

Local da Prova: **Quarteira**

Data: **27-03-2022**

Hora da Partida: **10:30:22**

Distancias: Natação - 750m

Ciclismo - 20000m

Corrida - 5000m

**Classificações Absolutos Masculinos**

#	Lic.	Dors.	Nome	Esc.	Equipa	Natação	Ciclismo	Corrida	T.Total	Diff.
1	105957	2642	Erwin Vanderplancke	25-29	Clube de Natação de Torres Novas	00:08:56	00:31:21	00:15:58	00:56:15	00:00:00
2	101318	3786	João Mansos	25-29	Sporting Clube de Portugal	00:08:59	00:31:21	00:16:02	00:56:22	00:00:07
3	100235	3803	Pedro Afonso Pinto Gaspar	25-29	Outsystems Olímpico de Oeiras	00:08:56	00:31:29	00:16:31	00:56:56	00:00:41
4	100424	2824	Gonçalo Oliveira	20-24	Clube de Natação de Torres Novas	00:09:07	00:31:26	00:16:41	00:57:14	00:00:59
5	100813	3873	João Francisco Ferreira	25-29	Clube de Natação de Torres Novas	00:10:03	00:31:02	00:16:58	00:58:03	00:01:48
6	100775	3269	Miguel Arraiolos	30-34	Sport Lisboa e Benfica	00:09:03	00:34:03	00:16:46	00:59:52	00:03:37
7	107028	2774	Alberto Casillas	30-34	Estoril Praia Credibom	00:09:49	00:31:22	00:18:43	00:59:54	00:03:39
8	108477	8539	Lucas Jouin	20-24	Clube de Natação de Torres Novas	00:08:55	00:34:29	00:16:43	01:00:07	00:03:52
9	100629	2827	Afonso Nunes	20-24	Alhandra Sporting Club	00:09:46	00:33:18	00:17:27	01:00:31	00:04:16
10	103108	2840	Hugo Figueiredo	20-24	Sporting Clube de Portugal	00:10:12	00:33:17	00:17:10	01:00:39	00:04:24
11	107065	2228	Tomás Felício	JUN	Outsystems Olímpico de Oeiras	00:09:01	00:33:49	00:18:15	01:01:05	00:04:50
<b>12</b>	<b>106218</b>	<b>2462</b>	<b>Christian Dias</b>	<b>JUN</b>	<b>Individual</b>	<b>00:10:34</b>	<b>00:32:56</b>	<b>00:17:39</b>	<b>01:01:09</b>	<b>00:04:54</b>
13	100354	2813	Afonso do Canto	20-24	Clube de Natação de Torres Novas	00:09:42	00:33:48	00:17:44	01:01:14	00:04:59
14	102465	2619	António Barata	20-24	Sport Lisboa e Benfica	00:10:39	00:33:43	00:17:07	01:01:29	00:05:14
15	100436	3412	Rui Dolores	35-39	AMICICLO GRÂNDOLA	00:11:03	00:33:30	00:17:52	01:02:25	00:06:10
16	104099	1902	Manel Bartolomeu	CAD	Clube de Natação de Torres Novas	00:09:40	00:34:01	00:18:50	01:02:31	00:06:16
17	105354	2278	Pedro Carvalho	JUN	Sport Lisboa e Benfica	00:10:19	00:34:28	00:17:56	01:02:43	00:06:28
18	105458	1521	Pedro Vitorino	CAD	Alhandra Sporting Club	00:09:38	00:34:48	00:18:20	01:02:46	00:06:31
19	100655	1849	David Borda d'Água	CAD	Alhandra Sporting Club	00:10:51	00:33:46	00:18:19	01:02:56	00:06:41
20	100836	5264	Pedro Eloy	40-44	Outsystems Olímpico de Oeiras	00:10:43	00:34:05	00:18:14	01:03:02	00:06:47
21	102718	3115	Rafael Batista	35-39	Louletano	00:10:51	00:33:57	00:18:18	01:03:06	00:06:51
22	101309	2527	Filipe Marques	20-24	Sporting Clube de Portugal	00:09:55	00:34:01	00:19:13	01:03:09	00:06:54
23	104735	3379	Bruno Santos	30-34	CNCVG	00:12:14	00:33:38	00:17:18	01:03:10	00:06:55
24	103841	3494	Filipe Marques	35-39	Estoril Praia Credibom	00:10:49	00:33:57	00:18:28	01:03:14	00:06:59
25	107744	1932	David Abreu	CAD	Sporting Clube de Portugal	00:10:55	00:33:49	00:18:32	01:03:16	00:07:01
26	102512	1864	Vasco Silva	CAD	Outsystems Olímpico de Oeiras	00:10:11	00:34:25	00:18:44	01:03:20	00:07:05
27	102552	3268	João Menino	20-24	Sport Lisboa e Benfica	00:09:39	00:33:28	00:20:14	01:03:21	00:07:06
28	102653	5242	Nuno Neves	40-44	Louletano	00:11:06	00:33:50	00:18:30	01:03:26	00:07:11

**Classificações Absolutos Masculinos**

#	Lic.	Dors.	Nome	Esc.	Equipa	Natação	Ciclismo	Corrida	T.Total	Diff.
29	100208	2572	Miguel Tomé	25-29	SFRAA TRIATLO	00:10:44	-	-	01:03:32	00:07:17
30	104060	1881	Vasco Nunes	CAD	Alhandra Sporting Club	00:10:52	00:33:41	00:19:03	01:03:36	00:07:21
31	106579	2463	Tiago Serrano	JUN	Individual	00:10:50	00:34:02	00:18:47	01:03:39	00:07:24
32	100757	4043	Bruno Pais	40-44	Estoril Praia Credibom	00:11:11	00:33:35	00:18:55	01:03:41	00:07:26
33	102323	4197	Hugo Pina	40-44	CNCVG	00:12:09	00:33:59	00:17:38	01:03:46	00:07:31
34	102222	3815	Ricardo Rosado	35-39	Núcleo do Sporting da Golegã	00:12:16	00:33:25	00:18:11	01:03:52	00:07:37
35	102511	1905	Arthur Torres	CAD	Outsystems Olímpico de Oeiras	00:11:05	00:34:03	00:18:46	01:03:54	00:07:39
36	101010	3704	Nuno Rodrigues	35-39	CNCVG	00:11:32	00:34:19	00:18:11	01:04:02	00:07:47
37	108107	2261	Marcos Rilo	JUN	Pimpões Triatlo	00:11:10	00:33:30	00:19:26	01:04:06	00:07:51
38	103079	3824	João Rebelo	25-29	Vasco da Gama Atlético Clube Sines	00:11:35	00:34:21	00:18:12	01:04:08	00:07:53
39	106615	4135	Bruno Teles Grilo	45-49	Estoril Praia Credibom	00:10:59	00:34:00	00:19:12	01:04:11	00:07:56
40	100462	2577	João Canas	25-29	Sporting Clube de Portugal	00:11:15	00:33:40	00:19:29	01:04:24	00:08:09
41	100787	2556	Afonso Garcia	25-29	Outsystems Olímpico de Oeiras	00:10:41	00:34:27	00:19:17	01:04:25	00:08:10
42	105927	3893	Gabriel Garrido	20-24	Triatlo de Faro	00:11:25	00:34:38	00:18:28	01:04:31	00:08:16
43	103353	3230	João Jesus	30-34	AMICICLO GRÂNDOLA	00:12:33	00:34:14	00:17:48	01:04:35	00:08:20
44	100425	2523	Hugo Baluga	25-29	AMICICLO GRÂNDOLA	00:12:50	00:33:45	00:18:01	01:04:36	00:08:21
45	101095	4524	Valdo das Neves	40-44	Peniche A. C.	00:12:31	00:34:16	00:17:57	01:04:44	00:08:29
46	100328	3735	Ricardo Costa	35-39	Triatlo Clube Tap	00:11:39	00:34:20	00:18:54	01:04:53	00:08:38
47	101964	4765	Nelson Mestre	40-44	Lusitano / Frusoal	00:12:05	00:33:50	00:18:58	01:04:53	00:08:38
48	105373	1844	Rodrigo Figueiredo	CAD	Sporting Clube de Portugal	00:10:49	00:34:02	00:20:23	01:05:14	00:08:59
49	104803	2256	Gonçalo Nunes	JUN	Outsystems Olímpico de Oeiras	00:11:08	00:34:58	00:19:20	01:05:26	00:09:11
50	100658	1838	Dinis Barrocas	CAD	Alhandra Sporting Club	00:10:03	00:35:56	00:19:34	01:05:33	00:09:18
51	105032	1913	Afonso Ferreira	CAD	Sporting Clube de Portugal	00:10:46	00:35:07	00:19:42	01:05:35	00:09:20
52	104132	3308	Gonçalo Mendes	20-24	CNATRIL Triatlo	00:12:06	00:35:05	00:18:36	01:05:47	00:09:32
53	106405	2219	André Sousa	JUN	Outsystems Olímpico de Oeiras	00:10:33	00:37:48	00:17:28	01:05:49	00:09:34
54	105312	5169	Alex Cabrita	40-44	Louletano	00:12:45	00:34:03	00:19:06	01:05:54	00:09:39
55	104541	3657	David Preciado	25-29	SFRAA TRIATLO	00:13:11	00:34:20	00:18:33	01:06:04	00:09:49
56	105629	3326	José Nunes	20-24	Alhandra Sporting Club	00:11:11	00:34:42	00:20:14	01:06:07	00:09:52
57	105311	4364	Bernardo Cadeiras	40-44	Louletano	00:12:28	00:34:22	00:19:19	01:06:09	00:09:54
58	100705	2501	Nuno Ribeiro	25-29	Alhandra Sporting Club	00:11:20	00:34:40	00:20:31	01:06:31	00:10:16
59	100834	2648	Nuno André	25-29	Outsystems Olímpico de Oeiras	00:12:12	00:35:27	00:18:53	01:06:32	00:10:17
60	101619	4711	Marco Sousa	45-49	Pedrógão Triatlo	00:12:31	00:34:43	00:19:25	01:06:39	00:10:24
61	104762	5295	João Mártires da Silva	40-44	Estoril Praia Credibom	00:13:02	00:34:45	00:18:57	01:06:44	00:10:29

**Classificações Absolutos Masculinos**

#	Lic.	Dors.	Nome	Esc.	Equipa	Natação	Ciclismo	Corrida	T.Total	Diff.
62	101071	4001	David Caldeirão	45-49	Louletano	00:11:33	00:34:39	00:20:47	01:06:59	00:10:44
63	105033	1914	José Ferreira	CAD	Sporting Clube de Portugal	00:11:01	00:36:11	00:20:03	01:07:15	00:11:00
64	100570	4472	Carlos Fernandes	45-49	SFRAA TRIATLO	00:12:49	00:34:52	00:19:39	01:07:20	00:11:05
65	107972	3095	Nicolas Ezequiel Puliani	25-29	Vasco da Gama Atlético Clube Sines	00:13:10	00:35:35	00:18:36	01:07:21	00:11:06
66	104663	5513	Luis Mira Nunes	45-49	CNATRIL Triatlo	00:13:32	00:35:23	00:18:31	01:07:26	00:11:11
67	100591	4429	Pedro Silva Santos	45-49	Outsystems Olímpico de Oeiras	00:12:50	00:34:56	00:19:44	01:07:30	00:11:15
68	103128	4222	David Coelho	40-44	SFRAA TRIATLO	00:15:07	00:35:04	00:17:20	01:07:31	00:11:16
69	108108	2263	Salomão Savelenko	JUN	Mirachoro Hotels - Centro Ciclismo Portimão - Churrasqueira de Faro	00:11:41	00:34:48	00:19:45	01:07:34	00:11:19
70	103335	1879	David Fernandes	CAD	Clube Triatlo de Abrantes	00:11:54	00:34:55	00:20:46	01:07:35	00:11:20
71	101581	1824	André Neves	CAD	Pedrógão Triatlo	00:10:15	00:36:07	00:21:14	01:07:36	00:11:21
72	106936	2743	Rui Matias	25-29	SFRAA TRIATLO	00:13:05	00:34:39	00:19:55	01:07:39	00:11:24
73	104622	3197	Fábio Faustino	35-39	Vasco da Gama Atlético Clube Sines	00:13:38	00:35:01	00:19:02	01:07:41	00:11:26
74	106328	1519	Afonso Fazendeiro	CAD	Sport Lisboa e Benfica	00:11:09	00:34:57	00:21:40	01:07:46	00:11:31
75	107913	3089	André Picado	20-24	Alhandra Sporting Club	00:11:59	00:34:59	00:20:50	01:07:48	00:11:33
76	104037	4818	Pedro Aguiar Mendonça	45-49	Clube de Futebol Os Belenenses	00:11:38	00:35:36	00:20:39	01:07:53	00:11:38
77	107652	2960	André Carmina	30-34	SUC - Silvestre Festas / MoonSport Innerme	00:13:25	00:36:19	00:18:31	01:08:15	00:12:00
78	103096	1878	André Canhoto	CAD	Outsystems Olímpico de Oeiras	00:10:53	00:37:00	00:20:24	01:08:17	00:12:02
79	107641	5472	Hugo Cabral	40-44	Triatlo de Faro	00:11:18	00:34:56	00:22:08	01:08:22	00:12:07
80	103874	3773	Adriano Luz Domingos	30-34	Vasco da Gama Atlético Clube Sines	00:13:27	00:35:16	00:19:44	01:08:27	00:12:12
81	107266	1916	Rodrigo Nunes	CAD	Sporting Clube de Portugal	00:13:14	00:35:14	00:20:02	01:08:30	00:12:15
82	101162	2207	Gonçalo Coelho	JUN	CNCVG	00:11:11	00:35:03	00:22:30	01:08:44	00:12:29
83	105411	1874	Tomás Vilanova	CAD	Lusitano / Frusoal	00:11:36	00:37:20	00:20:00	01:08:56	00:12:41
84	101325	3409	José Luís Virtuoso	25-29	AmoraSub/Associação Naval Amorense	00:11:41	00:37:31	00:19:45	01:08:57	00:12:42
85	103433	2292	João Nobre	JUN	SFRAA TRIATLO	00:13:10	00:36:15	00:19:36	01:09:01	00:12:46
86	101811	4151	António Calafate	55-59	Núcleo do Sporting da Golegã	00:12:30	00:35:26	00:21:07	01:09:03	00:12:48
87	104185	1540	Francisco Magro	CAD	Aminata Triatlo	00:11:21	00:36:18	00:21:26	01:09:05	00:12:50
88	100825	5613	Marcos Costa	40-44	Outsystems Olímpico de Oeiras	00:13:52	00:36:29	00:18:47	01:09:08	00:12:53
89	103093	2638	Rafael Travassos	20-24	CNATRIL Triatlo	00:11:17	00:36:48	00:21:08	01:09:13	00:12:58
90	105057	5331	Luis Lourenço	45-49	Triatlo de Faro	00:12:54	00:37:01	00:19:46	01:09:41	00:13:26
91	103399	1907	Miguel Gonçalves	CAD	Outsystems Olímpico de Oeiras	00:11:02	00:35:25	00:23:22	01:09:49	00:13:34
92	0	8446	Afonso Silva Barreiros	20-24	Não Federado	00:13:02	00:35:59	00:20:57	01:09:58	00:13:43
93	101291	4704	Ricardo Lanceiro	45-49	Clube de Futebol Os Belenenses	00:13:29	00:37:43	00:18:52	01:10:04	00:13:49
94	105315	5170	Hugo Gaudêncio	45-49	REPSOL TRIATLO	00:13:16	00:36:34	00:20:18	01:10:08	00:13:53

**Classificações Absolutos Masculinos**

#	Lic.	Dors.	Nome	Esc.	Equipa	Natação	Ciclismo	Corrida	T.Total	Diff.
95	100650	4242	César Andrade	40-44	Alhandra Sporting Club	00:12:47	00:35:59	00:21:32	01:10:18	00:14:03
96	102075	1851	Mateus Albergaria	CAD	GDR Manique de Cima	-	-	-	01:10:24	00:14:09
97	103803	1517	Afonso Ferreira	CAD	Sport Lisboa e Benfica	00:12:34	00:37:33	00:20:22	01:10:29	00:14:14
98	106493	5199	Pedro Rocha	55-59	Sporting Clube de Portugal	00:12:26	00:37:52	00:20:19	01:10:37	00:14:22
99	105999	2269	Rafael Alemão	JUN	Mirachoro Hotels - Centro Ciclismo Portimão - Churrasqueira	00:12:07	00:37:28	00:21:03	01:10:38	00:14:23
100	101414	4045	Paulo Cabrita Silva	55-59	Triatlo de Faro	00:14:09	00:36:28	00:20:05	01:10:42	00:14:27
101	101531	4530	Luís Filipe Valente	50-54	Clube Oriental de Lisboa	00:13:34	00:36:14	00:20:56	01:10:44	00:14:29
102	104877	3085	Nuno Dias	35-39	AMICICLO GRÂNDOLA	00:15:14	00:35:57	00:19:45	01:10:56	00:14:41
103	106800	2707	Marco Pinto	30-34	TRICAP-Penafirme	00:15:01	00:36:16	00:19:42	01:10:59	00:14:44
104	101169	4245	Jorge Fonseca	40-44	Estoril Praia Credibom	00:14:32	00:36:56	00:19:39	01:11:07	00:14:52
105	103172	5033	Hugo Sousa	45-49	Outsystems Olímpico de Oeiras	00:15:05	00:36:37	00:19:38	01:11:20	00:15:05
106	100283	2993	João Maria Inácio	20-24	Pimpões Triatlo	00:13:53	00:36:34	00:21:09	01:11:36	00:15:21
107	101845	4012	Rui Sousa	50-54	Núcleo do Sporting da Golegã	00:14:29	00:37:08	00:20:07	01:11:44	00:15:29
108	100728	4147	Fernando Carmo	55-59	Sport Algés e Dafundo	00:15:13	00:36:14	00:20:19	01:11:46	00:15:31
109	102296	1930	tiago miguel casinha	CAD	CNCVG	00:13:42	00:37:44	00:20:20	01:11:46	00:15:31
110	106315	4355	José Carlos Abrantes	50-54	Exército de Portugal	00:13:48	00:37:46	00:20:16	01:11:50	00:15:35
111	106979	1908	André Duarte Jorge	CAD	Outsystems Olímpico de Oeiras	00:11:56	00:37:35	00:22:28	01:11:59	00:15:44
112	103173	4427	Miguel David	50-54	Clube Oriental de Lisboa	00:13:37	00:37:57	00:20:40	01:12:14	00:15:59
113	108160	3249	Tiago Luis	30-34	SUC - Silvestre Festas / MoonSport Innerme	00:13:33	00:39:20	00:19:23	01:12:16	00:16:01
114	102067	1502	Lourenço Ribeiro	CAD	GDR Manique de Cima	00:15:55	00:45:57	00:10:25	01:12:17	00:16:02
115	103638	2835	Guilherme Bonito	20-24	Outsystems Olímpico de Oeiras	00:11:11	00:36:48	00:24:29	01:12:28	00:16:13
116	108328	3366	Stefano Silvestre	30-34	Fc Ferreiras	00:13:09	00:37:45	00:21:39	01:12:33	00:16:18
117	101922	4611	Orlando Marques	40-44	Exército de Portugal	00:14:51	00:36:19	00:21:24	01:12:34	00:16:19
118	108138	3237	Bruno Pinto	30-34	Individual	00:14:04	00:37:21	00:21:11	01:12:36	00:16:21
119	103379	5290	Nelson Dias	40-44	O2 Triatlo - S'look	00:13:40	00:37:17	00:21:40	01:12:37	00:16:22
120	103007	5221	Hugo Correia	40-44	Louletano	00:16:58	00:36:53	00:18:58	01:12:49	00:16:34
121	105850	3844	João Feijão	35-39	Triatlo Clube Tap	00:15:04	00:38:24	00:19:29	01:12:57	00:16:42
122	103539	4118	Rui Silva	45-49	Sporting Clube de Espinho - FERSILVA	00:14:44	00:39:19	00:19:02	01:13:05	00:16:50
123	107795	3016	Pedro Portugal	35-39	Triatlo Clube Tap	00:14:23	00:37:15	00:21:44	01:13:22	00:17:07
124	106593	4009	Paulo Santos	45-49	Mirachoro Hotels - Centro Ciclismo Portimão - Churrasqueira	00:15:03	00:36:22	00:22:01	01:13:26	00:17:11
125	107382	2883	André Bernardino	25-29	Exército de Portugal	00:18:05	00:35:57	00:19:35	01:13:37	00:17:22
126	101297	2803	André Lopes	20-24	AmoraSub/Associação Naval Amorense	00:11:34	00:38:49	00:23:19	01:13:42	00:17:27
127	102764	4281	Ricardo Diogo	50-54	Triatlo de Faro	00:12:52	00:38:11	00:22:43	01:13:46	00:17:31

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#	Lic.	Dors.	Nome	Esc.	Equipa	Natação	Ciclismo	Corrida	T.Total	Diff.
128	107866	5606	Bernardo Pessoa	40-44	Louletano	00:14:38	00:36:55	00:22:17	01:13:50	00:17:35
129	100304	4692	João Diogo Cruz	45-49	Estoril Praia Credibom	00:13:00	00:38:20	00:22:35	01:13:55	00:17:40
130	102409	1513	André Nepomuceno	CAD	Escola Triatlo Santo António Évora	00:13:37	00:37:49	00:22:34	01:14:00	00:17:45
131	103179	4525	Jorge Carvalho	50-54	Clube Oriental de Lisboa	00:16:52	00:36:45	00:20:24	01:14:01	00:17:46
132	101824	4814	Gonçalo Resina	45-49	Núcleo do Sporting da Golegã	00:18:06	00:36:17	00:19:43	01:14:06	00:17:51
133	106577	3869	Cristiano Marques	30-34	TRICAP-Penafirme	00:17:55	00:36:25	00:19:51	01:14:11	00:17:56
134	100743	4035	Paulo Jorge Correia Lamego	50-54	Sport Algés e Dafundo	00:13:59	00:37:32	00:22:47	01:14:18	00:18:03
135	107724	2986	Fábio Correia	30-34	Triatlo de Faro	00:15:51	00:39:45	00:18:48	01:14:24	00:18:09
136	107832	1538	Daniel Roque	CAD	Lusitano / Frusoad	00:11:50	00:38:24	00:24:11	01:14:25	00:18:10
137	102082	4071	Rui de Oliveira	45-49	SUC - Silvestre Festas / Moonsport Innerme	-	-	00:22:27	01:14:27	00:18:12
138	100793	4032	Carlos Gomes	60-64	Outsystems Olímpico de Oeiras	00:15:11	00:38:49	00:20:28	01:14:28	00:18:13
139	105282	5631	Sérgio Mota	40-44	Sporting Clube de Espinho - FERSILVA	00:15:02	00:39:23	00:20:05	01:14:30	00:18:15
140	100555	4202	Paulo Quintino	50-54	CNATRIL Triatlo	00:16:03	00:38:25	00:20:11	01:14:39	00:18:24
141	101521	3159	André Jesus	35-39	Clube Oriental de Lisboa	00:15:35	00:38:17	00:20:49	01:14:41	00:18:26
142	102204	1856	João Mendes	CAD	Clube Triatlo de Abrantes	00:12:49	00:38:41	00:23:34	01:15:04	00:18:49
143	103563	5617	João Bacalhau	40-44	Fc Ferreiras	00:15:24	00:38:32	00:21:08	01:15:04	00:18:49
144	106231	5709	Luis Pereira	40-44	Sporting Clube de Portugal	00:15:24	00:39:10	00:20:33	01:15:07	00:18:52
145	100800	3026	David Maia	30-34	Outsystems Olímpico de Oeiras	00:13:38	00:37:58	00:23:43	01:15:19	00:19:04
146	101970	4040	António Raposo	60-64	O2 Triatlo - S'look	00:14:03	00:37:45	00:23:36	01:15:24	00:19:09
147	106202	5457	Miguel Gomes	50-54	Clube Zupper	00:15:31	00:38:40	00:21:31	01:15:42	00:19:27
148	104415	4753	Vítor Piçarra	45-49	Individual	00:15:25	00:39:03	00:21:17	01:15:45	00:19:30
149	105531	8031	Ricardo Gonçalves	30-34	Exército de Portugal	00:16:20	00:38:40	00:20:46	01:15:46	00:19:31
150	107597	2934	Avelino Santos	30-34	SFRAA TRIATLO	00:19:24	00:36:43	00:19:44	01:15:51	00:19:36
151	106162	3181	João Clemente	30-34	LXTRIATHLON	00:11:29	00:42:49	00:21:33	01:15:51	00:19:36
152	101416	4380	Peter Chester-Browne	50-54	Louletano	00:15:09	00:39:30	00:21:16	01:15:55	00:19:40
153	103306	4852	Francisco Sanches-Osório	55-59	Estoril Praia Credibom	00:15:18	00:38:47	00:21:54	01:15:59	00:19:44
154	106491	5161	Luis Vidinha	50-54	CNAL - Triatlo	00:14:36	00:40:10	00:21:19	01:16:05	00:19:50
155	107473	2909	Carlos H. Jerónimo	35-39	Sporting Clube de Portugal	00:12:10	00:39:42	00:24:17	01:16:09	00:19:54
156	108315	5777	André Correia	40-44	Associação Beat Your Limit!	00:19:04	00:37:33	00:19:34	01:16:11	00:19:56
157	108173	3272	Ricardo Passos	30-34	Palmela Desporto / Tripla Rotação	00:14:32	00:40:54	00:20:54	01:16:20	00:20:05
158	103321	4860	Renato Araújo	50-54	AmoraSub/Associação Naval Amorense	00:15:16	00:38:39	00:22:27	01:16:22	00:20:07
159	108502	3620	José Inverno	30-34	Exército de Portugal	00:16:47	00:38:09	00:21:40	01:16:36	00:20:21
160	100887	3517	Fábio Pratas	35-39	AmoraSub/Associação Naval Amorense	00:16:51	00:39:21	00:20:26	01:16:38	00:20:23

**Classificações Absolutos Masculinos**

#	Lic.	Dors.	Nome	Esc.	Equipa	Natação	Ciclismo	Corrida	T.Total	Diff.
161	101409	4426	José Alberto Marcos	55-59	Louletano	00:13:07	00:39:47	00:23:47	01:16:41	00:20:26
162	107015	5501	Nuno Lebre	40-44	Estoril Praia Credibom	00:15:28	00:38:35	00:22:43	01:16:46	00:20:31
163	0	8425	Pedro Escribano Gómez	50-54	Arte Fisico	00:14:34	00:39:27	00:22:55	01:16:56	00:20:41
164	107380	2881	Gonçalo Gonçalves	30-34	Exército de Portugal	00:16:59	00:38:24	00:21:35	01:16:58	00:20:43
165	107148	2797	Pedro Filipe Maia	30-34	Sporting Clube de Espinho - FERSILVA	00:16:22	00:39:02	00:21:41	01:17:05	00:20:50
166	106193	3219	Miguel Simões	35-39	GRCD Leião Triatlo	00:15:38	00:38:49	00:22:41	01:17:08	00:20:53
167	107488	2268	Gonçalo Neves	JUN	Palmela Desporto / Tripla Rotação	-	-	-	01:17:11	00:20:56
168	106479	5106	Jorge Dinis	50-54	AmoraSub/Associação Naval Amorense	00:15:13	00:38:45	00:23:16	01:17:14	00:20:59
169	101348	3137	Henrique Delgado	35-39	TRICAP-Penafirme	00:12:39	00:41:06	00:24:00	01:17:45	00:21:30
170	108425	5816	Francisco Dias	50-54	Mirachoro Hotels - Centro Ciclismo Portimão - Churrasq	00:13:29	00:40:13	00:24:07	01:17:49	00:21:34
171	100437	4773	Rui Gonçalves	45-49	REPSOL TRIATLO	00:20:50	00:37:48	00:19:12	01:17:50	00:21:35
172	106257	3375	Carlos Teixeira	35-39	Exército de Portugal	00:18:02	00:37:07	00:22:44	01:17:53	00:21:38
173	107673	2969	Emanuel Marques	20-24	TRICAP-Penafirme	00:17:12	00:38:46	00:21:59	01:17:57	00:21:42
174	104714	5262	Luís Massapina	40-44	Fc Ferreiras	00:17:34	00:40:03	00:20:32	01:18:09	00:21:54
175	102104	4545	Paulo Ferreira	45-49	Triatlo Clube Tap	00:15:33	00:40:44	00:22:06	01:18:23	00:22:08
176	101089	4108	Paulo Renato Santos	55-59	Peniche A. C.	00:14:18	00:39:52	00:24:14	01:18:24	00:22:09
177	103899	4929	Esmeraldino Sá	45-49	AmoraSub/Associação Naval Amorense	00:17:49	00:39:14	00:21:22	01:18:25	00:22:10
178	104544	4172	Luís Miguel Tomé	45-49	Peniche A. C.	00:16:43	00:37:52	00:23:53	01:18:28	00:22:13
179	102236	3843	Sandro Rodrigues	35-39	Triatlo de Faro	00:17:09	00:39:08	00:22:13	01:18:30	00:22:15
180	108035	3153	Sergio Vicente	35-39	AmoraSub/Associação Naval Amorense	00:17:06	00:39:54	00:21:36	01:18:36	00:22:21
181	105229	5142	Luis Faustino	50-54	Lusitano / Frusoyal	00:17:27	00:37:47	00:23:25	01:18:39	00:22:24
182	106963	5084	José Pina	40-44	Louletano	00:17:09	00:41:00	00:20:49	01:18:58	00:22:43
183	108056	5682	Mario Remigio	45-49	Peniche A. C.	00:15:19	00:40:37	00:23:05	01:19:01	00:22:46
184	108270	5768	António Vicente Correia	40-44	Estoril Praia Credibom	00:14:35	00:40:53	00:23:50	01:19:18	00:23:03
185	107180	2807	Andre Sapata	30-34	Palmela Desporto / Tripla Rotação	00:16:34	00:42:10	00:20:36	01:19:20	00:23:05
186	106982	5759	Fabiano Vaz	40-44	Vasco da Gama Atlético Clube Sines	00:18:05	00:39:24	00:21:57	01:19:26	00:23:11
187	101567	4249	Luís Cipriano	45-49	AMCR Fonte Grada	00:16:59	00:39:35	00:22:54	01:19:28	00:23:13
188	100274	4408	Vitor Cabrita	55-59	Outsystems Olímpico de Oeiras	00:17:21	00:41:05	00:21:04	01:19:30	00:23:15
189	102940	4688	Sérgio Viegas	45-49	Bike Clube S. Brás	00:15:43	00:40:01	00:24:07	01:19:51	00:23:36
190	107383	8097	Licínio Sousa	50-54	Exército de Portugal	00:21:48	00:36:56	00:21:11	01:19:55	00:23:40
191	102034	4936	João Antunes	45-49	Louletano	00:16:18	00:40:07	00:23:31	01:19:56	00:23:41
192	101648	2628	André Garrido	25-29	Aminata Triatlo	00:12:50	00:41:51	00:25:17	01:19:58	00:23:43
193	107937	1895	André Rolla	CAD	Lusitano / Frusoyal	00:12:57	00:41:43	00:25:34	01:20:14	00:23:59

**Classificações Absolutos Masculinos**

#	Lic.	Dors.	Nome	Esc.	Equipa	Natação	Ciclismo	Corrida	T.Total	Diff.
194	107877	3076	Hugo Fragoso	30-34	AmoraSub/Associação Naval Amorense	00:16:13	00:40:43	00:23:24	01:20:20	00:24:05
195	100630	4114	Alexandre Rico	45-49	Alhandra Sporting Club	00:17:53	00:39:43	00:22:59	01:20:35	00:24:20
196	108424	5815	Pedro Neves	50-54	Clube de Futebol Os Belenenses	00:15:48	00:43:13	00:21:37	01:20:38	00:24:23
197	101574	1822	Afonso Mourão	CAD	Pedrógão Triatlo	00:15:13	00:40:09	00:25:23	01:20:45	00:24:30
198	105501	2635	Pedro Afonso Marques	20-24	Clube Triatlo de Abrantes	00:16:52	00:41:49	00:22:11	01:20:52	00:24:37
199	104051	4309	Paulo Jorge Paixão	45-49	AmoraSub/Associação Naval Amorense	00:17:17	00:39:24	00:24:15	01:20:56	00:24:41
200	107550	5366	Lucas Sanabio	40-44	Estoril Praia Credibom	00:15:21	00:40:36	00:25:11	01:21:08	00:24:53
201	104461	4082	Dougal Gow	60-64	Bike Clube S. Brás	00:15:23	00:40:16	00:25:30	01:21:09	00:24:54
202	107414	5208	Miguel Barnabé	55-59	Fc Ferreiras	00:16:36	00:41:48	00:22:46	01:21:10	00:24:55
203	106551	1532	Pedro Brito	CAD	Lusitano / Frusoal	00:15:12	00:42:41	00:23:59	01:21:52	00:25:37
204	103720	4445	João Cunha Rêgo	45-49	Triatlo Clube Tap	00:15:27	00:42:44	00:23:46	01:21:57	00:25:42
205	107844	1892	Artur Resende Santana	CAD	Clube Triatlo de Abrantes	00:18:24	00:41:38	00:22:01	01:22:03	00:25:48
206	0	8510	Sousa/Ribeiro	ESTF	ESTF	00:17:49	00:42:35	00:21:41	01:22:05	00:25:50
207	104138	4322	Adolfo Vagos	50-54	Peniche A. C.	00:18:00	00:41:04	00:23:29	01:22:33	00:26:18
208	0	8432	Jose Antonio Aguaded Medina	50-54	C.D. Triatlón Lepe	00:17:20	00:40:42	00:24:33	01:22:35	00:26:20
209	103556	2829	Jorge Sousa	35-39	Vela de Tavira	00:13:18	00:38:41	00:30:49	01:22:48	00:26:33
210	101415	4174	Pedro Bernardo	45-49	Louletano	00:16:55	00:40:17	00:25:42	01:22:54	00:26:39
211	106748	8023	David Batista	45-49	O2 Triatlo - S'look	00:15:07	00:43:34	00:24:23	01:23:04	00:26:49
212	102325	4832	Hugo Ferraz	45-49	Mirachoro Hotels - Centro Ciclismo Portimão - Churrasq	00:16:58	00:41:32	00:24:34	01:23:04	00:26:49
213	108210	5757	Rui Silvestre	45-49	Triatlo de Faro	00:18:46	00:38:43	00:25:50	01:23:19	00:27:04
214	107663	1536	Diogo Dias	CAD	Lusitano / Frusoal	00:14:17	00:45:07	00:24:04	01:23:28	00:27:13
215	107806	1537	João Palma	CAD	Lusitano / Frusoal	00:13:24	00:41:15	00:28:49	01:23:28	00:27:13
216	106284	4413	Ricardo Baldaia	40-44	LXTRIATHLON	00:19:50	00:40:08	00:23:30	01:23:28	00:27:13
217	104914	5027	Pedro Costa Pereira	55-59	Estoril Praia Credibom	00:14:56	00:43:48	00:24:52	01:23:36	00:27:21
218	101522	4629	António Jorge Martinho	55-59	Clube Oriental de Lisboa	00:14:30	00:44:15	00:24:58	01:23:43	00:27:28
219	108015	5656	Artur Alves	45-49	GRCD Leião Triatlo	00:18:10	00:43:18	00:22:30	01:23:58	00:27:43
220	107646	2956	Ricardo Silva	25-29	LXTRIATHLON	00:16:03	00:43:18	00:24:43	01:24:04	00:27:49
221	105266	5154	Nuno Alexandre	45-49	Individual	00:16:27	00:41:21	00:26:21	01:24:09	00:27:54
222	105916	5351	Carlos Quaresma	40-44	GRCD Leião Triatlo	00:14:09	00:43:45	00:26:26	01:24:20	00:28:05
223	106920	2735	Artur Conde	30-34	Clube de Natação de Torres Novas	00:15:51	00:42:43	00:26:17	01:24:51	00:28:36
224	103898	5261	Rui Santos	40-44	AmoraSub/Associação Naval Amorense	00:16:47	00:42:23	00:25:50	01:25:00	00:28:45
225	106986	5122	Nuno Almeida	55-59	Individual	00:19:55	00:42:41	00:22:31	01:25:07	00:28:52
226	0	8452	Deni Vargues	45-49	Não Federado	00:16:49	00:44:13	00:24:19	01:25:21	00:29:06

**Classificações Absolutos Masculinos**

#	Lic.	Dors.	Nome	Esc.	Equipa	Natação	Ciclismo	Corrida	T.Total	Diff.
227	106549	1531	João Viegas	CAD	Lusitano / Frusoal	00:13:35	00:46:00	00:25:55	01:25:30	00:29:15
228	101103	4026	Rui Medina	50-54	Bike Clube S. Brás	00:18:34	00:44:27	00:22:51	01:25:52	00:29:37
229	107594	5393	António da Cunha	50-54	Individual	00:16:11	00:44:13	00:26:09	01:26:33	00:30:18
230	100581	4042	João Rita	60-64	Bike Clube S. Brás	00:17:10	00:43:54	00:26:08	01:27:12	00:30:57
231	107166	4501	Paulo Moutinho	50-54	Clube Oriental de Lisboa	00:12:37	00:47:57	00:26:48	01:27:22	00:31:07
232	103593	4192	Carlos Valente	60-64	Lusitano / Frusoal	00:18:13	00:45:44	00:23:37	01:27:34	00:31:19
233	107976	3099	Saulo de Barros Bruno	30-34	Clube Oriental de Lisboa	00:15:55	00:46:13	00:25:30	01:27:38	00:31:23
234	102519	4794	Filipe Ramos	45-49	SUC - Silvestre Festas / Moonsport Innerme	00:17:31	00:46:03	00:24:04	01:27:38	00:31:23
235	106736	2685	Rui Silva	35-39	Individual	00:17:52	00:45:24	00:24:36	01:27:52	00:31:37
236	107293	4858	Jorge Quaresma	45-49	Palmela Desporto / Tripla Rotação	00:14:43	00:47:19	00:26:17	01:28:19	00:32:04
237	107299	2858	Fábio Coutinho	30-34	Alhandra Sporting Club	00:13:15	00:45:12	00:29:53	01:28:20	00:32:05
238	108334	5791	Pedro Figueiredo	45-49	Aminata Triatlo	00:17:38	00:44:33	00:26:25	01:28:36	00:32:21
239	106496	5407	Paulo Gonçalves	45-49	Outsystems Olímpico de Oeiras	00:16:29	00:45:13	00:27:10	01:28:52	00:32:37
240	107221	4578	Miguel Martins	45-49	Clube Oriental de Lisboa	00:19:55	00:45:59	00:23:24	01:29:18	00:33:03
241	106602	4393	Paulo Lopes	50-54	SFRAA TRIATLO	00:16:36	00:46:06	00:26:47	01:29:29	00:33:14
242	106784	2695	Paulo Lopes	35-39	Individual	00:15:02	00:48:13	00:27:31	01:30:46	00:34:31
243	108481	5833	Julio Paulo Ramos NEPOMUCENO	50-54	Escola Triatlo Santo António Évora	00:20:23	00:46:20	00:24:10	01:30:53	00:34:38
244	102995	4608	Luís Duque	55-59	GDR Manique de Cima	00:18:48	00:45:47	00:26:31	01:31:06	00:34:51
245	0	8460	Max Tetlow	30-34	Não Federado	00:15:30	00:48:40	00:27:15	01:31:25	00:35:10
246	0	8458	Julio Garcia	55-59	Não Federado	00:15:58	00:44:50	00:30:42	01:31:30	00:35:15
247	104537	4159	Nuno Miguel Nobre	45-49	SUC - Silvestre Festas / Moonsport Innerme	00:20:21	00:43:35	00:27:46	01:31:42	00:35:27
248	107640	5470	Fábio Bota	40-44	Triatlo de Faro	00:13:20	00:49:21	00:29:37	01:32:18	00:36:03
249	106434	4133	Mário Fonseca	45-49	Individual	00:19:03	00:47:03	00:26:28	01:32:34	00:36:19
250	0	8481	Ricardo Freitas	35-39	Não Federado	00:17:41	00:50:17	00:24:44	01:32:42	00:36:27
251	105430	5412	Jorge Rosa	55-59	SFRAA TRIATLO	00:15:25	00:47:46	00:29:33	01:32:44	00:36:29
252	100285	4072	Renato Fidalgo	60-64	Individual	00:22:08	00:46:02	00:25:08	01:33:18	00:37:03
253	105774	5303	João Campos	50-54	Louletano	00:23:01	00:46:17	00:24:12	01:33:30	00:37:15
254	101529	4346	Jorge Carreiras	55-59	Clube Oriental de Lisboa	00:19:08	00:46:40	00:28:07	01:33:55	00:37:40
255	108501	5841	James Cook	55-59	Não Federado	00:16:22	00:49:47	00:28:30	01:34:39	00:38:24
256	105381	5191	Ricardo Fernandes	45-49	SFRAA TRIATLO	00:18:23	00:53:39	00:24:57	01:36:59	00:40:44
257	100685	4369	Jorge Corte-Real	60-64	Alhandra Sporting Club	00:21:31	00:50:52	00:28:19	01:40:42	00:44:27
258	101428	4343	Miguel Pacheco	60-64	Triatlo Clube Tap	00:23:15	00:50:24	00:29:39	01:43:18	00:47:03
259	107049	5511	Antonio Grou	45-49	Aminata Triatlo	00:22:05	00:52:49	00:30:29	01:45:23	00:49:08

**Classificações Absolutos Masculinos**

#	Lic.	Dors.	Nome	Esc.	Equipa	Natação	Ciclismo	Corrida	T.Total	Diff.
260	104031	5781	Vitor Tavares	40-44	Individual	00:21:03	00:58:35	00:26:06	01:45:44	00:49:29
261	106123	5391	Daniel Leão	40-44	Alhandra Sporting Club	00:19:38	00:52:02	00:38:26	01:50:06	00:53:51
262	108363	5799	Luís Braz	40-44	GDR Manique de Cima	00:26:31	00:55:06	00:35:14	01:56:51	01:00:36
DSQ	103589	4183	Paulo Geadas	50-54	O2 Triatlo - S'look	-	-	-	DSQ	
DSQ	108503	3623	Rúben Robalinho	20-24	Exército de Portugal	00:19:15	00:47:14	-	DSQ	
DSQ	108284	3335	Nuno Silva	25-29	AmoraSub/Associação Naval Amorense	00:13:03	00:40:16	-	DSQ	
DSQ	107613	2943	Nuno Arraiano	30-34	Aminata Triatlo	-	-	-	DSQ	
DSQ	108487	5835	António Pêgas	40-44	Triatlo de Faro	00:17:52	00:50:24	-	DSQ	
DSQ	108043	5676	Gonçalo Almeida	40-44	Alhandra Sporting Club	00:14:31	00:39:43	-	DSQ	
DSQ	102086	5643	Tiago Cochicho	40-44	GDR Manique de Cima	00:12:47	00:34:03	-	DSQ	
DSQ	103878	4923	António Martins	50-54	REPSOL TRIATLO	00:20:21	00:41:15	-	DSQ	
DNF	107979	3105	Manuel Casado	20-24	Louletano	-	-	-	DNF	
DNF	104684	1927	Duarte Fernandes	CAD	Alhandra Sporting Club	00:11:16	00:34:36	-	DNF	
DNF	101621	1834	Martim Salvador	CAD	Clube de Natação de Torres Novas	00:11:04	00:36:49	-	DNF	
DNF	100115	4776	Bruno Toscano	40-44	Clube Oriental de Lisboa	00:14:11	00:36:30	-	DNF	
DNF	101596	4632	Gonçalo Neves	50-54	Pedrógão Triatlo	00:12:26	-	-	DNF	
DNF	100831	3250	Miguel Almeida	25-29	Individual	00:11:45	-	-	DNF	
DNF	106984	2763	Helder Cipriano	35-39	Lusitano / Frusoal	00:13:51	-	-	DNF	
DNF	101081	3282	Márcio das Neves	35-39	Peniche A. C.	00:10:57	-	-	DNF	
DNF	107708	2244	Tomás Teixeira	JUN	CNCVG	00:11:26	-	-	DNF	
DNF	103879	3776	Sergio Maquinista	35-39	REPSOL TRIATLO	-	-	-	DNF	
DNF	0	4414	Luís Filipe Silva	40-44	Individual	-	-	-	DNF	
DNS	102933	4498	João Galhordas	50-54	Individual	-	-	-	DNS	
DNS	107474	3215	Diogo Nunes	20-24	Sporting Clube de Portugal	-	-	-	DNS	
DNS	100246	4257	Pedro Gil	50-54	Peniche A. C.	-	-	-	DNS	
DNS	102526	4263	Pedro Ribeiro	50-54	GDR Manique de Cima	-	-	-	DNS	
DNS	101417	4253	Sjoerd Drentje	50-54	Louletano	-	-	-	DNS	
DNS	106221	5462	Miguel San-Payo	60-64	Individual	-	-	-	DNS	
DNS	107205	2819	Bruno Ferreira	30-34	GDR Manique de Cima	-	-	-	DNS	
DNS	104182	1501	André Talento	CAD	GDR Manique de Cima	-	-	-	DNS	
DNS	107835	3041	Manuel Marchante	30-34	Escola Triatlo Santo António Évora	-	-	-	DNS	
DNS	103201	1872	Diogo Marques	CAD	Escola Triatlo Santo António Évora	-	-	-	DNS	
DNS	108044	3158	Carlos Vieira	35-39	Alhandra Sporting Club	-	-	-	DNS	

**Classificações Absolutos Masculinos**

#	Lic.	Dors.	Nome	Esc.	Equipa	Natação	Ciclismo	Corrida	T.Total	Diff.
DNS	106991	2765	José Madeira	35-39	CNATRIL Triatlo	-	-	-	DNS	
DNS	102362	1823	Vasco Santos	CAD	Pedrógão Triatlo	-	-	-	DNS	
DNS	105862	3029	Miguel Ferreira Pinto	35-39	Louletano	-	-	-	DNS	
DNS	107759	3003	Nuno Camara Pestana	35-39	Clube do Pessoal EDP	-	-	-	DNS	
DNS	102637	2262	Diogo Carvalhinho	JUN	Pimpões Triatlo	-	-	-	DNS	
DNS	102451	3666	Vítor Miguel Pimenta Nunes	35-39	Individual	-	-	-	DNS	
DNS	104760	5836	Bruno Almeida	40-44	DAR-Recardães EXPansion	-	-	-	DNS	
DNS	104539	4560	Carlos Proença	40-44	CNCVG	-	-	-	DNS	
DNS	108478	5832	Joao Gago	40-44	Louletano	-	-	-	DNS	
DNS	103541	4914	Mário Simões	40-44	Individual	-	-	-	DNS	
DNS	107310	4898	Ricardo Aido	40-44	Individual	-	-	-	DNS	
DNS	100646	4616	Carlos Borda d'Água	45-49	Alhandra Sporting Club	-	-	-	DNS	
DNS	0	8440	José Luis Mexia Alcântara	45-49	Isbilya-Sloppy Joe's	-	-	-	DNS	
DNS	108319	5782	Josué da Rosa	45-49	Individual	-	-	-	DNS	
DNS	103674	4109	Miguel Silva	45-49	AmoraSub/Associação Naval Amorense	-	-	-	DNS	
DNS	105823	5322	Carlos Gomes Ferreira	50-54	Louletano	-	-	-	DNS	