

Local da Prova: **Sines1**

Data: **03/06/2021**

Hora da Partida: **16:32:38**

Distancias: Natação - 750m

Ciclismo - 20000m

Corrida - 5000m

Classificação Absoluta - Masculinos

#	Lic.	Dors.	Nome	Esc.	Equipa	Natação	T1	Ciclismo	T2	Corrida	T.Total	Diff.
1	101634	2962	Ricardo Batista	20-24	Clube de Natação de Torres Novas	00:08:28	00:01:29	00:32:32	00:00:39	00:15:53	00:59:01	00:00:00
2	107698	2979	Sergio Baxter	20-24	Clube de Natação de Torres Novas	00:09:02	00:01:30	00:31:59	00:00:40	00:15:52	00:59:03	00:00:02
3	101999	2189	Alexandre Montez	JUN	Outsystems Olímpico de Oeiras	00:08:31	00:01:30	00:32:27	00:00:35	00:16:04	00:59:07	00:00:06
4	100235	3803	Pedro Afonso Pinto Gaspar	25-29	Alhandra Sporting Club	00:08:45	00:01:41	00:32:05	00:00:38	00:16:39	00:59:48	00:00:47
5	100775	3269	Miguel Arraiolos	30-34	Sport Lisboa e Benfica	00:09:06	00:01:32	00:33:07	00:00:38	00:15:52	01:00:15	00:01:14
6	101609	1835	João Nuno Batista	CAD	Clube de Natação de Torres Novas	00:08:32	00:01:32	00:32:28	00:00:40	00:17:04	01:00:16	00:01:15
7	100832	2561	Miguel Tiago Silva	20-24	Outsystems Olímpico de Oeiras	00:08:26	00:01:33	00:32:30	00:00:39	00:17:11	01:00:19	00:01:18
8	101017	2624	Tiago Fonseca	20-24	Outsystems Olímpico de Oeiras	00:09:05	00:01:36	00:33:00	00:00:39	00:16:06	01:00:26	00:01:25
9	103108	2840	Hugo Figueiredo	20-24	Sporting Clube de Portugal	00:09:22	00:01:39	00:32:46	00:00:37	00:16:03	01:00:27	00:01:26
10	101318	3786	João Mansos	25-29	Sporting Clube de Portugal	00:09:01	00:01:34	00:33:07	00:00:38	00:16:08	01:00:28	00:01:27
11	100763	522	Gil Maia	30-34	Estoril Praia Credibom	00:09:08	00:01:34	00:33:02	00:00:39	00:16:07	01:00:30	00:01:29
12	103071	2182	Alexandre Silva	JUN	Sport Lisboa e Benfica	00:09:04	00:01:33	00:33:06	00:00:38	00:16:21	01:00:42	00:01:41
13	101614	2812	José Pedro Vieira	20-24	Clube de Natação de Torres Novas	00:08:33	00:01:38	00:32:19	00:00:45	00:17:39	01:00:54	00:01:53
14	100780	2508	Rafael Domingos	25-29	Estoril Praia Credibom	00:09:01	00:01:27	00:33:18	00:00:43	00:16:30	01:00:59	00:01:58
15	103782	519	João Chagas	20-24	Outsystems Olímpico de Oeiras	00:08:46	00:01:40	00:33:20	00:00:41	00:16:36	01:01:03	00:02:02
16	100862	2473	João Nuno Marote	JUN	ADRAP Madeira	00:09:33	00:01:32	00:32:41	00:00:38	00:16:43	01:01:07	00:02:06
17	103745	2148	Abel Afonso	JUN	Clube de Natação de Torres Novas	00:09:04	00:01:35	00:33:04	00:00:43	00:16:48	01:01:14	00:02:13
18	100675	514	João Bernardo Queirós	20-24	Outsystems Olímpico de Oeiras	00:09:19	00:01:42	00:32:47	00:00:44	00:16:44	01:01:16	00:02:15
19	100380	1746	Gustavo do Canto	CAD	Clube de Natação de Torres Novas	00:09:04	00:01:33	00:33:08	00:00:40	00:17:02	01:01:27	00:02:26
20	100354	520	Afonso do Canto	20-24	Clube de Natação de Torres Novas	00:09:09	00:01:32	00:32:59	00:00:37	00:17:18	01:01:35	00:02:34
21	105810	2224	Rodrigo Rodrigues	JUN	Outsystems Olímpico de Oeiras	00:09:06	00:01:43	00:32:55	00:00:40	00:17:36	01:02:00	00:02:59
22	100702	2521	Miguel Fortunato	20-24	Alhandra Sporting Club	00:09:15	00:01:32	00:32:58	00:00:47	00:17:36	01:02:08	00:03:07
23	100424	2824	Gonçalo Oliveira	20-24	Outsystems Olímpico de Oeiras	00:09:03	00:01:38	00:32:45	00:00:49	00:17:59	01:02:14	00:03:13
24	101753	2565	José Cabeça	25-29	Estoril Praia Credibom	00:09:28	00:01:41	00:32:40	00:00:41	00:17:48	01:02:18	00:03:17
25	107028	8271	Alberto Casillas	30-34	Estoril Praia Credibom	00:09:26	00:01:42	00:32:19	00:00:44	00:18:07	01:02:18	00:03:17
26	104381	515	João Dias	JUN	Sporting Clube de Portugal	00:09:16	00:01:43	00:32:45	00:00:45	00:18:08	01:02:37	00:03:36
27	100666	2170	François Vie	JUN	Alhandra Sporting Club	00:09:07	00:01:37	00:33:01	00:00:42	00:18:22	01:02:49	00:03:48
28	101538	517	Guilherme Pires	20-24	Clube de Natação de Torres Novas	00:08:58	00:01:42	00:33:01	00:01:04	00:18:15	01:03:00	00:03:59

Classificação Absoluta - Masculinos

#	Lic.	Dors.	Nome	Esc.	Equipa	Natação	T1	Ciclismo	T2	Corrida	T.Total	Diff.
29	105758	2203	Diogo Tomé	JUN	Peniche A. C.	00:08:59	00:01:44	00:33:07	00:00:45	00:18:32	01:03:07	00:04:06
30	100447	1761	Antonio Vaz Pedro	CAD	Outsystems Olímpico de Oeiras	00:09:05	00:01:49	00:32:54	00:00:47	00:18:35	01:03:10	00:04:09
31	100464	2218	João Martins	JUN	SFRAA TRIATLO	00:09:07	00:01:53	00:32:47	00:00:41	00:18:56	01:03:24	00:04:23
32	101627	1833	Pedro Afonso Razões	CAD	Clube de Natação de Torres Novas	00:09:12	00:01:33	00:33:01	00:00:45	00:18:58	01:03:29	00:04:28
33	103638	512	Guilherme Bonito	20-24	Outsystems Olímpico de Oeiras	00:09:16	00:01:45	00:32:46	00:00:45	00:19:05	01:03:37	00:04:36
34	102465	2619	António Barata	20-24	Sport Lisboa e Benfica	00:10:00	00:01:46	00:35:03	00:00:40	00:17:38	01:05:07	00:06:06
35	107065	2228	Tomás Felício	JUN	Outsystems Olímpico de Oeiras	00:09:06	00:01:45	00:34:53	00:00:45	00:18:39	01:05:08	00:06:07
36	102919	2654	Joaquim Cerqueira	20-24	Alhandra Sporting Club	00:10:27	00:01:44	00:35:45	00:00:48	00:17:02	01:05:46	00:06:45
37	101264	3188	Diogo Tarelho Custódio	30-34	Clube de Futebol Os Belenenses	00:10:33	00:01:51	00:34:40	00:00:53	00:18:11	01:06:08	00:07:07
38	100208	521	Miguel Tomé	20-24	SFRAA TRIATLO	00:09:41	00:01:55	00:35:26	00:00:55	00:18:32	01:06:29	00:07:28
39	102382	1747	José Tadeia	CAD	Alhandra Sporting Club	00:09:04	00:01:43	00:36:11	00:00:49	00:18:48	01:06:35	00:07:34
40	106308	1758	João Vaz	CAD	Sporting Clube de Portugal	00:09:50	00:01:45	00:35:26	00:00:45	00:19:12	01:06:58	00:07:57
41	100629	2827	Afonso Nunes	20-24	Alhandra Sporting Club	00:09:41	00:01:41	00:35:40	00:00:51	00:19:28	01:07:21	00:08:20
42	101621	1834	Martim Salvador	CAD	Clube de Natação de Torres Novas	00:09:30	00:01:49	00:35:42	00:00:44	00:19:39	01:07:24	00:08:23
43	100503	1741	Bernardo boal	CAD	Alhandra Sporting Club	00:10:06	00:01:44	00:36:05	00:00:42	00:18:56	01:07:33	00:08:32
44	103255	3149	Filipe Baptista	35-39	CNATRIL Triatlo	00:10:06	00:01:57	00:35:51	00:00:46	00:18:58	01:07:38	00:08:37
45	100787	2556	Afonso Garcia	25-29	Outsystems Olímpico de Oeiras	00:09:57	00:01:47	00:35:19	00:00:46	00:19:53	01:07:42	00:08:41
46	105354	1778	Pedro Carvalho	CAD	Sport Lisboa e Benfica	00:10:29	00:02:13	00:36:03	00:00:49	00:18:16	01:07:50	00:08:49
47	104803	1764	Gonçalo Nunes	CAD	Outsystems Olímpico de Oeiras	00:10:07	00:01:58	00:35:52	00:00:44	00:19:20	01:08:01	00:09:00
48	101174	2537	Luís Lopes	25-29	Estoril Praia Credibom	00:10:35	00:01:37	00:35:42	00:00:41	00:19:46	01:08:21	00:09:20
49	107246	2964	Daniel Marques	30-34	Individual	00:15:04	00:02:49	00:38:09	00:01:02	00:11:20	01:08:24	00:09:23
50	106405	2219	André Sousa	JUN	Outsystems Olímpico de Oeiras	00:09:58	00:01:55	00:36:51	00:00:49	00:18:53	01:08:26	00:09:25
51	106615	4135	Bruno Teles Grilo	45-49	Estoril Praia Credibom	00:10:51	00:02:00	00:35:51	00:00:54	00:18:53	01:08:29	00:09:28
52	102073	4451	Mário Machado	50-54	Triatlo SUColareense	00:10:55	00:02:21	00:35:25	00:00:52	00:19:08	01:08:41	00:09:40
53	100655	1849	David Borda d'Água	CAD	Alhandra Sporting Club	00:10:34	00:01:44	00:35:39	00:00:43	00:20:12	01:08:52	00:09:51
54	102512	1864	Vasco Silva	CAD	Outsystems Olímpico de Oeiras	00:09:59	00:01:59	00:36:43	00:00:45	00:19:34	01:09:00	00:09:59
55	104060	1881	Vasco Nunes	CAD	Alhandra Sporting Club	00:10:49	00:01:49	00:36:01	00:00:43	00:19:47	01:09:09	00:10:08
56	103828	4654	Luis Diogo Santos	45-49	Triatlo SUColareense	00:11:28	00:01:56	00:35:20	00:01:01	00:19:33	01:09:18	00:10:17
57	102086	3733	Tiago Cochicho	35-39	GDR Manique de Cima	00:11:43	00:01:55	00:36:14	00:00:45	00:18:54	01:09:31	00:10:30
58	101291	4704	Ricardo Lanceiro	40-44	Clube de Futebol Os Belenenses	00:12:18	00:01:55	00:35:56	00:01:10	00:18:17	01:09:36	00:10:35
59	105394	3578	David Paiva	35-39	Clube de Natação de Torres Novas	00:10:20	00:02:05	00:36:17	00:00:53	00:20:10	01:09:45	00:10:44
60	100429	2238	Luís Marques	JUN	AMICICLO GRÂNDOLA	00:10:47	00:01:43	00:36:07	00:00:46	00:20:48	01:10:11	00:11:10
61	104541	3657	David Preciado	25-29	SFRAA TRIATLO	00:12:15	00:01:54	00:36:01	00:01:10	00:18:52	01:10:12	00:11:11

Classificação Absoluta - Masculinos

#	Lic.	Dors.	Nome	Esc.	Equipa	Natação	T1	Ciclismo	T2	Corrida	T.Total	Diff.
62	105373	1844	Rodrigo Figueiredo	CAD	Sporting Clube de Portugal	00:10:34	00:01:49	00:36:20	00:00:51	00:20:40	01:10:14	00:11:13
63	100693	2511	Luís Ferreira	25-29	Alhandra Sporting Club	00:10:40	00:01:57	00:36:06	00:00:49	00:20:54	01:10:26	00:11:25
64	100462	2577	João Canas	25-29	Sporting Clube de Portugal	00:10:15	00:01:54	00:36:23	00:00:41	00:21:18	01:10:31	00:11:30
65	104092	2158	Tiago Dias Santos	JUN	FET-Fátima Escola de Triatlo	00:11:35	00:02:04	00:36:35	00:00:52	00:19:28	01:10:34	00:11:33
66	104855	3720	Tiago Lopes	25-29	Outsystems Olímpico de Oeiras	00:12:04	00:02:57	00:36:09	00:01:00	00:18:26	01:10:36	00:11:35
67	101008	4105	Mario Pires	45-49	Clube de Futebol Os Belenenses	00:12:31	00:02:03	00:35:38	00:01:01	00:19:32	01:10:45	00:11:44
68	103128	4222	David Coelho	40-44	SFRAA TRIATLO	00:15:32	00:01:56	00:34:57	00:00:49	00:17:47	01:11:01	00:12:00
69	100525	3572	Filipe Baptista	25-29	Sporting Clube de Espinho - FERSILVA	00:10:52	00:02:00	00:37:01	00:00:53	00:20:21	01:11:07	00:12:06
70	100607	4321	Luís Duarte	50-54	Try Portugal / V. Janes	00:12:09	00:02:07	00:35:57	00:00:52	00:20:05	01:11:10	00:12:09
71	101717	4637	João França	40-44	Clube dos Galitos	00:10:49	00:02:08	00:37:14	00:00:49	00:20:15	01:11:15	00:12:14
72	107708	2244	Tomás Teixeira	JUN	Individual	00:11:33	00:03:12	00:36:23	00:01:02	00:19:16	01:11:26	00:12:25
73	103874	3773	Adriano Luz Domingos	30-34	REPSOL TRIATLO	00:12:17	00:02:22	00:36:26	00:01:03	00:19:26	01:11:34	00:12:33
74	101811	4151	António Calafate	50-54	Núcleo do Sporting da Golegã	00:11:42	00:02:05	00:36:26	00:01:02	00:20:24	01:11:39	00:12:38
75	100603	4017	João Pedro Fulgêncio	40-44	Clube de Futebol Os Belenenses	00:12:57	00:02:13	00:35:56	00:01:04	00:19:37	01:11:47	00:12:46
76	105460	3607	Bernardo Fernandes	35-39	Peniche A. C.	00:12:06	-	-	-	-	01:11:53	00:12:52
77	104093	1754	Dinis Santos	CAD	FET-Fátima Escola de Triatlo	00:12:15	00:01:49	00:36:08	00:00:55	00:20:51	01:11:58	00:12:57
78	101162	2207	Gonçalo Coelho	JUN	CNCVG	00:10:57	00:02:08	00:36:45	00:00:47	00:21:26	01:12:03	00:13:02
79	103335	1879	David Fernandes	CAD	Clube Triatlo de Abrantes	00:10:53	00:01:52	00:37:30	00:00:54	00:20:59	01:12:08	00:13:07
80	104203	3919	Tiago Santos	35-39	DAR-Recardães EXPansion	00:12:29	00:01:56	00:35:51	00:00:57	00:20:58	01:12:11	00:13:10
81	107647	2957	Henrique Pereira	35-39	Outsystems Olímpico de Oeiras	00:10:59	00:02:10	00:38:56	00:00:51	00:19:18	01:12:14	00:13:13
82	100611	4897	Pedro Carreira	40-44	Peniche A. C.	00:14:35	00:02:12	00:35:41	00:00:52	00:19:01	01:12:21	00:13:20
83	100283	2583	João Maria Inácio	20-24	Pimpões Triatlo	00:12:41	00:02:36	00:36:37	00:01:02	00:19:28	01:12:24	00:13:23
84	102497	518	Guilherme Santos Rocha	JUN	Sporting Clube de Portugal	00:09:52	00:02:14	00:36:37	00:00:45	00:23:05	01:12:33	00:13:32
85	105829	2861	Diogo Pedro	20-24	CCDSintrense	00:12:41	00:02:16	00:36:09	00:01:04	00:20:28	01:12:38	00:13:37
86	103372	510	Gonçalo Pagou	20-24	Clube de Nataçã da Amadora	00:10:58	00:01:56	00:37:20	00:00:48	00:21:41	01:12:43	00:13:42
87	104877	3085	Nuno Dias	30-34	AMICICLO GRÂNDOLA	00:13:29	00:02:02	00:36:26	00:00:53	00:20:14	01:13:04	00:14:03
88	103729	2212	Afonso Gonçalves	JUN	Clube de Triatlo do Fundão	00:11:33	00:02:14	00:38:18	00:01:00	00:20:01	01:13:06	00:14:05
89	105427	5410	Vasco Levita	45-49	Estoril Praia Credibom	00:13:03	00:02:09	00:36:46	00:01:00	00:20:11	01:13:09	00:14:08
90	103433	1744	João Nobre	CAD	Clube Nataçã do Cartaxo	00:11:40	00:02:05	00:36:31	00:00:51	00:22:05	01:13:12	00:14:11
91	106936	2743	Rui Matias	25-29	SFRAA TRIATLO	00:12:52	00:02:11	00:36:50	00:00:59	00:20:22	01:13:14	00:14:13
92	106745	2692	Ricardo Oliveira Gaspar	30-34	FET-Fátima Escola de Triatlo	00:12:51	00:02:30	00:36:38	00:01:04	00:20:17	01:13:20	00:14:19
93	101493	3119	Jose Paiva	35-39	Clube dos Galitos	00:11:46	00:02:09	00:36:23	00:01:00	00:22:07	01:13:25	00:14:24
94	103878	4923	António Martins	45-49	REPSOL TRIATLO	00:15:01	00:03:01	00:34:26	00:01:07	00:19:52	01:13:27	00:14:26

Classificação Absoluta - Masculinos

#	Lic.	Dors.	Nome	Esc.	Equipa	Natação	T1	Ciclismo	T2	Corrida	T.Total	Diff.
95	101521	3159	André Jesus	35-39	Clube Oriental de Lisboa	00:13:25	00:02:13	00:37:31	00:00:57	00:19:25	01:13:31	00:14:30
96	101543	4644	Luís Gonçalves	45-49	Clube de Triatlo do Fundão	00:12:18	00:02:09	00:35:50	00:00:57	00:22:25	01:13:39	00:14:38
97	106098	3134	Tiago Isidoro	30-34	Pimpões Triatlo	00:12:40	00:02:43	00:36:30	00:01:34	00:20:12	01:13:39	00:14:38
98	102911	3271	Bruno Raimundo	35-39	Clube de Natação da Amadora	00:11:41	00:02:39	00:35:57	00:01:06	00:22:19	01:13:42	00:14:41
99	102524	4798	Jorge Vieira	50-54	Triatlo SUColareense	00:13:27	00:02:32	00:37:11	00:00:54	00:19:39	01:13:43	00:14:42
100	106709	2680	Bruno Rolim	35-39	Try Portugal / V. Janes	00:13:27	00:02:33	00:37:05	00:01:09	00:19:37	01:13:51	00:14:50
101	101737	3006	Ricardo França	35-39	Clube dos Galitos	00:11:45	00:02:13	00:36:21	00:00:56	00:22:36	01:13:51	00:14:50
102	104010	3877	Marco Ferreira	35-39	Clube dos Galitos	00:12:33	00:01:59	00:37:26	00:01:01	00:20:52	01:13:51	00:14:50
103	103173	4427	Miguel David	50-54	Clube Oriental de Lisboa	00:12:26	00:02:33	00:37:02	00:00:59	00:20:56	01:13:56	00:14:55
104	104134	3910	Dino Ablum	35-39	REPSOL TRIATLO	00:13:05	00:02:16	00:36:38	00:00:58	00:21:08	01:14:05	00:15:04
105	101169	4245	Jorge Fonseca	40-44	Estoril Praia Credibom	00:13:24	00:02:15	00:37:32	00:00:51	00:20:09	01:14:11	00:15:10
106	100658	1838	Dinis Barrocas	CAD	Alhandra Sporting Club	00:10:38	00:02:03	00:37:30	00:00:51	00:23:11	01:14:13	00:15:12
107	101938	1739	César Amândio	CAD	Lusitano - Setúbal	00:12:06	00:01:59	00:36:10	00:00:52	00:23:11	01:14:18	00:15:17
108	107584	5385	Nuno Alberto Silva	40-44	Individual	00:14:53	00:02:05	00:36:10	00:01:06	00:20:04	01:14:18	00:15:17
109	105999	1788	Rafael Alemão	CAD	PORTINADO	00:11:42	00:02:07	00:38:10	00:00:56	00:21:26	01:14:21	00:15:20
110	100793	4032	Carlos Gomes	55-59	Outsystems Olímpico de Oeiras	00:13:28	00:02:15	00:37:25	00:00:56	00:20:19	01:14:23	00:15:22
111	100674	4055	Jean-Michel Vie	45-49	Alhandra Sporting Club	00:12:44	00:02:11	00:36:07	00:01:07	00:22:20	01:14:29	00:15:28
112	100498	4248	Sérgio Ferreira	45-49	CNALvito	00:13:36	00:02:28	00:37:03	00:00:59	00:20:43	01:14:49	00:15:48
113	102204	1856	João Mendes	CAD	Clube Triatlo de Abrantes	00:11:44	00:01:55	00:38:16	00:00:51	00:22:06	01:14:52	00:15:51
114	106315	4355	José Carlos Abrantes	50-54	Exército de Portugal	00:13:21	00:02:34	00:37:14	00:01:01	00:20:43	01:14:53	00:15:52
115	102063	4171	Eduardo Costa	45-49	Triatlo SUColareense	00:10:04	00:02:18	00:38:42	00:00:57	00:23:01	01:15:02	00:16:01
116	103784	4404	Rui Gonçalo Vieira	40-44	Núcleo do Sporting da Golegã	00:13:11	00:02:30	00:37:33	00:01:04	00:20:44	01:15:02	00:16:01
117	101292	2580	Sávio Silva	25-29	Sporting Clube de Portugal	00:12:52	00:02:03	00:38:53	00:00:48	00:20:44	01:15:20	00:16:19
118	104745	3399	Carlos Matias	30-34	Clube de Futebol Os Belenenses	00:15:30	00:02:15	00:37:20	00:00:57	00:19:20	01:15:22	00:16:21
119	102062	4157	Eduardo Coelho	45-49	Triatlo SUColareense	00:13:17	00:02:11	00:37:44	00:01:04	00:21:18	01:15:34	00:16:33
120	105948	3066	João Saldanha Lopes	30-34	LXTRIATHLON	00:13:24	00:02:34	00:37:13	00:00:55	00:21:34	01:15:40	00:16:39
121	105501	2635	Pedro Afonso Marques	20-24	Clube Triatlo de Abrantes	00:13:40	00:02:12	00:37:54	00:00:50	00:21:09	01:15:45	00:16:44
122	100517	4022	Paulo Teles	50-54	3B - triatlo	00:12:29	00:02:51	00:36:41	00:01:14	00:22:41	01:15:56	00:16:55
123	106193	3219	Miguel Simões	35-39	GRCD Leião Triatlo	00:12:53	00:02:34	00:36:33	00:01:06	00:22:53	01:15:59	00:16:58
124	106832	1847	Tomás Dias	CAD	Pimpões Triatlo	00:12:35	00:02:32	00:40:05	00:00:52	00:20:02	01:16:06	00:17:05
125	106236	1880	Bruno Figueiredo	CAD	Clube Triatlo de Abrantes	00:12:47	00:02:46	00:37:41	00:00:57	00:21:58	01:16:09	00:17:08
126	104242	5270	Luís Cordeiro	40-44	SFRAA TRIATLO	00:15:00	00:02:31	00:34:56	00:01:18	00:22:32	01:16:17	00:17:16
127	103738	4582	Ricardo Faria	40-44	Individual	00:13:06	00:02:34	00:37:35	00:01:11	00:22:09	01:16:35	00:17:34

Classificação Absoluta - Masculinos

#	Lic.	Dors.	Nome	Esc.	Equipa	Natação	T1	Ciclismo	T2	Corrida	T.Total	Diff.
128	100625	4049	Nuno Costa	45-49	Outsystems Olímpico de Oeiras	00:12:39	00:02:46	00:37:48	00:01:15	00:22:20	01:16:48	00:17:47
129	101276	3138	João Matos	35-39	Individual	00:13:39	00:02:26	00:39:42	00:01:13	00:19:49	01:16:49	00:17:48
130	102075	1851	Mateus Albergaria	CAD	GDR Manique de Cima	00:10:46	00:02:13	00:38:57	00:01:03	00:23:52	01:16:51	00:17:50
131	103092	1884	David dos Santos	CAD	Clube de Natação da Amadora	00:11:54	00:02:02	00:41:20	00:01:04	00:20:33	01:16:53	00:17:52
132	104024	4161	Gonçalo Gameiro	40-44	Try Portugal / V. Janes	00:13:12	00:02:48	00:37:08	00:01:12	00:22:35	01:16:55	00:17:54
133	101084	6284	Miguel Furtado	25-29	SFRAA TRIATLO	00:11:01	00:02:10	00:39:47	00:01:03	00:23:11	01:17:12	00:18:11
134	102082	4071	Rui de Oliveira	40-44	Triatlo SUColarese	00:10:56	00:02:23	00:39:18	00:01:04	00:23:37	01:17:18	00:18:17
135	107474	516	Diogo Nunes	JUN	Sporting Clube de Portugal	00:11:56	00:02:04	00:41:13	00:00:52	00:21:20	01:17:25	00:18:24
136	101261	4484	Bruno Bastos da Silva	45-49	Clube de Futebol Os Belenenses	00:12:13	00:02:40	00:37:04	00:01:10	00:24:28	01:17:35	00:18:34
137	102295	3960	Rafael Mendes	20-24	CNCVG	00:10:58	00:02:12	00:39:55	00:00:54	00:23:45	01:17:44	00:18:43
138	105795	3814	Luis Viedma	30-34	Pimpões Triatlo	00:13:48	00:02:30	00:39:25	00:00:52	00:21:14	01:17:49	00:18:48
139	102773	3789	João Pedro Figueiredo	25-29	Try Portugal / V. Janes	00:13:29	00:02:32	00:39:15	00:00:53	00:21:44	01:17:53	00:18:52
140	101922	4611	Orlando Marques	40-44	Exército de Portugal	00:13:25	00:02:26	00:36:39	00:01:04	00:24:26	01:18:00	00:18:59
141	106795	2704	Filipe Vieira	30-34	Clube de Futebol Os Belenenses	00:13:41	00:02:14	00:37:50	00:01:05	00:24:12	01:19:02	00:20:01
142	106403	1852	Martim Marques	CAD	Pimpões Triatlo	00:11:39	00:02:17	00:41:43	00:00:42	00:23:19	01:19:40	00:20:39
143	101534	4190	António Catarino	55-59	Clube de Triatlo do Fundão	00:15:20	00:02:22	00:37:26	00:01:08	00:23:28	01:19:44	00:20:43
144	100210	4535	Miguel Gaivão	60-64	Individual	00:13:37	00:02:24	00:39:44	00:00:54	00:23:07	01:19:46	00:20:45
145	107531	5301	Sérgio Filipe	40-44	Individual	00:13:14	00:02:48	00:39:10	00:01:25	00:23:12	01:19:49	00:20:48
146	106957	2204	Gonçalo Raposo	JUN	Lusitano - Setúbal	00:11:38	00:02:03	00:42:29	00:00:52	00:22:47	01:19:49	00:20:48
147	106338	4310	Ken Gielen	45-49	Associação Naval Amorense	00:11:04	00:03:19	00:38:28	00:01:14	00:25:51	01:19:56	00:20:55
148	107597	2934	Avelino Santos	30-34	SFRAA TRIATLO	00:17:40	00:03:04	00:36:22	00:01:28	00:21:23	01:19:57	00:20:56
149	104585	1752	Rafael Vasconcelos	CAD	Outsystems Olímpico de Oeiras	00:10:46	00:02:00	00:42:51	00:01:09	00:23:14	01:20:00	00:20:59
150	103899	4929	Esmeraldino Sá	40-44	Associação Naval Amorense	00:15:08	00:02:30	00:39:19	00:01:04	00:22:03	01:20:04	00:21:03
151	106977	2760	HenkJan Ruitenbeek	35-39	Individual	00:14:58	00:03:20	00:39:37	00:02:15	00:20:11	01:20:21	00:21:20
152	100144	4059	Fernando Feijão	65-69	Individual	00:14:09	00:02:44	00:40:02	00:00:56	00:22:35	01:20:26	00:21:25
153	107624	2947	Henrique Martins	30-34	GRCD Leião Triatlo	00:13:22	00:02:51	00:39:44	00:01:36	00:22:54	01:20:27	00:21:26
154	103647	4341	Luis Carvalho	45-49	Lusitano - Setúbal	00:13:37	00:02:21	00:39:11	00:01:32	00:23:51	01:20:32	00:21:31
155	101083	4048	Miguel Baltazar	45-49	Peniche A. C.	00:14:09	00:03:17	00:38:34	00:01:17	00:23:41	01:20:58	00:21:57
156	106479	5106	Jorge Dinis	50-54	Associação Naval Amorense	00:14:03	00:02:53	00:39:04	00:01:16	00:23:44	01:21:00	00:21:59
157	103306	4852	Francisco Sanches-Osório	55-59	Estoril Praia Credibom	00:14:28	00:02:51	00:39:34	00:01:07	00:23:05	01:21:05	00:22:04
158	103700	4915	João Pedro Viegas	55-59	Associação Naval Amorense	00:14:19	00:03:03	00:40:23	00:01:19	00:22:32	01:21:36	00:22:35
159	101341	4618	João Duarte	45-49	AMICICLO GRÂNDOLA	00:15:17	00:02:49	00:39:48	00:01:08	00:22:40	01:21:42	00:22:41
160	103376	2239	André Mota	JUN	Clube de Natação da Amadora	00:10:50	00:02:08	00:37:20	00:00:56	00:30:30	01:21:44	00:22:43

Classificação Absoluta - Masculinos

#	Lic.	Dors.	Nome	Esc.	Equipa	Natação	T1	Ciclismo	T2	Corrida	T.Total	Diff.
161	100131	4838	Rodrigo Costa	45-49	REPSOL TRIATLO	00:09:46	00:02:51	00:37:43	00:02:05	00:29:21	01:21:46	00:22:45
162	105790	5310	Nuno Navalho	45-49	FET-Fátima Escola de Triatlo	00:16:02	00:03:22	00:39:13	00:01:08	00:22:10	01:21:55	00:22:54
163	101396	3208	Rui Trovão	35-39	REPSOL TRIATLO	00:14:48	00:02:48	00:40:06	00:01:05	00:23:15	01:22:02	00:23:01
164	107497	2917	Dário Silvestre	35-39	Triatlo SUColarese	00:14:22	00:02:46	00:40:43	00:01:09	00:23:11	01:22:11	00:23:10
165	107530	2921	Didio Silvestre	35-39	Triatlo SUColarese	00:14:02	00:03:07	00:40:43	00:01:14	00:23:05	01:22:11	00:23:10
166	103840	4546	Jorge Barroso	40-44	Individual	00:13:47	00:02:39	00:39:38	00:01:35	00:24:37	01:22:16	00:23:15
167	103743	2595	Paulo Rebelo	20-24	Lusitano - Setúbal	00:13:40	00:02:24	00:40:53	00:00:50	00:25:13	01:23:00	00:23:59
168	104544	4172	Luís Miguel Tomé	45-49	Peniche A. C.	00:16:13	00:02:35	00:39:45	00:01:01	00:23:49	01:23:23	00:24:22
169	102519	4794	Filipe Ramos	45-49	Triatlo SUColarese	00:13:44	00:02:25	00:40:49	00:01:14	00:25:13	01:23:25	00:24:24
170	101065	4060	António Moura	60-64	Pimpões Triatlo	00:13:38	00:02:24	00:41:46	00:01:13	00:24:40	01:23:41	00:24:40
171	101598	2146	Guilherme Marques	JUN	Clube de Natação de Torres Novas	00:11:45	00:02:46	00:42:04	00:00:54	00:26:20	01:23:49	00:24:48
172	101633	2895	Ricardo Margarido	20-24	Clube de Natação de Torres Novas	00:11:56	00:02:24	00:41:24	00:01:02	00:27:03	01:23:49	00:24:48
173	102971	4552	José Bonito	50-54	Clube de Triatlo de Almada	00:15:06	00:02:43	00:40:03	00:01:19	00:24:50	01:24:01	00:25:00
174	104051	4309	Paulo Jorge Paixão	45-49	Associação Naval Amorense	00:15:26	00:03:14	00:39:03	00:01:27	00:24:54	01:24:04	00:25:03
175	106906	4962	Hugo Braz	40-44	Individual	00:13:35	00:03:13	00:40:33	00:01:43	00:25:14	01:24:18	00:25:17
176	107300	4892	Bruno Lindorfo	40-44	Alhandra Sporting Club	00:14:55	00:03:16	00:40:43	00:01:51	00:23:48	01:24:33	00:25:32
177	104448	4796	Paulo Vasconcelos	50-54	Outsystems Olímpico de Oeiras	00:16:20	00:03:06	00:39:11	00:01:08	00:24:53	01:24:38	00:25:37
178	107548	2926	Pedro Monzelo	30-34	Individual	00:14:17	00:03:28	00:42:50	00:01:20	00:23:27	01:25:22	00:26:21
179	101854	4456	Helder Moringa	50-54	SNR Triatlo	00:14:53	00:03:04	00:41:45	00:01:18	00:24:35	01:25:35	00:26:34
180	103097	1885	Tomás Pita	CAD	Clube de Natação da Amadora	00:12:05	00:02:13	00:43:35	00:01:03	00:26:56	01:25:52	00:26:51
181	100817	4025	João Medeiro	55-59	Outsystems Olímpico de Oeiras	00:16:44	00:02:45	00:41:04	00:01:20	00:24:03	01:25:56	00:26:55
182	104006	4991	Duarte Almeida	50-54	Estoril Praia Credibom	00:14:18	00:03:03	00:40:34	00:01:22	00:26:44	01:26:01	00:27:00
183	107639	5464	Alfredo Chambel	55-59	Individual	00:15:45	00:02:50	00:42:01	00:01:24	00:24:18	01:26:18	00:27:17
184	106920	2735	Artur Conde	30-34	Núcleo do Sporting da Golegã	00:13:00	00:02:37	00:43:01	00:01:34	00:26:14	01:26:26	00:27:25
185	105382	3571	Jorge Pinto	35-39	Peniche A. C.	00:13:39	00:03:45	00:44:10	00:01:32	00:23:29	01:26:35	00:27:34
186	103898	5261	Rui Santos	40-44	Associação Naval Amorense	00:15:12	00:02:52	00:40:35	00:01:44	00:26:34	01:26:57	00:27:56
187	107615	5441	José Rafael Charrua	40-44	Individual	00:16:08	00:02:50	00:42:34	00:01:15	00:24:11	01:26:58	00:27:57
188	106434	4133	Mário Fonseca	45-49	Individual	00:16:17	00:03:21	00:40:48	00:01:39	00:24:58	01:27:03	00:28:02
189	106994	1810	Leonardo Gonçalves	CAD	Pimpões Triatlo	00:12:34	00:02:39	00:46:15	00:01:05	00:24:55	01:27:28	00:28:27
190	107604	2938	Noé Darthes	25-29	Triatlo SUColarese	00:13:55	00:03:02	00:42:35	00:01:07	00:27:21	01:28:00	00:28:59
191	105702	1869	Joaquim Vasconcelos	CAD	SFRAA TRIATLO	00:12:02	00:02:50	00:49:01	00:01:02	00:23:14	01:28:09	00:29:08
192	102999	513	Edgar Sousa	35-39	Clube Oriental de Lisboa	00:16:55	00:03:18	00:41:48	00:01:22	00:24:53	01:28:16	00:29:15
193	103243	4830	Carlos Gomes	55-59	PORTINADO	00:16:31	00:02:57	00:42:11	00:01:33	00:25:36	01:28:48	00:29:47

Classificação Absoluta - Masculinos

#	Lic.	Dors.	Nome	Esc.	Equipa	Natação	T1	Ciclismo	T2	Corrida	T.Total	Diff.
194	105523	5205	Maurício Costa	50-54	Individual	00:14:01	00:03:19	00:44:25	00:01:25	00:25:42	01:28:52	00:29:51
195	107408	5198	Joao Fernandes	45-49	Individual	00:15:44	00:05:44	00:42:57	00:01:37	00:22:58	01:29:00	00:29:59
196	106986	5122	Nuno Almeida	50-54	Individual	00:16:30	00:02:48	00:43:14	00:01:32	00:25:13	01:29:17	00:30:16
197	101541	4432	João Matos	50-54	Clube de Triatlo do Fundão	00:13:13	00:02:41	00:43:17	00:02:05	00:28:49	01:30:05	00:31:04
198	107297	5547	Ricardo Teles	45-49	Alhandra Sporting Club	00:13:13	00:03:27	00:41:16	00:01:56	00:32:06	01:31:58	00:32:57
199	104071	2191	Daniel Pinto	JUN	GDR Manique de Cima	00:13:15	00:03:07	00:41:32	00:00:58	00:33:29	01:32:21	00:33:20
200	104537	4159	Nuno Miguel Nobre	45-49	Triatlo SUColarese	00:17:36	00:03:27	00:40:37	00:01:28	00:29:16	01:32:24	00:33:23
201	102927	4462	Henrique Ferreira	50-54	Clube de Natação da Amadora	00:15:18	00:02:59	00:46:46	00:01:45	00:25:43	01:32:31	00:33:30
202	100285	4072	Renato Fidalgo	60-64	Individual	00:19:29	00:03:54	00:42:01	00:01:22	00:25:54	01:32:40	00:33:39
203	107254	4701	Jorge Leite	50-54	Outsystems Olímpico de Oeiras	00:16:18	00:05:42	00:46:02	00:02:32	00:22:24	01:32:58	00:33:57
204	100109	5051	Armando Lopes	60-64	SFRAA TRIATLO	00:16:41	00:02:50	00:46:47	00:01:24	00:25:34	01:33:16	00:34:15
205	100993	4453	Carlos Barata Correia	65-69	Clube Oriental de Lisboa	00:13:13	00:02:54	00:45:27	00:01:58	00:30:11	01:33:43	00:34:42
206	107326	4942	Paulo Salgado	45-49	Individual	00:16:54	00:03:43	00:44:09	00:01:25	00:28:08	01:34:19	00:35:18
207	106602	4393	Paulo Lopes	45-49	SFRAA TRIATLO	00:16:21	00:03:21	00:46:39	00:01:36	00:27:26	01:35:23	00:36:22
208	105381	5191	Ricardo Fernandes	45-49	SFRAA TRIATLO	00:15:34	00:02:53	00:50:35	00:01:42	00:25:00	01:35:44	00:36:43
209	107172	4505	Luís Gil Caldeira	45-49	Associação Naval Amorense	00:17:00	00:04:38	00:44:27	00:03:26	00:26:55	01:36:26	00:37:25
210	103879	3776	Sergio Maquinista	35-39	REPSOL TRIATLO	00:20:07	00:03:04	00:47:21	00:01:05	00:25:33	01:37:10	00:38:09
211	100624	4857	Miguel Reis	45-49	GRCD Leião Triatlo	00:18:57	00:03:54	00:43:31	00:02:21	00:28:35	01:37:18	00:38:17
212	105631	1829	Martim Morais	CAD	Clube Natação do Cartaxo	00:17:47	00:03:08	00:45:20	00:01:12	00:30:28	01:37:55	00:38:54
213	105430	5412	Jorge Rosa	55-59	SFRAA TRIATLO	00:15:24	00:04:03	00:45:31	00:02:08	00:31:02	01:38:08	00:39:07
214	106715	2682	António Alberto	35-39	Núcleo do Sporting da Golegã	00:18:17	00:03:32	00:44:57	00:01:55	00:30:12	01:38:53	00:39:52
215	101529	4346	Jorge Carreiras	55-59	Clube Oriental de Lisboa	00:17:27	00:04:05	00:48:45	00:02:21	00:28:54	01:41:32	00:42:31
216	106243	5474	Carlos Semide	45-49	CAFH	00:17:21	00:04:24	00:48:18	00:02:07	00:29:39	01:41:49	00:42:48
217	100200	4391	Marco Cerruti	40-44	REPSOL TRIATLO	00:14:40	00:03:41	00:49:33	00:02:44	00:32:46	01:43:24	00:44:23
218	107528	5298	Miguel Cardoso Pinto	45-49	Individual	00:17:16	00:04:23	00:48:59	00:02:32	00:30:47	01:43:57	00:44:56
219	106435	4145	Nuno Rainho Fernandes	55-59	Individual	00:16:28	00:04:08	00:51:21	00:01:49	00:30:12	01:43:58	00:44:57
220	106239	5471	Fernando Mendes	65-69	Sporting Clube de Portugal	00:25:24	00:04:53	00:51:29	00:02:23	00:27:53	01:52:02	00:53:01
221	106123	5391	Daniel Leão	40-44	Alhandra Sporting Club	00:19:45	00:06:28	00:48:43	00:02:19	00:36:41	01:53:56	00:54:55
DSQ	105057	5331	Luis Lourenço	45-49	Individual	00:12:23	00:02:30	00:37:02	00:01:02	-	DSQ	
DSQ	100784	1861	Tomás Prudêncio	CAD	Sport Lisboa e Benfica	00:09:52	00:01:42	00:35:26	00:00:48	-	DSQ	
DSQ	107688	5550	Mario Lopes	45-49	CNCVG	00:12:46	00:02:08	00:36:09	00:00:53	-	DSQ	
DSQ	102894	2237	João Pereira	JUN	CNCVG	00:11:40	00:02:12	-	-	-	DSQ	
DNF	101531	4530	Luís Filipe Valente	45-49	Clube Oriental de Lisboa	00:13:23	00:02:15	00:37:34	00:01:13	-	DNF	

Classificação Absoluta - Masculinos

#	Lic.	Dors.	Nome	Esc.	Equipa	Natação	T1	Ciclismo	T2	Corrida	T.Total	Diff.
DNF	102266	4666	João Teixeira	60-64	Clube de Natação da Amadora	00:13:38	00:05:03	00:58:58	00:01:54	-	DNF	
DNF	102466	1868	Manuel Dias	CAD	Clube de Triatlo do Fundão	00:09:30	00:01:40	00:36:43	00:00:45	-	DNF	
DNF	106659	2213	Gonçalo Santos	JUN	Sporting Clube de Portugal	00:10:57	00:02:03	00:37:17	00:01:10	-	DNF	
DNF	104132	511	Gonçalo Mendes	20-24	CNATRIL Triatlo	00:10:37	00:02:11	00:37:26	-	-	DNF	
DNF	100849	1865	Tomás Sousa	CAD	Outsystems Olímpico de Oeiras	00:10:19	00:01:56	00:36:30	-	-	DNF	
DNF	107008	1820	João Catarino	CAD	Lusitano - Setúbal	00:11:50	00:02:15	-	-	-	DNF	
DNF	107064	2227	João Canadas	JUN	Outsystems Olímpico de Oeiras	00:09:03	00:01:52	-	-	-	DNF	
DNF	102132	2808	António Frazão	20-24	FET-Fátima Escola de Triatlo	00:11:49	00:02:14	-	-	-	DNF	
DNS	103179	4525	Jorge Carvalho	50-54	Clube Oriental de Lisboa	-	-	-	-	-	DNS	
DNS	103859	4693	Mário Teofilo	45-49	Outsystems Olímpico de Oeiras	-	-	-	-	-	DNS	
DNS	104781	4788	Pedro Nunes	45-49	Outsystems Olímpico de Oeiras	-	-	-	-	-	DNS	
DNS	103321	4860	Renato Araújo	50-54	Associação Naval Amorense	-	-	-	-	-	DNS	
DNS	103129	4895	Paulo Goulart	50-54	Clube de Futebol Os Belenenses	-	-	-	-	-	DNS	
DNS	107594	5393	António da Cunha	50-54	Individual	-	-	-	-	-	DNS	
DNS	107618	5449	João Santos	50-54	GRCD Leião Triatlo	-	-	-	-	-	DNS	
DNS	103096	1878	André Canhoto	CAD	Clube de Natação da Amadora	-	-	-	-	-	DNS	
DNS	107119	5521	Pedro Ferreira	50-54	LXTRIATHLON	-	-	-	-	-	DNS	
DNS	101289	2222	Miguel Agoas Catarino	JUN	Outsystems Olímpico de Oeiras	-	-	-	-	-	DNS	
DNS	105957	2642	Erwin Vanderplancke	25-29	Sporting Clube de Portugal	-	-	-	-	-	DNS	
DNS	104907	2836	Gonçalo Prudêncio	20-24	Outsystems Olímpico de Oeiras	-	-	-	-	-	DNS	
DNS	103183	3043	David Amaral	30-34	Clube de Natação da Amadora	-	-	-	-	-	DNS	
DNS	104622	3197	Fábio Faustino	35-39	AMICICLO GRÂNDOLA	-	-	-	-	-	DNS	
DNS	104735	3379	Bruno Santos	30-34	CNCVG	-	-	-	-	-	DNS	
DNS	104742	3388	Martim Dias	35-39	CNCVG	-	-	-	-	-	DNS	
DNS	100378	3816	Filipe Azevedo	25-29	Estoril Praia Credibom	-	-	-	-	-	DNS	
DNS	100757	4043	Bruno Pais	40-44	Estoril Praia Credibom	-	-	-	-	-	DNS	
DNS	103674	4109	Miguel Silva	40-44	Associação Naval Amorense	-	-	-	-	-	DNS	
DNS	102612	4117	João Narra	50-54	Clube de Natação da Amadora	-	-	-	-	-	DNS	
DNS	101011	4382	Paulo Fonseca	50-54	Clube Oriental de Lisboa	-	-	-	-	-	DNS	
DNS	100569	4425	Bruno Silva	45-49	3B - triatlo	-	-	-	-	-	DNS	