

Local da Prova: **Amora**

Data: **19/06/2021**

Hora da Partida: **10:30:02**

Distancias: Natação - 750m

Corrida - 5000m

Classificações Absolutos Masculinos

#	Lic.	Dors.	Nome	Esc.	Equipa	Natação	Transição	Corrida	T.Total	Diff.
1	101609	1835	João Nuno Batista	CAD	Clube de Natação de Torres Novas	00:08:35	00:00:37	00:16:10	00:25:22	00:00:00
2	101318	3786	João Mansos	25-29	Sporting Clube de Portugal	00:08:39	00:00:36	00:16:09	00:25:24	00:00:02
3	100675	3062	João Bernardo Queirós	20-24	Outsystems Olímpico de Oeiras	00:09:24	00:00:36	00:15:58	00:25:58	00:00:36
4	100354	2813	Afonso do Canto	20-24	Clube de Natação de Torres Novas	00:09:08	00:00:37	00:16:17	00:26:02	00:00:40
5	103782	2825	João Chagas	20-24	Outsystems Olímpico de Oeiras	00:08:37	00:00:34	00:17:07	00:26:18	00:00:56
6	103745	2148	Abel Afonso	JUN	Clube de Natação de Torres Novas	00:08:44	00:00:34	00:17:13	00:26:31	00:01:09
7	104381	2162	João Dias	JUN	Sporting Clube de Portugal	00:09:28	00:00:45	00:16:51	00:27:04	00:01:42
8	101538	2623	Guilherme Pires	20-24	Clube de Natação de Torres Novas	00:08:35	-	-	00:27:06	00:01:44
9	100862	2473	João Nuno Marote	JUN	ADRAP Madeira	00:09:50	00:00:34	00:17:17	00:27:41	00:02:19
10	100629	2827	Afonso Nunes	20-24	Alhandra Sporting Club	00:09:24	00:00:41	00:17:55	00:28:00	00:02:38
11	107321	2866	Luis Moleiro	20-24	CNATRIL Triatlo	00:10:38	00:00:58	00:16:41	00:28:17	00:02:55
12	106405	2219	André Sousa	JUN	Outsystems Olímpico de Oeiras	00:10:02	00:00:40	00:17:38	00:28:20	00:02:58
13	102424	3434	Pedro Prioste	20-24	Ludens Clube de Machico	00:10:03	00:00:41	00:17:38	00:28:22	00:03:00
14	100660	3550	Diogo Gonçalves	20-24	Alhandra Sporting Club	00:10:00	00:00:43	00:17:48	00:28:31	00:03:09
15	103638	2835	Guilherme Bonito	20-24	Outsystems Olímpico de Oeiras	00:09:15	00:00:38	00:18:41	00:28:34	00:03:12
16	102428	2482	Francisco Belo	JUN	ADRAP Madeira	00:09:52	00:00:48	00:17:56	00:28:36	00:03:14
17	106271	3438	Adriano Correia	25-29	CNATRIL Triatlo	00:10:11	00:00:47	00:17:52	00:28:50	00:03:28
18	100208	2572	Miguel Tomé	20-24	SFRAA TRIATLO	00:09:22	00:00:54	00:18:40	00:28:56	00:03:34
19	101621	1834	Martim Salvador	CAD	Clube de Natação de Torres Novas	00:09:50	00:00:31	00:18:38	00:28:59	00:03:37
20	103093	2638	Rafael Travassos	20-24	CNATRIL Triatlo	00:10:03	00:00:47	00:18:30	00:29:20	00:03:58
21	101290	3823	Pedro Videira	30-34	Sporting Clube de Portugal	00:09:32	00:01:00	00:18:51	00:29:23	00:04:01
22	100705	2501	Nuno Ribeiro	25-29	Alhandra Sporting Club	00:09:43	00:00:46	00:19:03	00:29:32	00:04:10
23	101010	3704	Nuno Rodrigues	35-39	CNCVG	00:11:00	00:00:47	00:17:47	00:29:34	00:04:12
24	104132	3308	Gonçalo Mendes	20-24	CNATRIL Triatlo	00:10:25	00:00:47	00:18:24	00:29:36	00:04:14
25	102323	4197	Hugo Pina	40-44	CNCVG	00:10:55	00:01:02	00:17:40	00:29:37	00:04:15
26	101289	2222	Miguel Agoas Catarino	JUN	Outsystems Olímpico de Oeiras	00:09:28	00:00:45	00:19:27	00:29:40	00:04:18
27	106615	4135	Bruno Teles Grilo	45-49	Estoril Praia Credibom	00:10:16	00:00:54	00:18:35	00:29:45	00:04:23
28	102919	2654	Joaquim Cerqueira	20-24	Alhandra Sporting Club	00:10:00	00:00:45	00:19:09	00:29:54	00:04:32

Classificações Absolutos Masculinos

#	Lic.	Dors.	Nome	Esc.	Equipa	Natação	Transição	Corrida	T.Total	Diff.
29	106846	2720	Miguel Silva	25-29	CNATRIL Triatlo	00:11:15	00:00:53	00:17:47	00:29:55	00:04:33
30	101964	4765	Nelson Mestre	40-44	Lusitano / Frusoal	00:11:15	00:00:50	00:18:03	00:30:08	00:04:46
31	100462	2577	João Canas	25-29	Sporting Clube de Portugal	00:09:55	00:00:39	00:19:48	00:30:22	00:05:00
32	102545	3346	Roberto Parra Fernández	35-39	Núcleo do Sporting da Golegã	00:10:42	00:00:56	00:18:44	00:30:22	00:05:00
33	106305	1977	Ruben Mendonça	CAD	Ludens Clube de Machico	00:11:55	00:00:38	00:17:58	00:30:31	00:05:09
34	101596	4632	Gonçalo Neves	50-54	Pedrógão Triatlo	00:10:46	00:00:46	00:19:12	00:30:44	00:05:22
35	107647	2957	Henrique Pereira	35-39	Outsystems Olímpico de Oeiras	00:11:05	00:01:11	00:18:31	00:30:47	00:05:25
36	106826	2715	Ricardo Durão	35-39	Estoril Praia Credibom	00:11:19	00:00:54	00:18:40	00:30:53	00:05:31
37	101520	5067	Tiago Lobo	40-44	Mc Donald's/Tribraga	00:11:14	00:00:50	00:19:00	00:31:04	00:05:42
38	101187	2164	Tomás Pereira	JUN	CCDSintrense	00:11:36	00:01:00	00:18:29	00:31:05	00:05:43
39	105999	1788	Rafael Alemão	CAD	PORTINADO	00:12:00	00:00:46	00:18:23	00:31:09	00:05:47
40	102637	1740	Diogo Carvalhinho	CAD	Pimpões Triatlo	00:11:20	00:00:46	00:19:10	00:31:16	00:05:54
41	106659	2213	Gonçalo Santos	JUN	Sporting Clube de Portugal	00:10:45	00:00:46	00:19:49	00:31:20	00:05:58
42	102497	2161	Guilherme Santos Rocha	JUN	Sporting Clube de Portugal	00:10:00	00:00:45	00:21:00	00:31:45	00:06:23
43	105411	1874	Tomás Vilanova	CAD	Lusitano / Frusoal	00:11:08	00:01:18	00:19:34	00:32:00	00:06:38
44	104855	3720	Tiago Lopes	25-29	Outsystems Olímpico de Oeiras	00:12:06	00:01:06	00:18:51	00:32:03	00:06:41
45	102075	1851	Mateus Albergaria	CAD	GDR Manique de Cima	00:11:05	00:00:46	00:20:28	00:32:19	00:06:57
46	106493	5199	Pedro Rocha	50-54	Sporting Clube de Portugal	00:11:18	00:01:22	00:19:40	00:32:20	00:06:58
47	100578	4703	Henrique Matias	40-44	CNATRIL Triatlo	00:12:17	00:00:53	00:19:13	00:32:23	00:07:01
48	106403	1852	Martim Marques	CAD	Pimpões Triatlo	00:11:37	00:00:55	00:19:54	00:32:26	00:07:04
49	103201	1872	Diogo Marques	CAD	Escola Triatlo Santo António Évora	00:11:45	00:00:48	00:19:54	00:32:27	00:07:05
50	102894	2237	João Pereira	JUN	CNCVG	00:11:45	00:00:51	00:20:04	00:32:40	00:07:18
51	105322	3544	Bruno Martins	35-39	Triatlo Fundação Salesianos	00:11:09	00:01:16	00:20:20	00:32:45	00:07:23
52	100283	2993	João Maria Inácio	20-24	Pimpões Triatlo	00:12:40	00:00:56	00:19:12	00:32:48	00:07:26
53	104483	3989	Marco Vidigal	20-24	GDR Manique de Cima	00:11:13	00:00:52	00:20:50	00:32:55	00:07:33
54	101162	2207	Gonçalo Coelho	JUN	CNCVG	00:10:44	00:00:42	00:21:40	00:33:06	00:07:44
55	107474	2233	Diogo Nunes	JUN	Sporting Clube de Portugal	00:12:13	00:00:53	00:20:00	00:33:06	00:07:44
56	105427	5410	Vasco Levita	45-49	Estoril Praia Credibom	00:12:49	00:00:55	00:19:39	00:33:23	00:08:01
57	100793	4032	Carlos Gomes	55-59	Outsystems Olímpico de Oeiras	00:12:53	00:01:07	00:19:36	00:33:36	00:08:14
58	103173	4427	Miguel David	50-54	Clube Oriental de Lisboa	00:12:44	00:01:26	00:19:29	00:33:39	00:08:17
59	105795	3814	Luis Viedma	30-34	Pimpões Triatlo	00:12:35	00:00:59	00:20:06	00:33:40	00:08:18
60	100625	4049	Nuno Costa	45-49	Outsystems Olímpico de Oeiras	00:12:03	00:00:59	00:20:50	00:33:52	00:08:30
61	106832	1847	Tomás Dias	CAD	Pimpões Triatlo	00:13:06	00:01:11	00:19:36	00:33:53	00:08:31

Classificações Absolutos Masculinos

#	Lic.	Dors.	Nome	Esc.	Equipa	Natação	Transição	Corrida	T.Total	Diff.
62	103785	3649	José Paulo Carvalho	35-39	Vela de Tavira	00:11:00	00:01:01	00:22:15	00:34:16	00:08:54
63	103058	1828	Tiago Carvalho	CAD	Clube Natação do Cartaxo	00:13:00	00:00:51	00:20:31	00:34:22	00:09:00
64	101783	5228	Pedro Fernandes	40-44	Clube Oriental de Lisboa	00:12:47	00:01:04	00:20:32	00:34:23	00:09:01
65	102656	4278	João Martinho	40-44	CNATRIL Triatlo	00:11:30	00:01:05	00:21:52	00:34:27	00:09:05
66	103179	4525	Jorge Carvalho	50-54	Clube Oriental de Lisboa	00:14:15	00:00:55	00:19:30	00:34:40	00:09:18
67	100498	4248	Sérgio Ferreira	45-49	CNALvito	00:12:57	00:01:06	00:20:53	00:34:56	00:09:34
68	107651	2959	Bernardo Dionísio	20-24	CNATRIL Triatlo	00:09:18	00:01:16	00:24:29	00:35:03	00:09:41
69	107708	2244	Tomás Teixeira	JUN	CNCVG	00:11:41	00:01:33	00:21:59	00:35:13	00:09:51
70	103838	4441	Rodrigo Espírito Santo	40-44	Individual	00:12:14	00:01:10	00:21:54	00:35:18	00:09:56
71	106836	1826	António Salvador	CAD	Escola Triatlo Palmela Desporto	00:13:30	00:01:05	00:20:49	00:35:24	00:10:02
72	105829	2861	Diogo Pedro	20-24	CCDSintrense	00:12:59	00:00:55	00:21:33	00:35:27	00:10:05
73	105323	3545	Bernardo Serra Pereira	30-34	Triatlo Fundação Salesianos	00:12:49	00:00:50	00:22:08	00:35:47	00:10:25
74	104219	5296	hugo reis	40-44	Estoril Praia Credibom	00:12:48	00:01:05	00:22:02	00:35:55	00:10:33
75	107624	2947	Henrique Martins	30-34	GRCD Leião Triatlo	00:13:20	00:01:32	00:21:14	00:36:06	00:10:44
76	101796	1966	Francisco Freitas	CAD	AD Galomar	00:13:22	00:00:58	00:21:50	00:36:10	00:10:48
77	103899	4929	Esmeraldino Sá	40-44	Associação Naval Amorense	00:14:24	00:01:04	00:20:45	00:36:13	00:10:51
78	107738	2994	Emanuel Freitas	30-34	Escola Triatlo Palmela Desporto	00:14:20	00:00:49	00:21:07	00:36:16	00:10:54
79	100144	4059	Fernando Feijão	65-69	Individual	00:13:50	00:01:15	00:21:16	00:36:21	00:10:59
80	103321	4860	Renato Araújo	50-54	Associação Naval Amorense	00:13:46	00:00:52	00:21:51	00:36:29	00:11:07
81	104973	1841	Vasco Sequeira	CAD	CNCVG	00:13:41	00:00:53	00:22:04	00:36:38	00:11:16
82	105299	5167	Bruno Ornelas	45-49	Individual	00:13:45	00:00:59	00:21:57	00:36:41	00:11:19
83	100210	4535	Miguel Gaivão	60-64	Individual	00:13:10	00:01:01	00:22:31	00:36:42	00:11:20
84	101598	2146	Guilherme Marques	JUN	Clube de Natação de Torres Novas	00:11:26	00:00:50	00:24:30	00:36:46	00:11:24
85	104340	1840	David Zinca	CAD	CAPGE	00:11:07	00:00:50	00:25:09	00:37:06	00:11:44
86	107179	4520	Nuno Faria	40-44	Escola Triatlo Palmela Desporto	00:13:12	00:01:13	00:22:42	00:37:07	00:11:45
87	101435	4121	Paulo Codinha	55-59	Triatlo Clube Tap	00:12:40	00:01:10	00:23:19	00:37:09	00:11:47
88	103840	4546	Jorge Barroso	40-44	Individual	00:12:53	00:01:15	00:23:03	00:37:11	00:11:49
89	101648	2628	André Garrido	25-29	Escola Triatlo Santo António Évora	00:11:45	00:00:56	00:24:48	00:37:29	00:12:07
90	106998	8272	António Ninhos	55-59	Escola Triatlo Palmela Desporto	00:12:45	00:01:51	00:23:00	00:37:36	00:12:14
91	105456	5416	Pedro Alvarez	45-49	Individual	00:13:53	-	-	00:37:56	00:12:34
92	106009	5365	Emanuel Águas	45-49	Escola Triatlo Palmela Desporto	00:13:36	00:01:18	00:23:06	00:38:00	00:12:38
93	106479	5106	Jorge Dinis	50-54	Associação Naval Amorense	00:13:17	00:01:22	00:23:25	00:38:04	00:12:42
94	101065	4060	António Moura	60-64	Pimpões Triatlo	00:12:58	00:01:02	00:24:19	00:38:19	00:12:57

Classificações Absolutos Masculinos

#	Lic.	Dors.	Nome	Esc.	Equipa	Natação	Transição	Corrida	T.Total	Diff.
95	107236	4671	Jorge André Quarenta	50-54	Clube Oriental de Lisboa	00:15:11	00:02:38	00:20:33	00:38:22	00:13:00
96	105667	5255	José Domingues	60-64	Triatlo Fundação Salesianos	00:14:21	00:01:35	00:22:41	00:38:37	00:13:15
97	100547	4069	João Silva	55-59	Clube Millenniumbcp	00:12:31	00:01:28	00:24:51	00:38:50	00:13:28
98	104230	4412	Pedro Leiria	45-49	CNCVG	00:14:41	00:02:12	00:22:02	00:38:55	00:13:33
99	107166	4501	Paulo Moutinho	50-54	Clube Oriental de Lisboa	00:12:27	00:01:50	00:24:40	00:38:57	00:13:35
100	107293	4858	Jorge Quaresma	40-44	Escola Triatlo Palmela Desporto	00:12:10	00:01:59	00:24:53	00:39:02	00:13:40
101	106949	5049	Nuno Mendes Soares	45-49	CNAlvito	00:12:57	00:00:57	00:25:22	00:39:16	00:13:54
102	103557	4138	Luis Romão	45-49	Associação Naval Amorense	00:14:06	00:01:29	00:24:02	00:39:37	00:14:15
103	104006	4991	Duarte Almeida	50-54	Estoril Praia Credibom	00:13:41	00:01:19	00:24:39	00:39:39	00:14:17
104	107180	2807	Andre Sapata	30-34	Escola Triatlo Palmela Desporto	00:17:12	00:01:22	00:21:31	00:40:05	00:14:43
105	105571	5219	Rui Velez	55-59	Clube Oriental de Lisboa	00:13:18	00:01:47	00:25:06	00:40:11	00:14:49
106	101781	4293	miguel velez	55-59	GRC D Leião Triatlo	00:13:26	00:01:37	00:25:08	00:40:11	00:14:49
107	100993	4453	Carlos Barata Correia	65-69	Clube Oriental de Lisboa	00:12:44	00:01:22	00:26:34	00:40:40	00:15:18
108	107625	2948	Marco Cunha	35-39	Associação Naval Amorense	00:18:45	00:00:56	00:21:35	00:41:16	00:15:54
109	101789	1969	Artur Vieira	CAD	AD Galomar	00:13:23	00:00:51	00:27:11	00:41:25	00:16:03
110	101797	4594	Miguel Freitas	50-54	AD Galomar	00:17:43	00:01:22	00:22:21	00:41:26	00:16:04
111	107735	8273	Nuno Correia	45-49	Escola Triatlo Palmela Desporto	00:15:31	00:02:09	00:23:47	00:41:27	00:16:05
112	105072	1765	Guilherme Costa	CAD	CCDSintense	00:13:23	00:01:06	00:26:59	00:41:28	00:16:06
113	107668	2966	Diogo Marques	20-24	Alhandra Sporting Club	00:16:23	00:01:11	00:24:13	00:41:47	00:16:25
114	106991	2765	José Madeira	35-39	CNATRIL Triatlo	00:14:17	00:02:27	00:25:32	00:42:16	00:16:54
115	103709	4301	João Manuell Rosa	45-49	Escola Triatlo Palmela Desporto	00:13:44	00:01:28	00:27:36	00:42:48	00:17:26
116	107707	2980	Miguel Santos	35-39	GRC D Leião Triatlo	00:15:14	00:01:51	00:25:57	00:43:02	00:17:40
117	107736	5566	Filipe Rei	40-44	Escola Triatlo Palmela Desporto	00:17:34	00:02:27	00:24:14	00:44:15	00:18:53
118	100172	4374	Jorge Caldeira	50-54	Individual	00:15:23	00:02:01	00:26:54	00:44:18	00:18:56
119	107131	5523	Diogo Lopes Barata	40-44	CNATRIL Triatlo	00:17:20	00:02:05	00:25:29	00:44:54	00:19:32
120	105631	1829	Martim Morais	CAD	Clube Natação do Cartaxo	00:17:19	00:00:57	00:26:48	00:45:04	00:19:42
121	106387	4447	Paulo Gonçalves	50-54	Individual	00:19:18	00:01:19	00:24:46	00:45:23	00:20:01
122	100175	4601	José Alberto Domingos	70-74	Lusitano / Frusoal	00:15:46	00:01:53	00:27:48	00:45:27	00:20:05
123	104978	5120	Nuno Duarte	45-49	Individual	00:20:13	00:02:01	00:25:17	00:47:31	00:22:09
124	107292	4849	Bruno Ribeiro	40-44	Escola Triatlo Palmela Desporto	00:21:52	00:01:30	00:25:05	00:48:27	00:23:05
DNS	107489	2914	Francisco Cavaco	20-24	Escola Triatlo Palmela Desporto	-	-	-	DNS	
DNS	107486	2913	João Pinto	25-29	Escola Triatlo Palmela Desporto	-	-	-	DNS	
DNS	106098	3134	Tiago Isidoro	30-34	Pimpões Triatlo	-	-	-	DNS	

Classificações Absolutos Masculinos

#	Lic.	Dors.	Nome	Esc.	Equipa	Natação	Transição	Corrida	T.Total	Diff.
DNS	107168	2802	Marco Catarro	35-39	Escola Triatlo Palmela Desporto	-	-	-	DNS	
DNS	106736	2685	Rui Silva	35-39	Individual	-	-	-	DNS	
DNS	101011	4382	Paulo Fonseca	50-54	Clube Oriental de Lisboa	-	-	-	DNS	
DNS	107487	5245	Luis Cavaco	50-54	Escola Triatlo Palmela Desporto	-	-	-	DNS	
DNS	101410	4039	José Varela	60-64	Louletano	-	-	-	DNS	
DNS	105058	5096	Carlos Brito	60-64	Try Portugal / V. Janes	-	-	-	DNS	
DNS	101574	1822	Afonso Mourão	CAD	Pedrógão Triatlo	-	-	-	DNS	
DNS	101581	1824	André Neves	CAD	Pedrógão Triatlo	-	-	-	DNS	
DNS	106721	1842	Guilherme Vaz	CAD	Pedrógão Triatlo	-	-	-	DNS	
DNS	102362	1823	Vasco Santos	CAD	Pedrógão Triatlo	-	-	-	DNS	
DNS	105053	1889	Leonardo Sousa	CAD	Sporting Clube de Portugal	-	-	-	DNS	
DNS	105758	2203	Diogo Tomé	JUN	Peniche A. C.	-	-	-	DNS	