

Local da Prova: **Arronches**

Data: **05/03/2022**

Hora da Partida: **15:00:00**

Distancias: Corrida - 5150

Ciclismo - 20250

Corrida - 2500

Classificação Absoluta - Masculinos

#	Lic.	Dors.	Nome	Esc.	Equipa	Corrida	T1	Ciclismo	T2	Corrida	T.Total	Diff.
1	100813	3873	João Francisco Ferreira	25-29	Clube de Natação de Torres Novas	00:16:14	00:00:28	00:30:30	00:00:41	00:07:11	00:55:04	00:00:00
2	101318	3786	João Mansos	25-29	Sporting Clube de Portugal	00:16:13	00:00:29	00:30:39	-	-	00:55:15	00:00:11
3	101609	1835	João Nuno Batista	CAD	Clube de Natação de Torres Novas	00:15:47	00:00:27	00:31:24	00:00:45	00:07:02	00:55:25	00:00:21
4	100775	3269	Miguel Arraiolos	30-34	Sport Lisboa e Benfica	00:15:47	00:00:26	00:31:00	00:00:42	00:07:52	00:55:47	00:00:43
5	100104	3769	Alexandre Nobre	25-29	Sport Lisboa e Benfica	00:16:02	00:00:30	00:32:04	-	-	00:56:21	00:01:17
6	102465	2619	António Barata	20-24	Sport Lisboa e Benfica	00:16:07	00:00:27	00:32:02	-	-	00:56:31	00:01:27
7	100675	516	João Bernardo Queirós	20-24	Outsystems Olímpico de Oeiras	00:16:03	00:00:32	00:32:04	00:00:52	00:07:11	00:56:42	00:01:38
8	107321	2866	Luis Moleiro	20-24	Clube de Natação de Torres Novas	00:16:35	00:00:34	00:31:26	00:00:54	00:07:20	00:56:49	00:01:45
9	106218	2462	Christian Dias	JUN	Individual	00:16:16	00:00:28	00:31:53	00:00:50	00:07:32	00:56:59	00:01:55
10	103961	3841	João Bragadeste	35-39	Outsystems Olímpico de Oeiras	00:16:11	00:00:35	00:32:59	00:00:47	00:07:02	00:57:34	00:02:30
11	103658	4290	Nelson Gomes	40-44	G.D.GOMA	00:16:40	00:00:30	00:32:37	00:00:45	00:07:06	00:57:38	00:02:34
12	103815	2287	Afonso Lopes	JUN	Outsystems Olímpico de Oeiras	00:16:47	00:00:27	00:32:30	00:00:45	00:07:14	00:57:43	00:02:39
13	105354	2278	Pedro Carvalho	JUN	Sport Lisboa e Benfica	00:17:04	00:00:39	00:32:05	00:00:43	00:07:17	00:57:48	00:02:44
14	100859	510	Francisco Luís	20-24	CNF	00:16:55	00:00:29	00:32:20	00:00:42	00:07:25	00:57:51	00:02:47
15	103128	4222	David Coelho	40-44	SFRAA TRIATLO	00:17:09	00:00:32	00:32:05	00:00:45	00:07:21	00:57:52	00:02:48
16	105758	2203	Diogo Tomé	JUN	Sport Lisboa e Benfica	00:17:08	00:00:32	00:32:03	00:00:42	00:07:31	00:57:56	00:02:52
17	100436	3412	Rui Dolores	35-39	AMICICLO GRÂNDOLA	00:17:10	00:00:31	00:32:04	00:00:45	00:07:27	00:57:57	00:02:53
18	100598	2584	André Duarte	25-29	Clube de Natação de Torres Novas	00:17:09	00:00:34	00:32:03	00:00:48	00:07:28	00:58:02	00:02:58
19	104735	3379	Bruno Santos	30-34	CNCVG	00:16:14	00:00:32	00:32:59	00:00:50	00:07:32	00:58:07	00:03:03
20	102921	1911	Rodrigo Pissarra	CAD	Alhandra Sporting Club	00:17:08	00:00:30	00:32:09	00:00:48	00:07:34	00:58:09	00:03:05
21	100629	2827	Afonso Nunes	20-24	Alhandra Sporting Club	00:17:11	00:00:32	00:32:03	00:00:48	00:07:37	00:58:11	00:03:07
22	101010	3704	Nuno Rodrigues	35-39	CNCVG	00:17:10	00:00:29	00:32:09	00:00:43	00:07:40	00:58:11	00:03:07
23	103353	3230	João Jesus	30-34	AMICICLO GRÂNDOLA	00:17:10	00:00:32	00:32:07	00:00:52	00:07:38	00:58:19	00:03:15
24	102323	4197	Hugo Pina	40-44	CNCVG	00:17:11	00:00:35	00:32:04	00:00:49	00:07:52	00:58:31	00:03:27
25	105458	1521	Pedro Vitorino	CAD	Alhandra Sporting Club	00:17:48	00:00:33	00:32:09	-	-	00:58:38	00:03:34
26	102382	2284	José Tadeia	JUN	Alhandra Sporting Club	00:17:48	00:00:34	00:32:04	00:00:49	00:07:31	00:58:46	00:03:42
27	100922	1990	Bernardo Figueiroa Teixeira	CAD	CF Andorinha/AQUIMADEIRA-Solutions	00:17:12	00:00:34	00:32:44	00:00:49	00:07:31	00:58:50	00:03:46
28	106579	2463	Tiago Serrano	JUN	CF Andorinha/AQUIMADEIRA-Solutions	00:17:11	00:00:34	00:32:47	00:00:49	00:07:29	00:58:50	00:03:46

Classificação Absoluta - Masculinos

#	Lic.	Dors.	Nome	Esc.	Equipa	Corrida	T1	Ciclismo	T2	Corrida	T.Total	Diff.
29	104541	3657	David Preciado	25-29	SFRAA TRIATLO	00:17:09	00:00:32	00:32:46	00:00:44	00:07:39	00:58:50	00:03:46
30	104855	3720	Tiago Lopes	25-29	Outsystems Olímpico de Oeiras	00:17:23	00:00:36	00:32:34	00:00:51	00:07:29	00:58:53	00:03:49
31	105032	1913	Afonso Ferreira	CAD	Sporting Clube de Portugal	00:17:51	00:00:32	00:32:05	-	-	00:58:55	00:03:51
32	103974	3858	João Rodrigues	30-34	A. R. Casaense	00:18:20	00:00:34	00:31:37	00:00:45	00:07:43	00:58:59	00:03:55
33	100354	519	Afonso do Canto	20-24	Clube de Natação de Torres Novas	00:18:30	00:00:32	00:31:21	00:00:43	00:07:54	00:59:00	00:03:56
34	103135	3286	João Fonte-Boa	35-39	Outsystems Olímpico de Oeiras	00:17:45	00:00:35	00:32:07	00:00:48	00:07:46	00:59:01	00:03:57
35	107251	2211	Bernardo Magina	JUN	Clube de Futebol Os Belenenses	00:17:47	00:00:35	00:32:02	00:00:50	00:07:49	00:59:03	00:03:59
36	101289	2222	Miguel Agoas Catarino	JUN	Outsystems Olímpico de Oeiras	00:17:47	00:00:32	00:32:10	00:00:44	00:07:50	00:59:03	00:03:59
37	100426	4402	Joaquim Carlos Lopes	50-54	Boavista FC	00:17:43	00:00:35	00:32:09	00:00:50	00:07:50	00:59:07	00:04:03
38	100655	1849	David Borda d'Água	CAD	Alhandra Sporting Club	00:17:53	00:00:34	00:31:58	00:00:46	00:07:57	00:59:08	00:04:04
39	100425	2523	Hugo Baluga	25-29	AMICICLO GRÂNDOLA	00:18:19	00:00:32	00:31:34	00:00:45	00:08:02	00:59:12	00:04:08
40	103020	3430	Pedro Oliveira	35-39	Vitória Sport Clube Triatlo	00:17:23	00:00:39	00:32:29	00:00:52	00:07:52	00:59:15	00:04:11
41	108107	2261	Marcos Rilo	JUN	Pimpões Triatlo	00:17:48	00:00:33	00:32:04	00:00:47	00:08:10	00:59:22	00:04:18
42	104060	1881	Vasco Nunes	CAD	Alhandra Sporting Club	00:18:05	00:00:36	00:31:47	00:00:51	00:08:08	00:59:27	00:04:23
43	107744	1932	David Abreu	CAD	Sporting Clube de Portugal	00:18:08	00:00:35	00:31:47	00:00:56	00:08:18	00:59:44	00:04:40
44	108078	8084	Pedro Lopes	30-34	AMICICLO GRÂNDOLA	00:17:55	00:00:36	00:31:57	00:00:51	00:08:37	00:59:56	00:04:52
45	100429	2238	Luís Marques	JUN	AMICICLO GRÂNDOLA	00:17:37	00:00:38	00:32:13	00:00:53	00:08:53	01:00:14	00:05:10
46	107631	2949	Simão Albuquerque	25-29	Clube 4 Estilos	00:18:11	00:00:33	00:34:00	00:00:44	00:07:34	01:01:02	00:05:58
47	102637	2262	Diogo Carvalhinho	JUN	Pimpões Triatlo	00:18:41	00:00:37	00:33:21	00:00:50	00:07:54	01:01:23	00:06:19
48	103659	4367	José Peixoto	50-54	G.D.GOMA	00:18:09	00:00:41	00:33:56	00:00:52	00:07:46	01:01:24	00:06:20
49	107708	2244	Tomás Teixeira	JUN	CNCVG	00:17:12	00:00:35	00:34:50	00:01:10	00:07:40	01:01:27	00:06:23
50	104663	5513	Luis Mira Nunes	45-49	CNATRIL Triatlo	00:18:15	00:00:44	00:33:37	00:00:56	00:08:00	01:01:32	00:06:28
51	101850	3028	Carlos Carvalho	30-34	Outsystems Olímpico de Oeiras	00:18:21	00:00:40	00:33:42	00:00:57	00:07:53	01:01:33	00:06:29
52	104745	3399	Carlos Matias	30-34	Clube de Futebol Os Belenenses	00:18:51	00:00:32	00:33:11	00:00:51	00:08:08	01:01:33	00:06:29
53	108108	2263	Salomão Savelenko	JUN	Mirachoro Hotels/CCPortimão/Churrasqueira de Vau	00:18:55	00:00:37	00:33:06	00:00:47	00:08:10	01:01:35	00:06:31
54	107266	1916	Rodrigo Nunes	CAD	Sporting Clube de Portugal	00:18:38	00:00:35	00:33:27	00:00:47	00:08:15	01:01:42	00:06:38
55	101551	515	Roger Manuel Rogeiro Vicente	40-44	GCA Donas - TRIATLO	00:18:21	00:00:35	00:33:44	00:00:52	00:08:11	01:01:43	00:06:39
56	100824	4515	Luis Almeida	50-54	Outsystems Olímpico de Oeiras	00:18:48	00:00:32	00:33:29	00:00:40	00:08:18	01:01:47	00:06:43
57	103316	5663	Gonçalo Martins	40-44	MARRETAS DO NORTE	00:18:54	00:00:39	00:33:12	00:00:53	00:08:11	01:01:49	00:06:45
58	101702	4584	António Ferreira	55-59	Individual	00:18:32	00:00:51	00:33:20	00:00:58	00:08:13	01:01:54	00:06:50
59	103344	4953	Nuno Rocha	45-49	Mirachoro Hotels/CCPortimão/Churrasqueira de Vau	00:18:54	00:00:40	00:33:02	00:00:56	00:08:28	01:02:00	00:06:56
60	108333	5790	Roberto Barata	30-34	GCA Donas - TRIATLO	00:18:53	00:00:44	00:33:14	00:00:49	00:08:20	01:02:00	00:06:56
61	101621	1834	Martim Salvador	CAD	Clube de Natação de Torres Novas	00:18:04	00:00:38	00:33:59	00:00:50	00:08:32	01:02:03	00:06:59

Classificação Absoluta - Masculinos

#	Lic.	Dors.	Nome	Esc.	Equipa	Corrida	T1	Ciclismo	T2	Corrida	T.Total	Diff.
62	104329	3953	Pedro Lomba	35-39	Outsystems Olímpico de Oeiras	00:18:48	00:00:34	00:33:31	00:00:52	00:08:22	01:02:07	00:07:03
63	100842	2630	Rodrigo Amoreira	20-24	GCA Donas - TRIATLO	00:17:58	00:00:41	00:34:05	00:01:00	00:08:25	01:02:09	00:07:05
64	102234	4639	Mario Torrinha	50-54	Vela de Tavira	00:19:18	00:00:44	00:32:56	00:01:01	00:08:13	01:02:12	00:07:08
65	105681	3723	Vasco Damásio	35-39	Outsystems Olímpico de Oeiras	00:19:11	00:00:39	00:33:02	00:00:53	00:08:29	01:02:14	00:07:10
66	107206	2820	Emanuel Diogo	30-34	REPSOL TRIATLO	00:18:18	00:00:48	00:33:54	00:01:21	00:07:57	01:02:18	00:07:14
67	100578	4703	Henrique Matias	45-49	CNATRIL Triatlo	00:19:28	00:00:48	00:32:40	00:00:55	00:08:32	01:02:23	00:07:19
68	100437	4773	Rui Gonçalves	45-49	REPSOL TRIATLO	00:18:17	00:00:54	00:33:35	00:01:51	00:07:47	01:02:24	00:07:20
69	105629	3326	José Nunes	20-24	Alhandra Sporting Club	00:19:19	00:00:41	00:32:51	00:00:56	00:08:41	01:02:28	00:07:24
70	105390	5195	Carlos Rosário	45-49	REPSOL TRIATLO	00:19:27	00:00:47	00:32:46	00:01:03	00:08:28	01:02:31	00:07:27
71	107597	2934	Avelino Santos	30-34	SFRAA TRIATLO	00:19:00	00:00:53	00:32:57	00:01:15	00:08:28	01:02:33	00:07:29
72	103335	1879	David Fernandes	CAD	Clube Triatlo de Abrantes	00:19:43	00:00:33	00:32:32	00:00:52	00:08:57	01:02:37	00:07:33
73	102550	4037	Gary Blesson	55-59	A. R. Casaense	00:19:26	00:00:44	00:32:43	00:01:03	00:08:56	01:02:52	00:07:48
74	105033	1914	José Ferreira	CAD	Sporting Clube de Portugal	00:18:39	00:00:36	00:33:27	00:00:49	00:09:36	01:03:07	00:08:03
75	102777	2216	Diogo Almeida	JUN	Clube 4 Estilos	00:18:41	00:00:35	00:35:22	00:00:55	00:08:19	01:03:52	00:08:48
76	105373	1844	Rodrigo Figueiredo	CAD	Sporting Clube de Portugal	00:19:39	00:00:43	00:34:30	00:00:48	00:08:17	01:03:57	00:08:53
77	100283	2993	João Maria Inácio	20-24	Pimpões Triatlo	00:19:59	00:00:48	00:34:13	00:00:53	00:08:13	01:04:06	00:09:02
78	107474	517	Diogo Nunes	20-24	Sporting Clube de Portugal	00:20:02	00:00:42	00:34:10	00:01:04	00:08:12	01:04:10	00:09:06
79	107738	2994	Emanuel Freitas	30-34	Palmela Desporto / Tripla Rotação	00:19:16	00:00:34	00:35:07	00:00:50	00:08:28	01:04:15	00:09:11
80	107382	2883	André Bernardino	25-29	Exército de Portugal	00:19:36	00:00:52	00:34:30	00:00:53	00:08:26	01:04:17	00:09:13
81	103172	5033	Hugo Sousa	45-49	Outsystems Olímpico de Oeiras	00:20:02	00:00:39	00:34:13	00:00:58	00:08:28	01:04:20	00:09:16
82	104806	3428	Diego Andres Cisneros	20-24	CF Andorinha/AQUIMADEIRA-Solutions	00:19:02	00:00:37	00:35:25	00:00:50	00:08:29	01:04:23	00:09:19
83	108423	5814	Giovanni Díaz	40-44	DAR-Recardães EXPansion	00:18:16	00:00:36	00:36:05	-	-	01:04:23	00:09:19
84	108238	3315	Cristiano Oliveira	25-29	A. R. Casaense	00:19:43	00:00:41	00:34:36	00:00:57	00:08:29	01:04:26	00:09:22
85	102183	4482	Arlindo Brás	50-54	Clube Triatlo de Abrantes	00:19:25	00:00:41	00:34:55	00:00:53	00:08:35	01:04:29	00:09:25
86	104545	4205	Mauro Azevedo	50-54	A. R. Casaense	00:19:31	00:00:58	00:34:29	00:01:11	00:08:25	01:04:34	00:09:30
87	102822	1509	Duarte Moreira	CAD	FET-Fátima Escola de Triatlo	00:19:45	00:00:46	00:34:28	00:00:58	00:08:39	01:04:36	00:09:32
88	103173	4427	Miguel David	50-54	Clube Oriental de Lisboa	00:19:37	00:00:41	00:34:47	00:00:58	00:08:42	01:04:45	00:09:41
89	100887	3517	Fábio Pratas	35-39	AmoraSub/Associação Naval Amorense	00:19:33	00:00:53	00:34:38	00:00:52	00:08:56	01:04:52	00:09:48
90	108167	3266	Bruno Camacho	20-24	AMICICLO GRÂNDOLA	00:19:52	00:00:44	00:34:24	00:01:04	00:08:53	01:04:57	00:09:53
91	105926	5571	David Felizardo	40-44	GDCR - Grupo Desportivo e Cultural de Recardães	00:20:05	00:00:50	00:34:42	00:00:54	00:08:52	01:05:23	00:10:19
92	104258	3932	Rui Pires	35-39	FET-Fátima Escola de Triatlo	00:19:57	00:01:08	00:34:34	00:01:13	00:08:43	01:05:35	00:10:31
93	103179	4525	Jorge Carvalho	50-54	Clube Oriental de Lisboa	00:20:27	00:00:40	00:34:31	00:01:02	00:09:00	01:05:40	00:10:36
94	105999	2269	Rafael Alemão	JUN	Mirachoro Hotels/CCPortimão/Churrasqueira do	00:18:24	00:00:41	00:37:32	00:00:56	00:08:14	01:05:47	00:10:43

Classificação Absoluta - Masculinos

#	Lic.	Dors.	Nome	Esc.	Equipa	Corrida	T1	Ciclismo	T2	Corrida	T.Total	Diff.
95	108388	5807	Bruno Bertão	40-44	GRCD Leão Triatlo	00:19:44	00:00:56	00:35:15	00:01:11	00:08:51	01:05:57	00:10:53
96	107126	2788	José Cardinho	35-39	Clube de Futebol Os Belenenses	00:21:03	00:00:46	00:34:01	00:00:57	00:09:16	01:06:03	00:10:59
97	100432	4015	Miguel Garcia	45-49	AMICICLO GRÂNDOLA	00:20:33	00:00:37	00:34:41	00:00:54	00:09:25	01:06:10	00:11:06
98	102296	1930	tiago miguel casinha	CAD	CNCVG	00:19:28	00:00:38	00:36:30	00:00:54	00:09:08	01:06:38	00:11:34
99	101325	3409	José Luís Virtuoso	25-29	AmoraSub/Associação Naval Amorense	00:20:03	00:00:47	00:34:49	00:00:54	00:10:13	01:06:46	00:11:42
100	102466	1868	Manuel Dias	CAD	Clube de Natação de Torres Novas	00:19:18	00:00:38	00:33:02	00:01:02	00:12:50	01:06:50	00:11:46
101	108173	3272	Ricardo Passos	30-34	Palmela Desporto / Tripla Rotação	00:19:21	00:00:48	00:37:04	00:01:02	00:08:45	01:07:00	00:11:56
102	106790	4780	Davide Silva	40-44	DAR-Recardães EXPansion	00:19:45	00:00:43	00:34:28	-	-	01:07:04	00:12:00
103	105119	2241	João Pedro Cruz	JUN	Aminata Triatlo	00:19:42	00:00:33	00:37:29	00:00:48	00:08:38	01:07:10	00:12:06
104	108186	1505	Simão Andrez	CAD	Mirachoro Hotels/CCPortimão/Churrasqueira de Vau	00:20:22	00:00:54	00:35:40	00:01:15	00:09:12	01:07:23	00:12:19
105	106593	4009	Paulo Santos	45-49	Mirachoro Hotels/CCPortimão/Churrasqueira de Vau	00:20:34	00:00:52	00:35:28	00:01:08	00:09:24	01:07:26	00:12:22
106	101531	4530	Luís Filipe Valente	50-54	Clube Oriental de Lisboa	00:21:11	00:00:40	00:35:07	00:01:03	00:09:42	01:07:43	00:12:39
107	102204	1856	João Mendes	CAD	Clube Triatlo de Abrantes	00:20:50	00:00:36	00:35:06	00:00:54	00:10:26	01:07:52	00:12:48
108	100555	4202	Paulo Quintino	50-54	CNATRIL Triatlo	00:20:51	00:00:50	00:36:43	00:01:02	00:08:36	01:08:02	00:12:58
109	105649	3688	Pedro Amaral	30-34	Escola Triatlo Santo António Évora	00:19:35	00:00:48	00:37:56	00:01:08	00:08:47	01:08:14	00:13:10
110	106836	1826	António Salvador	CAD	Palmela Desporto / Tripla Rotação	00:20:10	00:00:35	00:37:35	00:00:56	00:09:14	01:08:30	00:13:26
111	106745	2692	Ricardo Oliveira Gaspar	30-34	FET-Fátima Escola de Triatlo	00:18:25	00:00:59	00:38:56	00:01:14	00:08:57	01:08:31	00:13:27
112	101567	4249	Luís Cipriano	45-49	AMCR Fonte Grada	00:22:09	00:00:44	00:35:30	00:00:59	00:09:14	01:08:36	00:13:32
113	108303	3348	Jorge Augusto Gil	35-39	Clube Triatlo de Abrantes	00:21:04	00:00:55	00:36:27	00:01:16	00:09:26	01:09:08	00:14:04
114	108184	8028	Pedro Carvalho	40-44	CDE Santana/Hugo Pita Portas & Automatismos	00:21:06	00:01:07	00:36:13	00:01:10	00:09:41	01:09:17	00:14:13
115	101552	4521	Rogério Pires	50-54	Clube de Triatlo do Fundão	00:22:11	00:00:55	00:35:07	00:01:01	00:10:09	01:09:23	00:14:19
116	107993	3117	David Fernandes	35-39	Individual	00:20:47	00:00:44	00:36:49	00:01:10	00:10:01	01:09:31	00:14:27
117	101562	3740	Francisco Gaspar	35-39	AMCR Fonte Grada	00:22:11	00:00:50	00:35:18	00:01:11	00:10:05	01:09:35	00:14:31
118	106592	5724	Pedro Lourenço	40-44	Mirachoro Hotels/CCPortimão/Churrasqueira de Vau	00:22:13	00:01:03	00:35:02	00:01:31	00:09:47	01:09:36	00:14:32
119	108138	3237	Bruno Pinto	30-34	Individual	00:21:11	00:00:56	00:38:12	00:01:01	00:09:23	01:10:43	00:15:39
120	107180	2807	Andre Sapata	30-34	Palmela Desporto / Tripla Rotação	00:20:00	00:00:56	00:39:33	00:00:54	00:09:26	01:10:49	00:15:45
121	104257	4458	Joaquim Almeida	45-49	Clube 4 Estilos	00:21:52	00:00:40	00:37:49	00:00:56	00:09:37	01:10:54	00:15:50
122	107844	1892	Artur Resende Santana	CAD	Clube Triatlo de Abrantes	00:20:48	00:00:58	00:39:14	00:01:13	00:08:58	01:11:11	00:16:07
123	102634	4904	Luís Carvalhinho	55-59	Pimpões Triatlo	00:21:31	00:00:44	00:38:36	00:00:56	00:09:46	01:11:33	00:16:29
124	105906	1549	João Vasques	CAD	CAPGE	00:22:08	00:00:37	00:38:29	00:00:54	00:09:39	01:11:47	00:16:43
125	105501	2635	Pedro Afonso Marques	20-24	Clube Triatlo de Abrantes	00:21:29	00:00:41	00:39:03	00:00:54	00:09:42	01:11:49	00:16:45
126	102251	4508	Vasco Borges	50-54	A. R. Casaense	00:22:57	00:00:54	00:38:12	00:01:00	00:09:16	01:12:19	00:17:15
127	102505	2973	João Pedro Almeida	20-24	GCA Donas - TRIATLO	00:21:36	00:00:50	00:38:47	00:00:55	00:10:16	01:12:24	00:17:20

Classificação Absoluta - Masculinos

#	Lic.	Dors.	Nome	Esc.	Equipa	Corrida	T1	Ciclismo	T2	Corrida	T.Total	Diff.
128	101065	4060	António Moura	60-64	Pimpões Triatlo	00:22:33	00:00:40	00:38:44	00:00:53	00:09:34	01:12:24	00:17:20
129	108246	3323	Bruno Manuel Rodrigues	30-34	Clube Triatlo de Abrantes	00:22:30	00:00:56	00:37:18	00:01:30	00:10:19	01:12:33	00:17:29
130	101410	4039	José Varela	65-69	Louletano	00:22:37	00:00:45	00:38:40	00:00:57	00:09:37	01:12:36	00:17:32
131	103129	4895	Paulo Goulart	50-54	Clube de Futebol Os Belenenses	00:22:59	00:00:57	00:37:58	00:01:03	00:09:55	01:12:52	00:17:48
132	108284	3335	Nuno Silva	25-29	AmoraSub/Associação Naval Amorense	00:22:22	00:00:56	00:38:42	00:01:19	00:09:47	01:13:06	00:18:02
133	108422	2294	Gonçalo Dias	JUN	DAR-Recardães EXPansion	00:23:25	00:00:49	00:38:05	00:00:58	00:09:54	01:13:11	00:18:07
134	108062	3173	Pedro Sanguino	35-39	CNATRIL Triatlo	00:21:20	00:01:17	00:39:25	00:01:37	00:09:39	01:13:18	00:18:14
135	101782	4403	Paulo Santos	55-59	Clube Oriental de Lisboa	00:23:10	00:01:13	00:38:08	00:01:28	00:10:03	01:14:02	00:18:58
136	103976	4972	João Albuquerque	55-59	Clube 4 Estilos	00:23:57	00:00:57	00:37:25	00:01:31	00:10:40	01:14:30	00:19:26
137	108017	4807	Francisco Barradas	40-44	Individual	00:22:20	00:01:43	00:38:19	00:02:04	00:10:14	01:14:40	00:19:36
138	107488	2268	Gonçalo Neves	JUN	Palmela Desporto / Tripla Rotação	00:21:23	00:05:32	00:37:44	00:01:01	00:09:34	01:15:14	00:20:10
139	106508	4760	Carlos Xavier	40-44	3B - triatlo	00:23:30	00:01:05	00:37:43	00:01:30	00:11:32	01:15:20	00:20:16
140	107732	5565	Carlos Teixeira	45-49	Individual	00:23:04	00:00:55	00:39:44	00:01:30	00:10:07	01:15:20	00:20:16
141	102325	4832	Hugo Ferraz	45-49	Mirachoro Hotels/CCPortimão/Churrasqueira do Vau	00:24:00	00:00:53	00:38:57	00:01:09	00:10:33	01:15:32	00:20:28
142	101534	4190	António Catarino	55-59	Clube de Triatlo do Fundão	00:22:50	00:00:59	00:38:44	00:01:28	00:11:53	01:15:54	00:20:50
143	108110	3228	Pedro Miguel Maurício	30-34	Clube de Triatlo do Fundão	00:23:37	00:01:01	00:39:25	00:01:28	00:10:29	01:16:00	00:20:56
144	102541	4019	Joaquim Figueiredo	65-69	Palmela Desporto / Tripla Rotação	00:22:28	00:00:41	00:41:53	00:00:59	00:09:59	01:16:00	00:20:56
145	106736	2685	Rui Silva	35-39	Individual	00:22:18	00:01:14	00:41:17	00:01:22	00:10:00	01:16:11	00:21:07
146	100646	4616	Carlos Borda d'Água	45-49	Alhandra Sporting Club	00:23:46	00:01:20	00:38:52	00:01:18	00:11:03	01:16:19	00:21:15
147	100453	4478	Fernando Pombo	70-74	Outsystems Olímpico de Oeiras	00:23:15	00:00:47	00:40:48	00:01:11	00:10:57	01:16:58	00:21:54
148	105571	5219	Rui Velez	55-59	Clube Oriental de Lisboa	00:26:16	00:00:55	00:38:12	00:01:12	00:10:59	01:17:34	00:22:30
149	103444	5818	Abel Flores	60-64	Individual	00:23:00	00:00:44	00:43:33	00:01:07	00:10:13	01:18:37	00:23:33
150	102339	4730	Júlio Martins	65-69	GCA Donas - TRIATLO	00:22:59	00:01:02	00:42:16	00:01:50	00:10:57	01:19:04	00:24:00
151	101323	4624	Jorge Bernardo	50-54	AmoraSub/Associação Naval Amorense	00:23:29	00:01:12	00:42:52	00:01:06	00:10:36	01:19:15	00:24:11
152	106654	4057	Alexandre Carvalho	45-49	CNCVG	00:24:14	00:01:33	00:41:46	00:01:32	00:11:08	01:20:13	00:25:09
153	108058	5683	Ricardo Coelho	40-44	Clube Oriental de Lisboa	00:24:52	00:01:22	00:41:03	00:01:34	00:11:31	01:20:22	00:25:18
154	103879	3776	Sergio Maquinista	35-39	REPSOL TRIATLO	00:24:44	00:01:07	00:42:53	00:01:41	00:10:50	01:21:15	00:26:11
155	105030	8083	Tiago Caria	JUN	Clube de Triatlo do Fundão	00:23:24	00:00:45	00:43:47	00:01:24	00:12:32	01:21:52	00:26:48
156	103440	2273	Rodrigo Santos	JUN	AMICICLO GRÂNDOLA	00:23:49	00:00:40	00:43:25	00:01:03	00:13:09	01:22:06	00:27:02
157	104861	5003	João Manuel Rosado	55-59	Núcleo do Sporting da Golegã	00:25:04	00:01:13	00:43:34	00:01:26	00:11:48	01:23:05	00:28:01
158	106949	5049	Nuno Mendes Soares	45-49	CNALvito	00:25:48	00:01:02	00:45:40	00:01:15	00:12:23	01:26:08	00:31:04
159	105051	3278	Leandro Fonseca	35-39	Mirachoro Hotels/CCPortimão/Churrasqueira do Vau	00:23:48	00:01:01	00:46:43	00:01:20	00:13:41	01:26:33	00:31:29
160	106426	4532	Antonio Queiros	40-44	Individual	00:25:14	00:01:44	00:46:15	00:01:37	00:12:05	01:26:55	00:31:51

Classificação Absoluta - Masculinos

#	Lic.	Dors.	Nome	Esc.	Equipa	Corrida	T1	Ciclismo	T2	Corrida	T.Total	Diff.
161	102481	4454	José Amoreira	50-54	GCA Donas - TRIATLO	00:28:19	00:01:29	00:52:09	00:01:45	00:13:20	01:37:02	00:41:58
162	101561	4409	Francisco Cipriano	80-84	AMCR Fonte Grada	00:37:22	00:01:19	00:59:34	00:02:14	00:17:08	01:57:37	01:02:33
DSQ	103108	2840	Hugo Figueiredo	20-24	Sporting Clube de Portugal	00:15:47	00:00:28	00:31:07	-	-	DSQ	
DNS	100380	2252	Gustavo do Canto	JUN	Clube de Natação de Torres Novas	00:17:09	00:00:29	00:32:06	00:00:43	-	DNS	
DNS	100836	5264	Pedro Eloy	40-44	Outsystems Olímpico de Oeiras	00:18:14	00:00:32	00:31:44	-	-	DNS	
DNS	101627	1833	Pedro Afonso Razões	CAD	Clube de Natação de Torres Novas	00:17:08	00:00:36	-	-	-	DNS	
DNS	101553	4710	Sérgio Santos	45-49	GCA Donas - TRIATLO	00:17:43	00:00:42	-	-	-	DNS	
DNS	105548	518	Gonçalo Brito	20-24	Sporting Clube de Espinho - FERSILVA	-	-	-	-	-	DNS	
DNS	104777	1832	Francisco Martim	CAD	FET-Fátima Escola de Triatlo	-	-	-	-	-	DNS	
DNS	100658	1838	Dinis Barrocas	CAD	Alhandra Sporting Club	-	-	-	-	-	DNS	
DNS	104099	1902	Manel Bartolomeu	CAD	Clube de Natação de Torres Novas	-	-	-	-	-	DNS	
DNS	104684	1927	Duarte Fernandes	CAD	Alhandra Sporting Club	-	-	-	-	-	DNS	
DNS	106405	2219	André Sousa	JUN	Outsystems Olímpico de Oeiras	-	-	-	-	-	DNS	
DNS	100447	2253	Antonio Vaz Pedro	JUN	Outsystems Olímpico de Oeiras	-	-	-	-	-	DNS	
DNS	105977	2289	Rui Marques	JUN	Clube de Triatlo do Fundão	-	-	-	-	-	DNS	
DNS	103093	2638	Rafael Travassos	20-24	CNATRIL Triatlo	-	-	-	-	-	DNS	
DNS	100834	2648	Nuno André	25-29	Outsystems Olímpico de Oeiras	-	-	-	-	-	DNS	
DNS	107598	2935	Bruno Paixão	35-39	SFRAA TRIATLO	-	-	-	-	-	DNS	
DNS	108066	3177	Filipe Matos	35-39	3B - triatlo	-	-	-	-	-	DNS	
DNS	101861	3344	Nuno Carvalho	35-39	Outsystems Olímpico de Oeiras	-	-	-	-	-	DNS	
DNS	102545	3346	Roberto Parra Fernández	35-39	Núcleo do Sporting da Golegã	-	-	-	-	-	DNS	
DNS	108327	3358	Tiago Ribeiro	35-39	GDCR - Grupo Desportivo e Cultural de Recard	-	-	-	-	-	DNS	
DNS	106648	3955	Rui Figueiredo	30-34	DAR-Recardães EXPansion	-	-	-	-	-	DNS	
DNS	104230	4412	Pedro Leiria	45-49	CNCVG	-	-	-	-	-	DNS	
DNS	101543	4644	Luís Gonçalves	45-49	Clube de Triatlo do Fundão	-	-	-	-	-	DNS	
DNS	106123	5391	Daniel Leão	40-44	Alhandra Sporting Club	-	-	-	-	-	DNS	