

Local da Prova: **Mogadouro**

Data: **27/06/2021**

Hora da Partida: **09:02:15**

Distancias: Natação - 2000m

Ciclismo - 60000m

Corrida - 15000m

Classificação Absoluta - Masculinos

#	Lic.	Dors.	Nome	Esc.	Equipa	Natação	T1	Ciclismo	T2	Corrida	T.Total	Diff.
1	100613	4282	Sérgio Dias	40-44	CNATRIL Triatlo	00:31:06	00:01:22	01:37:38	00:00:52	00:50:08	03:01:06	00:00:00
2	104879	2989	Mikael Eriksson	30-34	Sporting Clube de Portugal	00:29:09	00:01:34	01:36:47	00:00:41	00:53:20	03:01:31	00:00:25
3	107321	2866	Luis Moleiro	20-24	CNATRIL Triatlo	00:29:43	00:01:30	01:37:18	00:00:51	00:52:47	03:02:09	00:01:03
4	103828	4654	Luis Diogo Santos	45-49	Triatlo SUColarese	00:29:06	00:01:52	01:36:32	00:01:05	00:59:45	03:08:20	00:07:14
5	103020	3430	Pedro Oliveira	35-39	Individual	00:33:05	00:02:00	01:37:24	00:00:51	00:56:22	03:09:42	00:08:36
6	103255	3149	Filipe Baptista	35-39	CNATRIL Triatlo	00:28:10	00:01:37	01:42:59	00:00:51	00:57:22	03:10:59	00:09:53
7	103797	3682	João Gonçalves	35-39	Clube de Futebol Os Belenenses	00:32:39	00:01:53	01:37:57	00:00:58	00:58:02	03:11:29	00:10:23
8	101511	3970	Renato Teixeira	25-29	G.D.GOMA	00:31:28	00:01:45	01:40:52	00:00:57	00:57:14	03:12:16	00:11:10
9	106271	3438	Adriano Correia	25-29	CNATRIL Triatlo	00:29:44	00:01:23	01:45:49	00:00:45	00:54:51	03:12:32	00:11:26
10	0	6011	Diego Blanco	25-29	I Have a Dream	00:31:12	00:02:02	01:44:19	00:01:01	00:54:15	03:12:49	00:11:43
11	107042	2772	Diogo Allen Coelho	25-29	MARRETAS DO NORTE	00:34:28	00:02:12	01:35:44	00:00:56	01:02:09	03:15:29	00:14:23
12	100328	3735	Ricardo Costa	35-39	Triatlo Clube Tap	00:30:49	00:02:07	01:45:17	00:00:40	00:57:01	03:15:54	00:14:48
13	101515	5066	Leandro Pinto	40-44	Mc Donald's/Tribraga	00:33:07	00:01:43	01:42:39	00:00:39	00:58:01	03:16:09	00:15:03
14	100208	2572	Miguel Tomé	20-24	SFRAA TRIATLO	00:27:08	00:01:49	01:43:45	00:01:09	01:03:52	03:17:43	00:16:37
15	100692	3795	Luís Merca	30-34	Alhandra Sporting Club	00:29:05	00:01:32	01:46:03	00:01:10	01:00:06	03:17:56	00:16:50
16	103093	2638	Rafael Travassos	20-24	CNATRIL Triatlo	00:28:57	00:01:30	01:45:37	00:00:55	01:01:13	03:18:12	00:17:06
17	100800	3026	David Maia	25-29	Outsystems Olímpico de Oeiras	00:29:07	00:01:41	01:46:39	00:01:04	01:00:31	03:19:02	00:17:56
18	100578	4703	Henrique Matias	40-44	CNATRIL Triatlo	00:34:09	00:02:02	01:40:46	00:00:47	01:01:33	03:19:17	00:18:11
19	0	6151	Rodrigo Rodriguez	35-39	Triatlon Gijon	00:34:11	00:02:16	01:47:05	00:00:53	00:55:02	03:19:27	00:18:21
20	100607	4321	Luís Duarte	50-54	Try Portugal / V. Janes	00:31:33	00:01:49	01:45:14	00:00:55	01:00:26	03:19:57	00:18:51
21	103671	4372	João Faria	50-54	Associação Académica de São Mamede	00:31:04	00:02:03	01:47:12	00:01:07	00:59:17	03:20:43	00:19:37
22	104013	3879	Paulo Gonçalves	35-39	Clube dos Galitos	00:31:07	00:01:35	01:45:57	00:01:24	01:01:35	03:21:38	00:20:32
23	106513	3785	Sandro Silva	30-34	G.D.GOMA	00:35:10	00:02:37	01:45:19	00:01:59	00:56:48	03:21:53	00:20:47
24	100603	4017	João Pedro Fulgêncio	40-44	Clube de Futebol Os Belenenses	00:32:44	00:02:03	01:44:04	00:01:32	01:01:30	03:21:53	00:20:47
25	104622	3197	Fábio Faustino	35-39	AMICICLO GRÂNDOLA	00:35:24	00:02:35	01:44:13	00:01:01	00:59:30	03:22:43	00:21:37
26	103792	5015	Carlos Inocêncio	45-49	Associação Académica de São Mamede	00:37:14	00:02:41	01:42:53	00:01:34	01:00:05	03:24:27	00:23:21
27	100830	4013	Miguel Fragoso	55-59	Outsystems Olímpico de Oeiras	00:31:11	00:03:00	01:44:35	00:01:30	01:04:50	03:25:06	00:24:00
28	106964	2753	Diogo Gomes	30-34	Triatlo Clube Tap	00:31:41	00:02:46	01:43:07	00:01:06	01:06:49	03:25:29	00:24:23

Classificação Absoluta - Masculinos

#	Lic.	Dors.	Nome	Esc.	Equipa	Natação	T1	Ciclismo	T2	Corrida	T.Total	Diff.
29	101008	4105	Mario Pires	45-49	Clube de Futebol Os Belenenses	00:33:16	00:02:01	01:51:02	00:01:01	00:58:20	03:25:40	00:24:34
30	105210	3410	Pedro Ferreira da Silva	35-39	MARRETAS DO NORTE	00:32:26	00:02:42	01:49:16	00:00:53	01:01:22	03:26:39	00:25:33
31	101521	3159	André Jesus	35-39	Clube Oriental de Lisboa	00:35:36	00:02:28	01:48:35	00:02:08	00:58:12	03:26:59	00:25:53
32	104687	8311	Rui Carvalho	30-34	Pedalarte	00:31:18	-	-	00:01:01	01:05:10	03:27:06	00:26:00
33	106965	2754	Pedro Homem	35-39	Individual	00:31:13	00:03:03	01:43:21	00:01:06	01:08:50	03:27:33	00:26:27
34	103316	3205	Gonçalo Martins	35-39	MARRETAS DO NORTE	00:36:52	00:02:40	01:45:07	00:01:43	01:01:14	03:27:36	00:26:30
35	104477	3049	Ricardo Pereira	35-39	Mc Donald's/Tribraga	00:36:41	00:01:47	01:50:31	00:01:07	00:57:54	03:28:00	00:26:54
36	104855	3720	Tiago Lopes	25-29	Outsystems Olímpico de Oeiras	00:33:32	00:02:22	01:48:34	00:01:01	01:02:46	03:28:15	00:27:09
37	104758	4626	Rui Gomes	45-49	Sporting Clube de Espinho - FERSILVA	00:36:07	00:02:36	01:51:00	00:01:02	00:58:30	03:29:15	00:28:09
38	103821	3726	Bruno Lopes	30-34	Individual	00:29:45	00:02:01	01:55:28	00:02:01	01:00:01	03:29:16	00:28:10
39	106493	5199	Pedro Rocha	50-54	Sporting Clube de Portugal	00:32:01	00:02:40	01:48:51	00:01:16	01:05:08	03:29:56	00:28:50
40	105328	3549	Paulo Carvalho	35-39	MARRETAS DO NORTE	-	-	-	00:01:05	01:01:01	03:30:25	00:29:19
41	105548	2673	Gonçalo Brito	20-24	Sporting Clube de Espinho - FERSILVA	00:33:09	00:02:01	01:54:24	00:00:54	01:01:46	03:32:14	00:31:08
42	107313	2864	Álvaro Ferreira	20-24	Mc Donald's/Tribraga	00:39:52	00:03:02	01:46:22	00:01:18	01:03:09	03:33:43	00:32:37
43	105527	5209	Lourenço Mota	40-44	Clube dos Galitos	00:36:48	00:02:23	01:49:11	00:01:06	01:04:19	03:33:47	00:32:41
44	103541	4914	Mário Simões	40-44	CMEP LINCE TRIATHLON	00:37:06	00:03:07	01:47:00	00:02:05	01:04:40	03:33:58	00:32:52
45	105776	3774	João Crespo	35-39	A. R. Casaense	00:41:35	00:02:38	01:47:04	00:00:56	01:02:46	03:34:59	00:33:53
46	104150	4338	António Xavier Pinto	40-44	C F Vilacondense	00:43:42	00:02:17	01:46:35	00:00:44	01:01:41	03:34:59	00:33:53
47	101509	4627	João Ferreira	45-49	Mc Donald's/Tribraga	00:31:10	00:01:58	01:57:53	00:01:01	01:03:28	03:35:30	00:34:24
48	101518	3020	Rui Barbosa	35-39	G.D.GOMA	00:32:37	00:02:08	01:50:03	00:00:48	01:10:48	03:36:24	00:35:18
49	103179	4525	Jorge Carvalho	50-54	Clube Oriental de Lisboa	00:40:10	00:02:23	01:49:35	00:01:10	01:03:09	03:36:27	00:35:21
50	105190	3391	André Guerra	35-39	Sporting Clube de Espinho - FERSILVA	00:42:48	00:03:14	01:48:10	00:01:32	01:01:01	03:36:45	00:35:39
51	106978	2761	Pedro Caçote	30-34	MARRETAS DO NORTE	00:41:55	00:03:51	01:48:17	00:01:29	01:01:19	03:36:51	00:35:45
52	107269	2847	Rodrigo Viana	25-29	Individual	00:36:50	00:03:26	01:53:43	00:01:32	01:01:28	03:36:59	00:35:53
53	101993	5045	Paulo Bouça	40-44	Pedalarte	00:42:08	00:02:46	01:51:49	00:00:55	00:59:41	03:37:19	00:36:13
54	105609	4527	Pedro Joel Carvalho	40-44	Associação Beat Your Limit!	00:32:47	00:02:49	01:57:02	00:01:40	01:03:16	03:37:34	00:36:28
55	104655	4583	Nuno Sousa	45-49	MARRETAS DO NORTE	00:33:37	00:03:11	01:54:54	00:01:01	01:04:53	03:37:36	00:36:30
56	100263	4700	Rui Pereira da Silva	45-49	Clube Oriental de Lisboa	00:36:30	00:02:44	01:53:26	00:01:04	01:04:04	03:37:48	00:36:42
57	107252	2833	Ricardo Bio	35-39	Clube dos Galitos	00:36:07	00:02:13	01:54:20	00:01:01	01:04:13	03:37:54	00:36:48
58	101038	3590	João Moita	35-39	Associação Beat Your Limit!	00:38:21	00:03:18	01:53:59	00:01:37	01:01:30	03:38:45	00:37:39
59	107390	2884	Firmino Miguel	25-29	Clube Zupper	00:36:33	00:02:31	01:53:11	00:00:56	01:06:04	03:39:15	00:38:09
60	105384	4365	Nuno Alcides	40-44	G.D.GOMA	00:36:24	00:02:34	01:49:50	00:01:11	01:11:05	03:41:04	00:39:58
61	100001	6042	Hélio Carvalho	35-39	Individual	00:33:11	00:03:41	01:50:49	00:02:00	01:12:03	03:41:44	00:40:38

Classificação Absoluta - Masculinos

#	Lic.	Dors.	Nome	Esc.	Equipa	Natação	T1	Ciclismo	T2	Corrida	T.Total	Diff.
62	107205	2819	Bruno Ferreira	30-34	GDR Manique de Cima	00:42:38	00:03:33	01:45:38	00:02:21	01:08:03	03:42:13	00:41:07
63	105620	4918	Pedro Vieira	40-44	MARRETAS DO NORTE	00:42:05	00:03:07	01:54:12	00:01:19	01:02:15	03:42:58	00:41:52
64	105282	3514	Sérgio Mota	35-39	Sporting Clube de Espinho - FERSILVA	00:40:11	00:03:08	01:52:10	00:01:28	01:07:05	03:44:02	00:42:56
65	101531	4530	Luís Filipe Valente	45-49	Clube Oriental de Lisboa	00:35:08	00:03:00	01:56:55	00:01:18	01:08:11	03:44:32	00:43:26
66	105599	4280	Ivo Magalhães	45-49	A. R. Casaense	00:38:11	00:03:02	01:52:23	00:01:16	01:10:35	03:45:27	00:44:21
67	104895	5075	Pedro da Cunha	50-54	Outsystems Olímpico de Oeiras	00:35:59	00:02:30	01:56:14	00:01:12	01:09:35	03:45:30	00:44:24
68	106590	3875	Raul Pais da Costa	35-39	CMEP LINCE TRIATHLON	00:40:52	00:03:37	01:56:35	00:01:33	01:03:05	03:45:42	00:44:36
69	107721	5561	Filipe Pires	45-49	Individual	00:31:38	00:02:51	02:05:01	00:01:39	01:04:42	03:45:51	00:44:45
70	102552	2181	João Menino	JUN	Sport Lisboa e Benfica	00:27:06	00:01:41	02:12:28	00:00:32	01:04:36	03:46:23	00:45:17
71	104619	2794	Paulino	35-39	MARRETAS DO NORTE	00:41:04	00:03:24	01:57:16	00:01:12	01:03:51	03:46:47	00:45:41
72	103129	4895	Paulo Goulart	50-54	Clube de Futebol Os Belenenses	00:35:17	00:02:31	01:58:41	00:00:52	01:10:52	03:48:13	00:47:07
73	107174	4516	Joaquim Esteves	55-59	Triatlo Fundação Salesianos	00:38:45	00:02:20	01:54:17	00:00:46	01:12:44	03:48:52	00:47:46
74	106383	4440	Rui Melo	40-44	Mc Donald's/Tribraga	00:34:27	00:03:00	02:03:28	00:01:00	01:07:27	03:49:22	00:48:16
75	107365	5052	Domingos Vieira	40-44	Pedalarte	00:44:51	00:03:25	01:50:53	00:01:16	01:10:28	03:50:53	00:49:47
76	106481	3606	Pedro Magalhães	30-34	Individual	00:33:08	00:02:17	02:00:41	00:01:12	01:13:47	03:51:05	00:49:59
77	104545	4205	Mauro Azevedo	50-54	A. R. Casaense	00:40:17	00:03:04	01:59:56	00:01:20	01:07:16	03:51:53	00:50:47
78	107222	4588	Jose Rosa	45-49	Outsystems Olímpico de Oeiras	00:35:11	00:02:52	02:02:40	00:00:58	01:10:20	03:52:01	00:50:55
79	103647	4341	Luis Carvalho	45-49	Lusitano - Setúbal	00:40:46	00:02:59	01:54:40	00:01:14	01:12:30	03:52:09	00:51:03
80	0	6148	Cristian Aliste	30-34	Triatlon Duero	00:33:12	00:02:11	01:57:26	00:00:53	01:20:52	03:54:34	00:53:28
81	105633	5227	Nuno Dantas	40-44	GRCD Leião Triatlo	00:43:01	00:03:38	02:03:33	00:01:29	01:02:59	03:54:40	00:53:34
82	103173	4427	Miguel David	50-54	Clube Oriental de Lisboa	00:34:31	00:03:12	02:03:09	00:01:03	01:13:13	03:55:08	00:54:02
83	103720	4445	João Cunha Rêgo	45-49	Triatlo Clube Tap	00:36:52	00:02:58	01:56:47	00:01:44	01:17:25	03:55:46	00:54:40
84	100903	4336	José Calheiros	55-59	Veteranos do Porto	00:35:49	00:02:34	02:05:52	00:00:49	01:10:55	03:55:59	00:54:53
85	103450	3354	Alexandre Dias	35-39	Clube Oriental de Lisboa	00:41:31	00:02:07	02:02:52	00:01:25	01:08:48	03:56:43	00:55:37
86	106345	4318	Pedro Resende	40-44	Individual	00:39:26	00:03:35	01:55:31	00:01:14	01:17:30	03:57:16	00:56:10
87	106313	4103	André Aroso Dias	40-44	Individual	00:34:29	00:02:49	02:02:53	00:01:23	01:16:45	03:58:19	00:57:13
88	102251	4508	Vasco Borges	50-54	A. R. Casaense	00:40:03	00:02:50	02:01:46	00:00:50	01:12:58	03:58:27	00:57:21
89	105177	5125	Luis Abreu	45-49	Associação Académica de São Mamede	00:50:26	00:02:51	01:55:17	00:01:38	01:09:20	03:59:32	00:58:26
90	103916	3793	Rui Melo	35-39	A. R. Casaense	00:38:49	00:01:40	02:08:25	00:00:37	01:10:50	04:00:21	00:59:15
91	107606	8309	Bruno Martins	35-39	Sporting Clube de Espinho - FERSILVA	00:36:49	00:02:49	01:48:07	00:00:53	01:31:54	04:00:32	00:59:26
92	107618	5449	João Santos	50-54	GRCD Leião Triatlo	00:40:06	00:02:53	01:55:35	00:01:03	01:22:10	04:01:47	01:00:41
93	0	6087	Alfonso Quijada	45-49	Triatlon Duero	00:34:26	00:02:44	02:04:00	00:02:02	01:19:30	04:02:42	01:01:36
94	107005	5207	Jorge Nunes	55-59	G.D.GOMA	00:50:32	00:04:37	01:58:39	00:02:02	01:06:55	04:02:45	01:01:39

Classificação Absoluta - Masculinos

#	Lic.	Dors.	Nome	Esc.	Equipa	Natação	T1	Ciclismo	T2	Corrida	T.Total	Diff.
95	102253	4320	António Fernandes	55-59	MARRETAS DO NORTE	00:42:34	00:04:06	01:57:08	00:01:48	01:17:33	04:03:09	01:02:03
96	105489	5425	João Fernando	40-44	Sporting Clube de Espinho - FERSILVA	00:36:56	00:04:17	02:04:37	00:01:25	01:16:15	04:03:30	01:02:24
97	102929	4714	Carlos Abrunhosa	50-54	Clube Millenniumbcp	00:42:28	00:04:07	02:04:59	00:01:47	01:10:57	04:04:18	01:03:12
98	106491	5161	Luis Vidinha	50-54	Individual	00:42:30	-	-	-	-	04:04:26	01:03:20
99	105672	5258	Rafael Abrunhosa	55-59	GRCD Leião Triatlo	00:49:10	00:03:05	02:03:38	00:01:16	01:08:08	04:05:17	01:04:11
100	101508	5065	Bruno Pontes	40-44	Mc Donald's/Tribraga	00:42:23	00:02:55	02:17:16	00:01:57	01:01:29	04:06:00	01:04:54
101	0	6123	Arturo Quadrado	35-39	Triatlon Duero	00:37:02	00:02:23	02:00:11	00:01:34	01:25:42	04:06:52	01:05:46
102	106993	2766	João Guerner	30-34	Sporting Clube de Espinho - FERSILVA	00:39:49	00:06:02	01:58:41	00:02:43	01:19:52	04:07:07	01:06:01
103	105470	3616	Ricardo Silva	30-34	Pedalarate	00:44:52	00:02:54	02:00:16	00:01:27	01:17:39	04:07:08	01:06:02
104	106656	3892	Yanick d Oliveira	35-39	CAFH	00:39:30	00:02:52	02:09:00	00:01:20	01:15:20	04:08:02	01:06:56
105	103528	3463	Bernardo Braga	25-29	Associação Académica de São Mamede	00:33:15	00:02:41	02:15:19	00:01:28	01:15:40	04:08:23	01:07:17
106	104789	4829	Jose Monteiro	55-59	Veteranos do Porto	00:55:48	00:03:19	01:53:55	00:01:36	01:14:08	04:08:46	01:07:40
107	104815	5272	Paulo Pinho	40-44	Clube dos Galitos	00:35:02	00:02:24	01:58:06	00:01:17	01:31:59	04:08:48	01:07:42
108	106287	3450	Francisco Garnel	35-39	Sporting Clube de Portugal	00:38:38	00:03:36	02:07:06	00:02:06	01:17:42	04:09:08	01:08:02
109	0	6122	Alvaro Hernandez	35-39	Triatlon Duero	00:37:01	00:02:51	02:02:16	00:01:04	01:25:58	04:09:10	01:08:04
110	101060	4236	Rui Pena	45-49	Associação Académica de São Mamede	00:41:21	00:03:04	02:05:56	00:00:54	01:19:09	04:10:24	01:09:18
111	107219	2821	Marco Caetano	30-34	Associação Académica de São Mamede	00:40:18	00:02:23	02:13:22	00:01:19	01:13:18	04:10:40	01:09:34
112	103944	4957	Luís Trigo	55-59	Lusitano - Setúbal	00:47:12	00:04:06	02:10:18	00:01:13	01:08:16	04:11:05	01:09:59
113	104606	4314	Goncalo Guedes Rodrigues	40-44	Veteranos do Porto	00:42:55	00:03:26	02:09:51	00:02:10	01:12:56	04:11:18	01:10:12
114	107325	2868	William Santos	30-34	Individual	00:43:25	00:04:00	02:03:29	00:02:36	01:18:02	04:11:32	01:10:26
115	107623	2946	Rui Pinto	25-29	Pedalarate	00:44:58	00:03:22	02:03:10	00:01:43	01:19:39	04:12:52	01:11:46
116	105571	5219	Rui Velez	55-59	Clube Oriental de Lisboa	00:38:07	00:04:05	02:12:40	00:02:11	01:18:43	04:15:46	01:14:40
117	106197	5454	Celso Teixeira	55-59	Sporting Clube de Espinho - FERSILVA	00:43:53	00:03:43	02:04:47	00:01:38	01:22:23	04:16:24	01:15:18
118	106234	5469	Nuno Simoes	45-49	CAFH	00:44:32	00:04:44	02:09:05	00:02:00	01:17:14	04:17:35	01:16:29
119	101782	4403	Paulo Santos	55-59	Clube Oriental de Lisboa	00:42:57	00:03:40	02:20:54	00:02:48	01:09:31	04:19:50	01:18:44
120	105549	5213	Marco Pereira	40-44	Associação Académica de São Mamede	00:50:26	00:03:05	02:24:53	00:00:58	01:23:12	04:42:34	01:41:28
121	104512	4116	Nuno Moraes da Silva	40-44	Sporting Clube de Espinho - FERSILVA	00:51:49	00:05:54	02:24:24	00:02:52	01:29:08	04:54:07	01:53:01
122	106235	5569	Donaldo Lima	40-44	Individual	00:43:43	00:03:56	02:27:09	00:03:23	01:37:08	04:55:19	01:54:13
123	100685	4369	Jorge Andrade	55-59	Alhandra Sporting Club	00:51:17	00:05:03	02:30:43	00:01:36	01:32:41	05:01:20	02:00:14
124	106243	5474	Carlos Semide	45-49	CAFH	00:57:33	00:04:27	02:30:22	00:01:33	01:28:21	05:02:16	02:01:10
125	101674	4175	Joaquim Rosado	50-54	Kainágua	00:48:42	00:03:39	02:35:34	00:01:24	01:59:03	05:28:22	02:27:16
DNF	105850	3844	João Feijão	35-39	Triatlo Clube Tap	00:41:33	00:02:22	01:46:34	00:01:07	-	DNF	
DNF	104242	5270	Luís Cordeiro	40-44	SFRAA TRIATLO	00:39:41	00:02:35	01:42:21	00:06:02	-	DNF	

Classificação Absoluta - Masculinos

#	Lic.	Dors.	Nome	Esc.	Equipa	Natação	T1	Ciclismo	T2	Corrida	T.Total	Diff.
DNS	104686	3283	Gonçalo Fernandes	30-34	Pedalarte	00:40:55	00:03:31	-	-	-	DNS	
DNS	107674	2970	Cristobal Dios	30-34	MARRETAS DO NORTE	-	-	-	-	-	DNS	
DNS	106030	5530	Henrique Moreira	40-44	MARRETAS DO NORTE	-	-	-	-	-	DNS	
DNS	106181	3187	Ricardo dos Santos	35-39	CNATRIL Triatlo	-	-	-	-	-	DNS	
DNS	104362	3964	Duarte Pais	35-39	MARRETAS DO NORTE	-	-	-	-	-	DNS	
DNS	104120	4298	Rui Amorim	55-59	Associação Académica de São Mamede	-	-	-	-	-	DNS	
DNS	104052	4315	Adelino Soutinho	40-44	G.D.GOMA	-	-	-	-	-	DNS	
DNS	102925	4738	Bruno Fonseca	40-44	3B - triatlo	-	-	-	-	-	DNS	
DNS	104791	4840	José Lima	45-49	MARRETAS DO NORTE	-	-	-	-	-	DNS	
DNS	104418	5479	Ricardo Furtado	40-44	Outsystems Olímpico de Oeiras	-	-	-	-	-	DNS	