

Local da Prova: **Sesimbra**

Data: **30/10/2022**

Hora da Partida: **10:13:55**

Distancias: **Natação - 750m (1 volta)**

Ciclismo - 19.800m (2 voltas)

Corrida - 5.000 m (2 voltas)

Classificações Absolutos Masculinos

#	Lic.	Dors.	Nome	Esc.	Equipa	Natação	Ciclismo	Corrida	T.Total	Diff.
1	101609	1835	João Nuno Batista	CAD	Clube de Natação de Torres Novas	00:09:05	00:30:30	00:15:40	00:55:15	00:00:00
2	101318	3786	João Mansos	25-29	Sporting Clube de Portugal	00:09:18	-	-	00:55:53	00:00:38
3	100235	3803	Pedro Afonso Pinto Gaspar	25-29	Outsystems Olímpico de Oeiras	00:09:25	00:30:35	00:16:09	00:56:09	00:00:54
4	101614	2812	José Pedro Vieira	20-24	Clube de Natação de Torres Novas	00:09:16	00:30:17	00:17:09	00:56:42	00:01:27
5	103782	2825	João Chagas	20-24	Outsystems Olímpico de Oeiras	00:09:23	00:30:41	00:16:42	00:56:46	00:01:31
6	104381	3213	João Dias	20-24	Sporting Clube de Portugal	00:09:47	00:30:21	00:16:44	00:56:52	00:01:37
7	100629	2827	Afonso Nunes	20-24	Alhandra Sporting Club	00:09:26	00:30:41	00:16:47	00:56:54	00:01:39
8	107064	2227	João Canadas	JUN	Outsystems Olímpico de Oeiras	00:09:17	00:30:51	00:16:50	00:56:58	00:01:43
9	106308	2264	João Vaz	JUN	Sporting Clube de Portugal	00:09:48	00:30:12	00:17:05	00:57:05	00:01:50
10	102921	1911	Rodrigo Pissarra	CAD	Alhandra Sporting Club	00:09:20	00:30:52	00:17:00	00:57:12	00:01:57
11	100447	2253	Antonio Vaz Pedro	JUN	Outsystems Olímpico de Oeiras	00:09:20	00:30:54	00:17:00	00:57:14	00:01:59
12	103109	1909	Tomás Figueiredo	CAD	Outsystems Olímpico de Oeiras	00:09:52	00:30:26	00:17:01	00:57:19	00:02:04
13	107028	2774	Alberto Casillas	30-34	Estoril Praia Credibom	00:09:56	00:30:10	00:17:20	00:57:26	00:02:11
14	107744	1932	David Abreu	CAD	Sporting Clube de Portugal	00:09:49	00:30:20	00:17:19	00:57:28	00:02:13
15	101627	1833	Pedro Afonso Razões	CAD	Clube de Natação de Torres Novas	00:09:28	00:30:45	00:18:10	00:58:23	00:03:08
16	101309	2527	Filipe Marques	20-24	Sporting Clube de Portugal	00:09:48	00:30:33	00:18:15	00:58:36	00:03:21
17	107321	2866	Luis Moleiro	20-24	Clube de Natação de Torres Novas	00:10:54	00:31:15	00:16:47	00:58:56	00:03:41
18	107708	2244	Tomás Teixeira	JUN	CNCVG	00:10:43	00:31:24	00:17:34	00:59:41	00:04:26
19	108819	3827	Albert Morante	20-24	Sporting Clube de Portugal	00:10:03	00:32:06	00:17:45	00:59:54	00:04:39
20	100757	4043	Bruno Pais	40-44	Estoril Praia Credibom	00:10:30	00:31:38	00:17:59	01:00:07	00:04:52
21	100849	1865	Tomás Sousa	CAD	Outsystems Olímpico de Oeiras	00:10:00	00:32:10	00:18:04	01:00:14	00:04:59
22	104060	1881	Vasco Nunes	CAD	Alhandra Sporting Club	00:10:20	00:31:49	00:18:44	01:00:53	00:05:38
23	105458	1521	Pedro Vitorino	CAD	Alhandra Sporting Club	00:09:39	00:33:28	00:17:47	01:00:54	00:05:39
24	101594	663	Francisco Carvalho	CAD	Clube de Natação de Torres Novas	00:09:26	-	-	01:01:16	00:06:01
25	102512	1864	Vasco Silva	CAD	Outsystems Olímpico de Oeiras	00:10:13	00:32:58	00:18:07	01:01:18	00:06:03
26	100655	1849	David Borda d'Água	CAD	Alhandra Sporting Club	00:11:02	00:32:39	00:17:45	01:01:26	00:06:11
27	108559	3650	Nelson Oliveira	25-29	AmoraSub/Associação Naval Amorense	00:10:34	00:33:12	00:17:57	01:01:43	00:06:28
28	103079	3824	João Rebelo	25-29	Vasco da Gama Atlético Clube Sines	00:11:31	00:32:38	00:18:04	01:02:13	00:06:58

Classificações Absolutos Masculinos

#	Lic.	Dors.	Nome	Esc.	Equipa	Natação	Ciclismo	Corrida	T.Total	Diff.
29	105373	1844	Rodrigo Figueiredo	CAD	Sporting Clube de Portugal	00:10:07	00:33:00	00:19:14	01:02:21	00:07:06
30	104855	3720	Tiago Lopes	25-29	Outsystems Olímpico de Oeiras	00:11:34	00:32:59	00:17:56	01:02:29	00:07:14
31	100503	2258	Bernardo Boal	JUN	Alhandra Sporting Club	00:10:39	00:33:02	00:18:58	01:02:39	00:07:24
32	106615	4135	Bruno Teles Grilo	45-49	Estoril Praia Credibom	00:10:51	00:33:48	00:18:25	01:03:04	00:07:49
33	100462	2577	João Canas	25-29	Sporting Clube de Portugal	00:10:52	00:33:32	00:19:27	01:03:51	00:08:36
34	101340	4102	João Fragoso	40-44	Estoril Praia Credibom	00:13:01	00:33:09	00:17:43	01:03:53	00:08:38
35	104684	1927	Duarte Fernandes	CAD	Alhandra Sporting Club	00:10:14	00:31:53	00:21:50	01:03:57	00:08:42
36	101865	4324	Rui Narigueta	45-49	Outsystems Olímpico de Oeiras	00:13:45	00:32:19	00:17:56	01:04:00	00:08:45
37	102086	5643	Tiago Cochicho	40-44	GDR Manique de Cima	00:12:26	00:33:38	00:17:56	01:04:00	00:08:45
38	106826	2715	Ricardo Durão	35-39	Estoril Praia Credibom	00:12:20	00:33:14	00:18:27	01:04:01	00:08:46
39	107266	1916	Rodrigo Nunes	CAD	Sporting Clube de Portugal	00:12:08	00:33:24	00:18:47	01:04:19	00:09:04
40	103775	1836	Francisco Borges	CAD	Clube de Natação de Torres Novas	00:10:30	00:33:21	00:20:55	01:04:46	00:09:31
41	106405	2219	André Sousa	JUN	Outsystems Olímpico de Oeiras	00:10:43	00:35:20	00:18:52	01:04:55	00:09:40
42	103874	3773	Adriano Luz Domingos	30-34	Vasco da Gama Atlético Clube Sines	00:13:00	00:33:20	00:18:36	01:04:56	00:09:41
43	103096	1878	André Canhoto	CAD	Outsystems Olímpico de Oeiras	00:10:29	00:35:04	00:19:25	01:04:58	00:09:43
44	104622	3197	Fábio Faustino	35-39	Vasco da Gama Atlético Clube Sines	00:13:00	00:33:28	00:18:37	01:05:05	00:09:50
45	108173	3272	Ricardo Passos	30-34	Palmela Desporto / Tripla Rotação	00:12:28	00:34:03	00:18:35	01:05:06	00:09:51
46	106579	2463	Tiago Serrano	JUN	Individual	00:10:35	00:36:19	00:18:22	01:05:16	00:10:01
47	104762	5295	João Mártires da Silva	40-44	Estoril Praia Credibom	00:13:08	00:33:23	00:18:54	01:05:25	00:10:10
48	104854	5158	Tiago de Paiva e Pona	45-49	Outsystems Olímpico de Oeiras	00:10:52	00:34:55	00:19:45	01:05:32	00:10:17
49	106925	2736	Rui Martins	35-39	Sporting Clube de Portugal	00:13:07	00:34:40	00:17:46	01:05:33	00:10:18
50	105315	5170	Hugo Gaudêncio	45-49	REPSOL TRIATLO	00:12:15	00:33:45	00:19:38	01:05:38	00:10:23
51	101325	3409	José Luís Virtuoso	25-29	AmoraSub/Associação Naval Amorense	00:11:21	00:35:54	00:18:52	01:06:07	00:10:52
52	100800	3026	David Maia	30-34	Outsystems Olímpico de Oeiras	00:12:12	00:33:53	00:20:27	01:06:32	00:11:17
53	105390	5195	Carlos Rosário	45-49	REPSOL TRIATLO	00:13:11	00:33:34	00:20:05	01:06:50	00:11:35
54	102075	1851	Mateus Albergaria	CAD	GDR Manique de Cima	00:10:59	00:34:49	00:21:16	01:07:04	00:11:49
55	106649	4079	Antonio Horta	60-64	CPArmada	00:13:00	00:34:55	00:19:20	01:07:15	00:12:00
56	107246	2964	Daniel Marques	30-34	Sporting Clube de Portugal	00:12:31	00:34:23	00:20:27	01:07:21	00:12:06
57	108746	3763	João Conchinha	20-24	Vasco da Gama Atlético Clube Sines	00:13:31	00:35:14	00:18:41	01:07:26	00:12:11
58	106979	1908	André Duarte Jorge	CAD	Outsystems Olímpico de Oeiras	00:10:29	00:35:05	00:21:59	01:07:33	00:12:18
59	105548	2673	Gonçalo Brito	20-24	Sporting Clube de Espinho - FERSILVA	00:12:44	00:35:06	00:19:50	01:07:40	00:12:25
60	102656	4278	João Martinho	40-44	CNATRIL Triatlo	00:11:56	00:34:48	00:21:02	01:07:46	00:12:31
61	102296	1930	tiago miguel casinha	CAD	CNCVG	00:12:00	00:35:47	00:20:18	01:08:05	00:12:50

Classificações Absolutos Masculinos

#	Lic.	Dors.	Nome	Esc.	Equipa	Natação	Ciclismo	Corrida	T.Total	Diff.
62	103399	1907	Miguel Gonçalves	CAD	Outsystems Olímpico de Oeiras	00:10:12	00:36:19	00:21:58	01:08:29	00:13:14
63	105322	3544	Bruno Martins	35-39	Triatlo Fundação Salesianos	00:12:28	00:35:23	00:20:48	01:08:39	00:13:24
64	103173	4427	Miguel David	50-54	Clube Oriental de Lisboa	00:12:53	00:36:06	00:20:06	01:09:05	00:13:50
65	106008	8429	Mário Macheta	25-29	TRI AMAZING	00:12:58	00:36:22	00:20:00	01:09:20	00:14:05
66	106493	5199	Pedro Rocha	55-59	Sporting Clube de Portugal	00:13:01	00:35:58	00:20:25	01:09:24	00:14:09
67	101922	4611	Orlando Marques	40-44	Exército de Portugal	00:13:46	00:35:27	00:20:16	01:09:29	00:14:14
68	106836	1826	António Salvador	CAD	Palmela Desporto / Tripla Rotação	00:12:51	00:36:32	00:20:28	01:09:51	00:14:36
69	100681	4003	João Miguel Nunes	55-59	Alhandra Sporting Club	00:14:25	00:34:54	00:20:36	01:09:55	00:14:40
70	105427	5410	Vasco Levita	45-49	Estoril Praia Credibom	00:13:30	00:36:07	00:20:25	01:10:02	00:14:47
71	103321	4860	Renato Araújo	50-54	AmoraSub/Associação Naval Amorense	00:13:54	00:35:44	00:20:28	01:10:06	00:14:51
72	108320	8425	Marciano Dias	35-39	TRI AMAZING	00:14:32	00:35:49	00:19:50	01:10:11	00:14:56
73	100793	4032	Carlos Gomes	60-64	Outsystems Olímpico de Oeiras	00:14:35	00:36:06	00:19:37	01:10:18	00:15:03
74	106982	5759	Fabiano Vaz	40-44	Vasco da Gama Atlético Clube Sines	00:13:50	00:35:52	00:20:56	01:10:38	00:15:23
75	101162	2207	Gonçalo Coelho	JUN	CNCVG	00:11:25	00:34:43	00:24:31	01:10:39	00:15:24
76	102063	4171	Eduardo Costa	45-49	SUC - Silvestre Festas / Moonsport Innerme	00:10:52	00:36:36	00:23:22	01:10:50	00:15:35
77	108439	5826	Bruno Pereira	45-49	AmoraSub/Associação Naval Amorense	00:13:04	00:36:09	00:21:53	01:11:06	00:15:51
78	108712	5900	Celso Guerra	45-49	AmoraSub/Associação Naval Amorense	00:14:35	00:35:45	00:20:53	01:11:13	00:15:58
79	100517	4022	Paulo Teles	50-54	3B - triatlo	00:13:10	00:35:49	00:22:28	01:11:27	00:16:12
80	103261	1529	Vasco Saraiva de Melo	CAD	SFRAA TRIATLO	00:10:37	00:33:49	00:27:16	01:11:42	00:16:27
81	101041	4193	Luis Ferreira	50-54	Associação Académica de São Mamede	00:13:25	00:36:41	00:21:40	01:11:46	00:16:31
82	108673	5895	Cristóvão dos Santos	40-44	Clube de Natação de Torres Novas	00:13:27	00:36:08	00:22:21	01:11:56	00:16:41
83	102761	305	Hugo Rocha	CAD	CNATRIL Triatlo	00:10:11	00:36:17	00:25:32	01:12:00	00:16:45
84	106491	5161	Luis Vidinha	50-54	CNAL - Triatlo	00:13:42	00:38:40	00:19:39	01:12:01	00:16:46
85	107136	5526	Pedro Miranda	40-44	GRCD Leão Triatlo	00:14:37	00:35:58	00:21:29	01:12:04	00:16:49
86	107877	3076	Hugo Fragoso	30-34	AmoraSub/Associação Naval Amorense	00:14:16	00:37:18	00:20:32	01:12:06	00:16:51
87	108702	3734	Daniel Jose Cesario	35-39	AmoraSub/Associação Naval Amorense	00:14:40	00:35:34	00:22:01	01:12:15	00:17:00
88	105299	5167	Bruno Ornelas	45-49	CAFH	00:13:19	00:36:30	00:22:32	01:12:21	00:17:06
89	103878	4923	António Martins	50-54	REPSOL TRIATLO	00:16:16	00:35:35	00:20:48	01:12:39	00:17:24
90	100498	4248	Sérgio Ferreira	45-49	CNALvito	00:13:34	00:36:12	00:22:59	01:12:45	00:17:30
91	108679	3730	Miguel Ponce Leão	25-29	Individual	00:13:28	00:36:40	00:22:43	01:12:51	00:17:36
92	103179	4525	Jorge Carvalho	50-54	Clube Oriental de Lisboa	00:15:58	00:36:28	00:20:29	01:12:55	00:17:40
93	107205	2819	Bruno Ferreira	30-34	GDR Manique de Cima	00:17:00	00:36:07	00:19:58	01:13:05	00:17:50
94	108270	5768	António Vicente Correia	40-44	Estoril Praia Credibom	00:13:30	00:37:23	00:22:15	01:13:08	00:17:53

Classificações Absolutos Masculinos

#	Lic.	Dors.	Nome	Esc.	Equipa	Natação	Ciclismo	Corrida	T.Total	Diff.
95	108035	3153	Sergio Vicente	35-39	AmoraSub/Associação Naval Amorense	00:14:39	00:37:11	00:21:23	01:13:13	00:17:58
96	103129	4895	Paulo Goulart	50-54	Clube de Futebol Os Belenenses	00:13:27	00:36:12	00:23:35	01:13:14	00:17:59
97	101065	4060	António Moura	60-64	Pimpões Triatlo	00:13:59	00:36:26	00:22:55	01:13:20	00:18:05
98	104374	5124	Nuno Mota	40-44	Individual	00:14:06	00:37:55	00:21:25	01:13:26	00:18:11
99	107993	3117	David Fernandes	35-39	Sporting Clube de Portugal	00:15:17	00:36:25	00:22:05	01:13:47	00:18:32
100	100743	4035	Paulo Jorge Correia Lamego	50-54	Sport Algés e Dafundo	00:12:29	00:38:04	00:23:15	01:13:48	00:18:33
101	101435	4121	Paulo Codinha	55-59	Triatlo Clube Tap	00:13:21	00:37:51	00:22:48	01:14:00	00:18:45
102	100131	4838	Rodrigo Costa	45-49	REPSOL TRIATLO	00:10:54	00:38:44	00:24:22	01:14:00	00:18:45
103	107173	4509	Luis Faustino	45-49	AmoraSub/Associação Naval Amorense	00:14:30	00:37:58	00:21:34	01:14:02	00:18:47
104	101567	4249	Luís Cipriano	45-49	AMCR Fonte Grada	00:14:33	00:37:20	00:22:14	01:14:07	00:18:52
105	106338	4310	Ken Gielen	45-49	AmoraSub/Associação Naval Amorense	00:11:38	00:38:30	00:24:02	01:14:10	00:18:55
106	100887	3517	Fábio Pratas	35-39	AmoraSub/Associação Naval Amorense	00:15:08	00:38:17	00:20:58	01:14:23	00:19:08
107	103720	4445	João Cunha Rêgo	45-49	Triatlo Clube Tap	00:13:21	00:38:37	00:22:37	01:14:35	00:19:20
108	104219	5296	hugo reis	45-49	Estoril Praia Credibom	00:14:02	00:38:35	00:21:59	01:14:36	00:19:21
109	103369	283	Joao Vaz	CAD	Individual	00:12:24	00:38:39	00:23:34	01:14:37	00:19:22
110	103899	4929	Esmeraldino Sá	45-49	AmoraSub/Associação Naval Amorense	00:15:59	00:37:43	00:21:00	01:14:42	00:19:27
111	107874	5610	Luís Roseiro	60-64	Estoril Praia Credibom	00:12:36	00:39:30	00:22:39	01:14:45	00:19:30
112	107550	5366	Lucas Sanabio	40-44	Estoril Praia Credibom	00:14:07	00:36:57	00:23:58	01:15:02	00:19:47
113	108779	3826	Nuno Gonçalo Nunes da Silva	35-39	GDR Manique de Cima	00:13:07	00:38:48	00:23:25	01:15:20	00:20:05
114	101332	4394	Pedro Mega Jorge	50-54	TRI AMAZING	00:13:19	00:38:56	00:23:07	01:15:22	00:20:07
115	106911	2732	Gonçalo Bouhon	30-34	Individual	00:13:16	00:40:45	00:21:24	01:15:25	00:20:10
116	102082	4071	Rui de Oliveira	45-49	SUC - Silvestre Festas / MoonSport Innerme	00:11:50	00:39:21	00:24:30	01:15:41	00:20:26
117	107383	5157	Licínio Sousa	50-54	Exército de Portugal	00:18:20	00:37:35	00:19:59	01:15:54	00:20:39
118	105321	5175	Joao Serralha	40-44	Clube de Futebol Os Belenenses	00:11:34	00:40:31	00:23:51	01:15:56	00:20:41
119	106991	2765	José Madeira	35-39	CNATRIL Triatlo	00:15:14	00:39:18	00:21:54	01:16:26	00:21:11
120	108739	3758	Bruno Costa	35-39	GDR Manique de Cima	00:15:58	00:38:57	00:21:45	01:16:40	00:21:25
121	104973	1841	Vasco Sequeira	CAD	CNCVCG	00:13:05	00:41:59	00:21:46	01:16:50	00:21:35
122	103785	3649	José Paulo Carvalho	35-39	Vela de Tavira	00:13:29	00:37:42	00:25:40	01:16:51	00:21:36
123	104646	4528	Gabriel Alves	55-59	3B - triatlo	00:16:32	00:39:10	00:21:46	01:17:28	00:22:13
124	101297	2803	André Lopes	20-24	AmoraSub/Associação Naval Amorense	00:11:58	00:39:19	00:26:25	01:17:42	00:22:27
125	108419	3471	Pedro Borges	35-39	Individual	00:13:41	00:41:23	00:22:48	01:17:52	00:22:37
126	107531	5301	Sérgio Filipe	40-44	Individual	00:14:42	00:39:09	00:24:08	01:17:59	00:22:44
127	103557	4138	Luis Romão	45-49	AmoraSub/Associação Naval Amorense	00:15:19	00:39:11	00:23:32	01:18:02	00:22:47

Classificações Absolutos Masculinos

#	Lic.	Dors.	Nome	Esc.	Equipa	Natação	Ciclismo	Corrida	T.Total	Diff.
128	103306	4852	Francisco Sanches-Osório	55-59	Estoril Praia Credibom	00:15:16	00:39:04	00:24:02	01:18:22	00:23:07
129	108064	2691	Gonçalo Martins	35-39	Câmara Lisboa Clube	00:15:59	00:39:32	00:23:26	01:18:57	00:23:42
130	104639	4410	Carlos Vitorino	55-59	Clube Triatlo de Abrantes	00:16:03	00:37:49	00:25:10	01:19:02	00:23:47
131	108740	3759	Gonçalo Gonzaga	35-39	GDR Manique de Cima	-	-	-	01:19:29	00:24:14
132	107624	2947	Henrique Martins	35-39	GRCD Leião Triatlo	00:15:11	00:39:29	00:25:02	01:19:42	00:24:27
133	102433	4086	Miguel Rocha	50-54	Clube de Futebol Os Belenenses	00:14:23	00:41:02	00:24:26	01:19:51	00:24:36
134	102933	4498	João Galhordas	50-54	Individual	00:14:27	00:43:40	00:21:49	01:19:56	00:24:41
135	108648	5888	Hélio Garcia	45-49	Individual	00:16:44	00:40:31	00:23:08	01:20:23	00:25:08
136	103898	5261	Rui Santos	40-44	AmoraSub/Associação Naval Amorense	00:15:22	00:39:02	00:26:03	01:20:27	00:25:12
137	108713	3743	José Palma	35-39	Vasco da Gama Atlético Clube Sines	00:15:07	00:41:41	00:24:06	01:20:54	00:25:39
138	107615	5441	José Rafael Charrua	40-44	Individual	00:16:12	00:40:26	00:24:19	01:20:57	00:25:42
139	100817	4025	João Medeiro	55-59	Outsystems Olímpico de Oeiras	00:16:56	00:40:48	00:23:23	01:21:07	00:25:52
140	104546	4212	Artur Parreira	60-64	Individual	00:15:19	00:42:26	00:23:27	01:21:12	00:25:57
141	104914	5027	Pedro Costa Pereira	55-59	Estoril Praia Credibom	00:14:27	00:40:03	00:26:56	01:21:26	00:26:11
142	103463	3369	Ildefonso Mendonça	35-39	Individual	00:14:50	00:40:08	00:26:43	01:21:41	00:26:26
143	100569	4425	Bruno Silva	45-49	3B - triatlo	00:16:48	00:41:46	00:23:09	01:21:43	00:26:28
144	106949	5049	Nuno Mendes Soares	45-49	CNAlvito	00:13:55	00:42:56	00:24:55	01:21:46	00:26:31
145	108070	3178	Guilherme Marta	35-39	Individual	00:15:29	00:43:21	00:23:06	01:21:56	00:26:41
146	108641	5886	Filipe Caeiro	40-44	GDR Manique de Cima	00:15:17	00:39:54	00:26:51	01:22:02	00:26:47
147	106284	4413	Ricardo Baldaia	40-44	LXTRIATHLON	00:17:56	00:38:46	00:25:21	01:22:03	00:26:48
148	103788	4623	Paulo Menezes	50-54	SUC - Silvestre Festas / Moonsport Innerme	00:16:21	00:43:26	00:22:16	01:22:03	00:26:48
149	102939	4513	Carlos Pereira	55-59	AmoraSub/Associação Naval Amorense	00:16:09	00:41:34	00:24:25	01:22:08	00:26:53
150	103700	4915	João Pedro Viegas	55-59	AmoraSub/Associação Naval Amorense	00:15:21	00:42:51	00:24:13	01:22:25	00:27:10
151	103502	5856	Pedro Farinha	40-44	Individual	00:13:40	00:43:21	00:25:36	01:22:37	00:27:22
152	104911	5025	António Marques	60-64	Associação Humanitária Bombeiros dos Estoris	00:14:00	00:44:07	00:25:07	01:23:14	00:27:59
153	105223	5137	Nuno Luís Sousa	45-49	Individual	00:16:43	00:41:35	00:25:26	01:23:44	00:28:29
154	101781	4293	miguel velez	55-59	Câmara Lisboa Clube	00:14:30	00:43:33	00:26:01	01:24:04	00:28:49
155	108676	5324	Pedro Botelho	45-49	AmoraSub/Associação Naval Amorense	-	-	-	01:25:03	00:29:48
156	104537	4159	Nuno Miguel Nobre	45-49	SUC - Silvestre Festas / Moonsport Innerme	00:16:24	00:42:38	00:26:43	01:25:45	00:30:30
157	102526	4263	Pedro Ribeiro	50-54	GDR Manique de Cima	00:17:38	00:44:19	00:24:31	01:26:28	00:31:13
158	101076	4075	José Peixoto	60-64	Peniche A. C.	00:17:25	00:42:59	00:26:16	01:26:40	00:31:25
159	107814	5591	Pedro Soutelinho Correia Ribeiro	55-59	Outsystems Olímpico de Oeiras	00:15:23	00:43:05	00:28:38	01:27:06	00:31:51
160	107736	5566	Filipe Rei	40-44	Palmela Desporto / Tripla Rotação	00:15:21	00:46:47	00:25:12	01:27:20	00:32:05

Classificações Absolutos Masculinos

#	Lic.	Dors.	Nome	Esc.	Equipa	Natação	Ciclismo	Corrida	T.Total	Diff.
161	104978	5120	Nuno Duarte	45-49	Individual	00:18:01	00:43:45	00:25:58	01:27:44	00:32:29
162	107759	3003	Nuno Camara Pestana	35-39	Clube do Pessoal EDP	00:14:49	00:49:41	00:25:13	01:29:43	00:34:28
163	100685	4369	Jorge Corte-Real	60-64	Alhandra Sporting Club	00:17:41	00:44:57	00:27:09	01:29:47	00:34:32
164	105381	5191	Ricardo Fernandes	45-49	SFRAA TRIATLO	00:15:51	00:50:15	00:24:35	01:30:41	00:35:26
165	108181	3280	Pedro Fonseca	30-34	Individual	-	-	-	01:32:25	00:37:10
166	106434	4133	Mário Fonseca	45-49	Individual	00:17:59	00:45:07	00:29:26	01:32:32	00:37:17
167	100200	4391	Marco Cerruti	45-49	REPSOL TRIATLO	00:14:39	00:48:16	00:31:08	01:34:03	00:38:48
168	101619	4711	Marco Sousa	45-49	Pedrógão Triatlo	00:12:37	00:35:04	00:48:55	01:36:36	00:41:21
169	100308	4215	José Luís Correia	60-64	Associação Humanitária Bombeiros dos Estoris	00:14:05	00:49:45	00:33:22	01:37:12	00:41:57
170	108363	5799	Luís Braz	40-44	GDR Manique de Cima	00:18:47	00:49:47	00:29:14	01:37:48	00:42:33
171	107229	4656	José Augusto Carvalho	60-64	Vela de Tavira	00:16:42	00:53:34	00:27:44	01:38:00	00:42:45
172	108036	5671	Hugo Santinhos	45-49	AmoraSub/Associação Naval Amorense	00:23:55	00:47:12	00:30:51	01:41:58	00:46:43
173	108473	5830	LEONARDO NUNES	40-44	Sporting Clube de Portugal	00:19:55	00:55:05	00:27:26	01:42:26	00:47:11
174	108803	5928	João Lopes	50-54	Individual	00:18:09	00:50:50	00:35:53	01:44:52	00:49:37
175	108744	5911	Christian Bayon	65-69	Sport Algés e Dafundo	00:17:25	00:51:36	00:35:52	01:44:53	00:49:38
176	101426	4342	Luis Filipe Silva	65-69	Triatlo Clube Tap	00:22:29	00:52:10	00:37:11	01:51:50	00:56:35
DSQ	106270	2726	David António Serrão Martins	30-34	Vasco da Gama Atlético Clube Sines	00:13:35	00:53:53	-	DSQ	
DNF	100658	1838	Dinis Barrocas	CAD	Alhandra Sporting Club	00:09:55	00:34:54	-	DNF	
DNF	101538	2623	Guilherme Pires	20-24	Clube de Natação de Torres Novas	00:09:15	00:31:00	-	DNF	
DNF	107065	2228	Tomás Felício	JUN	Outsystems Olímpico de Oeiras	00:09:37	-	-	DNF	
DNF	100624	4857	Miguel Reis	45-49	GRCD Leão Triatlo	00:18:05	-	-	DNF	
DNS	103366	272	Dinis Ferreira	CAD	Clube de Natação de Torres Novas	-	-	-	DNS	
DNS	103633	572	Tiago Orfão	CAD	Alhandra Sporting Club	-	-	-	DNS	
DNS	101621	1834	Martim Salvador	CAD	Clube de Natação de Torres Novas	-	-	-	DNS	
DNS	104099	1902	Manel Bartolomeu	CAD	Clube de Natação de Torres Novas	00:09:21	-	-	DNS	
DNS	105032	1913	Afonso Ferreira	CAD	Sporting Clube de Portugal	-	-	-	DNS	
DNS	105033	1914	José Ferreira	CAD	Sporting Clube de Portugal	-	-	-	DNS	
DNS	102637	2262	Diogo Carvalhinho	JUN	Pimpões Triatlo	-	-	-	DNS	
DNS	100354	2813	Afonso do Canto	20-24	Clube de Natação de Torres Novas	-	-	-	DNS	
DNS	107647	2957	Henrique Pereira	35-39	Outsystems Olímpico de Oeiras	-	-	-	DNS	
DNS	108160	3249	Tiago Luis	30-34	SUC - Silvestre Festas / MoonSport Innerme	-	-	-	DNS	
DNS	108234	3314	Daniel Doe	30-34	Individual	-	-	-	DNS	
DNS	108284	3335	Nuno Silva	25-29	AmoraSub/Associação Naval Amorense	-	-	-	DNS	

Classificações Absolutos Masculinos

#	Lic.	Dors.	Nome	Esc.	Equipa	Natação	Ciclismo	Corrida	T.Total	Diff.
DNS	106602	4393	Paulo Lopes	50-54	SFRAA TRIATLO	-	-	-	DNS	
DNS	101782	4403	Paulo Santos	55-59	Clube Oriental de Lisboa	-	-	-	DNS	
DNS	107164	4487	José Gerardo	60-64	CNAL - Triatlo	-	-	-	DNS	
DNS	107207	4575	Armando Correia	60-64	REPSOL TRIATLO	-	-	-	DNS	
DNS	107221	4578	Miguel Martins	45-49	Clube Oriental de Lisboa	-	-	-	DNS	
DNS	101323	4624	Jorge Bernardo	50-54	AmoraSub/Associação Naval Amorense	-	-	-	DNS	
DNS	104006	4991	Duarte Almeida	55-59	Estoril Praia Credibom	00:14:10	-	-	DNS	
DNS	106009	5365	Emanuel Águas	45-49	Palmela Desporto / Tripla Rotação	-	-	-	DNS	
DNS	105430	5412	Jorge Rosa	55-59	SFRAA TRIATLO	-	-	-	DNS	
DNS	108059	5684	Marco Carapinha	45-49	Clube Oriental de Lisboa	-	-	-	DNS	
DNS	103019	5855	Tiago Branco	45-49	Individual	-	-	-	DNS	
DNS	108621	5873	Dinis Delgado dos Santos	40-44	Individual	-	-	-	DNS	
DNS	108629	5877	marco silva	40-44	Estoril Praia Credibom	-	-	-	DNS	
DNS	108647	5887	PEDRO TAROUCA	50-54	Individual	-	-	-	DNS	