

Local da Prova: **Amora**

Data: **19/06/2021**

Hora da Partida: **10:35:01**

Distancias: Natação - 750m

Corrida - 5000m

### Classificações Escalões Femininos

#	Lic.	Dors.	Nome	Gen	Esc.	Equipa	T.Total	Diff.
<b>Cadetes</b>								
1	100672	1751	Inês Anastácio	F	CAD	Alhandra Sporting Club	00:34:00	-
2	100690	1785	Luana Quaresma	F	CAD	Alhandra Sporting Club	00:34:04	00:00:04
3	106120	1882	Margarida Passos	F	CAD	PORTINADO	00:34:54	00:00:54
4	100871	1940	Mariana Góis	F	CAD	Ludens Clube de Machico	00:35:59	00:01:59
5	102027	1843	Luna Neves	F	CAD	Sporting Clube de Portugal	00:36:42	00:02:42
6	103155	1748	Maria Inês França	F	CAD	CNCVG	00:38:11	00:04:11
7	103688	1821	Mariana Paulino	F	CAD	CNCVG	00:39:23	00:05:23
8	101793	1965	Isabel Silva	F	CAD	AD Galomar	00:39:26	00:05:26
9	102084	1850	Sofia Iglésias	F	CAD	GDR Manique de Cima	00:40:31	00:06:31
10	104276	1827	Leonor Medronheira	F	CAD	Escola Triatlo Palmela Desporto	00:41:21	00:07:21
11	101791	1976	Francisca Garcês	F	CAD	AD Galomar	00:42:33	00:08:33
12	107075	1816	Matilde Pinto	F	CAD	Escola Triatlo Palmela Desporto	00:52:50	00:18:50
DNS	103917	1825	Joana Silva	F	CAD	Pedrógão Triatlo	DNS	

### Juniores

1	104204	2155	Beatriz Nunes Santos	F	JUN	Outsystems Olímpico de Oeiras	00:32:39	-
2	100161	2165	Joana Tomé	F	JUN	CCDSintrense	00:34:42	00:02:03
3	101156	2185	Cátia Costa	F	JUN	GDR Manique de Cima	00:38:19	00:05:40
4	102071	2175	Maria Albergaria	F	JUN	GDR Manique de Cima	00:38:34	00:05:55
5	101179	2176	Patrícia Carrazedo	F	JUN	GDR Manique de Cima	00:40:15	00:07:36
6	106535	2242	Carolina Antunes	F	JUN	CNCVG	00:40:26	00:07:47
7	106771	2214	Joana Rebelo	F	JUN	Sporting Clube de Portugal	00:41:29	00:08:50
8	106531	2154	Marta Barbosa	F	JUN	CNCVG	00:41:45	00:09:06
9	101582	2206	Beatriz Neves	F	JUN	Pedrógão Triatlo	00:47:13	00:14:34
DNS	104248	2235	Carolina Sabóia	F	JUN	Lusitano / Frusoad	DNS	

### 20-24

1	101605	3560	Joana Miranda	F	20-24	Clube de Natação de Torres Novas	00:30:15	-
2	100826	2560	Maria Medeiro	F	20-24	Outsystems Olímpico de Oeiras	00:32:00	00:01:45
3	101176	2817	Margarida Lopes	F	20-24	GDR Manique de Cima	00:34:59	00:04:44
4	101919	2540	Joana Domingues	F	20-24	DNMG	00:35:29	00:05:14
5	107226	2826	Maria João Crespo Domingues	F	20-24	DNMG	00:36:03	00:05:48
6	101185	2818	Raquel Dias	F	20-24	GDR Manique de Cima	00:36:06	00:05:51
7	105584	2837	Catarina Dias	F	20-24	Outsystems Olímpico de Oeiras	00:36:06	00:05:51

### 25-29

1	101274	2514	Inês Oliveira	F	25-29	Sporting Clube de Portugal	00:29:45	-
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### Classificações Escalões Femininos

#	Lic.	Dors.	Nome	Gen	Esc.	Equipa	T.Total	Diff.
2	101358	2564	Ana Ramos	F	25-29	Alhandra Sporting Club	00:29:55	00:00:10
3	106785	2748	Sara Flora	F	25-29	CNATRIL Triatlo	00:35:30	00:05:45
4	107410	2892	Claire Josquin	F	25-29	CNATRIL Triatlo	00:37:40	00:07:55
5	106209	3333	Bárbara Correia	F	25-29	Peniche A. C.	00:40:38	00:10:53
DNS	107358	2875	Maria Strecht	F	25-29	CNATRIL Triatlo	DNS	

#### 30-34

1	106503	3677	Mariana Marques	F	30-34	CNATRIL Triatlo	00:31:38	-
2	103649	3748	Tuxa Negri	F	30-34	CNATRIL Triatlo	00:33:00	00:01:22
3	100633	3721	Ana Filipa Sampaio	F	30-34	Alhandra Sporting Club	00:34:36	00:02:58

#### 35-39

1	101806	3667	Mafalda Viveiros Abreu	F	35-39	AD Galomar	00:44:33	-
DNS	101849	3240	Carla Ribeiro	F	35-39	SNR Triatlo	DNS	

#### 40-44

1	105387	5194	Hanna de Sousa	F	40-44	CNATRIL Triatlo	00:36:23	-
2	103601	5515	Rita Barata Correia	F	40-44	Individual	00:38:25	00:02:02
3	105392	5196	Malvina Gomes	F	40-44	Escola Triatlo Palmela Desporto	00:38:40	00:02:17
4	103157	4766	Ana Águeda	F	40-44	Lusitano / Frusol	00:41:25	00:05:02
5	107295	4980	Andreia Alexandra Coelho	F	40-44	Clube Triatlo de Abrantes	00:43:57	00:07:34
6	104527	5008	Susana Oliveira	F	40-44	AD Galomar	00:45:58	00:09:35
DNS	107255	4708	Sofia Rodrigues	F	40-44	Outsystems Olímpico de Oeiras	DNS	

#### 45-49

1	100141	4605	Fernanda Marques Santinha	F	45-49	Clube Oriental de Lisboa	00:35:44	-
2	106947	5042	Elaine Holmes	F	45-49	CNATRIL Triatlo	00:40:30	00:04:46
3	103488	4906	Catarina Neves	F	45-49	Pedrógão Triatlo	00:40:47	00:05:03
4	103050	4638	Sara Colaço	F	45-49	Clube Oriental de Lisboa	00:42:23	00:06:39
5	107181	4526	Mafalda Ramos	F	45-49	Escola Triatlo Palmela Desporto	00:43:29	00:07:45
6	102322	4720	Claudia Pernencar	F	45-49	Estoril Praia Credibom	00:44:06	00:08:22
7	105708	5488	Odília Pedras	F	45-49	AD Galomar	00:47:05	00:11:21
8	100719	4027	Susana Ferreira	F	45-49	Alhandra Sporting Club	00:49:42	00:13:58

#### 50-54

1	103270	4837	Nélia Freitas	F	50-54	AD Galomar	00:43:50	-
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#### 55-59

1	101006	4452	Madalena Caninas	F	55-59	Clube Oriental de Lisboa	00:43:06	-
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