

Local da Prova: **Guarda**

Data: **22/08/2021**

Hora da Partida: **08:06:02**

Distancias: Natação - 1900m

Ciclismo - 90000m

Corrida - 21100m

Classificação Absoluta - Masculinos

#	Lic.	Dors.	Nome	Esc.	Equipa	Natação	T1	Ciclismo	T2	Corrida	T.Total	Diff.
1	100378	3816	Filipe Azevedo	25-29	Estoril Praia Credibom	-	-	02:20:59	00:01:10	01:14:40	04:03:01	00:00:00
2	100813	3873	João Francisco Ferreira	25-29	CNATRIL Triatlo	00:25:17	00:01:43	02:23:03	00:01:14	01:23:36	04:14:53	00:11:52
3	107028	2774	Alberto Casillas	30-34	Estoril Praia Credibom	00:27:08	00:01:58	02:23:01	00:01:15	01:24:33	04:17:55	00:14:54
4	107674	8208	Cristobal Dios	30-34	MARRETAS DO NORTE	00:28:26	00:02:09	02:23:37	00:01:25	01:24:33	04:20:10	00:17:09
5	100775	3269	Miguel Arraiolos	30-34	Sport Lisboa e Benfica	-	-	02:38:13	00:00:55	01:19:15	04:25:05	00:22:04
6	100763	3778	Gil Maia	30-34	Estoril Praia Credibom	00:25:19	00:01:54	02:31:50	00:01:12	01:25:10	04:25:25	00:22:24
7	100613	4282	Sérgio Dias	40-44	CNATRIL Triatlo	00:30:28	00:01:49	02:32:32	00:00:57	01:20:55	04:26:41	00:23:40
8	101081	3282	Márcio das Neves	35-39	Peniche A. C.	00:27:37	00:02:35	02:31:06	00:01:12	01:26:48	04:29:18	00:26:17
9	100334	4272	Sergio Marques	40-44	CNATRIL Triatlo	00:28:29	00:02:04	02:30:43	00:01:04	01:27:26	04:29:46	00:26:45
10	107321	2866	Luis Moleiro	20-24	CNATRIL Triatlo	00:28:59	00:01:59	02:30:22	00:01:52	01:27:18	04:30:30	00:27:29
11	100780	2508	Rafael Domingos	25-29	Estoril Praia Credibom	00:25:10	00:02:14	02:31:30	00:00:54	01:36:08	04:35:56	00:32:55
12	101095	4524	Valdo das Neves	40-44	Peniche A. C.	00:29:14	00:02:49	02:39:04	00:01:34	01:25:08	04:37:49	00:34:48
13	106271	3438	Adriano Correia	25-29	CNATRIL Triatlo	00:28:44	00:01:52	02:42:44	00:00:50	01:25:32	04:39:42	00:36:41
14	101920	3022	João Oliveira	35-39	DNMG	00:31:01	00:02:18	02:39:12	00:01:03	01:26:12	04:39:46	00:36:45
15	106826	2715	Ricardo Durão	35-39	Estoril Praia Credibom	00:32:49	00:02:13	02:36:53	00:01:23	01:26:54	04:40:12	00:37:11
16	101010	3704	Nuno Rodrigues	35-39	CNCVG	00:32:20	00:02:55	02:36:46	00:01:00	01:27:19	04:40:20	00:37:19
17	101865	4324	Rui Narigueta	45-49	Outsystems Olímpico de Oeiras	00:37:54	00:02:58	02:33:21	00:01:01	01:26:27	04:41:41	00:38:40
18	104783	3499	João Pedro Gomes	35-39	Núcleo do Sporting da Golegã	00:33:33	00:03:45	02:32:01	00:01:31	01:32:40	04:43:30	00:40:29
19	102259	3260	Rafael Gomes	35-39	Estoril Praia Credibom	00:30:55	00:02:25	02:38:33	00:01:00	01:31:21	04:44:14	00:41:13
20	104663	8211	Luis Mira Nunes	45-49	CNATRIL Triatlo	00:35:11	00:02:14	02:34:21	00:02:02	01:30:38	04:44:26	00:41:25
21	101866	4894	Rui Costa	45-49	Exército de Portugal	00:35:35	00:03:16	02:37:14	00:01:19	01:27:33	04:44:57	00:41:56
22	0	8027	Ramón Troncoso	40-44	Club Atletismo Porriño	00:29:06	00:02:28	02:33:16	00:00:53	01:39:28	04:45:11	00:42:10
23	104735	3379	Bruno Santos	30-34	CNCVG	00:32:46	00:02:54	02:45:45	00:00:48	01:25:28	04:47:41	00:44:40
24	100328	3735	Ricardo Costa	35-39	Triatlo Clube Tap	00:29:21	00:02:31	02:42:13	00:00:55	01:32:50	04:47:50	00:44:49
25	103020	3430	Pedro Oliveira	35-39	Individual	00:33:13	00:02:18	02:42:55	00:01:09	01:30:45	04:50:20	00:47:19
26	102073	4451	Mário Machado	50-54	Triatlo SUColarese	00:29:12	00:02:29	02:42:15	00:01:17	01:36:50	04:52:03	00:49:02
27	102530	5184	Nuno Silva	40-44	União Desportiva da Batalha	00:37:13	00:02:45	02:44:15	00:01:07	01:27:58	04:53:18	00:50:17
28	103797	3682	João Gonçalves	35-39	Clube de Futebol Os Belenenses	00:31:58	00:02:24	02:44:56	00:01:25	01:33:50	04:54:33	00:51:32

Classificação Absoluta - Masculinos

#	Lic.	Dors.	Nome	Esc.	Equipa	Natação	T1	Ciclismo	T2	Corrida	T.Total	Diff.
29	101071	4001	David Caldeirão	45-49	Louletano	00:31:03	00:02:32	02:42:24	00:01:34	01:37:24	04:54:57	00:51:56
30	102323	4197	Hugo Pina	40-44	CNCVG	00:30:41	00:03:21	02:48:58	00:01:40	01:30:28	04:55:08	00:52:07
31	105638	4384	Gonçalo Champalimaud	40-44	Try Portugal / V. Janes	00:33:47	00:03:23	02:41:01	00:01:53	01:38:26	04:58:30	00:55:29
32	101811	4151	António Calafate	50-54	Núcleo do Sporting da Golegã	00:30:17	00:02:54	02:43:15	00:01:19	01:45:42	05:03:27	01:00:26
33	104762	5295	João Mártires da Silva	40-44	Estoril Praia Credibom	00:35:33	00:02:53	02:44:18	00:01:43	01:39:14	05:03:41	01:00:40
34	106513	3785	Sandro Silva	30-34	G.D.GOMA	00:35:26	00:03:14	02:49:52	00:01:41	01:34:15	05:04:28	01:01:27
35	101964	4765	Nelson Mestre	40-44	Lusitano / Frusoal	00:31:48	00:02:10	02:40:16	00:01:45	01:49:07	05:05:06	01:02:05
36	105210	3410	Pedro Ferreira da Silva	35-39	MARRETAS DO NORTE	00:33:18	00:04:07	02:52:18	00:01:22	01:34:24	05:05:29	01:02:28
37	103093	2638	Rafael Travassos	20-24	CNATRIL Triatlo	00:29:09	00:02:13	02:50:26	00:01:31	01:42:39	05:05:58	01:02:57
38	104758	4626	Rui Gomes	45-49	Sporting Clube de Espinho - FERSILVA	00:34:59	00:03:20	02:54:11	00:01:03	01:32:55	05:06:28	01:03:27
39	102222	3815	Ricardo Rosado	35-39	Núcleo do Sporting da Golegã	00:30:24	00:02:32	02:52:37	00:01:03	01:40:04	05:06:40	01:03:39
40	101520	5067	Tiago Lobo	40-44	Mc Donald's/Tribraga	00:31:53	00:02:28	02:57:44	00:01:32	01:33:21	05:06:58	01:03:57
41	103378	3284	Filipe Carneiro	30-34	Individual	00:33:17	00:02:28	02:48:52	00:01:33	01:40:53	05:07:03	01:04:02
42	100578	4703	Henrique Matias	40-44	CNATRIL Triatlo	00:34:35	00:02:58	02:46:46	00:01:27	01:41:37	05:07:23	01:04:22
43	100208	2572	Miguel Tomé	20-24	SFRAA TRIATLO	00:27:11	00:02:23	02:46:27	00:01:12	01:50:47	05:08:00	01:04:59
44	103659	4367	José Peixoto	50-54	G.D.GOMA	00:41:21	00:03:12	02:52:09	00:01:09	01:31:26	05:09:17	01:06:16
45	101433	4073	Nuno Carvalhinho	45-49	Triatlo Clube Tap	00:35:24	00:02:57	02:45:05	00:01:25	01:44:36	05:09:27	01:06:26
46	100266	4448	Sérgio Batalha	50-54	3B - triatlo	00:36:55	00:03:04	02:50:34	00:01:13	01:38:47	05:10:33	01:07:32
47	106315	4355	José Carlos Abrantes	50-54	Exército de Portugal	00:33:20	00:03:05	02:55:34	00:01:15	01:39:06	05:12:20	01:09:19
48	104234	3927	Manuel Anselmo	35-39	MARRETAS DO NORTE	00:36:06	00:02:38	02:53:03	00:01:28	01:39:31	05:12:46	01:09:45
49	104203	3919	Tiago Santos	35-39	DAR-Recardães EXPansion	00:35:46	00:02:35	02:48:59	00:01:27	01:46:03	05:14:50	01:11:49
50	100793	4032	Carlos Gomes	55-59	Outsystems Olímpico de Oeiras	00:37:01	00:03:03	02:52:08	00:01:14	01:41:58	05:15:24	01:12:23
51	105658	3698	Joao Machado	35-39	Outsystems Olímpico de Oeiras	00:35:29	00:03:47	02:52:18	00:01:14	01:43:25	05:16:13	01:13:12
52	101443	4982	António Salgado	40-44	Individual	00:33:13	00:03:10	02:50:24	00:01:16	01:49:32	05:17:35	01:14:34
53	107269	2847	Rodrigo Viana	25-29	Individual	00:35:13	00:04:50	02:54:16	00:02:07	01:42:08	05:18:34	01:15:33
54	0	8032	Victor González	35-39	Atletismo Baiona	00:35:19	00:05:10	03:05:03	00:02:41	01:30:52	05:19:05	01:16:04
55	104477	3049	Ricardo Pereira	35-39	Mc Donald's/Tribraga	00:37:03	00:03:32	02:56:44	00:01:27	01:40:21	05:19:07	01:16:06
56	100209	4586	Miguel Duarte	55-59	Individual	00:32:55	00:03:52	02:55:55	00:02:20	01:44:25	05:19:27	01:16:26
57	103316	3205	Gonçalo Martins	35-39	MARRETAS DO NORTE	00:37:32	00:03:30	02:50:47	00:01:34	01:46:28	05:19:51	01:16:50
58	107203	4563	Marco Goncalves	40-44	Try Portugal / V. Janes	00:34:44	00:03:20	03:00:20	00:01:34	01:42:04	05:22:02	01:19:01
59	103993	3866	Fernando Batista	35-39	Clube Millenniumbcp	00:33:15	00:02:52	03:02:15	00:01:11	01:43:14	05:22:47	01:19:46
60	103724	5551	Nuno Lemos	45-49	Individual	00:37:14	00:03:31	02:51:11	00:02:07	01:52:17	05:26:20	01:23:19
61	107198	4561	Rui Fonseca	40-44	Clube de Futebol Os Belenenses	00:33:11	00:02:35	02:58:21	00:01:32	01:52:21	05:28:00	01:24:59

Classificação Absoluta - Masculinos

#	Lic.	Dors.	Nome	Esc.	Equipa	Natação	T1	Ciclismo	T2	Corrida	T.Total	Diff.
62	105527	5209	Lourenço Mota	40-44	Clube dos Galitos	00:35:06	00:04:20	02:55:48	00:01:37	01:51:31	05:28:22	01:25:21
63	107721	5561	Filipe Pires	45-49	Individual	00:32:40	00:03:31	02:56:53	00:01:29	01:53:59	05:28:32	01:25:31
64	106672	3048	Pedro Benjamim	25-29	Paredes Aventura	00:45:55	00:06:16	02:48:19	00:02:17	01:46:46	05:29:33	01:26:32
65	107148	2797	Pedro Filipe Maia	30-34	Sporting Clube de Espinho - FERSILVA	00:38:19	00:03:52	03:00:27	00:01:19	01:46:11	05:30:08	01:27:07
66	107657	5546	Alexandre Paiva Nunes	45-49	Individual	00:39:46	00:03:15	02:53:45	00:01:05	01:52:28	05:30:19	01:27:18
67	104545	4205	Mauro Azevedo	50-54	A. R. Casaense	00:35:48	00:03:21	03:11:03	00:01:39	01:39:44	05:31:35	01:28:34
68	104654	3236	João Laranjeira	35-39	Associação Beat Your Limit!	00:32:33	00:03:39	03:05:24	00:02:36	01:47:33	05:31:45	01:28:44
69	101169	4245	Jorge Fonseca	40-44	Estoril Praia Credibom	00:36:33	00:02:40	02:57:46	00:01:43	01:53:57	05:32:39	01:29:38
70	102824	3182	Rui Lucas	30-34	Peniche A. C.	00:39:00	00:04:25	03:01:44	00:01:11	01:46:55	05:33:15	01:30:14
71	106510	3699	Rúben Duarte	25-29	3B - triatlo	00:38:54	00:03:11	02:50:24	00:01:21	02:01:32	05:35:22	01:32:21
72	103784	4404	Rui Gonçalo Vieira	40-44	Núcleo do Sporting da Golegã	00:35:07	00:03:38	03:07:20	00:01:56	01:48:05	05:36:06	01:33:05
73	105444	3604	Miguel Ferreira	35-39	Clube dos Galitos	00:34:40	00:03:19	02:57:04	00:02:22	01:58:56	05:36:21	01:33:20
74	103956	4961	Ricardo Santos	45-49	CNCVG	00:41:55	00:04:16	03:01:08	00:01:21	01:48:06	05:36:46	01:33:45
75	100342	5288	Hugo Gomes	40-44	Clube de Triatlo de Viseu	00:37:45	00:03:52	03:07:21	00:01:38	01:46:11	05:36:47	01:33:46
76	103916	3793	Rui Melo	35-39	A. R. Casaense	00:37:34	00:02:06	03:13:37	00:00:52	01:43:18	05:37:27	01:34:26
77	101703	5036	António Moreira	40-44	Clube dos Galitos	00:37:57	00:03:09	03:09:49	00:01:05	01:48:02	05:40:02	01:37:01
78	105594	4219	Ricardo Pereira	45-49	Individual	00:38:03	00:04:05	03:07:50	00:01:53	01:48:19	05:40:10	01:37:09
79	103989	4981	José Farinha	45-49	Clube Millenniumbcp	00:39:50	00:03:25	02:58:47	00:02:09	01:58:20	05:42:31	01:39:30
80	105066	5100	Marco Filipe	45-49	Peniche A. C.	00:43:38	00:03:22	03:07:40	00:01:19	01:47:01	05:43:00	01:39:59
81	0	8020	José Vilela	40-44	Não Federado	00:39:45	00:06:04	03:12:34	00:02:59	01:41:47	05:43:09	01:40:08
82	101738	5274	Ricardo Carvalho	40-44	Clube dos Galitos	00:37:24	00:04:15	03:01:02	00:01:08	02:00:06	05:43:55	01:40:54
83	100748	3218	Pedro Machado	35-39	Sport Algés e Dafundo	00:33:37	00:04:04	03:10:05	00:01:48	01:54:54	05:44:28	01:41:27
84	101038	3590	João Moita	35-39	Associação Beat Your Limit!	00:35:53	00:03:40	03:02:15	00:02:41	02:02:06	05:46:35	01:43:34
85	106817	2712	João Cruz	35-39	Individual	00:40:16	00:04:29	03:12:00	00:02:40	01:47:41	05:47:06	01:44:05
86	106978	2761	Pedro Caçote	30-34	MARRETAS DO NORTE	00:39:37	00:04:42	03:03:42	00:02:03	01:57:59	05:48:03	01:45:02
87	107179	4520	Nuno Faria	40-44	Palmela Desporto / Tripla Rotação	00:37:09	00:04:27	03:05:19	00:01:43	02:03:25	05:52:03	01:49:02
88	105599	4280	Ivo Magalhães	45-49	A. R. Casaense	00:38:57	00:04:23	03:07:41	00:02:41	01:58:54	05:52:36	01:49:35
89	104600	3157	Pedro Ponciano	30-34	Individual	00:38:08	00:03:27	03:05:00	00:02:04	02:04:24	05:53:03	01:50:02
90	107497	2917	Dário Silvestre	35-39	Triatlo SUColarese	00:35:22	00:05:19	03:11:34	00:02:45	02:02:16	05:57:16	01:54:15
91	0	8031	Rui Costa	45-49	Não Federado	00:41:26	00:03:24	03:18:49	00:02:20	01:52:13	05:58:12	01:55:11
92	107530	2921	Didio Silvestre	35-39	Triatlo SUColarese	00:35:58	00:05:10	03:11:09	00:02:43	02:03:18	05:58:18	01:55:17
93	106590	3875	Raul Pais da Costa	35-39	CMEP LINCE TRIATHLON	00:41:14	00:05:05	03:04:52	00:02:01	02:06:19	05:59:31	01:56:30
94	101721	4283	Josué Oliveira	45-49	Clube dos Galitos	00:37:24	00:04:03	03:05:56	00:02:08	02:12:09	06:01:40	01:58:39

Classificação Absoluta - Masculinos

#	Lic.	Dors.	Nome	Esc.	Equipa	Natação	T1	Ciclismo	T2	Corrida	T.Total	Diff.
95	107291	4834	Ricardo Dengue	40-44	Individual	00:39:43	00:03:49	03:11:52	00:01:22	02:06:48	06:03:34	02:00:33
96	105639	3683	João Seródio	35-39	Try Portugal / V. Janes	00:41:29	00:03:58	03:02:58	00:01:18	02:14:36	06:04:19	02:01:18
97	103647	4341	Luis Carvalho	45-49	Lusitano - Setúbal	00:38:22	00:04:25	03:05:03	00:01:31	02:16:11	06:05:32	02:02:31
98	104894	4104	André Cabral	45-49	Outsystems Olímpico de Oeiras	00:36:43	00:04:12	03:19:35	00:02:02	02:03:02	06:05:34	02:02:33
99	100733	4792	João Seródio	40-44	Sport Algés e Dafundo	00:38:56	00:04:21	03:12:57	00:01:40	02:08:16	06:06:10	02:03:09
100	106383	4440	Rui Melo	40-44	Mc Donald's/Tribraga	00:34:52	00:03:18	03:11:52	00:01:24	02:15:01	06:06:27	02:03:26
101	105620	4918	Pedro Vieira	40-44	MARRETAS DO NORTE	00:42:05	00:04:28	03:02:32	00:01:23	02:16:17	06:06:45	02:03:44
102	105662	3701	Tiago Batista	35-39	Triatlo Fundação Salesianos	00:33:05	00:02:27	03:13:25	00:01:10	02:16:59	06:07:06	02:04:05
103	101782	4403	Paulo Santos	55-59	Clube Oriental de Lisboa	00:40:22	00:04:30	03:19:04	00:01:59	02:02:37	06:08:32	02:05:31
104	103179	4525	Jorge Carvalho	50-54	Clube Oriental de Lisboa	00:40:34	00:03:31	03:02:01	00:01:36	02:20:50	06:08:32	02:05:31
105	105633	5227	Nuno Dantas	40-44	GRCD Leião Triatlo	00:45:11	00:04:03	03:25:17	00:02:54	01:54:59	06:12:24	02:09:23
106	107624	2947	Henrique Martins	30-34	GRCD Leião Triatlo	00:37:48	00:04:32	03:07:45	00:01:58	02:20:51	06:12:54	02:09:53
107	106098	3134	Tiago Isidoro	30-34	Pimpões Triatlo	00:35:03	00:04:20	03:09:34	00:01:38	02:22:30	06:13:05	02:10:04
108	104646	4528	Gabriel Alves	50-54	3B - triatlo	00:45:49	00:03:58	03:17:53	00:02:12	02:04:18	06:14:10	02:11:09
109	106656	3892	Yanick d Oliveira	35-39	CAFH	00:35:10	00:03:32	03:29:47	00:01:45	02:05:02	06:15:16	02:12:15
110	0	8023	Luís Mendes	45-49	Não Federado	00:45:41	00:06:19	03:32:34	00:03:35	01:53:04	06:21:13	02:18:12
111	107737	5567	Joaquim Ramos	40-44	Palmela Desporto / Tripla Rotação	00:44:57	00:04:10	03:19:26	00:01:40	02:12:59	06:23:12	02:20:11
112	106436	4165	Gonçalo Valente	50-54	Pimpões Triatlo	00:35:56	00:06:46	03:14:28	00:03:23	02:23:15	06:23:48	02:20:47
113	101089	4108	Paulo Renato Santos	55-59	Peniche A. C.	00:35:50	00:04:02	03:20:12	00:01:57	02:23:24	06:25:25	02:22:24
114	104230	4412	Pedro Leiria	45-49	CNCVG	00:44:22	00:05:46	03:22:34	00:01:58	02:11:30	06:26:10	02:23:09
115	106630	4226	Miguel Leão	50-54	Associação Beat Your Limit!	00:35:31	00:04:55	03:34:24	00:02:18	02:09:23	06:26:31	02:23:30
116	104021	4154	Alexandre Barbosa	45-49	Paredes Aventura	00:49:18	00:05:34	03:17:00	00:03:06	02:11:40	06:26:38	02:23:37
117	105489	5425	João Fernando	40-44	Sporting Clube de Espinho - FERSILVA	00:35:09	00:04:37	03:26:24	00:02:06	02:18:39	06:26:55	02:23:54
118	104470	5023	Jorge Ferreira	40-44	Triatlo Fundação Salesianos	00:36:58	00:03:17	03:22:59	00:02:04	02:22:12	06:27:30	02:24:29
119	102971	4552	José Bonito	50-54	Clube de Triatlo de Almada	00:41:20	00:04:19	03:23:32	00:02:22	02:16:44	06:28:17	02:25:16
120	106107	4407	Hugo Rocha	40-44	CCDSintrense	00:42:06	00:03:19	03:23:29	00:01:57	02:21:05	06:31:56	02:28:55
121	105571	5219	Rui Velez	55-59	Clube Oriental de Lisboa	00:41:16	00:04:58	03:30:39	00:02:02	02:21:02	06:39:57	02:36:56
122	107639	5464	Alfredo Chambel	55-59	GRCD Leião Triatlo	00:44:27	00:03:45	03:24:18	00:02:21	02:27:22	06:42:13	02:39:12
123	0	8019	José Anibal	55-59	Não Federado	00:42:39	00:05:31	03:29:56	00:01:35	02:22:50	06:42:31	02:39:30
124	106710	8215	Pedro Filipe	45-49	Try Portugal / V. Janes	00:31:59	00:04:40	03:23:20	00:03:44	02:40:46	06:44:29	02:41:28
125	107222	4588	Jose Rosa	45-49	Outsystems Olímpico de Oeiras	00:34:55	00:04:24	03:24:47	00:02:02	02:38:44	06:44:52	02:41:51
126	101440	4195	Sérgio Ogasawara de Oliveira	50-54	Triatlo Clube Tap	00:45:46	00:04:03	03:27:34	00:03:04	02:27:10	06:47:37	02:44:36
127	106234	5469	Nuno Simoes	45-49	CAFH	00:41:43	00:05:28	03:30:09	00:02:55	02:27:56	06:48:11	02:45:10

Classificação Absoluta - Masculinos

#	Lic.	Dors.	Nome	Esc.	Equipa	Natação	T1	Ciclismo	T2	Corrida	T.Total	Diff.
128	101060	4236	Rui Pena	45-49	Associação Académica de São Mamede	00:42:13	00:03:54	03:20:49	00:01:07	02:43:43	06:51:46	02:48:45
129	100619	4005	José Maçarria	60-64	Individual	00:43:34	00:03:55	03:33:50	00:01:58	02:29:40	06:52:57	02:49:56
130	105663	5251	Pedro Casal Ribeiro	45-49	Triatlo Fundação Salesianos	00:39:28	00:04:49	03:37:45	00:01:59	02:39:08	07:03:09	03:00:08
131	103306	4852	Francisco Sanches-Osório	55-59	Estoril Praia Credibom	00:41:36	00:03:55	03:27:12	00:02:06	02:50:17	07:05:06	03:02:05
132	0	8007	António Lobo	45-49	Não Federado	00:54:00	00:05:43	03:36:31	00:02:36	02:26:23	07:05:13	03:02:12
133	106498	4602	José Gonçalves	50-54	Individual	00:53:55	00:05:20	03:33:37	00:02:56	02:29:27	07:05:15	03:02:14
134	106929	2739	Filipe Ferreira	35-39	Individual	00:45:49	00:04:50	03:37:49	00:02:42	02:35:39	07:06:49	03:03:48
135	103521	4064	Francisco Salgado	65-69	Estoril Praia Credibom	00:46:12	00:04:11	03:49:56	00:03:34	02:23:25	07:07:18	03:04:17
136	100817	4025	João Medeiro	55-59	Outsystems Olímpico de Oeiras	00:51:29	00:04:07	03:42:05	00:01:26	02:38:04	07:17:11	03:14:10
137	105488	5532	Ricardo Velhuco	40-44	Clube de Triatlo de Viseu	00:44:17	00:03:57	03:32:43	00:01:58	02:58:42	07:21:37	03:18:36
138	105067	8207	Pedro Godinho Matos	40-44	Individual	00:39:55	00:06:36	03:39:53	00:02:41	02:53:25	07:22:30	03:19:29
139	107766	8214	Luiz Anjos	55-59	Pedrogão Triatlo	00:38:42	00:03:22	03:59:26	00:01:17	02:41:16	07:24:03	03:21:02
140	105223	5137	Nuno Luís Sousa	40-44	Individual	00:45:37	00:04:20	03:44:29	00:01:50	02:51:32	07:27:48	03:24:47
DNF	104010	3877	Marco Ferreira	35-39	Clube dos Galitos	00:35:51	00:02:37	02:48:41	00:01:18	-	DNF	
DNF	100830	4013	Miguel Fragoso	55-59	Outsystems Olímpico de Oeiras	00:30:24	00:03:10	02:47:03	00:02:19	-	DNF	
DNF	100603	4017	João Pedro Fulgêncio	40-44	Clube de Futebol Os Belenenses	00:33:34	00:03:17	02:50:41	00:01:46	-	DNF	
DNF	102120	4337	Paulo Martins	45-49	Sporting Clube de Espinho - FERSILVA	00:36:51	00:03:17	02:40:16	00:01:16	-	DNF	
DNF	101876	4614	Luís Miguel Santos	50-54	Alhandra Sporting Club	00:42:12	00:03:38	03:15:55	00:01:26	-	DNF	
DNF	100321	5022	Nelson Moreira	40-44	Estoril Praia Credibom	00:32:22	00:02:29	02:49:27	00:01:07	-	DNF	
DNF	102297	5129	José Varela	45-49	Sport Algés e Dafundo	00:38:06	00:04:21	03:09:14	00:02:45	-	DNF	
DNF	105880	5345	Samuel Aguiar	50-54	Sporting Clube de Espinho - FERSILVA	00:39:24	00:03:47	02:52:16	00:01:53	-	DNF	
DNF	100175	4601	José Alberto Domingos	70-74	Lusitano / Frusoad	00:49:13	00:06:02	04:16:38	-	-	DNF	
DNS	100675	3062	João Bernardo Queirós	20-24	Outsystems Olímpico de Oeiras	00:27:16	00:03:07	-	-	-	DNS	
DNS	104974	3166	Eduardo Mourato	30-34	Estoril Praia Credibom	00:30:37	00:02:31	-	-	-	DNS	
DNS	102251	4508	Vasco Borges	50-54	A. R. Casaense	00:39:35	00:04:29	-	-	-	DNS	
DNS	105058	5096	Carlos Brito	60-64	Try Portugal / V. Janes	00:32:21	00:02:54	-	-	-	DNS	
DNS	105328	3549	Paulo Carvalho	35-39	MARRETAS DO NORTE	-	-	-	-	-	DNS	
DNS	104009	3876	Mário Rocha	25-29	Clube dos Galitos	-	-	-	-	-	DNS	
DNS	104362	3964	Duarte Pais	35-39	MARRETAS DO NORTE	-	-	-	-	-	DNS	
DNS	101511	3970	Renato Teixeira	25-29	G.D.GOMA	-	-	-	-	-	DNS	
DNS	105384	4365	Nuno Alcides	40-44	G.D.GOMA	-	-	-	-	-	DNS	
DNS	107174	4516	Joaquim Esteves	55-59	Triatlo Fundação Salesianos	-	-	-	-	-	DNS	
DNS	101531	4530	Luís Filipe Valente	45-49	Clube Oriental de Lisboa	-	-	-	-	-	DNS	

Classificação Absoluta - Masculinos

#	Lic.	Dors.	Nome	Esc.	Equipa	Natação	T1	Ciclismo	T2	Corrida	T.Total	Diff.
DNS	107183	4653	Carlos Martins	50-54	Individual	-	-	-	-	-	DNS	
DNS	102925	4738	Bruno Fonseca	40-44	3B - triatlo	-	-	-	-	-	DNS	
DNS	104361	4833	Vitor Fonseca	40-44	Individual	-	-	-	-	-	DNS	
DNS	102653	5242	Nuno Neves	40-44	Louletano	-	-	-	-	-	DNS	
DNS	106123	5391	Daniel Leão	40-44	Alhandra Sporting Club	-	-	-	-	-	DNS	
DNS	106243	5474	Carlos Semide	45-49	CAFH	-	-	-	-	-	DNS	
DNS	104587	5478	Neville Suzman	55-59	Individual	-	-	-	-	-	DNS	
DNS	0	8008	Diego Blanco	25-29	I Have a Dream	-	-	-	-	-	DNS	
DNS	0	8026	Pedro Lopes	30-34	Não Federado	-	-	-	-	-	DNS	