

Local da Prova: **Coimbra**

Data: **13/06/2021**

Hora da Partida: **07:04:31**

Distancias: Natação - 3800m

Ciclismo - 180000m

Corrida - 42200m

### Classificação Absoluta - Masculinos

#	Lic.	Dors.	Nome	Esc.	Equipa	Natação	T1	Ciclismo	T2	Corrida	T.Total	Diff.
1	100334	7	Sergio Marques	40-44	CNATRIL Triatlo	00:57:39	00:01:42	04:43:57	00:02:15	02:52:22	08:37:55	00:00:00
2	100598	24	André Duarte	25-29	Outsystems Olímpico de Oeiras	01:05:07	00:01:46	04:56:26	00:02:08	02:57:07	09:02:34	00:24:39
3	101340	94	João Fragoso	40-44	Estoril Praia Credibom	01:06:59	00:02:35	04:59:14	00:03:25	02:59:57	09:12:10	00:34:15
4	102259	4	Rafael Gomes	35-39	Estoril Praia Credibom	01:04:41	00:02:25	04:49:46	00:02:02	03:18:51	09:17:45	00:39:50
5	101865	103	Rui Narigueta	45-49	Outsystems Olímpico de Oeiras	01:17:33	00:02:01	04:46:29	00:01:58	03:10:51	09:18:52	00:40:57
6	102530	80	Nuno Silva	40-44	União Desportiva da Batalha	01:15:49	00:02:34	05:04:59	00:02:16	02:56:39	09:22:17	00:44:22
7	107177	86	Bruno Pontes	35-39	Louletano	01:09:49	00:03:18	05:00:30	00:01:51	03:20:04	09:35:32	00:57:37
8	104974	5	Eduardo Mourato	30-34	Estoril Praia Credibom	00:59:50	00:02:12	05:09:53	00:01:19	03:24:39	09:37:53	00:59:58
9	104541	151	David Preciado	25-29	SFRAA TRIATLO	01:09:38	00:02:29	05:31:14	00:01:52	03:12:47	09:58:00	01:20:05
10	105527	72	Lourenço Mota	40-44	Clube dos Galitos	01:16:19	00:03:03	05:19:47	00:01:56	03:18:26	09:59:31	01:21:36
11	106930	54	Eduardo Gonçalves	35-39	A. R. Casaense	01:03:16	00:02:42	05:23:47	00:01:48	03:28:25	09:59:58	01:22:03
12	102086	114	Tiago Cochicho	35-39	GDR Manique de Cima	01:07:02	00:02:01	05:05:11	00:03:17	03:53:11	10:10:42	01:32:47
13	101071	2	David Caldeirão	45-49	Louletano	00:59:47	00:01:56	05:06:53	00:02:23	04:00:01	10:11:00	01:33:05
14	101703	104	António Moreira	40-44	Clube dos Galitos	01:15:33	00:03:40	05:20:02	00:03:27	03:31:57	10:14:39	01:36:44
15	105823	82	Carlos Gomes Ferreira	45-49	Louletano	01:13:25	00:03:36	05:09:06	00:02:01	03:49:00	10:17:08	01:39:13
16	102824	60	Rui Lucas	30-34	Peniche A. C.	01:16:01	00:03:07	05:18:41	00:02:00	03:40:15	10:20:04	01:42:09
17	101443	18	António Salgado	40-44	Sporting Clube de Espinho - FERSILVA	01:08:04	00:03:14	05:05:59	00:03:12	04:01:35	10:22:04	01:44:09
18	106115	12	José Canela	45-49	Louletano	01:22:07	00:02:57	05:00:51	00:02:10	03:54:36	10:22:41	01:44:46
19	106936	87	Rui Matias	25-29	SFRAA TRIATLO	01:15:42	00:03:08	05:19:59	00:02:14	03:44:57	10:26:00	01:48:05
20	0	79	David Coelho	40-44	Individual	01:27:26	00:03:19	05:28:06	00:01:53	03:28:12	10:28:56	01:51:01
21	106433	88	Andre Costal	45-49	Individual	01:13:29	00:05:17	05:32:58	00:04:51	03:33:13	10:29:48	01:51:53
22	0	91	João Jesus	40-44	Individual	01:07:07	00:03:57	05:37:18	00:04:28	03:38:45	10:31:35	01:53:40
23	104655	101	Nuno Sousa	45-49	MARRETAS DO NORTE	01:09:30	00:04:00	05:25:08	00:03:07	03:50:20	10:32:05	01:54:10
24	102323	81	Hugo Pina	40-44	CNCVG	01:10:12	00:02:43	04:59:38	00:02:09	04:18:06	10:32:48	01:54:53
25	0	73	Pedro Mendonça	45-49	Individual	01:19:19	00:02:47	05:08:35	00:03:07	04:02:32	10:36:20	01:58:25
26	0	58	LUIS	40-44	Individual	01:23:22	00:04:04	05:15:13	00:04:13	03:51:48	10:38:40	02:00:45
27	104316	118	Hugo Pita	35-39	Clube Desportivo Escola Santana	01:12:57	00:03:27	05:28:42	00:03:01	03:50:55	10:39:02	02:01:07
28	104664	120	Miguel Costa	40-44	Clube de Triatlo do Fundão	01:18:11	00:03:37	05:24:19	00:04:15	03:50:16	10:40:38	02:02:43

**Classificação Absoluta - Masculinos**

#	Lic.	Dors.	Nome	Esc.	Equipa	Natação	T1	Ciclismo	T2	Corrida	T.Total	Diff.
29	105742	61	Victor Simões	40-44	SNR Triatlo	01:13:15	00:02:41	05:15:16	00:02:24	04:09:12	10:42:48	02:04:53
30	105210	123	Pedro Ferreira da Silva	35-39	MARRETAS DO NORTE	01:09:06	00:04:37	05:27:25	00:04:06	03:57:52	10:43:06	02:05:11
31	101862	67	Paulo Silvestre	45-49	SNR Triatlo	01:12:44	00:04:27	05:21:35	00:02:24	04:05:06	10:46:16	02:08:21
32	100266	125	Sérgio Batalha	50-54	3B - triatlo	01:17:30	00:03:29	05:28:02	00:03:14	03:57:24	10:49:39	02:11:44
33	103215	113	Samuel Eugénio	45-49	Núcleo do Sporting da Golegã	01:20:06	00:04:08	05:16:01	00:03:01	04:07:02	10:50:18	02:12:23
34	103844	115	Edson Oliveira	40-44	Clube do Pessoal EDP	01:22:23	00:04:40	05:36:37	00:04:31	03:42:25	10:50:36	02:12:41
35	0	35	Ricardo Cardoso	40-44	Individual	01:41:34	00:06:57	05:32:12	00:03:45	03:32:02	10:56:30	02:18:35
36	102726	75	Paulo Luz	40-44	Fc Ferreiras	01:12:49	00:06:38	05:33:12	00:05:35	04:00:28	10:58:42	02:20:47
37	100837	56	Pedro Pinho Lopes	45-49	Outsystems Olímpico de Oeiras	01:29:52	00:07:26	05:21:51	00:04:18	03:56:54	11:00:21	02:22:26
38	101416	8	Peter Chester-Browne	50-54	Louletano	01:16:10	00:04:12	05:49:49	00:02:41	03:52:27	11:05:19	02:27:24
39	106485	117	Pedro Mota	40-44	Clube Desportivo Escola Santana	01:23:09	00:06:35	05:46:15	00:05:02	03:45:22	11:06:23	02:28:28
40	105058	108	Carlos Brito	60-64	Try Portugal / V. Janes	01:04:43	00:02:29	05:26:52	00:04:05	04:32:50	11:10:59	02:33:04
41	0	10	Bruno Pereira	35-39	Individual	01:18:35	00:04:39	05:54:18	00:02:54	03:54:41	11:15:07	02:37:12
42	105599	111	Ivo Magalhães	45-49	A. R. Casaense	01:18:33	00:04:54	05:33:42	00:08:34	04:10:33	11:16:16	02:38:21
43	106098	121	Tiago Isidoro	30-34	Pimpões Triatlo	01:11:35	00:05:51	05:39:29	00:05:56	04:15:59	11:18:50	02:40:55
44	0	74	Carlos Proença	40-44	Individual	01:17:30	00:04:41	05:45:34	00:04:03	04:08:17	11:20:05	02:42:10
45	102316	63	Tiago Amado	35-39	Individual	01:27:18	00:02:15	05:37:06	00:02:59	04:11:17	11:20:55	02:43:00
46	101738	3	Ricardo Carvalho	40-44	Não Federado	01:18:31	00:03:12	05:37:32	00:02:54	04:21:46	11:23:55	02:46:00
47	106430	17	Duarte Cortes	40-44	Individual	01:24:17	00:03:55	05:35:21	00:02:50	04:17:37	11:24:00	02:46:05
48	107649	62	Luís Neves Franco	40-44	Não Federado	01:35:51	00:06:04	06:06:02	00:06:15	03:30:03	11:24:15	02:46:20
49	104857	27	Miguel Anastácio	40-44	Vela de Tavira	01:16:31	00:03:49	05:33:26	00:02:22	04:28:40	11:24:48	02:46:53
50	102306	116	Mario Santana	40-44	Clube do Pessoal EDP	01:20:58	00:03:45	05:35:19	00:04:45	04:21:47	11:26:34	02:48:39
51	105591	34	Vasco Baptista	40-44	Individual	01:21:50	00:04:25	05:45:17	00:05:04	04:10:23	11:26:59	02:49:04
52	104134	84	Dino Ablum	35-39	REPSOL TRIATLO	01:16:41	00:02:24	05:22:43	00:04:07	04:41:22	11:27:17	02:49:22
53	100704	71	Nuno Tintim	45-49	Estoril Praia Credibom	01:26:31	00:03:35	06:02:13	00:01:59	03:55:16	11:29:34	02:51:39
54	104627	119	António Oliveira	55-59	Clube Desportivo Escola Santana	01:31:14	00:03:57	05:54:49	00:05:13	03:55:39	11:30:52	02:52:57
55	105286	95	Helder Caiado	40-44	Não Federado	01:12:47	00:05:22	05:45:24	00:03:23	04:24:04	11:31:00	02:53:05
56	103916	124	Rui Melo	35-39	A. R. Casaense	01:18:20	00:01:48	05:45:16	00:01:35	04:25:10	11:32:09	02:54:14
57	105612	97	Diogo Garcia	40-44	Individual	01:19:37	00:05:26	05:51:38	00:04:57	04:11:58	11:33:36	02:55:41
58	106232	92	Leonel Marques	35-39	CNCVG	01:17:47	00:02:05	05:46:51	00:01:37	04:27:30	11:35:50	02:57:55
59	104915	30	Rui Gaspar	40-44	Associação Humanitária de Bombeiros dos Estoris	01:10:39	00:07:25	05:39:27	00:07:32	04:31:07	11:36:10	02:58:15
60	0	70	Luís Santos Marques	40-44	Individual	01:21:31	00:06:27	05:41:42	00:05:45	04:24:03	11:39:28	03:01:33
61	105326	23	Luís Marques	50-54	Sporting Clube de Espinho - FERSILVA	01:25:09	00:04:46	05:32:34	00:04:06	04:35:14	11:41:49	03:03:54

**Classificação Absoluta - Masculinos**

#	Lic.	Dors.	Nome	Esc.	Equipa	Natação	T1	Ciclismo	T2	Corrida	T.Total	Diff.
62	106925	26	Rui Martins	35-39	Associação Vale Grande	01:27:36	00:04:04	06:33:32	00:02:37	03:52:20	12:00:09	03:22:14
63	0	105	Ricardo Pinhão	45-49	Individual	01:20:26	00:08:40	05:36:44	00:12:00	04:44:50	12:02:40	03:24:45
64	0	13	Adrian Bellanco Zazo	30-35	Não Federado	01:11:42	00:08:33	06:16:08	00:09:14	04:18:28	12:04:05	03:26:10
65	0	45	Tiago Teixeira da Cunha	30-34	Individual	01:33:59	00:04:58	05:55:23	00:05:10	04:24:42	12:04:12	03:26:17
66	0	65	João Coelho	40-44	Individual	01:41:32	00:06:54	06:16:57	00:04:36	03:55:24	12:05:23	03:27:28
67	104639	48	Carlos Vitorino	50-54	Clube Triatlo de Abrantes	01:39:52	00:04:28	05:42:37	00:02:35	04:39:06	12:08:38	03:30:43
68	0	22	Pedro Figueira	45-49	Individual	01:39:43	00:08:39	05:41:45	00:07:14	04:40:58	12:18:19	03:40:24
69	105299	127	Bruno Ornelas	45-49	Individual	01:12:16	00:07:19	06:10:28	00:06:06	04:45:06	12:21:15	03:43:20
70	0	46	Rui Pericão de Almeida	50-54	Individual	01:29:09	00:03:29	06:07:19	00:04:09	04:44:56	12:29:02	03:51:07
71	103557	49	Luis Romão	45-49	Associação Naval Amorense	01:18:14	00:05:34	05:58:23	00:05:02	05:13:58	12:41:11	04:03:16
72	101782	109	Paulo Santos	55-59	Clube Oriental de Lisboa	01:31:13	00:04:55	06:35:05	00:03:02	04:35:09	12:49:24	04:11:29
73	0	31	Francisco Gonçalves	30-34	Individual	01:21:56	00:04:20	06:18:35	00:06:03	04:58:34	12:49:28	04:11:33
74	104587	44	Neville Suzman	55-59	Não Federado	01:23:54	00:05:12	05:38:18	00:03:56	05:38:08	12:49:28	04:11:33
75	0	106	Jorge Fernandes	55-59	Individual	01:34:59	00:05:42	06:14:28	00:04:48	04:52:12	12:52:09	04:14:14
76	102251	36	Vasco Borges	50-54	A. R. Casaense	01:17:02	00:03:22	06:21:25	00:02:11	05:11:28	12:55:28	04:17:33
77	0	57	José Ferreira	50-54	Individual	01:21:22	00:10:43	05:59:02	00:07:04	05:18:57	12:57:08	04:19:13
78	105212	19	Nuno Ribeiro	45-49	Clube de Triatlo de Viseu	01:30:51	00:03:42	06:11:49	00:04:33	05:11:13	13:02:08	04:24:13
79	0	53	Joao Dias	35-39	Individual	01:25:38	00:05:09	05:50:53	00:08:14	05:39:43	13:09:37	04:31:42
80	102944	33	Rafael Silva	30-34	C F Vilacondense	01:26:07	00:05:24	06:29:56	00:04:52	05:06:48	13:13:07	04:35:12
81	100544	28	Eduardo Ferreira	45-49	Clube Millenniumbcp	01:34:47	00:04:13	05:52:17	00:03:30	05:40:33	13:15:20	04:37:25
82	106234	122	Nuno Simoes	45-49	CAFH	01:22:00	00:07:21	06:30:48	00:07:07	05:14:56	13:22:12	04:44:17
83	106221	41	Miguel San-Payo	55-59	Individual	01:22:01	00:08:28	06:40:01	00:07:58	05:11:30	13:29:58	04:52:03
84	102826	64	Nuno Simões	40-44	A. R. Casaense	01:05:45	00:03:44	06:13:47	00:04:45	06:28:30	13:56:31	05:18:36
85	101396	20	Rui Trovão	35-39	REPSOL TRIATLO	01:23:53	00:04:17	06:42:30	00:04:40	05:47:42	14:03:02	05:25:07
86	107166	29	Paulo Moutinho	50-54	Clube Oriental de Lisboa	01:12:29	00:07:04	07:09:34	00:06:30	05:33:22	14:08:59	05:31:04
87	107118	40	Pedro Silva	55-59	Não Federado	01:30:19	00:14:58	06:46:20	00:12:40	05:31:55	14:16:12	05:38:17
DSQ	103711	43	Rui Pedras	60-64	Individual	02:11:18	00:08:21	-	-	-	DSQ	
DSQ	0	55	Nuno Ryder	45-49	Individual	02:00:37	00:11:42	-	-	-	DSQ	
DSQ	106123	77	Daniel Leão	40-44	Alhandra Sporting Club	01:58:09	00:17:00	-	-	-	DSQ	
DSQ	106453	100	Carlos Costa	35-39	A. R. Casaense	01:57:32	00:18:00	05:29:57	00:08:53	-	DSQ	
DSQ	0	14	Miguel Ferreira Pinto	25-29	IronBrothers	01:28:27	00:14:08	08:52:42	-	-	DSQ	
DSQ	100323	168	Nuno Felicio	40-44	Triatlo Fundação Salesianos	01:28:28	00:13:41	08:53:01	-	-	DSQ	
DNF	102885	42	Marcos Ratola	40-44	Não Federado	00:57:56	00:02:35	05:08:48	00:03:07	-	DNF	

**Classificação Absoluta - Masculinos**

#	Lic.	Dors.	Nome	Esc.	Equipa	Natação	T1	Ciclismo	T2	Corrida	T.Total	Diff.
DNF	105776	47	João Crespo	35-39	A. R. Casaense	01:26:33	00:04:56	05:35:47	00:03:23	-	DNF	
DNF	103316	50	Gonçalo Martins	35-39	MARRETAS DO NORTE	01:17:19	00:03:49	05:03:57	00:03:09	-	DNF	
DNF	0	51	João Viana Ferreira	40-44	Individual	01:20:35	00:06:14	06:09:48	00:03:49	-	DNF	
DNF	100209	52	Miguel T Duarte	55-59	Individual	01:07:41	00:03:41	05:19:36	00:03:48	-	DNF	
DNF	103724	66	Nuno Lemos	45-49	Individual	01:18:02	00:03:42	05:02:55	00:02:56	-	DNF	
DNF	103792	69	Carlos Inocêncio	45-49	Associação Académica de São Mamede	01:13:19	00:04:11	05:16:26	00:04:10	-	DNF	
DNF	103878	85	António Martins	45-49	REPSOL TRIATLO	01:24:28	00:04:06	05:27:14	00:06:24	-	DNF	
DNF	0	89	Marco Costa	35-39	Individual	01:13:13	00:03:01	05:18:45	00:01:40	-	DNF	
DNF	102995	96	Luís Duque	55-59	GDR Manique de Cima	01:30:01	00:05:33	06:38:10	00:04:04	-	DNF	
DNF	106710	107	Pedro Filipe	45-49	Try Portugal / V. Janes	01:09:34	00:03:54	06:29:18	00:09:50	-	DNF	
DNF	0	112	Marco Henrique Rodrigues	40-44	Individual	01:12:52	00:03:54	05:25:37	00:04:03	-	DNF	
DNF	100308	21	José Luís Correia	60-64	Associação Humanitária de Bombeiros dos Estor	01:16:50	00:07:32	07:50:58	-	-	DNF	
DNF	103179	25	Jorge Carvalho	50-54	Clube Oriental de Lisboa	01:21:14	00:03:44	-	-	-	DNF	
DNF	100570	78	Carlos Fernandes	45-49	SFRAA TRIATLO	01:06:31	00:02:01	-	-	-	DNF	
DNF	104791	99	José Lima	45-49	MARRETAS DO NORTE	01:06:38	00:03:22	-	-	-	DNF	
DNF	0	102	José Alexandre	45-49	Individual	01:05:30	00:06:15	-	-	-	DNF	
DNF	0	37	Nuno Gonçalo Varela	45-49	Individual	01:55:41	-	-	-	-	DNF	
DNF	106478	59	João Guerra	40-44	Peniche A. C.	01:50:40	-	-	-	-	DNF	
DNS	106375	6	Frederico Cerdeira	40-44	AMICICLO GRÂNDOLA	-	-	-	-	-	DNS	
DNS	100234	16	Paulo Farinha	45-49	Não Federado	-	-	-	-	-	DNS	
DNS	101453	32	Ulisses Lopes	45-49	C F Vilacondense	-	-	-	-	-	DNS	
DNS	103445	39	Eduardo Rovisco	35-39	Não Federado	-	-	-	-	-	DNS	
DNS	104460	83	Ivo Carvalho	45-49	Sporting Clube de Espinho - FERSILVA	-	-	-	-	-	DNS	
DNS	0	110	Bruno Bucu	35-39	Individual	-	-	-	-	-	DNS	