

Local da Prova: **Amora**

Data: **31/07/2022**

Hora da Partida: **16:40:08**

Distancias: Natação - 750

Corrida - 5000

Classificações Absolutos Femininos

#	Lic.	Dors.	Nome	Esc.	Equipa	Natação	Transição	Corrida	T.Total	Diff.
1	104367	3967	Raquel Rocha	25-29	CNATRIL Triatlo	00:10:33	00:00:43	00:17:24	00:28:40	00:00:00
2	103427	2862	Beatriz Ferreira	20-24	Clube de Natação de Torres Novas	00:11:26	00:00:49	00:16:53	00:29:08	00:00:28
3	101358	2564	Ana Ramos	25-29	Clube de Natação de Torres Novas	00:10:34	00:00:47	00:18:09	00:29:30	00:00:50
4	102284	1931	Ana Carapeta	CAD	Alhandra Sporting Club	00:10:36	00:00:40	00:18:36	00:29:52	00:01:12
5	106503	3677	Mariana Marques	30-34	CNATRIL Triatlo	00:12:07	00:00:54	00:17:02	00:30:03	00:01:23
6	103686	2151	Margarida Barão	JUN	Sporting Clube de Portugal	00:10:40	00:00:55	00:19:02	00:30:37	00:01:57
7	103057	1912	Inês Filipa Sousa	CAD	Alhandra Sporting Club	00:10:35	00:00:44	00:19:28	00:30:47	00:02:07
8	104354	1929	Matilde Tomás	CAD	Alhandra Sporting Club	00:10:39	00:00:45	00:19:24	00:30:48	00:02:08
9	104085	2286	Maria Gonçalves	JUN	Clube de Triatlo do Fundão	00:11:11	00:00:52	00:18:46	00:30:49	00:02:09
10	104661	1994	Mónica Dias	CAD	Individual	00:12:02	00:00:51	00:17:57	00:30:50	00:02:10
11	100634	3475	Ana Filipa Ferreira	30-34	Alhandra Sporting Club	00:11:56	00:00:53	00:18:09	00:30:58	00:02:18
12	102665	1545	Ana Jorge	CAD	CAPGE	00:12:01	00:00:46	00:18:21	00:31:08	00:02:28
13	103649	3748	Tuxa Negri	30-34	CNATRIL Triatlo	00:12:40	00:00:50	00:17:42	00:31:12	00:02:32
14	104884	1928	Sofia Santos Rocha	CAD	Sporting Clube de Portugal	00:10:58	00:00:50	00:19:47	00:31:35	00:02:55
15	100690	2285	Luana Quaresma	JUN	Alhandra Sporting Club	00:10:36	00:00:44	00:20:25	00:31:45	00:03:05
16	100161	3291	Joana Tomé	20-24	SFRAA TRIATLO	00:11:14	00:00:57	00:19:45	00:31:56	00:03:16
17	107429	2900	Bila Duarte	35-39	Triatlo de Faro	00:11:18	00:00:57	00:19:50	00:32:05	00:03:25
18	100720	1935	Tatiana Marques	CAD	Alhandra Sporting Club	00:10:52	00:00:47	00:21:01	00:32:40	00:04:00
19	104217	2290	Maria Rodrigues	JUN	Outsystems Olímpico de Oeiras	00:10:58	00:00:52	00:20:52	00:32:42	00:04:02
20	101024	3706	Carolina Silva	35-39	Individual	00:11:18	00:00:50	00:20:37	00:32:45	00:04:05
21	100633	3721	Ana Filipa Sampaio	30-34	Alhandra Sporting Club	00:11:12	00:00:51	00:20:46	00:32:49	00:04:09
22	100760	2254	Catarina Moutinho	JUN	Clube de Natação de Torres Novas	00:11:45	00:00:54	00:20:30	00:33:09	00:04:29
23	103604	1565	Joana Ramos	CAD	CAPGE	00:10:35	00:00:50	00:21:49	00:33:14	00:04:34
24	106069	5486	Rubina Lara	45-49	Ludens Clube de Machico	00:13:04	00:00:58	00:19:19	00:33:21	00:04:41
25	105584	2837	Catarina Dias	20-24	Outsystems Olímpico de Oeiras	00:11:34	00:00:56	00:20:54	00:33:24	00:04:44
26	102027	1843	Luna Neves	CAD	Sporting Clube de Portugal	00:11:57	00:00:44	00:20:44	00:33:25	00:04:45
27	104698	1901	Cláudia Orvalho	CAD	Clube de Natação de Torres Novas	00:11:46	00:00:51	00:20:49	00:33:26	00:04:46
28	104276	1827	Leonor Medronheira	CAD	Palmela Desporto / Tripla Rotação	00:12:22	00:00:47	00:21:08	00:34:17	00:05:37

Classificações Absolutos Femininos

#	Lic.	Dors.	Nome	Esc.	Equipa	Natação	Transição	Corrida	T.Total	Diff.
29	104680	1525	Ana Rita Guerreiro	CAD	Sporting Clube de Portugal	00:12:10	00:00:46	00:21:25	00:34:21	00:05:41
30	104550	1900	Mafalda Leirião	CAD	Clube de Natação de Torres Novas	00:11:33	00:00:46	00:22:13	00:34:32	00:05:52
31	100141	4605	Fernanda Marques Santinha	50-54	Clube Oriental de Lisboa	00:14:34	00:01:01	00:19:19	00:34:54	00:06:14
32	107410	2892	Claire Josquin	25-29	CNATRIL Triatlo	00:15:30	00:01:12	00:18:44	00:35:26	00:06:46
33	101620	3674	Mariana Correia	20-24	Clube de Natação de Torres Novas	00:11:34	00:00:48	00:23:12	00:35:34	00:06:54
34	104906	3146	Ida Alcântara	35-39	Clube dos Galitos	00:14:36	00:01:16	00:20:00	00:35:52	00:07:12
35	105392	5196	Malvina Gomes	40-44	Palmela Desporto / Tripla Rotação	00:14:31	00:01:06	00:20:34	00:36:11	00:07:31
36	100697	1866	Maria Calçada	CAD	Alhandra Sporting Club	00:11:37	00:00:52	00:23:46	00:36:15	00:07:35
37	108111	3232	Marta Alexandra Costa	30-34	Clube de Triatlo do Fundão	00:14:58	00:01:06	00:20:39	00:36:43	00:08:03
38	108048	3167	Vera Lucas	25-29	Outsystems Olímpico de Oeiras	00:13:00	00:01:03	00:22:50	00:36:53	00:08:13
39	106947	5042	Elaine Holmes	50-54	CNATRIL Triatlo	00:13:32	00:01:04	00:22:18	00:36:54	00:08:14
40	103488	4906	Catarina Neves	45-49	Pedrogão Triatlo	00:14:32	00:01:04	00:21:28	00:37:04	00:08:24
41	108537	5854	Sofia Marques	45-49	Clube Millenniumbcp	00:13:18	00:01:07	00:23:40	00:38:05	00:09:25
42	100672	2259	Inês Anastácio	JUN	Alhandra Sporting Club	00:12:02	00:00:53	00:25:24	00:38:19	00:09:39
43	103050	4638	Sara Colaço	45-49	Clube Oriental de Lisboa	00:14:44	00:01:04	00:22:35	00:38:23	00:09:43
44	106522	5678	Joana Craveiro	40-44	Outsystems Olímpico de Oeiras	00:14:31	00:01:09	00:22:59	00:38:39	00:09:59
45	102059	1500	Carolina Palma	CAD	GDR Manique de Cima	00:14:07	00:01:10	00:24:30	00:39:47	00:11:07
46	104869	2626	Sofia Cruz	20-24	SFRAA TRIATLO	00:17:26	00:00:57	00:22:03	00:40:26	00:11:46
47	108040	5674	Cacau Figueiredo	45-49	AmoraSub/Associação Naval Amorense	00:19:06	00:00:55	00:20:27	00:40:28	00:11:48
48	106322	5717	Inês dos Reis	40-44	Clube de Futebol Os Belenenses	00:16:46	00:01:13	00:23:16	00:41:15	00:12:35
49	101156	3128	Cátia Costa	20-24	GDR Manique de Cima	00:14:44	00:01:00	00:26:17	00:42:01	00:13:21
50	101006	4452	Madalena Caninas	55-59	Clube Oriental de Lisboa	00:16:03	00:01:14	00:24:49	00:42:06	00:13:26
51	107295	4980	Andreia Alexandra Coelho	40-44	Clube Triatlo de Abrantes	00:16:54	00:01:08	00:24:47	00:42:49	00:14:09
52	107654	5543	Paula Leitao	45-49	Clube de Natação da Amadora	00:16:16	00:01:22	00:26:07	00:43:45	00:15:05
53	108653	8427	Rita Caninas	25-29	Individual	00:16:05	00:01:12	00:27:33	00:44:50	00:16:10
54	107196	2810	Cristina Vicente	30-34	Clube Oriental de Lisboa	00:19:38	00:01:28	00:29:17	00:50:23	00:21:43
55	107044	3090	Andreia Almeida	35-39	AmoraSub/Associação Naval Amorense	00:19:07	00:01:26	00:30:57	00:51:30	00:22:50
DNS	107943	1922	Inês Rilo	CAD	Pimpões Triatlo	-	-	-	DNS	