

Local da Prova: **Amora**

Data: **31/07/2022**

Hora da Partida: **16:30:08**

Distancias: Natação - 750

Corrida - 5000

Classificações Absolutos Masculinos

#	Lic.	Dors.	Nome	Esc.	Equipa	Natação	Transição	Corrida	T.Total	Diff.
1	101609	1835	João Nuno Batista	CAD	Clube de Natação de Torres Novas	00:08:57	00:00:39	00:13:50	00:23:26	00:00:00
2	103699	2277	Gabriel Santos	JUN	Sport Lisboa e Benfica	00:08:58	00:00:39	00:14:10	00:23:47	00:00:21
3	100235	3803	Pedro Afonso Pinto Gaspar	25-29	Outsystems Olímpico de Oeiras	00:09:00	00:00:44	00:14:45	00:24:29	00:01:03
4	100775	3269	Miguel Arraiolos	30-34	Sport Lisboa e Benfica	00:09:48	00:00:42	00:14:06	00:24:36	00:01:10
5	103108	2840	Hugo Figueiredo	20-24	Sporting Clube de Portugal	00:09:59	00:00:40	00:14:01	00:24:40	00:01:14
6	100447	2253	Antonio Vaz Pedro	JUN	Outsystems Olímpico de Oeiras	00:09:19	00:00:48	00:14:47	00:24:54	00:01:28
7	107064	2227	João Canadas	JUN	Outsystems Olímpico de Oeiras	00:09:02	00:00:47	00:15:07	00:24:56	00:01:30
8	105758	2203	Diogo Tomé	JUN	Sport Lisboa e Benfica	00:09:03	00:00:43	00:15:26	00:25:12	00:01:46
9	100675	3062	João Bernardo Queirós	20-24	Outsystems Olímpico de Oeiras	00:10:00	00:00:48	00:14:44	00:25:32	00:02:06
10	105354	2278	Pedro Carvalho	JUN	Sport Lisboa e Benfica	00:09:54	00:00:43	00:15:01	00:25:38	00:02:12
11	102921	1911	Rodrigo Pissarra	CAD	Alhandra Sporting Club	00:09:43	00:00:42	00:15:25	00:25:50	00:02:24
12	101289	2222	Miguel Agoas Catarino	JUN	Outsystems Olímpico de Oeiras	00:09:49	00:00:48	00:15:19	00:25:56	00:02:30
13	105033	1914	José Ferreira	CAD	Sporting Clube de Portugal	00:10:02	00:00:41	00:15:17	00:26:00	00:02:34
14	100629	2827	Afonso Nunes	20-24	Alhandra Sporting Club	-	-	-	00:26:03	00:02:37
15	105032	1913	Afonso Ferreira	CAD	Sporting Clube de Portugal	00:10:00	00:00:42	00:15:27	00:26:09	00:02:43
16	105458	1521	Pedro Vitorino	CAD	Alhandra Sporting Club	00:09:52	00:00:43	00:15:45	00:26:20	00:02:54
17	101627	1833	Pedro Afonso Razões	CAD	Clube de Natação de Torres Novas	00:09:25	00:00:43	00:16:24	00:26:32	00:03:06
18	101621	1834	Martim Salvador	CAD	Clube de Natação de Torres Novas	00:09:42	00:00:40	00:16:12	00:26:34	00:03:08
19	102512	1864	Vasco Silva	CAD	Outsystems Olímpico de Oeiras	00:10:00	00:00:57	00:15:39	00:26:36	00:03:10
20	108575	3656	Ewan Rochard	20-24	Triatlo de Faro	00:09:41	00:00:53	00:16:10	00:26:44	00:03:18
21	103841	3494	Filipe Marques	35-39	Estoril Praia Credibom	00:10:30	00:00:52	00:15:57	00:27:19	00:03:53
22	102511	1905	Arthur Torres	CAD	Outsystems Olímpico de Oeiras	00:10:06	00:00:50	00:16:26	00:27:22	00:03:56
23	103974	3858	João Rodrigues	30-34	A. R. Casaense	00:10:50	00:00:46	00:15:51	00:27:27	00:04:01
24	106308	2264	João Vaz	JUN	Sporting Clube de Portugal	00:09:57	00:00:43	00:17:04	00:27:44	00:04:18
25	104684	1927	Duarte Fernandes	CAD	Alhandra Sporting Club	00:09:59	00:00:46	00:17:04	00:27:49	00:04:23
26	108748	1566	Enzo Takanashi	CAD	Clube de Natação de Torres Novas	00:09:49	00:00:46	00:17:33	00:28:08	00:04:42
27	104060	1881	Vasco Nunes	CAD	Alhandra Sporting Club	00:10:27	00:00:44	00:17:01	00:28:12	00:04:46
28	100425	2523	Hugo Baluga	25-29	AMICICLO GRÂNDOLA	00:11:49	00:00:49	00:15:37	00:28:15	00:04:49

Classificações Absolutos Masculinos

#	Lic.	Dors.	Nome	Esc.	Equipa	Natação	Transição	Corrida	T.Total	Diff.
29	101325	3409	José Luís Virtuoso	25-29	AmoraSub/Associação Naval Amorense	00:11:21	00:00:48	00:16:11	00:28:20	00:04:54
30	104870	3031	Miguel Neto Gonçalves	35-39	Clube dos Galitos	00:10:49	00:00:53	00:16:41	00:28:23	00:04:57
31	104009	3876	Mário Rocha	25-29	Clube dos Galitos	00:11:22	00:00:59	00:16:06	00:28:27	00:05:01
32	107913	3089	André Picado	20-24	Alhandra Sporting Club	00:10:51	00:00:47	00:16:54	00:28:32	00:05:06
33	106615	4135	Bruno Teles Grilo	45-49	Estoril Praia Credibom	00:11:10	00:00:53	00:16:31	00:28:34	00:05:08
34	103109	1909	Tomás Figueiredo	CAD	Outsystems Olímpico de Oeiras	00:11:42	00:00:48	00:16:06	00:28:36	00:05:10
35	108559	3650	Nelson Oliveira	25-29	AmoraSub/Associação Naval Amorense	00:11:03	00:00:46	00:16:48	00:28:37	00:05:11
36	104854	5158	Tiago de Paiva e Pona	45-49	Outsystems Olímpico de Oeiras	00:11:20	00:01:02	00:16:17	00:28:39	00:05:13
37	103353	3230	João Jesus	30-34	AMICICLO GRÂNDOLA	-	-	-	00:28:53	00:05:27
38	100208	2572	Miguel Tomé	25-29	SFRAA TRIATLO	00:10:43	00:01:03	00:17:14	00:29:00	00:05:34
39	100462	2577	João Canas	25-29	Sporting Clube de Portugal	00:11:07	00:00:44	00:17:18	00:29:09	00:05:43
40	103775	1836	Francisco Borges	CAD	Clube de Natação de Torres Novas	00:10:08	00:00:47	00:18:18	00:29:13	00:05:47
41	102424	3434	Pedro Prioste	20-24	Ludens Clube de Machico	00:10:29	00:00:52	00:17:54	00:29:15	00:05:49
42	107474	3215	Diogo Nunes	20-24	Sporting Clube de Portugal	00:11:51	00:00:53	00:16:35	00:29:19	00:05:53
43	101964	4765	Nelson Mestre	40-44	Lusitano / Frusoad	00:11:45	00:00:55	00:16:48	00:29:28	00:06:02
44	107647	2957	Henrique Pereira	35-39	Outsystems Olímpico de Oeiras	00:11:52	00:00:53	00:16:45	00:29:30	00:06:04
45	101596	4632	Gonçalo Neves	50-54	Pedrógão Triatlo	00:11:22	00:00:58	00:17:14	00:29:34	00:06:08
46	105629	3326	José Nunes	20-24	Alhandra Sporting Club	00:10:40	00:00:48	00:18:08	00:29:36	00:06:10
47	108353	5793	Rui Duarte	45-49	Triatlo de Faro	00:10:51	00:01:14	00:17:46	00:29:51	00:06:25
48	100655	1849	David Borda d'Água	CAD	Alhandra Sporting Club	00:10:39	00:00:43	00:18:52	00:30:14	00:06:48
49	102063	4171	Eduardo Costa	45-49	SUC - Silvestre Festas / Moonsport Innerme	00:10:03	00:00:55	00:19:24	00:30:22	00:06:56
50	100658	1838	Dinis Barrocas	CAD	Alhandra Sporting Club	00:10:26	00:00:44	00:19:15	00:30:25	00:06:59
51	107266	1916	Rodrigo Nunes	CAD	Sporting Clube de Portugal	00:12:41	00:00:49	00:17:15	00:30:45	00:07:19
52	105058	5096	Carlos Brito	60-64	Try Portugal / V. Janes	00:12:39	00:00:56	00:17:11	00:30:46	00:07:20
53	106979	1908	André Duarte Jorge	CAD	Outsystems Olímpico de Oeiras	00:10:53	00:01:03	00:19:01	00:30:57	00:07:31
54	108173	3272	Ricardo Passos	30-34	Palmela Desporto / Tripla Rotação	00:12:37	00:01:17	00:17:07	00:31:01	00:07:35
55	103376	2239	André Mota	JUN	Clube de Natação da Amadora	00:11:09	00:00:50	00:19:18	00:31:17	00:07:51
56	107353	1917	Samir Ali	CAD	Sporting Clube de Portugal	00:11:51	00:00:46	00:18:48	00:31:25	00:07:59
57	101126	4178	Joaquim Fernandes	60-64	G.D. Corticeiras	00:12:51	00:00:59	00:17:45	00:31:35	00:08:09
58	101493	3119	Jose Paiva	35-39	Clube dos Galitos	00:12:10	00:00:58	00:18:28	00:31:36	00:08:10
59	107738	2994	Emanuel Freitas	30-34	Palmela Desporto / Tripla Rotação	00:13:53	00:00:50	00:16:56	00:31:39	00:08:13
60	106649	4079	Antonio Horta	60-64	CPArmada	00:13:59	00:00:55	00:16:52	00:31:46	00:08:20
61	108589	5864	Bruno Costa	40-44	Clube de Triatlo do Fundão	00:13:19	00:01:09	00:17:46	00:32:14	00:08:48

Classificações Absolutos Masculinos

#	Lic.	Dors.	Nome	Esc.	Equipa	Natação	Transição	Corrida	T.Total	Diff.
62	101414	4045	Paulo Cabrita Silva	55-59	Triatlo de Faro	00:14:00	00:01:13	00:17:02	00:32:15	00:08:49
63	100321	5022	Nelson Moreira	40-44	Estoril Praia Credibom	00:12:46	00:00:57	00:18:48	00:32:31	00:09:05
64	108284	3335	Nuno Silva	25-29	AmoraSub/Associação Naval Amorense	00:11:45	00:01:06	00:19:46	00:32:37	00:09:11
65	106016	1915	Francisco Santos	CAD	Sporting Clube de Portugal	00:12:45	00:00:51	00:19:10	00:32:46	00:09:20
66	101531	4530	Luís Filipe Valente	50-54	Clube Oriental de Lisboa	00:13:52	00:01:10	00:17:51	00:32:53	00:09:27
67	106491	5161	Luis Vidinha	50-54	CNAL - Triatlo	00:14:16	00:01:31	00:17:11	00:32:58	00:09:32
68	105321	5175	Joao Serralha	40-44	Clube de Futebol Os Belenenses	00:11:48	00:01:10	00:20:06	00:33:04	00:09:38
69	106613	4328	Guilherme Libório	40-44	Outsystems Olímpico de Oeiras	00:13:25	00:01:13	00:18:36	00:33:14	00:09:48
70	104316	5974	Hugo Pita	40-44	Clube Desportivo Escola Santana - Hugo Pita Portas & A	00:14:03	00:01:01	00:18:14	00:33:18	00:09:52
71	102082	4071	Rui de Oliveira	45-49	SUC - Silvestre Festas / Moonsport Innerme	00:11:33	00:01:02	00:20:49	00:33:24	00:09:58
72	103321	4860	Renato Araújo	50-54	AmoraSub/Associação Naval Amorense	00:14:19	00:01:06	00:18:07	00:33:32	00:10:06
73	100793	4032	Carlos Gomes	60-64	Outsystems Olímpico de Oeiras	00:15:15	00:01:09	00:17:12	00:33:36	00:10:10
74	101543	4644	Luís Gonçalves	45-49	Clube de Triatlo do Fundão	00:12:42	00:00:58	00:20:14	00:33:54	00:10:28
75	108749	3764	Isaias Trosman	30-34	Individual	00:13:57	00:01:10	00:18:51	00:33:58	00:10:32
76	107849	3071	Caio Herculano	35-39	Pimpões Triatlo	00:13:10	00:00:56	00:19:55	00:34:01	00:10:35
77	102551	5837	Manuel Alves	40-44	Clube dos Galitos	00:11:54	00:00:52	00:21:25	00:34:11	00:10:45
78	100887	3517	Fábio Pratas	35-39	AmoraSub/Associação Naval Amorense	00:15:41	00:00:53	00:17:52	00:34:26	00:11:00
79	108439	5826	Bruno Pereira	45-49	AmoraSub/Associação Naval Amorense	00:14:04	00:00:56	00:19:27	00:34:27	00:11:01
80	108424	5815	Pedro Neves	50-54	Clube de Futebol Os Belenenses	00:15:18	00:01:09	00:18:02	00:34:29	00:11:03
81	108035	3153	Sergio Vicente	35-39	AmoraSub/Associação Naval Amorense	00:14:06	00:00:59	00:19:31	00:34:36	00:11:10
82	106338	4310	Ken Gielen	45-49	AmoraSub/Associação Naval Amorense	00:11:02	00:01:08	00:22:30	00:34:40	00:11:14
83	108419	3471	Pedro Borges	35-39	Individual	00:13:29	00:01:27	00:19:52	00:34:48	00:11:22
84	105299	5167	Bruno Ornelas	45-49	CAFH	00:13:24	00:01:01	00:20:31	00:34:56	00:11:30
85	101783	5228	Pedro Fernandes	40-44	Clube Oriental de Lisboa	00:14:00	00:01:03	00:19:57	00:35:00	00:11:34
86	101435	4121	Paulo Codinha	55-59	Triatlo Clube Tap	00:13:17	00:01:17	00:20:29	00:35:03	00:11:37
87	107488	2268	Gonçalo Neves	JUN	Palmela Desporto / Tripla Rotação	00:12:05	00:01:06	00:22:02	00:35:13	00:11:47
88	108110	3228	Pedro Miguel Maurício	30-34	Clube de Triatlo do Fundão	00:14:26	00:01:11	00:19:41	00:35:18	00:11:52
89	101522	4629	António Jorge Martinho	55-59	Clube Oriental de Lisboa	00:13:15	00:01:11	00:21:00	00:35:26	00:12:00
90	100210	4535	Miguel Gaivão	60-64	Individual	00:14:05	00:01:19	00:20:18	00:35:42	00:12:16
91	101722	3224	Luís Sousa	35-39	Clube dos Galitos	00:16:06	00:01:05	00:18:35	00:35:46	00:12:20
92	103899	4929	Esmeraldino Sá	45-49	AmoraSub/Associação Naval Amorense	00:16:21	00:01:01	00:18:29	00:35:51	00:12:25
93	103557	4138	Luis Romão	45-49	AmoraSub/Associação Naval Amorense	00:14:11	00:01:09	00:20:32	00:35:52	00:12:26
94	100547	4069	João Silva	55-59	Clube Millenniumbcp	00:11:44	00:01:10	00:23:09	00:36:03	00:12:37

Classificações Absolutos Masculinos

#	Lic.	Dors.	Nome	Esc.	Equipa	Natação	Transição	Corrida	T.Total	Diff.
95	107166	4501	Paulo Moutinho	50-54	Clube Oriental de Lisboa	00:12:01	00:01:26	00:22:39	00:36:06	00:12:40
96	100144	4059	Fernando Feijão	65-69	Individual	00:16:02	00:01:13	00:18:59	00:36:14	00:12:48
97	108500	5840	Gerardo Galeote	65-69	Pimpões Triatlo	00:14:54	00:01:17	00:20:22	00:36:33	00:13:07
98	102433	4086	Miguel Rocha	50-54	Clube de Futebol Os Belenenses	00:14:33	00:01:12	00:20:52	00:36:37	00:13:11
99	107877	3076	Hugo Fragoso	30-34	AmoraSub/Associação Naval Amorense	00:15:54	00:01:01	00:19:55	00:36:50	00:13:24
100	107976	3099	Saulo de Barros Bruno	30-34	Clube Oriental de Lisboa	00:14:03	00:01:18	00:21:36	00:36:57	00:13:31
101	107256	4715	Árístides Bordalo	55-59	Estoril Praia Credibom	00:17:32	00:01:07	00:18:41	00:37:20	00:13:54
102	104911	5025	António Marques	60-64	Associação Humanitária Bombeiros dos Estoris	00:13:46	00:01:28	00:22:23	00:37:37	00:14:11
103	100569	4425	Bruno Silva	45-49	3B - triatlo	00:15:49	00:01:07	00:20:43	00:37:39	00:14:13
104	106736	2685	Rui Silva	35-39	Individual	00:15:44	00:01:37	00:20:46	00:38:07	00:14:41
105	107736	5566	Filipe Rei	40-44	Palmela Desporto / Tripla Rotação	00:14:23	00:01:17	00:22:52	00:38:32	00:15:06
106	102933	4498	João Galhordas	50-54	Individual	00:16:26	00:01:21	00:21:07	00:38:54	00:15:28
107	104006	4991	Duarte Almeida	55-59	Estoril Praia Credibom	00:14:20	00:01:15	00:23:27	00:39:02	00:15:36
108	101323	4624	Jorge Bernardo	50-54	AmoraSub/Associação Naval Amorense	00:15:56	00:01:14	00:21:53	00:39:03	00:15:37
109	103898	5261	Rui Santos	40-44	AmoraSub/Associação Naval Amorense	00:16:06	00:01:07	00:22:40	00:39:53	00:16:27
110	108141	5726	Eduardo Poças	40-44	Individual	00:13:57	00:01:45	00:24:18	00:40:00	00:16:34
111	103933	4943	Vitor Paulo	45-49	Clube Oriental de Lisboa	00:16:59	00:01:15	00:22:09	00:40:23	00:16:57
112	108702	3734	Daniel Jose Cesario	35-39	AmoraSub/Associação Naval Amorense	00:15:00	00:01:15	00:24:12	00:40:27	00:17:01
113	100308	4215	José Luís Correia	60-64	Associação Humanitária Bombeiros dos Estoris	00:13:37	00:01:38	00:25:18	00:40:33	00:17:07
114	104914	5027	Pedro Costa Pereira	55-59	Estoril Praia Credibom	00:15:55	00:01:40	00:23:27	00:41:02	00:17:36
115	100624	4857	Miguel Reis	45-49	GRC D Leião Triatlo	00:17:16	00:01:30	00:22:57	00:41:43	00:18:17
116	100686	4189	Carlos Serra	50-54	Clube Oriental de Lisboa	00:15:42	00:01:30	00:24:42	00:41:54	00:18:28
117	107320	5773	José Jaime Brito	45-49	CAFH	00:20:44	00:01:48	00:19:30	00:42:02	00:18:36
118	107603	5409	José Lacerda Mello	70-74	Individual	00:15:57	00:01:57	00:24:12	00:42:06	00:18:40
119	102266	4666	João Teixeira	60-64	Clube de Natação da Amadora	00:13:58	00:01:43	00:27:39	00:43:20	00:19:54
120	104978	5120	Nuno Duarte	45-49	Individual	00:19:45	00:01:34	00:22:20	00:43:39	00:20:13
121	108363	5799	Luís Braz	40-44	GDR Manique de Cima	00:20:39	00:01:48	00:27:22	00:49:49	00:26:23
122	101426	4342	Luis Filipe Silva	65-69	Triatlo Clube Tap	00:23:29	00:02:17	00:29:12	00:54:58	00:31:32
123	108739	3758	Bruno Costa	35-39	GDR Manique de Cima	00:42:15	00:01:04	00:19:57	01:03:16	00:39:50
DNS	102637	2262	Diogo Carvalhinho	JUN	Pimpões Triatlo	-	-	-	DNS	
DNS	106402	1891	Rafael Assis	CAD	Pimpões Triatlo	-	-	-	DNS	