Beatriz Pinto	JUN	Sport Lisboa e Benfica	00:12:59	00:01:49	00:33:58	00:00:25	00:20:58	01:10:09	00:05:59
12	104204	8	Beatriz Nunes Santos	JUN	Outsystems Olímpico de Oeiras	00:12:46	00:01:38	00:34:21	00:00:24	00:21:52	01:11:01	00:06:51
13	102427	14	Bruna Belo	CAD	ADRAP Madeira	00:13:33	00:01:49	00:36:40	00:00:24	00:21:23	01:13:49	00:09:39
14	100690	18	Luana Quaresma	CAD	Alhandra Sporting Club	00:13:30	00:01:48	00:36:45	00:00:24	00:21:33	01:14:00	00:09:50
15	103686	19	Margarida Barão	CAD	Sporting Clube de Portugal	00:13:11	00:02:01	00:36:55	00:00:24	00:22:10	01:14:41	00:10:31
LAP	106520	12	Ana Caramelo	ELITE	SFRAA TRIATLO	00:17:53	00:02:00	-	-	-	LAP	
LAP	105112	17	Daniela Pinto	CAD	Outsystems Olímpico de Oeiras	00:14:27	00:01:50	-	-	-	LAP	
LAP	101112	15	Carolina Boulhosa	ELITE	Clube de Triatlo do Fundão	-	-	-	-	-	LAP	

XXXIV TRIATLO DE OEIRAS

Campeonato Nacional Individual De Triatlo Sprint

Local da Prova: **OeirasF**

Data: **16/05/2021**

Hora da Partida: **10:31:25**

Distancias: **Natação - 750m**

Ciclismo - 19400m

Corrida - 5000m

Classificações Escalões Femininos

#	Lic.	Dors.	Nome	Gen	Esc.	Equipa	T.Total	Diff.
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Cadetes

1	102922	7	Matilde Santos	F	CAD	Outsystems Olímpico de Oeiras	01:07:42	-
2	104085	9	Maria Gonçalves	F	CAD	Clube de Triatlo do Fundão	01:09:56	00:02:14
3	102427	14	Bruna Belo	F	CAD	ADRAP Madeira	01:13:49	00:06:07
4	100690	18	Luana Quaresma	F	CAD	Alhandra Sporting Club	01:14:00	00:06:18
5	103686	19	Margarida Barão	F	CAD	Sporting Clube de Portugal	01:14:41	00:06:59
LAP	105112	17	Daniela Pinto	F	CAD	Outsystems Olímpico de Oeiras	LAP	

Juniões

1	100643	10	Beatriz Pinto	F	JUN	Sport Lisboa e Benfica	01:10:09	-
2	104204	8	Beatriz Nunes Santos	F	JUN	Outsystems Olímpico de Oeiras	01:11:01	00:00:52

ELITE

1	100316	1	Maria Tomé	F	ELITE	Outsystems Olímpico de Oeiras	01:04:10	-
2	100484	2	Vera Paiva Vilaça	F	ELITE	Sport Lisboa e Benfica	01:06:27	00:02:17
3	101274	4	Inês Oliveira	F	ELITE	Sporting Clube de Portugal	01:07:34	00:03:24
4	101275	5	Joana Oliveira	F	ELITE	Individual	01:07:57	00:03:47
5	100469	3	Madalena Almeida	F	ELITE	Clube de Natação de Torres Novas	01:08:40	00:04:30
6	100957	21	Mariana Vargem	F	ELITE	CNF	01:08:42	00:04:32
7	101605	6	Joana Miranda	F	ELITE	Clube de Natação de Torres Novas	01:08:49	00:04:39
8	101358	11	Ana Ramos	F	ELITE	Alhandra Sporting Club	01:09:08	00:04:58
LAP	106520	12	Ana Caramelo	F	ELITE	SFRAA TRIATLO	LAP	
LAP	101112	15	Carolina Boulhosa	F	ELITE	Clube de Triatlo do Fundão	LAP	

XXXIV TRIATLO DE OEIRAS

Campeonato Nacional Individual De Triatlo Sprint

Local da Prova: **Oeiras Elites**

Data: **16/05/2021**

Hora da Partida: **09:01:53**

Distancias: **Natação - 750m**

Ciclismo - 19400m

Corrida - 5000m

Classificação Absoluta - Masculinos

#	Lic.	Dors.	Nome	Esc.	Equipa	Natação	T1	Ciclismo	T2	Corrida	T.Total	Diff.
1	101634	1	Ricardo Batista	ELITE	Clube de Natação de Torres Novas	00:09:20	00:01:25	00:28:48	00:00:21	00:15:20	00:55:14	00:00:00
2	106935	12	Christophe De Keyser	ELITE	Outsystems Olímpico de Oeiras	00:09:23	00:01:21	00:28:50	00:00:24	00:15:50	00:55:48	00:00:34
3	100832	2	Miguel Tiago Silva	ELITE	Outsystems Olímpico de Oeiras	00:09:21	00:01:26	00:28:46	00:00:23	00:16:47	00:56:43	00:01:29
4	101017	7	Tiago Fonseca	ELITE	Outsystems Olímpico de Oeiras	00:09:39	00:01:28	00:30:13	00:00:23	00:15:15	00:56:58	00:01:44
5	105810	48	Rodrigo Rodrigues	JUN	Outsystems Olímpico de Oeiras	00:09:46	00:01:30	00:30:07	00:00:19	00:15:18	00:57:00	00:01:46
6	101318	6	João Mansos	ELITE	Sporting Clube de Portugal	00:09:36	00:01:39	00:30:04	00:00:21	00:15:26	00:57:06	00:01:52
7	100775	44	Miguel Arraiolos	ELITE	Sport Lisboa e Benfica	00:10:33	00:01:34	00:29:20	00:00:23	00:15:18	00:57:08	00:01:54
8	101999	3	Alexandre Montez	JUN	Outsystems Olímpico de Oeiras	00:09:33	00:01:21	00:30:26	00:00:18	00:15:34	00:57:12	00:01:58
9	100675	33	João Bernardo Queirós	ELITE	Outsystems Olímpico de Oeiras	00:10:35	00:01:29	00:29:21	00:00:21	00:15:36	00:57:22	00:02:08
10	103071	18	Alexandre Silva	JUN	Sport Lisboa e Benfica	00:09:37	00:01:44	00:29:57	00:00:23	00:15:45	00:57:26	00:02:12
11	100235	10	Pedro Afonso Pinto Gaspar	ELITE	Alhandra Sporting Club	00:09:37	00:01:29	00:30:16	00:00:21	00:15:47	00:57:30	00:02:16
12	101614	9	José Pedro Vieira	ELITE	Clube de Natação de Torres Novas	00:09:38	00:01:26	00:30:15	00:00:27	00:15:50	00:57:36	00:02:22
13	100702	45	Miguel Fortunato	ELITE	Alhandra Sporting Club	00:10:19	00:01:32	00:29:30	00:00:24	00:15:51	00:57:36	00:02:22
14	101609	37	João Nuno Batista	CAD	Clube de Natação de Torres Novas	00:09:30	00:01:30	00:30:26	00:00:25	00:15:47	00:57:38	00:02:24
15	103108	32	Hugo Figueiredo	ELITE	Sporting Clube de Portugal	00:10:31	00:01:35	00:29:22	00:00:23	00:15:52	00:57:43	00:02:29
16	100813	8	João Francisco Ferreira	ELITE	CNATRIL Triatlo	00:10:08	00:01:27	00:29:45	00:00:22	00:16:17	00:57:59	00:02:45
17	100780	5	Rafael Domingos	ELITE	Estoril Praia Credibom	00:10:33	00:01:21	00:29:29	00:00:24	00:16:17	00:58:04	00:02:50
18	103782	36	João Chagas	ELITE	Outsystems Olímpico de Oeiras	00:09:40	00:01:31	00:30:11	00:00:20	00:16:25	00:58:07	00:02:53
19	100862	38	João Nuno Marote	JUN	ADRAP Madeira	00:10:22	00:01:30	00:29:31	00:00:21	00:16:25	00:58:09	00:02:55
20	100354	11	Afonso do Canto	ELITE	Clube de Natação de Torres Novas	00:10:26	00:01:31	00:29:26	00:00:20	00:16:27	00:58:10	00:02:56
21	103699	26	Gabriel Santos	CAD	Sport Lisboa e Benfica	00:09:42	00:01:36	00:30:04	00:00:26	00:16:36	00:58:24	00:03:10
22	101538	14	Guilherme Pires	ELITE	Clube de Natação de Torres Novas	00:09:49	00:01:26	00:29:57	00:00:28	00:16:48	00:58:28	00:03:14
23	100763	27	Gil Maia	ELITE	Estoril Praia Credibom	00:10:35	00:01:25	00:29:26	00:00:29	00:16:37	00:58:32	00:03:18
24	100380	31	Gustavo do Canto	CAD	Clube de Natação de Torres Novas	00:09:44	00:01:33	00:30:07	00:00:36	00:16:42	00:58:42	00:03:28
25	0	52	Danilo Pimentel	ELITE	Individual	00:09:45	00:01:29	00:30:10	00:00:24	00:16:55	00:58:43	00:03:29
26	107065	50	Tomás Felício	JUN	Outsystems Olímpico de Oeiras	00:09:38	00:01:35	00:30:12	00:00:19	00:17:06	00:58:50	00:03:36
27	100447	21	Antonio Vaz Pedro	CAD	Outsystems Olímpico de Oeiras	00:10:11	00:01:33	00:29:42	00:00:27	00:17:03	00:58:56	00:03:42
28	103815	17	Afonso Lopes	CAD	Outsystems Olímpico de Oeiras	00:10:12	00:01:35	00:29:40	00:00:23	00:17:33	00:59:23	00:04:09

XXXIV TRIATLO DE OEIRAS

Campeonato Nacional Individual De Triatlo Sprint

Classificação Absoluta - Masculinos

#	Lic.	Dors.	Nome	Esc.	Equipa	Natação	T1	Ciclismo	T2	Corrida	T.Total	Diff.
29	101392	15	José Estrangeiro	ELITE	CNATRIL Triatlo	00:10:32	00:01:28	00:29:21	00:00:26	00:17:45	00:59:32	00:04:18
30	102382	40	José Tadeia	CAD	Alhandra Sporting Club	00:10:21	00:01:34	00:29:33	00:00:25	00:17:44	00:59:37	00:04:23
31	103745	16	Abel Afonso	JUN	Clube de Natação de Torres Novas	00:09:47	00:01:29	00:30:09	00:00:25	00:18:01	00:59:51	00:04:37
32	105758	23	Diogo Tomé	JUN	Peniche A. C.	00:09:53	00:01:37	00:29:56	00:00:27	00:17:58	00:59:51	00:04:37
33	100424	29	Gonçalo Oliveira	ELITE	Outsystems Olímpico de Oeiras	00:09:51	00:01:27	00:30:03	00:00:27	00:18:13	01:00:01	00:04:47
34	101627	46	Pedro Afonso Razões	CAD	Clube de Natação de Torres Novas	00:10:10	00:01:28	00:29:48	00:00:20	00:18:31	01:00:17	00:05:03
35	102465	20	António Barata	ELITE	Sport Lisboa e Benfica	00:10:58	00:01:43	00:31:05	00:00:24	00:17:10	01:01:20	00:06:06
36	106308	39	João Vaz	CAD	Sporting Clube de Portugal	-	-	-	-	-	01:01:30	00:06:16
37	103638	30	Guilherme Bonito	ELITE	Outsystems Olímpico de Oeiras	00:10:31	00:01:35	00:31:40	00:00:23	00:18:15	01:02:24	00:07:10
38	102466	41	Manuel Dias	CAD	Clube de Triatlo do Fundão	00:10:33	00:01:32	00:31:44	00:00:23	00:18:21	01:02:33	00:07:19
39	102428	25	Francisco Belo	JUN	ADRAP Madeira	00:10:55	00:01:41	00:31:13	00:00:22	00:18:25	01:02:36	00:07:22
40	100836	47	Pedro Eloy	ELITE	Outsystems Olímpico de Oeiras	00:10:54	00:01:37	00:31:17	00:00:36	00:18:48	01:03:12	00:07:58
DNS	101289	43	Miguel Agoas Catarino	JUN	Outsystems Olímpico de Oeiras	00:10:36	00:01:32	00:31:40	00:00:25	-	DNS	
DNS	101520	49	Tiago Lobo	ELITE	Mc Donald's/Tribraga	03:21:13	00:02:04	00:29:32	00:00:56	-	DNS	
DNS	100104	4	Alexandre Nobre	ELITE	Sport Lisboa e Benfica	-	-	-	-	-	DNS	
DNS	105957	24	Erwin Vanderplancke	ELITE	Sporting Clube de Portugal	-	-	-	-	-	DNS	
DNS	107064	34	João Canadas	JUN	Outsystems Olímpico de Oeiras	-	-	-	-	-	DNS	
LAP	106405	19	André Sousa	JUN	Outsystems Olímpico de Oeiras	00:11:09	00:01:41	-	-	-	LAP	
LAP	106306	22	Atila Ambrus	CAD	G.D.GOMA	00:11:34	00:01:41	-	-	-	LAP	
LAP	104803	28	Gonçalo Nunes	CAD	Outsystems Olímpico de Oeiras	00:11:29	00:01:46	-	-	-	LAP	
LAP	100462	35	João Canas	ELITE	Sporting Clube de Portugal	00:11:27	00:01:45	-	-	-	LAP	
LAP	101621	42	Martim Salvador	CAD	Clube de Natação de Torres Novas	00:10:58	00:01:46	-	-	-	LAP	
LAP	102512	51	Vasco Silva	CAD	Outsystems Olímpico de Oeiras	00:11:28	00:01:40	-	-	-	LAP	

Local da Prova: **Oeiras Elites**

Data: **16/05/2021**

Hora da Partida: **09:01:53**

Distancias: **Natação - 750m**

Ciclismo - 19400m

Corrida - 5000m

Classificações Escalões Masculinos

#	Lic.	Dors.	Nome	Gen	Esc.	Equipa	T.Total	Diff.
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Cadetes

1	101609	37	João Nuno Batista	M	CAD	Clube de Natação de Torres Novas	00:57:38	-
2	103699	26	Gabriel Santos	M	CAD	Sport Lisboa e Benfica	00:58:24	00:00:46
3	100380	31	Gustavo do Canto	M	CAD	Clube de Natação de Torres Novas	00:58:42	00:01:04
4	100447	21	Antonio Vaz Pedro	M	CAD	Outsystems Olímpico de Oeiras	00:58:56	00:01:18
5	103815	17	Afonso Lopes	M	CAD	Outsystems Olímpico de Oeiras	00:59:23	00:01:45
6	102382	40	José Tadeia	M	CAD	Alhandra Sporting Club	00:59:37	00:01:59
7	101627	46	Pedro Afonso Razões	M	CAD	Clube de Natação de Torres Novas	01:00:17	00:02:39
8	106308	39	João Vaz	M	CAD	Sporting Clube de Portugal	01:01:30	00:03:52
9	102466	41	Manuel Dias	M	CAD	Clube de Triatlo do Fundão	01:02:33	00:04:55
LAP	106306	22	Atila Ambrus	M	CAD	G.D.GOMA	LAP	
LAP	104803	28	Gonçalo Nunes	M	CAD	Outsystems Olímpico de Oeiras	LAP	
LAP	101621	42	Martim Salvador	M	CAD	Clube de Natação de Torres Novas	LAP	
LAP	102512	51	Vasco Silva	M	CAD	Outsystems Olímpico de Oeiras	LAP	

Juniões

1	105810	48	Rodrigo Rodrigues	M	JUN	Outsystems Olímpico de Oeiras	00:57:00	-
2	101999	3	Alexandre Montez	M	JUN	Outsystems Olímpico de Oeiras	00:57:12	00:00:12
3	103071	18	Alexandre Silva	M	JUN	Sport Lisboa e Benfica	00:57:26	00:00:26
4	100862	38	João Nuno Marote	M	JUN	ADRAP Madeira	00:58:09	00:01:09
5	107065	50	Tomás Felício	M	JUN	Outsystems Olímpico de Oeiras	00:58:50	00:01:50
6	103745	16	Abel Afonso	M	JUN	Clube de Natação de Torres Novas	00:59:51	00:02:51
7	105758	23	Diogo Tomé	M	JUN	Peniche A. C.	00:59:51	00:02:51
8	102428	25	Francisco Belo	M	JUN	ADRAP Madeira	01:02:36	00:05:36
DNS	101289	43	Miguel Agoas Catarino	M	JUN	Outsystems Olímpico de Oeiras	DNS	
DNS	107064	34	João Canadas	M	JUN	Outsystems Olímpico de Oeiras	DNS	
LAP	106405	19	André Sousa	M	JUN	Outsystems Olímpico de Oeiras	LAP	

ELITE

1	101634	1	Ricardo Batista	M	ELITE	Clube de Natação de Torres Novas	00:55:14	-
2	106935	12	Christophe De Keyser	M	ELITE	Outsystems Olímpico de Oeiras	00:55:48	00:00:34
3	100832	2	Miguel Tiago Silva	M	ELITE	Outsystems Olímpico de Oeiras	00:56:43	00:01:29
4	101017	7	Tiago Fonseca	M	ELITE	Outsystems Olímpico de Oeiras	00:56:58	00:01:44
5	101318	6	João Mansos	M	ELITE	Sporting Clube de Portugal	00:57:06	00:01:52
6	100775	44	Miguel Arraiolos	M	ELITE	Sport Lisboa e Benfica	00:57:08	00:01:54
7	100675	33	João Bernardo Queirós	M	ELITE	Outsystems Olímpico de Oeiras	00:57:22	00:02:08
8	100235	10	Pedro Afonso Pinto Gaspar	M	ELITE	Alhandra Sporting Club	00:57:30	00:02:16
9	101614	9	José Pedro Vieira	M	ELITE	Clube de Natação de Torres Novas	00:57:36	00:02:22

Classificações Escalões Masculinos

#	Lic.	Dors.	Nome	Gen	Esc.	Equipa	T.Total	Diff.
10	100702	45	Miguel Fortunato	M	ELITE	Alhandra Sporting Club	00:57:36	00:02:22
11	103108	32	Hugo Figueiredo	M	ELITE	Sporting Clube de Portugal	00:57:43	00:02:29
12	100813	8	João Francisco Ferreira	M	ELITE	CNATRIL Triatlo	00:57:59	00:02:45
13	100780	5	Rafael Domingos	M	ELITE	Estoril Praia Credibom	00:58:04	00:02:50
14	103782	36	João Chagas	M	ELITE	Outsystems Olímpico de Oeiras	00:58:07	00:02:53
15	100354	11	Afonso do Canto	M	ELITE	Clube de Natação de Torres Novas	00:58:10	00:02:56
16	101538	14	Guilherme Pires	M	ELITE	Clube de Natação de Torres Novas	00:58:28	00:03:14
17	100763	27	Gil Maia	M	ELITE	Estoril Praia Credibom	00:58:32	00:03:18
18	0	52	Danilo Pimentel	M	ELITE	Individual	00:58:43	00:03:29
19	101392	15	José Estrangeiro	M	ELITE	CNATRIL Triatlo	00:59:32	00:04:18
20	100424	29	Gonçalo Oliveira	M	ELITE	Outsystems Olímpico de Oeiras	01:00:01	00:04:47
21	102465	20	António Barata	M	ELITE	Sport Lisboa e Benfica	01:01:20	00:06:06
22	103638	30	Guilherme Bonito	M	ELITE	Outsystems Olímpico de Oeiras	01:02:24	00:07:10
23	100836	47	Pedro Eloy	M	ELITE	Outsystems Olímpico de Oeiras	01:03:12	00:07:58
DNS	101520	49	Tiago Lobo	M	ELITE	Mc Donald's/Tribraga	DNS	
DNS	100104	4	Alexandre Nobre	M	ELITE	Sport Lisboa e Benfica	DNS	
DNS	105957	24	Erwin Vanderplancke	M	ELITE	Sporting Clube de Portugal	DNS	
LAP	100462	35	João Canas	M	ELITE	Sporting Clube de Portugal	LAP	

XXXIV TRIATLO DE OEIRAS

Campeonato Nacional Individual De Triatlo Sprint

Local da Prova: **Oeiras**

Data: **16/05/2021**

Hora da Partida: **12:09:40**

Distancias: **Natação - 750m**

Ciclismo - 19400m

Corrida - 5000m

Classificação Absoluta - Masculinos

#	Lic.	Dors.	Nome	Esc.	Equipa	Natação	T1	Ciclismo	T2	Corrida	T.Total	Diff.
1	102919	2654	Joaquim Cerqueira	20-24	Alhandra Sporting Club	00:09:48	00:01:48	00:28:48	00:00:50	00:16:14	00:57:28	00:00:00
2	106218	1970	Christian Dias	CAD	ADRAP Madeira	00:09:59	00:01:48	00:28:31	00:00:45	00:17:02	00:58:05	00:00:37
3	101264	3188	Diogo Tarelho Custódio	30-34	Clube de Futebol Os Belenenses	-	-	00:28:21	00:00:49	00:17:23	00:58:36	00:01:08
4	100436	3412	Rui Dolores	35-39	AMICICLO GRÂNDOLA	00:10:06	00:01:51	00:28:22	00:00:46	00:17:58	00:59:03	00:01:35
5	100208	2572	Miguel Tomé	20-24	SFRAA TRIATLO	00:09:25	00:01:54	00:29:04	00:01:00	00:18:05	00:59:28	00:02:00
6	107631	2949	Simão Albuquerque	20-24	Clube 4 Estilos	00:10:42	00:01:48	00:29:21	00:00:43	00:17:05	00:59:39	00:02:11
7	103093	2638	Rafael Travassos	20-24	CNATRIL Triatlo	00:10:05	00:01:59	00:28:20	00:00:51	00:18:31	00:59:46	00:02:18
8	104132	3308	Gonçalo Mendes	20-24	CNATRIL Triatlo	00:10:11	00:02:00	00:29:39	00:00:57	00:17:09	00:59:56	00:02:28
9	100655	1849	David Borda d'Água	CAD	Alhandra Sporting Club	00:10:03	00:02:01	00:28:19	00:00:44	00:18:50	00:59:57	00:02:29
10	104735	3379	Bruno Santos	30-34	CNCVG	00:11:21	00:01:54	00:29:29	00:00:50	00:16:28	01:00:02	00:02:34
11	100429	2238	Luís Marques	JUN	AMICICLO GRÂNDOLA	00:10:12	00:01:46	00:28:23	00:00:51	00:18:52	01:00:04	00:02:36
12	106348	3485	Filipe Henriques	30-34	Individual	-	-	00:29:29	00:01:23	00:16:52	01:00:08	00:02:40
13	102718	3115	Rafael Batista	35-39	Louletano	00:10:17	00:02:15	00:29:14	00:00:51	00:17:34	01:00:11	00:02:43
14	101136	3436	Miguel Gouveia	25-29	ADRAP Madeira	00:10:05	00:01:47	00:28:29	00:00:49	00:19:11	01:00:21	00:02:53
15	100787	2556	Afonso Garcia	25-29	Outsystems Olímpico de Oeiras	00:09:46	00:02:02	00:28:35	00:00:48	00:19:14	01:00:25	00:02:57
16	101010	3704	Nuno Rodrigues	35-39	CNCVG	00:10:40	00:01:57	00:29:13	00:00:45	00:18:01	01:00:36	00:03:08
17	106271	3438	Adriano Correia	25-29	CNATRIL Triatlo	00:10:10	00:01:56	00:29:38	00:00:48	00:18:06	01:00:38	00:03:10
18	100705	2501	Nuno Ribeiro	25-29	Alhandra Sporting Club	00:10:02	00:01:56	00:28:18	00:00:47	00:19:44	01:00:47	00:03:19
19	103255	3149	Filipe Baptista	35-39	CNATRIL Triatlo	00:10:10	00:02:08	00:29:24	00:00:49	00:18:17	01:00:48	00:03:20
20	105354	1778	Pedro Carvalho	CAD	Sport Lisboa e Benfica	00:09:51	00:02:23	00:29:33	00:00:58	00:18:11	01:00:56	00:03:28
21	100328	3735	Ricardo Costa	35-39	Triatlo Clube Tap	00:10:35	00:02:09	00:28:59	00:00:55	00:18:24	01:01:02	00:03:34
22	102222	3815	Ricardo Rosado	35-39	Núcleo do Sporting da Golegã	00:11:34	00:02:09	00:29:02	00:00:50	00:17:39	01:01:14	00:03:46
23	102545	3346	Roberto Parra Fernández	35-39	Núcleo do Sporting da Golegã	00:10:24	00:02:02	00:29:21	00:00:53	00:18:36	01:01:16	00:03:48
24	102017	3442	Bruno Caetano	30-34	Outsystems Olímpico de Oeiras	00:10:55	00:01:54	00:29:53	00:00:48	00:17:47	01:01:17	00:03:49
25	100800	3026	David Maia	25-29	Outsystems Olímpico de Oeiras	00:10:21	00:02:01	00:29:26	00:00:52	00:18:39	01:01:19	00:03:51
26	106846	2720	Miguel Silva	25-29	CNATRIL Triatlo	00:10:47	00:02:00	00:29:58	00:00:56	00:17:51	01:01:32	00:04:04
27	104855	3720	Tiago Lopes	25-29	Outsystems Olímpico de Oeiras	00:11:15	00:01:51	00:29:47	00:00:58	00:17:44	01:01:35	00:04:07
28	106826	2715	Ricardo Durão	35-39	Estoril Praia Credibom	00:11:22	00:02:04	00:29:18	00:01:00	00:18:06	01:01:50	00:04:22

XXXIV TRIATLO DE OEIRAS

Campeonato Nacional Individual De Triatlo Sprint

Classificação Absoluta - Masculinos

#	Lic.	Dors.	Nome	Esc.	Equipa	Natação	T1	Ciclismo	T2	Corrida	T.Total	Diff.
29	104541	3657	David Preciado	25-29	SFRAA TRIATLO	00:12:14	00:01:51	00:29:26	00:00:47	00:17:53	01:02:11	00:04:43
30	104060	1881	Vasco Nunes	CAD	Alhandra Sporting Club	00:10:12	00:01:57	00:29:36	00:00:51	00:19:39	01:02:15	00:04:47
31	107177	2805	Bruno Pontes	35-39	Louletano	00:11:52	00:02:14	00:29:29	00:00:58	00:17:44	01:02:17	00:04:49
32	103353	3230	João Jesus	30-34	AMICICLO GRÂNDOLA	00:12:21	00:02:02	00:29:08	00:00:57	00:17:53	01:02:21	00:04:53
33	105394	3578	David Paiva	35-39	Clube de Natação de Torres Novas	00:10:00	00:02:15	00:29:34	00:00:53	00:19:41	01:02:23	00:04:55
34	104454	3008	João Pacheco	35-39	Outsystems Olímpico de Oeiras	00:11:03	00:02:14	00:29:30	00:00:58	00:18:39	01:02:24	00:04:56
35	106659	2213	Gonçalo Santos	JUN	Sporting Clube de Portugal	00:10:17	00:02:07	00:29:24	00:01:04	00:19:42	01:02:34	00:05:06
36	105373	1844	Rodrigo Figueiredo	CAD	Sporting Clube de Portugal	00:10:08	00:02:23	01:23:09	23:07:02	00:19:58	01:02:40	00:05:12
37	102225	1855	Tiago Margarido	CAD	Sport Lisboa e Benfica	00:10:07	00:01:58	00:30:42	00:00:49	00:19:09	01:02:45	00:05:17
38	101581	1824	André Neves	CAD	Pedrogão Triatlo	00:09:30	00:02:03	00:30:21	00:00:53	00:19:58	01:02:45	00:05:17
39	106939	2745	Santiago del Puerto	30-34	Outsystems Olímpico de Oeiras	00:12:09	00:02:16	00:29:48	00:00:50	00:17:52	01:02:55	00:05:27
40	101329	3101	Nuno Veríssimo	35-39	Sporting Clube de Portugal	00:12:02	00:02:14	00:29:17	00:01:18	00:18:05	01:02:56	00:05:28
41	100784	1861	Tomás Prudêncio	CAD	Sport Lisboa e Benfica	00:09:53	00:02:01	00:28:28	00:00:49	00:21:49	01:03:00	00:05:32
42	103183	3043	David Amaral	30-34	Clube de Natação da Amadora	00:11:45	00:02:20	00:29:28	00:01:02	00:18:36	01:03:11	00:05:43
43	101162	2207	Gonçalo Coelho	JUN	CNCVG	00:10:22	00:02:05	00:29:21	00:00:51	00:20:35	01:03:14	00:05:46
44	105322	3544	Bruno Martins	35-39	Triatlo Fundação Salesianos	00:11:09	00:02:17	00:29:22	00:01:07	00:19:25	01:03:20	00:05:52
45	103372	2937	Gonçalo Pagou	20-24	Clube de Natação da Amadora	00:10:32	00:02:04	00:30:14	00:00:54	00:20:02	01:03:46	00:06:18
46	103785	3649	José Paulo Carvalho	35-39	Vela de Tavira	00:10:45	00:02:06	00:29:57	00:00:54	00:20:09	01:03:51	00:06:23
47	104907	2836	Gonçalo Prudêncio	20-24	Outsystems Olímpico de Oeiras	00:10:10	00:02:08	00:30:31	00:00:54	00:20:17	01:04:00	00:06:32
48	100693	2511	Luís Ferreira	25-29	Alhandra Sporting Club	-	-	00:29:13	00:00:53	00:21:24	01:04:03	00:06:35
49	105850	3844	João Feijão	35-39	Triatlo Clube Tap	00:13:37	00:02:20	00:29:07	00:01:10	00:17:50	01:04:04	00:06:36
50	105690	3741	Tiago Corvo	30-34	Triatlo SUColarese	00:11:25	00:02:18	00:31:35	00:00:53	00:17:56	01:04:07	00:06:39
51	100748	3218	Pedro M. Machado	35-39	Sport Algés e Dafundo	00:11:00	00:02:53	00:31:00	00:01:03	00:18:12	01:04:08	00:06:40
52	104877	3085	Nuno Dias	30-34	AMICICLO GRÂNDOLA	00:12:47	00:02:12	00:29:10	00:00:53	00:19:13	01:04:15	00:06:47
53	103335	1879	David Fernandes	CAD	Clube Triatlo de Abrantes	00:10:30	00:02:10	00:30:07	00:00:52	00:20:43	01:04:22	00:06:54
54	107252	2833	Ricardo Bio	35-39	Clube dos Galitos	00:12:19	00:02:29	00:29:23	00:01:05	00:19:15	01:04:31	00:07:03
55	106984	2763	Helder Cipriano	35-39	Lusitano / Frusoal	00:12:07	00:02:07	00:29:18	00:01:01	00:20:00	01:04:33	00:07:05
56	100283	2583	João Maria Inácio	20-24	Pimpões Triatlo	00:13:07	00:02:39	00:29:15	00:00:59	00:18:36	01:04:36	00:07:08
57	106936	2743	Rui Matias	25-29	SFRAA TRIATLO	00:12:51	00:02:15	00:29:45	00:00:52	00:18:57	01:04:40	00:07:12
58	101493	3119	Jose Paiva	35-39	Clube dos Galitos	00:10:49	00:02:12	00:29:51	00:01:00	00:20:53	01:04:45	00:07:17
59	106709	2680	Bruno Rolim	35-39	Try Portugal / V. Janes	00:12:50	00:02:26	00:29:44	00:01:01	00:18:53	01:04:54	00:07:26
60	107652	2960	André Carmina	30-34	CNATRIL Triatlo	00:11:36	00:02:32	00:30:50	00:01:01	00:18:56	01:04:55	00:07:27
61	101187	2164	Tomás Pereira	JUN	CCDSintrense	00:11:35	00:02:03	00:31:32	00:01:02	00:18:45	01:04:57	00:07:29

XXXIV TRIATLO DE OEIRAS

Campeonato Nacional Individual De Triatlo Sprint

Classificação Absoluta - Masculinos

#	Lic.	Dors.	Nome	Esc.	Equipa	Natação	T1	Ciclismo	T2	Corrida	T.Total	Diff.
62	103092	1884	David dos Santos	CAD	Clube de Natação da Amadora	00:10:44	00:02:07	00:32:18	00:00:54	00:18:56	01:04:59	00:07:31
63	100658	1838	Dinis Barrocas	CAD	Alhandra Sporting Club	00:10:06	00:02:10	00:29:33	00:00:54	00:22:16	01:04:59	00:07:31
64	104153	2201	Martim Galão	JUN	Outsystems Olímpico de Oeiras	-	-	-	-	-	01:05:08	00:07:40
65	105812	1886	Rui Pinheiro	CAD	Associação Académica de São Mamede	00:11:55	00:02:32	00:30:36	00:00:53	00:19:13	01:05:09	00:07:41
66	106708	2679	João Freitas	35-39	Try Portugal / V. Janes	00:12:21	00:02:28	00:29:26	00:01:08	00:19:50	01:05:13	00:07:45
67	107647	2957	Henrique Pereira	35-39	Outsystems Olímpico de Oeiras	00:11:08	00:02:27	00:31:38	00:01:06	00:18:59	01:05:18	00:07:50
68	102911	3271	Bruno Raimundo	35-39	Clube de Natação da Amadora	00:10:43	00:02:31	00:29:36	00:01:02	00:21:32	01:05:24	00:07:56
69	106232	3310	Leonel Marques	35-39	CNCVG	00:12:28	00:02:23	00:30:12	00:01:07	00:19:15	01:05:25	00:07:57
70	102362	1823	Vasco Santos	CAD	Pedrogão Triatlo	00:10:53	00:02:03	00:29:48	00:01:06	00:21:39	01:05:29	00:08:01
71	106098	3134	Tiago Isidoro	30-34	Pimpões Triatlo	00:13:18	00:02:40	00:29:02	00:01:13	00:19:31	01:05:44	00:08:16
72	102874	3381	Nuno Gonçalo	30-34	Outsystems Olímpico de Oeiras	00:13:34	00:02:07	00:29:18	00:01:03	00:19:50	01:05:52	00:08:24
73	105829	2861	Diogo Pedro	20-24	CCDSintrense	00:11:27	00:02:12	00:29:07	00:01:03	00:22:05	01:05:54	00:08:26
74	103096	1878	André Canhoto	CAD	Clube de Natação da Amadora	00:10:54	00:02:09	00:31:12	00:00:54	00:20:46	01:05:55	00:08:27
75	107390	2884	Firmino Miguel	25-29	Clube Zupper	00:12:16	00:02:24	00:29:34	00:01:09	00:20:36	01:05:59	00:08:31
76	107251	2211	Bernardo Magina	JUN	Clube de Futebol Os Belenenses	00:13:58	00:02:19	00:29:49	00:01:26	00:18:28	01:06:00	00:08:32
77	104629	2157	Guilherme Vairinhos	JUN	Lusitano / Frusoal	00:11:54	00:02:04	00:29:38	00:01:22	00:21:02	01:06:00	00:08:32
78	106795	2704	Filipe Vieira	30-34	Clube de Futebol Os Belenenses	00:13:04	00:02:14	00:29:41	00:00:58	00:20:05	01:06:02	00:08:34
79	104134	3910	Dino Ablum	35-39	REPSOL TRIATLO	00:12:45	00:02:22	00:30:03	00:00:57	00:20:04	01:06:11	00:08:43
80	105795	3814	Luis Viedma	30-34	Pimpões Triatlo	00:12:52	00:02:36	00:29:40	00:01:13	00:19:54	01:06:15	00:08:47
81	102637	1740	Diogo Carvalhinho	CAD	Pimpões Triatlo	00:11:30	00:02:03	00:30:01	00:00:49	00:21:53	01:06:16	00:08:48
82	101292	2580	Sávio Silva	25-29	Sporting Clube de Portugal	00:12:19	00:02:10	00:30:39	00:00:58	00:20:15	01:06:21	00:08:53
83	105658	3698	Joao Machado	35-39	Outsystems Olímpico de Oeiras	00:12:31	00:03:00	00:29:33	00:01:11	00:20:42	01:06:57	00:09:29
84	102894	2237	João Pereira	JUN	CNCVG	00:10:40	00:02:02	00:32:10	00:00:51	00:21:32	01:07:15	00:09:47
85	104745	3399	Carlos Matias	30-34	Clube de Futebol Os Belenenses	00:15:00	00:02:20	00:29:53	00:01:15	00:18:54	01:07:22	00:09:54
86	104267	2963	Ruben Matos	30-34	Clube Triatlo de Abrantes	00:11:02	00:02:14	00:31:50	00:01:08	00:21:20	01:07:34	00:10:06
87	105948	3066	João Saldanha Lopes	30-34	LXTRIATHLON	00:13:19	00:02:41	00:29:59	00:01:01	00:20:37	01:07:37	00:10:09
88	106510	3699	Rúben Duarte	25-29	3B - triatlo	00:15:01	00:02:40	00:30:10	00:01:22	00:18:34	01:07:47	00:10:19
89	102497	2161	Guilherme Santos Rocha	JUN	Sporting Clube de Portugal	00:09:43	00:02:25	00:33:04	00:01:08	00:21:34	01:07:54	00:10:26
90	105605	3446	Luis Carvalho	25-29	SFRAA TRIATLO	00:12:29	00:02:48	00:29:48	00:01:11	00:21:39	01:07:55	00:10:27
91	106193	3219	Miguel Simões	35-39	GRCD Leão Triatlo	00:13:01	00:02:32	00:29:38	00:01:12	00:21:37	01:08:00	00:10:32
92	104585	1752	Rafael Vasconcelos	CAD	Outsystems Olímpico de Oeiras	00:10:39	00:02:09	00:32:18	00:01:02	00:22:07	01:08:15	00:10:47
93	106577	3869	Cristiano Marques	30-34	TRICAP-Penafirme	00:14:52	00:03:06	00:29:54	00:01:00	00:19:26	01:08:18	00:10:50
94	103376	2239	André Mota	JUN	Clube de Natação da Amadora	00:11:14	00:02:26	00:31:22	00:01:02	00:22:17	01:08:21	00:10:53

XXXIV TRIATLO DE OEIRAS

Campeonato Nacional Individual De Triatlo Sprint

Classificação Absoluta - Masculinos

#	Lic.	Dors.	Nome	Esc.	Equipa	Natação	T1	Ciclismo	T2	Corrida	T.Total	Diff.
95	107008	1820	João Catarino	CAD	Lusitano - Setúbal	00:12:19	00:03:07	00:29:39	00:01:11	00:22:08	01:08:24	00:10:56
96	102824	3182	Rui Lucas	30-34	Peniche A. C.	00:13:11	00:02:52	00:31:05	00:01:01	00:20:16	01:08:25	00:10:57
97	102316	3393	Tiago Amado	35-39	Individual	00:14:01	00:02:26	00:29:30	00:01:06	00:21:41	01:08:44	00:11:16
98	106925	2736	Rui Martins	35-39	Associação Vale Grande	00:14:15	00:03:00	00:31:28	00:01:04	00:19:13	01:09:00	00:11:32
99	102773	3789	João Pedro Figueiredo	25-29	Try Portugal / V. Janes	00:13:02	00:02:55	00:31:26	00:01:09	00:20:31	01:09:03	00:11:35
100	101348	3137	Henrique Delgado	35-39	TRICAP-Penafirme	00:10:54	00:02:40	00:31:32	00:01:11	00:22:51	01:09:08	00:11:40
101	107126	2788	José Cardinho	35-39	Individual	00:14:20	00:02:44	00:30:37	00:01:19	00:20:10	01:09:10	00:11:42
102	102204	1856	João Mendes	CAD	Clube Triatlo de Abrantes	00:11:23	00:02:11	00:31:31	00:01:04	00:23:13	01:09:22	00:11:54
103	105501	2635	Pedro Afonso Marques	20-24	Clube Triatlo de Abrantes	00:12:49	00:02:23	00:32:05	00:01:01	00:21:05	01:09:23	00:11:55
104	105674	3710	Pedro Matos	35-39	Triatlo Fundação Salesianos	00:11:57	00:02:21	00:30:51	00:01:15	00:22:59	01:09:23	00:11:55
105	103315	3204	Cristiano Marques	30-34	Pedrogão Triatlo	00:12:24	00:02:26	00:31:10	00:01:07	00:22:32	01:09:39	00:12:11
106	101938	1739	César Amândio	CAD	Lusitano - Setúbal	00:11:26	00:02:02	00:30:46	00:01:00	00:24:33	01:09:47	00:12:19
107	103450	3354	Alexandre Dias	35-39	Clube Oriental de Lisboa	00:14:32	00:03:04	00:30:28	00:01:33	00:20:10	01:09:47	00:12:19
108	106977	2760	HenkJan Ruitenbeek	35-39	Individual	00:14:11	00:03:27	00:30:31	00:02:04	00:19:45	01:09:58	00:12:30
109	104719	3302	Carlos Escorcio	35-39	Clube de Futebol Os Belenenses	00:13:57	00:02:36	00:30:45	00:01:08	00:21:36	01:10:02	00:12:34
110	101829	2703	João Dias	35-39	SNR Triatlo	00:11:44	00:02:31	00:30:53	00:01:27	00:23:31	01:10:06	00:12:38
111	106236	1880	Bruno Figueiredo	CAD	Clube Triatlo de Abrantes	00:12:14	00:02:39	00:31:14	00:01:01	00:23:20	01:10:28	00:13:00
112	107148	2797	Pedro Filipe Maia	30-34	Sporting Clube de Espinho - FERSILVA	00:14:11	00:03:22	00:30:28	00:01:30	00:21:09	01:10:40	00:13:12
113	105677	1862	Miguel Neves	CAD	Sport Lisboa e Benfica	00:12:22	00:02:25	00:33:15	00:00:54	00:21:59	01:10:55	00:13:27
114	106162	3181	João Clemente	30-34	LXTRIATHLON	00:10:43	00:02:54	00:34:33	00:01:22	00:21:33	01:11:05	00:13:37
115	106892	2730	José Martins	30-34	CNATRIL Triatlo	00:14:28	00:03:41	00:30:25	00:01:31	00:21:01	01:11:06	00:13:38
116	106917	2733	Lucas Peixoto	25-29	Individual	00:13:41	00:02:50	00:31:30	00:01:17	00:22:12	01:11:30	00:14:02
117	107624	2947	Henrique Martins	30-34	GRCD Leão Triatlo	00:12:53	00:03:06	00:31:59	00:01:43	00:21:57	01:11:38	00:14:10
118	106938	2744	Ivor Pebalj	30-34	Outsystems Olímpico de Oeiras	00:13:37	00:02:43	00:31:33	00:01:15	00:22:39	01:11:47	00:14:19
119	106257	3375	Carlos Teixeira	35-39	Exército de Portugal	00:16:02	00:03:26	00:29:41	00:01:21	00:21:18	01:11:48	00:14:20
120	105382	3571	Jorge Pinto	35-39	Peniche A. C.	00:13:41	00:02:47	00:32:19	00:01:14	00:22:10	01:12:11	00:14:43
121	107497	2917	Dário Silvestre	35-39	Individual	00:13:45	00:02:38	00:31:31	00:01:19	00:22:59	01:12:12	00:14:44
122	107246	2964	Daniel Marques	30-34	Individual	00:15:35	00:02:56	00:30:52	00:01:02	00:22:05	01:12:30	00:15:02
123	106287	3450	Francisco Garnel	35-39	Sporting Clube de Portugal	00:12:43	00:03:30	00:31:44	00:01:40	00:22:56	01:12:33	00:15:05
124	106656	3892	Yanick d Oliveira	35-39	CAFH	00:13:36	00:03:10	00:31:13	00:01:11	00:23:29	01:12:39	00:15:11
125	106957	2204	Gonçalo Raposo	JUN	Lusitano - Setúbal	00:10:59	00:02:06	00:35:48	00:01:03	00:23:00	01:12:56	00:15:28
126	106181	3187	Ricardo dos Santos	35-39	CNATRIL Triatlo	00:10:49	00:02:00	00:28:53	00:01:12	00:30:05	01:12:59	00:15:31
127	101396	3208	Rui Trovão	35-39	REPSOL TRIATLO	00:14:15	00:02:52	00:31:45	00:01:20	00:23:01	01:13:13	00:15:45

XXXIV TRIATLO DE OEIRAS

Campeonato Nacional Individual De Triatlo Sprint

Classificação Absoluta - Masculinos

#	Lic.	Dors.	Nome	Esc.	Equipa	Natação	T1	Ciclismo	T2	Corrida	T.Total	Diff.
128	105639	3683	João Serôdio	35-39	Try Portugal / V. Janes	00:14:36	00:03:04	00:30:13	00:01:21	00:24:10	01:13:24	00:15:56
129	107642	2953	Diogo Dias	20-24	SNR Triatlo	00:10:53	00:02:15	00:35:53	00:01:03	00:23:47	01:13:51	00:16:23
130	106652	3958	Luís Faria	35-39	SNR Triatlo	00:16:14	00:03:33	00:31:59	00:01:27	00:21:41	01:14:54	00:17:26
131	105471	3617	Daniel Oliveira	35-39	Estoril Praia Credibom	00:14:28	00:03:15	00:31:09	00:01:24	00:24:41	01:14:57	00:17:29
132	100818	3597	Joao Mateus	20-24	Outsystems Olímpico de Oeiras	00:10:03	00:02:11	00:29:37	00:01:01	00:32:06	01:14:58	00:17:30
133	102789	2622	André Silva	20-24	Outsystems Olímpico de Oeiras	00:10:22	00:02:13	00:29:27	00:01:12	00:31:45	01:14:59	00:17:31
134	105323	3545	Bernardo Serra Pereira	30-34	Triatlo Fundação Salesianos	00:12:40	00:02:42	00:35:35	00:01:03	00:23:13	01:15:13	00:17:45
135	101633	2895	Ricardo Margarido	20-24	Clube de Natação de Torres Novas	00:11:40	00:02:30	00:34:41	00:01:24	00:25:51	01:16:06	00:18:38
136	107548	2926	Pedro Monzelo	30-34	Individual	00:13:57	00:04:44	00:35:08	00:01:39	00:22:29	01:17:57	00:20:29
137	107299	2858	Fábio Coutinho	30-34	Alhandra Sporting Club	00:10:52	00:02:39	00:35:28	00:01:17	00:27:53	01:18:09	00:20:41
138	107396	2885	Manuel Cabrita	30-34	CNATRIL Triatlo	00:13:10	00:03:14	00:35:31	00:01:55	00:24:30	01:18:20	00:20:52
139	107659	8297	Bernardo Melo	25-29	Individual	00:13:15	00:03:39	00:37:24	00:01:12	00:23:17	01:18:47	00:21:19
140	106920	2735	Artur Conde	30-34	Núcleo do Sporting da Golegã	00:13:49	00:02:53	00:33:55	00:01:41	00:26:39	01:18:57	00:21:29
141	103097	1885	Tomás Pita	CAD	Clube de Natação da Amadora	00:12:15	00:02:33	00:36:19	00:00:52	00:27:03	01:19:02	00:21:34
142	105072	1765	Guilherme Costa	CAD	CCDSintrense	00:12:25	00:03:04	00:35:54	00:01:29	00:26:23	01:19:15	00:21:47
143	104742	3388	Martim Dias	35-39	CNCVG	00:14:29	00:03:18	00:35:20	00:02:08	00:24:00	01:19:15	00:21:47
144	107646	2956	Ricardo Silva	25-29	LXTRIATHLON	00:16:59	00:03:33	00:32:27	00:01:19	00:25:55	01:20:13	00:22:45
145	104979	2627	João Génio	20-24	Clube dos Galitos	00:12:46	00:03:16	00:32:01	00:01:27	00:31:09	01:20:39	00:23:11
146	104071	2191	Daniel Pinto	JUN	GDR Manique de Cima	00:12:40	00:03:22	00:31:59	00:01:05	00:31:41	01:20:47	00:23:19
147	107604	2938	Noé Darthes	25-29	Triatlo SUColarese	00:14:25	00:03:39	00:38:49	00:01:10	00:26:33	01:24:36	00:27:08
148	107612	2942	Tiago Rodrigues	25-29	Linda-a-Pastora Sporting Clube	00:17:16	00:04:00	00:40:39	00:01:59	00:22:49	01:26:43	00:29:15
149	103879	3776	Sergio Maquinista	35-39	REPSOL TRIATLO	00:20:56	00:03:05	00:38:48	00:01:43	00:24:52	01:29:24	00:31:56
150	100166	3420	joao dias pinheiro	35-39	Individual	00:14:14	00:02:58	00:47:10	00:01:12	00:23:54	01:29:28	00:32:00
151	107605	2939	João Alves	30-34	Individual	00:16:05	00:05:24	00:38:35	00:02:49	00:32:05	01:34:58	00:37:30
152	101598	2146	Guilherme Marques	JUN	Clube de Natação de Torres Novas	00:11:21	00:02:18	01:03:52	00:01:12	00:26:13	01:44:56	00:47:28
DSQ	103797	3682	João Gonçalves	35-39	Clube de Futebol Os Belenenses	00:11:25	00:02:11	00:29:10	00:01:06	-	DSQ	
DSQ	106590	3875	Raul Pais da Costa	35-39	CMEP LINCE TRIATHLON	00:13:49	00:03:37	00:30:31	00:01:51	-	DSQ	
DSQ	107530	2921	Didio Silvestre	35-39	Individual	00:14:27	00:03:27	00:31:32	00:01:23	-	DSQ	
DSQ	107632	2950	Tiago Lima	35-39	Individual	-	-	00:36:02	00:02:03	-	DSQ	
DNF	104384	3976	João Carvalho	35-39	SFRAA TRIATLO	-	-	-	-	-	DNF	
DNS	106467	3489	Bruno Gonçalves	30-34	Individual	-	-	-	-	-	DNS	
DNS	106019	3100	João Gomes	30-34	SFRAA TRIATLO	-	-	-	-	-	DNS	
DNS	103916	3793	Rui Melo	35-39	A. R. Casaense	-	-	-	-	-	DNS	

XXXIV TRIATLO DE OEIRAS
Campeonato Nacional Individual De Triatlo Sprint

Classificação Absoluta - Masculinos

#	Lic.	Dors.	Nome	Esc.	Equipa	Natação	T1	Ciclismo	T2	Corrida	T.Total	Diff.
DNS	106991	2765	José Madeira	35-39	CNATRIL Triatlo	-	-	-	-	-	DNS	
DNS	104760	3418	Bruno Almeida	35-39	Individual	-	-	-	-	-	DNS	
DNS	106071	3126	João Brito	35-39	Individual	-	-	-	-	-	DNS	
DNS	107522	2918	Juan Abreu	35-39	Individual	-	-	-	-	-	DNS	

Local da Prova: **Oeiras**

Data: **16/05/2021**

Hora da Partida: **12:09:40**

Distancias: **Natação - 750m**

Ciclismo - 19400m

Corrida - 5000m

Classificações Escalões Masculinos

#	Lic.	Dors.	Nome	Gen	Esc.	Equipa	T.Total	Diff.
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Cadetes

1	106218	1970	Christian Dias	M	CAD	ADRAP Madeira	00:58:05	-
2	100655	1849	David Borda d'Água	M	CAD	Alhandra Sporting Club	00:59:57	00:01:52
3	105354	1778	Pedro Carvalho	M	CAD	Sport Lisboa e Benfica	01:00:56	00:02:51
4	104060	1881	Vasco Nunes	M	CAD	Alhandra Sporting Club	01:02:15	00:04:10
5	105373	1844	Rodrigo Figueiredo	M	CAD	Sporting Clube de Portugal	01:02:40	00:04:35
6	102225	1855	Tiago Margarido	M	CAD	Sport Lisboa e Benfica	01:02:45	00:04:40
7	101581	1824	André Neves	M	CAD	Pedrógão Triatlo	01:02:45	00:04:40
8	100784	1861	Tomás Prudêncio	M	CAD	Sport Lisboa e Benfica	01:03:00	00:04:55
9	103335	1879	David Fernandes	M	CAD	Clube Triatlo de Abrantes	01:04:22	00:06:17
10	103092	1884	David dos Santos	M	CAD	Clube de Natação da Amadora	01:04:59	00:06:54
11	100658	1838	Dinis Barrocas	M	CAD	Alhandra Sporting Club	01:04:59	00:06:54
12	105812	1886	Rui Pinheiro	M	CAD	Associação Académica de São Mamede	01:05:09	00:07:04
13	102362	1823	Vasco Santos	M	CAD	Pedrógão Triatlo	01:05:29	00:07:24
14	103096	1878	André Canhoto	M	CAD	Clube de Natação da Amadora	01:05:55	00:07:50
15	102637	1740	Diogo Carvalhinho	M	CAD	Pimpões Triatlo	01:06:16	00:08:11
16	104585	1752	Rafael Vasconcelos	M	CAD	Outsystems Olímpico de Oeiras	01:08:15	00:10:10
17	107008	1820	João Catarino	M	CAD	Lusitano - Setúbal	01:08:24	00:10:19
18	102204	1856	João Mendes	M	CAD	Clube Triatlo de Abrantes	01:09:22	00:11:17
19	101938	1739	César Amândio	M	CAD	Lusitano - Setúbal	01:09:47	00:11:42
20	106236	1880	Bruno Figueiredo	M	CAD	Clube Triatlo de Abrantes	01:10:28	00:12:23
21	105677	1862	Miguel Neves	M	CAD	Sport Lisboa e Benfica	01:10:55	00:12:50
22	103097	1885	Tomás Pita	M	CAD	Clube de Natação da Amadora	01:19:02	00:20:57
23	105072	1765	Guilherme Costa	M	CAD	CCDSintense	01:19:15	00:21:10

Juniores

1	100429	2238	Luís Marques	M	JUN	AMICICLO GRÂNDOLA	01:00:04	-
2	106659	2213	Gonçalo Santos	M	JUN	Sporting Clube de Portugal	01:02:34	00:02:30
3	101162	2207	Gonçalo Coelho	M	JUN	CNCVG	01:03:14	00:03:10
4	101187	2164	Tomás Pereira	M	JUN	CCDSintense	01:04:57	00:04:53
5	104153	2201	Martim Galão	M	JUN	Outsystems Olímpico de Oeiras	01:05:08	00:05:04
6	107251	2211	Bernardo Magina	M	JUN	Clube de Futebol Os Belenenses	01:06:00	00:05:56
7	104629	2157	Guilherme Vairinhos	M	JUN	Lusitano / Frusol	01:06:00	00:05:56
8	102894	2237	João Pereira	M	JUN	CNCVG	01:07:15	00:07:11
9	102497	2161	Guilherme Santos Rocha	M	JUN	Sporting Clube de Portugal	01:07:54	00:07:50
10	103376	2239	André Mota	M	JUN	Clube de Natação da Amadora	01:08:21	00:08:17
11	106957	2204	Gonçalo Raposo	M	JUN	Lusitano - Setúbal	01:12:56	00:12:52
12	104071	2191	Daniel Pinto	M	JUN	GDR Manique de Cima	01:20:47	00:20:43

Classificações Escalões Masculinos

#	Lic.	Dors.	Nome	Gen	Esc.	Equipa	T.Total	Diff.
13	101598	2146	Guilherme Marques	M	JUN	Clube de Natação de Torres Novas	01:44:56	00:44:52

20-24

1	102919	2654	Joaquim Cerqueira	M	20-24	Alhandra Sporting Club	00:57:28	-
2	100208	2572	Miguel Tomé	M	20-24	SFRAA TRIATLO	00:59:28	00:02:00
3	107631	2949	Simão Albuquerque	M	20-24	Clube 4 Estilos	00:59:39	00:02:11
4	103093	2638	Rafael Travassos	M	20-24	CNATRIL Triatlo	00:59:46	00:02:18
5	104132	3308	Gonçalo Mendes	M	20-24	CNATRIL Triatlo	00:59:56	00:02:28
6	103372	2937	Gonçalo Pagou	M	20-24	Clube de Natação da Amadora	01:03:46	00:06:18
7	104907	2836	Gonçalo Prudêncio	M	20-24	Outsystems Olímpico de Oeiras	01:04:00	00:06:32
8	100283	2583	João Maria Inácio	M	20-24	Pimpões Triatlo	01:04:36	00:07:08
9	105829	2861	Diogo Pedro	M	20-24	CCDSintrense	01:05:54	00:08:26
10	105501	2635	Pedro Afonso Marques	M	20-24	Clube Triatlo de Abrantes	01:09:23	00:11:55
11	107642	2953	Diogo Dias	M	20-24	SNR Triatlo	01:13:51	00:16:23
12	100818	3597	Joao Mateus	M	20-24	Outsystems Olímpico de Oeiras	01:14:58	00:17:30
13	102789	2622	André Silva	M	20-24	Outsystems Olímpico de Oeiras	01:14:59	00:17:31
14	101633	2895	Ricardo Margarido	M	20-24	Clube de Natação de Torres Novas	01:16:06	00:18:38
15	104979	2627	João Génio	M	20-24	Clube dos Galitos	01:20:39	00:23:11

25-29

1	101136	3436	Miguel Gouveia	M	25-29	ADRAP Madeira	01:00:21	-
2	100787	2556	Afonso Garcia	M	25-29	Outsystems Olímpico de Oeiras	01:00:25	00:00:04
3	106271	3438	Adriano Correia	M	25-29	CNATRIL Triatlo	01:00:38	00:00:17
4	100705	2501	Nuno Ribeiro	M	25-29	Alhandra Sporting Club	01:00:47	00:00:26
5	100800	3026	David Maia	M	25-29	Outsystems Olímpico de Oeiras	01:01:19	00:00:58
6	106846	2720	Miguel Silva	M	25-29	CNATRIL Triatlo	01:01:32	00:01:11
7	104855	3720	Tiago Lopes	M	25-29	Outsystems Olímpico de Oeiras	01:01:35	00:01:14
8	104541	3657	David Preciado	M	25-29	SFRAA TRIATLO	01:02:11	00:01:50
9	100693	2511	Luís Ferreira	M	25-29	Alhandra Sporting Club	01:04:03	00:03:42
10	106936	2743	Rui Matias	M	25-29	SFRAA TRIATLO	01:04:40	00:04:19
11	107390	2884	Firmino Miguel	M	25-29	Clube Zupper	01:05:59	00:05:38
12	101292	2580	Sávio Silva	M	25-29	Sporting Clube de Portugal	01:06:21	00:06:00
13	106510	3699	Rúben Duarte	M	25-29	3B - triatlo	01:07:47	00:07:26
14	105605	3446	Luis Carvalho	M	25-29	SFRAA TRIATLO	01:07:55	00:07:34
15	102773	3789	João Pedro Figueiredo	M	25-29	Try Portugal / V. Janes	01:09:03	00:08:42
16	106917	2733	Lucas Peixoto	M	25-29	Individual	01:11:30	00:11:09
17	107659	8297	Bernardo Melo	M	25-29	Individual	01:18:47	00:18:26
18	107646	2956	Ricardo Silva	M	25-29	LXTRIATHLON	01:20:13	00:19:52
19	107604	2938	Noé Darthes	M	25-29	Triatlo SUColarese	01:24:36	00:24:15
20	107612	2942	Tiago Rodrigues	M	25-29	Linda-a-Pastora Sporting Clube	01:26:43	00:26:22

30-34

1	101264	3188	Diogo Tarelho Custódio	M	30-34	Clube de Futebol Os Belenenses	00:58:36	-
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Classificações Escalões Masculinos

#	Lic.	Dors.	Nome	Gen	Esc.	Equipa	T.Total	Diff.
2	104735	3379	Bruno Santos	M	30-34	CNCVG	01:00:02	00:01:26
3	106348	3485	Filipe Henriques	M	30-34	Individual	01:00:08	00:01:32
4	102017	3442	Bruno Caetano	M	30-34	Outsystems Olímpico de Oeiras	01:01:17	00:02:41
5	103353	3230	João Jesus	M	30-34	AMICICLO GRÂNDOLA	01:02:21	00:03:45
6	106939	2745	Santiago del Puerto	M	30-34	Outsystems Olímpico de Oeiras	01:02:55	00:04:19
7	103183	3043	David Amaral	M	30-34	Clube de Natação da Amadora	01:03:11	00:04:35
8	105690	3741	Tiago Corvo	M	30-34	Triatlo SUColarese	01:04:07	00:05:31
9	104877	3085	Nuno Dias	M	30-34	AMICICLO GRÂNDOLA	01:04:15	00:05:39
10	107652	2960	André Carmina	M	30-34	CNATRIL Triatlo	01:04:55	00:06:19
11	106098	3134	Tiago Isidoro	M	30-34	Pimpões Triatlo	01:05:44	00:07:08
12	102874	3381	Nuno Gonçalo	M	30-34	Outsystems Olímpico de Oeiras	01:05:52	00:07:16
13	106795	2704	Filipe Vieira	M	30-34	Clube de Futebol Os Belenenses	01:06:02	00:07:26
14	105795	3814	Luis Viedma	M	30-34	Pimpões Triatlo	01:06:15	00:07:39
15	104745	3399	Carlos Matias	M	30-34	Clube de Futebol Os Belenenses	01:07:22	00:08:46
16	104267	2963	Ruben Matos	M	30-34	Clube Triatlo de Abrantes	01:07:34	00:08:58
17	105948	3066	João Saldanha Lopes	M	30-34	LXTRIATHLON	01:07:37	00:09:01
18	106577	3869	Cristiano Marques	M	30-34	TRICAP-Penafirme	01:08:18	00:09:42
19	102824	3182	Rui Lucas	M	30-34	Peniche A. C.	01:08:25	00:09:49
20	103315	3204	Cristiano Marques	M	30-34	Pedrógão Triatlo	01:09:39	00:11:03
21	107148	2797	Pedro Filipe Maia	M	30-34	Sporting Clube de Espinho - FERSILVA	01:10:40	00:12:04
22	106162	3181	João Clemente	M	30-34	LXTRIATHLON	01:11:05	00:12:29
23	106892	2730	José Martins	M	30-34	CNATRIL Triatlo	01:11:06	00:12:30
24	107624	2947	Henrique Martins	M	30-34	GRCD Leião Triatlo	01:11:38	00:13:02
25	106938	2744	Ivor ?ebalj	M	30-34	Outsystems Olímpico de Oeiras	01:11:47	00:13:11
26	107246	2964	Daniel Marques	M	30-34	Individual	01:12:30	00:13:54
27	105323	3545	Bernardo Serra Pereira	M	30-34	Triatlo Fundação Salesianos	01:15:13	00:16:37
28	107548	2926	Pedro Monzelo	M	30-34	Individual	01:17:57	00:19:21
29	107299	2858	Fábio Coutinho	M	30-34	Alhandra Sporting Club	01:18:09	00:19:33
30	107396	2885	Manuel Cabrita	M	30-34	CNATRIL Triatlo	01:18:20	00:19:44
31	106920	2735	Artur Conde	M	30-34	Núcleo do Sporting da Golegã	01:18:57	00:20:21
32	107605	2939	João Alves	M	30-34	Individual	01:34:58	00:36:22
DNS	106467	3489	Bruno Gonçalves	M	30-34	Individual	DNS	
DNS	106019	3100	João Gomes	M	30-34	SFRAA TRIATLO	DNS	

35-39

1	100436	3412	Rui Dolores	M	35-39	AMICICLO GRÂNDOLA	00:59:03	-
2	102718	3115	Rafael Batista	M	35-39	Louletano	01:00:11	00:01:08
3	101010	3704	Nuno Rodrigues	M	35-39	CNCVG	01:00:36	00:01:33
4	103255	3149	Filipe Baptista	M	35-39	CNATRIL Triatlo	01:00:48	00:01:45
5	100328	3735	Ricardo Costa	M	35-39	Triatlo Clube Tap	01:01:02	00:01:59
6	102222	3815	Ricardo Rosado	M	35-39	Núcleo do Sporting da Golegã	01:01:14	00:02:11
7	102545	3346	Roberto Parra Fernández	M	35-39	Núcleo do Sporting da Golegã	01:01:16	00:02:13
8	106826	2715	Ricardo Durão	M	35-39	Estoril Praia Credibom	01:01:50	00:02:47

Classificações Escalões Masculinos

#	Lic.	Dors.	Nome	Gen	Esc.	Equipa	T.Total	Diff.
9	107177	2805	Bruno Pontes	M	35-39	Louletano	01:02:17	00:03:14
10	105394	3578	David Paiva	M	35-39	Clube de Natação de Torres Novas	01:02:23	00:03:20
11	104454	3008	João Pacheco	M	35-39	Outsystems Olímpico de Oeiras	01:02:24	00:03:21
12	101329	3101	Nuno Veríssimo	M	35-39	Sporting Clube de Portugal	01:02:56	00:03:53
13	105322	3544	Bruno Martins	M	35-39	Triatlo Fundação Salesianos	01:03:20	00:04:17
14	103785	3649	José Paulo Carvalho	M	35-39	Vela de Tavira	01:03:51	00:04:48
15	105850	3844	João Feijão	M	35-39	Triatlo Clube Tap	01:04:04	00:05:01
16	100748	3218	Pedro M. Machado	M	35-39	Sport Algés e Dafundo	01:04:08	00:05:05
17	107252	2833	Ricardo Bio	M	35-39	Clube dos Galitos	01:04:31	00:05:28
18	106984	2763	Helder Cipriano	M	35-39	Lusitano / Frusol	01:04:33	00:05:30
19	101493	3119	Jose Paiva	M	35-39	Clube dos Galitos	01:04:45	00:05:42
20	106709	2680	Bruno Rolim	M	35-39	Try Portugal / V. Janes	01:04:54	00:05:51
21	106708	2679	João Freitas	M	35-39	Try Portugal / V. Janes	01:05:13	00:06:10
22	107647	2957	Henrique Pereira	M	35-39	Outsystems Olímpico de Oeiras	01:05:18	00:06:15
23	102911	3271	Bruno Raimundo	M	35-39	Clube de Natação da Amadora	01:05:24	00:06:21
24	106232	3310	Leonel Marques	M	35-39	CNCVG	01:05:25	00:06:22
25	104134	3910	Dino Ablum	M	35-39	REPSOL TRIATLO	01:06:11	00:07:08
26	105658	3698	Joao Machado	M	35-39	Outsystems Olímpico de Oeiras	01:06:57	00:07:54
27	106193	3219	Miguel Simões	M	35-39	GRCD Leão Triatlo	01:08:00	00:08:57
28	102316	3393	Tiago Amado	M	35-39	Individual	01:08:44	00:09:41
29	106925	2736	Rui Martins	M	35-39	Associação Vale Grande	01:09:00	00:09:57
30	101348	3137	Henrique Delgado	M	35-39	TRICAP-Penafirme	01:09:08	00:10:05
31	107126	2788	José Cardinho	M	35-39	Individual	01:09:10	00:10:07
32	105674	3710	Pedro Matos	M	35-39	Triatlo Fundação Salesianos	01:09:23	00:10:20
33	103450	3354	Alexandre Dias	M	35-39	Clube Oriental de Lisboa	01:09:47	00:10:44
34	106977	2760	HenkJan Ruitenbeek	M	35-39	Individual	01:09:58	00:10:55
35	104719	3302	Carlos Escorcio	M	35-39	Clube de Futebol Os Belenenses	01:10:02	00:10:59
36	101829	2703	João Dias	M	35-39	SNR Triatlo	01:10:06	00:11:03
37	106257	3375	Carlos Teixeira	M	35-39	Exército de Portugal	01:11:48	00:12:45
38	105382	3571	Jorge Pinto	M	35-39	Peniche A. C.	01:12:11	00:13:08
39	107497	2917	Dário Silvestre	M	35-39	Individual	01:12:12	00:13:09
40	106287	3450	Francisco Garnel	M	35-39	Sporting Clube de Portugal	01:12:33	00:13:30
41	106656	3892	Yanick d Oliveira	M	35-39	CAFH	01:12:39	00:13:36
42	106181	3187	Ricardo dos Santos	M	35-39	CNATRIL Triatlo	01:12:59	00:13:56
43	101396	3208	Rui Trovão	M	35-39	REPSOL TRIATLO	01:13:13	00:14:10
44	105639	3683	João Serôdio	M	35-39	Try Portugal / V. Janes	01:13:24	00:14:21
45	106652	3958	Luís Faria	M	35-39	SNR Triatlo	01:14:54	00:15:51
46	105471	3617	Daniel Oliveira	M	35-39	Estoril Praia Credibom	01:14:57	00:15:54
47	104742	3388	Martim Dias	M	35-39	CNCVG	01:19:15	00:20:12
48	103879	3776	Sergio Maquinista	M	35-39	REPSOL TRIATLO	01:29:24	00:30:21
49	100166	3420	joao dias pinheiro	M	35-39	Individual	01:29:28	00:30:25
DSQ	103797	3682	João Gonçalves	M	35-39	Clube de Futebol Os Belenenses	DSQ	
DSQ	106590	3875	Raul Pais da Costa	M	35-39	CMEP LINCE TRIATHLON	DSQ	

Classificações Escalões Masculinos

#	Lic.	Dors.	Nome	Gen	Esc.	Equipa	T.Total	Diff.
DSQ	107530	2921	Didio Silvestre	M	35-39	Individual	DSQ	
DSQ	107632	2950	Tiago Lima	M	35-39	Individual	DSQ	
DNF	104384	3976	João Carvalho	M	35-39	SFRAA TRIATLO	DNF	
DNS	103916	3793	Rui Melo	M	35-39	A. R. Casaense	DNS	
DNS	106991	2765	José Madeira	M	35-39	CNATRIL Triatlo	DNS	
DNS	104760	3418	Bruno Almeida	M	35-39	Individual	DNS	
DNS	106071	3126	João Brito	M	35-39	Individual	DNS	
DNS	107522	2918	Juan Abreu	M	35-39	Individual	DNS	