

LOCAL: PORTO MONIZ

DATA: 01/04/2023

DEL. TÉCNICO:
Victor Rodrigues

| ORDEM | DORSAL | LICENÇA | NOME | GÉNERO | CATEGORIA | CLUBE | NATAÇÃO | T1 | BICICLETA | T2 | CORRIDA | TEMPO TOTAL |
|-------|--------|---------|-----------------------|--------|-----------|--|----------|----------|-----------|----------|----------|-------------|
| 1 | 2478 | 102427 | Bruna Belo | F | JUN | ADRAP Madeira | 00:12:10 | 00:00:42 | 00:39:04 | 00:00:36 | 00:23:43 | 01:16:13 |
| 2 | 2469 | 100871 | Mariana Góis | F | JUN | Ludens Clube de Machico | 00:13:28 | 00:00:39 | 00:41:11 | 00:00:32 | 00:25:16 | 01:21:04 |
| 3 | 3944 | 104474 | Rosa Martins | F | 25-29 | Ludens Clube de Machico | 00:14:04 | 00:00:50 | 00:40:30 | 00:00:31 | 00:25:12 | 01:21:05 |
| 4 | 3667 | 101806 | Mafalda Abreu | F | 35-39 | AD Galomar | 00:16:37 | 00:00:46 | 00:41:24 | 00:00:29 | 00:22:23 | 01:21:37 |
| 5 | 5489 | 105602 | Filipa Freitas | F | 45-49 | Clube Futebol Andorinha / Abrigo do Pastor | 00:15:49 | 00:01:07 | 00:43:33 | 00:00:28 | 00:23:25 | 01:24:21 |
| 6 | 5486 | 106069 | Rubina Lara | F | 45-49 | Ludens Clube de Machico | 00:14:30 | 00:01:12 | 00:44:32 | 00:00:36 | 00:24:09 | 01:24:58 |
| 7 | 5490 | 100936 | Iolanda Henriques | F | 55-59 | Clube Futebol Andorinha / Abrigo do Pastor | 00:18:18 | 00:01:12 | 00:42:32 | 00:00:26 | 00:24:04 | 01:26:30 |
| 8 | 2495 | 101793 | Isabel Silva | F | JUN | AD Galomar | 00:14:31 | 00:00:53 | 00:46:46 | 00:00:34 | 00:27:11 | 01:29:54 |
| 9 | 5164 | 103270 | Nélia Freitas | F | 50-54 | AD Galomar | 00:21:18 | 00:01:21 | 00:52:15 | 00:00:31 | 00:27:11 | 01:42:34 |
| 10 | 5977 | 108232 | Angelika Fanai-Nimmes | F | 60-64 | G.D. Corticeiras | 00:20:50 | 00:03:10 | 00:47:17 | 00:01:48 | 00:32:51 | 01:45:54 |
| 11 | 2468 | 101106 | Ana Correia | F | JUN | G.D. Corticeiras | 00:17:19 | 00:01:25 | 00:55:23 | 00:00:32 | 00:33:32 | 01:48:11 |
| 12 | 5487 | 101123 | Joana Alves | F | 40-44 | G.D. Corticeiras | 00:25:53 | 00:02:25 | 00:54:48 | 00:01:07 | 00:29:01 | 01:53:11 |