

Local da Prova: **Amora**

Data: **19/06/2021**

Hora da Partida: **10:35:01**

Distancias: Natação - 750m

Corrida - 5000m

Classificações Absolutos Femininos

#	Lic.	Dors.	Nome	Esc.	Equipa	Natação	Transição	Corrida	T.Total	Diff.
1	101274	2514	Inês Oliveira	25-29	Sporting Clube de Portugal	00:10:02	00:00:42	00:19:01	00:29:45	00:00:00
2	101358	2564	Ana Ramos	25-29	Alhandra Sporting Club	00:09:57	00:00:45	00:19:13	00:29:55	00:00:10
3	101605	3560	Joana Miranda	20-24	Clube de Natação de Torres Novas	00:10:00	00:00:42	00:19:33	00:30:15	00:00:30
4	106503	3677	Mariana Marques	30-34	CNATRIL Triatlo	00:11:20	00:00:59	00:19:19	00:31:38	00:01:53
5	100826	2560	Maria Medeiro	20-24	Outsystems Olímpico de Oeiras	00:10:33	00:00:51	00:20:36	00:32:00	00:02:15
6	104204	2155	Beatriz Nunes Santos	JUN	Outsystems Olímpico de Oeiras	00:09:51	00:00:43	00:22:05	00:32:39	00:02:54
7	103649	3748	Tuxa Negri	30-34	CNATRIL Triatlo	00:11:20	00:00:48	00:20:52	00:33:00	00:03:15
8	100672	1751	Inês Anastácio	CAD	Alhandra Sporting Club	00:10:18	00:00:58	00:22:44	00:34:00	00:04:15
9	100690	1785	Luana Quaresma	CAD	Alhandra Sporting Club	00:10:47	00:00:45	00:22:32	00:34:04	00:04:19
10	100633	3721	Ana Filipa Sampaio	30-34	Alhandra Sporting Club	00:10:38	00:01:06	00:22:52	00:34:36	00:04:51
11	100161	2165	Joana Tomé	JUN	CCDSintense	00:11:08	00:00:46	00:22:48	00:34:42	00:04:57
12	106120	1882	Margarida Passos	CAD	PORTINADO	00:11:24	00:00:43	00:22:47	00:34:54	00:05:09
13	101176	2817	Margarida Lopes	20-24	GDR Manique de Cima	00:10:46	00:00:50	00:23:23	00:34:59	00:05:14
14	101919	2540	Joana Domingues	20-24	DNMG	00:11:50	00:00:58	00:22:41	00:35:29	00:05:44
15	106785	2748	Sara Flora	25-29	CNATRIL Triatlo	00:14:04	00:00:58	00:20:28	00:35:30	00:05:45
16	100141	4605	Fernanda Marques Santinha	45-49	Clube Oriental de Lisboa	00:13:36	00:01:07	00:21:01	00:35:44	00:05:59
17	100871	1940	Mariana Góis	CAD	Ludens Clube de Machico	00:11:07	00:00:42	00:24:10	00:35:59	00:06:14
18	107226	2826	Maria João Crespo Domingues	20-24	DNMG	00:11:56	00:01:04	00:23:03	00:36:03	00:06:18
19	101185	2818	Raquel Dias	20-24	GDR Manique de Cima	00:11:51	00:00:47	00:23:28	00:36:06	00:06:21
20	105584	2837	Catarina Dias	20-24	Outsystems Olímpico de Oeiras	00:11:22	00:00:53	00:23:51	00:36:06	00:06:21
21	105387	5194	Hanna de Sousa	40-44	CNATRIL Triatlo	00:13:37	00:01:01	00:21:45	00:36:23	00:06:38
22	102027	1843	Luna Neves	CAD	Sporting Clube de Portugal	00:12:03	00:00:42	00:23:57	00:36:42	00:06:57
23	107410	2892	Claire Josquin	25-29	CNATRIL Triatlo	00:14:43	00:01:06	00:21:51	00:37:40	00:07:55
24	103155	1748	Maria Inês França	CAD	CNCVG	00:13:47	00:00:48	00:23:36	00:38:11	00:08:26
25	101156	2185	Cátia Costa	JUN	GDR Manique de Cima	00:13:12	00:00:49	00:24:18	00:38:19	00:08:34
26	103601	5515	Rita Barata Correia	40-44	Individual	00:13:04	00:01:20	00:24:01	00:38:25	00:08:40
27	102071	2175	Maria Albergaria	JUN	GDR Manique de Cima	00:12:12	00:01:02	00:25:20	00:38:34	00:08:49
28	105392	5196	Malvina Gomes	40-44	Escola Triatlo Palmela Desporto	00:14:07	00:01:06	00:23:27	00:38:40	00:08:55

Classificações Absolutos Femininos

#	Lic.	Dors.	Nome	Esc.	Equipa	Natação	Transição	Corrida	T.Total	Diff.
29	103688	1821	Mariana Paulino	CAD	CNCVG	00:11:55	00:00:56	00:26:32	00:39:23	00:09:38
30	101793	1965	Isabel Silva	CAD	AD Galomar	00:13:23	00:00:47	00:25:16	00:39:26	00:09:41
31	101179	2176	Patrícia Carrazedo	JUN	GDR Manique de Cima	00:12:41	00:00:48	00:26:46	00:40:15	00:10:30
32	106535	2242	Carolina Antunes	JUN	CNCVG	00:15:33	00:01:02	00:23:51	00:40:26	00:10:41
33	106947	5042	Elaine Holmes	45-49	CNATRIL Triatlo	00:14:10	00:01:01	00:25:19	00:40:30	00:10:45
34	102084	1850	Sofia Iglésias	CAD	GDR Manique de Cima	00:13:07	00:00:56	00:26:28	00:40:31	00:10:46
35	106209	3333	Bárbara Correia	25-29	Peniche A. C.	00:13:47	00:00:53	00:25:58	00:40:38	00:10:53
36	103488	4906	Catarina Neves	45-49	Pedrógão Triatlo	00:14:06	00:01:12	00:25:29	00:40:47	00:11:02
37	104276	1827	Leonor Medronheira	CAD	Escola Triatlo Palmela Desporto	00:15:21	00:00:47	00:25:13	00:41:21	00:11:36
38	103157	4766	Ana Águeda	40-44	Lusitano / Frusoal	00:16:00	00:01:05	00:24:20	00:41:25	00:11:40
39	106771	2214	Joana Rebelo	JUN	Sporting Clube de Portugal	00:15:22	00:01:15	00:24:52	00:41:29	00:11:44
40	106531	2154	Marta Barbosa	JUN	CNCVG	00:13:10	00:01:01	00:27:34	00:41:45	00:12:00
41	103050	4638	Sara Colaço	45-49	Clube Oriental de Lisboa	00:13:56	00:01:40	00:26:47	00:42:23	00:12:38
42	101791	1976	Francisca Garcês	CAD	AD Galomar	00:13:18	00:00:50	00:28:25	00:42:33	00:12:48
43	101006	4452	Madalena Caninas	55-59	Clube Oriental de Lisboa	00:14:54	00:01:31	00:26:41	00:43:06	00:13:21
44	107181	4526	Mafalda Ramos	45-49	Escola Triatlo Palmela Desporto	00:14:12	00:01:23	00:27:54	00:43:29	00:13:44
45	103270	4837	Nélia Freitas	50-54	AD Galomar	00:17:00	00:01:13	00:25:37	00:43:50	00:14:05
46	107295	4980	Andreia Alexandra Coelho	40-44	Clube Triatlo de Abrantes	00:16:29	00:00:56	00:26:32	00:43:57	00:14:12
47	102322	4720	Claudia Pernencar	45-49	Estoril Praia Credibom	00:15:44	00:01:11	00:27:11	00:44:06	00:14:21
48	101806	3667	Mafalda Viveiros Abreu	35-39	AD Galomar	00:18:56	00:00:50	00:24:47	00:44:33	00:14:48
49	104527	5008	Susana Oliveira	40-44	AD Galomar	00:19:01	00:01:02	00:25:55	00:45:58	00:16:13
50	105708	5488	Odília Pedras	45-49	AD Galomar	00:17:08	00:01:12	00:28:45	00:47:05	00:17:20
51	101582	2206	Beatriz Neves	JUN	Pedrógão Triatlo	00:15:07	00:00:48	00:31:18	00:47:13	00:17:28
52	100719	4027	Susana Ferreira	45-49	Alhandra Sporting Club	00:18:29	00:02:09	00:29:04	00:49:42	00:19:57
53	107075	1816	Matilde Pinto	CAD	Escola Triatlo Palmela Desporto	00:16:30	00:01:10	00:35:10	00:52:50	00:23:05
DNS	107358	2875	Maria Strecht	25-29	CNATRIL Triatlo	-	-	-	DNS	
DNS	101849	3240	Carla Ribeiro	35-39	SNR Triatlo	-	-	-	DNS	
DNS	107255	4708	Sofia Rodrigues	40-44	Outsystems Olímpico de Oeiras	-	-	-	DNS	
DNS	103917	1825	Joana Silva	CAD	Pedrógão Triatlo	-	-	-	DNS	
DNS	104248	2235	Carolina Sabóia	JUN	Lusitano / Frusoal	-	-	-	DNS	