

Local da Prova: **Vila Nova Cerveira**

Data: **13.03.2022**

Hora da Partida: **10:03:05**

Distancias: Corrida - 5000

Ciclismo - 19000

Corrida - 2500

Classificações Escalões Masculinos

#	Lic.	Dors.	Nome	Gen	Esc.	Equipa	T.Total	Diff.
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Cadetes

1	101609	1835	João Nuno Batista	M	CAD	Clube de Natação de Torres Novas	00:54:55	-
2	102296	1930	tiago miguel casinha	M	CAD	CNCVG	01:02:04	00:07:09
3	105812	1886	Rui Pinheiro	M	CAD	Associação Académica de São Mamede	01:03:54	00:08:59

Juniores

1	100380	2252	Gustavo do Canto	M	JUN	Clube de Natação de Torres Novas	00:55:42	-
2	107708	2244	Tomás Teixeira	M	JUN	CNCVG	00:57:38	00:01:56
3	107251	2211	Bernardo Magina	M	JUN	Clube de Futebol Os Belenenses	00:58:30	00:02:48
4	105354	2278	Pedro Carvalho	M	JUN	Sport Lisboa e Benfica	01:00:28	00:04:46
5	106306	2283	Atila Ambrus	M	JUN	G.D.GOMA	01:01:58	00:06:16
6	100422	2247	David Oliveira	M	JUN	AMICICLO GRÂNDOLA	01:04:10	00:08:28
7	106065	2270	Gonçalo Costa	M	JUN	Paredes Aventura	01:15:36	00:19:54

20-24

1	102465	2619	António Barata	M	20-24	Sport Lisboa e Benfica	00:55:19	-
2	100354	2813	Afonso do Canto	M	20-24	Clube de Natação de Torres Novas	00:56:09	00:00:50
3	107321	2866	Luis Moleiro	M	20-24	Clube de Natação de Torres Novas	00:56:10	00:00:51
4	107989	3114	Vasco Silva	M	20-24	Sporting Clube de Espinho - FERSILVA	00:59:11	00:03:52
5	104132	3308	Gonçalo Mendes	M	20-24	CNATRIL Triatlo	01:00:17	00:04:58
6	107670	2968	Gonçalo Oliveira	M	20-24	Pedalarte	01:14:10	00:18:51
7	105548	2673	Gonçalo Brito	M	20-24	Sporting Clube de Espinho - FERSILVA	01:16:15	00:20:56

25-29

1	101511	3970	Renato Teixeira	M	25-29	G.D.GOMA	00:56:24	-
2	104855	3720	Tiago Lopes	M	25-29	Outsystems Olímpico de Oeiras	00:57:59	00:01:35
3	107313	2864	Álvaro Ferreira	M	25-29	Mc Donald's/Tribraga	00:59:09	00:02:45
4	107390	2884	Firmino Miguel	M	25-29	Clube Zupper	01:00:30	00:04:06
5	100529	3880	João Campos Cunha	M	25-29	Mc Donald's/Tribraga	01:02:46	00:06:22
6	108238	3315	Cristiano Oliveira	M	25-29	A. R. Casaense	01:03:32	00:07:08
7	108430	3502	Rúben Neves	M	25-29	DAR-Recardães EXPansion	01:07:34	00:11:10
8	107623	2946	Rui Pinto	M	25-29	Pedalarte	01:08:03	00:11:39
9	108395	3447	Moreira	M	25-29	Velo Clube de Bragança - Reconco	01:13:32	00:17:08

30-34

1	100775	3269	Miguel Arraiolos	M	30-34	Sport Lisboa e Benfica	00:55:52	-
2	104735	3379	Bruno Santos	M	30-34	CNCVG	00:57:54	00:02:02
3	103974	3858	João Rodrigues	M	30-34	A. R. Casaense	00:59:20	00:03:28

Classificações Escalões Masculinos

#	Lic.	Dors.	Nome	Gen	Esc.	Equipa	T.Total	Diff.
4	105319	3541	Pedro Castro	M	30-34	Mc Donald's/Tribraga	01:00:22	00:04:30
5	104745	3399	Carlos Matias	M	30-34	Clube de Futebol Os Belenenses	01:02:00	00:06:08
6	103378	3284	Filipe Carneiro	M	30-34	Individual	01:03:05	00:07:13
7	108158	3247	Miguel Marinho	M	30-34	Clube Zupper	01:03:17	00:07:25
8	105470	3616	Ricardo Silva	M	30-34	Pedalarte	01:06:07	00:10:15
9	105685	3727	Luis Lobo	M	30-34	G.D.GOMA	01:07:39	00:11:47
10	104686	3283	Gonçalo Fernandes	M	30-34	Pedalarte	01:08:33	00:12:41
11	104986	3060	Paulo Silva	M	30-34	Individual	01:08:44	00:12:52
12	107219	2821	Marco Caetano	M	30-34	Associação Académica de São Mamede	01:10:07	00:14:15
13	106648	3955	Rui Figueiredo	M	30-34	DAR-Recardães EXPansion	01:10:13	00:14:21
14	107986	3112	Iuri Martins	M	30-34	Sporting Clube de Espinho - FERSILVA	01:11:40	00:15:48
15	108360	3394	Miguel Gonçalves	M	30-34	Associação Académica de São Mamede	01:16:51	00:20:59
16	108085	3201	Joao Sottomayor	M	30-34	Associação Beat Your Limit!	01:18:01	00:22:09

35-39

1	101861	3344	Nuno Carvalho	M	35-39	Outsystems Olímpico de Oeiras	00:58:48	-
2	105857	3000	João Sousa	M	35-39	Sporting Clube de Espinho - FERSILVA	00:58:50	00:00:02
3	104362	3964	Duarte Pais	M	35-39	MARRETAS DO NORTE	00:58:54	00:00:06
4	101990	3474	Ricardo Miranda	M	35-39	Pedalarte	01:00:52	00:02:04
5	105505	3625	Márcio Vieira	M	35-39	Pedalarte	01:01:35	00:02:47
6	107126	2788	José Cardinho	M	35-39	Clube de Futebol Os Belenenses	01:04:33	00:05:45
7	105328	3549	Paulo Carvalho	M	35-39	MARRETAS DO NORTE	01:05:35	00:06:47
8	107276	2845	Márcio Carvalho	M	35-39	Clube Zupper	01:05:56	00:07:08
9	106793	2702	André Lucas	M	35-39	DAR-Recardães EXPansion	01:08:22	00:09:34
10	107155	2798	Renato Velhuco	M	35-39	Clube de Triatlo de Viseu	01:08:35	00:09:47
11	101518	3020	Rui Barbosa	M	35-39	G.D.GOMA	01:09:07	00:10:19
12	108327	3358	Tiago Ribeiro	M	35-39	GDCR - Grupo Desportivo e Cultural de Recardães	01:10:13	00:11:25
13	106692	3068	Pedro Gonçalves	M	35-39	Clube Fluvial Vilacondense	01:19:14	00:20:26

40-44

1	102323	4197	Hugo Pina	M	40-44	CNCVG	00:57:19	-
2	104234	5664	Manuel Anselmo	M	40-44	MARRETAS DO NORTE	00:58:36	00:01:17
3	104052	4315	Adelino Soutinho	M	40-44	G.D.GOMA	00:58:57	00:01:38
4	108423	5814	Giovanni Díaz	M	40-44	DAR-Recardães EXPansion	00:58:58	00:01:39
5	104582	5723	Hugo Silva	M	40-44	G.D.GOMA	01:00:11	00:02:52
6	101998	5189	V BARBOSA	M	40-44	Pedalarte	01:01:38	00:04:19
7	106790	4780	Davide Silva	M	40-44	DAR-Recardães EXPansion	01:02:04	00:04:45
8	106045	4446	Miguel Ferreira	M	40-44	Clube Fluvial Vilacondense	01:02:23	00:05:04
9	102655	4799	João Ramos	M	40-44	Clube Zupper	01:02:34	00:05:15
10	105620	4918	Pedro Vieira	M	40-44	MARRETAS DO NORTE	01:02:38	00:05:19
11	105926	5571	David Felizardo	M	40-44	GDCR - Grupo Desportivo e Cultural de Recardães	01:02:43	00:05:24
12	108306	5775	Xavier Ferreira	M	40-44	Individual	01:04:56	00:07:37
13	101985	5732	Nuno Ribeiro	M	40-44	Clube Zupper	01:06:39	00:09:20

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#	Lic.	Dors.	Nome	Gen	Esc.	Equipa	T.Total	Diff.
14	107365	5052	Domingos Vieira	M	40-44	Pedalarte	01:06:43	00:09:24
15	106383	4440	Rui Melo	M	40-44	Mc Donald's/Tribraga	01:07:58	00:10:39
16	105282	5631	Sérgio Mota	M	40-44	Sporting Clube de Espinho - FERSILVA	01:08:00	00:10:41
17	105597	4240	Márcio Miguel Silva	M	40-44	Clube Fluvial Vilacondense	01:08:25	00:11:06
18	108247	5763	Marco Pires	M	40-44	Velo Clube de Bragança - Reconco	01:09:31	00:12:12
19	108316	5779	Helder Fernandes	M	40-44	Velo Clube de Bragança - Reconco	01:09:32	00:12:13
20	103852	4863	Nuno Pinho	M	40-44	Paredes Aventura	01:10:45	00:13:26
21	104007	5030	Hugo Guerra	M	40-44	Clube Zupper	01:11:51	00:14:32
22	108022	5662	Bruno Araújo	M	40-44	Mc Donald's/Tribraga	01:13:24	00:16:05
23	107772	5578	Ricardo Moreira	M	40-44	Associação Beat Your Limit!	01:14:15	00:16:56
24	105488	8055	Ricardo Velhuco	M	40-44	Clube de Triatlo de Viseu	01:15:34	00:18:15
25	104081	5371	Pedro Rodrigues	M	40-44	Clube Zupper	01:15:46	00:18:27
26	105489	5425	João Fernando	M	40-44	Sporting Clube de Espinho - FERSILVA	01:18:05	00:20:46
27	107356	5026	Filipe Monteiro	M	40-44	Associação Beat Your Limit!	01:21:19	00:24:00
28	107287	4810	Pedro Braga	M	40-44	Associação Académica de São Mamede	01:27:23	00:30:04

45-49

1	104663	5513	Luis Mira Nunes	M	45-49	CNATRIL Triatlo	00:58:46	-
2	104758	4626	Rui Gomes	M	45-49	Sporting Clube de Espinho - FERSILVA	01:00:21	00:01:35
3	106578	4188	Vítor Teixeira	M	45-49	Mc Donald's/Tribraga	01:00:31	00:01:45
4	104475	4091	Rui Pinheiro	M	45-49	CDE Santana/Hugo Pita Portas & Automatismos	01:00:34	00:01:48
5	103792	5015	Carlos Inocêncio	M	45-49	Associação Académica de São Mamede	01:02:09	00:03:23
6	101509	4627	João Ferreira	M	45-49	Mc Donald's/Tribraga	01:02:18	00:03:32
7	103539	4118	Rui Silva	M	45-49	Sporting Clube de Espinho - FERSILVA	01:02:37	00:03:51
8	104150	4338	António Xavier Pinto	M	45-49	Clube Fluvial Vilacondense	01:03:10	00:04:24
9	106798	4797	Américo Lima	M	45-49	Mc Donald's/Tribraga	01:03:56	00:05:10
10	104809	4889	Pedro Teixeira	M	45-49	Clube Zupper	01:04:10	00:05:24
11	104655	4583	Nuno Sousa	M	45-49	MARRETAS DO NORTE	01:04:10	00:05:24
12	100417	4774	Aníbal Oliveira	M	45-49	AMICICLO GRÂNDOLA	01:04:26	00:05:40
13	107197	4556	Nuno Sousa	M	45-49	Individual	01:06:50	00:08:04
14	105344	5185	Manuel Moutinho	M	45-49	Mc Donald's/Tribraga	01:07:19	00:08:33
15	100578	4703	Henrique Matias	M	45-49	CNATRIL Triatlo	01:08:47	00:10:01
16	106480	5107	Célio Pereira	M	45-49	Veteranos do Porto	01:12:48	00:14:02
17	108265	5765	Pedro Matela	M	45-49	Velo Clube de Bragança - Reconco	01:14:00	00:15:14
18	103858	4683	Luis Vasques	M	45-49	Sporting Clube de Espinho - FERSILVA	01:15:03	00:16:17
19	105743	5287	Abílio João Malheiro	M	45-49	Clube Fluvial Vilacondense	01:17:15	00:18:29
20	107013	5500	Paulo Martins Ferreira	M	45-49	Associação Académica de São Mamede	01:17:52	00:19:06
21	106159	5438	Paulo Martins	M	45-49	Clube Fluvial Vilacondense	01:19:41	00:20:55
22	101453	4370	Ulisses Lopes	M	45-49	Clube Fluvial Vilacondense	01:31:09	00:32:23
23	106465	4801	João Serdoura	M	45-49	Mc Donald's/Tribraga	01:31:34	00:32:48

50-54

1	100824	4515	Luis Almeida	M	50-54	Outsystems Olímpico de Oeiras	00:58:44	-
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Classificações Escalões Masculinos

#	Lic.	Dors.	Nome	Gen	Esc.	Equipa	T.Total	Diff.
2	105880	5345	Samuel Aguiar	M	50-54	Try Portugal / V. Janes	01:01:15	00:02:31
3	104545	4205	Mauro Azevedo	M	50-54	A. R. Casaense	01:05:32	00:06:48
4	105177	5125	Luis Abreu	M	50-54	Associação Académica de São Mamede	01:06:40	00:07:56
5	102251	4508	Vasco Borges	M	50-54	A. R. Casaense	01:10:27	00:11:43
6	101046	4016	Miguel Vieira	M	50-54	Associação Académica de São Mamede	01:14:42	00:15:58

55-59

1	106674	4529	Vitor Costa	M	55-59	Mc Donald´s/Tribraga	01:10:42	-
2	104640	4457	Joaquim Barbosa	M	55-59	Clube Fluvial Vilacondense	01:12:32	00:01:50
3	101039	4330	José Silva	M	55-59	Associação Académica de São Mamede	01:15:35	00:04:53
4	104593	4305	José Carlos Ramalho	M	55-59	Individual	01:16:27	00:05:45
5	107371	5095	José Miguel Pinto	M	55-59	Individual	01:23:20	00:12:38

60-64

1	101448	4018	Mário Magalhães	M	60-64	Clube Fluvial Vilacondense	01:25:17	-
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70-74

1	100453	4478	Fernando Pombo	M	70-74	Outsystems Olímpico de Oeiras	01:15:36	-
2	104047	4207	Victor Campos	M	70-74	DAR-Recardães EXPansion	01:40:44	00:25:08

75-79