

II TRIATLO DA QUINTA DO LAGO

Taça De Portugal De Triatlo

Local da Prova: **Quinta Do Lago**

Data: **20-02-2022**

Hora da Partida: **09:01:11**

Distancias: **Natação - 750**

Ciclismo - 20000

Corrida - 5000

Classificação Absoluta - Masculinos

#	Lic.	Dors.	Nome	Esc.	Equipa	Natação	T1	Ciclismo	T2	Corrida	T.Total	Diff.
1	100767	3013	João José Pereira	35-39	Sport Lisboa e Benfica	00:08:33	00:00:32	00:27:47	00:00:05	00:15:42	00:52:39	00:00:00
2	100832	2561	Miguel Tiago Silva	20-24	Outsystems Olímpico de Oeiras	00:08:26	00:00:35	00:27:49	00:00:01	00:15:54	00:52:45	00:00:06
3	101255	2518	André Dias	25-29	Outsystems Olímpico de Oeiras	00:08:33	00:00:34	00:27:47	00:00:09	00:16:19	00:53:22	00:00:43
4	101017	2624	Tiago Fonseca	20-24	Clube de Natação de Torres Novas	00:08:59	00:00:40	00:28:22	00:00:02	00:15:38	00:53:41	00:01:02
5	101634	2962	Ricardo Batista	20-24	Clube de Natação de Torres Novas	00:08:34	00:00:34	00:28:52	00:00:03	00:15:39	00:53:42	00:01:03
6	100104	3769	Alexandre Nobre	25-29	Sport Lisboa e Benfica	00:08:41	00:00:47	00:28:34	00:00:05	00:15:45	00:53:52	00:01:13
7	101609	1835	João Nuno Batista	CAD	Clube de Natação de Torres Novas	00:08:37	00:00:43	00:28:43	00:00:10	00:15:41	00:53:54	00:01:15
8	100235	3803	Pedro Afonso Pinto Gaspar	25-29	Outsystems Olímpico de Oeiras	00:08:55	00:00:39	00:28:28	00:00:03	00:15:52	00:53:57	00:01:18
9	100424	2824	Gonçalo Oliveira	20-24	Clube de Natação de Torres Novas	00:08:50	00:00:47	00:28:27	00:00:05	00:15:52	00:54:01	00:01:22
10	103782	2825	João Chagas	20-24	Outsystems Olímpico de Oeiras	00:08:37	00:01:07	00:28:19	00:00:01	00:16:24	00:54:28	00:01:49
11	100666	3156	François Vie	20-24	Alhandra Sporting Club	00:08:54	00:00:38	00:28:31	00:00:05	00:16:26	00:54:34	00:01:55
12	100813	3873	João Francisco Ferreira	25-29	Clube de Natação de Torres Novas	00:09:05	00:01:00	00:27:54	00:00:13	00:16:27	00:54:39	00:02:00
13	101318	3786	João Mansos	25-29	Sporting Clube de Portugal	00:08:42	00:00:50	00:28:35	00:00:05	00:16:30	00:54:42	00:02:03
14	100380	2252	Gustavo do Canto	JUN	Clube de Natação de Torres Novas	00:08:57	00:00:40	-	-	00:16:38	00:54:43	00:02:04
15	100447	2253	Antonio Vaz Pedro	JUN	Outsystems Olímpico de Oeiras	00:08:32	00:00:48	00:28:44	00:00:06	00:16:38	00:54:48	00:02:09
16	107064	2227	João Canadas	JUN	Outsystems Olímpico de Oeiras	00:08:37	00:00:42	00:28:47	00:00:10	00:16:36	00:54:52	00:02:13
17	100629	2827	Afonso Nunes	20-24	Alhandra Sporting Club	00:08:52	00:00:43	00:28:30	00:00:02	00:16:51	00:54:58	00:02:19
18	103815	2287	Afonso Lopes	JUN	Outsystems Olímpico de Oeiras	00:08:58	00:00:43	00:28:25	00:00:09	00:16:46	00:55:01	00:02:22
19	101627	1833	Pedro Afonso Razões	CAD	Clube de Natação de Torres Novas	00:08:43	00:00:41	00:28:41	00:00:04	00:17:00	00:55:09	00:02:30
20	103699	2277	Gabriel Santos	JUN	Sport Lisboa e Benfica	00:08:53	00:00:43	00:28:28	00:00:08	00:17:03	00:55:15	00:02:36
21	101999	3139	Alexandre Montez	20-24	Outsystems Olímpico de Oeiras	00:08:43	00:00:35	00:28:43	00:00:00	00:17:14	00:55:15	00:02:36
22	105758	2203	Diogo Tomé	JUN	Sport Lisboa e Benfica	00:08:51	-	-	00:00:10	00:17:06	00:55:21	00:02:42
23	106308	2264	João Vaz	JUN	Sporting Clube de Portugal	00:09:09	00:00:37	00:28:19	00:00:06	00:17:19	00:55:30	00:02:51
24	101289	2222	Miguel Agoas Catarino	JUN	Outsystems Olímpico de Oeiras	00:09:05	00:00:41	00:28:22	00:00:08	00:17:38	00:55:54	00:03:15
25	102382	2284	José Tadeia	JUN	Alhandra Sporting Club	00:08:57	00:00:40	00:28:30	00:00:02	00:17:52	00:56:01	00:03:22
26	101538	2623	Guilherme Pires	20-24	Clube de Natação de Torres Novas	00:08:58	00:00:40	00:28:29	00:00:06	00:18:06	00:56:19	00:03:40
27	107065	2228	Tomás Felício	JUN	Outsystems Olímpico de Oeiras	00:08:29	00:00:42	00:28:57	00:00:07	00:18:24	00:56:39	00:04:00
28	100675	3062	João Bernardo Queirós	20-24	Outsystems Olímpico de Oeiras	00:09:31	00:00:40	00:30:17	00:00:16	00:16:18	00:57:02	00:04:23

Classificação Absoluta - Masculinos

#	Lic.	Dors.	Nome	Esc.	Equipa	Natação	T1	Ciclismo	T2	Corrida	T.Total	Diff.
29	102465	2619	António Barata	20-24	Sport Lisboa e Benfica	00:09:43	00:00:37	00:30:13	00:00:10	00:16:49	00:57:32	00:04:53
30	106218	2462	Christian Dias	JUN	Individual	00:09:34	00:00:39	00:30:14	00:00:04	00:17:15	00:57:46	00:05:07
31	100836	5264	Pedro Eloy	40-44	Outsystems Olímpico de Oeiras	00:09:33	00:00:42	00:30:09	00:00:09	00:17:34	00:58:07	00:05:28
32	102921	1911	Rodrigo Pissarra	CAD	Alhandra Sporting Club	00:08:54	00:00:56	00:30:35	00:00:11	00:18:12	00:58:48	00:06:09
33	105458	1521	Pedro Vitorino	CAD	Alhandra Sporting Club	00:09:49	00:00:52	00:30:44	00:00:04	00:17:20	00:58:49	00:06:10
34	107321	2866	Luis Moleiro	20-24	Clube de Natação de Torres Novas	00:10:12	00:01:10	00:29:56	00:00:26	00:17:07	00:58:51	00:06:12
35	106405	2219	André Sousa	JUN	Outsystems Olímpico de Oeiras	00:10:01	00:00:39	00:30:47	00:00:10	00:17:30	00:59:07	00:06:28
36	104684	1927	Duarte Fernandes	CAD	Alhandra Sporting Club	00:09:32	00:00:55	00:30:59	00:00:08	00:18:04	00:59:38	00:06:59
37	103841	3494	Filipe Marques	35-39	Estoril Praia Credibom	00:09:55	00:00:54	00:30:38	00:00:14	00:18:03	00:59:44	00:07:05
38	102653	5242	Nuno Neves	40-44	Louletano	00:10:09	00:00:52	00:30:26	00:00:08	00:18:19	00:59:54	00:07:15
39	102512	8094	Vasco Silva	CAD	Outsystems Olímpico de Oeiras	00:09:49	00:00:45	-	-	00:18:35	01:00:05	00:07:26
40	107744	1932	David Abreu	CAD	Sporting Clube de Portugal	00:09:50	00:00:50	00:30:40	00:00:05	00:18:41	01:00:06	00:07:27
41	100655	1849	David Borda d'Água	CAD	Alhandra Sporting Club	00:10:00	00:00:52	00:30:34	00:00:02	00:18:43	01:00:11	00:07:32
42	104735	3379	Bruno Santos	30-34	CNCVG	00:10:57	00:00:51	00:31:10	00:00:20	00:16:53	01:00:11	00:07:32
43	107708	2244	Tomás Teixeira	JUN	CNCVG	00:10:55	00:01:03	00:31:05	00:00:14	00:17:00	01:00:17	00:07:38
44	106579	2463	Tiago Serrano	JUN	CF Andorinha/AQUIMADEIRA-Solutions	00:09:52	00:00:53	00:30:44	00:00:13	00:18:42	01:00:24	00:07:45
45	103079	3824	João Rebelo	25-29	Vasco da Gama Atlético Clube Sines	00:11:09	00:01:02	00:30:49	00:00:15	00:17:21	01:00:36	00:07:57
46	102017	3442	Bruno Caetano	30-34	Outsystems Olímpico de Oeiras	00:10:41	00:00:44	00:31:36	00:00:10	00:17:27	01:00:38	00:07:59
47	104060	1881	Vasco Nunes	CAD	Alhandra Sporting Club	00:09:47	00:00:48	00:30:50	00:00:05	00:19:11	01:00:41	00:08:02
48	101010	3704	Nuno Rodrigues	35-39	CNCVG	00:10:58	00:00:45	00:31:19	00:00:04	00:17:40	01:00:46	00:08:07
49	102466	1868	Manuel Dias	CAD	Clube de Natação de Torres Novas	00:09:08	00:00:56	00:31:27	00:00:10	00:19:06	01:00:47	00:08:08
50	104855	3720	Tiago Lopes	25-29	Outsystems Olímpico de Oeiras	00:11:15	00:00:51	00:31:01	00:00:15	00:17:26	01:00:48	00:08:09
51	101581	1824	André Neves	CAD	Pedrogão Triatlo	00:09:37	00:00:41	00:31:12	00:00:08	00:19:17	01:00:55	00:08:16
52	102323	4197	Hugo Pina	40-44	CNCVG	00:10:46	00:00:53	00:31:26	00:00:18	00:17:41	01:01:04	00:08:25
53	103353	3230	João Jesus	30-34	AMICICLO GRÂNDOLA	00:11:52	00:00:54	00:30:25	00:00:10	00:17:48	01:01:09	00:08:30
54	100658	1838	Dinis Barrocas	CAD	Alhandra Sporting Club	00:09:29	00:00:46	00:31:13	00:00:04	00:19:42	01:01:14	00:08:35
55	100425	2523	Hugo Baluga	25-29	AMICICLO GRÂNDOLA	00:12:10	00:00:51	00:30:02	00:00:07	00:18:07	01:01:17	00:08:38
56	102511	1905	Arthur Torres	CAD	Outsystems Olímpico de Oeiras	00:10:20	00:00:56	00:31:53	00:00:14	00:17:56	01:01:19	00:08:40
57	100462	2577	João Canas	25-29	Sporting Clube de Portugal	00:10:12	00:00:44	00:30:25	00:00:06	00:20:01	01:01:28	00:08:49
58	106271	3438	Adriano Correia	30-34	Clube de Natação de Torres Novas	00:10:06	00:00:46	00:32:13	00:00:14	00:18:12	01:01:31	00:08:52
59	101979	3332	Tomas Metcalfe	35-39	O2 Triatlo - S'look	00:12:05	00:00:54	00:29:57	00:00:10	00:18:32	01:01:38	00:08:59
60	104803	2256	Gonçalo Nunes	JUN	Outsystems Olímpico de Oeiras	00:09:53	00:00:55	00:32:18	00:00:13	00:18:23	01:01:42	00:09:03
61	105411	1874	Tomás Vilanova	CAD	Lusitano / Frusoad	00:10:19	00:00:55	00:31:54	00:00:11	00:18:24	01:01:43	00:09:04

Classificação Absoluta - Masculinos

#	Lic.	Dors.	Nome	Esc.	Equipa	Natação	T1	Ciclismo	T2	Corrida	T.Total	Diff.
62	101621	1834	Martim Salvador	CAD	Clube de Natação de Torres Novas	00:09:38	00:00:49	00:31:01	00:00:17	00:19:59	01:01:44	00:09:05
63	101964	4765	Nelson Mestre	40-44	Lusitano / Frusoal	00:11:21	00:01:10	00:30:33	00:00:14	00:18:32	01:01:50	00:09:11
64	107652	2960	André Carmina	30-34	SUC/Silvestre Festas/Moonsport Innerme	00:11:13	00:00:54	00:30:52	00:00:14	00:18:54	01:02:07	00:09:28
65	106615	4135	Bruno Teles Grilo	45-49	Estoril Praia Credibom	00:10:21	00:00:57	00:31:43	00:00:16	00:19:06	01:02:23	00:09:44
66	100757	4043	Bruno Pais	40-44	Estoril Praia Credibom	00:10:02	00:01:14	00:30:00	00:00:25	00:20:44	01:02:25	00:09:46
67	100570	4472	Carlos Fernandes	45-49	SFRAA TRIATLO	00:11:30	00:00:56	00:30:43	00:00:14	00:19:16	01:02:39	00:10:00
68	102545	3346	Roberto Parra Fernández	35-39	Núcleo do Sporting da Golegã	00:10:51	00:00:54	00:31:15	00:00:10	00:19:31	01:02:41	00:10:02
69	107913	3089	André Picado	20-24	Alhandra Sporting Club	00:10:13	00:00:50	00:32:07	00:00:11	00:19:25	01:02:46	00:10:07
70	101325	5670	José Luís Virtuoso	25-29	AmoraSub/Associação Naval Amorense	00:10:52	00:00:43	00:31:32	00:00:10	00:19:37	01:02:54	00:10:15
71	105629	3326	José Nunes	20-24	Alhandra Sporting Club	00:10:08	00:00:54	00:32:04	00:00:10	00:20:04	01:03:20	00:10:41
72	101596	4632	Gonçalo Neves	50-54	Pedrógão Triatlo	00:10:50	00:00:48	00:31:19	00:00:12	00:20:14	01:03:23	00:10:44
73	103399	1907	Miguel Gonçalves	CAD	Outsystems Olímpico de Oeiras	00:09:33	00:00:43	00:31:14	00:00:15	00:21:41	01:03:26	00:10:47
74	103260	1904	Ricardo Costa	CAD	Outsystems Olímpico de Oeiras	00:09:38	-	-	00:00:07	00:22:05	01:03:40	00:11:01
75	104037	4818	Pedro Aguiar Mendonça	45-49	Clube de Futebol Os Belenenses	00:10:50	00:01:09	00:31:11	00:00:23	00:20:09	01:03:42	00:11:03
76	104541	3657	David Preciado	25-29	SFRAA TRIATLO	00:12:48	00:00:47	00:31:56	00:00:06	00:18:48	01:04:25	00:11:46
77	108108	2263	Salomão Savelenko	JUN	Mirachoro Hotels/CCP/Churrasqueira do Vau	00:11:45	00:00:44	00:32:20	00:00:33	00:19:06	01:04:28	00:11:49
78	104622	3197	Fábio Faustino	35-39	Vasco da Gama Atlético Clube Sines	00:12:43	00:01:05	00:32:20	00:00:19	00:18:13	01:04:40	00:12:01
79	103128	4222	David Coelho	40-44	SFRAA TRIATLO	00:14:11	00:00:57	00:31:48	00:00:19	00:17:32	01:04:47	00:12:08
80	101008	4105	Mario Pires	45-49	Clube de Futebol Os Belenenses	00:12:02	00:00:56	00:31:49	00:00:24	00:19:40	01:04:51	00:12:12
81	107641	8069	Hugo Cabral	40-44	Triatlo de Faro	00:10:33	00:01:09	00:31:22	00:00:15	00:21:42	01:05:01	00:12:22
82	106984	2763	Helder Cipriano	35-39	Lusitano / Frusoal	00:12:49	00:00:59	00:31:46	00:00:11	00:19:46	01:05:31	00:12:52
83	105390	5195	Carlos Rosário	45-49	REPSOL TRIATLO	00:12:07	00:01:04	00:32:27	00:00:11	00:19:47	01:05:36	00:12:57
84	103261	1529	Vasco Saraiva de Melo	CAD	SFRAA TRIATLO	00:10:10	00:00:58	00:33:22	00:00:21	00:20:47	01:05:38	00:12:59
85	106936	2743	Rui Matias	25-29	SFRAA TRIATLO	00:12:35	00:00:56	00:32:02	00:00:26	00:19:48	01:05:47	00:13:08
86	107832	1538	Daniel Roque	CAD	Lusitano / Frusoal	00:10:14	00:00:56	00:31:59	00:00:12	00:22:29	01:05:50	00:13:11
87	107972	3095	Nicolas Ezequiel Puliani	25-29	Vasco da Gama Atlético Clube Sines	00:12:33	00:00:58	00:33:36	00:00:28	00:18:31	01:06:06	00:13:27
88	104762	5295	João Mártires da Silva	40-44	Estoril Praia Credibom	00:13:01	-	-	-	00:19:22	01:06:28	00:13:49
89	103376	2239	André Mota	JUN	Clube de Natação da Amadora	00:10:44	00:01:00	00:35:19	00:00:16	00:19:16	01:06:35	00:13:56
90	106787	2698	Guido Brunelli	35-39	Triatlo de Faro	00:12:17	00:01:22	00:32:51	00:00:17	00:20:00	01:06:47	00:14:08
91	104941	5062	Marco Cristo	45-49	Triatlo de Faro	00:12:14	00:01:06	00:32:16	00:00:21	00:21:01	01:06:58	00:14:19
92	101967	3621	Tiago Cristo	35-39	Lusitano / Frusoal	00:13:21	00:00:54	00:32:51	00:00:28	00:19:28	01:07:02	00:14:23
93	105999	2269	Rafael Alemão	JUN	Mirachoro Hotels/CCP/Churrasqueira do Vau	00:11:26	00:00:55	00:34:15	00:00:12	00:20:23	01:07:11	00:14:32
94	100793	4032	Carlos Gomes	60-64	Outsystems Olímpico de Oeiras	00:13:38	00:01:21	00:32:09	00:00:31	00:19:32	01:07:11	00:14:32

Classificação Absoluta - Masculinos

#	Lic.	Dors.	Nome	Esc.	Equipa	Natação	T1	Ciclismo	T2	Corrida	T.Total	Diff.
95	105057	5331	Luis Lourenço	45-49	Triatlo de Faro	00:12:04	00:01:11	00:33:47	00:00:33	00:19:38	01:07:13	00:14:34
96	103173	4427	Miguel David	50-54	Clube Oriental de Lisboa	00:12:23	00:01:10	00:33:32	00:00:16	00:19:57	01:07:18	00:14:39
97	105658	3698	Joao Machado	35-39	Outsystems Olímpico de Oeiras	00:13:23	00:01:35	00:31:59	00:00:27	00:20:03	01:07:27	00:14:48
98	101531	4530	Luís Filipe Valente	50-54	Clube Oriental de Lisboa	00:12:52	00:01:00	00:33:12	00:00:32	00:20:16	01:07:52	00:15:13
99	106979	1908	André Duarte Jorge	CAD	Outsystems Olímpico de Oeiras	00:11:10	00:00:46	00:34:56	00:00:17	00:20:57	01:08:06	00:15:27
100	104877	3085	Nuno Dias	35-39	AMICICLO GRÂNDOLA	00:13:37	00:02:13	00:32:32	00:00:18	00:19:34	01:08:14	00:15:35
101	102296	1930	tiago miguel casinha	CAD	CNCVG	00:11:43	00:01:04	00:33:50	00:00:08	00:21:35	01:08:20	00:15:41
102	106232	3310	Leonel Marques	35-39	CNCVG	00:14:05	00:01:05	00:33:14	00:00:28	00:19:29	01:08:21	00:15:42
103	103379	5290	Nelson Dias	40-44	O2 Triatlo - S´look	00:13:18	00:01:12	00:32:29	00:00:16	00:21:08	01:08:23	00:15:44
104	103874	3773	Adriano Luz Domingos	30-34	Vasco da Gama Atlético Clube Sines	00:13:08	00:01:15	00:32:32	00:00:25	00:21:04	01:08:24	00:15:45
105	103179	4525	Jorge Carvalho	50-54	Clube Oriental de Lisboa	00:14:16	00:01:32	00:32:32	00:00:19	00:19:46	01:08:25	00:15:46
106	101414	4045	Paulo Cabrita Silva	55-59	Triatlo de Faro	00:13:13	00:01:05	00:32:48	00:00:51	00:20:50	01:08:47	00:16:08
107	105815	5548	António Patrício	40-44	Estoril Praia Credibom	00:13:39	00:01:27	00:33:20	00:00:11	00:20:21	01:08:58	00:16:19
108	101543	4644	Luís Gonçalves	45-49	Clube de Triatlo do Fundão	00:12:00	00:01:17	00:32:37	00:00:31	00:22:46	01:09:11	00:16:32
109	102764	4281	Ricardo Diogo	50-54	Triatlo de Faro	00:11:42	00:01:14	00:33:58	00:00:19	00:22:06	01:09:19	00:16:40
110	104185	1540	Francisco Magro	CAD	Aminata Triatlo	00:11:30	00:01:06	00:33:57	00:00:08	00:22:41	01:09:22	00:16:43
111	105119	2241	João Pedro Cruz	JUN	Aminata Triatlo	00:13:28	00:00:59	00:32:34	00:00:10	00:22:11	01:09:22	00:16:43
112	103172	5033	Hugo Sousa	45-49	Outsystems Olímpico de Oeiras	00:14:06	00:00:59	00:33:24	00:00:52	00:20:01	01:09:22	00:16:43
113	106982	5759	Fabiano Vaz	40-44	Vasco da Gama Atlético Clube Sines	00:12:47	00:01:47	00:32:36	00:00:49	00:21:24	01:09:23	00:16:44
114	100560	5756	Fernando Pita	40-44	Triatlo de Faro	00:12:44	00:01:01	00:32:43	00:00:22	00:22:38	01:09:28	00:16:49
115	101521	3159	André Jesus	35-39	Clube Oriental de Lisboa	00:14:52	00:01:08	00:32:18	00:00:28	00:20:43	01:09:29	00:16:50
116	108328	3366	Stefano Silvestre	30-34	Fc Ferreira	00:12:56	00:01:41	00:32:21	00:00:44	00:21:59	01:09:41	00:17:02
117	100304	4692	João Diogo Cruz	45-49	Estoril Praia Credibom	00:11:51	00:01:03	00:33:57	00:00:36	00:22:18	01:09:45	00:17:06
118	102236	3843	Sandro Rodrigues	35-39	Triatlo de Faro	00:13:34	00:01:02	00:32:24	00:00:40	00:22:20	01:10:00	00:17:21
119	101970	4040	António Raposo	60-64	O2 Triatlo - S´look	00:12:16	00:01:00	00:33:24	00:00:27	00:23:07	01:10:14	00:17:35
120	104781	4788	Pedro Nunes	45-49	Outsystems Olímpico de Oeiras	00:11:55	00:01:02	00:34:12	00:00:53	00:22:56	01:10:58	00:18:19
121	107657	5546	Alexandre Paiva Nunes	45-49	Individual	00:14:26	00:01:26	00:34:42	00:00:40	00:19:51	01:11:05	00:18:26
122	106593	4009	Paulo Santos	45-49	Mirachoro Hotels/CCP/Churrasqueira do Vau	00:14:19	00:01:45	00:32:14	00:00:35	00:22:42	01:11:35	00:18:56
123	108353	5793	Rui Duarte	45-49	Triatlo de Faro	00:11:53	00:02:08	00:36:32	00:00:38	00:20:41	01:11:52	00:19:13
124	108284	3335	Nuno Silva	25-29	AmoraSub/Associação Naval Amorense	00:12:08	00:01:49	00:34:40	00:01:06	00:22:16	01:11:59	00:19:20
125	104061	4241	Andre Lima Cabrita	45-49	Triatlo de Faro	00:13:16	00:01:24	00:34:12	00:00:30	00:22:48	01:12:10	00:19:31
126	103562	4141	Hélder Quintino	45-49	Fc Ferreira	00:14:05	00:01:43	00:35:21	00:00:19	00:20:46	01:12:14	00:19:35
127	106491	5161	Luis Vidinha	50-54	CNAL - Triatlo	00:13:45	00:01:42	00:35:39	00:00:32	00:20:38	01:12:16	00:19:37

Classificação Absoluta - Masculinos

#	Lic.	Dors.	Nome	Esc.	Equipa	Natação	T1	Ciclismo	T2	Corrida	T.Total	Diff.
128	103556	2829	Jorge Sousa	35-39	Vela de Tavira	00:12:10	00:01:15	00:34:30	00:00:43	00:24:10	01:12:48	00:20:09
129	103321	4860	Renato Araújo	50-54	AmoraSub/Associação Naval Amorense	00:14:21	00:01:18	00:34:44	00:00:28	00:22:04	01:12:55	00:20:16
130	106479	5106	Jorge Dinis	50-54	AmoraSub/Associação Naval Amorense	00:13:32	00:01:45	00:35:08	00:00:23	00:22:08	01:12:56	00:20:17
131	103291	5005	Luís Caetano	40-44	Louletano	00:13:50	00:01:19	00:35:05	00:00:34	00:22:14	01:13:02	00:20:23
132	103132	5265	Rodrigo Pais de Almeida	40-44	Outsystems Olímpico de Oeiras	00:14:20	00:01:44	00:34:17	00:00:46	00:22:36	01:13:43	00:21:04
133	105977	2289	Rui Marques	JUN	Clube de Triatlo do Fundão	00:13:09	00:01:22	00:36:09	00:00:17	00:22:57	01:13:54	00:21:15
134	104852	4261	Paulo Faria	40-44	Outsystems Olímpico de Oeiras	00:13:26	00:01:46	00:36:52	00:00:33	00:21:22	01:13:59	00:21:20
135	108352	5792	Luis Guerreiro	40-44	Triatlo de Faro	00:13:58	00:01:37	00:34:07	00:00:42	00:23:42	01:14:06	00:21:27
136	103674	4109	Miguel Silva	45-49	AmoraSub/Associação Naval Amorense	00:14:49	00:01:25	00:34:17	00:00:35	00:23:03	01:14:09	00:21:30
137	103306	4852	Francisco Sanches Osório	55-59	Estoril Praia Credibom	00:13:36	00:01:46	00:35:33	00:00:37	00:22:37	01:14:09	00:21:30
138	100274	4408	Vitor Cabrita	55-59	Outsystems Olímpico de Oeiras	00:13:52	00:02:14	00:35:53	00:01:00	00:21:13	01:14:12	00:21:33
139	101648	2628	André Garrido	25-29	Aminata Triatlo	00:11:56	00:01:09	00:36:45	00:00:13	00:24:14	01:14:17	00:21:38
140	105691	5275	Hugo Viegas	40-44	Lusitano / Frusoal	00:14:38	00:01:27	00:36:22	00:00:34	00:21:26	01:14:27	00:21:48
141	108035	3153	Sergio Vicente	35-39	AmoraSub/Associação Naval Amorense	00:14:40	00:01:29	00:35:55	00:00:41	00:21:50	01:14:35	00:21:56
142	106917	8071	Lucas Peixoto	25-29	REPSOL TRIATLO	00:13:32	00:03:55	00:36:32	00:00:38	00:20:14	01:14:51	00:22:12
143	106906	4962	Hugo Braz	45-49	Individual	00:13:05	00:01:57	00:36:15	00:00:51	00:23:07	01:15:15	00:22:36
144	105229	5142	Luis Faustino	50-54	Lusitano / Frusoal	00:14:51	00:01:36	00:35:31	00:00:43	00:22:43	01:15:24	00:22:45
145	104714	5262	Luís Massapina	40-44	Fc Ferreiras	00:16:24	00:01:18	00:38:07	00:00:12	00:19:47	01:15:48	00:23:09
146	101534	4190	António Catarino	55-59	Clube de Triatlo do Fundão	00:14:36	00:01:44	00:34:03	00:00:30	00:25:08	01:16:01	00:23:22
147	107625	2948	Marco Cunha	35-39	AmoraSub/Associação Naval Amorense	00:16:06	00:01:28	00:38:08	00:00:31	00:19:51	01:16:04	00:23:25
148	107414	5208	Miguel Barnabé	55-59	Fc Ferreiras	00:15:08	00:01:44	00:36:12	00:01:02	00:22:27	01:16:33	00:23:54
149	107550	5366	Lucas Sanabio	40-44	Estoril Praia Credibom	00:13:45	00:01:53	00:35:05	00:00:40	00:26:09	01:17:32	00:24:53
150	101541	4432	João Matos	50-54	Clube de Triatlo do Fundão	00:13:30	00:01:35	00:36:01	00:00:29	00:26:35	01:18:10	00:25:31
151	104914	5027	Pedro Costa Pereira	55-59	Estoril Praia Credibom	00:13:29	00:01:52	00:36:47	00:00:41	00:25:28	01:18:17	00:25:38
152	101522	4629	António Jorge Martinho	55-59	Clube Oriental de Lisboa	00:12:29	00:01:47	00:39:49	00:00:39	00:23:39	01:18:23	00:25:44
153	106986	5122	Nuno Almeida	55-59	Individual	00:15:34	00:01:32	00:38:30	00:00:44	00:22:28	01:18:48	00:26:09
154	102325	4832	Hugo Ferraz	45-49	Mirachoro Hotels/CCP/Churrasqueira do Vau	00:16:04	00:01:13	00:37:12	00:00:28	00:24:10	01:19:07	00:26:28
155	108070	3178	Guilherme Marta	35-39	Individual	00:14:15	00:02:47	00:39:53	00:00:27	00:22:00	01:19:22	00:26:43
156	107877	3076	Hugo Fragoso	30-34	AmoraSub/Associação Naval Amorense	00:15:11	00:01:45	00:38:47	00:00:31	00:23:27	01:19:41	00:27:02
157	101103	4026	Rui Medina	50-54	Bike Clube S. Brás	00:17:19	00:02:01	00:37:50	00:01:00	00:21:34	01:19:44	00:27:05
158	107806	1537	João Palma	CAD	Lusitano / Frusoal	00:12:50	00:01:09	00:36:33	00:00:12	00:29:05	01:19:49	00:27:10
159	107166	4501	Paulo Moutinho	50-54	Clube Oriental de Lisboa	00:11:40	00:03:53	00:39:33	00:00:43	00:24:01	01:19:50	00:27:11
160	106963	5084	José Pina	40-44	Louletano	00:17:08	00:02:23	00:39:06	00:00:29	00:21:03	01:20:09	00:27:30

Classificação Absoluta - Masculinos

#	Lic.	Dors.	Nome	Esc.	Equipa	Natação	T1	Ciclismo	T2	Corrida	T.Total	Diff.
161	107402	2889	David Gomes	25-29	Clube dos Galitos	00:16:02	00:02:29	00:38:40	00:01:19	00:21:43	01:20:13	00:27:34
162	108110	3228	Pedro Miguel Maurício	30-34	Clube de Triatlo do Fundão	00:14:46	00:02:33	00:38:04	00:00:38	00:24:14	01:20:15	00:27:36
163	105571	5219	Rui Velez	55-59	Clube Oriental de Lisboa	00:12:59	00:02:28	00:38:42	00:00:37	00:25:45	01:20:31	00:27:52
164	108015	5656	Artur Alves	45-49	GRCD Leião Triatlo	00:15:45	00:03:59	00:39:10	00:01:03	00:21:22	01:21:19	00:28:40
165	102999	5688	Edgar Sousa	40-44	Clube Oriental de Lisboa	00:17:29	-	-	00:00:29	00:22:42	01:21:31	00:28:52
166	106551	1532	Pedro Brito	CAD	Lusitano / Frusoal	00:13:43	00:00:57	00:40:47	00:00:13	00:26:04	01:21:44	00:29:05
167	103593	4192	Carlos Valente	60-64	Lusitano / Frusoal	00:16:27	00:01:52	00:38:56	00:00:56	00:23:39	01:21:50	00:29:11
168	108319	5782	Josue Rosa	45-49	Individual	00:14:47	00:02:07	00:41:21	00:01:08	00:22:41	01:22:04	00:29:25
169	100646	4616	Carlos Borda d'Água	45-49	Alhandra Sporting Club	00:16:12	00:01:45	00:39:20	00:00:38	00:24:40	01:22:35	00:29:56
170	108334	5791	Pedro Figueiredo	45-49	Aminata Triatlo	00:15:35	00:01:39	00:39:27	00:00:25	00:25:42	01:22:48	00:30:09
171	107613	2943	Nuno Arraiano	30-34	Aminata Triatlo	00:15:39	00:02:06	00:42:14	00:00:36	00:22:52	01:23:27	00:30:48
172	100581	4042	João Rita	60-64	Bike Clube S. Brás	00:16:16	00:02:50	00:38:20	00:01:10	00:25:30	01:24:06	00:31:27
173	108047	5681	Marco Rocha	45-49	Outsystems Olímpico de Oeiras	00:18:22	00:03:04	00:39:36	00:00:51	00:22:31	01:24:24	00:31:45
174	108210	5757	Rui Silvestre	45-49	Triatlo de Faro	00:18:07	00:02:03	00:35:56	00:01:14	00:27:27	01:24:47	00:32:08
175	101529	4346	Jorge Carreiras	55-59	Clube Oriental de Lisboa	00:16:52	00:01:57	00:39:41	00:01:00	00:25:24	01:24:54	00:32:15
176	105430	5412	Jorge Rosa	55-59	SFRAA TRIATLO	00:13:44	00:01:56	00:40:00	00:01:11	00:28:20	01:25:11	00:32:32
177	106602	4393	Paulo Lopes	50-54	SFRAA TRIATLO	00:15:40	00:01:46	00:40:53	00:00:54	00:25:58	01:25:11	00:32:32
178	107403	2225	Pedro Leão	JUN	Associação Beat Your Limit!	00:12:38	00:02:29	00:36:06	00:09:52	00:25:04	01:26:09	00:33:30
179	107640	8087	Fábio Bota	40-44	Triatlo de Faro	00:12:33	00:01:53	00:44:00	00:00:59	00:28:23	01:27:48	00:35:09
180	108267	5769	José Gonçalves	50-54	Individual	00:15:48	00:03:37	00:20:49	00:23:54	00:24:08	01:28:16	00:35:37
181	107339	5007	Tiago Ramos	45-49	Outsystems Olímpico de Oeiras	00:17:59	00:04:02	00:43:10	00:00:21	00:22:50	01:28:22	00:35:43
182	108061	5686	Miguel Nunes	50-54	Individual	00:20:39	00:03:20	00:40:07	00:01:44	00:23:34	01:29:24	00:36:45
183	107528	5298	Miguel Cardoso Pinto	45-49	Outsystems Olímpico de Oeiras	00:15:57	00:02:29	00:42:22	00:01:00	00:28:37	01:30:25	00:37:46
184	107814	5591	Pedro Soutelinho Correia Ribeiro	55-59	Outsystems Olímpico de Oeiras	00:16:18	00:01:53	00:42:36	00:00:34	00:29:49	01:31:10	00:38:31
185	103879	3776	Sergio Maquinista	35-39	REPSOL TRIATLO	00:20:53	00:01:40	00:41:38	00:00:54	00:26:41	01:31:46	00:39:07
186	106319	8093	Luis Cabral e Silva	50-54	Fc Ferreiras	00:14:23	00:03:09	00:46:41	00:00:54	00:27:33	01:32:40	00:40:01
187	107164	8090	José Gerardo	60-64	CNAL - Triatlo	00:26:05	00:03:27	00:40:57	00:00:53	00:22:20	01:33:42	00:41:03
188	102933	4498	João Galhordas	50-54	Individual	00:14:13	00:02:25	00:40:09	00:11:07	00:27:08	01:35:02	00:42:23
189	101674	4175	Joaquim Rosado	50-54	Kainágua	00:17:45	00:02:00	00:46:57	00:00:33	00:28:07	01:35:22	00:42:43
190	106123	5391	Daniel Leão	40-44	Alhandra Sporting Club	00:18:39	00:02:20	00:44:19	00:01:30	00:37:49	01:44:37	00:51:58
DSQ	102718	3115	Rafael Batista	35-39	Louletano	00:10:15	-	-	-	-	DSQ	
DNF	100831	3250	Miguel Almeida	25-29	Individual	00:10:31	00:00:46	00:31:45	00:00:13	-	DNF	
DNF	100479	1506	Rafael Santos	CAD	SFRAA TRIATLO	00:10:48	-	-	-	-	DNF	

Classificação Absoluta - Masculinos

#	Lic.	Dors.	Nome	Esc.	Equipa	Natação	T1	Ciclismo	T2	Corrida	T.Total	Diff.
DNF	104099	1902	Manel Bartolomeu	CAD	Clube de Natação de Torres Novas	00:09:01	-	-	-	-	DNF	
DNF	105108	1898	João Gonçalves	CAD	TRIATLO - Santo André Sport Club	-	-	-	-	-	DNF	
DNF	105315	5170	Hugo Gaudêncio	45-49	REPSOL TRIATLO	-	-	-	-	-	DNF	
DNS	108043	5676	Gonçalo Almeida	40-44	Alhandra Sporting Club	-	-	-	-	-	DNS	
DNS	103108	2840	Hugo Figueiredo	20-24	Sporting Clube de Portugal	-	-	-	-	-	DNS	
DNS	105927	3893	Gabriel Garrido	20-24	Triatlo de Faro	-	-	-	-	-	DNS	
DNS	100578	4703	Henrique Matias	45-49	CNATRIL Triatlo	-	-	-	-	-	DNS	
DNS	106439	3200	Luiz Felipe Monteiro	35-39	Individual	-	-	-	-	-	DNS	
DNS	106221	5462	Miguel San-Payo	60-64	Individual	-	-	-	-	-	DNS	
DNS	107866	5606	Bernardo Pessoa	40-44	Louletano	-	-	-	-	-	DNS	
DNS	101409	4426	José Alberto Marcos	55-59	Louletano	-	-	-	-	-	DNS	
DNS	107979	3105	Manuel Casado	20-24	Louletano	-	-	-	-	-	DNS	
DNS	104429	3994	Roberto Elvira	35-39	Lusitano / Frusoal	-	-	-	-	-	DNS	
DNS	105380	5190	Bruno Pereira	45-49	Outsystems Olímpico de Oeiras	-	-	-	-	-	DNS	
DNS	100591	4429	Pedro Silva Santos	45-49	Outsystems Olímpico de Oeiras	-	-	-	-	-	DNS	
DNS	100849	1865	Tomás Sousa	CAD	Outsystems Olímpico de Oeiras	-	-	-	-	-	DNS	